

# Dare To Dream



*Inspiring Youth to Aspire and Achieve*

## ACHIEVED DREAM'S IMPACT REPORT 2023



# Message of Chair

As a trustee of Achieved Dreams Charity, I am privileged to present our impact report, highlighting the remarkable strides we have made in fulfilling our mission to optimise the mental and physical well-being of young people. We remain committed to creating a society where every young person has equal opportunities to thrive, daring them to dream and envision a future where their potential knows no bounds.

At Achieved Dreams Charity, we believe in the power of dreams. We encourage young individuals to dream big, to believe in their abilities, and to pursue their passions with unwavering determination. Our work is deeply rooted in the belief that when we dare to dream, we unlock extraordinary possibilities for young people.

By nurturing the mental well-being of young people, fostering their skills, providing nourishment, and creating safe spaces for personal development and social interaction, we are igniting the flames of their dreams. Through our programs and services, we empower them to overcome obstacles, break free from limitations, and embrace their full potential.

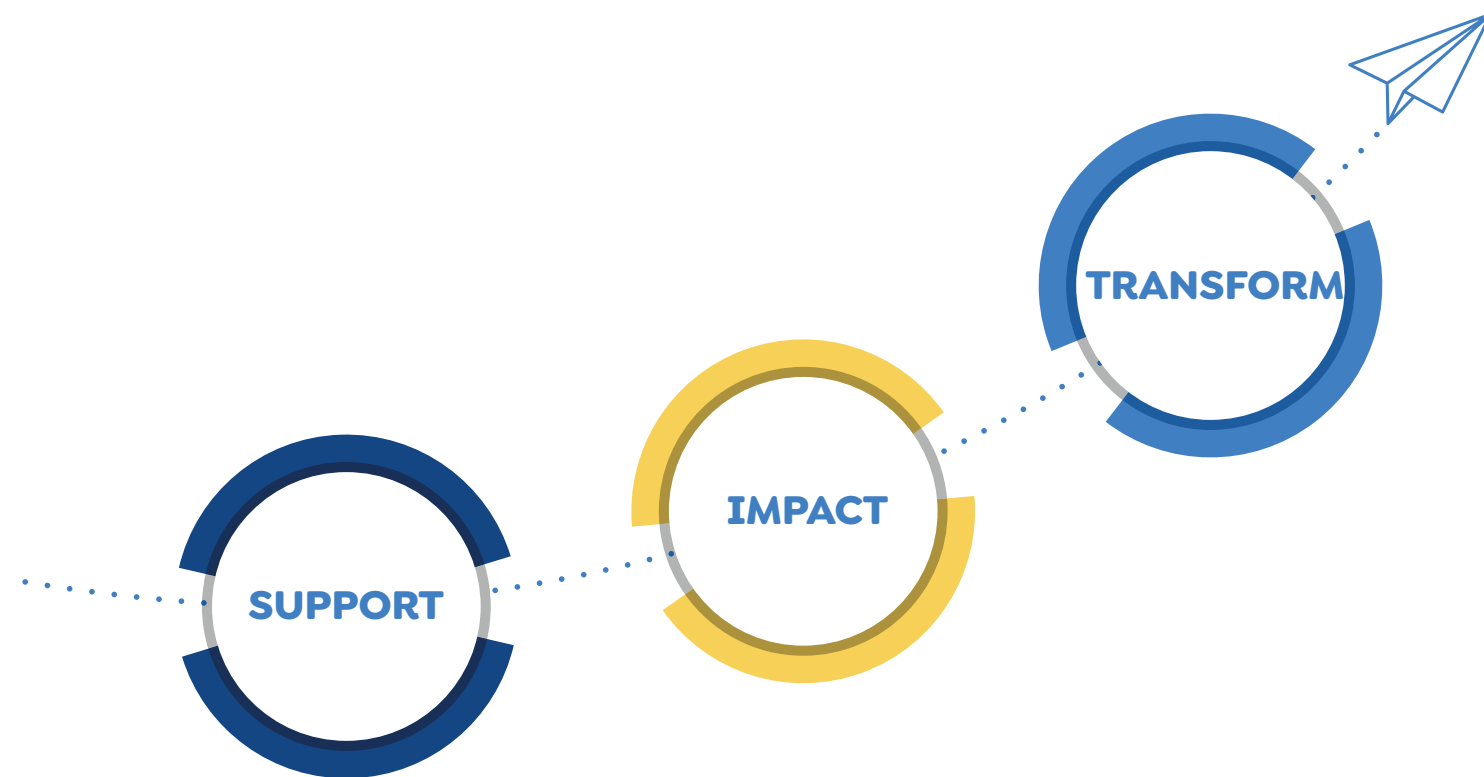
We extend our deepest appreciation to our past donors whose incredible support has enabled us to make a tangible difference in the lives of disadvantaged young people. Your contributions have transformed dreams into reality, allowing us to provide vital services such as Soft Skills Support, Meal Provisions, and the Holiday Hangout Hub. Together, we are dismantling barriers and paving the way for young individuals to achieve the dreams they dare to dream.

As we continue our journey, we invite you to join us in nurturing the dreams of young people. Your support, whether through donations or volunteering, enables us to expand our programs and reach even more young individuals in need. Together, we can create a world where every young person is encouraged to dream, supported to succeed, and empowered to make a difference.

We encourage you to explore our impact report, a testament to the meaningful outcomes made possible through your past support. Together, let us dare to dream, ignite potential, and transform lives. Thank you for your unwavering commitment.



C. Muller



## OUR MISSION

To optimise the mental and physical wellbeing in young people.

## OUR VISION

Our vision is that all children have an opportunity and financial security to develop all of their potential: in sports, recreation, life and community.

## OUR MISSION

To provide services that impact and support youth, promoting happiness and resilience in young people today.

“

*A dream becomes a goal when action is taken towards its achievement!*

**-Bo Bennet**

”



## DARE TO DREAM:

*UNLEASHING YOUTH POTENTIAL THROUGH NURTURING INITIATIVES AND SERVICES*

With the `Dare to Dream` ethos at its core, Achieved Dreams serves as a catalyst for unlocking the immense potential within each young individual, empowering them to pursue their dreams with unwavering confidence

and determination. Together, we embrace the transformative power of nurturing initiatives and services, creating a path towards a future where aspirations know no bounds.

Discover the highlights of our initiatives at Achieved Dreams, where we believe in a holistic approach to youth development and well-being. Our range of activities and services encompass various aspects of personal growth and support, aimed at empowering young individuals, promoting happiness, and fostering resilience. Explore the following transformative endeavours:

## EMPOWERING DREAMS:

*FOSTERING SOFT SKILLS FOR PERSONAL AND ACADEMIC GROWTH*

Through our carefully designed programs and workshops, we empower young individuals to cultivate essential soft skills such as communication, teamwork, problem-solving, and leadership. By honing these skills, we equip them with the tools to navigate challenges, forge positive relationships, and excel academically and personally.

## NURTURING AMBITIONS:

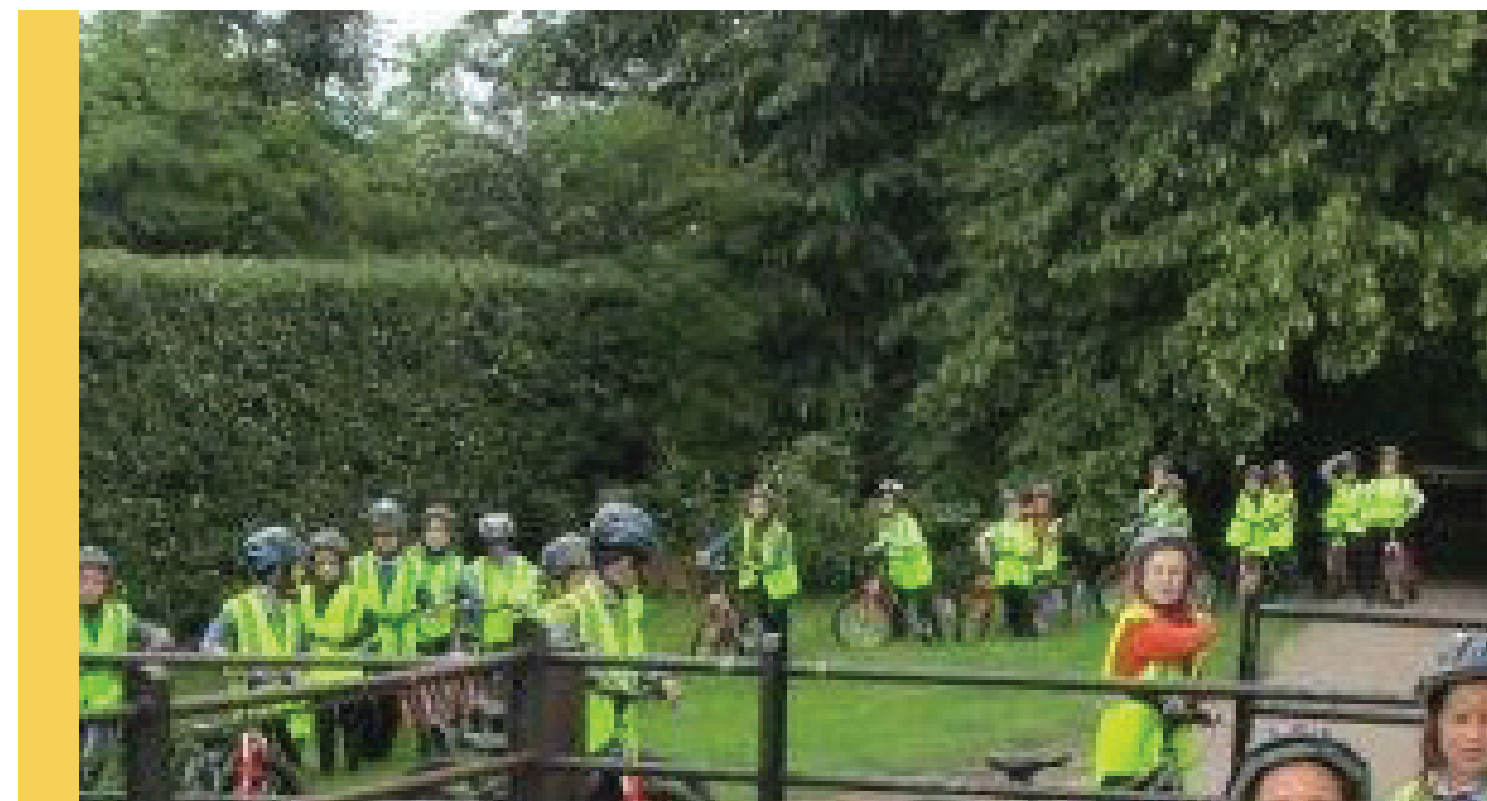
*ENSURING OPTIMAL HEALTH AND WELL-BEING THROUGH MEAL PROVISIONS*

We recognise the critical role of nutrition in promoting overall well-being. Our dedicated meal provisions program ensures that young individuals have access to nutritious meals, fuelling their physical health and enabling them to concentrate, learn, and thrive.

## SAFE DIGITAL SOARING:

*EMPOWERING CYBER SAFETY AWARENESS AND DIGITAL LITERACY*

In today's digital landscape, it is crucial for young individuals to navigate the online world safely and responsibly. We conduct enlightening cyber safety awareness sessions, equipping them with knowledge about online risks, privacy protection, and responsible internet usage. By fostering digital literacy and awareness, we empower them to make informed decisions and safeguard themselves online.





## JOYFUL EXPEDITION:

*CREATING MEMORIES AT THE HOLIDAY  
HANGOUT HUB*

Recognising the importance of fostering the well-being of young individuals through leisure, recreation, and social bonds, our dynamic Holiday Hangout Hub offers a secure and welcoming sanctuary. Here, they can partake in thrilling recreational pursuits, form meaningful friendships, and create delightful memories that will endure.

## RESILIENCE RISING:

*PEER-TO-PEER GROUP SESSIONS FOR TRAUMA  
AND ANXIETY SUPPORT*

Acknowledging the challenges many young individuals face in terms of trauma, anxiety, and mental health, we facilitate peer-to-peer group sessions. These professionally guided sessions create a supportive environment where they can share experiences, acquire coping strategies, and build resilience collectively.

## THRIVING CONNECTIONS:

*CULTIVATING RELATIONSHIP SUPPORT  
FOR POSITIVE INTERACTIONS*

We firmly believe that healthy relationships play a pivotal role in the well-being and development of young individuals. Our relationship support services offer guidance, counselling, and valuable resources to assist young people in establishing positive, respectful, and nurturing connections with their peers, family, and community.





## WE ASPIRED, WE ACHEIVED

Through our collective efforts and the support of our partners and donors, Achieved Dreams has achieved significant milestones and made a positive impact in the lives of young individuals. Some of our achievements include:

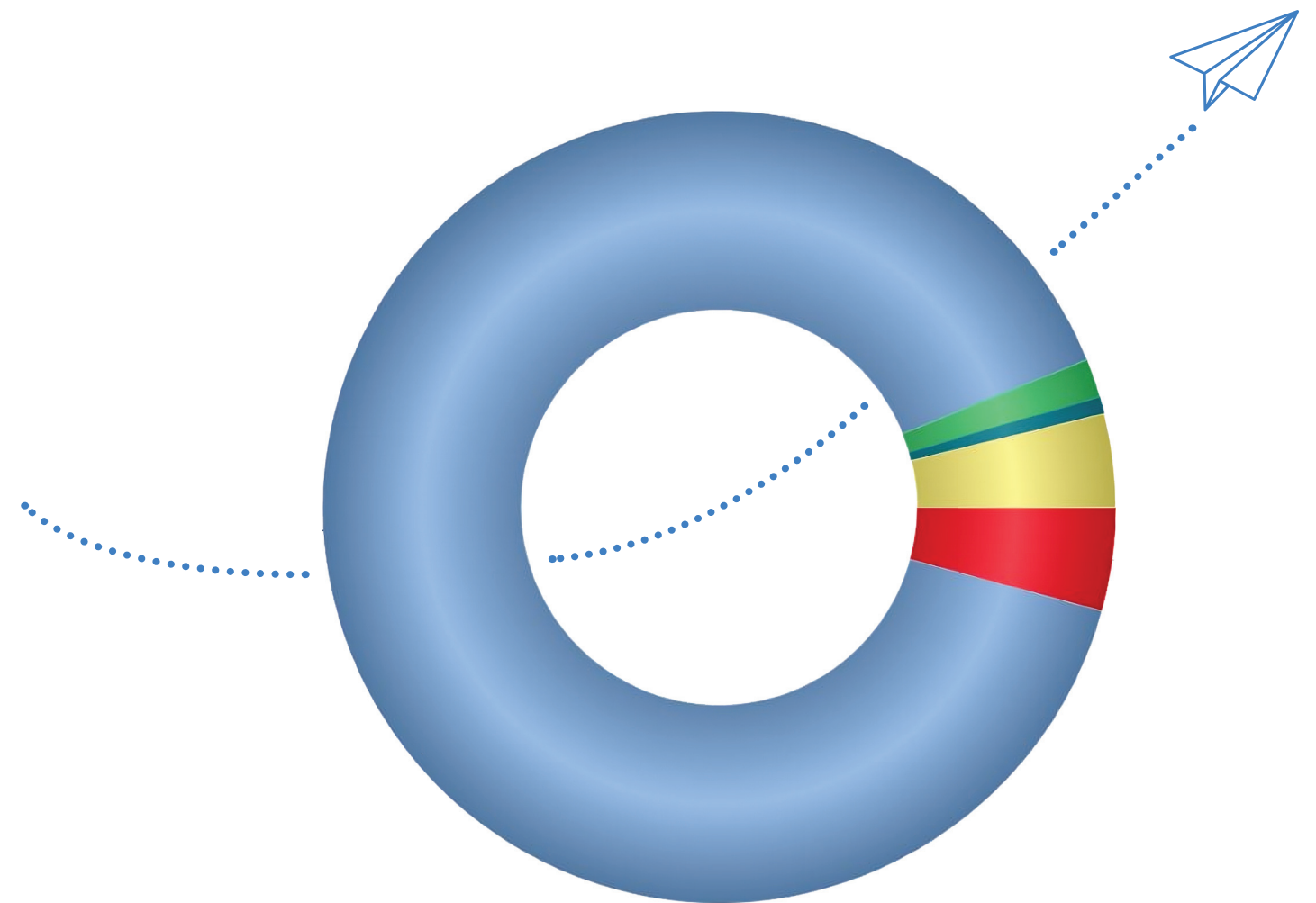
### CHANGING LIVES:

We are proud to have provided direct support activities and vital grants to individuals and charitable organisations that align with our mission. This support has directly contributed to poverty prevention, educational advancement, and overall well-being support for young people in need.

### EMPOWERING DREAMS:

*STORIES OF COURAGE, TRANSFORMATION AND SUCCESS*

Within the heart of Achieved Dreams, we have witnessed awe-inspiring stories of young individuals who dared to dream, defying all odds and emerging triumphant. These stories narrate journeys of academic achievements, personal growth, and community engagement, serving as testaments to the transformative power of our programs and services.



Soft Skills Support:	<b>80 participants</b>
Meal Provisions:	<b>1700 meals served</b>
Cyber Safety Sessions:	<b>30 attendees</b>
Holiday Hangout Hub:	<b>62 participants</b>
Peer-to-Peer Group Sessions:	<b>13 participants</b>
Relationship Support:	<b>72 individuals supported</b>

## TRANSFORMATIVE STORIES:



**80%** of participants improved their sports performance



**60%** increase in academic performance



**90%** reported improved mental well-being



Michelle, a socially withdrawn girl who preferred the company of books and movies, was encouraged by her mother to join our holiday hangout program. With initial hesitation, Michelle stepped into a world filled with new experiences and opportunities.

Through our program, Michelle discovered a like-minded friend who shared her love for literature. They connected over their favourite authors and characters, forming a bond that would shape Michelle's journey.

Our engaging activities introduced Michelle to the joy of throwing hoops, an activity she initially resisted. With the support of her newfound friend, Michelle embraced the challenge and soon realized the fun and excitement it brought to her life. Together, they practiced diligently, honing their

skills and developing a newfound passion for sports.

As Michelle spent more time at the Holiday Hub, she began to open up and share her thoughts and dreams with her friend. Their conversations spanned a wide range of topics, fostering a sense of trust and companionship. Michelle's transformation from a withdrawn individual to an expressive and engaged participant was evident to all who witnessed her growth.

Reflecting on her experience, Michelle expressed her heartfelt gratitude to her mother for encouraging her to join the Achieved Dreams Holiday Hub. She acknowledged the positive impact it had on her life, particularly the joy she discovered through practicing throwing hoops and the personal growth that came from stepping out of her comfort zone.





## CASE STUDY 2

Niral, devastated by her mother's recent passing, felt lost and alone in her grief. Her social worker referred her for our peer to peer group sessions. Initially hesitant, Niral decided to give it a try. In the group, she met others who had also experienced loss and found solace in sharing their

stories and supporting one another.

The group's encouragement and understanding brought her much comfort. While grief remained, Niral discovered hope and purpose through the support of her peers.



## TESTIMONIALS

“

*"My mentor Dave`s support, endless patience and belief in me has helped me believe in myself too!"*

**- Emmanuel, 16**

”

“

*"Just ask my brother. For me, lazing all day in pyjamas and fuzzy slippers are a bygone. My days have structure and meaning!"*

**- Bella, 13**

”

“

*"soft skills support sessions help me learn to manage my time better"*

**- Ori, 14**

”

As we move forward, Achieved Dreams remains dedicated to promoting youth well-being and creating lasting impact. Our future plans include:

**Expanding Capacity and Strengthening Reserves:** We are dedicated to increasing our capacity and building robust reserves, ensuring our ability to meet the growing needs of young individuals effectively.

**Sustaining Core Activities:**

We will continue to fortify and broaden our current programs, emphasising their longevity and efficacy. Through ongoing evaluation, feedback integration, and collaboration with partners, we will adapt to the evolving requirements of young individuals.

**Launching Inspiring Projects:** We are excited to introduce new initiatives that will captivate and empower youth. These projects include:

- A. **Empowering Entrepreneurship:** We aim to provide young individuals with the tools and resources to develop entrepreneurial skills, fostering their creativity and encouraging innovation.
- B. **Mental Health and Well-being:** Recognising the importance of mental well-being, we will launch programs that focus on promoting emotional resilience, mindfulness, and self-care among youth, equipping them with strategies to navigate life's challenges.

**Enlisting Volunteers and Providing Training:** We recognise the invaluable contributions of volunteers in supporting our mission. We will actively enlist dedicated individuals and provide them with comprehensive training, empowering them to make a meaningful impact in the lives of young individuals.

**Exploring New Horizons:** Committed to making a profound difference, we will continue to explore fresh opportunities and innovative approaches. By staying updated with emerging trends, research, and best practices, we will develop novel initiatives that address the evolving challenges faced by young individuals and contribute to their overall well-being.





## OVERVIEW

### PUBLIC BENEFIT STATEMENT

The board have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aim and objectives and in planning the charity's future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives set.

### OBJECTIVES AND ACTIVITIES

#### *Objectives and aims*

The objects of the CIO are:

- A. the prevention and relief of poverty within the United Kingdom and abroad to individuals in need by making grants of money to them, or paying for items, services, or facilities for them or by making grants to charities and other organisations working to prevent poverty and need.
- B. the advancement of education within the United Kingdom and abroad for the benefit of the public, by assisting organisations supporting the work of education establishments or associated with them.
- C. the advancement of the orthodox Jewish religion within the United Kingdom and abroad for the benefit of the public, by raising awareness and understanding of religious beliefs and practices.
- D. the advancement of such other objects as are for the benefit of the public and charitable according to English law.

### Grant Making Policy

The charity has managed to build a good reputation within the local community and has a large pool of regular donors who wish to have a part in the charitable activities of the charity. Existing donors often recommend and encourage other philanthropists to pledge their support to the success of the charity.

The charity is committed to the principals set out by the Fundraising Regulator in its Code of Fundraising Practice.

When donors are approached, this is done with sensitivity and respect and with regard to their circumstances.

The trustees are pleased to report that no complaints were received in the past period in relation to its fundraising activities.

During the year the charity spent £27,300 on its activities and made grants of £28,961 to other institutions and individuals.

## FINANCIAL REVIEW

### *Financial results*

Income for the year totaled £71,572. Total expenditure for the year amounted to £69,896. Net income for the year was £1,676.

### *Reserves policy*

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary donations and grants.

The trustees consider that the ideal level of reserves as at 30 April 2023 would be three months of the expenditure which equates to approximately £17,500. The actual reserves at 30 April 2023 were £1,676. The trustees review the funds regularly and are actively looking to address any shortfall in reserves and to ensure that there are sufficient reserves to provide financial stability and flexibility.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### *Governing document*

Achieved Dreams registered with the Charity commission on 16 May 2022. The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Achieved Dreams. Trustees can retire when they do not serve under a fixed term of tenure.

### *Organisational structure*

The board of trustees administers the charity. The board meets periodically.

### *Risk management*

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have a risk management strategy which comprises:

- an annual review of the risks the charity may face;
- the establishment of systems and procedures to mitigate those risks identified in the plan;
- the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD 16 MAY 2022 TO 30 APRIL 2023**  
**FOR**  
**ACHIEVED DREAMS**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the period 16 May 2022 to 30 April 2023**

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 10

Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD



## ACHIEVED DREAMS

### REPORT OF THE TRUSTEES for the period 16 May 2022 to 30 April 2023

#### **PUBLIC BENEFIT STATEMENT**

The board have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aim and objectives and in planning the charity's future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives set.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are:

- a) the prevention and relief of poverty within the United Kingdom and abroad to individuals in need by making grants of money to them, or paying for items, services, or facilities for them or by making grants to charities and other organisations working to prevent poverty and need.
- b) the advancement of education within the United Kingdom and abroad for the benefit of the public, by assisting organisations supporting the work of education establishments or associated with them.
- c) the advancement of the orthodox Jewish religion within the United Kingdom and abroad for the benefit of the public, by raising awareness and understanding of religious beliefs and practices.
- d) the advancement of such other objects as are for the benefit of the public and charitable according to English law.

##### **Our Mission**

To optimise the mental and physical wellbeing in young people.

##### **Our Vision**

Our vision is that all children have an opportunity and financial security to develop all of their potential: in sport, recreation, life and community.

##### **Our Goal**

To provide services that impact and support youth, promoting happiness and resilience in young people today.

##### **Support- Impact- Transform!**

##### **Principal activities and review**

To meet its objectives the charity continued to make maintenance grants to qualifying institutions and individuals alongside its charitable projects.

##### **Grant Making Policy**

The charity has managed to build a good reputation within the local community and has a large pool of regular donors who wish to have a part in the charitable activities of the charity. Existing donors often recommend and encourage other philanthropists to pledge their support to the success of the charity.

The charity is committed to the principals set out by the Fundraising Regulator in its Code of Fundraising Practice.

When donors are approached, this is done with sensitivity and respect and with regard to their circumstances.

The trustees are pleased to report that no complaints were received in the past period in relation to its fundraising activities.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

Achieved Dreams was informally founded in 2020 with the mission to help young people lead healthier and more fulfilling lives. We recognize that the current climate of uncertainty and stress has taken a toll on young people's mental health, and we want to provide them with the tools they need to take care of themselves. Our approach is holistic, taking into consideration physical health, mental health, education, career development, and relationships. We believe that by providing young people with these tools and resources, they can achieve their dreams.

Our activities and services include Skills Support, Meals Provisions, Cyber Safety Awareness sessions, Holiday Hangout Hub, Peer to Peer Trauma & Anxiety Group Sessions, and Relationship Support, and highlight our commitment to addressing the various aspects of youth development and well-being.

During the year the charity spent £34,900 on its activities and made grants of £28,961 to other institutions and individuals.

## ACHIEVED DREAMS

### REPORT OF THE TRUSTEES for the period 16 May 2022 to 30 April 2023

#### **FINANCIAL REVIEW**

##### **Financial results**

Income for the year totalled £71,572. Total expenditure for the year amounted to £69,896. Net income for the year was £1,676.

##### **Reserves policy**

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary donations and grants.

The trustees consider that the ideal level of reserves as at 30 April 2023 would be three months of the expenditure which equates to approximately £17,500. The actual reserves at 30 April 2023 were £1,676. The trustees review the funds regularly and are actively looking to address any shortfall in reserves and to ensure that there are sufficient reserves to provide financial stability and flexibility.

##### **FUTURE PLANS**

The charity will continue to promote its core activities and will consider any other projects advancing its objects.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

Achieved Dreams registered with the Charity commission on 16 May 2022. The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Recruitment and appointment of new trustees**

New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Achieved Dreams. Trustees can retire when they do not serve under a fixed term of tenure.

##### **Organisational structure**

The board of trustees administers the charity. The board meets periodically.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have a risk management strategy which comprises:

- an annual review of the risks the charity may face;
- the establishment of systems and procedures to mitigate those risks identified in the plan;
- the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1198960

##### **Principal address**

Flat 3 Western House  
1A West bank  
London  
N16 5DG

**ACHIEVED DREAMS**

**REPORT OF THE TRUSTEES**  
**for the period 16 May 2022 to 30 April 2023**

**Trustees**  
Mr C Muller Trustee  
Mr M Grunfeld Trustee  
Mrs S Deblinger Trustee

**Independent Examiner**  
Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

Approved by order of the board of trustees on 27 February 2024 and signed on its behalf by:

Mr C Muller - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**ACHIEVED DREAMS**

**Independent examiner's report to the trustees of Achieved Dreams**  
I report to the charity trustees on my examination of the accounts of Achieved Dreams (the Trust) for the period 16 May 2022 to 30 April 2023.

**Responsibilities and basis of report**  
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**  
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Yedidya Zaiden

Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

27 February 2024



**ACHIEVED DREAMS**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the period 16 May 2022 to 30 April 2023**

	Notes	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>		
Donations and legacies	2	71,572
<b>EXPENDITURE ON</b>		
Raising funds		4,595
<b>Charitable activities</b>	3	
Grants to institutitons		25,561
Grants to individuals		3,400
Education and poverty relief		34,900
Support costs		1,440
<b>Total</b>		69,896
<b>NET INCOME</b>		1,676
<b>TOTAL FUNDS CARRIED FORWARD</b>		1,676

**CONTINUING OPERATIONS**  
All income and expenditure has arisen from continuing activities.

**ACHIEVED DREAMS**

**BALANCE SHEET**  
**30 April 2023**

	Notes	Unrestricted fund £
<b>CURRENT ASSETS</b>		
Cash at bank		12,116
<b>CREDITORS</b>		
Amounts falling due within one year	8	(10,440)
<b>NET CURRENT ASSETS</b>		1,676
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		1,676
<b>NET ASSETS</b>		1,676
<b>FUNDS</b>	9	
Unrestricted funds		1,676
<b>TOTAL FUNDS</b>		1,676

The financial statements were approved by the Board of Trustees and authorised for issue on 27 February 2024 and were signed on its behalf by:

Mr C Muller - Trustee

The notes form part of these financial statements

Page 5

The notes form part of these financial statements

Page 6





**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the period 16 May 2022 to 30 April 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Going concern**

The trustees, having made appropriate enquiries, consider that adequate resources exists for the charity to continue in operational existence for the foreseeable future and that, therefore, it is appropriate to adopt going concern basis in preparing the financial statements as at and for the period ended 30 April 2023. The trustees have made this assessment in respect to a period of one year from the date of approval of these accounts.

The trustees have concluded that there are no material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees are of the opinion that the charity will have sufficient resources to meet the liabilities as they fall due.

**Critical accounting judgements and key sources of estimation uncertainty**

Preparation of the accounts requires the trustees and management to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:  
- allocation of support costs across charitable activities.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Charitable activities**

Charitable activities comprise those cost incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Governance costs**

Governance costs comprise those costs associated with meeting the constitutional and strategic requirements of the charity and the accountancy fees and costs linked to the strategic management of the charity.

**Taxation**

The charity is considered to pass the tests set out in Sch. 6, para. 1 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Pt. 11, Ch. 3 of the Corporation Tax Act 2010 or s. 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the period 16 May 2022 to 30 April 2023**

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. DONATIONS AND LEGACIES**

	£
Donations	35,869
Grants	35,703
	<u>71,572</u>

Grants received, included in the above, are as follows:

	£
ESC Lottery Fund	9,525
Main Grants fund - Sport England Grants	9,878
New Philanthropy Capital	11,000
Other grants less than £4,000	<u>5,300</u>
	<u>35,703</u>

**3. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 4) £	Grant funding of activities (see note 5) £	Support costs (see note 6) £	Totals £
Grants to institutitons	-	25,561	-	25,561
Grants to individuals	-	3,400	-	3,400
Education and poverty relief	34,900	-	-	34,900
Support costs	-	-	1,440	1,440
	<u>34,900</u>	<u>28,961</u>	<u>1,440</u>	<u>65,301</u>

Included in support costs are amounts paid to the Independent Examiner totalling £1,440.

**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the period 16 May 2022 to 30 April 2023**

**4. DIRECT COSTS OF CHARITABLE ACTIVITIES**

Charitable projects	£ 34,900
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**5. GRANTS PAYABLE**

Grants to institutitons	£ 25,561
Grants to individuals	3,400
	<u>28,961</u>

All grants were paid in line with the objects of the charity. The charity's charitable donations have been detailed in a separate publication, copies of which are available to the public by writing to the Trustees at, Achieved Dreams, Flat 3 Western House, 1a West Bank, London N16 5DG by registered post.

**6. SUPPORT COSTS**

	Governance costs
Support costs	£ 1,440

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 30 April 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the period ended 30 April 2023.

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Other creditors	£ 10,440
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**9. MOVEMENT IN FUNDS**

	Net movement in funds	At 30.4.23
	£	£
<b>Unrestricted funds</b>		
General fund	1,676	1,676
	<u>1,676</u>	<u>1,676</u>
<b>TOTAL FUNDS</b>		
	<u>1,676</u>	<u>1,676</u>

**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the period 16 May 2022 to 30 April 2023**

**9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	71,572	(69,896)	1,676
	<u>71,572</u>	<u>(69,896)</u>	<u>1,676</u>
<b>TOTAL FUNDS</b>			
	<u>71,572</u>	<u>(69,896)</u>	<u>1,676</u>

**10. RELATED PARTY DISCLOSURES**

During the period, grants of £18,100 were given to charities that share a trustee with Achieved Dreams.



