

# AUTISTIC PARENTS UK

England & Wales · Charity number 1198909

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-05-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Office 1  
Izabella House  
24 - 26 Regent Place  
Birmingham

**Phone** 07923481902

**Email** [info@autisticparentsuk.org](mailto:info@autisticparentsuk.org)

**Website** [www.autisticparentsuk.org](http://www.autisticparentsuk.org)

## Activities

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**Objects:** 1. THE PROMOTION OF SOCIAL INCLUSION AMONG PARENTS IN THE UK WHO ARE SOCIALLY EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF BEING AUTISTIC AND ASSISTING THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BUT NOT EXCLUSIVELY BY: A) PROVIDING EDUCATION, INFORMATION AND OPPORTUNITIES TO SUPPORT AND ENABLE AUTISTIC PARENTS TO MAXIMISE THEIR POTENTIAL; B) BY ADVOCATING FOR AUTISTIC PARENTS GENERALLY AND IN RELATION TO THEIR SOCIAL EXCLUSION AND PROVIDING INFORMATION ABOUT THE EXPERIENCES OF AUTISTIC PARENTS, IN PARTICULAR TO HEALTHCARE PROFESSIONALS AND OTHER SERVICE PROVIDERS TO IMPROVE THE EXPERIENCE AND INCLUSION OF AUTISTIC PARENTS; 2. THE PROMOTION AND PROTECTION OF THE PHYSICAL AND MENTAL HEALTH OF AUTISTIC PARENTS IN THE UK THROUGH THE PROVISION OF SUPPORT GROUPS, FORUMS, ADVICE, INFORMATION, ADVOCACY AND GENERAL SUPPORT FOR AUTISTIC PARENTS, THEIR FAMILIES, FRIENDS AND PROFESSIONALS THAT THEY COME IN TO CONTACT WITH.

**Activities:** Autistic Parents UK is an Autistic-led Charity (CIO) committed to supporting Autistic parents. The aim is the promotion of social inclusion among parents in the UK, in particular but not exclusively by providing education, information and opportunities to support and enable Autistic parents as well as advocating for Autistic parents generally and in relation to professional services.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** People With Disabilities, Other Defined Groups

## Geography

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- Northern Ireland
- Scotland
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-05-31	£94,565	£54,634	-	-
2024-05-31	£25,248	£21,852	-	-
2023-05-31	£27,087	£6,828	-	-

## Trustees

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Name	Role	Appointed
Jenni Guthrie	Chair	2022-05-11
Guljabeen Rahman		2026-05-04
Mary Louise Cartlidge		2026-05-04
Priya Lall		2025-07-30
Tanya Danielle Adkin		2023-10-22