



ANNUAL REPORT 2023 - 2024

Our WHY

Project Hope Leeds exists to bring hope and positive change to families, individuals and communities in some of the most disadvantaged and beautifully diverse areas of Leeds. We create encouraging environments that help local people of various nationalities, cultures, beliefs and languages to meet, to get to know each other's stories and to breakdown some prejudices and boundaries that exist between different groups. We bring people together so that they can learn together, form meaningful supportive relationships and help each other flourish in life. We enable people we support to grow in confidence, in parenting skills, in emotional resilience and in various other life skills that help them to create a better future for themselves, their families and their communities! We inspire people to make positive lifestyle choices and help them break the poverty cycle.

Our WORK

This year we supported 1093 individuals through the following programme of activities:

Parenting Courses

We ran three 7-week ***What Can a Parent Do?*** courses for parents of children aged 5-15, attended by 22 local parents from a wide range of ethnic and cultural backgrounds. 92% of parents improved their scores on the parenting questionnaires with regards to their ability to cope with their children's misbehaviour. 57% of parents reported a decrease of unwanted behaviours after attending the 7-week course. Parents also reported improved emotional wellbeing, increased confidence in both themselves and their children, and greater readiness to attend other local courses and groups.

We also provided one 7-week ***Pram to Primary*** parenting course, for parents of children aged 0-6 years. 8 parents attended regularly and due to the young age of children, we provided a creche facility (attended by 8 children) to break down any barriers for parents attendance. 100% of the parents improved their ability to cope with misbehaviour scores. All of the parents attending the course identified at least one new parenting strategy that they have successfully implemented into their everyday home life. The creche offered volunteering opportunities for 4 local individuals, which led to full time employment for 2 of them.

Quotes from parenting course parents

"I have learned that when children make a mistake, to try and to ignore that mistake and always keep comments to the positive things"

“I have learned to spend more time with my boy and to give him a chance to express himself through play. We play a lot together now and he likes me to sit close to him, not just to sit on the sofa, but to get involved”

“I have learned more confidence and I liked being on the course”

“I have learned new ideas and ways to communicate, giving choices and importance of giving children options”

Parenting Course September – November 2023



Parenting Course January – March 2024



PEEP Group

We provided three groups of the **PEEP Group (Parents as Early Education Partners)** running for ten weeks each. These groups, working with mums, dads, carers, babies and toddlers, helped to build stronger parent-child relationships and increase parental knowledge and confidence in how to support their child's early learning and communication through play and everyday activities that they can do easily and cheaply at home. The group also helped to increase children's readiness for school by enabling them to socialise with other children and involving them in structured activities such as song time and story time. We provided all the parents with information and resources they could use with their children at home, including various arts / crafts projects, book packs, bath alphabet and numbers and information on local libraries and activities available for young children in the local area and further ideas on things they could do at home to stretch their children's early language, maths and communication development.

The groups were attended by 23 parents and 28 children from a wide range of backgrounds. All of the parents reported increased confidence and that they practised the activities at home, with most reporting that their children used more words, extended their maths vocabulary and greatly increased their social skills and readiness for school.

Quotes from the PEEP Group Parents

"I have learned how to practice maths, reading books and exploring taste of different foods with my child."

"I have learned about maths at home with my daughter and routines."

"I have learned how to teach my baby to be more confident"

"I have learned that reading is learning and about good foods and children's emotions. I liked interacting with other mums"



PEEP Group Sept – December 2023

The Play Group

44 adults and 63 children benefitted from our weekly playgroup, including parents and local childminders with babies and toddlers. The sessions included messy / free play, arts and crafts, a babies' corner, puzzles, story time and sing-a-longs and refreshments for both parents and children.

The group helped children to grow in confidence and provided opportunities for children to socialise with other children in preparation for nursery / school. Parents also reported increased emotional wellbeing and mental health, as well as forming new meaningful friendships within the group that were a source of local support outside of the group.

Because we saw parents regularly, we were able to spot any difficulties and problems early and address them promptly to prevent things from escalating. This included one-to one support with issues such as mental health, filling in forms, referrals to local children centre, sleep training and weaning advice, information on other local support/activities and information on getting back to work provided by DWP's Supporting Families into Employment Advisor. We also provided 42 food vouchers for families who struggled with food poverty.

Quotes from Stay & Play Group parents:

"It's been lovely to watch all the kids grow as well as watching my own and I couldn't have done the last 7 years without you always supporting me, thank you!"

"I started my teaching assistant course! Thank you so much for your support"

Surplus Food Collections

Each week our staff and volunteers pick up 8-12 trays of surplus foods from Sainsbury's through their Neighbourly surplus food collection scheme. This very much needed food is then distributed to our Playgroup parents, to a local school that provides a food pantry for families affected by food poverty and to other local projects.

Community Events

This year we ran three large community events enjoyed by 304 unique children and 160 unique adults (some attended more than one event). The community events included two **Summer Community Fun Days** on the 28th July and 31st August and a **Halloween Party** on the 31st October.

All of the community events were well attended, advertised through local schools and supported by 23 local and corporate volunteers. The events included a bouncy castle, entertainment from a DJ, arts and crafts and other fun games, activities and competitions. Each adult received free refreshments and each child a snack bag including a sandwich, fruit, juice, chocolate and crisps.

The events provided an opportunity for some family fun during school holidays for families who might not be able to afford to go away on holiday. They also brought a richness of backgrounds and cultures together to help foster community cohesion and unity.

The Halloween Party was supported by Leeds City Council’s Diversionary Activity Fund – with the aim to provide half term activities for local families in the light of firework displays being cancelled and to prevent antisocial behaviour in the local neighbourhoods.

Summer Community Fun Day - July 2023



Halloween Party - October 2023



Burmantofts & Richmond Hill Community Anchor Network (BRHCAN)

We continue our involvement in the development of the BRHCAN and attend weekly Patch 2 meetings (Burmantofts, Ebor Gardens, Lincoln Green Areas), where the local needs and possible solutions to the local needs are discussed. We also receive regular newsletters with up-to-date information on what is available locally so that we can ensure that the people we support are aware of all the local support and activities. BRHCAN also distributes supermarket vouchers, to help relieve the pressure of rising living costs for the local residents.

Christmas Hampers Appeal

This year, with the help of local businesses, we delivered 600 special Christmas Hampers during our annual Christmas Hamper Appeal. Local schools, children centres and other support agencies referred local people who were struggling this Christmas. An army of 207 local and corporate volunteers from 15 local businesses helped us pack, wrap and deliver the hampers.

We are grateful to: B&M store for making hamper's shopping super easy this year; Sainsbury's Colton for their super generous donation to the hampers appeal; Galaxy Insulation for allowing Santa to drive and pack and unpack their lorry; IKEA for continuing to supply us with their boxes; the Circuit for allowing us to use their delivery app for free; Milestone for organising a fork lift trolley and disposal of the pallets; Leeds City Council – Cleaner Neighbourhoods Team for collecting all the packaging refuse; SKY for their engineers with vans being super deliverers and to Irwin Mitchell Solicitors, Liberty Global, TRU (East Alliance), ITV, SSE Thermal, High Speen Training, Ison Harrison Solicitors and Turner & Townsend for continually supporting us with fundraising and sending us all their wonderful volunteers.

Christmas Hampers Appeal - December 2023



Christmas Gifts ITV's Emmerdale Partnership

Project Hope Leeds and ITV's Emmerdale team joined forces this Christmas to ensure that no child and young person we support goes without a gift this Christmas. The Emmerdale team have auctioned the costumes from the show and used the proceeds to purchase, wrap and deliver 298 gifts. These included a toy, chocolates and pyjamas for each child. The team also helped us to deliver some of the Christmas Hampers.

Christmas Gifts ITV's Emmerdale December 2023



Our WHO

Trustees

Richard Harris – International Project Manager, Chartered Accountant

Huei Koh – Business Analyst

Jennifer Seri-Baroan – High School Teacher

Divina Davidson – Health Care Trainer – appointed 28th January 2024

Staff

Gosia Denham - Project Director

Carly Midgley – Administrator / Project Support Worker

Lucy Shaw – Sessional Support Worker

Julie Burrows – Local Mum – Sessional Support Worker

Key Volunteers

Azheen Quader – Local Mum - Volunteer

Hannah Cocks - Local Mum - Volunteer

Homa Sarwari - Local Mum - Volunteer

Kirsty Norman – Local Mum – Volunteer

Lillie Bonner – Local Volunteer

Poonkavi Arun - Local Mum - Volunteer

Shellie Cranage - Local Mum - Volunteer

Vithya Ramachandran - Local Mum - Volunteer

Terri Lockwood – Local Mum - Volunteer

We work in partnership with

All Saints Church of England Primary School

Bridge Community Church

Burmantofts Community Friends

C3 YRKS Church

Community Unity

Coop Oakwood Academy

East /Inner East Extended Schools Cluster

Ebor Gardens Academy

Learning Partnership

Leeds Social Care
Meadowfield Primary
Mencap
Middleton Primary School
Refugee Forum
Richmond Hill Academy
Richmond Hill Children's Centre
Richmond Hill Elderly Action
Shakespeare Primary School
St Agnes Church
St Hilda's Church
St Peter's Church of England Primary School
Victoria Academy

We also work with the Ward Councillors and Leeds City Council representatives for Richmond Hill and Burmantofts Ward and other local statutory and voluntary organisations.

Our FUNDERS

In addition to personal regular and one-off donations, our work this year was funded by:

Binary Consultants
HATCH Local Care Partnership (NHS)
Leeds City Council
The Wades Charity
Sainsbury's Helping Everyone Eat Better Community Grant
Amazon Smiles

Our FUTURE

Our plans for 2024-2025 include:

- Training additional volunteers
- Recruiting additional Trustees
- Project Hope Director taking a long service sabbatical prior to Project Hope Leeds embarking on running Ebor Gardens Community Centre (local Leeds City Council community centre set for Community Asset Transfer)

PROJECT HOPE LEEDS ACCOUNTS

For the period from 1st April 2023 to 31st March 2024

Project Hope Leeds – Reference and Administrative Information

Charity Name:	Project Hope Leeds
Trustees:	Huei Koh Richard Harris Jennifer Seri-Baroan Divina Davidson
Charity Number:	1199028
Registered Address:	The Workspace 21A Upper Accommodation Road Leeds LS9 8RZ
Bankers:	Co-operative Bank Po Box 250 Delf House Southway Skelmersdale WN8 6WT

Structure Governance and Management

The charity operates as a registered charity in England and Wales – registration number 1199028.

The charity is governed by the Constitution administered by the Trustees. The trustees who served during the year were: Huei Koh, Richard Harris & Jennifer Seri-Baroan, Divina Davidson (appointed 28th January 2024). There are at least 3 trustees at any time. When a vacancy occurs, the trustees note the fact in the minutes of their meeting, the trustees then discuss a possible candidate with relevant experience and commitment. Apart from the first trustees, every trustee is appointed by a resolution of the trustees passed at a special meeting.

Objectives

The objects of the CIO are:

To promote for the benefit of the inhabitants of Leeds and other surrounding areas, without distinctions of sex, sexual orientation, race or of political, religious or other opinions, by associating together the said inhabitants and the local authorities, voluntary and other organisations in a common effort to advance education, to promote and protect good health, to relieve poverty and to provide facilities in the interests of social welfare for recreation and other leisure time occupations with the objects of improving the conditions of life of the said inhabitants, in particular but not exclusively by:

- 1) By providing advice guidance and training to address basic educational needs in order to help people overcome the poverty cycle, face life controlling issues or rehabilitate people back into society;
- 2) By implementing school programmes to assist in the advancement of young people in life;
- 3) By helping families improve their condition of life by address parenting skills, educational needs and lifestyle choices;
- 4) By providing emergency food hampers and meals

Financial Review

The charity's financial policy is to hold up to half of its annual income in reserves, to fund shortfalls in income and/or unexpected expenditure. At the year-end 31st March 2024 the charity had £27,601 of unrestricted reserves.

With regards to its assets, the charity's financial policy has adopted the straight-line method of depreciation as follows:

- Computers – asset life of 5 years
- Projectors – asset life of 7 years
- Stainless Steel Kitchen Equipment – asset life of 10 years
- Bouncy Castle – asset life of 8 years

Project Hope Leeds - Receipts and Payments Accounts 2023 – 2024

	Unrestricted Funds	Restricted Funds	Total Funds	Last Year
Receipts				
Binary Consultants	£ 36,000		£ 36,000	
Standing Order Donations	£ 2,792		£ 2,792	£ 855
Local Giving	£ 624		£ 624	£ 149
HATCH Local Care Partnership (NHS)		£ 4,800	£ 4,800	
HMRC Maternity		£ 5,525	£ 5,525	
Leeds City Council		£ 480	£ 480	
General Donations	£ 600		£ 600	£ 383
Amazon Smiles	£ 49		£ 49	£ 15
Christmas Hampers Donations		£ 9,094	£ 9,094	£ 9,193
Sainsbury's Helping Everyone Eat Better Grant		£ 5,000	£ 5,000	
The Wades Charity		£ 5,000	£ 5,000	
Transfer from Old Trust				£ 60,400
Jimbo's Fund				£ 19,720
The Brelms Trust CIO				£ 4,800
Sir George Martin Trust				£ 1,530
Coop Community Fund				£ 1,098
M&S Fund				£ 1,000
Receipts Subtotal	£ 40,065	£ 29,899	£ 69,964	£ 99,142
	Unrestricted Funds	Restricted Funds	Total	Last Year
Payments				
Charitable Activity Costs	£ 4,756	£ 17,296	£ 22,052	£ 16,230
Salaries	£ 35,805	£ 13,005	£ 48,810	£ 19,377
General Running Costs	£ 4,834		£ 4,834	£ 1,026
Equipment / Repairs & Maintenance	£ 1,036		£ 1,036	
Payment Total	£ 46,431	£ 30,301	£ 76,733	£ 36,633
Net of Receipts / (Payments)	£ (6,366)	£ (403)	£ (6,769)	£ 62,509
Cash Funds Last Year End				
Unrestricted Funds Brought Forward	£ 33,620		£ 33,620	
Sir George Martin Trust Brought Forward		£ 1,080	£ 1,080	
The Brelms Trust Brought Forward		£ 2,280	£ 2,280	
Leeds City Council Brought Forward		£ 3,932	£ 3,932	
Jimbo's Fund Brought Forward		£ 19,720	£ 19,720	
Coop Brought Forward		£ 1,088	£ 1,088	
M&S Community Fund Brought Forward		£ 610	£ 610	
Hampers Donations Brought Forward		£ 180	£ 180	
Cash Funds Last Year End Subtotal	£ 33,620	£ 28,890	£ 62,509	
Cash Funds This Year End	£ 27,253	£ 28,487	£ 55,741	£ 62,509

*Please note that Last Year Accounts (2022-2023) column shows larger than regular income due to transfer of the Old Project Hope Leeds Trust reserves into new Project Hope Leeds CIO.

Statement of Assets and Liabilities at the End of the Period		
	Unrestricted Fund	Restricted Funds
Cash Funds		
Bank	£ 27,253	£ 28,487
Petty Cash	£ 348	
Total Funds	£ 27,601	£ 28,487
Physical Assets	Current Value	Cost
Computers	£ 1,254	£ 1,844
Furniture, Fixtures & Fittings	£ 8	£ 320
Other	£ 125	£ 156
Total Physical Assets	£ 1,386	£ 2,320
Invoices Due		
Hestview Invoice No 2061	£ 6,005	
Leeds City Council Funding	£ 4,680	
Total Assets Due	£ 10,685	
Liabilities		
People's Pensions - Pension Contributions March 2024	£ 219	
Lamplight - February & March 2024 DB Hosting	£ 66	
Mencap - Room Hire	£ 535	
HMRC - Tax & NI Contributions	£ 395	
Total Liabilities	£ 1,215	

The trustees declare that they have approved the Trustees Report and Receipt and Payments Accounts above.

Signed on behalf of the charities Trustees

Signature: _____

[Handwritten Signature]

Signature: _____

[Handwritten Signature]

Full Name: _____

HUEI WEARN KOH

Full name: _____

DIVINA DAVIDSON

Position: _____

TRUSTEE

Position: _____

Trustee

Date: _____

26/1/25

Date: _____

26.1.25



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Project Hope Leeds

On accounts for the year
ended

31st March 2024

Charity no
(if any)

1199028

Set out on pages

11 to 14

(Remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

N. N. Crosby

Date:

27/01/25

Name:

NIGEL CROSBY

Relevant professional
qualification(s) or body
(if any):

Association of Accountancy Technicians

Address:

2 Willow Crescent

Chapelton, Sheffield

S35 1QS

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.