



# Trustees' Annual Report for the period

Period start date

Period end date

From 1st April 2024 To 31st March 2025

## Section A Reference and administration details

Charity name Teesdale Day Clubs

Other names charity is known by

Registered charity number (if any) 1198857

Charity's principal address

Woodleigh

Flatts Road

Barnard Castle

DL12 8AA

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gordon Thomson	Chair		
2	Peter McGuinness	Vice Chair		
3	Ann Dolphin OBE	Treasurer		
4	David Bailey			
5	Susan Bainbridge			
6	Hazel Rayner			

### Name of Strategic Manager

Andrea Hobbs

Type of governing document	Constitution
How the charity is constituted	Charitable Incorporated Organisation (CIO)
Trustee selection method	Appointment by Board

We achieved registration as a Charitable Incorporated Organisation (CIO) on 6<sup>th</sup> May 2022 but have a long-established history as a charitable association since 1994. We have celebrated 30 years of service in our community.

This Annual Report covers the financial period 1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025, and includes activity delivered by our team during this period.

Our part-time staff team of 12 (0 hours to 22.5 hours per week) remained stable during this period, although we sadly lost a colleague to terminal cancer very quickly following her diagnosis. As a valued member of the team, this was a significant blow, but everyone rallied round, and our services continued without interruption.

We maintain contract agreements with three people to provide casual cover on a freelance basis for periods of annual or sick leave.

Our Volunteer and Communications Development Worker post ended due to end of grant on 31<sup>st</sup> March 2025.

We continued to provide 9 weekly lunch clubs and further developed our growing activity programme. We have between 1 and 3 lunch clubs running each day of the week in different communities across 10 venues, and various activities through the week (including evenings) and at weekends.

The Operational Club Coordinator is responsible for working with the team to support and coordinate the safe, smooth running of the lunch clubs.

The Volunteer and Communications Development Worker (22.5 hours per/wk) delivered the new project aimed at increasing volunteering opportunities and reducing isolation and loneliness for people in Teesdale through the activity programme.

The Community Worker (16 hours per/wk) is responsible for all the one-to-one work of our community support service. This involves delivering support and help through home visits; contact at clubs and groups; phone calls; family liaison; and signposting.

Our Finance Administrator, who also contributes time as a volunteer, is paid for 4 hours per/wk to administer our book-keeping, PAYE, and current account banking

The Strategic Manager (SM) line manages the whole team and is managed by our Chair, supported by both the Treasurer and Vice-Chair. Our SM has overall management and operational responsibility for the efficient and effective running of our services; carrying out Trustee-led strategic and operational plans; and supporting trustees with the governance of the charity.

The SM is also responsible for securing grant and other funding, managing our grants budgets, and with Treasurer support, manages our finances.

The Finance and Risk Committee meets at least 6 times each year and comprises 3 Trustees (Chair, Vice-chair and Treasurer) and the SM. The Board meets every quarter end, with additional away day and specific task group meetings as required.

The Management Account, cash flow, and funding dashboard are all overseen by the Finance & Risk Committee and presented to the Board every quarter end.

Our Risk Register is reviewed every 6 months and presented to the Board annually.

Our Policy and HR task group meets as required and comprises the Chair and one other trustee, with the SM advising.

Board meetings are usually attended by the SM and other staff members as appropriate.

**Vision**

To enhance quality of life by offering supportive social opportunities to people who are socially excluded, or at risk of being socially excluded, including people facing social isolation, in Teesdale.

**Mission**

To provide social networks in Teesdale that offer friendship and hospitality as well as help and support with day-to-day challenges.

**Aims**

- Minimise the adverse impacts of social isolation and loneliness for adults in Teesdale.
- Impact positively on people's quality of life and health and wellbeing.
- Support people to lead independent lives in their own home and remain in their own community.
- Create a variety and choice of volunteering opportunities that enable people to contribute within their local community.
- Increase the number of people accessing support by exploring different ways to evolve and encourage relationships across the wider community.

**Objectives and activity**

We provide:

- Social groups that meet regularly in key town/villages, and connect people
- Subsidised transport to ensure equal access to our services
- Nourishing freshly prepared food
- A valuable village 'hub' where anyone can access information and get help
- A free one-to-one personalised 'at home' and remote community support service
- Rewarding and flexible volunteering opportunities
- Opportunities for varied social interaction (e.g. inter-generational)

Our Strategic Plan (2024-2027) outlines our aims for both maintaining and developing our services during this period. Our Operational Plan details risks, priorities and actions and is updated and presented at all Finance & Risk committee and at Board meetings.

A statistical quarterly report informs trustees on performance, numbers of beneficiaries and volunteers, and take-up of services and project activity. It includes outcomes for individual people benefitting from one-to-one support, updates on volunteer issues, communication, and how we work with our partners.

**LUNCH CLUB SERVICE**

Our clubs are welcoming, warm, and supportive places, for both lunch club members and volunteers, to make friends, and to catch up with old ones. We seek to make a difference to people's lives by helping people to feel:

- less isolated and less lonely,
- increased feelings of happiness, and
- increased feelings of belonging, connection, and involvement in their community
- valued and that they are 'giving something back' through volunteering.

We aim for everyone to experience an enhanced quality of life, improved health and wellbeing, and to be enabled and supported to live independently where appropriate.

Our core lunch club service operates in 10 local venues across the market town of Barnard Castle and 8 surrounding villages. Clubs also raise their own small funds through raffles and '50p clubs' that finance occasional trips out to different places for lunch.

*Word-cloud quotes from our lunch club member survey 2024-25*



***"I think Lunch Clubs are good for people of my age ...getting a hot meal once a week, meeting people and catching up on village gossip...it's a nice thing and saves me cooking a main meal once a week"***

*Quote from a Cotherstone lunch club member*

### **COMMUNITY SUPPORT SERVICE**

All our lunch club members have free access to this one-to-one community support service. It provides a bespoke support to anyone who needs assistance with anything that impacts on their emotional, social, or general wellbeing. Interventions can be a home visit for a reassuring or encouraging chat; help to fill in a form; accompanying to health appointments; liaising with family to arrange at-home care; help with accessing specialist equipment; or referrals on to other support agencies including GPs.

As a key preventative service in our area, we are regularly the first point of contact for older people and the frailest people in our community when someone doesn't know where else to go for help, doesn't have anyone else to turn to, or are too anxious to reach out.

***"Thank you for your ongoing help, it helps me work through the various administrative systems that seem ever more complex."*** *Quote from a beneficiary*

### **COMMUNITY ACTIVITY PROGRAMME**

Funded from 2023-2025 by the Know Your Neighbourhood Fund, we launched this new project aimed at increasing the number of people volunteering and improving our reach to isolated adults of a wider age range who don't always want to come to a lunch club. We continued with our successful rolling programme of art/craft groups, gentle exercise, Afternoon Teas, Book Club, and a Pantomime trip.

This project has widened our general volunteering opportunities and improved our communications with an updated website and increased social media visibility.

***"Sharing stories, listening to others, and generally having a little giggle and a chat has been beneficial to me, and I always look forward to the next session."***

*Quote from Sisters in Stitches participant*

### **TIME TOGETHER TEESDALE – PARTNERSHIP PROJECT WITH UTASS**

In 2023 we worked closely with a partner charity Upper Teesdale Agricultural Support Service (UTASS), based in Middleton-in-Teesdale, to secure funding and we launched this exciting new service in 2024. Our SM line manages the project coordinator post, and chairs the Steering Group, while UTASS handles employment, volunteer vetting and checking, and financial management of the grants.

The project is funded to December 2025 and aims to alleviate the loneliness of those who are the most isolated through being housebound, frail, every elderly, or restricted by caring duties. Despite some early personnel issues, eventually the project settled down with a new Coordinator in October 2024 and recruited over 20 volunteers to the end of March 2025, placing all of them with beneficiaries in the community. Beneficiaries range from those with dementia, to those who are well but chronically lonely. We are also providing respite for people in a family-carer role.

### **OUR NETWORKS AND ENVIRONMENTAL POLICY**

We continuously seek to increase our network to provide added value for our members, and increase local benefit through using local supply chains, working in partnership, and providing more joined up activity. We also seek to reduce our carbon footprint where this is possible.

To do this we:

- work closely with all local statutory and voluntary agencies,
- always buy local food and supplies where we can,
- liaise and collaborate as closely as possible with key partners to deliver services,
- network and work in a way that avoids duplication, needless travel, and wasteful use of resources.

### **IMPACT MEASURING**

We evaluate our services through general and specific surveys collecting quotes, anecdotes, and case stories / testimonials. We involve our beneficiaries and volunteers in annual celebration and feedback events.

Due to the long-term participation of people involved with us (beneficiaries and volunteers) we only formally survey people every other year to avoid survey fatigue. This provides us with an opportunity to use a range of evaluation methods.

We have worked closely with funded consultants over the last 5 years to provide an independent overview of our impact and the difference we make. Small focus groups, phone calls, or attendance at activities helps to gather people's views to inform reports. These supportive relationships have provided regular evaluation which assist us to review our work objectively and continue to improve what we do.

The Know Your Neighbourhood funded project enabled us to trial a journey evaluation approach using start, mid and end point surveys, and we are continuing to use this with our smaller activity group programme when appropriate.

People consistently tell us that because of the support they receive they feel less lonely, they feel that their wellbeing is improved (they feel happier), and that support provided often helps them to cope better with living alone.



***"Middleton is a lovely [lunch club] group. I have made friends here that I wouldn't have met otherwise."***

***"These days people tend to mix with their established friendship groups so it's a way to get to know other people in the village."***

***"I live on my own and I don't see many people, so it's a chance to socialise every week."***

*Quotes from lunch club members 2024-25*

## STATUTORY PUBLIC BENEFIT DECLARATION:

Trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. Our duties as a charity are met through the delivery of our aims and objectives and are evidenced by the activities and outcomes outlined above and detailed below. Our membership is open to any adult living within our area of benefit and our joining and referral pathways are easy to access. Most people are referred to or respond to our service offers through word of mouth, self-referral, by seeing our publicity, signposting by friends/family members, social prescribing team, Mental Health Team, Social Care, GPs, charitable, and similar organisations.

## Section D Achievements and performance

### SOCIAL ACTIVITY GROUPS AND LUNCH CLUBS

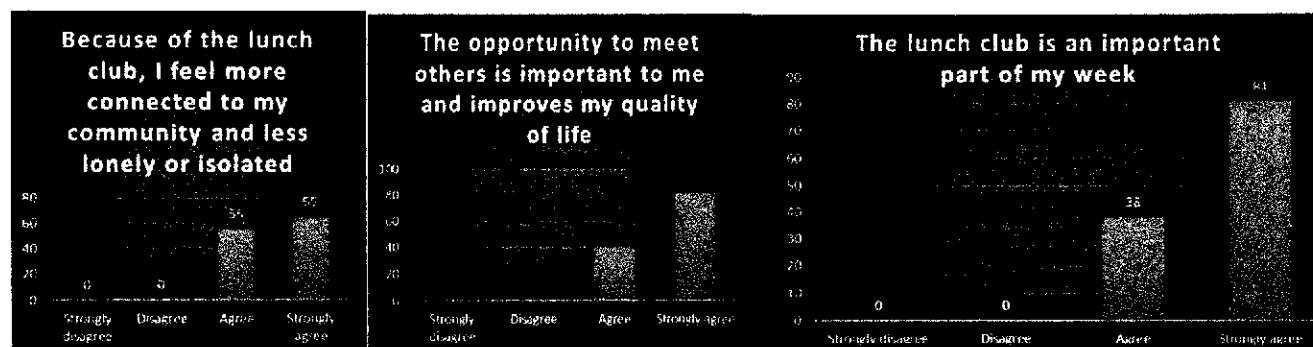
During this reporting period, we have supported 212 people at our lunch clubs and benefitted from the support of 88 volunteers (does not include trustees).

We have delivered 437 lunch club sessions and served 7295 freshly prepared meals at our lunch clubs. Only 20 sessions were cancelled due to inclement weather, unavoidable venue closures, or staff shortages/availability of cover staff for holiday/sick leave.

The average age of lunch club users dropped to around 75 years (from 82), based on available data taken from returned surveys. However, not everyone completed a survey, and the younger people are more likely to respond than the very elderly. We still have lunch club members that celebrated their 90s and 100<sup>th</sup> birthdays with us this year, and we are delighted that younger people are using our services more.

Around 60% of people attending our lunch clubs live alone with a significant number (around 25%) have a known mobility or health issue.

As we operate in a deeply rural area, access and travel are significant barriers to why people do not participate or reach out for support. Between April and March 2024-25, 48 people took advantage of our subsidised travel provision, which is offered to reduce financial barriers to accessing what we offer. Over 22% of people using the lunch club service are struggling financially, or just getting by, or cannot stretch to afford a regular weekly taxi to and from their social activity.



The new activity programme delivered 35 craft sessions, 14 gentle exercise classes, 8 afternoon tea events, and 4 book club meetings, as well as the pantomime trip. The project attracted a total of 31 volunteers, of which 27 were new to us and not regular lunch club volunteers. Overall, the activities programme supported 240 adults as participants, making a total of 271 beneficiaries just in this new project since it started (Nov 2023) to the end of March 2025.

## COMMUNITY SUPPORT SERVICE

This service supported over 70 individuals on a one-to-one basis, either through home visits, personal conversations, or support whilst at lunch club, or by accompanying to an appointment. Many have received more than one intervention, and some individuals have received on-going support for complex issues.

37 individual people have been supported to secure a Blue Badge to help with their mobility issues. This piece of targeted work has been hugely successful and impacted people's everyday lives positively. We are in the process of evaluating the community support service in 2025.

### In brief examples of interventions:

- 1 participant supported to access support from CAB to review their finances
- 2 people supported to review Winter Fuel Payments & Pension Credits
- 1 participant supported to apply for Attendance Allowance and appeal the decision, when it was declined, in partnership with Durham Carers Support.
- 1 participant supported through End-of-Life Care
- 1 person encouraged to volunteer informally by becoming involved in the decorating of the Teesdale Day Club tree for the local Christmas Tree Festival
- 1 participant accompanied to hospital for eye injections, staying with her the whole time to help her to navigate the system after a long wait.

## VOLUNTEERS

Our large volunteer team is critical to us achieving all that we do.

We ask them for feedback every other year with the next survey due summer 2025.

The survey is aimed at finding out how volunteers benefit most from their volunteering, what their motivations are, why they volunteer, and how they feel about their volunteering. We also ask volunteers for feedback about what they think we do well, and what we could do differently, or areas where we could improve.



Each year we invite volunteers to come along to an annual event where we can celebrate their value and commitment. In 2024 we gave out certificates recognising the long service of volunteers at each lunch club.

*Volunteers at the event receiving their certificates from our Chair Gordon Thomson.*

## ORGANISATIONAL DEVELOPMENT AND OPERATIONS – SUCCESSES AND CHALLENGES

Trustees are keen to continue to develop our progress and remain committed to maintaining our core lunch club service at the centre of what we do. Alongside this, our activity programme has brought some promising early successes attracting new participants and volunteers to our charity, helping us to achieve a wider public benefit and reach people across the adult age range who are already experiencing social exclusion, or who may be at risk of it.

Funding for the core lunch club service remains a challenge but we continue to attract new people, and we have begun new projects to grow numbers at some of our smaller lunch clubs.

Changes in the staff team in 2024 created an opportunity for Trustees to consider sustainability in relation to our senior management and the stability of the charity going forward, and some changes of staffing structure were considered to ensure continuity. This culminated in a new General Manager post being created as we moved into the next financial year from April 2025, as our Strategic Manager reduced her working hours whilst remaining actively engaged in the future of the charity.

Trustees are committed to moving forward and not standing still, and the activity programme is becoming a more permanent part of service delivery to ensure that we continue to meet current and changing needs in our community.

## Section E

## Financial review

With funding becoming harder to secure, Trustees have monitored the cash flow carefully during this year. Our cash position remained healthy, and it did not become necessary to transfer any funds from our deposit account to meet monthly outgoings. However, trustees did transfer held reserve funds to a new 35-day notice deposit account (Redwood) to take advantage of a higher interest rate and ensure funds could be drawn down quickly if needed at shorter notice to support cash flow.

Our management account tracks use of individual grant income in detail and indicates the actual use of unrestricted donations and held reserves to ensure that Trustees have a full understanding of our actual deficit in year, as opposed to our cash position. This is critical to Trustees having a full picture of our financial health as we have consistently used reserves to meet funding shortfalls over the last 3 years, and especially as we receive significant funds at the end of one financial year that are for use in the following year.

The actual cash deficit in year was just under £2k based on our Receipts and Payments accounts. This is a more positive outturn than last year. However, of funds received in year, just less than £54k is restricted funding received during the year ending 31<sup>st</sup> March 2025 and being carried forward to the next financial year. This means that in real terms we used just over £12k of unrestricted funds to meet a shortfall in funding.

The total balance of assets at the end of year is £195,447 of which £83,015 is restricted, and £29,278 of restricted funds is designated for redundancy and wind-up costs in the event of the charity having to close.

Our cash balance at 31 March 2025 was therefore £166,170 net of the above redundancy costs but including reserve funds held in our deposit account, to be carried forward, of which £53,737 is from grant income.

Trustees will continue to monitor interest gained from deposit accounts and make any transfer decisions throughout the year to ensure we are taking best advantage of the current savings market.



## **In year updates**

Trustees made further increases to staff salaries to keep pace with the National Living Wage.

Our Funding Strategy outlines our aspirational targets each year. These were almost met in terms of grant income and Member Contributions from lunch clubs, but other income streams remain largely unmet and directly reflect the capacity of the team to realise additional fund-raising projects alongside the day-to-day operations.

Some of the new activities attracted informal income from donations taken at free events, which evidence that most people are happy to contribute in return for an activity, but when asked were more reluctant to attend if a fixed fee was applied.

The Funding Strategy is reviewed annually, and our funding dashboard continues to assist trustees to monitor which grant funders are consistently supportive, and the spread of funds across multiple years.

At the start of the year April 2024, we forecasted an actual deficit of £40k which was reduced considerably in year due to successful grant applications and other fund-raising efforts by the team.

Funding targets will be reviewed in 2025 using SMART principles.

We continued to receive occasional donations via Just Giving from our website, and from local trusts, businesses, and the community. These small donations helped us enormously, and we are very grateful for all donations made.

We maintained the loyalty and support of two regular Direct Debit donors who we wish to thank for their constancy of support. This kind of donating is something that we would wish to increase.

## **LOOKING AHEAD**

Forecast running costs from April 2025 remain comparable to the forecast in April 2024 despite increases in salaries, however, this is largely due to careful budget management considering the use of reserves, the end of the Know Your Neighbourhood (KYN) main grant funding, and the consequent end of the development worker post attached to this specific project delivery.

Although we have some lower-level continuation funding for the activity programme from Point North and PCP Happiness Hub to March 2026, we are running the project using existing staff and have internally recruited to an activity worker post.

We begin the financial year 2025-2026 with a forecast deficit of over £40k in real terms (based on assumptions of forecast *unrestricted* receipts in year and already secured grant income).

If this deficit is not met through efforts in year to raise sufficient funds, then unrestricted reserves are likely to drop below £80k before 31<sup>st</sup> March 2026.

Restricted and unrestricted funds are in place to maintain the charity's operations at a similar level throughout the financial year 2025-2026. However, significant funds will need to be secured within the next six months to enable development of our services, and reserves will be used to a greater level than previously required.

Without additional funds being secured, Trustees will have to reduce the charity's operations. We will be at 50% funding of annual operating costs by December 2025 based on current cash flow forecasting.

The Finance and Risk Committee continues to analyse Cash Flow forecasts and grant spend and have agreed that cash flow actuals and bank reconciliation will be shared to

the Committee monthly by email from Q2 to safeguard the cash position in relation to drawing down funds from reserves held in the 35-day notice deposit account (Redwood).

At the same time, we want to continue to pursue organisational improvements and to widen our reach through new activity as best we can.

Trustees continue to annually review lunch club member contributions, and this was increased in April 2025 to £8 per person per session which includes a freshly made hot 3-course meal, tea or coffee, and access to our free community support service. This remains very good value when compared to the high street and therefore retains our public benefit margins.

To ensure that no one is excluded due to financial difficulty or poverty, we continue to operate a differential charging policy whereby a reduced or free service can be offered on a discretionary basis to any individual who would not be able to attend a club. We currently have 3 people under this policy. In addition, since winter 2024-25, we have worked in partnership with Age UK to offer free lunches through their funded Hot Meals scheme to those who are most at risk financially due to health, or other life circumstances. Eleven people are currently under this scheme.

We resist becoming a means-tested service as our experience tells us that our longevity of success is based on people feeling that they are coming to a social occasion rather than a 'service' and also enables us to keep an open-door policy to everyone who may be lonely or isolated regardless of financial means.



We could not deliver any of our services without our volunteers, and we are grateful for their collective commitment and continuous support. They always go the extra mile and often add extra value by helping behind the scenes by keeping an eye on our more vulnerable lunch club members in their community and always being willing to help out when someone is facing a challenge.

*Photo of 2 of our amazing volunteers at Christmas 2024*

## **RESERVES POLICY**

Reserves are that part of our unrestricted funds that are freely available to spend on any of the charity's purposes. Our policy is to maintain free unrestricted reserves to provide:

- a level of working capital that protects the continuity of our work
- a level of funding for unexpected opportunities
- cover for risks such as unforeseen expenditure or unanticipated loss of income.

Trustees aspire to maintain one year running costs of unrestricted reserve but find that unrestricted funds available in March 2025 (£111.5k) are 50% of our total forecast running costs for the year April 2025–March 2026 (£221.5k).

Trustees ideally do not wish reserves to drop below this 50% level but are committed to using our unrestricted income prudently to support services to continue when this is necessary

Trustees have discussed the reserves position and have agreed in principle that, in the event reserves drop below 40% of forecast payments, they will:

- Review payments and give direction on where further savings could be made in the budget
- Support the Treasurer with the regular monthly cash flow interrogation, being informed and ready to approve the draw down of funds prudently when required
- Review current service levels and, in consultation with staff and volunteers, reduce our operations where possible without renegeing on grant agreements
- Communicate swiftly with current and trusted funders
- Review staffing levels and communicate with staff in a timely manner about the possibility of redundancy
- Double check that our restricted redundancy reserve is correctly reflecting current team structure, and raise or reduce funds held to ensure these funds are used to our best advantage (currently £29,278)
- Consult with individual lunch club members and volunteers to take best advantage of individually held club funds that generally support trips and outings, and decide how these funds may be used to support lunch club continuation
- Utilise volunteering as much as possible to maintain our services

Our comprehensive Risk Register acknowledges the risks and impact of the financial deficit position and challenges of securing funding, against the knock-on risks and impacts on senior managers. They are responsible for raising funds, meeting rising operational costs, changes to our political and economic environment, balanced with growing and maintain services driven by need in the community.

## Section F Our supporters

We are grateful to all our supporters; our beneficiaries; our wonderful volunteers who give their time to help at lunch clubs and in other ways; and our funders who help us to continue providing our services for the benefit of the communities that we support.

### **Lunch club member contributions**

Lunch club members continued to pay a weekly charge of £7 per person, which included their 3-course meal, hot drinks, access to the community support service, and all the additional support that comes from belonging to their club locally.

### **Donations**

We received £4,590 in donations from individual supporters, small community groups/trusts, and lunch club members.

#### **Donations over £200 included:**

An anonymous Trust donated £400.

The Barnard Castle Lions Club ran a local raffle on behalf of the community and taking part raised £352.

GSK Care Committee donated £500

Barnard Castle School Preparatory school pupils raised £300 on our behalf.

Our fund-raiser hosted by Andalucia Café in Barnard Castle raised £705.

Our activities groups collectively donated £354.



*Our Andalucia café fund-raiser raised over £700, and we are grateful for the support from Christine Taylour and her café team for their help in arranging the cheese and wine tasting evening, and some wonderful raffle prizes.*

### **Grant Funding**

We benefitted from a total £40,000 of grant awards for service delivery in the year net of grant awards carried forward from March 2024.

We would like to thank the following repeat funders for their continuing support with ongoing grants, grant monies brought forward from March 2024 or secured in year

- **The Ballinger Charitable Trust**
- **Garfield Weston Foundation**
- **Sir James Knott**
- **Pioneering Care Partnership Happiness Hub Fund.**
- **The National Lottery Community Fund, RC Northeast and Cumbria Region, and the Know Your Neighbourhood Fund**
- **Point North (County Durham Community Foundation)**
- **Durham County Council Area Budget awarded via Teesdale Action Partnership**



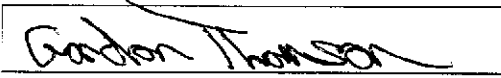
*In memory of our colleague and friend Kim Weston. February 1960 – July 2024*

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	
Full name	Gordon Thomson
Position	Chair
Date	7 <sup>th</sup> August 2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees

Teesdale DayClubs

On accounts for the year  
ended

1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025

Charity no  
(if any)

1198857

Set out on pages

1-5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31<sup>st</sup> March 2025.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

1/8/2025

Name:

Paul Howell

Relevant professional  
qualification(s) or body  
(if any):

Retired Fellow of Chartered Institute of Management Accountants

Address:

77 Coniscliffe Road

Darlington

DL3 7EH

There were no Independent Examiner concerns



**TEESDALE DAY CLUBS 1198857**

CC16a

**Receipts and payments accounts**

For the period from	01/04/2024	31/03/2025
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £	Notes
<b>Receipts</b>					
Contributions from lunch club members	27930		27930	24467	1
Travel Contributions from lunch club members	5073		5073	4813	1
Food Contributions (paid to chefs)	23822		23822	22605	1
Donations	4590		4590	3160	2
Gift Aid				653	
The National Lottery Community Fund RC North East and Cumbria Region and Know Your Neighbourhood Fund		39302	39302	55408	3
Point North Know Your Neighbourhood and Community Grants (CDCF)		38358	38358	33377	4
Sir James Knott Trust		5000	5000.00	5000	5
The Ballinger Charitable Trust		15000	15000	15000	6
Garfield Weston Foundation		20000	20000	0	7
Age UK		712	712	0	
PCP Happinees Hub		7500	7500		8
Durham CC Area Budget		12000	12000	12075	9
Durham CC Neighbourhood Small Grants		995	995	0	10
UTASS - Time Together Teesdale Partnership Project		3201	3201		11
Redwood Interest	3265		3265	2178	12
Shawbrook Interest				87	
United Trust Interest		1210	1210	326	14
Refunds				816	
<b>Sub total (Gross income for AR)</b>	<b>64681</b>	<b>143278</b>	<b>207959</b>	<b>179965</b>	
<b>Total receipts</b>	<b>64681</b>	<b>143278</b>	<b>207959</b>	<b>179965</b>	
<b>Payments</b>					
Salaries including all costs	29221	103397	132618	113823	13
Additional time / cover contracts	6254	3379	9633	6743	13
Staff expenses	1438	763	2200	2120	
Volunteer Expenses	0	174	174	0	
Office Equipment / IT hardware	0	129	129	1333	
IT/Licenses				832	
Administration & IT	154	599	753	878	
Insurance	1200	174	1374	1182	
Rent & Rates - office				200	
BT & SAGE	656	730	1386	1330	
Lunch Club Venue Rents	6938	9929	16867	16480	
Lunch Club member travel	5200	5414	10614	10581	1
Training & Recruitment		750	750	2068	
Club equipment &	787	376	1163	1144	
Food costs (chef spend)	23822		23822	22605	1
Project Activities - 'Our Volunteers' (KYN) and Time Together Teesdale		6727	6727	4019	4
Publicity and website		1576	1576		
Governance	52	38	89	25	
<b>Sub total</b>	<b>75722</b>	<b>134153</b>	<b>209875</b>	<b>185363</b>	
<b>Total payments</b>	<b>75722</b>	<b>134153</b>	<b>209875</b>	<b>185363</b>	
<b>Net of receipts/(payments)</b>	<b>-11040</b>	<b>9125</b>	<b>-1915</b>	<b>-5399</b>	
<b>Cash funds this year end</b>	<b>-11040</b>	<b>9125</b>	<b>-1915</b>	<b>-5399</b>	

<b>Notes:</b>				
<b>1</b> Lunch Club members paid £7 for each club visit. £3 per head given to chefs for food.				
<b>2</b> Received from: Middleton in Teesdale Coop, Middleton in Teesdale Sports Club, Barnard Castle Rotary Club, Yorkshire B.S., GSK Care Committee, Barnard Castle School, Barnard Castle Methodist Church, Lions, Eggleston Coffee Morning, and individual donors including participants in our activities programme.				
<b>3 The National Lottery Community Fund - North East &amp; Cumbria Region</b>				
Reaching Communities Fund - £25,605 5-year grant and year 3 uplift.				
Funding received in March 2025 and small surplus carried forward to April 2025 as restricted funding to end of grant 31/08/2025				
Know Your Neighbourhood Fund - £13,697 final payment of grant ending 31/03/2025; funded our community support service with no surplus carried forward				
For salary breakdown see note 13				
<b>4 Point North (formerly County Durham Community Foundation) -</b>				
Know Your Neighbourhood Fund - £32,860 final payments of DCMS grant ended 31st March 2025. No surplus. Funded specific project 'Our Volunteers'.				
Community Grant for KYN evaluation engagement £500				
Community Grant £5000 to support trial lunch club at new venue carried forward to April 2025.				
<b>5</b> Sir James Knott Trust - restricted to venue rents.				
<b>6</b> The Ballinger Charitable Trust - received October and a small surplus carried forward to April 2025 of £1510.				
<b>7</b> Garfield Weston Foundation - received in October and designated to salaries. £10,000 carried forward to April 2025.				
<b>8</b> Pioneering Care Partnership Happiness Hub Fund - received December for activities programme. Allocated for costs from April 2025 and so carried forward				
<b>9</b> Durham County Council Area Budget - Received August, Opening Doors project to improve access at lunch clubs. £6125 carried forward to April 2025.				
<b>10</b> Durham County Council Neighbourhood Small Grants awarded to support local gentle exercise groups in 2 ward and a Christmas trip to the panto.				
<b>11</b> Time Together Teesdale partnership project with UTASS - Area Budget grant and funds received from UTASS for Line Management to project. £6232 of Area Budget funds and £174 for line management carried forward to April 2025.				
<b>12</b> Redwood Bank funds re-invested to alternative deposit account to benefit from higher interest and shorter notice for withdrawals. Closure balance £82,178.49. £3265 interest. Opening balance £80,000, transferred in 2 installments.				
<b>13 Salary breakdown:</b>				
Basic Salaries	128679	The National Lottery	47980	0
Sick pay	514	Ballinger	15064	2196
Additional and freelance cover	9633	Garfield Weston	10000	0
Employer pension contributions	3425	Point North	26006	1183
<b>Total staff costs</b>	<b>142251</b>	DCC Area Budget	900	0
		Time Together	3447	0
		Member Contributions	20645	2747
		Donations/reserves	8576	3507
		<b>Totals</b>	<b>132618</b>	<b>9633</b>
		<b>Total staff costs</b>		<b>142251</b>
<b>14</b> United Trust - Restricted redundancy costs deposit account reviewed annually. £1210.17 interest added October 2024.				

**The End of Year Account was approved at the Board meeting on 7<sup>th</sup> August 2025 and signed on behalf of the Trustees**

**Signed by Chairperson:**

*Gordon Thomson*

**Full Name:** Gordon Jamieson Thomson

**Signed by Treasurer:**

*Ann Dolphin*

**Full Name:** Ann Dolphin



**Teesdale Day Clubs**  
**Statement of Assets and Liabilities**  
**12 months to 31 March 2025 account**

	31/03/2025			31/03/2024		
	Total	restricted	unrestricted	Total	restricted	unrestricted
<b>Current assets</b>						
Virgin current account	£86,170	£53,737	£32,433	£87,118	£47,576	£39,541
Redwood bank savings account	£80,000		£80,000	£82,178	£0	£82,178
United Trust redundancy fund	£29,278	£29,278		£28,067	£28,067	£0
<b>Total current assets</b>	<b>£195,447</b>	<b>£83,015</b>	<b>£112,433</b>	<b>£197,363</b>	<b>£75,643</b>	<b>£121,719</b>
<b>Financed by accumulated fund</b>						
Balance b/f	£197,363			£202,762		
Deficit	-£1,915			-£5,399		
Balance c/f	£195,447			£197,363		

The 9 clubs each hold individual bank accounts for member and volunteer donations towards club trips etc. These are checked by the Treasurer and Financial Administrator each year and have not been examined by the Independent Examiner. Funds held in these accounts at 31 March were £9,564.



Section A

Independent Examiner's Report

Report to the trustees

Teesdale DayClubs

On accounts for the year  
ended

1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025

Charity no  
(if any) 1198857

Set out on pages

1-5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31<sup>st</sup> March 2025.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

1/8/2025

Name:

Paul Howell

Relevant professional  
qualification(s) or body  
(if any):

Retired Fellow of Chartered Institute of Management Accountants

Address:

77 Coniscliffe Road

Darlington

DL3 7EH

There were no Independent Examiner concerns