

Cornwall Breathers
Annual Report 2024-25

Registered Charity No 1199184

March 2026

Our vision and mission

Vision: Started by patients, run by patients, for patients

Mission: To relieve the needs of people diagnosed with long term health conditions by providing a mutual support and information exchange to raise awareness of their problems with health professionals within the area of benefit (Cornwall)

Our Trustees in 2024-25

Trustees:

Joe Barr

Alison King

Jade Norsworthy

Rachel Coleman (appointed 23/02/2024)

Our volunteers:

Volunteers: Linda and Andrew Hubbard

What we have achieved in the year 2024-5

We continue to manage our web site and promote it and the information and advice it contains through the surgeries, the specialist clinics and wards, and through existing patient-led groups for COPD patients.

Grants: In February 2024 we were awarded a grant of £5,000 from Cornwall Community Foundation under their Health Improvement Program. The grant was awarded to:

1. Help support the set-up of five new patient run groups throughout the County.
2. Undertake a programme of presentations in secondary schools throughout the County to highlight the dangers of smoking including using vapes to young people.

Our plans started well and in September 2024 the first group was launched in Charlestown covering the St Austell area. However despite our efforts, the group folded after three sessions due to lack of attendees.

Our second group in Launceston fared better with support from the surgery there. However since the beginning of 2025, our charity was hit with personal issues and health issues of our key volunteers which has meant no further groups were set up in the year.

Our aims for 2025-26

We believe that there is still a benefit to those suffering from COPD to attend self help patient run groups, and that they can deliver major health benefits

for those attending. They are important social group which enable attendees to have a better understanding of their condition and how to manage it resulting in less hospital admissions. We therefore aim

To continue to fundraise to support our aims;

To better liaise with NHS projects where a patient perspective can add value to the project;

To offer advice on how to set up voluntary patient led local groups.

Cornwall Breathers

Statement of Financial Activities to 30th June 2025

	2024-25	
Income	Unrestricted	Restricted
Donations		908.81
Total Income		908.81
Expenditure		
Grant Cornwall Community Foundation Health Improvement Grant (Awarded March 2024)		714.22
Donation to Plymouth Hospitals General Charity Honeyford Ward		2,500.00
Total Expenditure		3,214.22
Total Income		908.81
Total Expenditure		3,214.22
Deficit		(2,305.41)
Total Income		908.81
Balance B/F		6,744.07
Total		7,652.88
Total Expenditure		3,214.22

Balance C/F		4, 438. 66
Bank		4, 438. 66
Cash		0. 00