

**H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## LEGAL AND ADMINISTRATIVE INFORMATION

---

Trustees	K Mohammadi	(Appointed 27 April 2023)
	S Drake	(Appointed 28 March 2024)
	M Dhanji	(Appointed 12 February 2024)
	L Booker	(Appointed 12 February 2024)
	B Aslam	(Appointed 12 February 2024)
	M Eldogdog	(Appointed 12 February 2024)
	T Kamphandira	(Appointed 12 February 2024)
Charity number	1199149	
Principal address	52 Ayres Drive Peterborough PE2 8JR	
Independent examiner	Price Bailey LLP 36 Tyndall Court Commerce Road Lynchwood Peterborough PE2 6LR	
Bankers	Metro Bank PLC	

---

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 2
Independent examiner's report	3
Statement of financial activities	4
Balance sheet	5
Notes to the financial statements	6 - 17

---

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2024

---

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### Objectives and activities

Our mission is to enable people living in Peterborough and surrounding areas, to be empowered and live happily, whatever their ethnicity, gender, sexuality, disabilities, political views or religion. We believe in equality, fairness and that every individual has the right to feel safe, supported and without struggles.

Our objectives are:

- The relief of financial hardship of those granted refugee status and those seeking asylum in the United Kingdom and in particular within Peterborough and the surrounding areas, by the provision of advice and support.
- To relieve poverty or financial hardship among refugees, asylum seekers, migrant workers and their dependents living in and around Peterborough by providing interpreting, translating, advocacy and housing advice.
- The relief of financial hardship among people living or working in and around Peterborough by providing such persons with goods and/or services which they could not otherwise afford through lack of means.

In our first year of operations the trustees and management have managed costs to ensure the sustainability of the charity's work during this crucial phase of initial establishment and growth. We have also been grateful for the very extensive contribution of volunteers and those who have provided services and facilities at no or greatly reduced charge. These together have enabled us to provide a full service to those the charity seeks to support, and indeed to exceed initial expectations, whilst maintaining a healthy financial position. The balance carried forward will enable us to sustain and continue to grow the level of service provided in the prospect of reduced funding. We will continue to develop our establishment as the work grows to ensure we can effectively and efficiently serve the local refugee and asylum seeker community.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### Achievements and performance

We have had another busy year of growth and organising many engaging community events and activities. We have a large and ever growing number of service users seeking our support and a strong and growing team of staff and volunteers. This year, we have again attended various community events giving out information, as well as attending job fairs and organising our own events such as a Halloween Party for families, Homes for Ukraine Host's events, Christmas Gift Giving Party and International Women's Day event, along with arts and sports activities for children during the school holidays and continuing to provide our popular sewing group and our football training. We have also engaged young people in cooking sessions and seen an increasing demand for our mental health services. Our continued growth means we are now needing to move to bigger premises to better serve the communities needing our support. This will mean increased opportunities for our service users, in terms of the services and facilities we can provide. Our team will continue to work hard providing essential services and opportunities for the community, including basic support with food, clothing, sim cards for data poverty and our popular bike scheme which has now seen over 300 bikes rehomed to those in need.

#### Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### Structure, governance and management

The governing document of H.E.L.P. (Helping Empower Lives in Peterborough), a Charitable Incorporated Organisation (CIO) is a Foundation Model Constitution dated 31 May 2022.

The trustees who served during the year and up to the date of signature of the financial statements were:

B MacLellan	(Resigned 30 April 2023)
M Murray	(Resigned 30 April 2023)
L Bryant	(Resigned 31 August 2023)
R Booker-Macedo	(Resigned 22 February 2024)
Dr F A Bailey	(Resigned 11 December 2023)
Dr Z Almahmudi	(Resigned 22 June 2024)
K Mohammadi	(Appointed 27 April 2023)
S Drake	(Appointed 28 March 2024)
M Dhanji	(Appointed 12 February 2024)
L Booker	(Appointed 12 February 2024)
B Aslam	(Appointed 12 February 2024)
M Eldogdog	(Appointed 12 February 2024)
T Kamphandira	(Appointed 12 February 2024)

Trustees are recruited to ensure that the Charity has the necessary skills to set and monitor its strategic objectives and aims.

Trustees are encouraged to undertake training objectives to ensure that these skills are developed and that they understand their responsibilities.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The Board of Trustees are responsible for the strategic development of the Charity and meet at least quarterly. Day to day management is rested in the management team consisting of the office manager, out-reach manager and befriender manager.

The trustees' report was approved by the Board of Trustees.



M Dhanji  
Trustee



M Eldogdog  
Trustee

Date: 6 December 2024

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

---

I report to the trustees on my examination of the financial statements of H.E.L.P. (Helping Empower Lives in Peterborough) (the charity) for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants In England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**K Hilliard FCCA ACA CTA**  
**Institute of Chartered Accountants In England and Wales**  
**Price Bailey LLP**  
36 Tyndall Court  
Commerce Road  
Lynchwood  
Peterborough  
PE2 6LR

Dated: 6 December 2024

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b><u>Income from:</u></b>							
Donations and legacies	3	16,985	-	16,985	32,071	-	32,071
Charitable activities	4	13,500	273,555	287,055	-	226,095	226,095
<b>Total income</b>		<b>30,485</b>	<b>273,555</b>	<b>304,040</b>	<b>32,071</b>	<b>226,095</b>	<b>258,166</b>
<b><u>Expenditure on:</u></b>							
Charitable activities	5	20,048	210,442	230,490	8,839	83,002	91,841
Gross transfers between funds		-	-	-	(605)	605	-
<b>Net income for the year/ Net movement in funds</b>		<b>10,437</b>	<b>63,113</b>	<b>73,550</b>	<b>22,627</b>	<b>143,698</b>	<b>166,325</b>
Fund balances at 1 April 2023		22,627	143,698	166,325	-	-	-
<b>Fund balances at 31 March 2024</b>		<b>33,064</b>	<b>206,811</b>	<b>239,875</b>	<b>22,627</b>	<b>143,698</b>	<b>166,325</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## BALANCE SHEET


AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	10		4,464		1,903
<b>Current assets</b>					
Debtors	11	34,453		33,054	
Cash at bank and in hand		208,108		134,593	
		<u>242,561</u>		<u>167,647</u>	
<b>Creditors: amounts falling due within one year</b>	12	<u>(7,150)</u>		<u>(3,225)</u>	
Net current assets			235,411		164,422
<b>Total assets less current liabilities</b>			<u>239,875</u>		<u>166,325</u>
<b>Income funds</b>					
Restricted funds	14		206,811		143,698
Unrestricted funds			33,064		22,627
			<u>239,875</u>		<u>166,325</u>

The financial statements were approved by the Trustees on 6/12/2024



M Dhanji  
Trustee



M Eldegdog  
Trustee



# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

---

### 1 Accounting policies

#### Charity information

H.E.L.P. (Helping Empower Lives in Peterborough) is a Charitable Incorporated Organisation registered with the Charity Commission.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

(Continued)

### 1 Accounting policies

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

#### 1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	20% on reducing balance
-----------	-------------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

---

### 1 Accounting policies

(Continued)

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **1.11 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### **1.12 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Donations and gifts	16,985	32,071

### 4 Charitable activities

	General activities	ESOL	Homes for Ukraine	Other	Total 2024	Total 2023
	2024	2024	2024	2024		
	£	£	£	£	£	£
Helping Empower Youth in Peterborough	13,500	-	-	-	13,500	-
Refugees and asylum seekers	-	11,826	235,850	-	247,676	226,095
Performance related grants	-	-	-	16,635	16,635	-
Community grants	-	-	-	9,244	9,244	-
	13,500	11,826	235,850	25,879	287,055	226,095
Analysis by fund						
Unrestricted funds	13,500	-	-	-	13,500	-
Restricted funds	-	11,826	235,850	25,879	273,555	226,095
	13,500	11,826	235,850	25,879	287,055	226,095

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities		(Continued)						
For the year ended 31 March 2023								
		Mental Health	Ukraine Support	Bike scheme	ESOL	Living Sport	Homes for Ukraine	Total 2023
		£	£	£	£	£	£	£
Refugees and asylum seekers		12,738	9,900	1,000	9,200	1,947	191,310	226,095
Analysis by fund								
Restricted funds		12,738	9,900	1,000	9,200	1,947	191,310	226,095

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Charitable activities	General activities	Mental Health	Ukraine Support	ESOL Living Sport & Bike Scheme		Homes for Ukraine	Other	Total 2024	Total 2023
	2024	2024	2024	2024	2024	2024	2024		
	£	£	£	£	£	£	£	£	£
Staff costs	10,330	4,309	3,076	7,506	-	131,455	19,220	175,896	44,962
Homes for Ukraine costs	-	-	-	-	-	8,064	-	8,064	8,662
Homes for Ukraine hotel costs recharged	-	-	-	-	-	4,629	-	4,629	5,665
Courses for recipients	-	-	-	-	-	800	-	800	2,705
CCF Mental Health costs	-	2,938	-	-	-	-	-	2,938	3,732
Bikes and equipment	-	-	-	-	1,228	-	-	1,228	2,115
Other direct expenses	-	-	-	-	-	250	3,768	4,018	778
Office equipment expenditure	858	-	-	-	-	963	-	1,821	1,967
Items for recipients	-	-	-	-	-	-	-	-	1,541
Staff expenses	-	-	-	-	-	-	-	-	1,347
Volunteers expenses	2,154	-	-	-	-	7,998	-	10,152	746
General activities	939	-	-	-	-	-	-	939	1,675
Office expenses	2,427	-	-	-	-	-	-	2,427	920
Share of support costs (see note 6)	16,708	7,247	3,076	7,506	1,228	154,159	22,988	212,912	76,815
Share of governance costs (see note 6)	3,041	800	480	480	-	11,205	-	16,006	13,238
	299	79	47	47	-	1,100	-	1,572	1,788
	20,048	8,126	3,603	8,033	1,228	166,464	22,988	230,490	91,841
<b>Analysis by fund</b>									
Unrestricted funds	20,048	-	-	-	-	-	-	20,048	8,839
Restricted funds	-	8,126	3,603	8,033	1,228	166,464	22,988	210,442	83,002
	20,048	8,126	3,603	8,033	1,228	166,464	22,988	230,490	91,841

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5

Charitable activities

For the year ended 31 March 2023

	General activities	Mental Health	Ukraine Support	Bike scheme	ESOL Living Sport	Homes for Ukraine	Total 2023
	£	£	£	£	£	£	£
Staff costs	-	-	4,777	-	5,590	34,595	44,962
Homes for Ukraine costs	-	-	-	-	-	8,662	8,662
Homes for Ukraine hotel costs recharged	-	-	-	-	-	5,665	5,665
Courses for recipients	960	-	-	-	-	1,745	2,705
CCF Mental Health costs	-	3,732	-	-	-	-	3,732
Bikes and equipment	-	-	-	1,605	-	-	2,115
Other direct expenses	618	-	-	-	510	-	778
Office equipment expenditure	1,967	-	-	-	-	-	1,967
Items for recipients	-	-	-	-	-	1,541	1,541
Staff expenses	-	-	-	-	-	1,347	1,347
Volunteers expenses	746	-	-	-	-	-	746
General activities	1,675	-	-	-	-	-	1,675
Office expenses	920	-	-	-	-	-	920
Share of support costs (see note 6)	6,886	3,732	4,777	1,605	5,590	53,715	76,815
Share of governance costs (see note 6)	1,721	662	397	-	397	10,061	13,238
	232	89	53	-	54	1,360	1,788
	8,839	4,483	5,227	1,605	6,041	65,136	91,841
Analysis by fund							
Unrestricted funds	8,839	-	-	-	-	-	8,839
Restricted funds	-	4,483	5,227	1,605	6,041	65,136	83,002
	8,839	4,483	5,227	1,605	6,041	65,136	91,841

(Continued)

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 6 Support costs

	Support costs	Governance costs	2024	Support costs	Governance costs	2023
	£	£	£	£	£	£
Depreciation	1,116	-	1,116	-	-	-
Rent	5,830	-	5,830	5,830	-	5,830
Utilities	3,431	-	3,431	2,508	-	2,508
Insurance	607	-	607	248	-	248
Staff training	580	-	580	475	-	475
Entertainment	725	-	725	181	-	181
Interest paid	-	-	-	1	-	1
Advertising	159	-	159	234	-	234
Office costs	1,586	-	1,586	2,284	-	2,284
Subscriptions	1,345	-	1,345	732	-	732
Telephone and internet	627	-	627	745	-	745
Independent examiner's fees	-	1,572	1,572	-	1,788	1,788
	<u>16,006</u>	<u>1,572</u>	<u>17,578</u>	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>
Analysed between						
Charitable activities	<u>16,006</u>	<u>1,572</u>	<u>40,567</u>	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>

Governance costs includes payments to the independent examiners of £1,572 for independent examination fees.

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Homes for Ukraine befrienders and caseworkers	6	2
Languages tutors	1	1
Activities manager	1	1
Total	<u>8</u>	<u>4</u>



# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 8 Employees

(Continued)

Employment costs	2024 £	2023 £
Wages and salaries	144,403	44,631
Social security costs	5,965	-
Other pension costs	1,996	331
	<u>152,364</u>	<u>44,962</u>

There were no employees whose annual remuneration was more than £60,000.

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 10 Tangible fixed assets

	Computers £
<b>Cost</b>	
At 1 April 2023	1,903
Additions	3,677
	<u>5,580</u>
At 31 March 2024	
<b>Depreciation and impairment</b>	
Depreciation charged in the year	1,116
	<u>1,116</u>
At 31 March 2024	
<b>Carrying amount</b>	
At 31 March 2024	4,464
	<u>1,903</u>
At 31 March 2023	

### 11 Debtors

	2024 £	2023 £
<b>Amounts falling due within one year:</b>		
Trade debtors	29,831	33,054
Prepayments and accrued income	4,622	-
	<u>34,453</u>	<u>33,054</u>

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 12 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	4,452	1,067
Trade creditors	-	139
Other creditors	684	231
Accruals and deferred income	2,014	1,788
	<u>7,150</u>	<u>3,225</u>

#### 13 Retirement benefit schemes

##### Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £1,996 (2023 - £331).

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds		
	Income resources	Resources expended	Transfers	Balance at 1 April 2023	Income resources	Resources expended	Balance at 31 March 2024
	£	£	£	£	£	£	£
Mental Health Support	12,738	(4,483)	-	8,255	-	(8,127)	128
Ukraine Support	9,900	(5,227)	-	4,673	-	(3,602)	1,071
Bike scheme	1,000	(1,605)	605	-	-	-	-
English for Speakers of Other Languages	9,200	(6,041)	-	3,159	11,826	(8,033)	6,952
Living Sport	1,947	(510)	-	1,437	-	(1,228)	209
Homes for Ukraine	191,310	(65,136)	-	126,174	235,850	(166,464)	195,560
PCVS Wellbeing	-	-	-	-	9,244	(6,353)	2,891
East of England Local Government Association/ Strategic Migration Partnership	-	-	-	-	16,635	(16,635)	-
	<u>226,095</u>	<u>(83,002)</u>	<u>605</u>	<u>143,698</u>	<u>273,555</u>	<u>(210,442)</u>	<u>206,811</u>

# H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 14 Restricted funds

(Continued)

Mental Health Support - In October 2022 H.E.L.P. received £12,738 from Cambridgeshire Community Foundation's Harry Cureton Fund to support 24 refugees with wellbeing sessions, access to counselling and trauma occupational therapy sessions.

Ukraine Support - In February 2023 H.E.L.P. received £9,900 from Cambridgeshire Community Foundation's Red Cross Fund to support refugees from Ukraine with social activities and support.

English for Speakers of Other Languages - In July 2023 Peterborough City Council granted £11,826 of funds to support the provision of language tutors and learning books.

Living Sport - Living Sport have provided several grants to H.E.L.P. during the 2023 period end. The first grant was £500 towards the provision of bicycle helmets and locks alongside the PCC bicycle scheme. Further grants of £1,447 will support the charity in providing sports equipment for the activities provided by the charity for the community.

Homes for Ukraine - H.E.L.P. have received ongoing funding from Peterborough City Council to support refugees arriving in the council area under the Homes for Ukraine scheme in providing advice and assistance with housing and other social services.

PCVS Wellbeing - H.E.L.P. have received £4,622 for this fund with a further £4,622 to be received during the 2024 year end. This grant will help provide a well-being programme for refugees/asylum seekers and other disadvantaged service users.

East of England Local Government Association/Strategic Migration Partnership - The collaboration will coordinate and support delivery of regional programmes in asylum and refugee schemes as well as agreed regional and devolved migration priorities.

### 15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023
	£	£	£	£	£
Fund balances at 31 March 2024 are represented by:					
Tangible assets	4,464	-	4,464	1,903	1,903
Current assets/(liabilities)	28,600	206,811	235,411	20,724	164,422
	<u>33,064</u>	<u>206,811</u>	<u>239,875</u>	<u>22,627</u>	<u>166,325</u>

### 16 Related party transactions

There were no disclosable related party transactions during the year.