

REGISTERED COMPANY NUMBER: 11231381 (England and Wales)
REGISTERED CHARITY NUMBER: 1199147

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st March 2023
for
Herongate Fitness & Wellbeing

Herongate Fitness & Wellbeing

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Report of the Trustees for the Year Ended 31st March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Charitable objectives

The objectives of the Charity are, for the public benefit:

- to provide or assist in the provision of facilities and services for recreation or other leisure-time occupation in the interests of social welfare, such facilities and services being provided to the public at large or to persons who have need of the facilities because of their youth, age, infirmity or disability, poverty or social or economic circumstances; and
- the promotion and protection of good health including through community participation in healthy recreation.

The Charity provides the local community of Hungerford and the surrounding area with high-quality facilities and services for healthy recreation and leisure-time occupation in the interests of social welfare at an affordable price.

The Charity aims to encourage members of the local community to come together and find common interests, to create a social atmosphere that provides a way to enhance beneficiaries' health and general outlook on life.

The trustees endeavour to use their experience to support and help others in the areas that the Charity covers.

Our aims

The trustees meet regularly to discuss the charitable activities being undertaken and assess whether and to what extent these are furthering the Charity's objects. The trustees work in partnership with the Charity's leadership team to ensure a positive working environment that nurtures ideas and suggestions at all levels.

The trustees set the Charity's strategy and its aims for the forthcoming year on an annual basis, considering how successful the Charity's key activities have been and how the Charity can most effectively further its objectives.

The activities of the Charity are set out in further detail in this Report. The Charity, being only recently registered in May 2022, is making great progress and has developed a good community working relationship. The Charity is working hard to identify and support local people, charities and small businesses that help the community while providing excellent local facilities.

Report of the Trustees for the Year Ended 31st March 2023

OBJECTIVES AND ACTIVITIES

Significant activities

The Charity provides the local community of Hungerford and the surrounding area with high-quality facilities and services for healthy recreation and leisure-time occupation in the interests of social welfare at an affordable price.

The Charity provides facilities and services to the public through premises that it leases from Herongate Leisure Limited, under which a peppercorn rent is payable until 1 July 2024.

The Charity provides facilities and services for: swimming, various exercise classes, yoga, pilates, squash, spinning and a fully equipped gymnasium. The gym has state of the art equipment designed for use by persons of all abilities. Functional training areas, free weights, fixed resistance and cardiovascular equipment are all included. There are two spaces for exercise where the Charity offers a variety of fitness classes which are, again, designed to cater for people of all abilities. Classes include high intensity fitness, dance, yoga and spinning.

The Charity also runs specialised classes aimed at particular groups. For example, the Charity runs several "active ageing" classes which include chair mobility, stride, pilates and aqua aerobics. These classes are designed to improve mobility and keep joints and muscles healthy.

The building includes a small sauna, steam room and spa bath. As the Charity has access to these facilities under the lease, it offers its beneficiaries the opportunity to access these facilities at no extra cost. The facilities are limited but can provide health benefits to those using them, particularly after exercise. Health benefits include relaxing muscles, reducing joint pain and aiding recovery. Use of the sauna can also benefit persons with rheumatic diseases.

The Charity also runs a small number of dedicated classes and specialist access periods, including:

- Dedicated pool access is provided to residents and carers of West Berkshire Mencap's Newbury Centre every week.
- Dedicated swimming sessions are provided for beneficiaries with disabilities every Monday afternoon.
- Beyond providing access to the Charity's sporting facilities, it also holds a dedicated Ukraine support group which offers weekly drop-in sessions to provide support, advice and social interaction for the newest community members.

The Charity is also looking ahead to developing new relations with community projects within Hungerford in addition to supporting its existing contacts. The trustees note that there are a number of exciting opportunities arising, including supporting a new school for children with unique learning profiles, including Autistic Spectrum Condition and associated communication, language, social, emotional, and mental health needs. The trustees intend to provide access to club facilities to help facilitate their learning and development of social skills and interaction.

New joiners are offered an initial health assessment designed to ensure that they can use the Charity's facilities safely and where qualified staff provide advice on the types of exercise and recreation that may best suit the beneficiary. All members are offered free fitness programmes and program reviews by fully qualified fitness professionals.

Herongate Fitness & Wellbeing

Report of the Trustees for the Year Ended 31st March 2023

OBJECTIVES AND ACTIVITIES

Outside of the leisure centre itself, the Charity also delivers "in office" fitness classes and training sessions to local businesses which focus on creating healthy work environments and promoting the importance of movement exercise. For example, classes focus on desk based exercises and how to prevent poor posture when working at a desk.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit. All the Charity's activities focus on the promotion of good health and community participation in healthy recreation and leisure-time occupation in the interest of social welfare in furtherance of its charitable objectives.

Pricing Policy

The Charity's various membership/access fees are set out below:

Premier Memberships

Unrestricted access to all club facilities

Single	£ 60 per month
Joint	£102 per month
Annual	£660 per year

Off Peak Memberships

Access 9am - 4pm weekdays and anytime when club is open on weekends

Annual	£ 45 per month
Joint	£ 76.50 per month
Annual	£495 per year

Single Activity Memberships

Unrestricted access to their designated areas

Class only	£39 per month
Swim only	£39 per month
Rackets	£39 per month

Reduced Rates

Requires proof of eligibility for reduced rate

Disability Membership	£20 per month
Apprentice or Student Membership	£40 per month
Services Membership (military/emergency)	£45 per month
Sports Partners Membership	£45 per month

Day Passes

Single class pass (Access to one activity/class)	£8 per activity/class
Standard day pass (Unrestricted access to the club for one day)	£10 per day
Reduced Rate day pass (Unrestricted access to the club for one day)	£5 per day

Report of the Trustees for the Year Ended 31st March 2023

OBJECTIVES AND ACTIVITIES

Pricing Policy (cont)

Despite steep inflation, the trustees are pleased to note that core membership prices have remained unchanged since 2018 and all memberships have been frozen since 2020. The trustees have considered the financial uncertainties and hardships faced by the community and extended the current price freeze on memberships for an additional year.

Joining fees remain suspended for all memberships, removing financial barriers for those looking to take out a new membership.

Inevitably some members will struggle with membership fees and may have to freeze or cancel memberships. The Charity operates a 30 day notice period on memberships and has given the staff the ability to waive this if someone requests it on grounds of finances. The trustees have also permitted members to take longer freeze periods if required or make payment by other means outside of Direct Debits. All requests are dealt with individually and confidentiality.

Use of our services and facilities

Since its registration in May 2022, the Charity has seen an increase in its membership, and an overall increase in engagement by the community with the facilities and services offered by the Charity.

There are currently 1,105 members across all the different types of membership offered, up from 861 in May 2022. Increased membership has helped to ensure the viability of the Charity, meaning the trustees are able to make longer-term plans to sustain the Charity's future.

The variety of exercise classes and facilities have had a beneficial impact on the local community, and the Charity has a welcoming culture, emphasising that physical activity is for persons of all ages and abilities.

In particular, the specialised classes aimed at specific groups in need have been very successful, especially the elderly local community who benefit not only from the physical exercise but also draw significant benefits from the social aspect of group classes and engagement with the community. To supplement these specialist classes, the Charity is working closely with the Terrace View Cafe to offer social activities to those attending the classes as well as those who want to simply come and chat. A discount is offered to all members and to those accompanying members on these classes.

Further, swimming sessions that are ring fenced for disabled beneficiaries and residents and carers of West Berkshire Mencap's Newbury Centre every week has meant that people who might not ordinarily be able to or wish to use the facilities during other times are able to benefit too. Mencap regularly brings up to 15 members to use the pool along with their carers, and have been offered additional sessions when needed. New groups including residential supported living for those with learning disabilities are also taking advantage of dedicated pool sessions. The Charity supports upwards of 30 people a week within dedicated sessions.

The Charity has also delivered ten "in office" fitness classes and training sessions to local businesses, which has the effect of creating healthy work environments and promoting the importance of movement exercise beyond visiting the leisure centre itself. These businesses do not have to be corporate members of the gym in order to benefit from the scheme.

Report of the Trustees for the Year Ended 31st March 2023

OBJECTIVES AND ACTIVITIES

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FINANCIAL REVIEW

Financial review

Overall, the Charity's financial position has improved during this year and compared to previous years as it continues to mitigate the long-standing effects of the Covid-19 pandemic. The trustees are pleased to note that many of these constraints have been overcome.

During the pandemic, the Charity took advantage of the period of lower footfall to invest in updating its premises and leisure equipment. The Charity has since marketed this opportunity effectively which has meant that surrounding communities have been able to take advantage of the improved facilities. As a result, memberships and income has increased during this financial year.

The Charity does not currently have any fund or subsidiary undertaking that is materially in deficit.

The Charity does not currently have any uncertainty about the Charity's ability to continue as a going concern.

Principal funding sources

The Charity reports a significant increase in income as a result of new memberships, from £319,652 in the year ending 2022 to £431,212 in the year ending 2023. Activity fees have also increased healthily, from £32,004 to £50,322 within the same timeframe.

Income

The Charity has an income target this financial year of £50,000 per month, comprising approximately £42,000 of membership fees, and £8,000 split between other sources of income including one-off activity fees and income from the trading subsidiary.

Approximately £37,448 was spent on raising funds. This sum went towards advertising and marketing in Hungerford and the local business parks. The trustees understand this expenditure to have had a productive effect, with an increase in membership numbers and associated income resulting in part because of these initiatives

Report of the Trustees for the Year Ended 31st March 2023

FINANCIAL REVIEW

Reserves policy

The Charity does not currently hold any reserves.

The trustees feel that holding reserves is a necessary step for the Charity to make as a means of improving the Charity's long-term financial security. The trustees have therefore set 'achieving a general reserve' as an objective. The trustees wish to build up and maintain a reserve valued at three months' operational costs, being approximately £135,000.

Grants

The Charity has not received any money from the Local council this financial year, or from room hire. The Furlough Scheme has also come to an end. However, the shortfall in these income streams is made up for by the increased membership as described above.

Staff costs

Staff levels have remained mostly static while costs are only slightly up from last year, as the Charity continues to support the Real Living Wage.

REGULAR FINANCIAL REVIEWS

The Trustees are very aware of the inflationary pressures that are in place at present. They make a point of completing regular monthly accounting checks to ensure that any significant changes in income or expenditure levels are picked up without delay and take appropriate action to keep overall control.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 March 2018 and registered as a charity on 22 May 2022. The Charity is governed by a set of Articles of Association adopted on 1 December 2021, which outlines the objects and powers of the charitable company. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.

Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the Charity's Articles of Association are known as the Board of Trustees. Under the requirements of the Articles of Association the trustees are elected to serve for a period of three years after which they must be re-elected at the next Board Appointment Meeting if they are going to continue to serve.

All trustees give their time voluntarily and receive no benefits from the Charity. Any expenses reclaimed from the Charity are set out in note 7 to the accounts (there were none this financial year).

The Charity must have between 3 and 12 trustees, who must all be aged 16 or above. The Charity currently has five trustees. New trustees are appointed by a resolution of the Board.

Herongate Fitness & Wellbeing

Report of the Trustees for the Year Ended 31st March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The trustees of the Charity are also its members. The trustees are responsible for the strategic direction of the Charity.

The trustees delegate day-to-day management of the Charity to its Leadership Team comprised of four dedicated employees taking up the following roles: Member Experience Manager, Operations Manager, Fitness Manager, and Duty Manager.

Induction and training of new trustees

As the Charity is only recently registered and the trustees are appointed to serve at least one term of three years, the trustees have not yet had any need to consider the recruitment and appointment of new charity trustees. However, the trustees understand that they must have regard to the Charity Commission guidance on this topic, and that they should recruit trustees who have the requisite skills, experience, and interest needed to help administer the Charity.

All new trustees are given a copy of the Charity's constitution, its latest management accounts, and key policies.

The Charity will arrange for trustee training through reputable providers or its legal advisors as the trustees determine it is needed.

Related parties

The Charity leases the building from Herongate Leisure Limited, which is owned by Kerridge Properties Ltd. None of the trustees of the Charity are directors or shareholders of (or are related to directors or shareholders of) Herongate Leisure Limited, Kerridge Properties Limited or KPL Holdings Limited.

The Charity has a wholly-owned subsidiary, Herongate Enterprises Limited, registered with Companies House number 11811363. Two of the Charity's trustees, Jonathan Taylor and Angela Ford, are also directors of the trading subsidiary.

The Charity is not part of any other wider network of bodies or umbrella groups.

The Charity also works with a number of other external organisations in delivering their charitable activities. For example, the Charity works with Parkinson's UK Newbury & District Branch to deliver a monthly Parkinson's Disease therapy class to assist persons with Parkinson's Disease. The Charity also gives dedicated pool access to residents and carers of West Berkshire Mencap's Newbury Centre every week.

The Charity also offers Sports Partners membership, with preferential rates, to persons who are members of local sports clubs, where those sports clubs are also charities or CASCs. Participating sports clubs currently include Hungerford Town FC, Kintbury FC, Hungerford Town Rugby Club, East Woodhay Cricket Club and Hungerford darts league.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

11231381 (England and Wales)

Registered Charity number

1199147

Herongate Fitness & Wellbeing

**Report of the Trustees
for the Year Ended 31st March 2023**

Registered office

2 Oriel Court
Omega Park
Alton
Hampshire
GU34 2YT

Principal address

Herongate Leisure
Herongate
Hungerford
Berkshire
RG17 0YU

Trustees

J Taylor Chair
J S Birkett Trustee
J D Murtagh Trustee
M A Westbrook Trustee
Mrs A J Ford Trustee

Independent Examiner

Paula Joyce FCCA CTA
Association of Chartered Certified Accountants
Sheen Stickland
Chartered Accountants
2 Oriel Court
Omega Park
Alton
Hampshire
GU34 2YT

Approved by order of the board of trustees on and signed on its behalf by:

.....
J Taylor - Trustee

Independent Examiner's Report to the Trustees of Herongate Fitness & Wellbeing

Independent examiner's report to the trustees of Herongate Fitness & Wellbeing ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent Examiner's Report to the Trustees of Herongate Fitness & Wellbeing

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paula Joyce FCCA CTA
Association of Chartered Certified Accountants
Sheen Stickland
Chartered Accountants
2 Oriel Court
Omega Park
Alton
Hampshire
GU34 2YT

Date:

Herongate Fitness & Wellbeing

Statement of Financial Activities for the Year Ended 31st March 2023

		2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	505,732	487,185
Other income		-	1,260
Total		<u>505,732</u>	<u>488,445</u>
EXPENDITURE ON			
Raising funds	3	37,548	30,466
Charitable activities	4		
Leisure centre		482,806	465,212
Total		<u>520,354</u>	<u>495,678</u>
NET INCOME/(EXPENDITURE)		(14,622)	(7,233)
RECONCILIATION OF FUNDS			
Total funds brought forward		(64,792)	(57,559)
TOTAL FUNDS CARRIED FORWARD		<u>(79,414)</u>	<u>(64,792)</u>

The notes form part of these financial statements

Herongate Fitness & Wellbeing

Balance Sheet 31st March 2023

		2023 Unrestricted fund £	2022 Total funds £
FIXED ASSETS	Notes		
Tangible assets	10	29,308	57,004
Investments	11	100	100
		<u>29,408</u>	<u>57,104</u>
CURRENT ASSETS			
Stocks	12	654	552
Debtors	13	21,743	14,307
Cash at bank and in hand		21,488	3,051
		<u>43,885</u>	<u>17,910</u>
CREDITORS			
Amounts falling due within one year	14	(88,957)	(122,319)
		<u>(88,957)</u>	<u>(122,319)</u>
NET CURRENT ASSETS/(LIABILITIES)		<u>(45,072)</u>	<u>(104,409)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		(15,664)	(47,305)
CREDITORS			
Amounts falling due after more than one year	15	(63,750)	(17,487)
		<u>(63,750)</u>	<u>(17,487)</u>
NET ASSETS/(LIABILITIES)		<u>(79,414)</u>	<u>(64,792)</u>
FUNDS	18		
Unrestricted funds		(79,414)	(64,792)
TOTAL FUNDS		<u>(79,414)</u>	<u>(64,792)</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The notes form part of these financial statements

Herongate Fitness & Wellbeing

Balance Sheet - continued

31st March 2023

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
J Taylor - Trustee

Herongate Fitness & Wellbeing

Cash Flow Statement for the Year Ended 31st March 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	102,254	65,543
Interest paid		(763)	(944)
Interest element of finance lease payments paid		(11,129)	(7,045)
Net cash provided by operating activities		90,362	57,554
Cash flows from investing activities			
Purchase of tangible fixed assets		(14,162)	(1,061)
Sale of tangible fixed assets		-	1,260
Net cash (used in)/provided by investing activities		(14,162)	199
Cash flows from financing activities			
Loan repayments in year		(11,667)	(38,333)
Capital repayments in year		(46,096)	(30,275)
Net cash used in financing activities		(57,763)	(68,608)
Change in cash and cash equivalents in the reporting period		18,437	(10,855)
Cash and cash equivalents at the beginning of the reporting period		3,051	13,906
Cash and cash equivalents at the end of the reporting period		21,488	3,051

The notes form part of these financial statements

Notes to the Cash Flow Statement for the Year Ended 31st March 2023

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(14,622)	(7,233)
Adjustments for:		
Depreciation charges	41,858	40,812
Profit on disposal of fixed assets	-	(1,260)
Interest paid	763	944
Interest element of hire purchase and finance lease rental payments	11,129	7,045
(Increase)/decrease in stocks	(102)	1,641
(Increase)/decrease in debtors	(7,436)	3,891
Increase in creditors	70,664	19,703
Net cash provided by operations	<u>102,254</u>	<u>65,543</u>

2. ANALYSIS OF CHANGES IN NET DEBT

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	3,051	18,437	21,488
	<u>3,051</u>	<u>18,437</u>	<u>21,488</u>
Debt			
Finance leases	(46,096)	46,096	-
Debts falling due within 1 year	(10,000)	10,000	-
Debts falling due after 1 year	(1,667)	(62,083)	(63,750)
	<u>(57,763)</u>	<u>(5,987)</u>	<u>(63,750)</u>
Total	<u>(54,712)</u>	<u>12,450</u>	<u>(42,262)</u>

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 31st March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Plant and machinery etc - 25% on cost and 20% on cost

Related party exemption

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the Balance Sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter.

The interest element of these obligations is charged to the Statement of Financial Activities over the relevant period. The capital element of the future payments is treated as a liability.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Memberships	431,212	319,652
Activity fees	50,322	32,004
Sunbeds	3,490	3,707
Grants	-	21,956
Room hire	-	9,821
Sundry receipts	15,500	12,000
Retail	5,208	16,297
Loans forgiven	-	71,748
	<u>505,732</u>	<u>487,185</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Local council	-	18,000
Furlough income	-	3,956
	<u>-</u>	<u>21,956</u>

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

3. RAISING FUNDS

Other trading activities

	2023	2022
	£	£
Purchases	37,548	30,466

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Leisure centre	435,195	47,611	482,806

5. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Leisure centre	5,734	21,128	20,749	47,611

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	11,583	10,537
Depreciation - assets on hire purchase contracts and finance leases	30,275	30,275
Surplus on disposal of fixed assets	-	(1,260)

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

8. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	180,504	171,468
Social security costs	8,569	9,098
Other pension costs	4,898	4,796
	<u>193,971</u>	<u>185,362</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u>9</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	487,185
Other income	<u>1,260</u>
Total	<u>488,445</u>
EXPENDITURE ON	
Raising funds	30,466
Charitable activities	
Leisure centre	<u>465,212</u>
Total	<u>495,678</u>
NET INCOME/(EXPENDITURE)	(7,233)
RECONCILIATION OF FUNDS	
Total funds brought forward	<u>(57,559)</u>
TOTAL FUNDS CARRIED FORWARD	<u>(64,792)</u>

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

10. TANGIBLE FIXED ASSETS

	Leisure equipment £	Office equipment £	Totals £
COST			
At 1st April 2022	178,002	15,837	193,839
Additions	14,162	-	14,162
	<u>192,164</u>	<u>15,837</u>	<u>208,001</u>
At 31st March 2023			
DEPRECIATION			
At 1st April 2022	125,378	11,457	136,835
Charge for year	38,424	3,434	41,858
	<u>163,802</u>	<u>14,891</u>	<u>178,693</u>
At 31st March 2023			
NET BOOK VALUE			
At 31st March 2023	28,362	946	29,308
	<u>52,624</u>	<u>4,380</u>	<u>57,004</u>
At 31st March 2022			

Fixed assets, included in the above, which are held under finance leases are as follows:

	Leisure equipment £
COST	
At 1st April 2022	151,376
Reclassification	(151,376)
	<u>-</u>
At 31st March 2023	
DEPRECIATION	
At 1st April 2022	108,229
Charge for year	30,275
Reclassification/transfer	(138,504)
	<u>-</u>
At 31st March 2023	
NET BOOK VALUE	
At 31st March 2023	-
	<u>43,147</u>
At 31st March 2022	

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

11. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
MARKET VALUE	
At 1st April 2022 and 31st March 2023	100
	<hr/>
NET BOOK VALUE	
At 31st March 2023	100
	<hr/>
At 31st March 2022	100
	<hr/>

There were no investment assets outside the UK.

12. STOCKS

	2023 £	2022 £
Stocks	654	552
	<hr/>	<hr/>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	825	1,739
Prepayments and accrued income	20,918	12,568
	<hr/>	<hr/>
	21,743	14,307
	<hr/>	<hr/>

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 16)	-	10,000
Finance leases (see note 17)	-	30,276
Trade creditors	33,564	11,330
Amounts owed to group undertakings	30,157	22,237
Social security and other taxes	3,907	3,323
Other creditors	9,100	28,250
Pension cost payable	440	566
Accruals and deferred income	11,789	16,337
	<u>88,957</u>	<u>122,319</u>

15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Bank loans (see note 16)	-	1,667
Other loans (see note 16)	63,750	-
Finance leases (see note 17)	-	15,820
	<u>63,750</u>	<u>17,487</u>

16. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank loans	-	10,000
Amounts falling between one and two years:		
Bank loans - 1-2 years	-	1,667
Other loans - 1-2 years	15,000	-
	<u>15,000</u>	<u>1,667</u>
Amounts falling due between two and five years:		
Other loans - 2-5 years	45,000	-
Amounts falling due in more than five years:		
Repayable by instalments:		
Other loans more 5yrs instal	3,750	-

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

17. LEASING AGREEMENTS

Minimum lease payments under finance leases fall due as follows:

	Finance leases	
	2023	2022
	£	£
Net obligations repayable:		
Within one year	-	30,276
Between one and five years	-	15,820
	<u>-</u>	<u>46,096</u>

18. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	(64,792)	(14,622)	(79,414)
	<u>(64,792)</u>	<u>(14,622)</u>	<u>(79,414)</u>
TOTAL FUNDS	<u>(64,792)</u>	<u>(14,622)</u>	<u>(79,414)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	505,732	(520,354)	(14,622)
	<u>505,732</u>	<u>(520,354)</u>	<u>(14,622)</u>
TOTAL FUNDS	<u>505,732</u>	<u>(520,354)</u>	<u>(14,622)</u>

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	(57,559)	(7,233)	(64,792)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>(57,559)</u>	<u>(7,233)</u>	<u>(64,792)</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	488,445	(495,678)	(7,233)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>488,445</u>	<u>(495,678)</u>	<u>(7,233)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	(57,559)	(21,855)	(79,414)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>(57,559)</u>	<u>(21,855)</u>	<u>(79,414)</u>

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

18. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	994,177	(1,016,032)	(21,855)
TOTAL FUNDS	<u>994,177</u>	<u>(1,016,032)</u>	<u>(21,855)</u>

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

Herongate Fitness & Wellbeing

Detailed Statement of Financial Activities for the Year Ended 31st March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Memberships	431,212	319,652
Activity fees	50,322	32,004
Sunbeds	3,490	3,707
Grants	-	21,956
Room hire	-	9,821
Sundry receipts	15,500	12,000
Retail	5,208	16,297
Loans forgiven	-	71,748
	<u>505,732</u>	<u>487,185</u>
Other income		
Gain on sale of tangible fixed assets	-	1,260
	<u>-</u>	<u>1,260</u>
Total incoming resources	505,732	488,445
EXPENDITURE		
Other trading activities		
Purchases	37,548	30,466
Charitable activities		
Wages	180,504	171,468
Social security	8,569	9,098
Pensions	4,898	4,796
Rates and water	18,745	15,544
Insurance	6,781	20,713
Light and heat	86,085	100,174
Telephone	1,322	1,687
Advertising	2,401	2,130
Cleaning	11,437	11,182
Staff welfare	34	301
Subscriptions	998	255
Travelling	827	36
Staff training	2,799	1,044
Medical insurance	35	1,817
Carried forward	<u>325,435</u>	<u>340,245</u>

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Herongate Fitness & Wellbeing

Detailed Statement of Financial Activities for the Year Ended 31st March 2023

	2023 £	2022 £
Charitable activities		
Brought forward	325,435	340,245
Uniforms	487	501
Computer costs	6,139	382
Health and safety	1,048	5,707
Waste	1,410	1,272
Licences	3,597	5,570
Regular hire charge	449	839
Repairs and renewals	54,772	32,811
Depreciation of leisure equipment	38,425	36,859
Depreciation of office equipment	3,433	3,953
	<hr/> 435,195	<hr/> 428,139
Support costs		
Management		
Postage and stationery	4,849	6,301
Sundries	885	384
	<hr/> 5,734	<hr/> 6,685
Finance		
Direct debit services	-	158
Bank charges	413	403
Credit card	8,823	6,980
Loan	763	944
Hire purchase	11,129	7,045
	<hr/> 21,128	<hr/> 15,530
Governance costs		
Accountancy fees	9,168	10,191
Legal fees	11,581	4,667
	<hr/> 20,749	<hr/> 14,858
Total resources expended	<hr/> 520,354	<hr/> 495,678
Net expenditure	<hr/> <hr/> (14,622)	<hr/> <hr/> (7,233)

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