



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	09	2023		31	08	2024

### Section A Reference and administration details

Charity name

West Yorkshire ADHD Support Group

Other names charity is known by

WYADHD

Registered charity number (if any)

1198903

Charity's principal address

Suite 1, 5<sup>th</sup> Floor

31/32 Park Row

Leeds

Postcode

LS1 5JD

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Holt	Chair	From 13.3.23	
2	Yvonne Marshall		From 13.9.23 to 19.03.24	
3	Steven Brett		From 19.1.23 to 10.02.25	
4	Lewis Terry		From 22.6.22	
5	Andrea Dewhurst		From 22.6.22	
6	Christopher Barker		From 31.5.22	
7	Linda Holmes		From 31.5.22	
8	Michael Still		From 11.5.22	
9	Helen Lehan	Treasurer	From 23.1.24 to 19.11.24	
12	Sara Riley	Treasurer	From 19.11.24	
13				
14				
15				
16				
17				
18				
19				
20				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Kirsty Graham	LS27 Chartered Accountants, 64 King George Avenue, Morley, Leeds, LS27 8NL.

**Name of chief executive or names of senior staff members (Optional information)**

Corinne Hunter - CEO

## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by the Board. The trustees are selected for their diverse range of backgrounds and experience, representing various neurotypes, ages, genders, and religions to ensure comprehensive governance.

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Our governance framework includes:

- Enhanced safeguarding policies and procedures implemented across all activities
- Comprehensive risk management system with regular reviews
- All trustees completing mandatory safeguarding training
- Regular trustee development sessions focusing on charity law and best practice
- Robust safer recruitment processes for all staff and volunteers
- Clear accountability structures with defined roles and responsibilities
- Trustees' Code of Conduct establishing clear standards of behaviour, conflicts of interest procedures, and ethical guidelines

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The relief of individuals with attention deficit hyperactivity disorder (ADHD) and associated conditions and their families, carers, or supporters by:

- Increasing awareness and understanding of attention deficit hyperactivity disorder (ADHD) and associated conditions;
- The provision of indoor and outdoor activities, and;
- The provision of support, information and advocating for individuals (and their families, carers, or supporters) with attention deficit hyperactivity disorder (ADHD) and associated conditions.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

	<p><b>Mission Statement:</b> "To empower and support neurodivergent individuals and their families across West Yorkshire, building an inclusive community where everyone can thrive."</p> <p><b>Vision Statement:</b> "A world where neurodiversity is embraced as a strength, where every person's uniqueness is celebrated, and where ADHD and associated conditions are understood, supported, and valued in all aspects of society."</p> <p><b>Core Services Delivered:</b></p> <p><b>1. Peer Support Groups</b></p> <ul style="list-style-type: none"> <li>• Monthly face-to-face meetings across all five West Yorkshire Local Authorities</li> <li>• Active Facebook community with over 7,000 members</li> <li>• Average of 44 people supported per month through peer support meetings</li> <li>• Impact measurement shows participants scoring 23.9/25 for connection and reduced isolation, and 21.8/25 for improved wellbeing</li> </ul> <p><b>2. Children's Activities</b></p> <ul style="list-style-type: none"> <li>• Weekly Saturday morning play sessions providing judgment-free environment for children and families</li> <li>• Average attendance: 12 parents/carers and 18 children per session</li> <li>• 26 weekend and holiday activities for children annually including laser tag, climbing, and pony riding</li> <li>• Funded places available to ensure accessibility regardless of financial circumstances</li> </ul> <p><b>3. Teen Support</b></p> <ul style="list-style-type: none"> <li>• Weekly teen support group focusing on life skills development</li> <li>• Support from Youth Worker with lived experience of ADHD</li> </ul> <p><b>4. Educational Support and Advocacy</b></p> <ul style="list-style-type: none"> <li>• Comprehensive support for Education, Health and Care Plan (EHCP) applications and appeals</li> <li>• School meeting advocacy and representation</li> <li>• Tribunal representation achieving significant success rates</li> <li>• Support through the complex SEND system navigation</li> </ul>

## **5. Benefits Support**

- Specialist support for Disability Living Allowance (DLA) and Personal Independence Payment (PIP) applications
- Appeal support and tribunal representation
- Comprehensive workshops and one-to-one guidance
- High success rates in securing financial support for families

## **6. Parent/Carer Support**

- 'Me Time' respite activities (average stress reduction from 7.3 to 3.7 out of 10)
- Partnership with Carefree for overnight respite breaks
- Comprehensive parenting courses with proven outcomes

## **7. Training and Awareness**

- ADHD training delivered to schools and organizations
- Average rating of 5.6/6 for training quality
- Commissioned by Kirklees ICB to deliver training to 24 schools
- Bespoke training packages available

### **Parenting Courses Delivered:**

**STOP Programme (Ages 10-16):** 10-week specialist programme for parents of oppositional young people.

January -March 2025:

- 14 parents began the course with 13 completing (93% completion rate)
- Significant improvements in stress levels and coping mechanisms
- All participants rated the programme 10/10 for meeting their needs

September to November 2024:

**5-10 Programme (Ages 5-10):** 8-week course for younger children

- 20 parents enrolled with 15 completing (75% completion rate)
- Average stress reduction from 7.4 to 4.2 (personal) and 7.8 to 4.9 (family)
- Average satisfaction rating: 8.9/10

### **Additional Courses:**

- "ADHD - What I Wish I'd Known Sooner" (4-week course)
- De-escalation training (one-day intensive)

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

**Summary of main achievements during the year**

**Quantitative Impact**

- EHCP support cases: 14 per month
- DLA applications: 10 per month
- PIP applications: 15 per month
- Over 7,000 active Facebook community members

**Significant Recognition and Awards:**

- BBC Radio Leeds Make a Difference Award nomination
- Kim Leadbeater MBE Leadership Award recipient

**Service Development and Innovation:**

- Development of comprehensive impact measurement systems
- Initial discussions regarding commissioned training work

**Staffing and Volunteer Development:**

- **Staff:** CEO/Founder plus 4 part-time ADHD Specialist Navigators and 2 administrators
- **Volunteers:** 25 active volunteers contributing across all service areas
- **Trustees:** 7 dedicated trustees from diverse professional backgrounds
- All staff trained in SEN law to ensure expert service delivery

**Community Impact and Partnerships:**

- Collaboration with local MPs including Kim Leadbeater, expediting ADHD assessments
- Engagement across all West Yorkshire parliamentary constituencies

**Innovation in Service Delivery:**

- Development of hybrid service delivery models
- Implementation of environmental considerations including reduced paper use and optimised travel

**Case Study Highlights:**

**Educational Success:** Successfully advocated for a child's inclusion in school swimming lessons after initial exclusion, demonstrating impact on reducing discrimination.

**Family Transformation:** A family in crisis showed significant improvement after 3 months of comprehensive support, moving from crisis to stability and happiness.

**SEND Tribunal Success:** Multiple successful tribunal outcomes securing appropriate educational placements and support for children with complex needs.

**Assessment Acceleration:** Partnership with local MP resulted in reducing ADHD assessment waiting time by approximately one year for a child in need.

**Long-term Impact Evidence:**

- Reduced school exclusions for supported children
- Improved academic performance and engagement
- Better family relationships and communication
- Increased parental confidence and capability
- Reduced isolation and improved community connection
- Financial stability through successful benefit applications

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Our aim is to maintain a minimum of 5 months of operating expenses in reserves to ensure service continuity and financial stability.

### Details of any funds materially in deficit

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

#### Principal sources of funding:

- The National Lottery Community Fund (primary source)
- Various smaller grants from charitable foundations
- Training fees from schools and other organisations

**How expenditure has supported key objectives:** All expenditure directly supports our charitable objects through:

- Direct service delivery to individuals and families affected by ADHD
- Professional development ensuring high-quality, evidence-based support
- Community awareness and education programs
- Advocacy and representation services reducing inequality and discrimination

## Section F

## Other optional information

### Safeguarding and Risk Management

- Comprehensive safeguarding policy reviewed annually
- Regular risk assessments for all activities including home visits and trips
- Ongoing safeguarding training for all staff and volunteers
- Robust safer recruitment processes

### Environmental Considerations

- Commitment to minimising environmental impact through digital communications
- Reduced travel through strategic staff allocation and virtual meetings
- Sustainable practices embedded across operations

### Future Plans

- Expansion of navigator services to meet growing demand
- Development of commissioned services with NHS partners

### Volunteer Contribution

Our 25 volunteers contribute invaluable support across all service areas, providing peer support, administrative assistance, and specialised skills. Their lived experience of ADHD, either personally or through their families, ensures authentic, empathetic service delivery.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Christopher Barker

<b>Position (eg Secretary, Chair, etc)</b>	Trustee	
<b>Date</b>	27/6/25	





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
WYADHD Suport Group

No (if any)  
1198903

## Receipts and payments accounts


CC16a

For the period from	Period start date 01/09/2023	To	Period end date 31/08/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Charitable activities & donations	21,883	-	-	21,883	33,479
Grant funding	600	134,720	-	135,320	140,940
Transfer of funds from CIC on conversion to CIO	-	-	-	-	16,772
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>22,483</b>	<b>134,720</b>	<b>-</b>	<b>157,202</b>	<b>191,191</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>22,483</b>	<b>134,720</b>	<b>-</b>	<b>157,202</b>	<b>191,191</b>
<b>A3 Payments</b>					
Charitable activities & resources	8,646	121,422	-	130,068	110,727
Charity running costs	2,227	23,545	-	25,771	21,677
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>10,873</b>	<b>144,967</b>	<b>-</b>	<b>155,839</b>	<b>132,404</b>
<b>A4 Asset and investment purchases. (see table)</b>					
Charity running costs	-	1,756	-	1,756	1,749
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>1,756</b>	<b>-</b>	<b>1,756</b>	<b>1,749</b>
<b>Total payments</b>	<b>10,873</b>	<b>146,723</b>	<b>-</b>	<b>157,595</b>	<b>134,153</b>
<b>Net of receipts/(payments)</b>	<b>11,610</b>	<b>- 12,003</b>	<b>-</b>	<b>- 393</b>	<b>57,038</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	<b>11,610</b>	<b>- 12,003</b>	<b>-</b>	<b>- 393</b>	<b>57,038</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Natwest account	19,868	# 32,421	-
	Soldo account	-	2,757	-
		-	-	-
	<b>Total cash funds</b>	<b>19,868</b>	<b>35,178</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Office equipment	Restricted	3,505	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Christopher Barker	27/6/25	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

#### Report to the trustees

Charity Name  
WYADHD Support Group

#### On accounts for the year ended

Period of accounts:  
01/09/2023 – 31/08/2024

Charity no  
(if any) 1198903

#### Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/08/2024.

#### Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

K. Graham

Date:

27/06/2024

Name:

Kirsty Graham ACA

Relevant professional  
qualification(s) or body  
(if any):

ICAEW

Address:

LS27 Chartered Accountants, 64 King George Avenue

Leeds

LS27 8NL

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A