

# GIRLS WHO PULL

England & Wales · Charity number 1199020

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-05-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 14a Wilmot Place  
London  
NW1 9JP

**Phone** 07717798842

**Email** [info@girlswhopull.com](mailto:info@girlswhopull.com)

**Website** [girlswhopull.com](http://girlswhopull.com)

## Activities

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**Objects:** TO IMPROVE THE MENTAL AND PHYSICAL HEALTH OF WOMEN BY INSPIRING THEM TO GET STRONGER, EDUCATING THEM IN HOW TO GET STRONGER, AND CONNECTING THEM WITH OTHER WOMEN TRAINING TO GET STRONGER.

**Activities:** We highlight and promote the stories of women getting stronger on social media. We run events for women to do as many pullups as possible in a set time period. We provide educational content for women starting out on their pullup journey.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- Australia
- Canada
- India
- Ireland
- Mexico
- New Zealand
- Scotland
- United States
- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	£0	£344	-	-
2023-03-31	£2,878	£1,654	-	-

## Trustees

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Name	Role	Appointed
Daisy Hughes	Chair	2021-03-08
Benjamin Barkes		2021-03-08