

LAMBETH ASIAN CENTRE

TRUSTEE'S REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30th JUNE 2023

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Funded and Supported by:



**LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL
STATEMENT FOR THE YEAR ENDED 30th JUNE 203**

Lambeth Asian Centre

***CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30th JUNE 2023***

CONTENTS	PAGE
Treasures Report	3
Reference and administration	4
Report of the Trustees	5-11
Independent Examiner's Report	12
Statement of Financial Activities	13
Balance Sheet	14
Notes to the accounts	15-18

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

Treasurer's Report

During 2022/23, we are hearing from older people who are telling us about the future direction of our work, where they believe we should focus our energies and resources, and what support will help them the most. They are telling us that we need to be ambitious and more focused on what has the most life-changing impact on their lives, so we can all live in a world where older people are included and respected and activities.

We are grateful to the funders who supported us during the hard time of the pandemic to achieve the charities aims and objectives in delivering the support to the vulnerable older people, enabling them to live independently and with better health outcomes.

Key themes

Some key themes are emerging. We have been hearing that we must have a strong focus on supporting people's health, financial security, and wellbeing. We will be looking at ways that we can invest in offering more benefits support; step up our campaigning to tackle pensioner poverty; and seek to reach the older people who are currently not claiming a benefits that they are entitled to. We want to look at new ways to reduce loneliness by connecting with people in their 50s so they can join us and be part of our ambition to increase the number of befriending volunteers ready to offer a friendly ear to lonely or isolated older people. And we will be looking at ways to tackle inequality by offering support to older people in some of the most deprived areas of the borough.

FUNDING

During the year under review, the center received COVID-19 emergency funding from the local Authority, Charitable Foundations and Trusts. For the year 2022/23, the trustees are of the opinion that grant funding will increase as steps have been taken to increase the fundraising activities.

VOLUNTEERS

We thank our volunteers who have made it possible for the charity to deliver its services and supporting the members in enabling them to live independent lives as far as possible.

Treasurer
Hasmukh Gohil

**LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL
STATEMENT FOR THE YEAR ENDED 30th JUNE 203**

1 REFERENCE AND ADMINISTRATIVE INFORMATION

The trustees for the purposes of charity law who held office during the year were as follows:

Administrative structure

Executive Committee

)

Mr Prakash PATEL

Secretary

MR Hasmukh GOHIL

Treasurer

Committee Members

Mrs Gita ARCHARYA:

Mrs Manjulaben Ramnbhati PATEL

Mr Ramesh Bhai Jnabhai PATEL

Mrs SARLABEN PAJPANI

Registered Office:

***2 Upper Beulah Hill,
London, SE19 3LG***

Bankers:

Natwest Bank Plc

57 Streatham Street

London SW16 1BZ

Independent Examiner

Sidney H Milambo, BAcc, ACMA

25 Watershipdown House

Cambridge Park Road

London E11 2PY

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

LAMBETH ASIAN CENTRE (LAC)

2 Report of Trustees

Introduction

The trustees, also called as Management Committee (MC), present their report and financial statements of the Association for the year ended 30th June 2023, set out on page 12 to 17. The financial statements have been prepared in accordance with the accounting policies set out on pages 14 and comply with the Association's governing document and charity applicable laws.

Lambeth Asian Centre (LAC)



Lambeth Asian Centre is a day centre for older Asian people in Streatham offering help, support and activities to promote their independence, health and well-being. It reaches out for the lonely and vulnerable people who live in this area.

Lambeth Asian Centre was started on 25th of September 1998; initially the centre didn't receive any funding. The late Chair, Raj Acharya and the previous management committee decided to contribute £10.00 pounds each every week. With this contribution, the centre was able to run.

In the year 2002 Streatham Darby and Joan Club generously welcomed LAC to their building. During 2004 Lambeth Asian Centre bid for the Council funding and then LAC and Streatham Darby and Joan Club decided to work in Partnership and later Make a Difference Black Afro Caribbean group joined.

Aims and Objectives

- To promote the benefit of the inhabitants of Lambeth, in particular those of Asian origin, without distinction of sex, sexual orientation, race or of political, religious or other opinions, by associating together the said inhabitants of the local authorities voluntary and other organisations in a common effort to advance education and to provide facilities in the interest of social welfare for recreation and leisure-time occupation with the objective of improving the condition of life for the Asian Community in Lambeth.
- To establish or secure the establishment of Asian Community Centre and to maintain and manage the same in furtherance of these objectives.
- To provide a centre where information, advice and training and support available to Asians Communities living in Lambeth and those others who are in need.

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

- Engage in general awareness of an inclusive society among Asians in the community.

The main aim of the Association is to improve the overall welfare of Asian people of the London Borough of Lambeth and its neighbourhood.

3 Structures, Governance and Management

Legal Status

Lambeth Asian Centre (LAC) is a not for profit organisation, but a charitable organisation constituted under a constitution dated 25th September 1998 and but not registered as a charity with the charity commission.

The objectives of the Association are to promote the welfare of the Asian people of the London Borough of Lambeth.

Lambeth Asians Centre (LAC) is a voluntary organisation working for the welfare of Asian people living in the London Borough of Lambeth.

Established in 1998 LAC has demonstrated that it has a vital role to play in looking after the interests, needs and rights of Asian community living in Lambeth.

Governance

The trustee's and Executive Committee who have served during the year are set out on page 3. The trustees, who shall be at least four in number, are appointed by the members at the General Meeting for a period of one year after which they may put themselves forward for re-appointment. Trustees may be removed from office by a resolution passed at a general meeting.

Management

The policy and general management of the affairs of the charity are directed by the Executive Committee (trustees) on behalf of the members and meets at least not less than six times a year. In addition, the committee is empowered to co-opt up to three further persons. Chairperson, Vice-Chairperson, Secretary, Treasurer and The members of the Executive Committee elected, may be removed by the members at the general meeting.

Day to day running of the Lambeth Asian Centre is delegated to the trustees and Voluntary members who all attend Executive Committee meetings.

Membership

Membership is open irrespective of sex, sexual orientation, political opinion. Nationality, religion or race to Individuals aged fifty years or over, who live within the area of benefit.

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

Individuals who are aged 50 years or over, who live outside the area of benefit, shall be known as Associate Members and shall not have the right to vote at General Meetings of the Centre.

Recruitment and appointment of trustees

In accordance with the governing document, elections for the trustee's takes place every year at the annual general meeting, if eligible, members may offer themselves for re-election. Appointment is on the basis of nominations received from members concerning eligibility, personal competence, specialist skills and local availability

Induction and training of trustees

When there is need for training, trustees are inducted through training days and through informal and formal meetings with established or outgoing trustees and are provided with an induction pack and other relevant materials to familiarize themselves with the charity's operations.

4 Activities of the Lambeth Asian Centre (Opening Hours to over 50's, Wednesday 1.00pm to 4.30 pm weekly)

- Luncheon club
- Arts and Crafts
- Music, filming and instruments
- Outings day trips
- Bhajans and Pranayan Yoga
- Bingo

Other activities (subject to availability of volunteers and funding)

- Sewing Classes
- Educational Classes in English and mother tongue languages
- Help for older people in shopping, do it yourself (DIY)
- Advice and advocacy
- Computer Classes
- Library
- Religious Functions
- Provide transport to those over 50's who have difficulties in mobility
- Flower arrangement classes

5 Activities and Achievements for public benefit during the year

LAC has continued to work informally with a range of local partner organizations to deliver a range of strategies to achieve charitable objectives: Delivery of a range of social opportunities is aimed at reducing social isolation and supporting the development of social networks. This includes virtual support and social groups. Delivery of specialist support groups [including for those affected by dementia] Delivery of services is aimed at the most isolated members, which further develop and Influences older people's service providers, commissioners, businesses, and the community about the needs of older people

What we provided: Group:

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

- Food and nutrition sessions
- Physical Fitness activities
- Mental Health Sessions;
- Abuse, safeguarding and risk management awareness sessions.
- Community engagement social inclusion and outings activities.
- Traditional spiritual engagement and visits to sacred places of worship.

These addressed issues of depression which is well recognized that it brings mental health problem that affects many of these older adults Asians and that it has a negative impact on their morbidity, mortality, and quality of life.

The cost-of-living crisis.

The charity tried several methods to manage the cost-of-living concerns such as using financial reserves sourcing new donors making premises more energy efficient increasing charges for services and recruiting additional volunteers It is also experiencing a decrease in financial support and a decrease in donations. Consequently, the charity is spending more time on grant applications to source additional funding; and collaboration in an attempt to share costs and keeping it afloat. Downsizing, reducing office space and working from home are also methods being used for managing the situation

Achievements and performance:

Key Insights

Speaking out on older people's health and care Throughout 2022/23 it was clear that the pandemic would continue to cast a long shadow over older people's health and wellbeing. Many older people reported that they were still struggling with the changes in their mental and physical health that had occurred over the course of the previous two years and were finding it difficult to recover their previous levels of confidence or independence. Others had either seen treatment for their pre-existing or newly acquired health conditions disrupted or postponed, while challenges accessing routine care and support services were ubiquitous. Then, as we headed into winter, we heard alarming reports from older people and professionals about the major impact the cost-of-living crisis was having on their health, particularly the struggle to stay warm and well-nourished.

Achievements

We have continued to provide many of the support services offered throughout 2022/23 in response to Covid19 and cot of living crisis – we recognise that for many their pandemic and struggles journey is not over, their lives will have changed forever, both mentally and physically, by the impact of Covid19 and the rising cost of living

For 2022-2023 we have again dedicated a portion of our reserves to further our mission of reducing social isolation by continuing to the employment of additional

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

staff to develop more activities and opportunities to create social networks for the most vulnerable in our community.

Exercise Classes One significant problem of old age is loss of independence. Reducing the risk of falls, exercising regularly and attaining a reasonable degree of physical fitness helps an older person meet the demands of their daily routine. In response to a consultation with Service Users we identified a need for different types of activities and groups. To meet this need we have fundraised and got funding from Lambeth Council and London Community Foundation. With this funding we have been able to weekly activities and increase our classes to include Seated Yoga.

6. Going concern

COVID-19 is not expected to have a significant impact on the entity. Management has determined that there is no material uncertainty that casts doubt on the entity's ability to continue as a going concern. It expects that COVID-19 might have some impact, though not significant, for example, in relation to expected future performance, or the effects on some future asset valuations.

7. Plans for future periods:

Our Future Plans Work has begun on a new five year strategy; as always, our strategy and future service delivery will be guided by what older people tell us they want and need. At the time of writing this report we have already secured funding and begun delivering new services. In 2022 we have added

We want to continue to grow our community engagement including bringing services closer to older people's homes. This will increase the geographical reach of the Charity which in turn will enable us to meet the needs of people who currently cannot travel to our current provision sites.

8 Financial Review and Reserve Policy

The results of the charity for the year are shown in the annual financial statements set out on pages 13 to 14. The net assets at 30th June 2023 were £11,100 (2022: £12,347). The Centre had income of £30,512.52; (2022: £28,986) and direct charitable and support expenditure of £31,657; (2022: £30,346). There was a (deficit) of £1,145 (2022: (£1,360)). Funds carried forward of: £11,1457 represent; £13 Unrestricted; Restricted £11,087.

It is the policy of the Centre to maintain designated and unrestricted funds, which are free reserves of the Centre at a level to provide sufficient funds to cover management and administration costs.

We are grateful to the following funders who supported us during hard time of pandemic to achieve the charities aims and objectives in delivering the support to the vulnerable older visually impaired people enabling them to live independently

LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 30th JUNE 203

and with better health outcomes.

- London Community Foundation
- Lambeth Council
- Bacheater Health Trust

9 Investment Policy

There are no restrictions on the organisation's power to invest. The investment strategy is set by the Management Committee and is reviewed regularly.

10 Risk Management Policy

Lambeth Asian Centre Trustees are aware of their obligations to make a statement in respect of the management of risks faced by the Centre. The trustees are carrying out a risk management audit review and developing a structured approach to risk management. This will promote a greater recognition of risk management at all levels within Lambeth Asian Centre. They believe that by monitoring reserve levels, ensuring controls exist over key financial systems and examining the operations and business risks faced by the charity, they will have established effective systems to mitigate those risks.

11 Appreciations:

All trustees acknowledge the tremendous efforts made by the elected officers and volunteers. They would like to record their appreciation of all those who give their time and energy so generously. Without the combined talents and efforts of so many members of Lambeth Asian Centre, the essential work that the Organisation exists for could not be delivered. It is hoped that the spirit of cooperation, dedication, commitment would continue in the years to come.

We are grateful to our funders (Lambeth Community Fund-The London Community Foundation) who have enabled us to provide services to our disadvantaged service users

Become part of our volunteering team

Our volunteers tell us how satisfying it is to "make a difference" as part of the team in a friendly and supportive organisation. It doesn't matter if you have never volunteered before or what skills you have, anyone can volunteer with us. If you only have a couple of hours a week, or many hours to spare, we would very much like to hear from you.

TRUSTEE'S RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity for the period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and Statement of

**LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL
STATEMENT FOR THE YEAR ENDED 30th JUNE 203**

Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements; and

- Prepare the financial statements on a going concern basis.

The trustees are responsible for keeping proper accounting records. Which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with applicable law. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed and approved on behalf of the Trustees on

Name: Hasmukh Gohil Signature: Hasmukh Gohil

Trustee

Date: 30/12/2023

**LAMBETH ASIANS CENTRE TRUSTEE'S REPORT AND FINANCIAL
STATEMENT FOR THE YEAR ENDED 30th JUNE 2023**

LAMBETH ASIAN CENTRE (LAC)

Independent Examiner's Report to the Management Committee of Lambeth Asian Centre

I report on the accounts of your Charity for the year ended 30th June 2023, set out on pages 12 to 17.

Respective responsibilities of management committee and examiner

As the trustees, you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2006, does not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7) b of the Act, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Association and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as management committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which:

(1) gives me reasonable cause to believe that in any material respect the requirements to

- keep accounting records in accordance with section 41 of the Act; and
- prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act, have not been met; or

(2) in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Sidney H Milambo ACMA BACC,
25 Watershipdown House,
Cambridge Park Road,
London E11 2PY

Date: 30/12/2023

**LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023**

Statement of Financial Activities for the Year Ended 30th June 2023

	Notes	Unrestricted Funds £	Restricted Fund £	Total 2022/23 £	Total 2021/22 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Voluntary Income			-	-	-
Charitable Activities		-	30,500	30,500	28,985
Other Income	2	-	-	-	-
Interest Earned		13	-	13	1
TOTAL INCOMING RESOURCES		13	30,500	30,513	28,986
RESOURCES EXPENDED					
Centre Activities	3	-	31,307	31,307	29,980
Lunch Club		-	-	-	-
Governance		-	350	350	350
TOTAL RESOURCES EXPENDED		-	31,657	31,657	30,330
Surplus/ (Deficit) for the year		13	- 1,157	- 1,145	- 1,344
Transfers		-	-		-
Net Funds After Transfers		13	- 1,157	- 1,145	- 1,344
Funds at 30/06/2022		-	12,245	12,245	13589
Funds at 30/06/2023	7	13	11,087	11,100	12,245

**LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023**

BALANCE SHEET AS AT 30TH JUNE 2023

	Notes	TOTAL 2022/23	TOTAL 2021/22
FIXED ASSETS			
Tangible Fixed Assets		-	-
CURRENT ASSETS			
Debtors & Prepayments		-	-
Cash at Bank & Hand	4	11,450	12,596
TOTAL CURRENT ASSETS		<u>11,450</u>	<u>12,596</u>
CURRENT LIABILITIES			
Amounts falling due within One Year	6	350	350
TOTAL CURRENT LIABILITIES		<u>350</u>	<u>12,246</u>
NET CURRENT ASSETS		<u>11,100</u>	<u>12,246</u>
TOTAL NET ASSETS		<u>11,100</u>	<u>12,246</u>
REPRESENTED BY:			
FUNDS			
Restricted		11,088	19,632
Unrestricted			
General		13	-
Designated		-	-
Total Unrestricted		<u>13</u>	<u>-</u>
TOTAL FUNDS		<u>11,100</u>	<u>19,632</u>

** Designated funds are funds that have been raised and set aside overtime from appeals, donations and income generating activities for mobility equipment for the frail and hard to reach older people enabling their social inclusion.*

The financial statements were approved by the board of trustees and authorised for issue on and are signed on its behalf on:

Hasmukh Gohil

Charity Trustee

HASMUKH GOHIL

Sudra

Charity Trustee

BHIKUBHAI SUDRA

**LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023**

Notes to the Financial Statements

Accounting Policies

I(a) Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with applicable Accounting and Financial Reporting standards and the Charities SORP 2005 as amended by charities SORP 2011

(b) Fund-accounting:

Unrestricted funds – are funds, which as such are available for use or retention at the discretion of the management committee in accordance with the charity's objects.

Designated funds – are funds that have been set aside by the management committee for specific purposes

Restricted funds – are funds subject to specific restrictive conditions imposed by the donors or by declared purpose

(c) Incoming resources: All income is accountable for on a receivable basis. Any general purpose grants whose use is restricted by the grantor to some future accounting period are accounted for as deferred income until the restriction has been satisfied.

(d) Resources expended: All expenditure is accounted for on an accruals basis and where incurred directly to further the charities' charitable objectives are shown under the heading of direct charitable expenditure.

(e) Volunteer services: No amounts are included within the financial statements for services rendered by volunteers.

(f) Depreciation: Depreciation is provided on all tangible fixed assets at rates calculated to write off cost on a straight line basis over their expected economic lives as follows:

Furniture, fixtures & Fittings and other equipment-	20% on cost
Computers	- 20% on cost
Motor Vehicles	- 25% on cost

Items of £500 or less are not capitalised.

(g) Basis of allocatio All costs of the association fall into one activity of welfare.

Where applicable direct costs are split between activities based on the estimated staff time.

LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023
Notes to the Financial Statements continued.....

2(a) INCOMING RESOURCES

	Grants	Donations & Others	Total 2022/23	Total 2021/22
	£	£	£	£
Elderly Welfare & Wellbeing	30,500	13	30,513	5,601
TOTAL	30,500	13	30,513	5,601

2(a) Grants in furtherance of the Association's Objectives

	Unrestrict ed	Restricted	Total 2022/23	Total 2021/22
			£	£
Charitable Funding Bodies				
LONDON COMM FOUNDATION-Fund/06/A629065		10,000	10,000	10,000
LONDON COMM FOUNDATION-Fund/22-23/A664735	-	10,000	10,000	-
VOICE4CHANGE ENGLAND	-	-	-	8,985
BACHESTERBHEALTH TRUST		500	500	-
LAMBETH COUNCIL	-	10,000	10,000	10,000
Total Grants	-	30,500	30,500	28,985

2(c) INCOME GENERATING ACTIVITIES

Lunch Club	-	-	-	-
Yoga	-	-	-	-
				-
Total Income Generating Activitiets	-	-	-	-

2(d) OTHER INCOME

Membership	-	-	-	-
Fundraising: Dinners/Func/Outings	-	-	-	-
Total Other Income	-	-	-	-

2(e) INVESTMENT INCOME

2(f) Bank Interest	13	-	13	1
TOTAL INCOMING RESOURCES	13	30,500	30,513	28,986

**LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023
Notes to the Financial Statements continued.....**

3 RESOURCES EXPENDED

3 (a) Charitable Expenditure

	Direct Costs	Support Costs	Total 2022/23	Total 2021/22
	£	£	£	£
Elderly Welfare & Wellbeing	27,741	3,566	31,307	29,830
COVID-19 Mental & Physical Health	-	-	-	-
COVID-19 Elderly Abuse	-	-	-	-
COVID-19 Food Security	-	-	-	-
Total	28,091	3,566	31,307	29,830
Governance	-	350	350	350
Total Charitable Expenditure	28,091	3,916	31,657	30,180

3 (b) Direct costs includes

Advertising & publicity	1,850	650
Sessional/casual staff	6,971	7,239
Catering/provisions	2,973	2,946
Tours & Hollidays	-	204
Activities/Training/Fittiness	5,500	6,584
Volunteers	977	2,055
Elderly Abuses Sessions/materials	2,200	1,496
Support Servises	1,150	-
Project Management	3,000	-
Venue Hire	3,470	5,617
COVID-19 Food/Sessions/delivery	-	500
Cleaning/Protective/Hygiene	-	538
Equipment	-	-
Total Direct costs includes	28,091	27,830

3(c) Support Costs

Rent	-	-
Post/Stationery/Photocopying etc	-	-
Telephone/Internet	-	-
Fundraising	3,000	2,000
Bank Charges	36	-
Sundries	30	-
Legal & Profesional Fees	500	-
Total Support Costs	3,566	2,000

3 (d) Governance Costs

Independent Examination	350	500
Total Governance Costs	-	500
TOTAL COSTS	31,657	30,330

**LAMBETH ASIAN CENTRE TRUSTEES REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2023**

Notes to the Financial Statements continued.....

	2022/23 £	2021/22 £
4 Cash at Bank & Hand		
Bank	11,450	12,597
Hand	-	-
Total Cash at Bank & Hand	11,450	12,597
5 Debtors & Prepayments		
Debtors	-	-
Total Debtors & Prepayments	-	-
6 Creditors & Accruals		
Accounts	350	350
Others	-	-
Total Creditors & Accruals	350	350
Other Creditors are amounts owed to mr Gohil being amoun paid out of own pocket .		

7 Analysis of Funds

	As at 1-Jul-22	Received	Acc,d/ Def'd	Paid	As at 30-Jun-23
Restricted					
LONDON COMM FOUNDATION	11,946	20,000	-	20,860	11,086
VOICE4CHANGE ENGLAND	298	-	-	298	-
BUCHESTER HEALTH TRUST	-	500	-	500	-
LAMBETH COUNCIL	-	10,000	-	10,000	-
	-	-	-	-	-
Total Restricted	12,244	30,500	-	31,658	11,086
Unrestricted					
Designated	-	-	-	-	-
General	-	13	-	-	13
	-	13	-	-	13
Total Unrestricted					
Total Funds	12,244	30,513	-	31,658	11,100

8 Trusteesand employees

There were no employees employed in the years ended 30/06/2023 and 30/06/2022

None of the trustees received remuneration during the year and no trustees received any benefits from the charity

Contingencies and contractual commitments- In the opinion of trustees, at 30/06/2023 there were no contigent liabilities and contractual commitment