

# ACHIEVED DREAMS

England & Wales · Charity number 1198960

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-05-16

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Flat 3 WESTERN HOUSE  
1a West Bank  
London  
N16 5DG

**Phone** 07903116215

**Email** [viznitzuk@gmail.com](mailto:viznitzuk@gmail.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO AREA) THE PREVENTION AND RELIEF OF POVERTY WITHIN THE UNITED KINGDOM AND ABROAD TO INDIVIDUALS IN NEED BY MAKING GRANTS OF MONEY TO THEM, OR PAYING FOR ITEMS, SERVICES OR FACILITIES FOR THEM OR BY MAKING GRANTS TO CHARITIES AND OTHER ORGANISATIONS WORKING TO PREVENT POVERTY AND NEED. B) THE ADVANCEMENT OF EDUCATION WITHIN THE UNITED KINGDOM AND ABROAD FOR THE BENEFIT OF THE PUBLIC, BY ASSISTING ORGANISATIONS SUPPORTING THE WORK OF EDUCATION ESTABLISHMENTS OR ASSOCIATED WITH THEM.C) THE ADVANCEMENT OF THE ORTHODOX JEWISH RELIGION WITHIN THE UNITED KINGDOM AND ABROAD FOR THE BENEFIT OF THE PUBLIC, BY RAISING AWARENESS AND UNDERSTANDING OF RELIGIOUS BELIEFS AND PRACTICES. D) THE ADVANCEMENT OF SUCH OTHER OBJECTS AS ARE FOR THE BENEFIT OF THE PUBLIC AND CHARITABLE ACCORDING TO ENGLISH LAW.

**Activities:** Achieved Dream's mission is to optimise the mental and physical wellbeing in young people. Our vision is that all children have an opportunity and financial security to develop all of their potential: in sport, recreation, life and community. These activities and grants made help achieve the charity's objects that are for the benefit of the public and charitable according to English Law.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Religious Activities
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-30	£126,460	£70,451	-	-
2024-04-30	£122,925	£99,494	-	-
2023-04-30	£71,572	£69,896	-	-

## Trustees

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Name	Role	Appointed
Chanoich Muller	Chair	2021-09-02
Moishe Grunfeld		2021-09-02
Shiendel Deblinger		2021-09-02

**ACHIEVED DREAMS**

England & Wales - Charity number 1198960

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# Accounts

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# FOLLOW YOUR DREAMS



ACHIEVED DREAMS 2025  
IMPACT REPORT

INSPIRING YOUTH TO  
ASPIRE AND ACHIEVE



# CHAIR'S MESSAGE

This year, we are proud to present our 2025 Impact Report, themed "Follow Your Dreams." Over the past few years, we have guided young people on a journey: first to dare to dream, then to believe in those dreams. This year, our focus has been on helping them take action—turning belief into progress and moving forward with confidence.

Following your dreams isn't always easy. It takes courage, patience, and persistence—especially for young people facing financial pressures, anxiety, or limited opportunities. Over the year, we have seen young people take meaningful steps: attending sessions, learning new skills, forming friendships, and growing in confidence. Each step builds on the last, creating lasting change.

None of this would be possible without our dedicated staff, volunteers, and partners, who walk alongside young people, empowering them to believe in their dreams and take the steps to follow them.

This report shares milestones, stories, and evidence of progress, celebrating growth, resilience, and action. With your continued support, we will help more young people follow their dreams—step by step—and build brighter futures for themselves and their communities.

**C. MULLER**  
CHAIR, ACHIEVED DREAMS



**DARE** → **BELIEVE** → **FOLLOW**

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## OUR MISSION

TO OPTIMISE THE MENTAL AND PHYSICAL WELLBEING OF YOUNG PEOPLE.

## OUR VISION

ALL CHILDREN HAVE OPPORTUNITIES AND SECURITY TO DEVELOP THEIR POTENTIAL—IN SPORTS, RECREATION, LIFE, AND COMMUNITY.

## OUR GOALS

TO PROVIDE SERVICES THAT SUPPORT YOUTH, PROMOTING HAPPINESS, CONFIDENCE, AND RESILIENCE.

## TURNING DREAMS INTO ACTION

DREAMS ARE ONLY THE FIRST STEP. AT ACHIEVED DREAMS, WE HELP YOUNG PEOPLE BELIEVE IN THEMSELVES AND TAKE ACTION. THROUGH PROGRAMMES LIKE EMPOWERING DREAMS, CONNECTION CORNER, AND RESILIENCE RISING, PARTICIPANTS GAIN SKILLS, BUILD CONFIDENCE, AND FIND SUPPORT TO TURN AMBITION INTO ACHIEVEMENT.

THIS YEAR, OUR FOCUS HAS BEEN ON THE "FOLLOW YOUR DREAMS" JOURNEY—MOVING FROM IMAGINING WHAT'S POSSIBLE, TO BELIEVING IN IT, TO TAKING REAL STEPS FORWARD. EACH PROGRAMME CREATES SAFE SPACES WHERE YOUNG PEOPLE CAN GROW, CONNECT, AND SUCCEED, SHOWING THAT WITH GUIDANCE AND PERSISTENCE, DREAMS CAN BE FOLLOWED AND ACHIEVED.



# IMPACT AT A GLANCE 2025

## EMPOWERING DREAMS: SOFT SKILLS FOR GROWTH

Young people gain practical skills in finance, careers, and teamwork, boosting confidence at school and beyond.



**83**

participants

**69%**

more confident managing money

**82%**

better equipped academically and socially



"I feel more confident speaking up in class and sharing my ideas. Lately school doesn't feel so intimidating."  
- 16

## DIGITAL & SOCIAL CONFIDENCE

Learning to navigate online spaces safely while building social confidence.



**32**

Participants

**84%**

improved online safety awareness

**81%**

reported increased confidence socially



"I'm more careful about what I share online and feel braver talking to people face to face."  
- 14

## NURTURING AMBITIONS: MEAL PROVISION

Nutritious meals keep young people energised and focused, supporting learning and wellbeing.



**3800**

Meals served

**88%**

reported better focus and energy

**78%**

Feeling healthier



"Having meals here meant I could pay attention and stay awake. I'm not as tired as before."  
- 12



# IMPACT AT A GLANCE 2025

## CONNECTION CORNER: FRIENDSHIPS & CONFIDENCE

Arts, sports, trips, and after-school activities help young people make friends, try new experiences, and feel part of a community.



**105**

participants

**92%**

stronger social confidence

**89%**

deeper sense of belonging



"I look forward to coming every week. I've made friends and feel more confident being myself."  
- 15



## RESILIENCE RISING: PEER SUPPORT & WELLBEING

Supportive sessions teach young people practical ways to manage stress and build coping skills.



**70**

Participants

**77%**

reported lower anxiety

**83%**

gained stress-management skills



"Now when I get stressed, I know how to calm down and think things through."  
- 15



## STRONGER BONDS: FAMILIES & RELATIONSHIPS

Families develop better communication, trust, and understanding, creating supportive home environments.



**32**

Families

**73%**

reported improved communication and trust

**78%**

reported happier home lives



"We talk more openly now. There's less tension, and we understand each other better."  
- Parent



# A LOOK AT THE YEAR



# CASE STUDY - MIRA'S JOURNEY



MIRA, 14, HAD ALWAYS BEEN QUIET. SHE LOVED DRAWING AND ENJOYED BEING ACTIVE, BUT SHE RARELY JOINED SCHOOL ACTIVITIES AND OFTEN FELT INVISIBLE. STRESS FROM SCHOOL AND HOME LEFT HER ANXIOUS, AND SHE STRUGGLED TO SPEAK UP OR TRY NEW THINGS.

WHEN SHE STARTED ATTENDING CONNECTION CORNER, MIRA BEGAN EXPERIMENTING WITH ARTS AND JOINING SPORTS SESSIONS. AT FIRST SHE HUNG BACK, QUIETLY WATCHING. SLOWLY, SHE STARTED PAINTING WITH THE GROUP, JOINING IN GAMES, AND OFFERING TO HELP YOUNGER PARTICIPANTS. ENCOURAGEMENT FROM STAFF AND PEERS GAVE HER CONFIDENCE TO KEEP TRYING.

IN RESILIENCE RISING, MIRA LEARNED WAYS TO MANAGE STRESS. MINDFULNESS EXERCISES, BREATHING TECHNIQUES, AND SHARING EXPERIENCES WITH OTHERS SHOWED HER THAT SMALL STEPS COULD MAKE A REAL DIFFERENCE. SHE REALIZED SHE WASN'T ALONE, AND THAT TRYING—EVEN WHEN UNSURE—WAS PART OF LEARNING.

BY THE END OF THE YEAR, MIRA HAD MADE FRIENDS SHE COULD RELY ON, SHARED HER ARTWORK AT A COMMUNITY SHOWCASE, AND JOINED A LOCAL SPORTS CLUB. "I NEVER IMAGINED I COULD TRY SO MANY NEW THINGS. I'M STILL LEARNING, BUT NOW I KNOW I CAN KEEP GOING."

MIRA CONTINUES TO EXPLORE NEW OPPORTUNITIES, GROWING IN CONFIDENCE AND TAKING EACH STEP TOWARD FOLLOWING HER DREAMS.

## LOOKING AHEAD



- ACHIEVED DREAMS WILL CONTINUE TO:
- REACH MORE YOUNG PEOPLE AND FAMILIES
  - STRENGTHEN PATHWAYS INTO EDUCATION, TRAINING, AND EMPLOYMENT
  - ENCOURAGE YOUTH LEADERSHIP AND PARTICIPATION
  - PROVIDE SAFE, SUPPORTIVE SPACES FOR GROWTH, CONFIDENCE, AND WELLBEING

TOGETHER, WE WILL HELP YOUNG PEOPLE FOLLOW THEIR DREAMS—  
STEP BY STEP, WITH CONFIDENCE AND SUPPORT.



# **ACHIEVED DREAMS**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 30 APRIL 2025**

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The trustees present their annual report and financial statements for the year ended 30 April 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's CIO Foundation Constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### **Objectives and activities**

The charity's objectives are included in the accompanying pages.

##### *Publicbenefit*

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

##### *Significant activities and achievements against objectives*

The charity's activities are described extensively in the accompanying pages.

During the year the charity provided charitable activities to the value of £36,869 (2024: £70,241) and made grants totalling £17,200 (2024: £26,058).

#### **Financial review**

The financial results for the year to 30 April 2025 are fully reflected in the attached Financial Statements and the Notes thereon.

As at 30 April 2025, the charity had Unrestricted Funds of £91,621 and Restricted Funds of £3,936.

##### *Reserves policy*

The charity's policy is to maintain Unrestricted funds at a level which the trustees deem appropriate after considering future commitments and the likely costs for the next year.

#### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation and is governed by its Foundation Constitution dated 16 May 2022.

The trustees who served during the year and up to the date of signature of the financial statements were:

C Muller  
M Grunfeld  
S Deblinger

##### *Recruitment and appointment of trustees*

New trustees are appointed based on personal competence, availability and knowledge and familiarity with the community which the charity serves. New trustees are inducted into the workings of the charity by the existing trustees.

None of the trustees has any beneficial interest in the charity.

##### *Organisational structure*

The trustees administer the day-to-day affairs of the charity.



**ACHIEVED DREAMS**  
**TRUSTEES' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

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The trustees' report was approved by the Board of Trustees.

C Muller  
**Trustee**

24 February 2026



## **ACHIEVED DREAMS**

### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

#### ***FOR THE YEAR ENDED 30 APRIL 2025***

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The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports)

Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



# ACHIEVED DREAMS

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF ACHIEVED DREAMS

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I report to the trustees on my examination of the financial statements of Achieved Dreams (the charity) for the year ended 30 April 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

#### **Pini Shebson ACA**

CHS Accountants Limited  
Lower Ground Floor,  
13 High Road  
London N15 6LT

Dated: 24 February 2026



**ACHIEVED DREAMS**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**INCLUDING INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 30 APRIL 2025**

|                                         | Notes | Unrestricted funds<br>2025<br>£ | Restricted funds<br>2025<br>£ | Total<br>2025<br>£ | Unrestricted funds<br>2024<br>£ |
|-----------------------------------------|-------|---------------------------------|-------------------------------|--------------------|---------------------------------|
| <b>Income from:</b>                     |       |                                 |                               |                    |                                 |
| Donations and legacies                  | 3     | 68,455                          | 58,005                        | 126,460            | 122,925                         |
| <b>Total income</b>                     |       | <u>68,455</u>                   | <u>58,005</u>                 | <u>126,460</u>     | <u>122,925</u>                  |
| <b>Expenditure on:</b>                  |       |                                 |                               |                    |                                 |
| Raising funds                           | 4     | -                               | -                             | -                  | 1,755                           |
| Charitable activities                   | 5     | 1,940                           | 54,069                        | 56,009             | 97,740                          |
| <b>Total expenditure</b>                |       | <u>1,940</u>                    | <u>54,069</u>                 | <u>56,009</u>      | <u>99,495</u>                   |
| <b>Net income and movement in funds</b> |       | 66,515                          | 3,936                         | 70,451             | 23,430                          |
| <b>Reconciliation of funds:</b>         |       |                                 |                               |                    |                                 |
| Fund balances at 1 May 2024             |       | 25,106                          | -                             | 25,106             | 1,676                           |
| <b>Fund balances at 30 April 2025</b>   |       | <u>91,621</u>                   | <u>3,936</u>                  | <u>95,557</u>      | <u>25,106</u>                   |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.



**ACHIEVED DREAMS**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 APRIL 2025**

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|                                 | Notes | 2025<br>£     | £             | 2024<br>£     | £             |
|---------------------------------|-------|---------------|---------------|---------------|---------------|
| <b>Current assets</b>           |       |               |               |               |               |
| Trade and other receivables     | 12    | 86,262        |               | 25,537        |               |
| Cash at bank and in hand        |       | 10,735        |               | 10,009        |               |
|                                 |       | <u>96,997</u> |               | <u>35,546</u> |               |
| <b>Current liabilities</b>      | 13    | (1,440)       |               | (10,440)      |               |
| <b>Net current assets</b>       |       |               | <u>95,557</u> |               | <u>25,106</u> |
| <b>The funds of the charity</b> |       |               |               |               |               |
| Restricted income funds         | 14    |               | 3,936         |               | -             |
| Unrestricted funds              | 15    |               | 91,621        |               | 25,106        |
|                                 |       |               | <u>95,557</u> |               | <u>25,106</u> |

The financial statements were approved by the trustees on 24 February 2026

C Muller  
**Trustee**



# ACHIEVED DREAMS

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 30 APRIL 2025

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#### 1 Accounting policies

##### Charity information

Achieved Dreams is a registered charity, governed by its CIO Foundation Constitution dated 16 May 2022.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

##### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.



# ACHIEVED DREAMS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2025

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#### 1 Accounting policies

(Continued)

##### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

##### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.



**ACHIEVED DREAMS**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

**1 Accounting policies**

(Continued)

**1.8 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**3 Income from donations and legacies**

|                     | <b>Unrestricted<br/>funds<br/>2025<br/>£</b> | <b>Restricted<br/>funds<br/>2025<br/>£</b> | <b>Total<br/>2025<br/>£</b> | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> | <b>Restricted<br/>funds<br/>2024<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|---------------------|----------------------------------------------|--------------------------------------------|-----------------------------|----------------------------------------------|--------------------------------------------|-----------------------------|
| Donations and gifts | 68,455                                       | 58,005                                     | 126,460                     | 122,925                                      | -                                          | 122,925                     |

**4 Expenditure on raising funds**

|                                  | <b>Unrestricted<br/>funds<br/>2025<br/>£</b> | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> |
|----------------------------------|----------------------------------------------|----------------------------------------------|
| <b>Fundraising and publicity</b> |                                              |                                              |
| Other fundraising costs          | -                                            | 1,755                                        |



**ACHIEVED DREAMS**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

**5 Expenditure on charitable activities**

|                                                           | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|-----------------------------------------------------------|-----------------------------|-----------------------------|
| <b>Direct costs</b>                                       |                             |                             |
| Charitable activities                                     | 36,869                      | 70,242                      |
| Grant funding of activities (see note 6)                  | 17,200                      | 26,058                      |
| <b>Share of support and governance costs (see note 7)</b> |                             |                             |
| Governance                                                | 1,940                       | 1,440                       |
|                                                           | <u>56,009</u>               | <u>97,740</u>               |
| <b>Analysis by fund</b>                                   |                             |                             |
| Unrestricted funds                                        | 1,940                       | 97,740                      |
| Restricted funds                                          | 54,069                      | -                           |
|                                                           | <u>56,009</u>               | <u>97,740</u>               |

**6 Grants payable**

|                         | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|-------------------------|-----------------------------|-----------------------------|
| Grants to institutions: |                             |                             |
| Zichron Mordechai Trust | 5,000                       | -                           |
| Ohr Emes Ltd            | 7,800                       | -                           |
| Other                   | 950                         | 24,130                      |
|                         | <u>13,750</u>               | <u>24,130</u>               |
| Grants to individuals   | 3,450                       | 1,928                       |
|                         | <u>17,200</u>               | <u>26,058</u>               |

£7,800 was granted to Ohr Emes Ltd, a charity that shares the same trustees as Achieved Dreams.

**7 Support costs allocated to activities**

|                          | <b>2025<br/>£</b> | <b>2024<br/>£</b> |
|--------------------------|-------------------|-------------------|
| Governance costs         | <u>1,940</u>      | <u>1,440</u>      |
| <b>Analysed between:</b> |                   |                   |
| Charitable activities    | <u>1,940</u>      | <u>1,440</u>      |



**ACHIEVED DREAMS**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

|           |                                                                                                                                   | (Continued)   |               |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------|---------------|---------------|
|           |                                                                                                                                   | 2025          | 2024          |
|           |                                                                                                                                   | £             | £             |
| <b>7</b>  | <b>Support costs allocated to activities</b>                                                                                      |               |               |
|           | <b>Governance costs comprise:</b>                                                                                                 |               |               |
|           | Independent examiners fees                                                                                                        | 1,440         | 1,440         |
|           | Legal and professional                                                                                                            | 500           | -             |
|           |                                                                                                                                   | <u>1,940</u>  | <u>1,440</u>  |
| <b>8</b>  | <b>Net movement in funds</b>                                                                                                      | <b>2025</b>   | <b>2024</b>   |
|           |                                                                                                                                   | £             | £             |
|           | The net movement in funds is stated after charging/(crediting):                                                                   |               |               |
|           | Fees payable for the independent examination of the charity's financial statements                                                | 1,440         | 1,440         |
|           |                                                                                                                                   | <u>1,440</u>  | <u>1,440</u>  |
| <b>9</b>  | <b>Trustees</b>                                                                                                                   |               |               |
|           | None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year. |               |               |
| <b>10</b> | <b>Employees</b>                                                                                                                  |               |               |
|           | The average monthly number of employees during the year was:                                                                      |               |               |
|           |                                                                                                                                   | <b>2025</b>   | <b>2024</b>   |
|           |                                                                                                                                   | Number        | Number        |
|           | Total                                                                                                                             | -             | -             |
|           |                                                                                                                                   | <u>-</u>      | <u>-</u>      |
|           | There were no employees whose annual remuneration was more than £60,000.                                                          |               |               |
| <b>11</b> | <b>Taxation</b>                                                                                                                   |               |               |
|           | The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.                  |               |               |
| <b>12</b> | <b>Trade and other receivables</b>                                                                                                |               |               |
|           | <b>Amounts falling due within one year:</b>                                                                                       | <b>2025</b>   | <b>2024</b>   |
|           |                                                                                                                                   | £             | £             |
|           | Other debtors                                                                                                                     | 86,262        | 25,537        |
|           |                                                                                                                                   | <u>86,262</u> | <u>25,537</u> |

Other debtors includes a loan of £83,812 to Ezer Viznitz Foundation, a charity that shares a trustee with Achieved Dreams. It also includes a loan of £2,450 to Ohr Emes Ltd, a charity that shares the same trustees as Achieved Dreams.



**ACHIEVED DREAMS**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

**13 Current liabilities**

|                              | <b>2025</b>  | <b>2024</b>   |
|------------------------------|--------------|---------------|
|                              | £            | £             |
| Other payables               | -            | 9,000         |
| Accruals and deferred income | 1,440        | 1,440         |
|                              | <u>1,440</u> | <u>10,440</u> |

**14 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

|  | <b>At 1 May 2024</b> | <b>Incoming resources</b> | <b>Resources expended</b> | <b>At 30 April 2025</b> |
|--|----------------------|---------------------------|---------------------------|-------------------------|
|  | £                    | £                         | £                         | £                       |
|  | -                    | 58,005                    | (54,069)                  | 3,936                   |
|  | <u>-</u>             | <u>58,005</u>             | <u>(54,069)</u>           | <u>3,936</u>            |

**15 Unrestricted funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

|               | <b>At 1 May 2024</b> | <b>Incoming resources</b> | <b>Resources expended</b> | <b>At 30 April 2025</b> |
|---------------|----------------------|---------------------------|---------------------------|-------------------------|
|               | £                    | £                         | £                         | £                       |
| General funds | 25,106               | 68,455                    | (1,940)                   | 91,621                  |
|               | <u>25,106</u>        | <u>68,455</u>             | <u>(1,940)</u>            | <u>91,621</u>           |

**Previous year:**

|               | <b>At 1 May 2023</b> | <b>Incoming resources</b> | <b>Resources expended</b> | <b>At 30 April 2024</b> |
|---------------|----------------------|---------------------------|---------------------------|-------------------------|
|               | £                    | £                         | £                         | £                       |
| General funds | 1,676                | 122,925                   | (99,495)                  | 25,106                  |
|               | <u>1,676</u>         | <u>122,925</u>            | <u>(99,495)</u>           | <u>25,106</u>           |

**16 Analysis of net assets between funds**

|                              | <b>Unrestricted funds</b> | <b>Restricted funds</b> | <b>Total</b>  |
|------------------------------|---------------------------|-------------------------|---------------|
|                              | <b>2025</b>               | <b>2025</b>             | <b>2025</b>   |
|                              | £                         | £                       | £             |
| <b>At 30 April 2025:</b>     |                           |                         |               |
| Current assets/(liabilities) | 91,621                    | 3,936                   | 95,557        |
|                              | <u>91,621</u>             | <u>3,936</u>            | <u>95,557</u> |



**ACHIEVED DREAMS**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2025**

**16 Analysis of net assets between funds**

(Continued)

|                              | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> | <b>Restricted<br/>funds<br/>2024<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|------------------------------|----------------------------------------------|--------------------------------------------|-----------------------------|
| <b>At 30 April 2024:</b>     |                                              |                                            |                             |
| Current assets/(liabilities) | 25,106                                       | -                                          | 25,106                      |
|                              | <u>25,106</u>                                | <u>-</u>                                   | <u>25,106</u>               |
|                              | <u>25,106</u>                                | <u>-</u>                                   | <u>25,106</u>               |

**17 Related party transactions**

Other than those disclosed above, there were no disclosable related party transactions during the year.

## **ACHIEVED DREAMS LEGAL AND ADMINISTRATIVE INFORMATION**

|                             |                                                                                  |
|-----------------------------|----------------------------------------------------------------------------------|
| <b>Trustees</b>             | C Muller<br>M Grunfeld<br>S Deblinger                                            |
| <b>Charity number</b>       | 1198960                                                                          |
| <b>Independent examiner</b> | CHS Accountants Limited<br>Lower Ground Floor,<br>13 High Road<br>London N15 6LT |



**"FOLLOWING YOUR DREAMS IS ABOUT TAKING THE NEXT  
STEP—  
SHOWING UP, LEARNING, AND CONTINUING FORWARD,  
EVEN WHEN THE JOURNEY FEELS CHALLENGING."**

**ACHIEVED DREAMS**

England & Wales - Charity number 1198960

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# Accounts

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# BELIEVE IN YOUR DREAMS

INSPIRING YOUTH TO ASPIRE AND ACHIEVE

ACHIEVED DREAMS

2024 IMPACT REPORT



# MESSAGE FROM OUR TRUSTEES

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“THIS IS JUST THE BEGINNING, AND TOGETHER, WE’LL CONTINUE TO HELP MORE YOUNG PEOPLE BELIEVE IN THEIR DREAMS, TAKE ACTION, AND ACHIEVE GREATNESS.”

As the Chair of Achieved Dreams, I’m proud to present our 2024 Impact Report with the theme, “Believe in Your Dreams.”

This year has been all about turning belief into action. Last year, we invited everyone to “Dare to Dream,” and this year, we took it a step further—embracing the power of believing in those dreams and working hard to make them real. Belief is the foundation of everything we do. It’s the spark that ignites change, the force that drives us to go further, and the courage to push through challenges. Over the past year, we’ve watched countless young people take that leap—from imagining a brighter future to making that future happen. With the support of our incredible team, dedicated volunteers, and generous partners, their belief in themselves has been the fuel for success.

In this report, you’ll read about the milestones and successes that have made this year special. From learning new skills to achieving long-held goals, these stories demonstrate the transformative power of self-belief. While we’re proud of everything we’ve accomplished, we know the journey is ongoing. This is just the beginning, and together, we’ll continue to help more young people believe in their dreams, take action, and achieve greatness.

A heartfelt thank you to everyone who’s been part of this journey. Your belief in our mission and in the potential of young people has made all the difference. We look forward to another year of dreams, action, and success.

**C. Muller**  
**Chair,**  
**Achieved Dreams**

# THANK YOU TO OUR SUPPORTERS FOR BELIEVING IN US AND TURNING DREAMS INTO REALITY.

Stronger  
Starts.

In partnership with



LADBROKES CORAL  
TRUST

CAF  
Charities Aid Foundation

Family Fund  
Helping disabled children



SPORT  
ENGLAND



Haringey  
Community  
Collaborative

NPC  
New Philanthropy Capital

Hackney



SBH Charitable Trust

The Forrester  
Family Trust

TRANSPORT  
FOR LONDON

cashfor**kids**

SKIPTON  
BUILDING SOCIETY

The London  
Community  
Foundation

GO! LONDON  
CHANGING THE LIVES OF YOUNG PEOPLE

HACKNEY  
GIVING  
#FairerSociety

Hays Travel

COMMUNITY  
FUND

ROEDEAN  
Roedean School, Brighton, BN2 5RQ, United Kingdom  
www.roedean.co.uk

RANGOONWALA FOUNDATION  
SERVICE TO HUMANITY



SK | STONE KING  
FOUNDATION

PEOPLE'S  
POSTCODE  
LOTTERY

POSTCODE  
SOCIETY  
TRUST

## OUR VISION

OUR VISION IS THAT ALL CHILDREN HAVE AN OPPORTUNITY AND FINANCIAL SECURITY TO DEVELOP ALL OF THEIR POTENTIAL: IN SPORTS, RECREATION, LIFE AND COMMUNITY.

## OUR MISSION

TO OPTIMISE THE MENTAL AND PHYSICAL WELLBEING IN YOUNG PEOPLE.

## OUR GOALS

TO PROVIDE SERVICES THAT IMPACT AND SUPPORT YOUTH, PROMOTING HAPPINESS AND RESILIENCE IN YOUNG PEOPLE TODAY

## THE POWER OF POSSIBILITY

At Achieved Dreams, we believe in the endless possibilities that await young people when they are given the right support and opportunities. This year, we've made significant strides in turning these possibilities into reality through our diverse programs. Each initiative is designed to empower youth, foster personal growth, and create lasting change. Over the next few pages are the key programs that showcase the impact we've had on individuals and communities.



# EMPOWERING DREAMS: BUILDING SOFT SKILLS FOR ACADEMIC, PERSONAL, AND CAREER GROWTH

PARTICIPANTS: 80 YOUNG PEOPLE

## IMPACT:

- 72% reported increased confidence in managing finances and preparing for employment.
- 85% felt better equipped to handle academic and social challenges.
- Empowering Dreams integrates financial literacy with employability training and essential soft skills development. Through workshops on budgeting, career preparation, and communication, we provide young people with the tools to succeed academically, manage money, and prepare for the workforce.

## KEY COMPONENTS:

Money Moves: Personal finance skills—budgeting, saving, and decision-making.  
Future Ready: Employability training—resumes, interviews, and entrepreneurship.  
Soft Skills: Leadership, teamwork, communication, and problem-solving.

## TESTIMONIAL:

“I never realised how much I could improve my communication until I started the program. Now I feel more confident when talking in front of others.” — Eli, 17



# 2

## NURTURING AMBITIONS: ENSURING HEALTH AND WELL-BEING THROUGH MEAL PROVISIONS

OUR MEAL PROVISIONS PROGRAM PROVIDES NUTRITIOUS MEALS TO YOUNG PEOPLE FACING FOOD INSECURITY, ADDRESSING DAILY NUTRITIONAL NEEDS AND COMBATING HOLIDAY HUNGER. BY FUELING THEIR HEALTH, WE HELP THEM STAY FOCUSED, LEARN, AND THRIVE.

### IMPACT:

3,800 meals served

90% reported improved focus and energy levels

### CASE STUDY:

11-year-old Ari, who often skipped meals due to financial struggles, shared, "I'd go the whole day without eating much, and it made me feel tired." After receiving meals through the program, Ari stayed energized, and his mother noticed he was less irritable and more focused on schoolwork. Teachers reported increased engagement, highlighting the impact of proper nutrition on academic success.





# DIGITAL & SOCIAL CONFIDENCE: NAVIGATING ONLINE & OFFLINE SPACES

USERS REACHED: 30 ATTENDEES

**IMPACT:**

**88%**

DEMONSTRATED IMPROVED ONLINE  
SAFETY AWARENESS AND SOCIAL  
SKILLS.

This program educates young people on responsible digital behaviour while boosting their confidence in real-world social situations.

**TESTIMONIAL:**

“I had no idea about the risks online until this session. Now I feel more confident protecting my privacy and making safe choices.” — Miriam, 15



# CONNECTION CORNER: BUILDING FRIENDSHIPS, CONFIDENCE, AND SKILLS THROUGH ARTS, SPORTS, AND SHARED EXPERIENCES

Connection Corner offers young people a welcoming space to engage in various activities such as arts, sports, weekend trips, and after-school programs. The program focuses on building friendships, developing social skills, and boosting self-confidence through fun, interactive activities. Whether it's working as a team, exploring new hobbies, or sharing meals, participants gain valuable life skills in communication, leadership, and resilience, all while creating lasting memories and a strong sense of community.

## IMPACT:

- Users Reached: 98 young people
- 95% of participants reported improved social confidence and a stronger sense of belonging.

## TESTIMONIAL:

"Before Connection Corner, I was always shy and struggled to talk to new people. But after going on trips and working together in sports, I've made so many friends and feel a lot more confident in myself."

— Alexander, 15

## MINI CASE STUDIES:

- Emma, 10: Often struggled to connect with her peers. After participating in arts workshops and weekend outings, she developed creative skills and formed lasting friendships. "The activities were so much fun, and I felt like I was part of something bigger. It helped me get out of my shell and be more myself."
- Sarah, 13: Had trouble socializing and stayed away from group activities. After engaging in team sports and collaborative exercises, she became more confident and formed meaningful friendships. "I used to feel invisible, but now I have a place where I belong."

# 5

## RESILIENCE RISING: EMPOWERING YOUTH THROUGH PEER SUPPORT & WELL-BEING STRATEGIES

USERS REACHED: 66 PARTICIPANTS

### IMPACT:

- 80% reported reduced anxiety and improved coping skills.
- 85% learned effective stress-management techniques.

Resilience Rising provides a safe space for young people to share experiences, develop coping strategies, and build resilience through trauma-informed peer support and self-care workshops. By equipping participants with mindfulness and stress-management techniques, we empower them to navigate personal and academic challenges with confidence.

### TESTIMONIAL:

“These sessions helped me open up about my struggles and gave me practical tools to deal with anxiety. I’m not alone anymore.” — Liba, 15

### MINI CASE STUDY:

Benny, 14, struggled with academic pressure and family stress. Through our sessions, he learned mindfulness techniques that helped him stay calm and focused. “I don’t let stress take over anymore—I have ways to handle it now,” he shared.



6

# STRONGER BONDS: BUILDING HEALTHY RELATIONSHIPS & SOCIAL CONNECTIONS

PARTICIPANTS: 30 FAMILIES

IMPACT: 27 YOUTH

75% REPORTED IMPROVED COMMUNICATION  
AND TRUST IN THEIR RELATIONSHIPS.

This program helps young people and their families develop trust, emotional awareness, and conflict resolution strategies, empowering them to connect with others in both personal and professional settings.

## MINI CASE STUDY:

Minna, a mother of two teens, struggled with communication. After participating in this program, she developed better ways to listen and engage with her children, creating a more supportive home environment. Similarly, Jonathon, 15, gained the confidence to express his feelings, strengthening his relationships with family and friends.





“EXPRESSING MYSELF THROUGH ART HAS HELPED ME FEEL MORE IN CONTROL OF MY EMOTIONS. IT’S MY WAY OF TELLING MY STORY.” — ELLA

# KEY ACHIEVEMENTS TABLE

| PROGRAM NAME                | USERS REACHED                 | USERS IMPACTED (%) |
|-----------------------------|-------------------------------|--------------------|
| EMPOWERING DREAMS           | 80                            | 72%                |
| NURTURING AMBITIONS         | 3,800<br>MEALS SERVED         | 90%                |
| DIGITAL & SOCIAL CONFIDENCE | 30                            | 85%                |
| RESILIENCE RISING           | 16                            | 80%                |
| CONNECTION CORNER           | 98                            | 95%                |
| STRONGER BONDS              | 30<br>FAMILIES<br>27<br>TEENS | 80%                |

# OUR FUTURE GOALS: BUILDING A STRONGER TOMORROW

At Achieved Dreams, we are focused on creating lasting impact for young people. Looking ahead, we're committed to the following goals to continue supporting their growth and success:

## 1. EXPANDING REACH & IMPACT

We aim to increase youth participation by 25%, bringing more young people into our programs and ensuring they have access to the resources they need to thrive. By extending our reach, we can provide valuable opportunities to a broader community.

## 2. EMPOWERING YOUTH THROUGH LEADERSHIP & INNOVATION

We want to encourage youth to take the lead in shaping their communities. By offering mentorship and resources, we'll help them create and manage their own initiatives, fostering leadership skills and a sense of responsibility.

## 3. STRENGTHENING CAREER PATHWAYS & OPPORTUNITIES

Our goal is to equip young people with the skills and connections needed to secure meaningful employment. We will focus on building partnerships with local employers, offering internships, and providing career-focused workshops to open doors for future opportunities.

Thank you to everyone who continues to support us. Together, we are building a stronger future for young people.

C. MULLER  
CHAIR, ACHIEVED DREAMS

The trustees present their report with the unaudited financial statements of the charity for the year ended 30 April 2024.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Charity No. 1198960**

#### **Principal and Registered Office**

Flat 3 Western House  
West Bank  
London  
N16 5DG

#### **Trustees**

The following trustees served during the year:

C Muller  
M Grunfeld  
S Deblinger

#### **Independent Examiners**

CHS Accountants Limited  
45 Stamford Hill  
London  
N16 5SR

## **OBJECTIVES AND ACTIVITIES**

The charity's objectives are included in the accompanying pages.

The trustees confirm their compliance with the duty to have due regard to the public benefit guidance published by the Charity Commission when reviewing the charity's aims and objectives in planning future events.

## **ACHIEVEMENTS AND PERFORMANCE**

The charity's activities are described extensively in the accompanying pages.

During the year the charity provided charitable activities to the value of £70,241 (2023: £34,900) and made grants totalling £26,058 (2023: 28,961)

The financial results for the year to 30 April 2024 are fully reflected in the attached Financial Statements and the Notes thereon.

## **FINANCIAL REVIEW**

### **Reserves Policy**

The charity's policy is to maintain Unrestricted funds at a level which the trustees deem appropriate after considering future commitments and the likely costs for the next year.

As at 30 April 2024 the charity had a deficit in Unrestricted Funds of £8,729 and a surplus of Restricted Funds of £33,835.

### **Grant Making Policy**

The charity makes grants in furtherance of its charitable objectives to individuals and organisations.

In making these grants the trustees use their personal knowledge and experience of the community and beneficiaries. The trustees monitor the application of funds by regular formal and informal correspondence.

## **PRINCIPAL RISKS AND UNCERTAINTIES**

### **Risk Management**

The trustees have identified and reviewed the major risks to which the charity is exposed, in particular operational and financial risks and are satisfied that appropriate systems are in place to manage and mitigate these risks.

## **PLANS FOR FUTURE PERIODS**

The charity plans to continue its current core charitable activities.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is a Charitable Incorporated organisation (charity number 1198960) and is governed by a Constitution dated 16 May 2022.

The trustees administer the day-to-day affairs of the charity. None of the Trustees have beneficial interest in the charity.

## **STATEMENT OF COMPLAINTS**

The charity is a public benefit entity, a registered charity in England and Wales and is unincorporated. The address of the principal office is Flat 3 Western House, 1A West Bank, London, N16 5DG

## **Statement of trustees' responsibilities in relation to the financial statements**

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

C Muller

Trustee

25 February 2025

## **Independent Examiner's Report to the trustees of ACHIEVED DREAMS**

I report to the trustees on my examination of the financial statements of ACHIEVED DREAMS for the year ended 30 April 2024 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

P Shebson ACA  
CHS Accountants Limited  
45 Stamford Hill  
London  
N16 5SR  
25 February 2025

**ACHIEVED DREAMS  
STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 30 APRIL 2024**

|                                    | Notes | Unrestricted<br>funds<br>2024<br>£ | Total funds<br>2024<br>£ | Total funds<br>2023<br>£ |
|------------------------------------|-------|------------------------------------|--------------------------|--------------------------|
| <b>Income and endowments from:</b> |       |                                    |                          |                          |
| Donations and legacies             | 2     | 88,180                             | 122,925                  | 71,572                   |
| <b>Total</b>                       |       | 88,180                             | 122,925                  | 71,572                   |
| <b>Expenditure on:</b>             |       |                                    |                          |                          |
| Raising funds                      | 3     | 1,756                              | 1,756                    | 4,595                    |
| Charitable activities              | 4     | 96,829                             | 97,739                   | 65,301                   |
| <b>Total</b>                       |       | 98,585                             | 99,495                   | 69,896                   |
| <b>Net movement in funds</b>       |       | (10,405)                           | 23,430                   | 1,676                    |
| <b>Reconciliation of funds:</b>    |       |                                    |                          |                          |
| Total funds brought forward        |       | 1,676                              | 1,676                    | -                        |
| <b>Total funds carried forward</b> |       | (8,729)                            | 25,106                   | 1,676                    |

**ACHIEVED DREAMS  
BALANCE SHEET**

**AS AT 30 APRIL 2024**

| <b>Charity No. 1198960</b>                           |    | <b>2024</b>          | <b>2023</b>         |
|------------------------------------------------------|----|----------------------|---------------------|
|                                                      |    | <b>£</b>             | <b>£</b>            |
| <b>Current assets</b>                                |    |                      |                     |
| Debtors                                              | 9  | 25,537               | -                   |
| Cash at bank and in hand                             |    | 10,009               | 12,116              |
|                                                      |    | <u>35,546</u>        | <u>12,116</u>       |
| <b>Creditors:</b> Amount falling due within one year | 10 | (10,440)             | (10,440)            |
|                                                      |    | <u>25,106</u>        | <u>1,676</u>        |
| <b>Net current assets</b>                            |    | <u>25,106</u>        | <u>1,676</u>        |
| <b>Total net assets</b>                              |    | <u><u>25,106</u></u> | <u><u>1,676</u></u> |

**The funds of the charity**

|                           |    |                      |                     |
|---------------------------|----|----------------------|---------------------|
| <b>Restricted funds</b>   | 11 |                      |                     |
| Restricted income funds   |    | 33,835               | -                   |
|                           |    | <u>33,835</u>        | <u>-</u>            |
| <b>Unrestricted funds</b> | 11 |                      |                     |
| General funds             |    | (8,729)              | 1,676               |
|                           |    | <u>(8,729)</u>       | <u>1,676</u>        |
| <b>Total funds</b>        |    | <u><u>25,106</u></u> | <u><u>1,676</u></u> |

Approved by the trustees on 25 February 2025

And signed on their behalf by:

C Muller

Trustee

25 February 2025

**ACHIEVED DREAMS  
NOTES TO THE ACCOUNTS**

**FOR THE YEAR ENDED 30 APRIL 2024**

**1 Accounting policies**

**Basis of preparation**

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

**Going concern**

The trustees, having made appropriate enquiries, consider that adequate resources exist for the charity to continue in operational existence for the foreseeable future and that, therefore, it is appropriate to adopt going concern basis in preparing the financial statements as at and for the period ended 30 April 2024. The trustees have made this assessment in respect to a period of one year from the date of approval of these accounts.

The trustees have concluded that there are no material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees are of the opinion that the charity will have sufficient resources to meet the liabilities as they fall due.

**Change in basis of accounting or to previous accounts**

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

**Fund accounting**

|                    |                                                                                                                     |
|--------------------|---------------------------------------------------------------------------------------------------------------------|
| Unrestricted funds | These are available for use at the discretion of the trustees in furtherance of the general objects of the charity. |
| Designated funds   | These are unrestricted funds earmarked by the trustees for particular purposes.                                     |
| Restricted funds   | These are available for use subject to restrictions imposed by the donor or through terms of an appeal.             |

**Income**

|                                 |                                                                                                                                                                                                                                 |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recognition of income           | Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability. |
| Income with related expenditure | Where income has related expenditure the income and related expenditure is reported gross in the SoFA.                                                                                                                          |
| Donations and legacies          | Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.                                              |

**ACHIEVED DREAMS  
NOTES TO THE ACCOUNTS**

**Expenditure**

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Trade and other debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**2 Income from donations and legacies**

|           | Unrestricted  | Restricted    | Endowment | Total<br>2024  | Total<br>2023 |
|-----------|---------------|---------------|-----------|----------------|---------------|
|           | £             | £             | £         | £              | £             |
| Donations | 88,180        | 34,745        | -         | 122,925        | 71,572        |
|           | <u>88,180</u> | <u>34,745</u> | <u>-</u>  | <u>122,925</u> | <u>71,572</u> |

## NOTES TO THE ACCOUNTS

### 3 Expenditure on raising funds

|                                             | Unrestricted | Restricted | Endowment | Total<br>2024 | Total<br>2023 |
|---------------------------------------------|--------------|------------|-----------|---------------|---------------|
|                                             | £            | £          | £         | £             | £             |
| <i>Costs of generating voluntary income</i> |              |            |           |               |               |
| Fundraising costs                           | 1,756        | -          | -         | 1,756         | 4,595         |
|                                             | <u>1,756</u> | <u>-</u>   | <u>-</u>  | <u>1,756</u>  | <u>4,595</u>  |

### 4 Expenditure on charitable activities

|                                             | Unrestricted  | Restricted | Endowment | Total<br>2024 | Total<br>2023 |
|---------------------------------------------|---------------|------------|-----------|---------------|---------------|
|                                             | £             | £          | £         | £             | £             |
| <i>Expenditure on charitable activities</i> |               |            |           |               |               |
| Charitable activities                       | 69,741        | 500        | -         | 70,241        | 34,900        |
| Grants made                                 | 25,648        | 410        | -         | 26,058        | 28,961        |
| <i>Governance costs</i>                     |               |            |           |               |               |
| Independent Examiner's Fees                 | 1,440         | -          | -         | 1,440         | 1,440         |
|                                             | <u>96,829</u> | <u>910</u> | <u>-</u>  | <u>97,739</u> | <u>65,301</u> |

### 5 Analysis of grants

| Activity or programme | Grants to<br>Institutions | Grants to<br>Individuals | Support<br>Costs | Total<br>2024 | Total<br>2023 |
|-----------------------|---------------------------|--------------------------|------------------|---------------|---------------|
|                       | £                         | £                        | £                | £             | £             |
| Grants                | 24,130                    | 1,928                    | -                | 26,058        | 28,961        |
|                       | <u>24,130</u>             | <u>1,928</u>             | <u>-</u>         | <u>26,058</u> | <u>28,961</u> |

The charity made grants of £17,400 during the year to charities with a common trustee in support of their mutual charitable objectives.

### 6 Net income before transfers

|                                | 2024  | 2023  |
|--------------------------------|-------|-------|
|                                | £     | £     |
| This is stated after charging: |       |       |
| Independent Examiner's fee     | 1,440 | 1,440 |

### 7 Trustee remuneration and expenses

None of the trustees have been paid any remuneration in the current or prior periods.

None of the trustees have been paid any expenses in the current or prior periods.

### 8 Staff costs

No employee received emoluments in excess of £60,000.

**ACHIEVED DREAMS  
NOTES TO THE ACCOUNTS**

**9 Debtors**

|               | <b>2024</b>   | <b>2023</b> |
|---------------|---------------|-------------|
|               | <b>£</b>      | <b>£</b>    |
| Other debtors | <u>25,537</u> | <u>-</u>    |
|               | <u>25,537</u> | <u>-</u>    |

The charity has made a loan to a UK registered charity with a common Trustee to support activities in line with their mutual charitable objectives.

**10 Creditors:**

amounts falling due within one year

|                 | <b>2024</b>   | <b>2023</b>   |
|-----------------|---------------|---------------|
|                 | <b>£</b>      | <b>£</b>      |
| Other creditors | 9,000         | 9,000         |
| Accruals        | <u>1,440</u>  | <u>1,440</u>  |
|                 | <u>10,440</u> | <u>10,440</u> |

**11 Movement in funds**

|                                 | <b>At 1 May<br/>2023</b> | <b>Incoming<br/>resources<br/>(including<br/>other<br/>gains/losses)</b> | <b>Resources<br/>expended</b> | <b>Gross<br/>transfers</b> | <b>At 30 April<br/>2024</b> |
|---------------------------------|--------------------------|--------------------------------------------------------------------------|-------------------------------|----------------------------|-----------------------------|
|                                 | <b>£</b>                 | <b>£</b>                                                                 | <b>£</b>                      | <b>£</b>                   | <b>£</b>                    |
| <b>Restricted funds:</b>        |                          |                                                                          |                               |                            |                             |
| <b>Restricted income funds:</b> |                          |                                                                          |                               |                            |                             |
|                                 | -                        | 34,745                                                                   | (910)                         | -                          | 33,835                      |
| <i>Total</i>                    | <u>-</u>                 | <u>34,745</u>                                                            | <u>(910)</u>                  | <u>-</u>                   | <u>33,835</u>               |
| <b>Unrestricted funds:</b>      |                          |                                                                          |                               |                            |                             |
| <b>General funds</b>            | 1,676                    | 88,180                                                                   | (98,585)                      | -                          | (8,729)                     |
| <i>Total</i>                    | <u>-</u>                 | <u>-</u>                                                                 | <u>-</u>                      | <u>-</u>                   | <u>-</u>                    |
| <b>Total funds</b>              | <u>1,676</u>             | <u>122,925</u>                                                           | <u>(99,495)</u>               | <u>-</u>                   | <u>25,106</u>               |

**12 Analysis of net assets between funds**

|                                                    | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>Endowment<br/>funds</b> | <b>Total</b>  |
|----------------------------------------------------|-------------------------------|-----------------------------|----------------------------|---------------|
|                                                    | <b>£</b>                      | <b>£</b>                    | <b>£</b>                   | <b>£</b>      |
| Fixed assets                                       | -                             | -                           | -                          | -             |
| Investments                                        | -                             | -                           | -                          | -             |
| Net current assets                                 | (8,729)                       | 33,835                      | -                          | 25,106        |
| Creditors due in more than one year and provisions | -                             | -                           | -                          | -             |
|                                                    | <u>(8,729)</u>                | <u>33,835</u>               | <u>-</u>                   | <u>25,106</u> |

**13 Related party disclosures**

Other than any mentioned above there were no related party transactions requiring disclosure during the year.

**ACHIEVED DREAMS**

England & Wales - Charity number 1198960

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# Accounts

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# Dare To Dream



*Inspiring Youth to Aspire and Achieve*

## **ACHIEVED DREAM'S IMPACT REPORT 2023**



# Message of Chair

As a trustee of Achieved Dreams Charity, I am privileged to present our impact report, highlighting the remarkable strides we have made in fulfilling our mission to optimise the mental and physical well-being of young people. We remain committed to creating a society where every young person has equal opportunities to thrive, daring them to dream and envision a future where their potential knows no bounds.

At Achieved Dreams Charity, we believe in the power of dreams. We encourage young individuals to dream big, to believe in their abilities, and to pursue their passions with unwavering determination. Our work is deeply rooted in the belief that when we dare to dream, we unlock extraordinary possibilities for young people.

By nurturing the mental well-being of young people, fostering their skills, providing nourishment, and creating safe spaces for personal development and social interaction, we are igniting the flames of their dreams. Through our programs and services, we empower them to overcome obstacles, break free from limitations, and embrace their full potential.

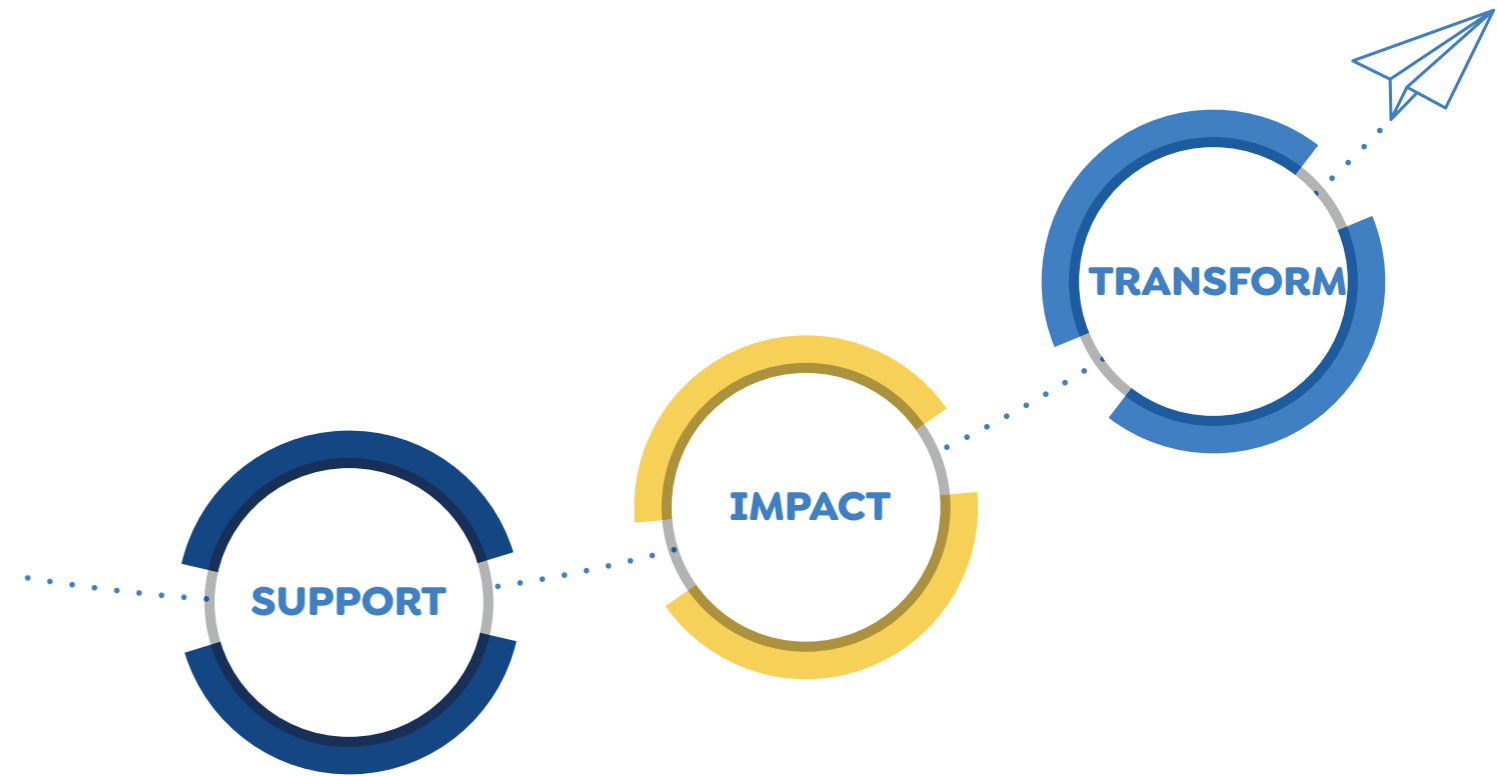
We extend our deepest appreciation to our past donors whose incredible support has enabled us to make a tangible difference in the lives of disadvantaged young people. Your contributions have transformed dreams into reality, allowing us to provide vital services such as Soft Skills Support, Meal Provisions, and the Holiday Hangout Hub. Together, we are dismantling barriers and paving the way for young individuals to achieve the dreams they dare to dream.

As we continue our journey, we invite you to join us in nurturing the dreams of young people. Your support, whether through donations or volunteering, enables us to expand our programs and reach even more young individuals in need. Together, we can create a world where every young person is encouraged to dream, supported to succeed, and empowered to make a difference.

We encourage you to explore our impact report, a testament to the meaningful outcomes made possible through your past support. Together, let us dare to dream, ignite potential, and transform lives. Thank you for your unwavering commitment.



C. Muller



## OUR MISSION

To optimise the mental and physical wellbeing in young people.

## OUR VISION

Our vision is that all children have an opportunity and financial security to develop all of their potential: in sports, recreation, life and community.

## OUR MISSION

To provide services that impact and support youth, promoting happiness and resilience in young people today.

“

*A dream becomes a goal when action is taken towards its achievement!*

**-Bo Bennet**

”



## **DARE TO DREAM:**

*UNLEASHING YOUTH POTENTIAL THROUGH NURTURING INITIATIVES AND SERVICES*

With the `Dare to Dream` ethos at its core, Achieved Dreams serves as a catalyst for unlocking the immense potential within each young individual, empowering them to pursue their dreams with unwavering confidence

and determination. Together, we embrace the transformative power of nurturing initiatives and services, creating a path towards a future where aspirations know no bounds.

Discover the highlights of our initiatives at Achieved Dreams, where we believe in a holistic approach to youth development and well-being. Our range of activities and services encompass various aspects of personal growth and support, aimed at empowering young individuals, promoting happiness, and fostering resilience. Explore the following transformative endeavours:

## **EMPOWERING DREAMS:**

*FOSTERING SOFT SKILLS FOR PERSONAL AND ACADEMIC GROWTH*

Through our carefully designed programs and workshops, we empower young individuals to cultivate essential soft skills such as communication, teamwork, problem-solving, and leadership. By honing these skills, we equip them with the tools to navigate challenges, forge positive relationships, and excel academically and personally.

## **NURTURING AMBITIONS:**

*ENSURING OPTIMAL HEALTH AND WELL-BEING THROUGH MEAL PROVISIONS*

We recognise the critical role of nutrition in promoting overall well-being. Our dedicated meal provisions program ensures that young individuals have access to nutritious meals, fuelling their physical health and enabling them to concentrate, learn, and thrive.

## **SAFE DIGITAL SOARING:**

*EMPOWERING CYBER SAFETY AWARENESS AND DIGITAL LITERACY*

In today's digital landscape, it is crucial for young individuals to navigate the online world safely and responsibly. We conduct enlightening cyber safety awareness sessions, equipping them with knowledge about online risks, privacy protection, and responsible internet usage. By fostering digital literacy and awareness, we empower them to make informed decisions and safeguard themselves online.



## **JOYFUL EXPEDITION:**

*CREATING MEMORIES AT THE HOLIDAY HANGOUT HUB*

Recognising the importance of fostering the well-being of young individuals through leisure, recreation, and social bonds, our dynamic Holiday Hangout Hub offers a secure and welcoming sanctuary. Here, they can partake in thrilling recreational pursuits, form meaningful friendships, and create delightful memories that will endure.

## **RESILIENCE RISING:**

*PEER-TO-PEER GROUP SESSIONS FOR TRAUMA AND ANXIETY SUPPORT*

Acknowledging the challenges many young individuals face in terms of trauma, anxiety, and mental health, we facilitate peer-to-peer group sessions. These professionally guided sessions create a supportive environment where they can share experiences, acquire coping strategies, and build resilience collectively.

## **THRIVING CONNECTIONS:**

*CULTIVATING RELATIONSHIP SUPPORT FOR POSITIVE INTERACTIONS*

We firmly believe that healthy relationships play a pivotal role in the well-being and development of young individuals. Our relationship support services offer guidance, counselling, and valuable resources to assist young people in establishing positive, respectful, and nurturing connections with their peers, family, and community.





## WE ASPIRED, WE ACHEIVED

Through our collective efforts and the support of our partners and donors, Achieved Dreams has achieved significant milestones and made a positive impact in the lives of young individuals. Some of our achievements include:

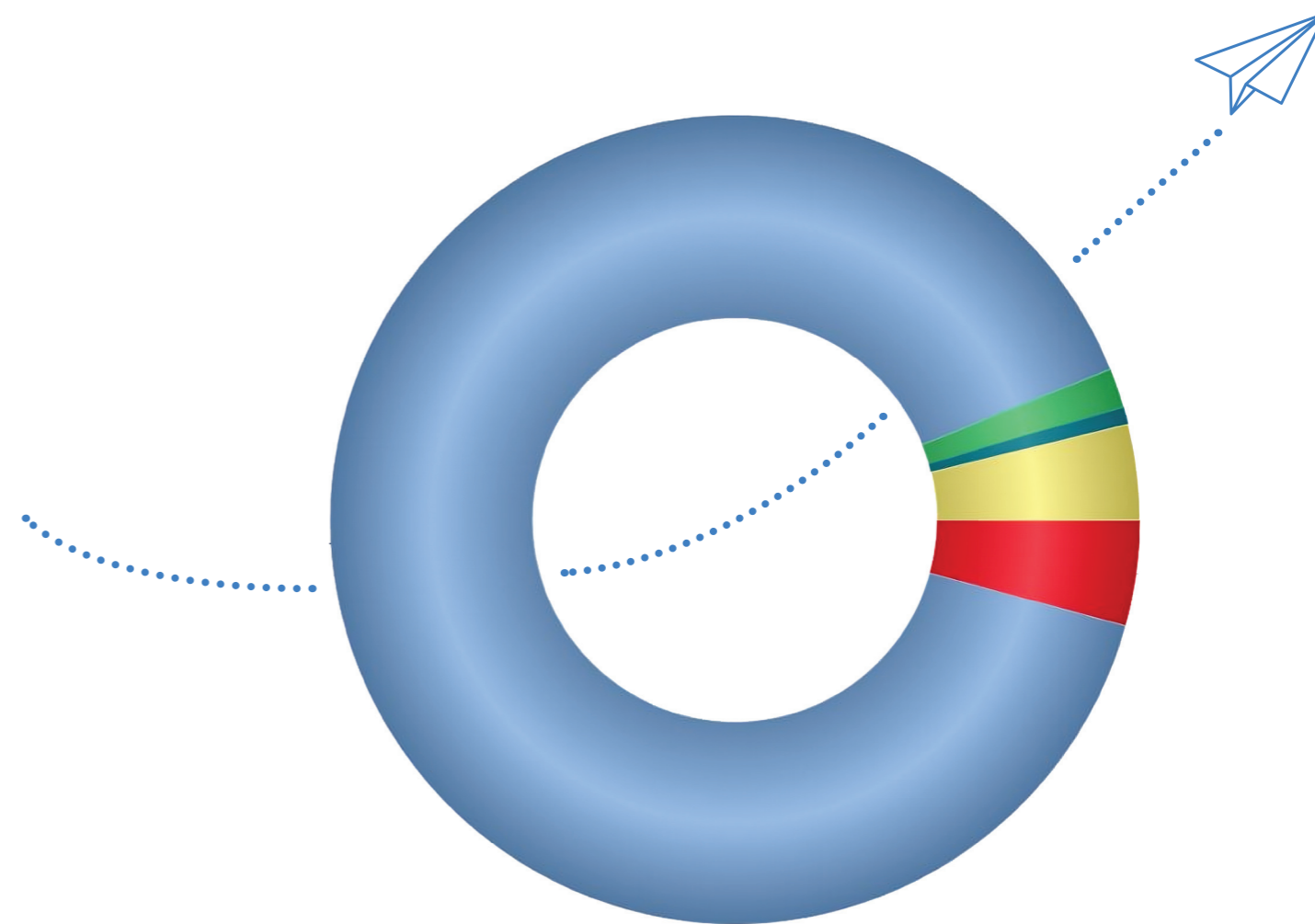
### CHANGING LIVES:

We are proud to have provided direct support activities and vital grants to individuals and charitable organisations that align with our mission. This support has directly contributed to poverty prevention, educational advancement, and overall well-being support for young people in need.

### EMPOWERING DREAMS:

*STORIES OF COURAGE, TRANSFORMATION AND SUCCESS*

Within the heart of Achieved Dreams, we have witnessed awe-inspiring stories of young individuals who dared to dream, defying all odds and emerging triumphant. These stories narrate journeys of academic achievements, personal growth, and community engagement, serving as testaments to the transformative power of our programs and services.



|                              |                                 |
|------------------------------|---------------------------------|
| Soft Skills Support:         | <b>80 participants</b>          |
| Meal Provisions:             | <b>1700 meals served</b>        |
| Cyber Safety Sessions:       | <b>30 attendees</b>             |
| Holiday Hangout Hub:         | <b>62 participants</b>          |
| Peer-to-Peer Group Sessions: | <b>13 participants</b>          |
| Relationship Support:        | <b>72 individuals supported</b> |

## TRANSFORMATIVE STORIES:



**80%** of participants improved their sports performance



**60%** increase in academic performance



**90%** reported improved mental well-being



Michelle, a socially withdrawn girl who preferred the company of books and movies, was encouraged by her mother to join our holiday hangout program. With initial hesitation, Michelle stepped into a world filled with new experiences and opportunities.

Through our program, Michelle discovered a like-minded friend who shared her love for literature. They connected over their favourite authors and characters, forming a bond that would shape Michelle's journey.

Our engaging activities introduced Michelle to the joy of throwing hoops, an activity she initially resisted. With the support of her newfound friend, Michelle embraced the challenge and soon realized the fun and excitement it brought to her life. Together, they practiced diligently, honing their

skills and developing a newfound passion for sports.

As Michelle spent more time at the Holiday Hub, she began to open up and share her thoughts and dreams with her friend. Their conversations spanned a wide range of topics, fostering a sense of trust and companionship. Michelle's transformation from a withdrawn individual to an expressive and engaged participant was evident to all who witnessed her growth.

Reflecting on her experience, Michelle expressed her heartfelt gratitude to her mother for encouraging her to join the Achieved Dreams Holiday Hub. She acknowledged the positive impact it had on her life, particularly the joy she discovered through practicing throwing hoops and the personal growth that came from stepping out of her comfort zone.



## CASE STUDY 2

Niral, devastated by her mother's recent passing, felt lost and alone in her grief. Her social worker referred her for our peer to peer group sessions. Initially hesitant, Niral decided to give it a try. In the group, she met others who had also experienced loss and found solace in sharing their

stories and supporting one another.

The group's encouragement and understanding brought her much comfort. While grief remained, Niral discovered hope and purpose through the support of her peers.



## TESTIMONIALS

“

*"My mentor Dave`s support, endless patience and belief in me has helped me believe in myself too!"*

**- Emmanuel, 16**

”

“

*"Just ask my brother. For me, lazing all day in pyjamas and fuzzy slippers are a bygone. My days have structure and meaning!"*

**- Bella, 13**

”

“

*"soft skills support sessions help me learn to manage my time better"*

**- Ori, 14**

”

As we move forward, Achieved Dreams remains dedicated to promoting youth well-being and creating lasting impact. Our future plans include:

**Expanding Capacity and Strengthening Reserves:** We are dedicated to increasing our capacity and building robust reserves, ensuring our ability to meet the growing needs of young individuals effectively.

**Sustaining Core Activities:**

We will continue to fortify and broaden our current programs, emphasizing their longevity and efficacy. Through ongoing evaluation, feedback integration, and collaboration with partners, we will adapt to the evolving requirements of young individuals.

**Launching Inspiring Projects:** We are excited to introduce new initiatives that will captivate and empower youth. These projects include:

- A. **Empowering Entrepreneurship:** We aim to provide young individuals with the tools and resources to develop entrepreneurial skills, fostering their creativity and encouraging innovation.
- B. **Mental Health and Well-being:** Recognising the importance of mental well-being, we will launch programs that focus on promoting emotional resilience, mindfulness, and self-care among youth, equipping them with strategies to navigate life's challenges.

**Enlisting Volunteers and Providing Training:** We recognise the invaluable contributions of volunteers in supporting our mission. We will actively enlist dedicated individuals and provide them with comprehensive training, empowering them to make a meaningful impact in the lives of young individuals.

**Exploring New Horizons:** Committed to making a profound difference, we will continue to explore fresh opportunities and innovative approaches. By staying updated with emerging trends, research, and best practices, we will develop novel initiatives that address the evolving challenges faced by young individuals and contribute to their overall well-being.



## OVERVIEW

### PUBLIC BENEFIT STATEMENT

The board have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aim and objectives and in planning the charity's future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives set.

### OBJECTIVES AND ACTIVITIES

#### *Objectives and aims*

The objects of the CIO are:

- A. the prevention and relief of poverty within the United Kingdom and abroad to individuals in need by making grants of money to them, or paying for items, services, or facilities for them or by making grants to charities and other organisations working to prevent poverty and need.
- B. the advancement of education within the United Kingdom and abroad for the benefit of the public, by assisting organisations supporting the work of education establishments or associated with them.
- C. the advancement of the orthodox Jewish religion within the United Kingdom and abroad for the benefit of the public, by raising awareness and understanding of religious beliefs and practices.
- D. the advancement of such other objects as are for the benefit of the public and charitable according to English law.

### Grant Making Policy

The charity has managed to build a good reputation within the local community and has a large pool of regular donors who wish to have a part in the charitable activities of the charity. Existing donors often recommend and encourage other philanthropists to pledge their support to the success of the charity.

The charity is committed to the principals set out by the Fundraising Regulator in its Code of Fundraising Practice.

When donors are approached, this is done with sensitivity and respect and with regard to their circumstances.

The trustees are pleased to report that no complaints were received in the past period in relation to its fundraising activities.

During the year the charity spent £27,300 on its activities and made grants of £28,961 to other institutions and individuals.

## FINANCIAL REVIEW

### *Financial results*

Income for the year totaled £71,572. Total expenditure for the year amounted to £69,896. Net income for the year was £1,676.

### *Reserves policy*

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary donations and grants.

The trustees consider that the ideal level of reserves as at 30 April 2023 would be three months of the expenditure which equates to approximately £17,500. The actual reserves at 30 April 2023 were £1,676. The trustees review the funds regularly and are actively looking to address any shortfall in reserves and to ensure that there are sufficient reserves to provide financial stability and flexibility.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### *Governing document*

Achieved Dreams registered with the Charity commission on 16 May 2022. The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Achieved Dreams. Trustees can retire when they do not serve under a fixed term of tenure.

### *Organisational structure*

The board of trustees administers the charity. The board meets periodically.

### *Risk management*

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have a risk management strategy which comprises:

- an annual review of the risks the charity may face;
- the establishment of systems and procedures to mitigate those risks identified in the plan;
- the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

REGISTERED CHARITY NUMBER: 1198960

ACHIEVED DREAMS

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD 16 MAY 2022 TO 30 APRIL 2023**  
**FOR**  
**ACHIEVED DREAMS**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the period 16 May 2022 to 30 April 2023**

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Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD



## ACHIEVED DREAMS

### REPORT OF THE TRUSTEES for the period 16 May 2022 to 30 April 2023

#### **PUBLIC BENEFIT STATEMENT**

The board have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aim and objectives and in planning the charity's future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives set.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are:

- a) the prevention and relief of poverty within the United Kingdom and abroad to individuals in need by making grants of money to them, or paying for items, services, or facilities for them or by making grants to charities and other organisations working to prevent poverty and need.
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- c) the advancement of the orthodox Jewish religion within the United Kingdom and abroad for the benefit of the public, by raising awareness and understanding of religious beliefs and practices.
- d) the advancement of such other objects as are for the benefit of the public and charitable according to English law.

##### **Our Mission**

To optimise the mental and physical wellbeing in young people.

##### **Our Vision**

Our vision is that all children have an opportunity and financial security to develop all of their potential: in sport, recreation, life and community.

##### **Our Goal**

To provide services that impact and support youth, promoting happiness and resilience in young people today.

##### **Support- Impact- Transform!**

##### **Principal activities and review**

To meet its objectives the charity continued to make maintenance grants to qualifying institutions and individuals alongside its charitable projects.

##### **Grant Making Policy**

The charity has managed to build a good reputation within the local community and has a large pool of regular donors who wish to have a part in the charitable activities of the charity. Existing donors often recommend and encourage other philanthropists to pledge their support to the success of the charity.

The charity is committed to the principals set out by the Fundraising Regulator in its Code of Fundraising Practice.

When donors are approached, this is done with sensitivity and respect and with regard to their circumstances.

The trustees are pleased to report that no complaints were received in the past period in relation to its fundraising activities.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

Achieved Dreams was informally founded in 2020 with the mission to help young people lead healthier and more fulfilling lives. We recognize that the current climate of uncertainty and stress has taken a toll on young people's mental health, and we want to provide them with the tools they need to take care of themselves. Our approach is holistic, taking into consideration physical health, mental health, education, career development, and relationships. We believe that by providing young people with these tools and resources, they can achieve their dreams.

Our activities and services include Skills Support, Meals Provisions, Cyber Safety Awareness sessions, Holiday Hangout Hub, Peer to Peer Trauma & Anxiety Group Sessions, and Relationship Support, and highlight our commitment to addressing the various aspects of youth development and well-being.

During the year the charity spent £34,900 on its activities and made grants of £28,961 to other institutions and individuals.

## ACHIEVED DREAMS

### REPORT OF THE TRUSTEES for the period 16 May 2022 to 30 April 2023

#### **FINANCIAL REVIEW**

##### **Financial results**

Income for the year totalled £71,572. Total expenditure for the year amounted to £69,896. Net income for the year was £1,676.

##### **Reserves policy**

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary donations and grants.

The trustees consider that the ideal level of reserves as at 30 April 2023 would be three months of the expenditure which equates to approximately £17,500. The actual reserves at 30 April 2023 were £1,676. The trustees review the funds regularly and are actively looking to address any shortfall in reserves and to ensure that there are sufficient reserves to provide financial stability and flexibility.

##### **FUTURE PLANS**

The charity will continue to promote its core activities and will consider any other projects advancing its objects.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

Achieved Dreams registered with the Charity commission on 16 May 2022. The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Recruitment and appointment of new trustees**

New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Achieved Dreams. Trustees can retire when they do not serve under a fixed term of tenure.

##### **Organisational structure**

The board of trustees administers the charity. The board meets periodically.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have a risk management strategy which comprises:

- an annual review of the risks the charity may face;
- the establishment of systems and procedures to mitigate those risks identified in the plan;
- the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1198960

##### **Principal address**

Flat 3 Western House  
1A West bank  
London  
N16 5DG

**ACHIEVED DREAMS**  
**REPORT OF THE TRUSTEES**  
**for the period 16 May 2022 to 30 April 2023**

**Trustees**

Mr C Muller Trustee  
Mr M Grunfeld Trustee  
Mrs S Deblinger Trustee

**Independent Examiner**

Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

Approved by order of the board of trustees on 27 February 2024 and signed on its behalf by:

Mr C Muller - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**ACHIEVED DREAMS**

**Independent examiner's report to the trustees of Achieved Dreams**

I report to the charity trustees on my examination of the accounts of Achieved Dreams (the Trust) for the period 16 May 2022 to 30 April 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Yedidya Zaiden

Raffingers LLP  
Chartered Certified Accountants  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

27 February 2024

**ACHIEVED DREAMS**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the period 16 May 2022 to 30 April 2023**

|                                    | Notes | Unrestricted<br>fund<br>£ |
|------------------------------------|-------|---------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                           |
| Donations and legacies             | 2     | 71,572                    |
| <b>EXPENDITURE ON</b>              |       |                           |
| Raising funds                      |       | 4,595                     |
| <b>Charitable activities</b>       | 3     |                           |
| Grants to institutitons            |       | 25,561                    |
| Grants to individuals              |       | 3,400                     |
| Education and poverty relief       |       | 34,900                    |
| Support costs                      |       | 1,440                     |
| <b>Total</b>                       |       | 69,896                    |
| <b>NET INCOME</b>                  |       | 1,676                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | 1,676                     |

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

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**ACHIEVED DREAMS**

**BALANCE SHEET**  
**30 April 2023**

|                                                  | Notes | Unrestricted<br>fund<br>£ |
|--------------------------------------------------|-------|---------------------------|
| <b>CURRENT ASSETS</b>                            |       |                           |
| Cash at bank                                     |       | 12,116                    |
| <b>CREDITORS</b>                                 |       |                           |
| Amounts falling due within one year              | 8     | (10,440)                  |
| <b>NET CURRENT ASSETS</b>                        |       | 1,676                     |
| <b>TOTAL ASSETS LESS CURRENT<br/>LIABILITIES</b> |       | 1,676                     |
| <b>NET ASSETS</b>                                |       | 1,676                     |
| <b>FUNDS</b>                                     | 9     |                           |
| Unrestricted funds                               |       | 1,676                     |
| <b>TOTAL FUNDS</b>                               |       | 1,676                     |

The financial statements were approved by the Board of Trustees and authorised for issue on 27 February 2024 and were signed on its behalf by:

Mr C Muller - Trustee

The notes form part of these financial statements

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## ACHIEVED DREAMS

### NOTES TO THE FINANCIAL STATEMENTS for the period 16 May 2022 to 30 April 2023

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### Going concern

The trustees, having made appropriate enquiries, consider that adequate resources exist for the charity to continue in operational existence for the foreseeable future and that, therefore, it is appropriate to adopt going concern basis in preparing the financial statements as at and for the period ended 30 April 2023. The trustees have made this assessment in respect of a period of one year from the date of approval of these accounts.

The trustees have concluded that there are no material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees are of the opinion that the charity will have sufficient resources to meet the liabilities as they fall due.

##### Critical accounting judgements and key sources of estimation uncertainty

Preparation of the accounts requires the trustees and management to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:  
- allocation of support costs across charitable activities.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### Charitable activities

Charitable activities comprise those cost incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### Governance costs

Governance costs comprise those costs associated with meeting the constitutional and strategic requirements of the charity and the accountancy fees and costs linked to the strategic management of the charity.

##### Taxation

The charity is considered to pass the tests set out in Sch. 6, para. 1 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Pt. 11, Ch. 3 of the Corporation Tax Act 2010 or s. 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

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continued...

## ACHIEVED DREAMS

### NOTES TO THE FINANCIAL STATEMENTS - continued for the period 16 May 2022 to 30 April 2023

#### 1. ACCOUNTING POLICIES - continued

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. DONATIONS AND LEGACIES

|           |               |
|-----------|---------------|
|           | £             |
| Donations | 35,869        |
| Grants    | 35,703        |
|           | <u>71,572</u> |

Grants received, included in the above, are as follows:

|                                         |               |
|-----------------------------------------|---------------|
|                                         | £             |
| ESC Lottery Fund                        | 9,525         |
| Main Grants fund - Sport England Grants | 9,878         |
| New Philanthropy Capital                | 11,000        |
| Other grants less than £4,000           | 5,300         |
|                                         | <u>35,703</u> |

#### 3. CHARITABLE ACTIVITIES COSTS

|                              | Direct<br>Costs (see<br>note 4)<br>£ | Grant<br>funding of<br>activities<br>(see note<br>5)<br>£ | Support<br>costs (see<br>note 6)<br>£ | Totals<br>£   |
|------------------------------|--------------------------------------|-----------------------------------------------------------|---------------------------------------|---------------|
| Grants to institutions       | -                                    | 25,561                                                    | -                                     | 25,561        |
| Grants to individuals        | -                                    | 3,400                                                     | -                                     | 3,400         |
| Education and poverty relief | 34,900                               | -                                                         | -                                     | 34,900        |
| Support costs                | -                                    | -                                                         | 1,440                                 | 1,440         |
|                              | <u>34,900</u>                        | <u>28,961</u>                                             | <u>1,440</u>                          | <u>65,301</u> |

Included in support costs are amounts paid to the Independent Examiner totalling £1,440.

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continued...

**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the period 16 May 2022 to 30 April 2023**

|                                                 |               |
|-------------------------------------------------|---------------|
| <b>4. DIRECT COSTS OF CHARITABLE ACTIVITIES</b> |               |
| Charitable projects                             | £<br>34,900   |
| <b>5. GRANTS PAYABLE</b>                        |               |
| Grants to institutitons                         | £<br>25,561   |
| Grants to individuals                           | 3,400         |
|                                                 | <u>28,961</u> |

All grants were paid in line with the objects of the charity. The charity's charitable donations have been detailed in a separate publication, copies of which are available to the public by writing to the Trustees at, Achieved Dreams, Flat 3 Western House, 1a West Bank, London N16 5DG by registered post.

|                         |                  |
|-------------------------|------------------|
| <b>6. SUPPORT COSTS</b> |                  |
|                         | Governance costs |
| Support costs           | £<br>1,440       |

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 30 April 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the period ended 30 April 2023.

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                 |             |
|-----------------|-------------|
| Other creditors | £<br>10,440 |
|-----------------|-------------|

**9. MOVEMENT IN FUNDS**

|                           |                       |              |
|---------------------------|-----------------------|--------------|
|                           | Net movement in funds | At 30.4.23   |
|                           | £                     | £            |
| <b>Unrestricted funds</b> |                       |              |
| General fund              | 1,676                 | 1,676        |
|                           | <u>1,676</u>          | <u>1,676</u> |
| <b>TOTAL FUNDS</b>        | <u>1,676</u>          | <u>1,676</u> |

**ACHIEVED DREAMS**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the period 16 May 2022 to 30 April 2023**

**9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

|                           |                    |                    |                   |
|---------------------------|--------------------|--------------------|-------------------|
|                           | Incoming resources | Resources expended | Movement in funds |
|                           | £                  | £                  | £                 |
| <b>Unrestricted funds</b> |                    |                    |                   |
| General fund              | 71,572             | (69,896)           | 1,676             |
|                           | <u>71,572</u>      | <u>(69,896)</u>    | <u>1,676</u>      |
| <b>TOTAL FUNDS</b>        | <u>71,572</u>      | <u>(69,896)</u>    | <u>1,676</u>      |

**10. RELATED PARTY DISCLOSURES**

During the period, grants of £18,100 were given to charities that share a trustee with Achieved Dreams.

