



Trustees' Annual Report for the period

		Period start date				Period end date	
From	11	05	2022	To	31	08	2023

Section A Reference and administration details

Charity name West Yorkshire ADHD Support Group

Other names charity is known by WYADHD

Registered charity number (if any) 1198903

Charity's principal address Suite 1, 5th Floor

31/32 Park Row

Leeds

Postcode LS1 5JD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Holt	Chair	From 13.3.23	
2	Yvonne Marshall		From 13.9.23	
3	Steven Brett		From 19.1.23	
4	Lewis Terry		From 22.6.22	
5	Andrea Dewhurst		From 22.6.22	
6	Christopher Barker		From 31.5.22	
7	Linda Holmes		From 31.5.22	
8	Michael Still		From 11.5.22	
9	Helen Lehan	Treasurer	From 23.1.24	
10	Corinne Hunter		From 11.05.22 to December 2022	
11	Rachael Booth		From 11.05.22 to December 2022	
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Kirsty Graham	LS27 Chartered Accountants, 64 King George Avenue, Morley, Leeds, LS27 8NL.

Name of chief executive or names of senior staff members (Optional information)

Corinne Hunter

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Elected by the Board. The trustees are selected for their diverse range of backgrounds and experience.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees have undertaken Safeguarding training, and we regularly update or Risk register.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of individuals with attention deficit hyperactivity disorder (ADHD) and associated conditions and their families, carers, or supporters by:

- Increasing awareness and understanding of attention deficit hyperactivity disorder (ADHD) and associated conditions;
- The provision of indoor and outdoor activities, and;
- The provision of support, information and advocating for individuals (and their families, carers, or supporters) with attention deficit hyperactivity disorder (ADHD) and associated conditions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Supported individuals to obtain assessment of ADHD. This has included giving advice on necessary evidence to meet the threshold for assessment and advice around using the Right to Choose pathway.
- Supported newly diagnosed individuals to understand their diagnosis, what this means for them and what support they may need in light of this. This has been done in a variety of ways – both face to face, over the phone, via video calls, in groups and on an individual basis, depending on the needs of the individual.
- Raised awareness of ADHD and the charity's work in the local community.
- Facilitated one monthly face to face support group in each Local Authority across West Yorkshire (5 in all) with an average of 6 attendees per session, attendees include adults with (suspected) ADHD and parents/carers of children with (suspected) ADHD.
- Facilitated weekly sensory play sessions for neurodivergent children. We have an average of 34 attendees each week – these include children with (suspected) ADHD, their parents and siblings.
- Ran fortnightly 'Me Time' sessions. These are fully funded sessions for parents/carers to enable them to have a bit of much needed respite from their caring responsibilities. Events have included chocolate making, meditation and afternoon tea. We have an average of 10 parents/carers attend each event. We ask them to score their stress levels at the beginning of the session and again at the end – the average score reduces from 7.25 to 2.75.
- Run regular parenting courses aimed specifically at parents/carers of neurodivergent children and young people. We run a mixture of 8-10 week courses, and one-day 'mini' courses. These courses not only give parents more skills to manage their children's challenging behaviour, but also helps them connect with other parents and build a support network for after the course has finished.

We ask attendees to rate various aspects of their family life at the beginning and end of the 8-10 week course. The table below shows the averaged results from a recent course:

	First session
Personal stress level	6.8
Families stress level	7.2
Your relationship with your young person	6.2

Your level of coping with your young person	4.9	7.1
<ul style="list-style-type: none"> Supported members with applications for Disability Living Allowance and Personal Independence Payment. We support in groups and on an individual basis. We support with the initial application, but also appealing and supporting at tribunal where necessary. Worked with local schools and other agencies to improve support and understanding for local children and young people. This includes a range of activities – attending coffee mornings to talk to parents, delivering training for staff and parents, and attending meetings to support parents and suggest strategies that may be helpful to the child. Supported parents and young people with Education Health and Care Plan appeals, including representation at tribunal where necessary. <p>The trustees have had regard to the guidance issued by the Charity Commission on public benefit.</p>		

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

- Upskilled staff and volunteers by providing a range of internal and external training.
- Gained accreditation to allow us to offer ADHD screening (QB Check) which can be used as part of an assessment.
- Gained Sensory practitioner accreditation.
- Awarded the Kim Leadbeater MBE 'Leadership Award'.
- Nominated for Community Organisation Award for Disability at the National Diversity Awards.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our aim is to have a minimum of 5 months of reserves at any one time.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our current principal source of funding is from The National Lottery. We also receive smaller grants from other organisations and are developing our fundraising strategy.

Section F



Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	MICHAEL JAMES STILL	LINDA DIANA HOLMES
Position (eg Secretary, Chair, etc)	TRUSTEE	TRUSTEE
Date	19 / 6 / 24	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
WYADHD Supoort Group

No (if any)
1198903

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	11/05/2022		31/08/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable activities & donations	33,479	-	-	33,479	-
Grant funding	230	140,710	-	140,940	-
Transfer of funds from CIC on conversion to CIO	16,772	-	-	16,772	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	50,481	140,710	-	191,191	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	50,481	140,710	-	191,191	-
A3 Payments					
Charitable activities & resources	32,672	78,055	-	110,727	-
Charity running costs	10,020	11,657	-	21,677	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	42,692	89,712	-	132,404	-
A4 Asset and investment purchases, (see table)					
Charity running costs	-	1,749	-	1,749	-
	-	-	-	-	-
Sub total	-	1,749	-	1,749	-
Total payments	42,692	91,461	-	134,153	-
Net of receipts/(payments)	7,789	49,249	-	57,038	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	7,789	49,249	-	57,038	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Natwest account	7,558	47,250	-
	Soldo account	231	2,000	-
		-	-	-
	Total cash funds	7,789	49,250	-
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Office equipment	Restricted	1,749	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MATTHEW HOLT	21.5.24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name
West Yorkshire ADHD Support Group

On accounts for the year ended

Period of accounts:
11/05/2022 – 31/08/2023

Charity no
(if any) 1198903

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/08/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *K. Graham*

Date: 21/05/2023

Name: Kirsty Graham ACA

Relevant professional qualification(s) or body (if any):

ICAEW

Address:

LS27 Chartered Accountants, 64 King George Avenue

Leeds

LS27 8NL

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A