

# CHAMELEON BUDDIES

England & Wales · Charity number 1199430

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-06-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 16 Royal Oak Gardens  
Alnwick  
Northumberland  
NE66 2DA

**Phone** 07400565114

**Email** [info@chameleonbuddies.org.uk](mailto:info@chameleonbuddies.org.uk)

**Website** [www.chameleonbuddies.org.uk](http://www.chameleonbuddies.org.uk)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE PROMOTION OF SOCIAL INCLUSION AND THE RELIEF OF NEED AMONG WOMEN AND GIRLS IN THE UK AND KENYA WHO ARE LIVING WITH INCONTINENCE, STOMA OR CHILDBIRTH INJURY, AND THEIR FAMILIES, WHO FEEL SOCIALLY EXCLUDED FROM SOCIETY OR PARTS OF SOCIETY, AS A RESULT OF LIVING WITH INCONTINENCE, STOMA OR CHILDBIRTH INJURY BY:A. PROVIDING EQUIPMENT, EDUCATION AND INFORMATION TO SUPPORT AND ENABLE PEOPLE LIVING WITH INCONTINENCE, STOMA OR CHILDBIRTH INJURY TO MAXIMISE THEIR QUALITY OF LIFE.B. RAISING PUBLIC AWARENESS OF THE ISSUES AFFECTING PEOPLE LIVING WITH INCONTINENCE, STOMA OR CHILDBIRTH INJURY, AND THEIR FAMILIES, BOTH GENERALLY AND IN RELATION TO FEELING SOCIALLY EXCLUDED.C. PROVIDING WORKSHOPS, FORUMS, ADVOCACY AND GENERAL SUPPORT TO PEOPLE LIVING WITH INCONTINENCE, STOMA OR CHILDBIRTH INJURY, AND THEIR FAMILIES.

**Activities:** For the public benefit, the promotion of social inclusion and the relief of need among women and girls in the UK and Kenya who are living with incontinence, stoma or childbirth injury, and their families. We: provide equipment, education, information to maximise the quality of life of people with these conditions; raise public awareness; provide workshops and advocacy to our beneficiaries.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- Kenya
- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£57,039	£53,977	-	-
2024-03-31	£105,659	£28,323	-	-
2023-03-31	£25,157	£11,623	-	-

## Trustees

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Name	Role	Appointed
Rebecca Mary Evans	Chair	2025-01-23
CHARLOTTE PATRICIA WATSON		2022-03-16
Dr Garry Dewars Armstrong		2024-09-09
JENNIFER GOW MBE		2023-05-15
Sophie Excell		2025-01-23

**CHAMELEON BUDDIES**

England & Wales - Charity number 1199430

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# Accounts

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**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

**Trustees' Annual Report for the period**

**From 1<sup>st</sup> April 2024 Period start date To 31<sup>st</sup> March 2025  
Period end date**

**Charity name: Chameleon Buddies**

**Charity registration number: 1199430**

**Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>To promote the social inclusion and relief of need of women and girls in the UK and Kenya who are living with incontinence, stoma or childbirth injury.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Provision of ostomy supplies to women in Kenya Peer Support groups in the UK and Kenya Washable sanitary towel workshop</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>We confirm that we have had regard to the guidance issued by the Charity Commission on public benefit</b>

**Achievements and Performance**

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p><b>The charity has increased the number of women it regularly supports in Kenya from 60 to 100. In November 2024 we ran a highly successful peer support and clinic week at the Gynocare &amp; Fistula Hospital in Eldoret, Kenya, with a team of 6, which included 2 stoma nurses and a bladder &amp; bowel nurse specialist. The previous month our first satellite peer support group took place in Kenya, led by Kenyan ostomates. This is one of 3 peer support groups created, with another 2-4 anticipated to be established in coming months.</b></p> <p><b>The stoma nurses ran one-to-one clinics with 50 patients, and led nurse training.</b></p> <p><b>The charity ran a successful washable sanitary towel workshop, purchasing materials and running practical demonstrations on how patients could make and then sell their own reusable pads. The session was led by one of the stoma patients, who had previously attended their workshops, was provided with a sewing machine by the charity and subsequently employed by the hospitals as a seamstress.</b></p> <p><b>We have provided sufficient ostomy supplies for all 100 patients throughout the year. The nurses who were trained on our previous two clinic weeks are now better able to support the patients pre and post-surgery. The rate of infections due to inadequate stoma bags has decreased, with a resulting decrease in hospital re-admission for infection.</b></p> <p><b>Moving forward, in consultation with the Hospital Directors, patients and peer support attendees, the Trustees have identified two key initiatives which are required in order to sustain the work of the charity. Firstly, an employee on the ground in Kenya, ideally an ostomate with personal experience of living with an ostomy, is required to maintain the growing stores for our supplies. The role would also include liaising with the outreach peer support groups, and maintaining communication links between the Hospital social workers, nurses and the groups, together with reporting back to the CEO on any issues raised. Secondly, a 40ft container is required in order to store the increased number of ostomy supplies the charity</b></p>
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	<p>are sending, while the Hospital Wing programme is finalised. The container can be re-sold once the Wing is built and is therefore an investment in addition to a fundamental piece of equipment.</p> <p>Our founder, Gill Castle, was a key member of the Special Advisory Group to the first Birth Trauma APPG, which led to the Birth Trauma Report on 13<sup>th</sup> May 2024. This included recommendations to the UK government on maternity care improvements to be made. Gill was selected to represent mothers injured in childbirth at the launch of the Report in Parliament and gave an impactful speech to an audience which included the then Health Secretary, Victoria Atkin. Gill has appeared several times on the BBC Breakfast sofa as a representative of injured mothers, with an audience of over 8 million people for appearance, most recently in January 2025.</p> <p>The Trustees are very satisfied with the current financial status of the charity, which has increased much more rapidly than was anticipated for such a new organisation. It is now taking time to implement the correct background research to co-ordinate the increase in support for peer support and clinics in Kenya. Income has dropped compared to last year, but this was to be expected when so much came on the back of a BBC documentary and Channel swim. The Trustees are confident that income will be generated from grant applications, the trek of Mount Kilimanjaro in October 2025 for which they have commissioned a film to be made for entry into film festivals. The Charity have also been invited to apply for the World Ostomy Award by the European Ostomy Association, an indication of the reputation of the charity in the ostomy community.</p> <p>In last year's report, the Trustees stated a desire to employ a CEO in order to advance the charitable aims of the Charity. Following an open recruitment process, interviews and in consultation with the Charity Commission, Gill Castle stepped down as Chair of the Board and became the CEO on a part-time basis. Gill began her role in January 2025. The</p>
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		<p>Trustees would like to thank Jenny Gow MBE for her dedication and professionalism during her tenure as Interim Chair following Gill's departure, while a replacement Chair is sought. Rebecca Evans, international charity specialist, has joined the Board, in addition to Sophie Excell and Liz Hinds, creating a resilient Board of 6 members.</p> <p>The Trustees would like to thank all volunteers for their help, in particular to the volunteer clinical team of Claire Ryan, Sarah Duke and Karen Noades, who helped to run our biggest, most impactful Clinic Week to date.</p>
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>Strong with a current account of more than £90,000.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p><b>We are still in discussion with the Hospital board and an architect about building a new hospital wing which will be designated as a continence and ostomy wing. This will cost in the region of £90,000.</b></p> <p>The Trustees are aware of the responsibility to spend charity funds for the correct purposes, and work is continuing on gathering the appropriate quotes, opening a tender process for interested building companies, and completing the requisite checks in order to build the proposed Hospital wing within legal frameworks. They recognise that it is not possible to simply build a new wing in a short space of time and are satisfied that the current large sum in the bank account will be spent wisely once correct research has been carried out. Although there is a keen desire to spend the funds in the bank account, it is recognised that there is a responsibility to ensure that it is spent correctly.</p>
Amount of reserves held	Para 1.22	<b>£45,000 in designated funds for the Hospital wing development</b>
Reasons for holding zero reserves	Para 1.22	<b>None</b>
Details of fund materially in deficit	Para 1.24	<b>None</b>
Explanation of any uncertainties about the	Para 1.23	<b>None</b>

charity continuing as a going concern		
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Other		
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## Structure, Governance and Management

Description of charity's trusts:		<b>None</b>
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Deed of Trust</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>CIO</b>

## Reference and Administrative details

Charity name	Chameleon Buddies
Other name the charity uses	
Registered charity number	1199430
Charity's principal address	16 Royal Oak Gardens, Alnwick, Northumberland, NE66 2DA

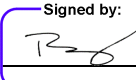
**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jenny Gow	Chair		
2	Rachael Goodfellow	Treasurer	20/12/2024 left	
3	Garry Armstrong	Secretary	09/09/2024-	
4	Charlotte Watson			
5	Gill Castle		01/01/2025 left	
6	Sophie Excell		23/01/2025-	
7	Liz Hinds		23/01/2025-	
8	Rebecca Evans	Chair (current)	23/01/2025-	
9	Emma Louise Phelan		12/12/2024 left	
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Declarations**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

	<b>Signature(s)</b>	Signed by:  78F49A2973864C5...	
	<b>Full name(s)</b>	Rebecca Evans	
	<b>Position (eg Secretary, Chair, etc)</b>	Chair	
	<b>Date</b>	10/3/2025	

## Chameleon Buddies Charity

### INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31/03/2025

#### Independent Examiner's Report

for the year ending 31/03/2025

Independent Examiner's Report to the Trustees of Chameleon Buddies Charity

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 31/03/2025 which consists of the statement of financial activities, balance sheet and the related notes

#### Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn

Mr M.H Tuffaha AFA  
Sterling Gate Accountants

Signed by:  
  
119507BD8889432...  
10/5/2025

**CHAMELEON BUDDIES****STATEMENT OF FINANCIAL ACTIVITIES**

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Income and endowments from:</b>				
Donations and legacies	2	57,038.78	57,038.78	105,658.89
<b>Total</b>		<b>57,038.78</b>	<b>57,038.78</b>	<b>105,658.89</b>
<b>Expenditure on:</b>				
Raising funds	3	4,665.60	4,665.60	6,722.68
Charitable activities	4	49,311.62	49,311.62	5,305.58
Other	6	-	-	16,294.32
<b>Total</b>		<b>53,977.22</b>	<b>53,977.22</b>	<b>28,322.57</b>
<b>Net income/(expenditure)</b>		<b>3,061.56</b>	<b>3,061.56</b>	<b>77,336.32</b>
<b>Net movement in funds</b>		<b>3,061.56</b>	<b>3,061.56</b>	<b>77,336.32</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		90,870.32	90,870.32	13,534.00
<b>Total funds carried forward</b>		<b>93,931.88</b>	<b>93,931.88</b>	<b>90,870.32</b>

# CHAMELEON BUDDIES

## BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Current assets</b>				
Debtors	7	619.70	619.70	-
Cash at bank and in hand	8	93,312.18	93,312.18	90,870.32
<b>Total current assets</b>		<b>93,931.88</b>	<b>93,931.88</b>	<b>90,870.32</b>
<b>Net current assets/(liabilities)</b>		<b>93,931.88</b>	<b>93,931.88</b>	<b>90,870.32</b>
<b>Total net assets or liabilities</b>		<b>93,931.88</b>	<b>93,931.88</b>	<b>90,870.32</b>
<b>Funds of the Charity</b>				
Unrestricted funds	9	93,931.88	93,931.88	90,870.32
Restricted income funds	9	-	-	-
Endowment funds	9	-	-	-
<b>Total funds</b>		<b>93,931.88</b>	<b>93,931.88</b>	<b>90,870.32</b>

The financial statements were approved by the trustees and signed on its behalf by:

Rebecca Evans  
Chair

Signed by:  
  
78F49A2973864C5...

10/3/2025

## CHAMELEON BUDDIES

### NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

#### 1. Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

##### 1.1 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

##### 1.2 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

#### 2. Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2025	Total funds 2024
	£	£	£
Donation and gifts	57,038.78	57,038.78	105,658.89
	<b>57,038.78</b>	<b>57,038.78</b>	<b>105,658.89</b>

### 3. Expenditure on Raising Funds

Analysis	Total funds 2025 £	Total funds 2024 £
Direct Wages	2,919.91	-
Stationery and Printing	86.42	-
Pension costs	76.54	-
Telephone and Internet	82.00	-
Travel expenses	314.58	-
Advertising, marketing, direct mail and publicity	1,186.15	-
Direct expenses	-	1,585.87
Support Costs	-	5,136.80
	<b>4,665.60</b>	<b>6,722.68</b>

### 4. Expenditure on Charitable Activities

Analysis	Total funds 2025 £	Total funds 2024 £
Direct Expenses	5,405.10	-
IT Software and Consumables	1,741.82	-
Postage, Freight & Courier	1,590.58	-
General expenses	26,655.17	-
Travel - International	8,933.55	-
Office and IT Tools	2,433.99	-
Support Costs	2,551.41	5,305.58
	<b>49,311.62</b>	<b>5,305.58</b>

## 5. Support Costs

	Total funds 2025	Total funds 2024
	£	£
<b>Analysis</b>		
Advertising and marketing	-	304.99
Printing and stationery	-	2,303.14
Staff costs	-	53.80
Telephone and Internet	-	82.00
Travel expenses	-	7,529.68
<b>Governance Costs</b>		
Consulting	1,462.80	-
Bank charges	7.95	-
Insurance	363.78	-
Accountancy fees	716.88	168.77
	<b>2,551.41</b>	<b>10,442.38</b>

## 6. Other Expenditure

	Total funds 2025	Total funds 2024
	£	£
<b>Analysis</b>		
General expenses	-	10,777.65
Insurance	-	326.40
IT Cost	-	5,190.27
	<b>-</b>	<b>16,294.32</b>

## 7. Debtors: Amounts falling due within one year

	Total funds 2025	Total funds 2024
	£	£
Accounts Receivable	619.70	-
	<b>619.70</b>	<b>-</b>

## 8. Cash at bank and in hand

	Total funds 2025	Total funds 2024
	£	£
Bank	93,312.18	90,870.32
	93,312.18	90,870.32

## 9. Charity funds

### 9.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
<b>Unrestricted funds</b>						
	90,870.32	57,038.78	53,977.22	-	-	93,931.88
<b>Total</b>	90,870.32	57,038.78	53,977.22	-	-	93,931.88

### 9.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
<b>Unrestricted funds</b>						
	13,534.00	105,658.89	28,322.57	-	-	90,870.32
<b>Total</b>	13,534.00	105,658.89	28,322.57	-	-	90,870.32

### 9.3 Transfers between funds

#### This Year

	<b>Amount</b>
	<b>£</b>
Between unrestricted and restricted funds	-
Between endowment and restricted funds	-
Between endowment and unrestricted funds	-

#### Last Year

	<b>Amount</b>
	<b>£</b>
Between unrestricted and restricted funds	-
Between endowment and restricted funds	-
Between endowment and unrestricted funds	-

#### Related Party Transactions

No related party transactions had taken place during the year

#### Trustees Remunerations and benefits

No payments made to trustees during the year

**CHAMELEON BUDDIES**

England & Wales - Charity number 1199430

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# Accounts

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**CHAMELEON BUDDIES**  
a Charitable Incorporated Organisation

**TRUSTEES' REPORT  
AND  
FINANCIAL STATEMENTS**

**FOR THE YEAR END  
31 March 2024**

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## **Names of the charity trustees who manage the charity**

Jenny Gow: Chairperson

Rachael Goodfellow: Treasurer

Garry Armstrong: Secretary

Charlotte Watson

Gill Castle

## **Objectives and Activities**

### **Summary of the purposes of the charity as set out in its governing document**

To promote the social inclusion and relief of need of women and girls in the UK and Kenya who are living with incontinence, stoma or childbirth injury.

### **Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.**

Provision of ostomy supplies to women in Kenya.

Peer Support groups in the UK and Kenya.

Member of Special Advisory Group for the Birth Trauma APPG.

Washable sanitary towel workshop.

BBC Documentary on our work – raised awareness.

### **Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit**

We confirm that we have had regard to the guidance issued by the Charity Commission on public benefit.

## **Achievements and Performance**

### **Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.**

The charity has increased the number of women it regularly supports in Kenya from 25 to 60. In 2023 we ran a highly successful peer support and clinic week at the Gynocare & Fistula Hospital in Eldoret, Kenya. Claire Ryan, Stoma Nurse, ran one-to-one clinics with 25 patients, and led nurse training. A disused fistula clinic space was converted into a store room and the charity organised the thousands of stoma products into itemised boxes for the nursing team to use throughout the year.

The charity ran a successful washable sanitary towel workshop, purchasing materials and running practical demonstrations on how patients could make and then sell their own reusable pads.

One of the patients was rehomed by the charity, with her rent paid for a period of 3 months and her daughter's school fees paid, after her hut was burnt down by bandits in northern Kenya. The patient had demonstrated great proficiency as a seamstress, and so the charity replaced the sewing machine stolen by bandits, which empowered her to become employed by the Hospital as a seamstress. She is becoming financially independent while receiving additional training and supporting her daughter through school.

We have provided sufficient ostomy supplies for all 60 patients throughout the year. The nurses who were trained on our previous two clinic weeks are now better able to support the patients pre and post-surgery. The rate of infections due to inadequate stoma bags has decreased, with a resulting decrease in hospital re-admission for infection.

In November 2024 we are returning to the hospital with a team of 6, which includes 2 stomas nurses and a bladder & bowel nurse speciality. The previous month our first satellite peer support group took place in Kenya, led by Kenyan ostomates. This is one of 3 peer support groups created.

Our founder, Gill Castle, was a key member of the Special Advisory Group to the first Birth Trauma APPG, which led to the Birth Trauma Report on 13th May 2024. This included recommendations to the UK government on maternity care improvements to be made. Gill was selected to represent mothers injured in childbirth at the launch of the Report in Parliament and gave an impactful speech to an audience which included the then Health Secretary, Victoria Atkins. Gill has appeared several times on the BBC Breakfast sofa as a representative of injured mothers, with an audience of over 8 million people for appearance.

In December 2023 the BBC released a documentary on BBC iPlayer following the embedding of two BBC journalists in our team from our last clinic weeks in November 2023. More than £40,000 was raised from the documentary.

The Trustees are very satisfied with the current financial status of the charity, which has increased much more rapidly than was anticipated for such a new organisation. It is now taking time to implement the correct background research to co-ordinate the increase in support for peer support and clinics in Kenya.

The Trustees are keen to future proof the Charity, which cannot be done under the current entirely volunteer-led structure. There is a clear need for a CEO to be employed in order to advance the charitable aims of the Charity, and this is a priority moving forward. The Trustees recognise that the resilience of the Charity will be improved with the employment of staff.

The Trustees would like to thank Gill Castle, who has worked tirelessly in her spare time at a high standard to bring the Charity forward, and as the very public face of the Charity she is indispensable at this current time. Alongside a number of volunteers, in particular Nicola Napier, who has contributed significantly in terms of support since the creation of the Charity in 2022, and Charlotte Watson, the Trustees are greatly appreciative of the value of their input.

## Financial Review

### Review of the charity's financial position at the end of the period

The charity had a very strong financial year, with total income during the year of £105,658 and total expenditure of £28,323 (last year: income of £25,157 and expenditure of £11,623). The charity maintained a healthy bank balance of £90,870.32 at year-end, which will support the continuation of its charitable purposes.

### Statement explaining the policy for holding reserves stating why they are held

We are currently about to return to Kenya to run our peer support and clinic week, and during this time we will be discussing the recruitment of Kenyan stoma nurses. The clinic week is our biggest outlay and we are looking ahead to next year when we would like to begin employing local staff. We are also in discussion with the Hospital board and an architect about building a new hospital wing which will be designated as a continence and ostomy wing. This will cost in the region of £90,000.

The Trustees are aware of the responsibility to spend charity funds for the correct purposes, and work is continuing gathering the appropriate quotes, opening a tender process for interested building companies, and completing the requisite checks in order to build the proposed Hospital wing within legal frameworks. They recognise that it is not possible to simply build a new wing in a short space of time and are satisfied that the current large sum in the bank account will be spent wisely once correct research has been carried out. Although there is a keen desire to spend the funds in the bank account, it is recognised that there is a responsibility to ensure that it is spent correctly.

### Amount of reserves held

£45,000 in designated funds for the Hospital wing development.

**Independent Examiner's Report  
for the year ending 31 March 2024**

**Independent examiner's report to the Trustees of Chameleon Buddies**

I report to the charity Trustees on my examination of the accounts of the charity for the year ending 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr H.M TUFFAHA BA (Hons) AFA MIPA  
Sterling Gate Accountants  
Date: 21/12/2024

## STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 March 2024

	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income and endowments from:</b>				
Donations and legacies	2	105,658.89	105,658.89	7,496.00
Other trading activities	3	-	-	17,661.00
<b>Total</b>		<b>105,658.89</b>	<b>105,658.89</b>	<b>25,157.00</b>
<b>Expenditure on:</b>				
Raising funds	4	6,722.68	6,722.68	5,302.00
Charitable activities	5	5,305.58	5,305.58	6,321.00
Other	7	16,294.32	16,294.32	-
<b>Total</b>		<b>28,322.57</b>	<b>28,322.57</b>	<b>11,623.00</b>
<b>Net income/(expenditure)</b>		<b>77,336.32</b>	<b>77,336.32</b>	<b>13,534.00</b>
<b>Net movement in funds</b>		<b>77,336.32</b>	<b>77,336.32</b>	<b>13,534.00</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		13,534.00	13,534.00	-
<b>Total funds carried forward</b>		<b>90,870.32</b>	<b>90,870.32</b>	<b>13,534.00</b>

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 March 2024

BALANCE SHEET

	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Current assets				
Cash at bank and in hand	8	90,870.32	90,870.32	13,534.00
<b>Total current assets</b>		<b>90,870.32</b>	<b>90,870.32</b>	<b>13,534.00</b>
<b>Total net assets or liabilities</b>		<b>90,870.32</b>	<b>90,870.32</b>	<b>13,534.00</b>
<b>Funds of the Charity</b>				
Unrestricted funds	9	90,870.32	90,870.32	13,534.00
Restricted income funds	9	-	-	-
Endowment funds	9	-	-	-
<b>Total funds</b>		<b>90,870.32</b>	<b>90,870.32</b>	<b>13,534.00</b>

The financial statements were approved by the Board

JENNIFER GOW  
Chair

Signature..... *Jenny Gow*  
Date..... *20, 12, 2024*.....

## 1 Accounting Policies

### 1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

### 1.2 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

### 1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

## 2 Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Donation and gifts	105,658.89	105,658.89	7,496.00
	105,658.89	105,658.89	7,496.00

### 3 Income from Other Trading Activities

Analysis	Total funds 2024	Total funds 2023
	£	£
Income from fundraising	-	17,661.00
	<u>-</u>	<u>17,661.00</u>
	<u><u>-</u></u>	<u><u>17,661.00</u></u>

### 4 Expenditure on Raising Funds

Analysis	Total funds 2024	Total funds 2023
	£	£
Expenditure on raising voluntary income	-	5,302.00
Direct expenses	1,585.87	-
Support Costs	5,136.80	-
	<u>6,722.68</u>	<u>5,302.00</u>
	<u><u>6,722.68</u></u>	<u><u>5,302.00</u></u>

### 5 Expenditure on Charitable Activities

Analysis	Total funds 2024	Total funds 2023
	£	£
Support costs	-	6,321.00
Support Costs	5,305.58	-
	<u>5,305.58</u>	<u>6,321.00</u>
	<u><u>5,305.58</u></u>	<u><u>6,321.00</u></u>

## 6 Support Costs

	Total funds 2024	Total funds 2023
Analysis	£	£
Advertising and marketing	304.99	-
Printing and stationery	2,303.14	-
Staff costs	53.80	-
Telephone and Internet	82.00	-
Travel expenses	7,529.68	-
<b>Governance Costs</b>		
Accountancy fees	168.77	-
	<u>10,442.38</u>	<u>-</u>

## 7 Other Expenditure

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
General expenses	10,777.65	10,777.65	-
Insurance	326.40	326.40	-
IT Cost	5,190.27	5,190.27	-
	<u>16,294.32</u>	<u>16,294.32</u>	<u>-</u>

## 8 Cash at bank and in hand

	Total funds 2024	Total funds 2023
	£	£
Bank	90,870.32	13,534.00
	<u>90,870.32</u>	<u>13,534.00</u>

## 9 Charity funds

### 9.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds	13,534.00	105,658.89	(28,322.57)	-	-	90,870.32
<b>Total</b>	<b>13,534.00</b>	<b>105,658.89</b>	<b>(28,322.57)</b>	<b>-</b>	<b>-</b>	<b>90,870.32</b>

### 9.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds	-	25,157.00	(11,623.00)	-	-	13,534.00
<b>Total</b>	<b>-</b>	<b>25,157.00</b>	<b>(11,623.00)</b>	<b>-</b>	<b>-</b>	<b>13,534.00</b>

### 9.3 Transfers between funds

#### This Year

	Amount £
Between unrestricted and restricted funds	-
Between endowment and restricted funds	-
Between endowment and unrestricted funds	-

#### Last Year

	<b>Amount</b>	
	<b>£</b>	
Between unrestricted and restricted funds		-
Between endowment and restricted funds		-
Between endowment and unrestricted funds		-

### **Designated Funds**

The trustees have designated £45,000 for the hospital wing project. No impact on the cashflow due to this designation of funds.

### **Payments and Remunerations to Trustees**

No payments or remunerations made during the year

**CHAMELEON BUDDIES**

England & Wales - Charity number 1199430

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# Accounts

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Charity number: 1199430

## **CHAMELEON BUDDIES**

Unaudited Trustees' Report and Financial Statements for the  
period ended 31 March 2023

# Chameleon Buddies

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# Chameleon Buddies

## Reference and administrative details

Period ended 31 March 2023

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**Trustees** Gillian Elizabeth Castle (appointed 16 March 2022)  
Jenny Gow MBE (appointed 15 May 2023)  
Charlotte Patricia Watson (appointed 16 March 2022)  
Emma Louise Phelan (appointed 16 March 2022)

**Charity registered number** 1199430

**Registered office** 16 Royal Oak Gardens  
Alnwick  
Northumberland  
NE66 2DA

**Independent Accountant** Rachel Wilson  
Denwick House  
Denwick  
Alnwick  
NE66 3RE

**Bankers** Lloyds Bank  
PO Box 1000  
Andover  
BX1 1LT

# Chameleon Buddies

## Trustees' report

Period ended 31 March 2023

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The Trustees present their annual report together with the financial statements of the charity for the period 23 June 2022 to 31 March 2023.

### Objective and activities

The charity is for the public benefit – and for the promotion of social inclusion and the relief of need among women and girls in the UK and Kenya who living with incontinence, stoma or chldbirth injury, and their families. We provide equipment, education, and information to maximise the quality of people with these conditions. We raise public awareness and provide workshops and advocacy to our beneficiaries.

### Policies and objectives

The policies below maintain a smooth, safe and efficient running environment for the charity, our volunteers, representatives and beneficiairies.

Safeguarding – Adults and Children  
Anti-Bribery Policy  
Anti-Bullying and Harassment Policy  
Chameleon Buddies Code of Conduct  
Complaints Policy  
Anti-Corruption Policy  
Conflicts of Interest Policy  
Equality, Diversity and Inclusion Policy  
Whistleblowing Policy  
Health and Safety Policy

### Activities undertaken to achieve objectives

During the period, we hosted peer support groups for those with stomas or adapting to chldbirth injuries held twice monthly at the Mind and Sole hub in Alnwick.'

We also hosted a week long stoma support group held at the Gynocare & Fistula Hospital, Eldoret, Kenya including workshpson living with a stoma, skin care and peer suport for the women attending.

We were included in a number of meidia articles over the period in local and national papers and ITN news to talk about our work and advocacy.

We supplied stoma products to our beneficiaries at the Gynocare & Fistula Hospital in Eldoret, Kenya

### Main achievements of the charity

We are proud in our first period of operating the charity that we have successfully launched the peer support groups in Alnwick and that we were able to visit Kenya to host the week long workshop.

# **Chameleon Buddies**

## **Trustees' report (continued)**

**Period ended 31 March 2023**

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### **Future events / planning**

Our founder Gill Castle completed a successful cross channel swim in 2023. We also returned to visit the Kenyan hospital in November 2023 with a stoma nurse and team to run stoma clinics.

The BBC also made a documentary about our work.

In 2025 a fundraising expedition to Mount Kilimanjaro is planned.

### **Financial review**

We are in a sound financial position for our first period, and predict that we can continue with our work. We hope to hold more fundraising events in 2023-24 to help supplement our income. We have a big fundraising event in October 2025 when we are climbing Mount Kilimanjaro with an estimate amount to be raised of £30,000.

### **Reserves policy**

The Trustees have considered the charity's reserve requirements for the forthcoming year and have confirmed that appropriate levels of reserves should be held to cover the costs of winding up the charity in a worst case scenario. The current level of unrestricted reserves are deemed to be suitable to meet this event should it occur.

### **Governance, Leadership and Structure**

The Trustees ensure effective governance and leadership via quarterly Board meetings.

# Chameleon Buddies

## Statement of trustees' responsibilities

Period ended 31 March 2023

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The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees on 26<sup>th</sup> January 2024 and signed on its behalf by:



Gillian Elizabeth Castle

# Chameleon Buddies

## Independent Examiner's report to the members of Chameleon Buddies

Period ended 31 March 2023

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I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022 which are set out on the following pages.

### Responsibilities and basis of report

As the charity trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006Act and are eligible for independent examination, I report in respect of my examination of your charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*R Wilson*

**Rachel Wilson FCCA**

Denwick House  
Denwick  
Alnwick  
NE66 3RE

**Date 28th January 2024**

# Chameleon Buddies

## Statement of Financial Activities (Incorporating the Income and Expenditure Account)

Period ended 31 March 2023

		Unrestricted Funds	Total
		£	2023
	Notes		£
<b>Income from:</b>			
Donations	3	7,496	7,496
Fundraising income	4	<u>17,661</u>	<u>17,661</u>
<b>Total income</b>		<u><b>25,157</b></u>	<u><b>25,157</b></u>
<b>Expenditure on:</b>			
Raising Funds	5	5,302	5,302
Charitable activities	6	<u>6,321</u>	<u>6,321</u>
<b>Total expenditure</b>		<u><b>11,623</b></u>	<u><b>11,623</b></u>
<b>Net income</b>		<u><b>13,534</b></u>	<u><b>13,534</b></u>
<b>Total funds carried forward</b>		<u><b>13,534</b></u>	<u><b>13,534</b></u>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

# Chameleon Buddies

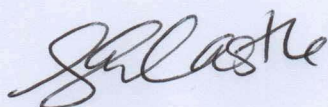
## Balance sheet

As at 31 March 2023

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		2023
		£
	Notes	
<b>Current assets</b>		
Cash at bank		13,534
<b>Total assets</b>		<u>13,534</u>
<b>Charity funds</b>		
Unrestricted funds	7	13,534
<b>Total funds</b>		<u>13,534</u>

The financial statements were approved and authorised for issue by the trustees on 26<sup>th</sup> January 2024 and signed on their behalf by:



Gillian Elizabeth Castle

The notes on pages 10 to 12 form part of these financial statements

# Chameleon Buddies

## Notes to the financial statements

Period ended 31 March 2023

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### 1. General information

Chameleon Buddies is an unincorporate charity registered in England.

### 2. Accounting policies

#### 2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Chameleon Buddies meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in pounds sterling which is the functional currency of the charity and are rounded to the nearest E1.

#### 2.2 Going concern

The financial statements are prepared on a going concern basis. Given the level of reserves and the minimal operating costs, the trustees are confident that the charity will be able to continue in operational existence for the foreseeable future.

#### 2.3 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable the income will be received. All investment income is recognised when the dividend becomes payable. Likewise, rental income and other donations are accounted for in the year in which it is receivable.

#### 2.4 Expenditure

Costs of generating funds include general administrative costs and costs associated with holding fundraising events.

# Chameleon Buddies

## Notes to the financial statements

Period ended 31 March 2023

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### 2 Accounting policies (continued)

Expenditure on raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any associated support costs.

### 3. Donations

	2023
	£
Donations	<u>7,496</u>

### 4. Fundraising income

	2023
	£
Income from fundraising	<u>17,661</u>

### 5. Raising Funds

	2023
	£
Expenditure on raising voluntary income	<u>5,302</u>

### 6. Charitable activities

	2023
	£
Support costs	<u>6,321</u>

# Chameleon Buddies

## Notes to the financial statements

Period ended 31 March 2023

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### 7. Statement of funds

	Balance as at 23/6/22	Income	Expenditure	Balance as at 31/3/23
Unrestricted funds	— -	— 25,157	— 11,623	— 13,534
<b>Total of funds</b>	— -	— <b>25,157</b>	— <b>11,623</b>	— <b>13,534</b>

### 8. Employees

There were no employees during the period.

### 9. Trustees' remuneration and expenses

During the period, no trustees received any remuneration or other benefits.

During the period, no trustee expenses have been incurred.