



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## Trustees' Annual Report for the period

From 1st April 2024 Period start date To 31/03/2025 Period end date

Charity name: Helping In Need

Charity registration number: 1199016

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The charity is dedicated to addressing critical development challenges, both in the UK and internationally, with a focus on creating sustainable solutions to improve lives and empower communities. Its primary purposes include:</p> <ul style="list-style-type: none"><li>- Eradicating Hunger and Improving Nutrition</li><li>- Advancing Gender Equality</li><li>- Promoting Education</li><li>- Supporting Low-Income SMEs through Microfinance</li><li>- Humanitarian Aid</li></ul> <p>By integrating sustainable practices into all initiatives, the charity aims to create long-term impact and resilience in communities.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In alignment with its charitable purposes, the charity aims to undertake a range of activities, projects, and services designed to address critical development issues and deliver measurable public benefit. These activities include:</p> <ol style="list-style-type: none"><li>1. Food Security and Nutrition Programs:<ul style="list-style-type: none"><li>o Deliver food aid nutrition to vulnerable communities both in the UK and abroad.</li><li>o Support small-scale agricultural initiatives to promote sustainable farming practices and improve local food production.</li></ul></li><li>2. Gender Equality Initiatives:<ul style="list-style-type: none"><li>o Conduct workshops and training programs to empower women with entrepreneurial, vocational, and leadership skills.</li><li>o Partner with local organizations to advocate for women's rights and address barriers to gender equality, including access to education and economic opportunities.</li></ul></li><li>3. Education and Skills Development:</li></ol>

		<ul style="list-style-type: none"> <li>○ Provide scholarships, school supplies, and learning resources to underserved children, enabling access to quality education.</li> <li>○ Where possible, organise adult literacy programs and vocational training to enhance employability and self-reliance.</li> </ul> <p>4. Microfinance Support for SMEs:</p> <ul style="list-style-type: none"> <li>○ Distribute microloans to low-income entrepreneurs, particularly women, to support the establishment and growth of small businesses.</li> <li>○ Offer business mentoring and financial literacy training to ensure loan recipients build sustainable livelihoods.</li> </ul> <p>5. Sustainable Development Projects:</p> <ul style="list-style-type: none"> <li>○ Implement community-based development projects, such as access to clean water, renewable energy solutions, and waste management initiatives, to improve living conditions and resilience.</li> <li>○ Promote environmental conservation practices as part of all community interventions.</li> </ul> <p>6. UK-Based Poverty Relief:</p> <ul style="list-style-type: none"> <li>○ Assisted low-income families in the UK with access to essential resources, including food, clothing, and shelter.</li> <li>○ Delivered workshops and support groups aimed at boosting employability and mental well-being.</li> </ul> <p>Through these activities, the charity has seeks to create improvements in the lives of its beneficiaries while ensuring alignment with public benefit principles. All projects will be designed to maximize impact, support sustainable development, and empower communities to become self-sufficient.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Yes. The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit when planning and carrying out the charity's activities.</p> <p>In particular, the trustees have ensured that the charity's purposes are furthered through the delivery of activities and services that provide clear and tangible benefits to the public. These activities are accessible to the intended beneficiaries and are aligned with the principles of equity, sustainability, and long-term impact.</p>

		By adhering to the Charity Commission's guidance, the trustees remain committed to fulfilling the charity's objectives in a manner that upholds transparency, accountability, and the public good.
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity's grant-making policy is focused on supporting projects and initiatives that align with its charitable objectives of addressing hunger, promoting education, advancing gender equality, improving nutrition, and supporting low-income SMEs through microfinance. Grants are awarded to individuals, organizations, or community groups that demonstrate a clear need and the potential to deliver measurable public benefit. The trustees ensure all grants are subject to a transparent application and assessment process, with criteria that prioritize sustainability, accountability, and alignment with the charity's mission. Regular monitoring and reporting are required to evaluate the impact of funded projects.
Policy on social investment including program related investment	Para 1.38	<p>The charity's approach to social investment is guided by the following principles:</p> <ul style="list-style-type: none"> <li>• <i>Alignment with Charitable Purposes:</i> Investments must directly contribute to the charity's stated purposes and deliver public benefit.</li> <li>• <i>Sustainability:</i> Investments should promote economic, social, or environmental sustainability for beneficiaries and communities.</li> <li>• <i>Accountability:</i> All investments are subject to rigorous assessment, monitoring, and reporting to ensure they meet intended outcomes.</li> <li>• <i>Financial Prudence:</i> The charity will only undertake investments that do not jeopardize its financial health or the delivery of core services.</li> </ul>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main activities the charity undertook during this reporting period were:</p> <ul style="list-style-type: none"><li>- Supporting the activities of CEF Education School in Zanzibar which saw over a hundred students from orphan families, and zakat-eligible families being fed.</li><li>- Activity packs were created for orphans in Zanzibar, Tanzania. Funds were used to purchase school equipment, stationery, toys, and books which were dispersed to young children across September 2024.</li></ul> <p>Through these targeted interventions, the charity not only addressed immediate humanitarian needs but also contributed to broader global efforts to combat poverty, hunger, and inequality while fostering community resilience and sustainability. These activities demonstrated the charity's commitment to aligning its work with the United Nations Sustainable Development Goals and delivering meaningful public benefit.</p> <p>Due to limited capacity, the charity was unable to support the full extent of our objectives. However, we are planning to ramp up the efforts over the next financial year.</p>

## Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>At the end of the reporting period, the charity maintained a stable financial position, ensuring its ability to continue delivering its charitable objectives.</p> <ul style="list-style-type: none"><li>• <b>Income:</b> The charity's income during the period was derived primarily from donations, grants, and fundraising activities. These funds were instrumental in supporting the charity's key programs, including disaster relief, food security, and education initiatives.</li><li>• <b>Expenditure:</b> The majority of the charity's expenditure was allocated to supporting children and feeding needy communities in Zanzibar. There were no administrative and operational costs to maximize the impact of donor contributions.</li><li>• <b>Reserves:</b> The charity maintained a prudent reserves policy to ensure financial sustainability and the ability to respond to unforeseen circumstances. At the end of the period, the reserves were sufficient to cover essential operational expenses and provide a buffer for future projects.</li><li>• <b>Overall Position:</b> Despite the challenging global economic climate, the charity effectively managed its resources, balancing its income and expenditure to achieve its objectives. The trustees are confident that the charity remains in a strong position to continue its vital work in the upcoming year.</li></ul> <p>This financial stability reflects the charity's commitment to transparency, accountability, and the efficient use of resources to maximize public benefit.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The charity maintains a reserves policy to ensure financial stability and the sustainability of its operations, enabling it to continue delivering its charitable objectives effectively. Reserves are held for the following key purposes:</p> <ol style="list-style-type: none"><li>1. <b>Operational Continuity:</b> To provide a financial buffer that allows the charity to meet essential running costs and commitments in the event of</li></ol>

		<p>unexpected income shortfalls or delays.</p> <ol style="list-style-type: none"> <li>Emergency Response: To ensure the charity can respond promptly to urgent humanitarian needs, such as natural disasters or crises, without reliance solely on immediate fundraising efforts.</li> <li>Sustainability of Programs: To support the continuation of long-term projects and initiatives, particularly those requiring consistent funding over extended periods.</li> </ol> <p>The level of reserves is reviewed regularly by the trustees to ensure that it remains adequate but not excessive in relation to the charity's financial needs and risks. This policy reflects the charity's commitment to prudent financial management while maximizing the funds available for public benefit.</p>
Amount of reserves held	Para 1.22	Less than £20,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Individual donors
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<p><b>Financial Risk:</b></p> <ul style="list-style-type: none"> <li>Unpredictability of Income: A significant portion of the charity's income is dependent on donations and fundraising activities, which can fluctuate, particularly during times of economic hardship hindering the</li> </ul>

		ability of people's contribution to the charity.
Other		N/A

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Unincorporated Association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>The charity is committed to ensuring that all trustees are properly inducted and equipped with the knowledge and skills required to fulfill their roles effectively. The induction and training process is designed to ensure that trustees understand their responsibilities, the charity's operations, and the legal and regulatory environment in which it operates. This includes:</p> <p>Welcome Pack: New trustees receive a welcome pack containing essential documents, including the charity's governing document, recent reporting, summary of activities and policies.</p> <p>Introductory meeting with key personnel and other charity members and orientation session.</p> <p>Overview of responsibilities including financial oversight and the charity's risk management processes.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		



## Reference and Administrative details

Charity name	Helping In Need
Other name the charity uses	
Registered charity number	<b>1199016</b>
Charity's principal address	72 Ingleby Road, Ilford, Essex, IG1 4RY UK

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Yusuf Patel			
2	Muhammad Mushtaq Patel			
3	Areeb Malik			

**Corporate trustees – names of the directors at the date the report was approved**

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A	N/A	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

N/A
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## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

## Signature

A handwritten signature in black ink, appearing to read 'Y. Patel', with a stylized flourish at the end.

**Full name:** Yusuf Patel

**Position (e.g. Secretary, Chair, etc):** Chair

**Date:** 30/01/26



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Helping In Need

No (if any)  
1199016

## Receipts and payments accounts

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For the period from	Period start date 01/04/2024	To	Period end date 31/3/2025
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Zakat	2,440	-	-	2,440	-
Zakat	200	-	-	200	-
Zakat	75	-	-	75	-
Zakat	1,400	-	-	1,400	-
Zakat	1,900	-	-	1,900	-
Sadaqah	500	-	-	500	-
Zakat	400	-	-	400	-
Sadaqah	750				
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	7,665	-	-	7,260	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	7,665	-	-	Cross Add Error	-

### A3 Payments

Zanzibar donation	120	-	-	120	-
CEF Education - Ramadan Iftar	1,500	-	-	1,500	-
Malawi - Ramadan zakat money dispersion	1,000	-	-	1,000	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,620</b>	<b>-</b>	<b>-</b>	<b>2,620</b>	<b>-</b>

### A4 Asset and investment purchases, (see table)

	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

<b>Total payments</b>	<b>2,620</b>	<b>-</b>	<b>-</b>	<b>2,620</b>	<b>-</b>
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<b>Net of receipts/(payments)</b>	<b>5,045</b>	<b>-</b>	<b>-</b>	<b>#VALUE!</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>5,045</b>	<b>-</b>	<b>-</b>	<b>2,120</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Total cash across years	7,620	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,620</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	Details			
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

**B5 Liabilities**

		-	-
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Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
YUSUF PATEL	Yusuf Patel	12/31/2024