

THRIVING TOGETHER ORGANISATION

England & Wales · Charity number 1199497

Details

Status Registered

Legal form CIO

Registered 2022-06-30

Register [View on the Charity Commission register](#)

Contact

Address 51 Colegate
Norwich
NR3 1DD

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Activities

Objects: THE RELIEF OF NEED OF PEOPLE WITH DISABILITIES, INCLUDING LEARNING, PHYSICAL AND MENTAL HEALTH AND THEIR CARERS IN THE SUFFOLK AND NORFOLK AREAS, IN PARTICULAR BUT NOT EXCLUSIVELY BY: A) ASSISTING, BOTH IN PERSON AND VIA ONLINE FORUMS, IN ACCESS TO LOCAL SUPPORT SERVICES WHERE THEY CAN OBTAIN SPECIALIST ADVICE, GUIDANCE AND ADVOCACY SERVICES B) RUNNING GROUPS AT LOCAL COMMUNITY CENTRES TO ALLEVIATE LONELINESS AND ISOLATION AND PROVIDING TRANSPORT TO AND FROM RECREATIONAL ACTIVITIES C) SUPPORTING SERVICE USERS TO OBTAIN AND TAKE PART IN WORK OPPORTUNITIES D) RAISE AWARENESS OF DISABILITIES WITHIN THE LOCAL COMMUNITY SO THAT SERVICES CAN BE ADAPTED TO MEET THEIR NEEDS

Activities: THE RELIEF OF NEED OF PEOPLE WITH DISABILITIES, INCLUDING LEARNING, PHYSICAL AND MENTAL HEALTH AND THEIR CARERS IN THE SUFFOLK AND NORFOLK AREAS, IN PARTICULAR BUT NOT EXCLUSIVELY BY: A) ASSISTING, BOTH IN PERSON AND VIA ONLINE FORUMS, IN ACCESS TO LOCAL SUPPORT SERVICES WHERE THEY CAN OBTAIN SPECIALIST ADVICE, GUIDANCE AND ADVOCACY SERVICES B) RUNNING GROUPS AT LOCAL COMMUNITY CENTRES TO ALLEVIAT

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31		£0	£0	-
2023-03-31		£0	£0	-

Trustees

Name	Role	Appointed
Lillia Hayes	Chair	2025-10-01
Katie O'Neill		2025-10-01
Katya Barsoukova		2022-06-30

THRIVING TOGETHER ORGANISATION

England & Wales - Charity number 1199497

Accounts

Charity Commission Annual Return 2025

THRIVING TOGETHER ORGANISATION

Charity registration number: 1199497

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2025.

Financial period

Financial period start date

01/04/2024

Financial period end date

31/03/2025

Income and spending

Income £

£0

Spending £

£0

Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

0

Income breakdown

Donations and legacies (excluding Endowments Received)

£0

Charitable activities

£0

Other trading activities

£0

Investments

£0

Other

£0

Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).Individuals

£0

Other charities

£0

Other organisations that are not charities

£0

Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period of this return?

e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

No

Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

Delivering activities outside the United Kingdom

Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?

No

Spending outside of the United Kingdom

Did your charity spend funds outside of the United Kingdom in the financial period of this return?

No

Trading subsidiaries

Does the charity have any trading subsidiaries?

No

Employment contract types

People were permanently employed by your charity

0

People were on fixed-terms contracts with your charity

0

Self-employed people were working for your charity

0

Governance policies

Internal charity financial controls policy and procedures

Yes

Safeguarding policy and procedures

Yes

Financial reserves policy and procedures

Yes

Complaints policy and procedures

Yes

Serious incident reporting policy and procedures

Yes

Internal risk management policy and procedures

Yes

Trustee expenses policy and procedures

Yes

Trustee conflicts of interest policy and procedures

Yes

Investing charity funds policy and procedures

Not applicable

Campaigns and political activity policy and procedures

Not applicable

Bullying and harassment policy and procedures

Yes

Social media policy and procedures

Yes

Engaging external speakers at charity events policy and procedures

Not applicable

Safeguarding

Has your charity provided services to children and/or adults at risk in the financial period of the return?

No

External risk and impact

Donations,

Not applicable

Other income - grants

Not applicable

Other income - contracts

Not applicable

Other income - investment

Not applicable

Expenditure on charitable activities

Not applicable

Expenditure on overheads

Not applicable

Number of volunteers

Not applicable

Number of employees

Not applicable

Number of trustees

No impact

Fundraising activities

No impact

Capacity to deliver services

Not applicable

Total service demand

No impact

Volunteers

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

0

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our

statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;
- (c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

Your role at the charity (select one):

Advisor

Given names	Marina
Family name	Smetaniouk
Telephone number	07715929899
Email	marsys101@gmail.com
Date submitted	31/01/2026

It is a criminal offence under section 60 of the Charities Act 2011 for anyone to knowingly or recklessly provide false or misleading information to the commission; this includes suppressing, concealing or destroying documents.

THRIVING TOGETHER ORGANISATION

England & Wales - Charity number 1199497

Accounts

Thriving Together Organisation

Annual Financial Statements

For the Period Ended March 31, 2024

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1. Trustees' Annual Report

Introduction

Charity Name: Thriving Together Organisation

Charity Number: 1199497

Reporting Period: April 01, 2023 to March 31, 2024

Objectives and Activities

Thriving Together organisation was established to the relief of need of people with disabilities, including learning, physical and mental health and their carers in the Suffolk and Norfolk areas, in particular but not exclusively by:

- a) Assisting, both in person and via online forums, in access to local support services where they can obtain specialist advice, guidance and advocacy services
- b) Running groups at local community centres to alleviate loneliness and isolation and providing transport to and from recreational activities
- c) Supporting service users to obtain and take part in work opportunities
- d) Raise awareness of disabilities within the local community so that services can be adapted to meet their needs

Achievements and Performance

There have been no achievements or performance activities to report.

Financial Review

There were no financial transactions during the reporting period. The charity maintained a neutral financial position with no income or expenditure.

Structure, Governance, and Management

The charity is governed by a board of trustees:

- Trustees:
 - Salem Salas-Diaz
 - Katya Barsoukova(Chair)
 - Philip Sharpe

Policies and Procedures

- **Reserves Policy:** The charity aims to maintain sufficient reserves to aims to maintain reserves covering at least six months of operational costs. This ensures sustainability and the ability to manage risks and unforeseen expenditures. The Board of Trustees reviews this policy and the reserve levels annually. Reserves are reported in the financial statements and adjusted as needed to support operational continuity and strategic development.
- **Risk Management:** The trustees have considered the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to major risks.

2. Independent Examiner's Report

As there were no financial activities during the reporting period, an independent examiner's report is not applicable.

3. Statement of Financial Activities (SOFA)

For the Period Ended March 31, 2024

Notes	Unrestricted Funds	Restricted Funds	Total This Year	Total Last Year
Income				
Donations and Legacies	£0	£0	£0	£0
Charitable Activities	£0	£0	£0	£0
Other Trading Activities	£0	£0	£0	£0
Investments	£0	£0	£0	£0
Total Income	£0	£0	£0	£0
Expenditure				
Raising Funds	£0	£0	£0	£0
Charitable Activities	£0	£0	£0	£0
Other	£0	£0	£0	£0
Total Expenditure	£0	£0	£0	£0
Net Income/(Expenditure)	£0	£0	£0	£0
Transfers between Funds	£0	£0	£0	£0
Net Movement in Funds	£0	£0	£0	£0
Reconciliation of Funds	£0	£0	£0	£0
Total Funds Brought Forward				£0
	£0	£0	£0	

4. Balance Sheet

As of March 31, 2024

	Notes	This Year	Last Year
Fixed Assets		£0	£0
Tangible Assets		£0	£0
Investments		£0	£0
Total Fixed Assets		£0	£0
Current Assets			
Debtors		£0	£0
Cash at Bank and In Hand		£0	£0
Total Current Assets		£0	£0
Liabilities			
Creditors: Amounts Falling Due within One Year		£0	£0
Net Current Assets		£0	£0
Total Assets Less Current Liabilities		£0	£0
Creditors: Amounts Falling Due after More than One Year		£0	£0
Net Assets		£0	£0
Funds			
Unrestricted Funds		£0	£0
Restricted Funds		£0	£0
Total Funds		£0	£0

Approved by the Trustees on November 18, 2024

Trustee Name: Katya Barsoukova (Chair)

Signature: *K. Barsoukova*

5. Notes to the Financial Statements

1. Accounting Policies

- o Basis of Preparation: The financial statements have been prepared in accordance with applicable accounting standards and the Charities Act.
- o Income Recognition: Income is recognised when the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.
- o Expenditure Recognition: Expenditure is recognised on an accruals basis as a liability is incurred.
- o Fund Accounting: Funds held by the charity are either unrestricted general funds or restricted funds for specific purposes.
- o Fixed Assets and Depreciation: The charity has no fixed assets.

2. Income o There was no income during the reporting period.

3. Expenditure o There was no expenditure during the reporting period.

4. Staff Costs and Numbers

- o There were no staff costs as the charity had no employees during the reporting period.

5. Trustee Remuneration and Expenses o No trustee received any remuneration or expenses during the reporting period.

6. Fixed Assets o The charity held no fixed assets during the reporting period.

7. Debtors o There were no debtors at the end of the reporting period.

8. Creditors o There were no creditors at the end of the reporting period.
9. Funds o There were no movements in funds during the reporting period.
10. Related Party Transactions o There were no related party transactions during the reporting period.

Additional Notes

- Ensure compliance with the local regulations and requirements for charity accounts.
- The trustees have signed and approved these financial statements as true and fair..

THRIVING TOGETHER ORGANISATION

England & Wales - Charity number 1199497

Accounts

Thriving Together Organisation

Annual Financial Statements

For the Period Ended March 31, 2023

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1. Trustees' Annual Report

Introduction

Charity Name: Thriving Together Organisation

Charity Number: 1199497

Reporting Period: June 30, 2022 to March 31, 2023

Objectives and Activities

Thriving Together organisation was established to the relief of need of people with disabilities, including learning, physical and mental health and their carers in the Suffolk and Norfolk areas, in particular but not exclusively by:

- a) Assisting, both in person and via online forums, in access to local support services where they can obtain specialist advice, guidance and advocacy services
- b) Running groups at local community centres to alleviat. due to this being the first year of operation, there were no activities conducted.

Achievements and Performance

As this is the first year of operation, there have been no achievements or performance activities to report.

Financial Review

There were no financial transactions during the reporting period. The charity maintained a neutral financial position with no income or expenditure.

Structure, Governance, and Management

The charity is governed by a board of trustees:

- **Trustees:**
 - Salem Salas-Diaz
 - Katya Barsoukova (Chair)

Policies and Procedures

- **Reserves Policy:** The charity aims to maintain sufficient reserves to aims to maintain reserves covering at least six months of operational costs. This ensures sustainability and the ability to manage risks and unforeseen expenditures. The Board of Trustees reviews this policy and the reserve levels annually. Reserves are reported in the financial statements and adjusted as needed to support operational continuity and strategic development.
 - **Risk Management:** The trustees have considered the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to major risks.
-

2. Independent Examiner's Report

As there were no financial activities during the reporting period, an independent examiner's report is not applicable.

3. Statement of Financial Activities (SOFA)

For the Period Ended March 31, 2023

Notes	Unrestricted Funds	Restricted Funds	Total This Year	Total Last Year
Income				
Donations and Legacies	£0	£0	£0	N/A
Charitable Activities	£0	£0	£0	N/A
Other Trading Activities	£0	£0	£0	N/A
Investments	£0	£0	£0	N/A
Total Income	£0	£0	£0	N/A
Expenditure				
Raising Funds	£0	£0	£0	N/A
Charitable Activities	£0	£0	£0	N/A
Other	£0	£0	£0	N/A
Total Expenditure	£0	£0	£0	N/A
Net Income/(Expenditure)	£0	£0	£0	N/A
Transfers between Funds	£0	£0	£0	N/A
Net Movement in Funds	£0	£0	£0	N/A
Reconciliation of Funds	£0	£0	£0	N/A
Total Funds Brought Forward	£0	£0	£0	N/A
Total Funds Carried Forward	£0	£0	£0	N/A

4. Balance Sheet

As of March 31, 2023

	Notes	This Year Last Year	
Fixed Assets			
Tangible Assets		£0	N/A
Investments		£0	N/A
Total Fixed Assets		£0	N/A
Current Assets			
Debtors		£0	N/A
Cash at Bank and In Hand		£0	N/A
Total Current Assets		£0	N/A
Liabilities			
Creditors: Amounts Falling Due within One Year		£0	N/A
Net Current Assets		£0	N/A
Total Assets Less Current Liabilities		£0	N/A
Creditors: Amounts Falling Due after More than One Year		£0	N/A
Net Assets		£0	N/A
Funds			
Unrestricted Funds		£0	N/A
Restricted Funds		£0	N/A
Total Funds		£0	N/A

Approved by the Trustees on July 02, 2024

Trustee Name: Katya Barsoukova (Chair)

Signature: _____

5. Notes to the Financial Statements

1. Accounting Policies

- **Basis of Preparation:** The financial statements have been prepared in accordance with applicable accounting standards and the Charities Act.
- **Income Recognition:** Income is recognized when the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.
- **Expenditure Recognition:** Expenditure is recognized on an accruals basis as a liability is incurred.
- **Fund Accounting:** Funds held by the charity are either unrestricted general funds or restricted funds for specific purposes.
- **Fixed Assets and Depreciation:** The charity has no fixed assets.

2. Income

- There was no income during the reporting period.

3. Expenditure

- There was no expenditure during the reporting period.

4. Staff Costs and Numbers

- There were no staff costs as the charity had no employees during the reporting period.

5. Trustee Remuneration and Expenses

- No trustee received any remuneration or expenses during the reporting period.

6. Fixed Assets

- The charity held no fixed assets during the reporting period.

7. Debtors

- There were no debtors at the end of the reporting period.

8. Creditors

- There were no creditors at the end of the reporting period.

9. Funds

- There were no movements in funds during the reporting period.

10. Related Party Transactions

- There were no related party transactions during the reporting period.

Additional Notes

- Ensure compliance with the local regulations and requirements for charity accounts.
- The trustees have signed and approved these financial statements as true and fair..