



**ANNUAL REPORT 2022 - 2023**  
**for the period**  
**20<sup>th</sup> May 2022 – 31<sup>st</sup> March 2023**

## Our WHY

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Project Hope Leeds exists to bring hope to families, individuals and communities in some of the most disadvantaged neighbourhoods in Leeds. We create an encouraging environment that brings together people of various nationalities, cultures, beliefs and languages, to help them breakdown boundaries between different groups and together to flourish in life. We enable people to grow in confidence, in parenting skills, in emotional resilience and in various other life skills, that help them create a better future! We inspire people to make positive lifestyle choices and help them break the poverty cycle.

## Our WORK

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This year marked an important pivot point for Project Hope Leeds. We strengthened our governance structure by registering Project Hope Leeds as a Charitable Incorporated Organisation (CIO) – new registration number 1199028. Our mission, work, name and trustees remain the same, but the new governance structure is going to support and serve our project's future. This report pertains to the work the charity accomplished from the date of registration as a CIO on 20<sup>th</sup> May 2022.

This year, it was important that we created opportunities for people we support to rebuild community, form meaningful friendships and strengthen local support structures. We supported 841 individuals involved in the following program of activities.

### **Parenting Courses**

We ran two groups of **What Can a Parent Do?** course for parents of children aged 5-15 years old, attended by 22 local parents, representing wide range of ethnic backgrounds. Parents not only improved their parenting questionnaires scores, that measure improvements in family's ability to manage and cope with some of the unwanted behaviour, but they have reported increased confidence, readiness to attend other local courses and groups and improved emotional wellbeing.

We have also provided 12 parents with skills and confidence to talk to their children about growing up, sex and relationships, through our **Speakeasy** course.

### **Quotes from parenting course parents**

*"I am really confident in talking about sex now. I will be able to talk to my boy when he is a bit older about all the changes that are happening in his body."* Merhawit

*"I am teaching my daughter the proper names for private areas and also how to be safe when she is playing in the park or playground."* Tsigab

*"I feel confident that what I have learned on the What can a Parent do? Course will help my family. The staff and volunteers are nice and welcoming, they are more than expected. God bless them!"* Rahwa

*"I enjoyed everything on the course, but choice and consequence and problem-solving has really helped me with my son."* Mandy

We also continued our work with the **PEEP (Parents as Early Education Partners) Groups**. We provided 2 groups running for 10 weeks each, working with mums, dads, carers, babies and toddlers, that helped to contribute to strong parent-child relationships, increased parental knowledge and confidence in how to support their child's learning and play through day-to-day life activities at home.

The group was attended by 53 participants (26 parents and 27 children) from a wide range of backgrounds. Some parents were new to the UK, where language and a lack of confidence in navigating life in the UK can be a barrier for children to have a good start in their primary school. We worked on early language and communication, early learning, including maths, reading and fine motor skills development, as well as emotional development and the importance of learning through play and everyday activities at home.

All of the parents reported that they practised the activities at home, with most reporting that their children used more words, extended their maths vocabulary and greatly increased their social skills and readiness for school.

#### **Quotes from the PEEP Group Parents**

*"I have learned a lot of different experiences that I can do at home"* Nardos

*"Autum is displaying more interest in playing with other children / becoming more sociable. Also now walking I have just seen a huge boost in her overall confidence."* Kirsty

*"My little boy enjoyed the PEEP group, he enjoyed playing and singing and all the toys and being with other kids."* Lula

*"I am now doing more at home with my son – playing with him, speaking with him more, creating crafts, painting."* Ruth

*"I am happy with how well Rouben is coming along and learning."* Hannah

#### **Stay & Play Group**

The group continued to grow and develop with 121 beneficiaries attending regularly (47 adults and 74 children), including parents and local childminders with babies and toddlers. The sessions included messy / free play, arts and crafts, babies' corner, puzzles, story time and sing-a-longs and refreshments for both parents and children. We ensure that children and parents also benefitted from specific activities with the aim of improving parents' confidence in providing early language and maths development through everyday play. This is a high-need area, with children attainment at primary school level being the lowest out of all Leeds wards, so activities that help school readiness are a high priority for the group.

The group also helped children to grow in confidence and supplied a much-needed opportunity for children to socialise with other children in preparation for nursery / school. Parents also reported increased emotional wellbeing and mental health, as well as forming new meaningful friendships within the group, that were a source of local support outside of the group.

**Quote from Stay & Play Group parents:**

*“We just wanted to say that you do a brilliant job and we have loved coming to Stay & Play over the years. Thank you for all your hard work and for making it such a welcoming and relaxing place to be. We have made life-long friends here at Stay & Play – thank you for creating a space for us all. We will miss you all, but hopefully will see you around. If I think about it too much I’ll cry - Bryony and Coby*

**Parenting Course January - March 2023**



**PEEP Group September - November 2022**



*Stay & Play Group March 2023*



### ***Community Fun Days***

On the 5<sup>th</sup> August 2022 we ran a **Summer Community Fun Day** for local families. Advertised through local schools, the event brought together 177 people to the Vinery Centre. With the support from local companies and 16 volunteers, the event included a bouncy castle and outdoor active games, entertainment from a DJ, arts and crafts provided by Richmond Hill / Harehills Children Centre, who also provided book packs for all the children under the age of 4. We provided each child with a lunch snack bag and tasty refreshments for all to adults to enjoy too.

Our **Halloween Party** was enjoyed by 123 local families with toddlers, young children and teenagers, all dressed up in their best Halloween outfits. The event included a free food pack for every child, refreshments for parents and fun games and competitions organised by the children DJ entertainer. It helped prevent children being out trick-or-treating in the evening and antisocial behaviour by teenagers.

We also ran a **Christmas Community Event** in partnership with St Hilda's Church and Community Unity, with festive fun and refreshments for parents and children, as well as a visit from Santa who gave presents to all the children. This event was attended by 110 local people.



Summer Community Fun Day August 2022



Halloween Party October 2022



Christmas Community Event – December 2022





### ***Burmantofts & Richmond Hill Community Anchor Network (BRHCAN)***

We continue to be involved in the development of the BRHCAN and get involved in weekly Patch 2 meetings (Burmantofts, Ebor Gardens, Lincoln Green Areas), where the needs and possible solutions to the needs are discussed and we share information on what support is available locally. Each week new local groups join the network and we are involved in planning and delivering joint activities and events. The BRHCAN also established a virtual information system, that gives the key local residents, stakeholders and all the local organisations access to up-to-date information on what is available locally. BRHCAN also distributes supermarket vouchers, to help relief the pressure of the cost of living crisis for the local residents.

### ***Christmas Hampers Appeal***

This year with the help of local businesses we delivered 545 special Christmas Hampers during our annual Christmas Hamper Appeal. This year we were able to raise a double amount of money to provide each household receiving the hamper with £25 supermarket vouchers, to further relief the financial pressure on families due to the cost of living crisis. We were supported by 65 dedicated volunteers from the local area and from 15 local businesses. St Agnes Church kindly provided their facility for us to pack and deliver hampers from and B&M stores provided all the food at a discounted price. IKEA provided free boxes, and SKY TV supported us with 5 engineers with vans to help deliver the hampers.

Christmas Hampers Appeal December 2022







## Our WHO

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### Trustees

Richard Harris – International Project Manager, Chartered Accountant with many years of charity sector experience

Huei Koh – Business Analyst

Dan Mziray – Architect, involved in homeless outreach – retired 3<sup>rd</sup> January 2023

Jennifer Seri-Baroan – High School Teacher – appointed 21<sup>st</sup> November 2022

### Staff

Gosia Denham - Project Director

Carly Midgley – Sessional Support Worker / Administrator

Lucy Shaw – Sessional Support Worker

Julie Burrows – Local Mum – Sessional Support Worker

### Key Volunteers

Kirsty Norman – Local Mum – volunteer creche worker

Terri Lockwood – Local Mum – Volunteer for Stay & Play Group

Sarah Dixon - Local Mum – Volunteer for Stay & Play Group

Joanne Stokes – Family Support Worker

### We work in partnership with

All Saints C of E Primary School

Bridge Community Church  
Brownhill Primary Academy  
Burmantofts Elderly Action  
C3 YRKS Church  
Community Unity  
Damasq  
East Inner East Extended Schools Cluster  
Ebor Gardens Academy  
Learning Partnership  
Leeds Social Care  
Meadowfield Primary  
Mencap  
Middleton Primary School  
Refugee Forum  
Richmond Hill Academy  
Richmond Hill Children's Centre  
Richmond Hill Elderly Action  
Shakespeare Primary School  
Smartworks  
St Agnes Church  
St Hilda's Church  
St Peter's C of E Primary School  
Victoria Academy  
Zarach

We also work with the Ward Councillors and Leeds City Council representatives for Richmond Hill and Burmantofts Ward and other local statutory and voluntary organisations.

## **Our FUNDERS**

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Our work this year has been funded by:

C3 YRKS Church  
Binary Consultants  
The Brelms Trust CIO  
Sir George Martin Trust  
Amazon Smiles  
The Liz & Terry Bramall Foundation  
Coop Community Fund  
M&S Community Fund

## PROJECT HOPE LEEDS ACCOUNTS

**For the period from 1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023**

### **Project Hope Leeds – Reference and Administrative Information**

<b>Charity Name:</b>	Project Hope Leeds
<b>Trustees:</b>	Daniel Mziray Huei Koh Richard Harris Jennifer Seri-Baroan
<b>Charity Number:</b>	1199028
<b>Registered Address:</b>	The Workspace 21A Upper Accommodation Road Leeds LS9 8RZ
<b>Bankers:</b>	Co-operative Bank Po Box 250 Delf House Southway Skelmersdale WN8 6WT

### **Structure Governance and Management**

The charity operates as a registered charity in England and Wales – registration number 1199028, registered on the 20<sup>th</sup> May 2022. On the 31<sup>st</sup> October 2022 the charity received an asset transfer of all of the assets from Project Hope Leeds (old trust structure of the charity – charity registration number 1146856). The transfer of funds didn't coincide with the new charity registration, due to delay in opening the new bank account.

The charity is governed by the Constitution administered by the Trustees. The trustees who served during the year were: Dan Mziray (retired 3<sup>rd</sup> January 2023), Huei Koh, Richard Harris & Jennifer Seri-Baroan (appointed 21<sup>st</sup> November 2022). There are at least 3 trustees at any time. When a vacancy occurs, the trustees note the fact in the minutes of their meeting, the trustees then discuss a possible candidate with relevant experience and commitment. Apart from the first trustees, every trustee is appointed by a resolution of the trustees passed at a special meeting.



## **Objectives**

The objects of the CIO are:

To promote for the benefit of the inhabitants of Leeds and other surrounding areas, without distinctions of sex, sexual orientation, race or of political, religious or other opinions, by associating together the said inhabitants and the local authorities, voluntary and other organisations in a common effort to advance education, to promote and protect good health, to relieve poverty and to provide facilities in the interests of social welfare for recreation and other leisure time occupations with the objects of improving the conditions of life of the said inhabitants, in particular but not exclusively by:

- 1) By providing advice guidance and training to address basic educational needs in order to help people overcome the poverty cycle, face life controlling issues or rehabilitate people back into society;
- 2) By implementing school programmes to assist in the advancement of young people in life;
- 3) By helping families improve their condition of life by address parenting skills, educational needs and lifestyle choices;
- 4) By providing emergency food hampers and meals

## **Financial Review**

The charity's financial policy is to hold up to half of its annual income in reserves, to fund shortfalls in income and/or unexpected expenditure. At the year-end 31<sup>st</sup> March 2023 the charity had £33,793 of unrestricted reserves.

With regards to its assets, the charity's financial policy has adopted the straight-line method of depreciation as follows:

- Computers – asset life of 5 years
- Projectors – asset life of 7 years
- Stainless Steel Kitchen Equipment – asset life of 10 years
- Bouncy Castle – asset life of 8 years

## Project Hope Leeds - Receipts and Payments Accounts 2022 - 2023

	Unrestricted Funds	Restricted Funds	Total Funds	Last Year
<b>Receipts</b>				
Transfer from Old Trust	£ 47,706	£ 12,694	£ 60,400	£ -
Jimbo's Fund		£ 19,720	£ 19,720	£ -
Christmas Hampers Donations		£ 9,193	£ 9,193	£ -
The Brelms Trust CIO		£ 4,800	£ 4,800	£ -
Sir George Martin Trust		£ 1,530	£ 1,530	£ -
Coop Community Fund		£ 1,098	£ 1,098	£ -
M&S Fund		£ 1,000	£ 1,000	£ -
Standing Order Donations	£ 855		£ 855	£ -
General Donation	£ 383		£ 383	£ -
Local Giving Donations	£ 149		£ 149	£ -
Amazon Smiles	£ 15		£ 15	£ -
<b>Receipts Subtotal</b>	<b>£ 49,108</b>	<b>£ 50,035</b>	<b>£ 99,143</b>	<b>£ -</b>
	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	<b>Last Year</b>
<b>Payments</b>				
Charitable Activity Costs	£ 1,675	£ 14,556	£ 16,231	£ -
Salaries	£ 12,788	£ 6,589	£ 19,377	£ -
General Running Costs	£ 1,026	£ -	£ 1,026	£ -
Equipment / Repairs & Maintenance	£ -	£ -	£ -	£ -
<b>Payment Total</b>	<b>£ 15,489</b>	<b>£ 21,145</b>	<b>£ 36,634</b>	<b>£ -</b>
<b>Net of Receipts / (Payments)</b>	<b>£ 33,619</b>	<b>£ 28,890</b>	<b>£ 62,509</b>	<b>£ -</b>
<b>Cash Funds Last Year End</b>	<b>£ -</b>	<b>£ -</b>	<b>£ -</b>	<b>£ -</b>
<b>Cash Funds This Year End</b>	<b>£ 33,619</b>	<b>£ 28,890</b>	<b>£ 62,509</b>	<b>£ -</b>

**Statement of Assets and Liabilities at the End of the Period**

	Unrestricted Fund	Restricted Funds
<b>Cash Funds</b>		
Bank	£ 33,619	£ 28,890
Petty Cash	£ 174	
<b>Total Funds</b>	<b>£ 33,793</b>	<b>£ 27,784</b>

**Assets Transferred from Old Project Hope Leeds Trust and Retained for the Charity's Own Use**

	Current Value	Cost
Computers	£ 1,232	£ 2,067
Furniture, Fixtures & Fittings	£ 40	£ 320
Other	£ 156	£ 156
<b>Total Assets</b>	<b>£ 1,428</b>	<b>£ 2,543</b>

**Liabilities**

Taxes Due (HMRC)	£ 645
Supplier C21 (Payroll Provider)	£ 42
Supplier B&CE (Pensions Provider)	£ 166
Supplier Lamplight (Database Hosting)	£ 33
Mencap (Room Hire)	£ 600
<b>Total Liabilities</b>	<b>£ 1,486</b>



The trustees declare that they have approved the Trustees Report and Receipt and Payments Accounts above.

Signed on behalf of the charities Trustees

Signature: \_\_\_\_\_

A stylized handwritten signature in black ink.

Signature: \_\_\_\_\_

A handwritten signature in black ink, appearing to read "Hwei Koh".

Full Name: JENNIFER SERI -  
BAROAN

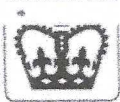
Full name: HWEI KOH

Position: TRUSTEE

Position: TRUSTEE

Date: 28.01.24

Date: 28/1/24



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees

Charity Name

Project Hope Leeds

On accounts for the year  
ended

31<sup>st</sup> March 2023

Charity no  
(if any)

1199028

Set out on pages

11 - 14

*(remember to include the page numbers of addendum sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [ ] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

N. N. Crosby

Date:

23/01/24

Name:

NIGEL CROSBY

Relevant professional  
qualification(s) or body  
(if any):

Association of Accountancy Technicians

Address:	2 willow crescent
	sheffield
	S35 1QS

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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