

CORNWALL BREATHERS

England & Wales · Charity number 1199184

Details

Status Registered

Legal form CIO

Registered 2022-06-06

Register [View on the Charity Commission register](#)

Contact

Address 7 Meadow Park
Liskeard
Cornwall
PL14 4EX

Phone 01579532419

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Website www.cornwall-breathers.com

Activities

Objects: THE OBJECT OF THE CIO IS TO RELIEVE THE NEEDS OF PEOPLE DIAGNOSED WITH LONG TERM HEALTH CONDITIONS BY PROVIDING A MUTUAL SUPPORT AND INFORMATION EXCHANGE TO RAISE AWARENESS OF THEIR PROBLEMS WITH HEALTH PROFESSIONALS WITHIN THE AREA OF BENEFIT (CORNWALL).

Activities: To relieve the needs of people diagnosed with long term health conditions by providing a mutual support and information exchange to raise awareness of their problems with health professionals within Cornwall

Classification

- **How:** Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

Geography

- Cornwall

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£909	£3,214	-	-
2024-06-30	£8,274	£1,894	-	-
2023-06-30	£1,619	£1,255	-	-

Trustees

Name	Role	Appointed
Joseph Matthew Barr	Chair	2022-05-24
Alison King		2022-05-24
Diane Brown		2026-03-24
Jade Norsworthy		2022-09-05
Jenny Howard		2026-03-24
Rachel Larissa Coleman		2024-02-23

CORNWALL BREATHERS

England & Wales - Charity number 1199184

Accounts

Cornwall Breathers
Annual Report 2024-25

Registered Charity No 1199184

March 2026

Our vision and mission

Vision: Started by patients, run by patients, for patients

Mission: To relieve the needs of people diagnosed with long term health conditions by providing a mutual support and information exchange to raise awareness of their problems with health professionals within the area of benefit (Cornwall)

Our Trustees in 2024-25

Trustees:

Joe Barr

Alison King

Jade Norsworthy

Rachel Coleman (appointed 23/02/2024)

Our volunteers:

Volunteers: Linda and Andrew Hubbard

What we have achieved in the year 2024-5

We continue to manage our web site and promote it and the information and advice it contains through the surgeries, the specialist clinics and wards, and through existing patient-led groups for COPD patients.

Grants: In February 2024 we were awarded a grant of £5,000 from Cornwall Community Foundation under their Health Improvement Program. The grant was awarded to:

1. Help support the set-up of five new patient run groups throughout the County.
2. Undertake a programme of presentations in secondary schools throughout the County to highlight the dangers of smoking including using vapes to young people.

Our plans started well and in September 2024 the first group was launched in Charlestown covering the St Austell area. However despite our efforts, the group folded after three sessions due to lack of attendees.

Our second group in Launceston fared better with support from the surgery there. However since the beginning of 2025, our charity was hit with personal issues and health issues of our key volunteers which has meant no further groups were set up in the year.

Our aims for 2025-26

We believe that there is still a benefit to those suffering from COPD to attend self help patient run groups, and that they can deliver major health benefits

for those attending. They are important social group which enable attendees to have a better understanding of their condition and how to manage it resulting in less hospital admissions. We therefore aim

To continue to fundraise to support our aims;

To better liaise with NHS projects where a patient perspective can add value to the project;

To offer advice on how to set up voluntary patient led local groups.

Cornwall Breathers

Statement of Financial Activities to 30th June 2025

	2024-25	
	Unrestrictede	Restrictede
Income		
Donations		908.81
Total Income		908.81
Expenditure		
Grant Cornwall Community Foundation Health Improvement Grant (Awarded March 2024)		714.22
Donation to Plymouth Hospitals General Charity Honeyford Ward		2,500.00
Total Expenditure		3,214.22
Total Income		908.81
Total Expenditure		3,214.22
Deficit		(2,305.41)
Total Income		908.81
Balance B/F		6,744.07
Total		7,652.88
Total Expenditure		3,214.22

Balance C/F		4, 438. 66
Bank		4, 438. 66
Cash		0. 00

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England & Wales - Charity number 1199184

Accounts

Cornwall Breathers
Annual Report 2023-24

Registered Charity No 1199184

March 2025

Our vision and mission

Vision: Started by patients, run by patients, for patients

Mission: **To relieve the needs of people diagnosed with long term health conditions by providing a mutual support and information exchange to raise awareness of their problems with health professionals within the area of benefit (Cornwall)**

Our Trustees in 2023-24

Trustees:

Joe Barr

James Johnston (resigned 23/02/24)

Alison King

Jade Norsworthy

Rachel Coleman (appointed 23/02/2024)

Our volunteers:

Volunteers: Jenny Foster, Linda and Andrew Hubbard

What we have achieved in the year 2023-24

We continue to manage our web site and promote it through the surgeries, the specialist clinics and wards, and through existing patient-led groups for COPD patients.

Our fundraising has enabled us to provide a defibrillator on the site of Liskerrett Community Centre in Liskeard, in memory of one of our founding trustees, Michael Elliott who sadly passed away in May 2023.

It has also enabled us to purchase 4 televisions for Honeyford Ward at Derriford Hospital, a specialist COPD ward that serves the residents of SE Cornwall.

Grants: In February 2024 we were awarded a grant of £5,000 from Cornwall Community Foundation under their Health Improvement Program. The grant was awarded to:

1. Help support the set-up of five new patient run groups throughout the County.
2. Undertake a programme of presentations in secondary schools throughout the County to highlight the dangers of smoking including using vapes to young people.

Our aims for 2024-5

To continue to fundraise to support our aims

To set up five new patient led groups in Cornwall

To work with schools to highlight the dangers of smoking and using vapes to young people

Cornwall Breathers

Statement of Financial Activities to 30th June 2024

	2023-24	
Income	Unrestricted	Restricted
Donations		3,274.12
Grant Cornwall Community Foundation Health Improvement Grant		5,000.00
Total Income		8,274.12
Expenditure		
Defibrillator		1,258.00
4 no TVs for Honeyford Ward Derriford Hospital		636.00
Total Expenditure		1,894.00
Total Income		8,274.12
Total Expenditure		1,894.00
Surplus		6,380.12
Total Income		8,274.12
Balance B/F		363.95
Total		8,638.07
Total Expenditure		1,894.00
Balance C/F		6,744.07
Bank		6,744.07
Cash		0.00

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Cornwall Breathers
Annual Report 2022-23

Registered Charity No 1199184

February 2024

Our vision and mission

Vision: Started by patients, run by patients, for patients

Mission: **To relieve the needs of people diagnosed with long term health conditions by providing a mutual support and information exchange to raise awareness of their problems with health professionals within the area of benefit (Cornwall)**

Our Trustees in 2022-23

Trustees:

Joe Barr

James Johnston

Alison King

Jade Norsworthy (appointed 05/09/2022)

Michael Elliott (removed May 2023 (deceased))

Harriet Vickers (appointed 05/09/2022, resigned May 2023)

Our volunteers:

Volunteers: Jenny Foster, Rachel Coleman, Linda and Andrew Hubbard

What we have achieved in the year 2022-23

The charity was registered with the charity commission on 6th June 2022.

Our first priority was the design and launch of our web site, www.cornwall-breathers.com, fundraise to which was achieved in March 2023, thanks to donations from local businesses including:

Liskeard Town Council

BS Embroidery

Ugalde

Blooms

Thompson Opticians

Jays Removal

Trowbridge Estate Agents

Neil Tucker Electrician

Tamar Trotters

The charity also undertook street collections.

The charity welcomed two new trustees in September 2022, Jade Norsworthy and Harriet Vickers, both nurses working on the COPD ward at Derriford Hospital. Jade took part in the Plymouth Half Marathon raising funds for the charity.

Grants: None

Our aims for 2023-4

To continue to manage the web site and promote it through the surgeries, the specialist clinics and wards, and through existing patient-led groups for COPD patients.

To fundraise to provide a defibrillator on the site of Liskerrett Community Centre in memory of one of our founding trustees, Michael Elliott who sadly passed away in May 2023.

To apply for grant funding to:

1. Help support the set up of new patient run groups throughout the County.
2. Undertake a programme of presentations in secondary schools throughout the County to highlight the dangers of smoking including using vapes to young people.

Cornwall Breathers

Statement of Financial Activities to June 2023

	2022-23	
Income	Unrestricted	Restricted
Donations		1,618.95
Total Income		1,618.95
Expenditure		
Leaflets		255.00
Design and maintenance of web site		1,000.00
Total Expenditure		1,255.00
Total Income		1,618.95
Total Expenditure		1,255.00
Surplus		363.95
Total Income		1,618.95
Balance B/F		0.00
Total		1,618.95
Total Expenditure		1,255.00
Balance C/F		363.95
Bank		363.95
Cash		0.00