



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 6 May 2022 To 31 May 2023

Charity name: Shinrai Charity

Charity registration number: 1198862

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To ensure all children (aged 6 - 18) or (6 to 25yrs if vulnerable adults) and women have access to free self defence classes by providing a basic four session self defence program based on kick boxing and jujitsu.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Supply of self defence classes and lessons to local schools.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have referred to the guidance contained within the Charity Commission's general guidance on public benefit when setting the Charity's aims and objectives

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	Not applicable
Other		Not applicable

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the year a programme of four free self-defence classes, given in schools, during PE lessons, for years 5 and 6, to the following schools:</p> <ul style="list-style-type: none"> • Slip End Village school • Caddington Village school • Larkrise Academy <p>An after school girls club, at Katherine Warrington school, was also subsidised by the charity during the year.</p> <p>The charity have also been involved Embrace & Encourage Education CIC during the year to provide two annual classes to vulnerable girls.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity received income of £15,680 Payments were made totalling £14,850
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not currently have a policy for holding reserves but the intention is to build a sufficient reserve to allow for the charity to operate sustainably in the future.
Amount of reserves held	Para 1.22	At the year end, cash reserves were held totalling £830
Reasons for holding zero reserves	Para 1.22	As above
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The Trustees have considered the financial statements for the year and the following period to the date of this report and assess the charity as a going concern. In making this assessment, the charity considered that there are school bookings until the end of the 23-24 academic year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable incorporated organisation constitution dated 06/05/2022
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	Shinrai Charity
Other name the charity uses	Not applicable
Registered charity number	1198862
Charity's principal address	6 The Orchard Slip End Luton LU1 4HL

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
-----------------	------	---------

None		

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Teasha Mitchell	Chair		
2	Kelly Bowman			
3	Richard Stunt			

Exemptions from disclosure**Reason for non-disclosure of key personnel details**

Not applicable

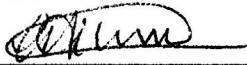
Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Teasha Mitchell	
Position (eg Secretary, Chair, etc)	Chair	
Date	24/10/2023	

Charity Name Shinrai Martial Arts	No (if any) 1198862
---	-------------------------------

CC16a

Receipts and payments accounts

For the period from	Period start date 06th May 2022	To	Period end date 31st May 2023
---------------------	---	----	---

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Club joining fee	647	-	-	647	-
Club training	8,951	-	-	8,951	-
Club grading	1,710	-	-	1,710	-
Club merchandise	393	-	-	393	-
Schools	1,650	-	-	1,650	-
	-	-	-	-	-
Monies loaned from Trustee	2,329	-	-	2,329	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,680	-	-	15,680	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,680	-	-	15,680	-
A3 Payments					
Trainer fees	7,005	-	-	7,005	-
Rent	2,859	-	-	2,859	-
Insurance	248	-	-	248	-
Subscriptions	183	-	-	183	-
Marketing	3,017	-	-	3,017	-
Training equipment	1,160	-	-	1,160	-
Class sundries	245	-	-	245	-
Trainer sundries	133	-	-	133	-
	-	-	-	-	-
Sub total	14,850	-	-	14,850	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,850	-	-	14,850	-
Net of receipts/(payments)	830	-	-	830	-
A5 Transfers between funds					
A6 Cash funds last year end					
Cash funds this year end	830	-	-	830	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	830	-	-
		-	-	-
		-	-	-
	Total cash funds	830	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-

-
-
-

-
-
-

B4 Assets retained for the charity's own use

Details

Fund to which asset belongs

Cost (optional)
-
-
-
-
-
-
-
-
-
-

Current value (optional)
-
-
-
-
-
-
-
-
-
-

B5 Liabilities

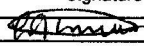
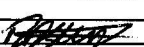
Details
Loan from Trustee

Fund to which liability relates
Unrestricted

Amount due (optional)
2,329
-
-
-
-

When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name
Teasha Mitchell
Kelly Brown
Richard Stunt

Date of approval
24/10/23
24/10/23