

H.E.L.P (HELPING EMPOWER LIVES IN PETERBOROUGH)

England & Wales · Charity number 1199149

Details

Status Registered

Legal form CIO

Registered 2022-05-31

Register [View on the Charity Commission register](#)

Contact

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Brightfield Business Hub
Bakewell Road
Orton Southgate
Peterborough
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Activities

Objects: THE OBJECTS OF THE CIO ARE:1) THE RELIEF OF FINANCIAL HARDSHIP OF THOSE GRANTED REFUGEE STATUS AND THOSE SEEKING ASYLUM IN THE UNITED KINGDOM AND IN PARTICULAR WITHIN PETERBOROUGH AND THE SURROUNDING AREAS, BY THE PROVISION OF ADVICE AND SUPPORT.2) TO RELIEVE POVERTY OR FINANCIAL HARDSHIP AMONG REFUGEES, ASYLUM SEEKERS, MIGRANT WORKERS AND THEIR DEPENDENTS LIVING IN AND AROUND PETERBOROUGH BY PROVIDING INTERPRETING, TRANSLATING, ADVOCACY AND HOUSING ADVICE.3) THE RELIEF OF FINANCIAL HARDSHIP AMONG PEOPLE LIVING OR WORKING IN AND AROUND PETERBOROUGH BY PROVIDING SUCH PERSONS WITH GOODS AND/OR SERVICES WHICH THEY COULD NOT OTHERWISE AFFORD THROUGH LACK OF MEANS.

Activities: We provide relief of financial hardship for refugees and asylum seekers within Peterborough and the surrounding areas, by the provision of advice and support, interpreting, translating and advocacy. Assist with the relief of financial hardship among people living or working in and around Peterborough by providing goods and/or services which they could not otherwise afford.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

Geography

- Cambridgeshire
- Lincolnshire
- Peterborough City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05		-	-	-
2024-04-05	£304,040	£230,490	-	-
2023-04-05	£258,166	£91,841	-	-

Trustees

Name	Role	Appointed
Kamila Mohammadi		2023-04-27
Mahmoud Eldogdog		2024-02-12
Mohammed Dhanji		2024-02-12
Sally Drake		2024-03-28

H.E.L.P (HELPING EMPOWER LIVES IN PETERBOROUGH)

England & Wales - Charity number 1199149

Accounts

Charity registration number 1199149

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	K Mohammadi S Drake M Dhanji L Booker B Aslam M Eldogdog T Kamphandira	(Appointed 27 April 2023) (Appointed 28 March 2024) (Appointed 12 February 2024) (Appointed 12 February 2024) (Appointed 12 February 2024) (Appointed 12 February 2024) (Appointed 12 February 2024)
Charity number	1199149	
Principal address	52 Ayres Drive Peterborough PE2 8JR	
Independent examiner	Price Bailey LLP 36 Tyndall Court Commerce Road Lynchwood Peterborough PE2 6LR	
Bankers	Metro Bank PLC	

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

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H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Our mission is to enable people living in Peterborough and surrounding areas, to be empowered and live happily, whatever their ethnicity, gender, sexuality, disabilities, political views or religion. We believe in equality, fairness and that every individual has the right to feel safe, supported and without struggles.

Our objectives are:

- The relief of financial hardship of those granted refugee status and those seeking asylum in the United Kingdom and in particular within Peterborough and the surrounding areas, by the provision of advice and support.
- To relieve poverty or financial hardship among refugees, asylum seekers, migrant workers and their dependents living in and around Peterborough by providing interpreting, translating, advocacy and housing advice.
- The relief of financial hardship among people living or working in and around Peterborough by providing such persons with goods and/or services which they could not otherwise afford through lack of means.

In our first year of operations the trustees and management have managed costs to ensure the sustainability of the charity's work during this crucial phase of initial establishment and growth. We have also been grateful for the very extensive contribution of volunteers and those who have provided services and facilities at no or greatly reduced charge. These together have enabled us to provide a full service to those the charity seeks to support, and indeed to exceed initial expectations, whilst maintaining a healthy financial position. The balance carried forward will enable us to sustain and continue to grow the level of service provided in the prospect of reduced funding. We will continue to develop our establishment as the work grows to ensure we can effectively and efficiently serve the local refugee and asylum seeker community.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

We have had another busy year of growth and organising many engaging community events and activities. We have a large and ever growing number of service users seeking our support and a strong and growing team of staff and volunteers. This year, we have again attended various community events giving out information, as well as attending job fairs and organising our own events such as a Halloween Party for families, Homes for Ukraine Host's events, Christmas Gift Giving Party and International Women's Day event, along with arts and sports activities for children during the school holidays and continuing to provide our popular sewing group and our football training. We have also engaged young people in cooking sessions and seen an increasing demand for our mental health services. Our continued growth means we are now needing to move to bigger premises to better serve the communities needing our support. This will mean increased opportunities for our service users, in terms of the services and facilities we can provide. Our team will continue to work hard providing essential services and opportunities for the community, including basic support with food, clothing, sim cards for data poverty and our popular bike scheme which has now seen over 300 bikes rehomed to those in need.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

The governing document of H.E.L.P. (Helping Empower Lives in Peterborough), a Charitable Incorporated Organisation (CIO) is a Foundation Model Constitution dated 31 May 2022.

The trustees who served during the year and up to the date of signature of the financial statements were:

B MacLellan	(Resigned 30 April 2023)
M Murray	(Resigned 30 April 2023)
L Bryant	(Resigned 31 August 2023)
R Booker-Macedo	(Resigned 22 February 2024)
Dr F A Bailey	(Resigned 11 December 2023)
Dr Z Almahmudi	(Resigned 22 June 2024)
K Mohammadi	(Appointed 27 April 2023)
S Drake	(Appointed 28 March 2024)
M Dhanji	(Appointed 12 February 2024)
L Booker	(Appointed 12 February 2024)
B Aslam	(Appointed 12 February 2024)
M Eldogdog	(Appointed 12 February 2024)
T Kamphandira	(Appointed 12 February 2024)

Trustees are recruited to ensure that the Charity has the necessary skills to set and monitor its strategic objectives and aims.

Trustees are encouraged to undertake training objectives to ensure that these skills are developed and that they understand their responsibilities.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The Board of Trustees are responsible for the strategic development of the Charity and meet at least quarterly. Day to day management is rested in the management team consisting of the office manager, out-reach manager and befriender manager.

The trustees' report was approved by the Board of Trustees.



M Dhanji
Trustee



M Eldogdog
Trustee

Date: 6 December 2024

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

I report to the trustees on my examination of the financial statements of H.E.L.P. (Helping Empower Lives in Peterborough) (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants In England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



K Hilliard FCCA ACA CTA
Institute of Chartered Accountants In England and Wales
Price Bailey LLP
36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
PE2 6LR

Dated: 6 December 2024

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<u>Income from:</u>							
Donations and legacies	3	16,985	-	16,985	32,071	-	32,071
Charitable activities	4	13,500	273,555	287,055	-	226,095	226,095
Total income		30,485	273,555	304,040	32,071	226,095	258,166
<u>Expenditure on:</u>							
Charitable activities	5	20,048	210,442	230,490	8,839	83,002	91,841
Gross transfers between funds		-	-	-	(605)	605	-
Net income for the year/ Net movement in funds		10,437	63,113	73,550	22,627	143,698	166,325
Fund balances at 1 April 2023		22,627	143,698	166,325	-	-	-
Fund balances at 31 March 2024		33,064	206,811	239,875	22,627	143,698	166,325

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

BALANCE SHEET

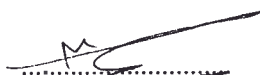
AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	10		4,464		1,903
Current assets					
Debtors	11	34,453		33,054	
Cash at bank and in hand		208,108		134,593	
		<u>242,561</u>		<u>167,647</u>	
Creditors: amounts falling due within one year	12	<u>(7,150)</u>		<u>(3,225)</u>	
Net current assets			<u>235,411</u>		<u>164,422</u>
Total assets less current liabilities			<u>239,875</u>		<u>166,325</u>
Income funds					
Restricted funds	14	206,811		143,698	
Unrestricted funds		33,064		22,627	
		<u>239,875</u>		<u>166,325</u>	

The financial statements were approved by the Trustees on 6/12/2024



M Dhanji
Trustee



M Eldegdog
Trustee

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

H.E.L.P. (Helping Empower Lives in Peterborough) is a Charitable Incorporated Organisation registered with the Charity Commission.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	20% on reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Donations and gifts	16,985	32,071

4 Charitable activities

	General activities	ESOL	Homes for Ukraine	Other	Total 2024	Total 2023
	2024	2024	2024	2024		
	£	£	£	£	£	£
Helping Empower Youth in Peterborough	13,500	-	-	-	13,500	-
Refugees and asylum seekers	-	11,826	235,850	-	247,676	226,095
Performance related grants	-	-	-	16,635	16,635	-
Community grants	-	-	-	9,244	9,244	-
	<u>13,500</u>	<u>11,826</u>	<u>235,850</u>	<u>25,879</u>	<u>287,055</u>	<u>226,095</u>
Analysis by fund						
Unrestricted funds	13,500	-	-	-	13,500	-
Restricted funds	-	11,826	235,850	25,879	273,555	226,095
	<u>13,500</u>	<u>11,826</u>	<u>235,850</u>	<u>25,879</u>	<u>287,055</u>	<u>226,095</u>

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities	(Continued)						
	Mental Health	Ukraine Support	Bike scheme	ESOL	Living Sport	Homes for Ukraine	Total 2023
	£	£	£	£	£	£	£
For the year ended 31 March 2023							
Refugees and asylum seekers	12,738	9,900	1,000	9,200	1,947	191,310	226,095
Analysis by fund	12,738	9,900	1,000	9,200	1,947	191,310	226,095
Restricted funds							

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Charitable activities	General activities		Mental Health		Ukraine Support		ESOL Living Sport & Bike Scheme		Homes for Ukraine		Other		Total	
	2024	£	2024	£	2024	£	2024	£	2024	£	2024	£	2024	£
Staff costs	10,330		4,309		3,076		7,506		131,455		19,220		175,896	44,962
Homes for Ukraine costs	-		-		-		-		8,064		-		8,064	8,662
Homes for Ukraine hotel costs recharged	-		-		-		-		4,629		-		4,629	5,665
Courses for recipients	-		-		-		-		800		-		800	2,705
CCF Mental Health costs	-		2,938		-		-		-		-		2,938	3,732
Bikes and equipment	-		-		-		1,228		-		-		1,228	2,115
Other direct expenses	-		-		-		-		250		3,768		4,018	778
Office equipment expenditure	858		-		-		-		963		-		1,821	1,967
Items for recipients	-		-		-		-		-		-		-	1,541
Staff expenses	-		-		-		-		-		-		-	1,347
Volunteers expenses	2,154		-		-		-		7,998		-		10,152	746
General activities	939		-		-		-		-		-		939	1,675
Office expenses	2,427		-		-		-		-		-		2,427	920
Share of support costs (see note 6)	16,708		7,247		3,076		7,506	1,228	154,159		22,988		212,912	76,815
Share of governance costs (see note 6)	3,041		800		480		480	-	11,205		-		16,006	13,238
	299		79		47		47	-	1,100		-		1,572	1,788
	20,048		8,126		3,603		8,033	1,228	166,464		22,988		230,490	91,841
Analysis by fund														
Unrestricted funds	20,048		-		-		-	-	-		-		-	8,839
Restricted funds	-		8,126		3,603		8,033	1,228	166,464		22,988		210,442	83,002
	20,048		8,126		3,603		8,033	1,228	166,464		22,988		230,490	91,841

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Charitable activities	(Continued)						
	General activities	Mental Health	Ukraine Support	Bike scheme	ESOL Living Sport	Homes for Ukraine	Total 2023
	£	£	£	£	£	£	£
For the year ended 31 March 2023							
Staff costs	-	-	4,777	-	5,590	34,595	44,962
Homes for Ukraine costs	-	-	-	-	-	8,662	8,662
Homes for Ukraine hotel costs recharged	-	-	-	-	-	5,665	5,665
Courses for recipients	960	-	-	-	-	1,745	2,705
CCF Mental Health costs	-	3,732	-	-	-	-	3,732
Bikes and equipment	-	-	-	1,605	-	-	2,115
Other direct expenses	618	-	-	-	-	160	778
Office equipment expenditure	1,967	-	-	-	-	-	1,967
Items for recipients	-	-	-	-	-	1,541	1,541
Staff expenses	-	-	-	-	-	1,347	1,347
Volunteers expenses	746	-	-	-	-	-	746
General activities	1,675	-	-	-	-	-	1,675
Office expenses	920	-	-	-	-	-	920
Share of support costs (see note 6)	6,886	3,732	4,777	1,605	5,590	53,715	76,815
Share of governance costs (see note 6)	1,721	662	397	-	397	10,061	13,238
	232	89	53	-	54	1,360	1,788
	8,839	4,483	5,227	1,605	6,041	65,136	91,841
Analysis by fund							
Unrestricted funds	8,839	-	-	-	-	-	8,839
Restricted funds	-	4,483	5,227	1,605	6,041	65,136	83,002
	8,839	4,483	5,227	1,605	6,041	65,136	91,841

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6	Support costs	Support costs	Governance costs	2024	Support costs	Governance costs	2023
		£	£	£	£	£	£
	Depreciation	1,116	-	1,116	-	-	-
	Rent	5,830	-	5,830	5,830	-	5,830
	Utilities	3,431	-	3,431	2,508	-	2,508
	Insurance	607	-	607	248	-	248
	Staff training	580	-	580	475	-	475
	Entertainment	725	-	725	181	-	181
	Interest paid	-	-	-	1	-	1
	Advertising	159	-	159	234	-	234
	Office costs	1,586	-	1,586	2,284	-	2,284
	Subscriptions	1,345	-	1,345	732	-	732
	Telephone and internet	627	-	627	745	-	745
	Independent examiner's fees	-	1,572	1,572	-	1,788	1,788
		<u>16,006</u>	<u>1,572</u>	<u>17,578</u>	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>
	Analysed between Charitable activities	<u>16,006</u>	<u>1,572</u>	<u>40,567</u>	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>

Governance costs includes payments to the independent examiners of £1,572 for independent examination fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Homes for Ukraine befrienders and caseworkers	6	2
Languages tutors	1	1
Activities manager	1	1
Total	<u>8</u>	<u>4</u>

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

8 Employees	(Continued)	
Employment costs	2024	2023
	£	£
Wages and salaries	144,403	44,631
Social security costs	5,965	-
Other pension costs	1,996	331
	<u>152,364</u>	<u>44,962</u>

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10 Tangible fixed assets

	Computers
	£
Cost	
At 1 April 2023	1,903
Additions	3,677
At 31 March 2024	<u>5,580</u>
Depreciation and impairment	
Depreciation charged in the year	1,116
At 31 March 2024	<u>1,116</u>
Carrying amount	
At 31 March 2024	<u>4,464</u>
At 31 March 2023	<u>1,903</u>

11 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Trade debtors	29,831	33,054
Prepayments and accrued income	4,622	-
	<u>34,453</u>	<u>33,054</u>

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

12 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	4,452	1,067
Trade creditors	-	139
Other creditors	684	231
Accruals and deferred income	2,014	1,788
	<u>7,150</u>	<u>3,225</u>

13 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £1,996 (2023 - £331).

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds		
	Income resources £	Resources expended £	Transfers £	Balance at 1 April 2023 £	Income resources £	Resources expended £	Balance at 31 March 2024 £
Mental Health Support	12,738	(4,483)	-	8,255	-	(8,127)	128
Ukraine Support	9,900	(5,227)	-	4,673	-	(3,602)	1,071
Bike scheme	1,000	(1,605)	605	-	-	-	-
English for Speakers of Other Languages	9,200	(6,041)	-	3,159	11,826	(8,033)	6,952
Living Sport	1,947	(510)	-	1,437	-	(1,228)	209
Homes for Ukraine	191,310	(65,136)	-	126,174	235,850	(166,464)	195,560
PCVS Wellbeing	-	-	-	-	9,244	(6,353)	2,891
East of England Local Government Association/ Strategic Migration Partnership	-	-	-	-	16,635	(16,635)	-
	<u>226,095</u>	<u>(83,002)</u>	<u>605</u>	<u>143,698</u>	<u>273,555</u>	<u>(210,442)</u>	<u>206,811</u>

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Restricted funds

(Continued)

Mental Health Support - In October 2022 H.E.L.P. received £12,738 from Cambridgeshire Community Foundation's Harry Cureton Fund to support 24 refugees with wellbeing sessions, access to counselling and trauma occupational therapy sessions.

Ukraine Support - In February 2023 H.E.L.P. received £9,900 from Cambridgeshire Community Foundation's Red Cross Fund to support refugees from Ukraine with social activities and support.

English for Speakers of Other Languages - In July 2023 Peterborough City Council granted £11,826 of funds to support the provision of language tutors and learning books.

Living Sport - Living Sport have provided several grants to H.E.L.P. during the 2023 period end. The first grant was £500 towards the provision of bicycle helmets and locks alongside the PCC bicycle scheme. Further grants of £1,447 will support the charity in providing sports equipment for the activities provided by the charity for the community.

Homes for Ukraine - H.E.L.P. have received ongoing funding from Peterborough City Council to support refugees arriving in the council area under the Homes for Ukraine scheme in providing advice and assistance with housing and other social services.

PCVS Wellbeing - H.E.L.P. have received £4,622 for this fund with a further £4,622 to be received during the 2024 year end. This grant will help provide a well-being programme for refugees/asylum seekers and other disadvantaged service users.

East of England Local Government Association/Strategic Migration Partnership - The collaboration will coordinate and support delivery of regional programmes in asylum and refugee schemes as well as agreed regional and devolved migration priorities.

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Fund balances at 31 March 2024 are represented by:						
Tangible assets	4,464	-	4,464	1,903	-	1,903
Current assets/(liabilities)	28,600	206,811	235,411	20,724	143,698	164,422
	<u>33,064</u>	<u>206,811</u>	<u>239,875</u>	<u>22,627</u>	<u>143,698</u>	<u>166,325</u>

16 Related party transactions

There were no disclosable related party transactions during the year.

H.E.L.P (HELPING EMPOWER LIVES IN PETERBOROUGH)

England & Wales - Charity number 1199149

Accounts

H.E.L.P

Helping Empower Lives in Peterborough



April
2022-23

1st

ANNUAL REPORT

Helping Empower Lives in Peterborough



www.helpcharity.org.uk

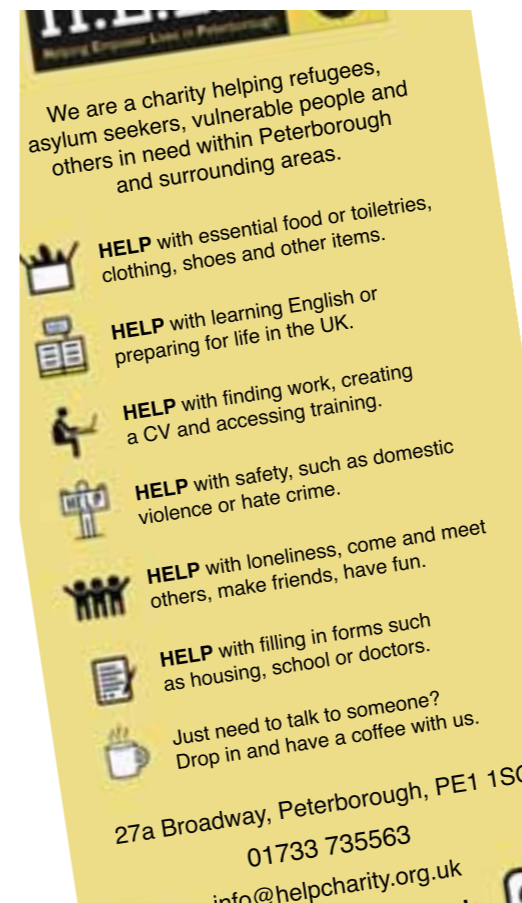
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A message from the Chairman

I would like to welcome you from myself and all of the trustees to our first Annual report, it gives us great pleasure to introduce you to the team and to show you what the team has managed to achieve in our first year and we look forward to continuing to support our service users and exploring new ways of supporting people in need.

We also would like to thank everyone who has supported us in our 1st year, your support is very much appreciated!



Charity Information

H.E.L.P (Helping Empower Lives in Peterborough)

Charity Registration Number: 1199149
Registered in England and Wales
VAT Registration Number: 433 8863 69

Office Address:
27a Broadway, Peterborough PE1 1SQ
Tel: 01733 735563
Website: www.helpcharity.org.uk
Email: info@helpcharity.org.uk
Find us on Facebook : Helpcharityteam

Board of Trustees:

Mark Murray - Chair
Rebecca MacLellan
Rose Booker-Macedo
Lauren Bryant
Dr. Zohra Almahmudi
Dr. Francis Bailey

Independent Examiner:

Stephenson Smart Chartered Accountants
36 Tyndall Court, Commerce Road,
Lynchwood, Peterborough,
Cambridgeshire PE2 6LR

Senior Management Team:

Mark Murray - Office Manager
Rebecca MacLellan - Outreach Manager
Engy Morsy - Project Manager

The team



Mark Murray
Co-Founder and
Office Manager



Beckie MacLellan
Co-Founder and
Outreach Manager



Engy Morsy
Co-Founder and
Projects Manager



Ola Elsabbagh
Activities Manager



**Oksana
Suprunenko**
Caseworker



Ksenia Tytyuk
Caseworker



Inna Gorobets
ESOL Tutor

Volunteers and other supporters

We would also like to thank our volunteers and other people who have worked hard behind the scenes during the past year, we are grateful for your assistance and appreciate your hard work.

Thank you!

A few words...



Since our start, opening our doors in April 2022, we have been much busier than we expected, this shows the urgent need for our services and the support that the people of Peterborough need, we aim to provide an tailored service to suit the individual, as we know that everyone's needs are different, we look forward to supporting our service users in the the year ahead.



It was a busy year welcoming our Ukrainian refugees through the HFU scheme, who left behind all they know and love after war stricken and impoverished their country. We are here to make the transition from their country to the UK smoother, starting with welcome visits and welcome pack, orientation and then ESOL, education on how life and systems work in the UK.



We have had a busy year with plenty of events and activities. Attending spring and summer events giving out information, as well as attending various job fairs and organising our own events such as a Halloween Party, Christmas Party and International Womens Day event, along with sports activities for the children during the school holidays, lots more activities are planned for the year ahead!

What we do and who we help...

We are a charity helping refugees, asylum seekers, vulnerable people and others in need within Peterborough and the surrounding areas.

Various areas including...

-  HELP with essential food or toiletries, clothing, shoes and other items
-  HELP with learning English or preparing for life in the UK.
-  HELP with finding work, creating a CV and accessing training.
-  HELP with safety, such as domestic violence or hate crime.
-  HELP with loneliness, come and meet others, make friends, have fun.
-  HELP with filling in forms, such as housing, schools or doctors.
-  Just need to talk to someone? Drop in and have a coffee with us..

Aims & Objectives

To assist people to build links and integrate with the people living in and around Peterborough, by providing various activities and services, as well as providing advice and support across a range of areas, including advocacy, interpreting and translation, CV help and employment support, DWP assistance and training courses. We aim to make life easier for people who have little or no support.

Vision

Ethnic minorities, Refugees and asylum seekers and all other disadvantaged citizens are given the assistance and guidance that they require to build strong links and skills within the community and promoting integration amongst citizens.

Homes for Ukraine



Ukrainian refugee support

We are very proud to have been chosen by Peterborough City Council to run the Homes For Ukraine scheme, to help Ukrainian refugees that have been displaced during the war...

We are here to provide assistance and support to the guests covering various areas, such as orientation, form filling, learning support as well as working with them to guide them through any other issues that they may encounter whilst in the UK.

The hosts are also supported with any queries that they may have. We provide events throughout the year, helping the guests to integrate into the community.



H.E.L.P.
Helping Empower Lives in Peterborough

HFU Host Events

Support, feedback, information...

About Us
H.E.L.P. are a registered charity based in Peterborough, who are responsible for supporting Ukrainians on the 'Homes for Ukraine' scheme, on behalf of Peterborough City Council.

Where & When
St. Mary's Church Hall,
New Road, PE1 1TT
6-8pm on Tues 8th November
6-8pm on Tues 13th December

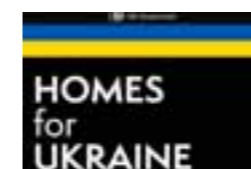
Why do I need to come?

- Get information about supporting your Ukrainian guests
- Advice for tricky issues
- Opportunity to give feedback
- Speak to H.E.L.P. team and Peterborough City Council
- Refreshments

Contact Us

- 01733 735563
- info@helpcharity.org.uk
- www.helpcharity.org.uk
- facebook.com/HelpCharityTeam
- 27a Broadway, Peterborough, PE1 1SQ

Lucy (HFU Host) - "Friendly, helpful and committed staff whose care and attention have been excellent. Extremely impressive for such a new organisation".



Statistics

HOW WE HAVE HELPED, SO FAR...



Asylum support across different hotels - we have assisted with a wide variety of items and other things, depending on the needs of the people, including clothing, shoes, mobile phone SIM cards, mental health support, general advice, food, pushchairs, childrens toys and furniture for hotel play room, bikes with helmets and locks, kids activities, football sessions and date fruits for Ramadam.



Funders and Supporters



We would also like to acknowledge the large number of individuals who have supported us in many different ways, financial or otherwise, during our first year, your support has been hugely important to us.



and other organisations that we work with...

We are always happy to connect with other organisations and improve the range of services available to our service users through partner organisations - please get in touch if you think that we can offer support in any way.



ESOL

Hi, my name is Inna Gorobets and I'm an ESOL tutor at H.E.L.P.

I've moved to the UK escaping the war in Ukraine. Being a refugee myself I realise how important it is to learn English and start a new life here in the UK.

Our lessons are always fun, useful and aimed at developing learners' speaking skills in order to communicate their needs in everyday life, find a job and be able to live their lives fully. I am happy to be part of H.E.L.P team and make a difference to people through delivering ESOL lessons.



Bikes donated to our service users...

To date we have given out over 115 bikes to those in need of an affordable mode of transport for work or college and for children to get out and active. Here are some of the bikes that have been provided. Thank you to our volunteers who have helped with checking and repairing the bikes, including Tim Drake, Andy MacLellan and Ray Murray.



We would like to say a BIG THANK YOU to everyone who has donated bikes and other items to help people in need.



Tim Drake

M: 0787116660
E: timdrake135@gmail.com

Bike & Handyman Services

From bicycle repairs/ servicing to jobs around the house/ garden

Facebook - Timdrakebikesandhandymanservices

March 2023

International Womens Day

Our International Woman's Day event was a great success with lots of guests and plenty of delicious food and fabulous entertainment along with the photo booth that was great fun.



Art Therapy Sessions

We ran a series of Art therapy sessions for 12 weeks, in conjunction with CEAAC. We also offered one-to-one counselling with qualified counsellors Tessa & Shubina. We continue to offer wellbeing sessions on Wednesdays for the coming year.

Twenty nine service users were referred or self-referred to the program, included men and women, from Ukraine, Egypt, Cameroon, Pakistan, Afghanistan, Sudan and Kurdistan.

We received great feedback from participants and referring organisations, who saw a big positive change in their service users.

Here is one of the participants' feedback: *"I have been having a one-to-one counselling session with Shubina, a counsellor at H.E.L.P charity for more than five months, and I had my last session on Friday, 14th July 2023. Initially, I was very depressed and anxious, worried about what life holds for me in this new country. Shubina has really helped me in taking back control of my life and feeling more confident about myself. I am very grateful to H.E.L.P charity for their support."* - A



Refugee Week Goodie Bag Giveaway

Lots of nice items were included in our Goodie Bags, with lots of happy visitors to our office to collect them, we are pleased to be able to provide something that will brighten their day.

It's important to us that we help all refugees integrate into the community and fulfil their potential in whichever area they choose, by continuing to support in this way, we can build a stronger and more diverse community.



Work experience student...

We were delighted to be able to support a student on Work Experience who was a real pleasure to work with, she was a very fast learner, very pleasant to have in the office and her translation skills proved really valuable in helping to assist a homeless service user to secure accommodation. This was a fabulous outcome and the H.E.L.P. Team wish the student all best wishes for the future!

German A-Level Students Visit H.E.L.P

After being approached by tutors of German A-Level students, we hosted a Q&A session on a Saturday morning to help them with their studies in preparation for their oral exams a few weeks after the visit. Their set topic was 'The Ambiguity of Belonging' and a lot of areas were covered, such as identity, family, friendships, religion, class, migration and race. There were lots of interesting questions and we were pleased to offer an insight from our perspective.



Listening campaign



We are proud to be member of Peterborough Citizens, this enables us to collectively work together with other likeminded organisations in the area and affect change through joint efforts...



Scam awareness session

Staying safe online is really important, that's why we were delighted to be able to offer a scam awareness free information session about avoiding the latest scams. There were some really useful tips provided to protect yourself and your data from being stolen and misused.



Top Tips-what can you do to protect yourself and others?

- 1 Never disclose security details
- 2 Don't assume everyone is genuine
- 3 Don't be rushed.
- 4 Listen to your instincts.
- 5 stay in control

Eid in the Park - 2022

We were delighted to be able to attend Eid in the park, this important celebration was a joy to attend with lots of people and it was a very welcoming day.

The weather was kind which led to plenty of picnics in the park and a very relaxing atmosphere after the praying had concluded.



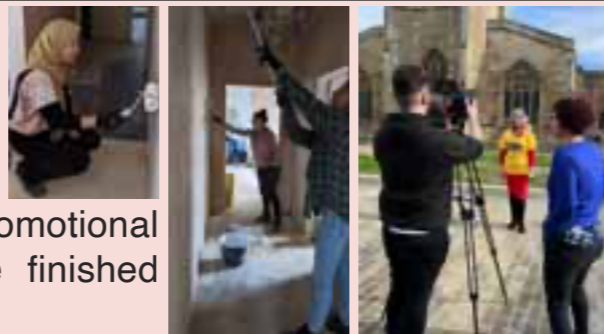
Ladies Yoga Sessions

Yoga sessions have been very well received and have encourage new friendships between the ladies attending, The Quaker House is a great location, very peaceful and with a calming atmosphere which is perfect for the Yoga classes. There is also a great garden which is worth a visit.



Painting

We are proud to be working with Leeds Building Society to support Ukraine refugee's, this included assisting with painting the rooms, promotional videos and finding suitable tenants for the finished accommodation.



Sports in the Park



During the school holidays, we ran various sports activity sessions in the park and also in a large hall, the sessions were very much enjoyed by the children with the big parachute being very popular, it was great fun for all involved.



Millfield Festival

Ferry Meadows

Peterborough Presents

We were delighted to be part of the festival, running art activities which included painting musical instruments and also raising awareness of our work and vital funds. We also gave away goodie bags and did some henna tattoos.

It was a great event and fun was had by everyone who took part, there were plenty of different stands and organisations in attendance. We look forward to taking part again next year!



A fun filled time was had by all at the Peterborough Presents Event held in May at Ferry Meadows Nene Park. The weather was fantastic and there were lots of activities for all to do, including lots of entertainment to keep the children occupied. We are already looking forward to next year's event!



Sewing Group

Our popular sewing group runs every week, led by Fatma who is very skilled and teaches our guests how to make some wonderful items.



24th February 2023

Ukrainian Vigil

The H.E.L.P Team was proud to support the Ukrainian vigil to mark 1 year since the start of the war - we stand with Ukraine against war. The Sewing group was delighted to have made the 25 meter flag for the event.



Halloween Party

Lots of fun was had by all during the 1st H.E.L.P Halloween Party, there was food and films, face painting and lots of activities to keep everyone busy. There were some fabulous costumes and it was a great event with lots of happy children!



Xmas Gift Appeal

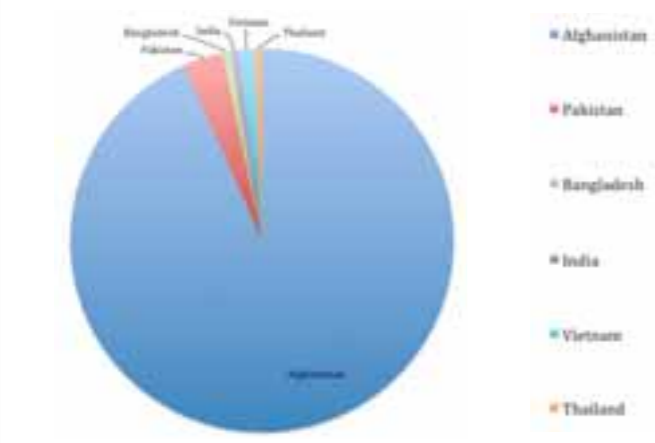
The H.E.L.P Xmas Gift Appeal was a huge success, with the very kind support of various organisation, companies and people, a large number of gifts were provided to people who would have otherwise been unable to celebrate the festive holidays with gifts.

A massive thank you goes out to everyone who has supported us by donating, your kindness and generosity really has made a big difference to peoples lives. Also to the volunteers from the USAF and Prince's Trust who gave their time to wrap, decorate and all the other jobs that they completed for us.

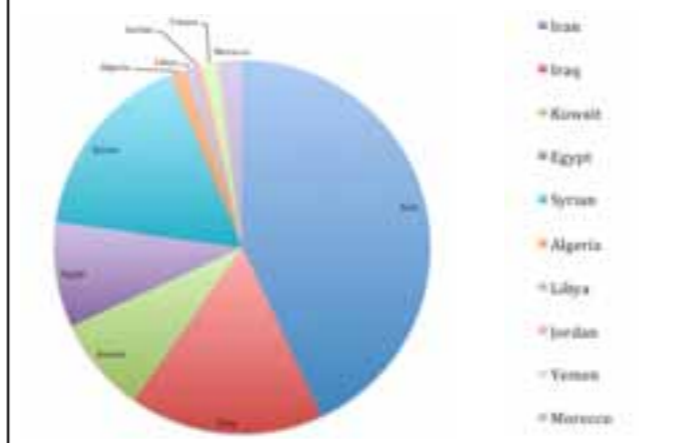


Service User Statistics, Case Studies and Feedback

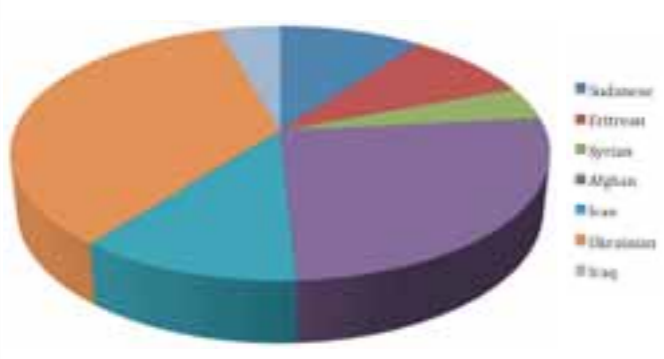
H.E.L.P Service Users from Asian Countries



H.E.L.P Service Users from Arabic Countries



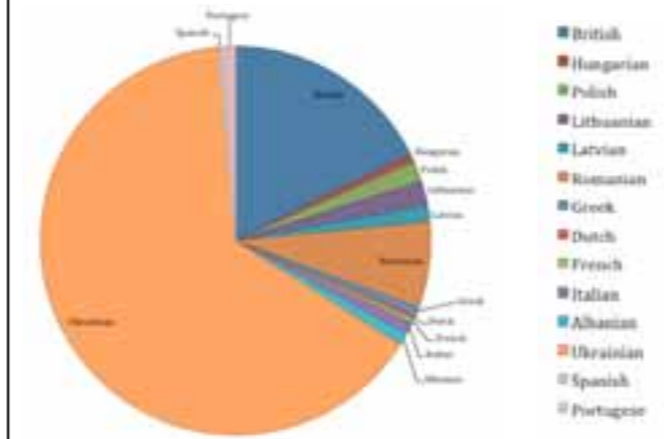
Most common Refugee Nationalities we support



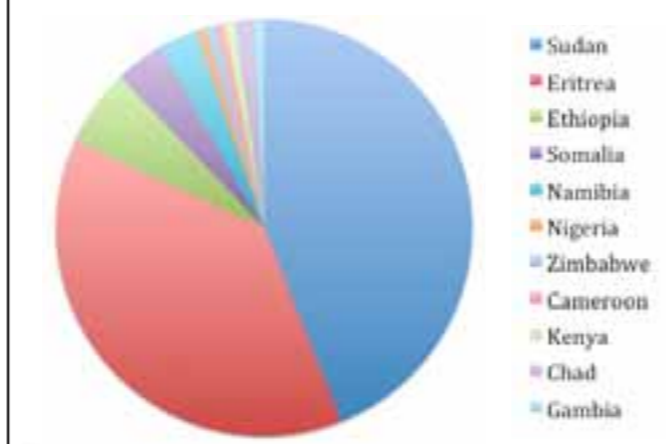
Ukrainian26.17%	Polish0.69%	Bangladeshi0.14%
Afghanistan ..19.28%	Somalian0.69%	Netherlands0.14%
Iran.....8.54%	Kurdish0.55%	Gambian.....0.14%
Sudanese.....7.99%	Namabia.....0.55%	Indian0.14%
Eritrean.....6.89%	Latvian.....0.55%	Spanish0.14%
White British ..5.37%	Potrugese0.41%	French0.14%
Syrian.....3.31%	Italian0.41%	Brazilian.....0.14%
Iraq3.31%	Albania0.41%	Nigerian.....0.14%
Romanian2.89%	Morocco.....0.41%	Zimbabwe0.14%
BAME British ..1.79%	Yemen0.28%	Cameroonian..0.14%
Egyptian1.79%	Vietnam0.28%	Kenya0.14%
Kuwait.....1.65%	Chad0.28%	Mexican0.14%
Ethopian.....1.10%	Algerian0.28%	Libyan0.14%
Lithuanian0.83%	Greek0.28%	Jordan.....0.14%
Pakistani0.69%	Hungarian.....0.28%	Thailand.....0.14%

D - "They have helped me with a loan computer which has helped me study and learn English. Great charity and friendly staff." (From Iran)

H.E.L.P Service Users from European Countries



H.E.L.P Service Users from African Countries



M - "My son doesn't speak much but when we went somewhere else for help, he was signing a hand in a hand like your logo, he wanted to come to your office." (From Afghanistan)

S (Iranian) - He joined our Football sessions and was an excellent player as he had played semi-professionally in Iran. He has become the team captain and co-ordinates the communication with the players. We also gave him a bike and lock to keep it safe. When Anitya (Metal Peterborough) approached us about being involved in 'Project O' a performance about refugee experiences, S came along to be interviewed about his story, for the research.

L (Romanian) - She is a single mum to 2 small children, with no income, we helped her with a Universal Credit application, but she had problems with accessing benefits due to EUSS status. She lives in an illegal tenancy (1 room), struggling for food and living costs. We have issued food bank vouchers regularly and given some foods from our store of donations. We have also helped with toiletries and regularly give her clothes for the children as they grow out of things. At Christmas we gave the children some presents and some Christmas decorations to make their space more festive.

H.W (Eritrean) - We have helped him with shoes, trousers and a Vodafone sim card to keep in touch with his loved ones. We took him a bike and lock, so that he and his friend, can get around within the town he is temporarily housed in. He has also recently received a loan laptop from us so that he can access English learning online.

H (Egyptian) - He was referred by the Red Cross to us for some support with mental health as he was feeling low and isolated. We also helped him with a Vodafone Sim card and a Primark voucher (donated by the Quakers) for clothing and an armchair for his rented room. He had several weeks of 1 to 1 counselling with our professional counsellor Tessa and he attends the creative wellbeing sessions with us weekly. We have also supported him with learning knitting as a hobby and issued him a donated bike when his previous bike was stolen. Once he received permission to work, we helped with writing a CV.

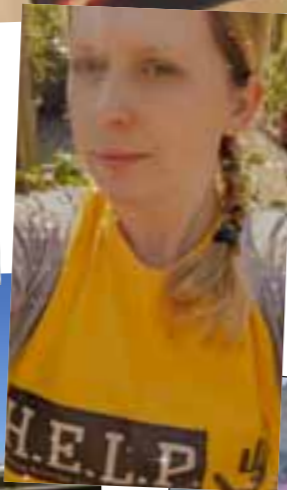
"I don't feel like a stranger here" - K

Becky Dunn - "I think H.E.L.P are a fantastic charity. I work for a social care company supporting teenagers in care and H.E.L.P have been really helpful with sourcing a bike for one of our young people and potentially a second for another. This has really made a difference to their lives and improved their independence."

H - "Help is a very helpful place, and people there they are wonderful people to contact with and they are help you as much they can do" (From Egypt)

G - "It is wonderful that there is such an organization as H.E.L.P in the city, there are good workers who help people, thank you very much for your help, today we also had an event, we were given bicycles, for which THANK YOU again!!!" (From Ukraine)

Галина - "Thank you very much for your help and support. When I came to Peterborough with my children, we knew nothing and had nothing. Thanks to your team, we arranged our lives, learned a lot of interesting things about your city, about the people who live here, and received support and help that we really needed. We can also save our time because now we have a bicycle to get to the right place faster. Thank you very much, it is priceless for us." (From Ukraine)



THANK YOU!

To our supporters

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Charity registration number 1199149

**H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2023**

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Bryant R Booker-Macedo Dr F A Bailey Dr Z Almahmudi K Mohammadi	(Appointed 31 May 2022) (Appointed 31 May 2022) (Appointed 2 December 2022) (Appointed 2 December 2022) (Appointed 27 April 2023)
Charity number	1199149	
Principal address	27a Broadway Peterborough PE1 1SQ	
Independent examiner	Stephenson Smart & Co 36 Tyndall Court Commerce Road Lynch Wood Peterborough PE2 6LR	
Bankers	Metro Bank PLC	

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

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H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

TRUSTEES' REPORT

FOR THE PERIOD ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the period ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Our mission is to enable people living in Peterborough and surrounding areas, to be empowered and live happily, whatever their ethnicity, gender, sexuality, disabilities, political views or religion. We believe in equality, fairness and that every individual has the right to feel safe, supported and without struggles.

Our objectives are:

- The relief of financial hardship of those granted refugee status and those seeking asylum in the United Kingdom and in particular within Peterborough and the surrounding areas, by the provision of advice and support.
- To relieve poverty or financial hardship among refugees, asylum seekers, migrant workers and their dependents living in and around Peterborough by providing interpreting, translating, advocacy and housing advice.
- The relief of financial hardship among people living or working in and around Peterborough by providing such persons with goods and/or services which they could not otherwise afford through lack of means.

In our first year of operations the trustees and management have managed costs to ensure the sustainability of the charity's work during this crucial phase of initial establishment and growth. We have also been grateful for the very extensive contribution of volunteers and those who have provided services and facilities at no or greatly reduced charge. These together have enabled us to provide a full service to those the charity seeks to support, and indeed to exceed initial expectations, whilst maintaining a healthy financial position. The balance carried forward will enable us to sustain and continue to grow the level of service provided in the prospect of reduced funding. We will continue to develop our establishment as the work grows to ensure we can effectively and efficiently serve the local refugee and asylum seeker community.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

We have had a busy year with plenty of events and activities. This has superseded our expectations with the successful establishment of the charity and especially of how much the activity and number of users has grown in such a short amount of time. We attended various spring and summer events giving out information, as well as attending job fairs and organising our own events such as Halloween Party, Christmas Party and International Women's Day event, along with plenty of sports activities for the children during the school holidays. Selected by PCC to run the Homes For Ukraine Scheme, this has seen our service users grow and through a variety of social media and word of mouth, our numbers have rapidly increased. This is obviously good for the charity, but also comes with its own set of challenges, such as lack of space to do all of the things that we would like to do. However the team continues to work hard and look for all opportunities that will benefit our service users, with over 115 push bikes given out within our first year alone along with countless food parcels, clothes, toiletries, household items and many other things to support the local community.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the period.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

Structure, governance and management

The governing document of H.E.L.P. (Helping Empower Lives in Peterborough), a Charitable Incorporated Organisation (CIO) is a Foundation Model Constitution dated 31 May 2022.

The trustees who served during the period and up to the date of signature of the financial statements were:

B MacLellan	(Appointed 31 May 2022 and resigned 27 April 2023)
M Murray	(Appointed 31 May 2022 and resigned 27 April 2023)
L Bryant	(Appointed 31 May 2022)
R Booker-Macedo	(Appointed 31 May 2022)
Dr F A Bailey	(Appointed 2 December 2022)
Dr Z Almahmudi	(Appointed 2 December 2022)
K Mohammadi	(Appointed 27 April 2023)

Trustees are recruited to ensure that the Charity has the necessary skills to set and monitor its strategic objectives and aims.

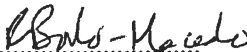
Trustees are encouraged to undertake training objectives to ensure that these skills are developed and that they understand their responsibilities.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The Board of Trustees are responsible for the strategic development of the Charity and meet at least quarterly. Day to day management is rested in the management team consisting of the office manager, out-reach manager and befriender manager.

The trustees' report was approved by the Board of Trustees.


.....

R Booker-Macedo
Trustee


.....

K Mohammadi
Trustee

Date: 08/08/23

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

I report to the trustees on my examination of the financial statements of H.E.L.P. (Helping Empower Lives in Peterborough) (the charity) for the period ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants In England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



K Hilliard FCCA ACA CTA

Institute of Chartered Accountants In England and Wales

36 Tyndall Court

Commerce Road

Lynch Wood

Peterborough

PE2 6LR

Dated: 7/9/23

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<u>Income from:</u>				
Donations and legacies	3	32,071	-	32,071
Charitable activities	4	-	226,095	226,095
Total income		32,071	226,095	258,166
<u>Expenditure on:</u>				
Charitable activities	5	8,839	83,002	91,841
Net incoming resources before transfers		23,232	143,093	166,325
Gross transfers between funds		(605)	605	-
Net income for the period/ Net movement in funds		22,627	143,698	166,325
Fund balances at 31 May 2022		-	-	-
Fund balances at 31 March 2023		22,627	143,698	166,325

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derive from continuing activities.

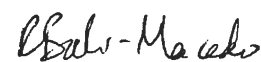
H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£
Fixed assets			
Tangible assets	9		1,903
Current assets			
Debtors	10	33,054	
Cash at bank and in hand		134,593	
		<u>167,647</u>	
Creditors: amounts falling due within one year	11	<u>(3,225)</u>	
Net current assets			<u>164,422</u>
Total assets less current liabilities			<u>166,325</u>
Income funds			
Restricted funds	13		143,698
Unrestricted funds			<u>22,627</u>
			<u>166,325</u>

The financial statements were approved by the Trustees on 08/08/2023


.....
R Booker-Macedo
Trustee


.....
K Mohammadi
Trustee

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 MARCH 2023

1 Accounting policies

Charity information

H.E.L.P. (Helping Empower Lives in Peterborough) is a Charitable Incorporated Organisation registered with the Charity Commission on 31 May 2022.

1.1 Reporting period

The period ended 31 March 2023 reflects a short period from the date of registration on 31 May 2022.

1.2 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.3 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.5 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.7 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

1.8 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	20% on reducing balance
-----------	-------------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.9 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds
	2023 £
Donations and gifts	32,071

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

4 Charitable activities

	Mental Health 2023	Ukraine Support 2023	Bike scheme 2023	ESOL 2023	Living Sport 2023	Homes for Ukraine 2023	Total 2023
	£	£	£	£	£	£	£
Refugees and asylum seekers	12,738	9,900	1,000	9,200	1,947	191,310	226,095

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

5 Charitable activities	General activities	Mental Health	Ukraine Support	Bike scheme	ESOL Living Sport	Homes for Ukraine	Total 2023
	2023 £	2023 £	2023 £	2023 £	2023 £	2023 £	2023 £
Staff costs	-	-	4,777	-	5,590	34,595	44,962
Homes for Ukraine costs	-	-	-	-	-	8,662	8,662
Homes for Ukraine hotel costs recharged	-	-	-	-	-	5,665	5,665
Courses for recipients	960	-	-	-	-	1,745	2,705
CCF Mental Health costs	-	3,732	-	-	-	-	3,732
Bikes and equipment	-	-	-	1,605	-	-	2,115
Other direct expenses	618	-	-	-	-	160	778
Office equipment expenditure	1,967	-	-	-	-	-	1,967
Items for recipients	-	-	-	-	-	1,541	1,541
Staff expenses	-	-	-	-	-	1,347	1,347
Volunteers expenses	746	-	-	-	-	-	746
General activities	1,675	-	-	-	-	-	1,675
Office expenses	920	-	-	-	-	-	920
Share of support costs (see note 6)	6,886	3,732	4,777	1,605	5,590	53,715	76,815
Share of governance costs (see note 6)	1,721	662	397	-	397	10,061	13,238
	232	89	53	-	54	1,360	1,788
	8,839	4,483	5,227	1,605	6,041	65,136	91,841
Analysis by fund							
Unrestricted funds	8,839	-	-	-	-	-	8,839
Restricted funds	-	4,483	5,227	1,605	6,041	65,136	83,002
	8,839	4,483	5,227	1,605	6,041	65,136	91,841

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

6 Support costs

	Support costs	Governance costs	2023
	£	£	£
Rent	5,830	-	5,830
Utilities	2,508	-	2,508
Insurance	248	-	248
Staff training	475	-	475
Entertainment	181	-	181
Interest paid	1	-	1
Advertising	234	-	234
Office costs	2,284	-	2,284
Subscriptions	732	-	732
Telephone and internet	745	-	745
Independent examiner's fees	-	1,788	1,788
	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>
Analysed between Charitable activities	<u>13,238</u>	<u>1,788</u>	<u>15,026</u>

Governance costs includes payments to the independent examiners of £1,788 for independent examination fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period.

8 Employees

The average monthly number of employees during the period was:

	2023 Number
Homes for Ukraine befrienders and caseworkers	2
Languages tutors	1
Activities manager	1
Total	<u>4</u>

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

8	Employees	(Continued)
	Employment costs	2023
		£
	Wages and salaries	44,631
	Other pension costs	331
		<u>44,962</u>

There were no employees whose annual remuneration was more than £60,000.

9	Tangible fixed assets	Computers
	Cost	£
	Additions	1,903
	At 31 March 2023	<u>1,903</u>
	Carrying amount	
	At 31 March 2023	<u>1,903</u>

10	Debtors	2023
	Amounts falling due within one year:	£
	Trade debtors	33,054

11	Creditors: amounts falling due within one year	2023
		£
	Other taxation and social security	1,067
	Trade creditors	139
	Other creditors	231
	Accruals and deferred income	1,788
		<u>3,225</u>

12 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £331.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds			
	Incoming resources	Balance at 31 May 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£	£
Mental Health Support	-	-	12,738	(4,483)	-	8,255
Ukraine Support	-	-	9,900	(5,227)	-	4,673
Bike scheme	-	-	1,000	(1,605)	605	-
English for Speakers of Other Languages	-	-	9,200	(6,041)	-	3,159
Living Sport	-	-	1,947	(510)	-	1,437
Homes for Ukraine	-	-	191,310	(65,136)	-	126,174
	<u>-</u>	<u>-</u>	<u>226,095</u>	<u>(83,002)</u>	<u>605</u>	<u>143,698</u>

Mental Health Support - In October 2022 H.E.L.P. received £12,738 from Cambridgeshire Community Foundation's Harry Cureton Fund to support 24 refugees with wellbeing sessions, access to counselling and trauma occupational therapy sessions.

Ukraine Support - In February 2023 H.E.L.P. received £9,900 from Cambridgeshire Community Foundation's Red Cross Fund to support refugees from Ukraine with social activities and support.

Bike scheme - In September 2022 Peterborough City Council granted £1,000 of support to H.E.L.P. for the provision of bicycles and accessories to the community.

English for Speakers of Other Languages - In November 2022 Peterborough City Council granted £9,200 of funds to support the provision of language tutors and learning books.

Living Sport - Living Sport have provided several grants to H.E.L.P. this year. The first grant was £500 towards the provision of bicycle helmets and locks alongside the PCC bicycle scheme. Further grants of £1,447 will support the charity in providing sports equipment for the activities provided by the charity for the community.

Homes for Ukraine - H.E.L.P. have received ongoing funding from Peterborough City Council to support refugees arriving in the council area under the Homes for Ukraine scheme in providing advice and assistance with housing and other social services.

H.E.L.P. (HELPING EMPOWER LIVES IN PETERBOROUGH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2023

14 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible assets	1,903	-	1,903
Current assets/(liabilities)	20,724	143,698	164,422
	<u>22,627</u>	<u>143,698</u>	<u>166,325</u>

15 Related party transactions

There were no disclosable related party transactions during the period.