



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 1 June 2023 To 31 May 2024**

**Charity name: Shinrai Charity**

**Charity registration number: 1198862**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To ensure all children (aged 6 - 18) or (6 to 25yrs if vulnerable adults) and women have access to free self defence classes by providing a basic four session self defence program based on kick boxing and jujitsu.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Supply of self defence classes and lessons to local schools.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have referred to the guidance contained within the Charity Commission's general guidance on public benefit when setting the Charity's aims and objectives

## **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	Not applicable
Other		Not applicable

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the year a programme of four free self-defence classes, given in schools, during PE lessons, for years 5 and 6, to the following schools:</p> <ul style="list-style-type: none"> <li>• Slip End Village school</li> <li>• Caddington Village school</li> <li>• Larkrise Academy</li> <li>• Sundon Lower School</li> </ul> <p>An after school girls club, at Katherine Warrington school, was also subsidised by the charity during the year.</p> <p>The charity has also been involved A2 Educate CIC during the year to provide two annual classes to vulnerable children.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity received income of £25,158 Payments were made totalling £23,643
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not currently have a policy for holding reserves but the intention is to build a sufficient reserve to allow for the charity to operate sustainably in the future.
Amount of reserves held	Para 1.22	At the year end, cash reserves were held totalling £2,345
Reasons for holding zero reserves	Para 1.22	As above
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The Trustees have considered the financial statements for the year and the following period to the date of this report and assess the charity as a going concern.  In making this assessment, the charity considered that there are school bookings until the end of the 24-25 academic year.

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable incorporated organisation constitution dated 06/05/2022
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

### Reference and Administrative details

Charity name	Shinrai Charity
Other name the charity uses	Not applicable
Registered charity number	1198862
Charity's principal address	6 The Orchard Slip End Luton LU1 4HL

Corporate trustees – names of the directors at the date the report was approved

<b>Director name</b>		
None		

Name of trustees holding title to property belonging to the charity

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	
None		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

### Name of chief executive or names of senior staff members (Optional information)

Not applicable
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### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Teasha Mitchell	Chair		
2	Kelly Bowman			
3	Richard Stunt			

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable
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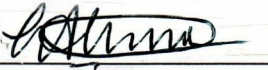
## Other optional information

Not applicable

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Teasha Mitchell	
Position (eg Secretary, Chair, etc)	Chair	

Date

29-1-25
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Charity Name <b>Shinrai Martial Arts</b>	No (If any) <b>1198862</b>
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## Receipts and payments accounts

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For the period from	Period start date <b>01st June 2023</b>	To	Period end date <b>31st May 2024</b>
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Club joining fee	39	-	-	39	647
Club training	15,377	-	-	15,377	8,951
Club grading	2,641	-	-	2,641	1,710
Club merchandise	744	-	-	744	393
Schools	549	-	-	549	1,650
Fund raising events	932	-	-	932	-
Monies loaned from Trustee	4,876	-	-	4,876	2,329
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>25,158</b>	<b>-</b>	<b>-</b>	<b>25,158</b>	<b>15,680</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>25,158</b>	<b>-</b>	<b>-</b>	<b>25,158</b>	<b>15,680</b>
<b>A3 Payments</b>					
Trainer fees	12,907	-	-	12,907	7,005
Rent	3,771	-	-	3,771	2,859
Insurance	212	-	-	212	248
Subscriptions	195	-	-	195	183
Marketing	2,729	-	-	2,729	3,017
Training equipment	774	-	-	774	1,160
Belts	846	-	-	846	-
Prizes for fundraising events	1,592	-	-	1,592	-
Class sundries	115	-	-	115	245
Trainer sundries	502	-	-	502	133
	-	-	-	-	-
<b>Sub total</b>	<b>23,643</b>	<b>-</b>	<b>-</b>	<b>23,643</b>	<b>14,850</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>23,643</b>	<b>-</b>	<b>-</b>	<b>23,643</b>	<b>14,850</b>
<b>Net of receipts/(payments)</b>	<b>1,515</b>	<b>-</b>	<b>-</b>	<b>1,515</b>	<b>830</b>
<b>A5 Transfers between funds</b>					
<b>A6 Cash funds last year end</b>	<b>830</b>	<b>-</b>	<b>-</b>	<b>830</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>2,345</b>	<b>-</b>	<b>-</b>	<b>2,345</b>	<b>830</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2,345	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2,345</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-


-
-
-
-
-

-
-
-
-
-

-
-
-
-
-

### B3 Investment assets

Details

Fund to which asset belongs

Cost (optional)
-
-
-
-
-

Current value (optional)
-
-
-
-
-

### B4 Assets retained for the charity's own use

Details

Fund to which asset belongs

Cost (optional)
-
-
-
-
-
-
-
-

Current value (optional)
-
-
-
-
-
-
-
-

### B5 Liabilities

Details
Loan from Trustee

Fund to which liability relates
Unrestricted

Amount due (optional)
7,205
-
-
-
-

When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature

<i>Teasha Mitchell</i>
<i>Kelly Brown</i>
<i>Richard Stunt</i>

Print Name

Teasha Mitchell
Kelly Brown
Richard Stunt

Date of approval

29/01/25
28/01/25
29/01/25