



RELEASE RELIEVE REFRESH

Pressure out. Potential in.



ANNUAL ACCOUNTS FOR YEAR ENDING 30.04.2025



LEGAL AND ADMINISTRATIVE DETAILS

CHARITY NUMBER

1198836

TRUSTEES

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MESSAGE FROM THE CHAIR:

There is a moment when pressure stops being contained and starts to spill over. For teenage girls, what spills over is often labelled as the problem, rather than understood as the result of sustained pressure.

This pattern is not new. It has shaped the lives of the girls we work with for years, and this year has made it more visible, more urgent, and more complex. Emotional strain, unmet practical needs, academic stress, and limited space for safe expression continue to accumulate, intensified by gender-based inequalities that place additional expectations, scrutiny, and responsibility on girls from a young age. When pressure is absorbed without release, it pushes girls off course.

We see the impact when this happens. Girls become **out of hand**, not through defiance but through overwhelm. They fall **out of shape**, losing connection to their bodies and their ability to regulate emotions. Confidence erodes, leaving them **out of hope**. Engagement drops, and too often girls drift **out of school, out of opportunity**, and **out of systems** that should be holding them.

Teens Trailblazers focuses on early, sustained intervention, addressing pressure before it hardens into crisis.

Over the past year, our focus has been on creating the conditions that allow pressure to be released safely and consistently, so that girls remain intact and engaged. Like carefully turning the cap on a bottle under pressure, this work is deliberate. Sudden release causes loss, gradual release preserves what is inside.

And what is inside is extraordinary.

Girls with potential, creativity, humour, empathy, and determination.

Girls with talents that emerge through movement, teamwork, leadership, and care for others.

Girls with hope, sometimes tentative, sometimes strong, that grows when they feel safe, supported, and seen.

This year, we have witnessed how, when pressure is released in the right way, these qualities come forward naturally. Girls begin to shine in ways that are authentic and self-directed. Seeing this unfold has been one of the most powerful measures of impact.

We supported girls through movement and physical release with sport, dance, and structured physical activity that restored routine, confidence, and connection to their bodies.

We strengthened emotional processing and regulation through mentoring, peer support, group reflection, and the introduction of the Wellness Lab, offering yoga, mindfulness, and creative therapeutic spaces.

We addressed practical pressure at its source. Warm meals at clubs, food parcels for families, and shared cooking sessions reduced immediate stress while building dignity, skills, and connection.

Leadership opportunities, teamwork through sport, and skills development supported girls to regain a sense of agency, helping them move from reaction to choice, from survival to participation.

At the same time, the work is far from complete.

We continue this work with focus and resolve, committed to releasing pressure before it becomes rupture, and to safeguarding the futures that depend on it.

Ahh.....

Nothing like a bottle of fresh soda.

Leo Grosz



MESSAGE FROM THE YOUTH COUNCIL

“ One thing I've learned at Teens Trailblazers is that we always have a second chance, and sometimes, it really does take just a second for something to change. A moment of trust, a chance to try again, or a space where pressure is lifted can completely shift how you see yourself.

That belief inspired the holiday programme I led this year, Summer in a Second.

For five years, I was a participant in the clubs. During that time, I learned how to speak up, work with others, manage my emotions, and take responsibility without feeling judged. I also learned that leadership isn't about being in charge, it's about noticing people and creating space for them.

This year, I put those lessons into practice. As head youth leader, and through leading my second holiday club, I took on real responsibility for planning, decision-making, and supporting others. Summer in a Second reached over 118 girls, supported by 29 youth workers and volunteers, and showed me how much impact small moments can have.

I saw how trust, consistency, and reassurance can change how girls show up, and how quickly confidence grows when pressure is released in the right way. I also realised how much Teens Trailblazers had shaped me over time, preparing me to step into leadership when the moment came.

Leading Summer in a Second helped me understand the kind of leader I want to be, thoughtful, prepared, and focused on helping others feel capable. It's an experience I'll always carry with me.”

Hanna



VISION:

Inspiring independence and inclusion for young people who lack resources and self-belief to invest in themselves.

Our vision at Teens Trailblazers is to create a dynamic youth club where teenagers are at the forefront of decision-making processes. We aspire to nurture a community of trailblazers who fearlessly embrace challenges, take initiative, and create positive change. We envision a future where every teenager has the opportunity to realize their full potential, make a meaningful impact on their communities, and become future leaders and innovators.

MISSION:

Empowering teenagers through personalised support, skill-building programs, and community engagement to break barriers, discover their potential, and create a path towards a brighter future.

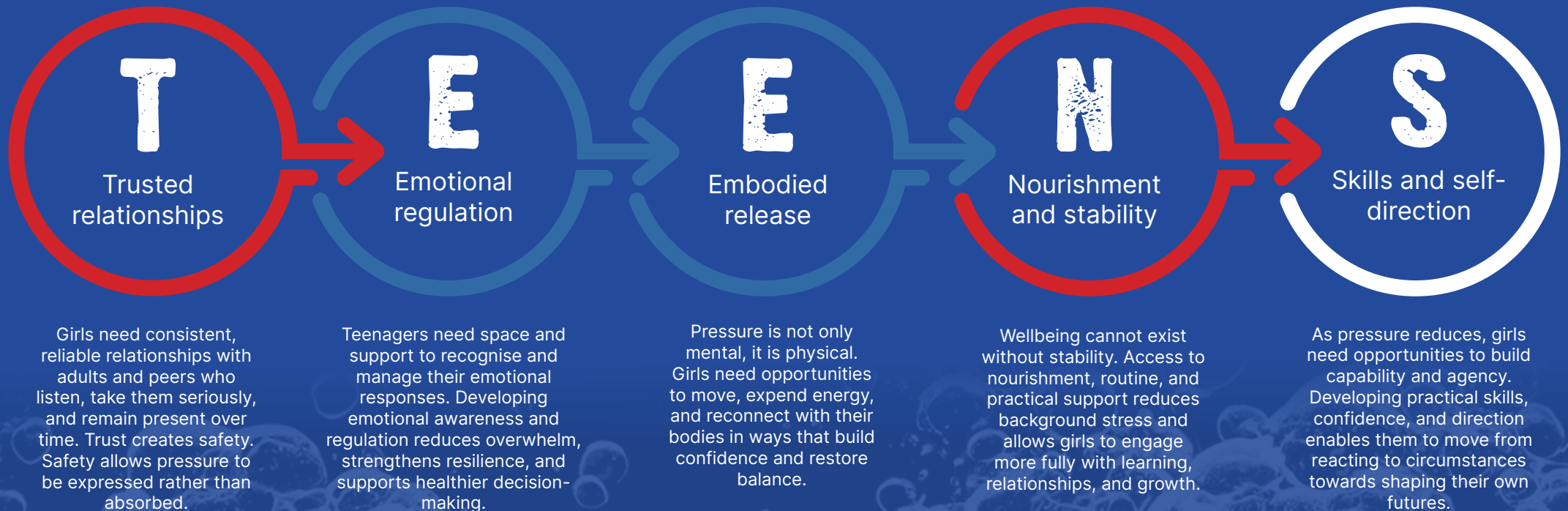
The mission of Teens Trailblazers is to provide a vibrant and inclusive space for teenagers to express themselves, collaborate, and lead projects that address their needs and aspirations. By focusing on food security, sports opportunities, reducing screen time, and developing leadership and employability skills, we aim to empower teenagers to become trailblazers in their own lives and inspire others around them. We are dedicated to fostering a supportive community that encourages personal growth, resilience, and a lifelong commitment to making a positive difference.



OUR TRAILBLAZING APPROACH

Our approach is built on a clear understanding of what enables teenage girls to remain steady, engaged, and able to grow, particularly in the context of sustained pressure and gender-based inequality.

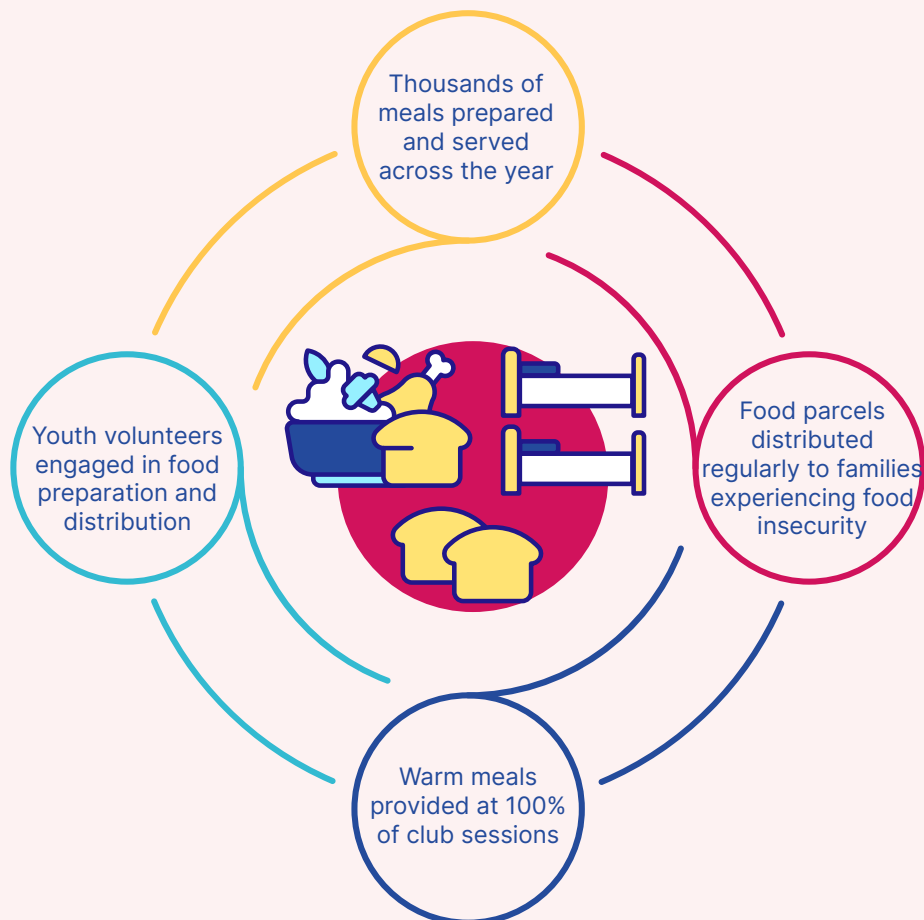
These five elements guide how we work.



WARM HEARTS, FULL PLATES

A frontline response to food insecurity, ensuring that no girl arrives at our clubs hungry or leaves unsupported. The project provides warm, nutritious meals at every club session and food parcels to families facing food poverty, offering reliability, dignity, and care in times of strain.

What sets this project apart is its collective nature. Girls and youth volunteers are actively involved in preparing, packing, and distributing meals, turning food support into an act of community, responsibility, and shared care.



Hunger stopped being a barrier.

Feedback collected from girls and families shows clear, practical outcomes directly linked to food support:

- 87% of girls and families reported reduced stress related to food access
- 82% reported that having meals provided made it easier to attend and stay engaged in sessions
- 79% of girls reported feeling more settled and able to focus during activities
- 85% of families reported a strong sense of relief and reassurance, knowing food support was available without judgement



“It just means one less thing to worry about, and that makes a bigger difference than people realise.”



Parent

Feedback collected from participants and staff observation shows clear, skill-specific outcomes:



'I learned how to organise my time, explain my ideas properly, and think through decisions instead of panicking. I even helped lead one of the sessions. Now I feel like I can handle things instead of avoiding them.'



Participant



SKILLS DEVELOPMENT WORKSHOPS

Designed to equip girls with practical, transferable skills that strengthen independence and confidence. Sessions focus on communication, problem-solving, time management, and financial awareness, delivered through interactive activities and real-world scenarios. The emphasis is on application, helping girls recognise their abilities and use them with confidence.

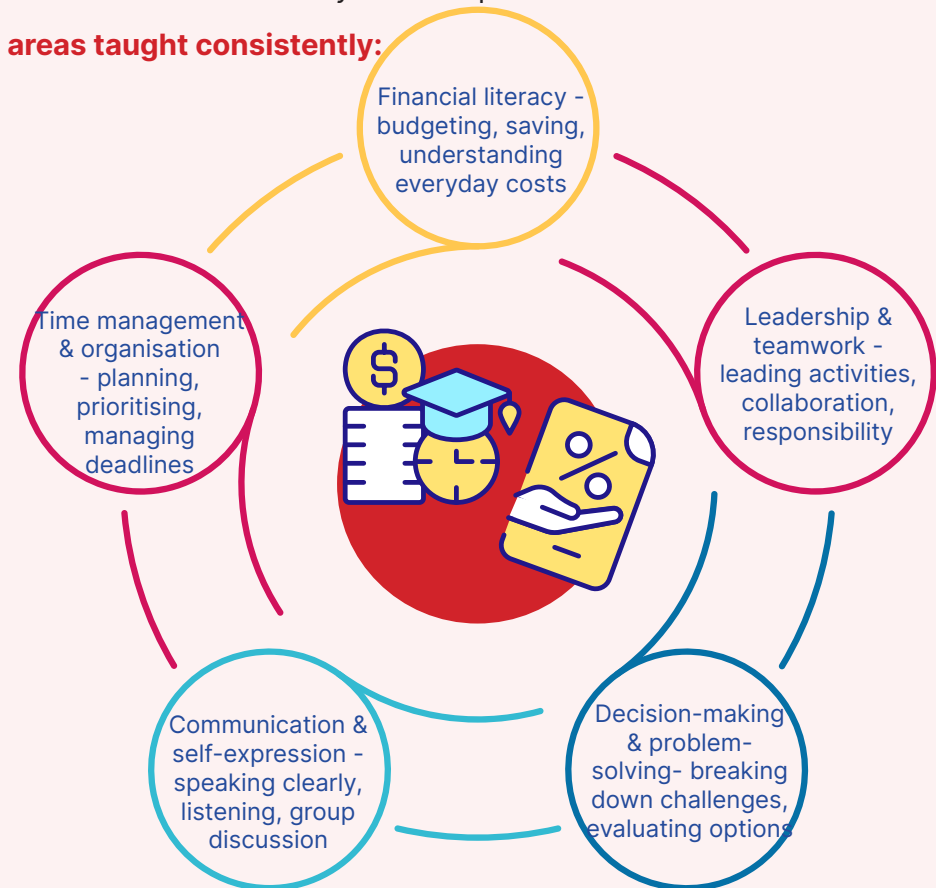
This year, the programme delivered:

12 guest speakers contributing real-world insight and experience

48 skills workshops delivered across the year

Leadership roles embedded in every workshop session

5 core skill areas taught consistently:



100% of workshops included hands-on activities and applied learning

Feedback and observation demonstrate clear, physical wellbeing focused outcomes:

87% of girls reported feeling physically stronger and fitter

83% reported increased confidence in their bodies and physical abilities

79% felt more comfortable participating in physical activity

76% reported improved stamina and endurance

72% said they felt more positive about movement and exercise overall



'I used to feel uncomfortable doing sport and worried about how I looked. Over time I realised I was getting stronger and fitter, and that made me feel more confident in my body



Participant

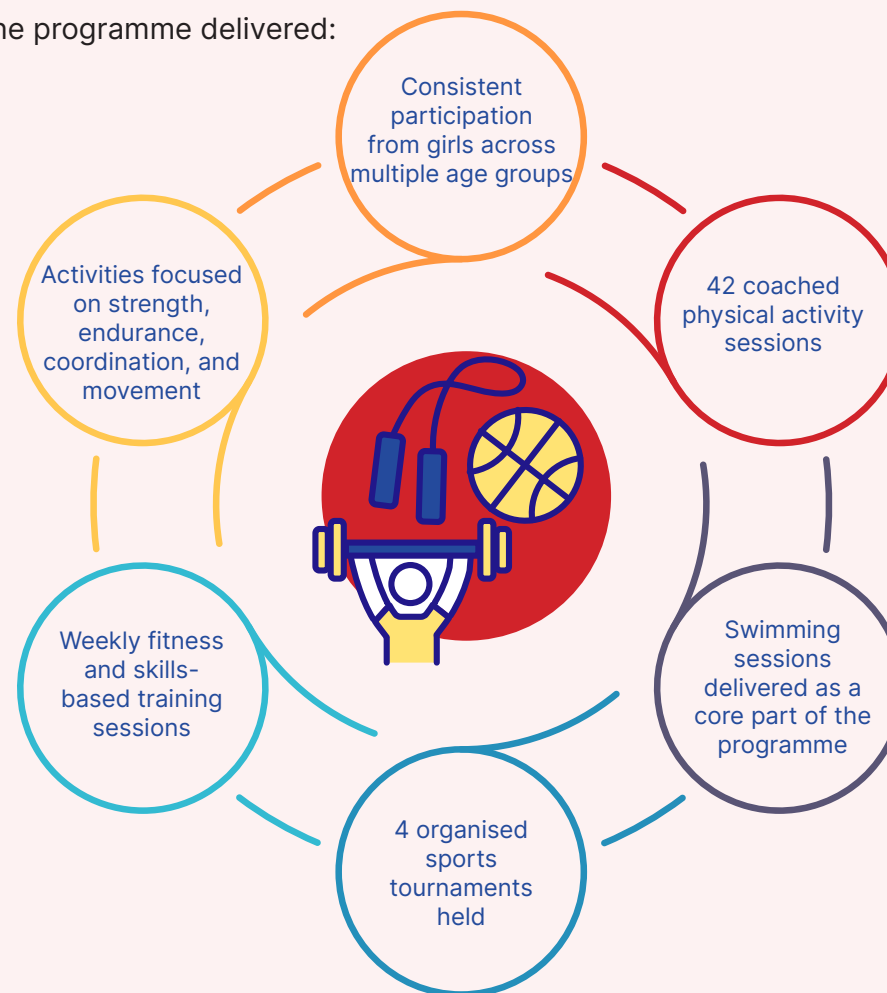


SPORTS TOURNAMENT AND COACHING PROGRAM

A structured physical activity programme focused on strengthening girls' physical wellbeing, fitness, and confidence in their bodies. Through regular coaching, swimming, and organised sports sessions, the programme provides safe, supportive spaces where girls can build strength, stamina, and coordination, while developing a healthier relationship with physical activity.

The programme prioritises enjoyment of movement and physical capability, supporting girls to feel strong, comfortable, and confident in their bodies.

This year, the programme delivered:

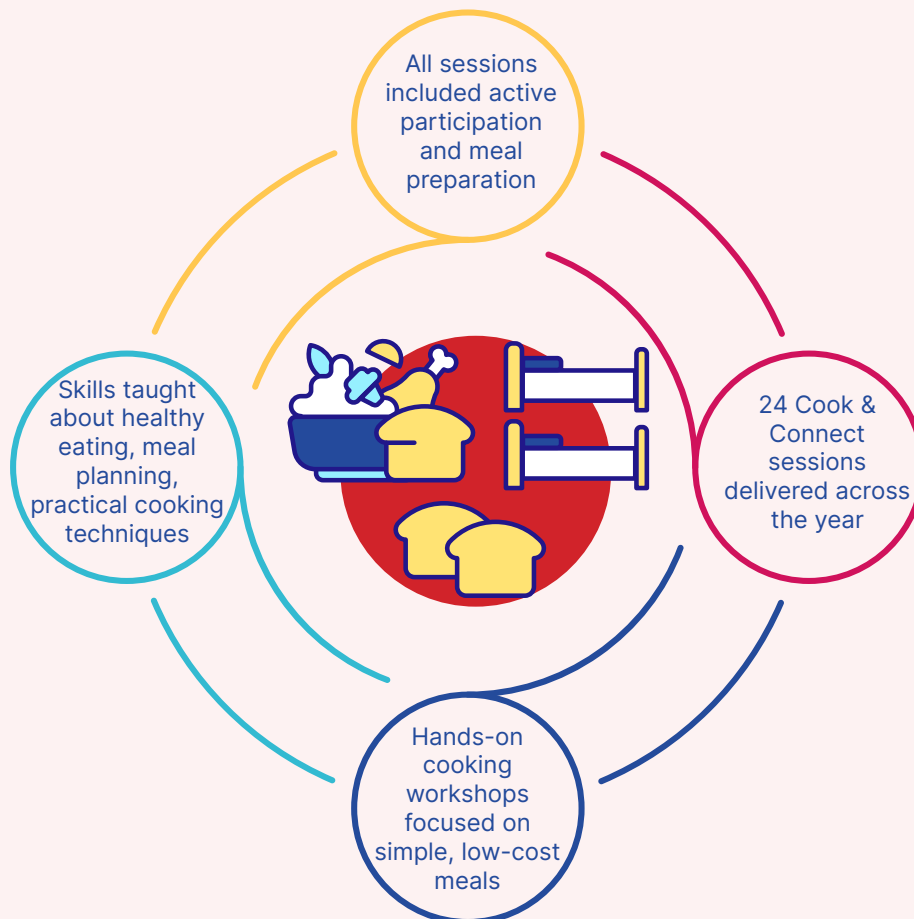


COOK & CONNECT

A practical food education programme designed to equip girls with the knowledge, skills, and confidence to make healthier food choices within real-life constraints. The project focuses on affordable, achievable cooking, helping girls understand nutrition, plan simple meals, and prepare food independently.

The emphasis is on learning how to eat well on a budget, how to make small changes that matter, and how to feel confident around food rather than overwhelmed by it.

This year, the programme delivered:



Feedback from participants and observation show clear, skill-based outcomes:



of girls reported improved confidence preparing simple meals independently



said they had a better understanding of what makes a meal balanced and nutritious



reported feeling more able to make healthier choices on a budget



said they felt less anxious around food and meal decisions



reported using skills learned outside of sessions



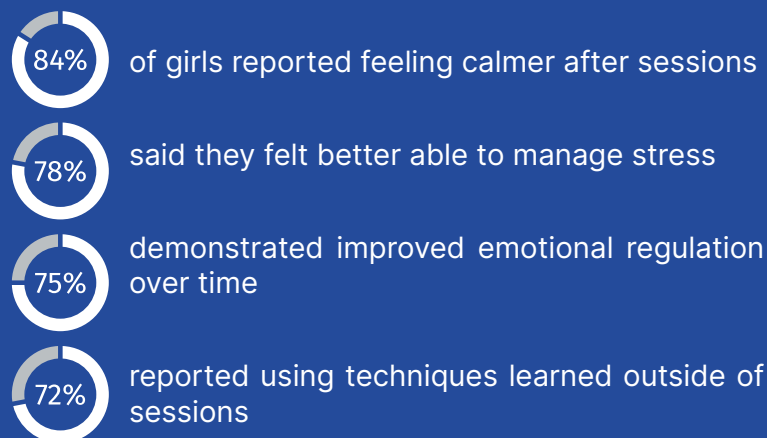
'We've started cooking together more at home. It's been really positive for all of us.'



Parent



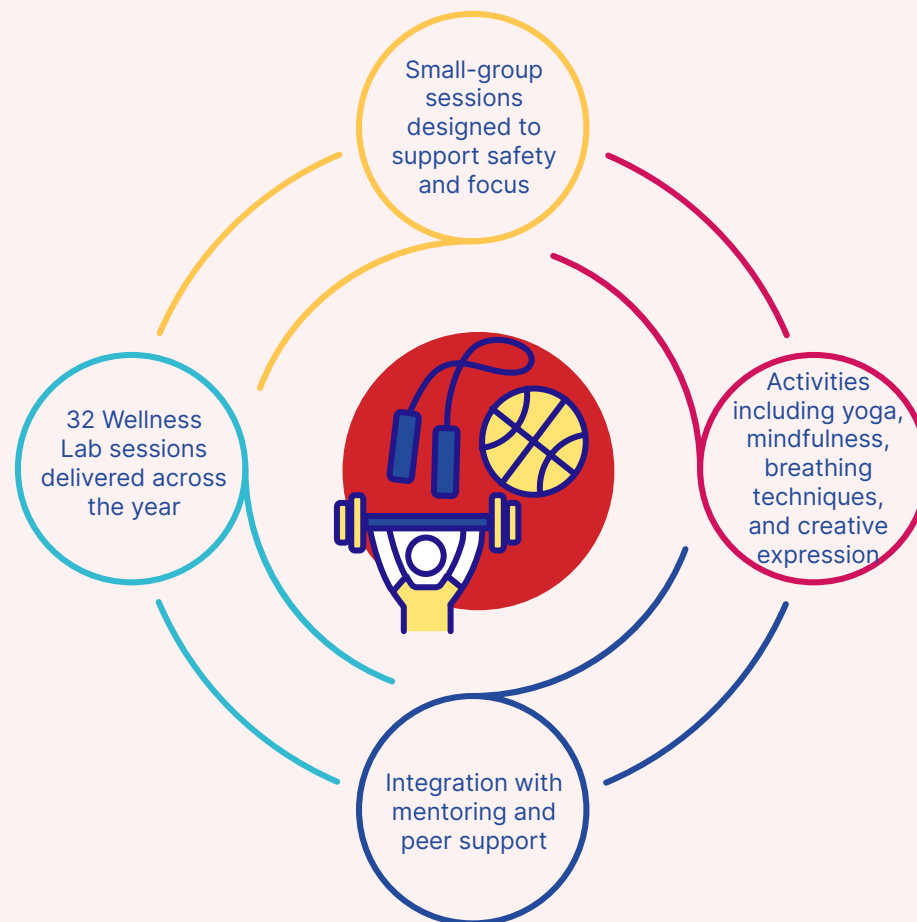
Participant feedback and observation show clear wellbeing outcomes:



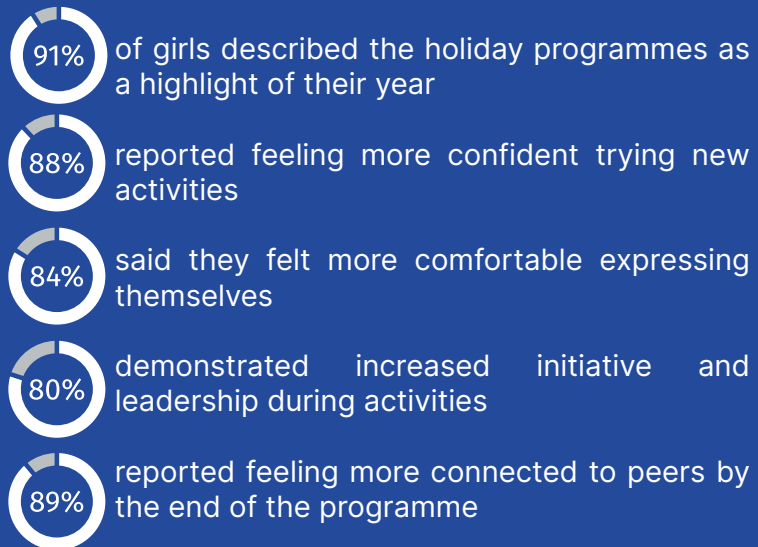
THE WELLNESS LAB

The Wellness Lab provides calm, structured spaces focused on emotional regulation, self-care, and resilience. Through yoga, mindfulness, creative expression, and reflective practice, the programme supports girls to slow down, manage stress, and build healthier responses to pressure. The Wellness Lab complements more active programmes, offering balance and restoration.

This year, the programme delivered:



Feedback from participants and staff observation shows clear, experience-specific outcomes:



'Holidays are complicated for me. My parents are divorced, so I move between places and never really feel settled. Rav Tov holidays gave me one place that stayed the same. I just knew I could go there and be okay.'



User



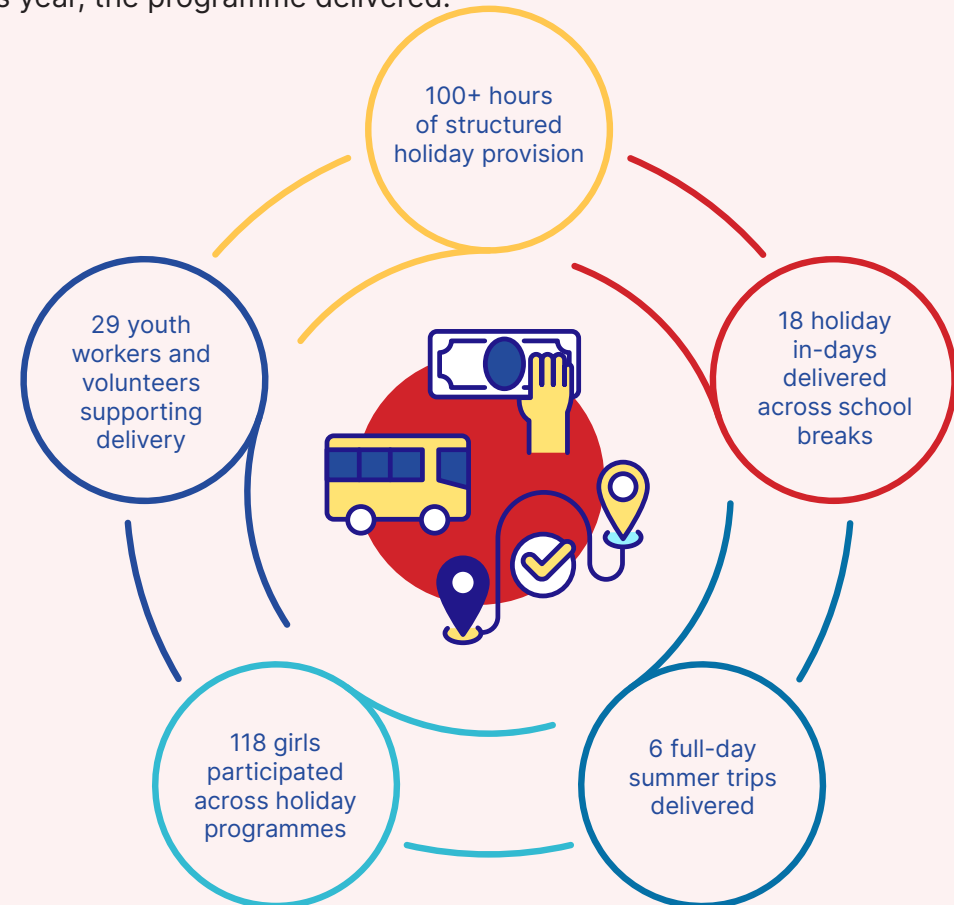
HOLIDAYS WITH RAV TOV

A much-loved holiday programme, delivering in-day sessions during school holidays and days out during the summer. Known for its energy and creativity, the programme offers girls joyful, structured experiences that combine fun with purpose.

Youth leadership is central, with girls shaping activities, leading sessions, and showcasing their talents.

The programme is well known, highly anticipated, and consistently attended, a reflection of the trust and excitement it generates year after year.

This year, the programme delivered:







MIRROR, MIRROR ON THE WALL

How Girls View Themselves

Girls' self-image develops through the conditions they grow up in. It is shaped by access to stability, safety, opportunity, and support. It is experienced through gendered inequality, home environments, financial pressure, and limited access to influence. Over time, these realities shape how girls see themselves, and what they believe is possible for them.



Teens Trailblazers Changes the Reflection

We don't change girls by telling them who they should be.
We change the mirror they are asked to look into.

When girls are given spaces designed for them, bodies that are respected, food without judgement, and adults who remain steady through instability, the image shifts.

Teens Trailblazers restores a truer reflection, helping girls see themselves as capable, grounded, and worthy of space.

Food and Financial Insecurity

Financial pressure shapes daily life. It affects what girls eat, whether they can participate, and whether they feel able to show up with confidence. When money is tight, girls often reduce themselves quietly, skipping meals, opting out of activities, withdrawing socially, and carrying shame about need.

Teens Trailblazers response:

Through Warm Hearts, Full Plates, food is provided as a normal part of every session, and support reaches families when pressure is highest. Cook & Connect builds practical, realistic skills around healthy eating on a budget, simple meals, affordable choices, and confidence around food. Support is delivered without stigma, so girls can participate fully without explanation.

Gendered Inequality

Girls face barriers that exist because they are female. They live with heavier scrutiny of their bodies and behaviour, fewer safe spaces to move freely, and stronger social. This shows up in withdrawal from sport, discomfort being seen, anxiety about appearance, and pressure around female identity, safety, and belonging

Teens Trailblazers response:

Teens Trailblazers provides girls-only, gender-specific spaces where girls are not policed, compared, or reduced to how they look. Through the Sports Tournament and Coaching Program (including swimming) and The Wellness Lab, we prioritise physical strength, fitness, body confidence, and emotional regulation. Girls are supported to feel steady in their bodies and respected in themselves.

Limited Access to Power and Opportunity

Girls are frequently managed rather than trusted. Too often, they are included in activities but excluded from influence. When girls are not given real responsibility, they learn to shrink their ambition, doubt their voice, and accept decisions made around them.

Teens Trailblazers response:

Leadership is built into how we operate. Through Skills Development Workshops, girls learn decision-making, communication, planning, and real-world confidence. Through the Youth Council, girls shape priorities and influence delivery. Girls lead, contribute, and are taken seriously.

Family Instability and Home Disruption

Unstable or dysfunctional home environments do not pause because a girl is young. Divorce, shifting caregiving, overcrowding, conflict, or constant change can remove routine and emotional safety. During school holidays, this can intensify when structures disappear and girls feel unanchored, unseen, or in the way.

Teens Trailblazers response:

We work with girls as individuals, not as a reflection of their home circumstances. Our clubs provide predictable routines and familiar adults. Holidays with Rav Tov and Summer in a Second extend that stability when school is closed, offering structure, consistency, and a place where girls are expected and noticed.

TEENS TRAILBLAZERS

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TEENS TRAILBLAZERS

TRUSTEES' REPORT

FOR THE PERIOD ENDED 30 APRIL 2025

The trustees present their annual report and financial statements for the period ended 30 April 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objects are

1. To advance in life and relieve needs of young people.
2. To relieve financial hardship of children and young adults that are disadvantaged by poverty.

The charity carries out its objectives by providing recreational and leisure time activities provided in the interest of social welfare, designed to improve the young peoples conditions of life, and by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

The charity relieves financial hardship of children and young adults that are disadvantaged by poverty through the provision of food.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Due regard is also given to the deliverance of the Child Protection Policies within the direct work undertaken by the charity and within the organisations in receipt of grants.

Achievements and performance

Significant activities and achievements against objectives

Financial review

In the period under review the charity generated income of £158,150 and incurred expenses of £157,009 resulting in net incoming resources of £1,141.

The trustees are satisfied with the results of the charity. The charity's statement of financial activities shows total free reserves of £2,008.

Going concern

The trustees have carefully reviewed the charity's financial position and are satisfied that the charity has adequate resources to continue its activities for the foreseeable future.

In forming this view, the trustees have considered both the historic and ongoing support received from the local community and accordingly, the trustees continue to adopt the going concern basis in preparing the financial statements.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to approximately three month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. The charity has increased its fundraising efforts to enable the charity to reach this level of reserves.

TEENS TRAILBLAZERS

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 30 APRIL 2025

Major risks

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

Plans for future periods

There are no current plans to change the activities or modus operandi in the foreseeable future.

Structure, governance and management

The charity is a Charitable Incorporated Organisation and is governed by its governing document. It was registered as a charity on 05 May 2022.

The trustees who served during the period and up to the date of signature of the financial statements were:

Mr L Grosz

Mrs H Lebrecht

Mrs H Weissman

Recruitment and appointment of trustees

It is not the intention of the trustees of the charity to appoint any new trustees. Should the situation change in the future, the trustees will apply suitable recruitment induction and training procedures.

The trustees administer the day to day running of the charity.

None of the trustees has any beneficial interest in the charity.

The trustees' report was approved by the Board of Trustees.



.....
Mr L Grosz

Trustee



.....
Mrs H Lebrecht

Trustee

Date: Feb 26, 2026

TEENS TRAILBLAZERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEENS TRAILBLAZERS

I report to the trustees on my examination of the financial statements of Teens Trailblazers (the charity) for the period ended 30 April 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

J Silver FCCA
Independent Examiner
Precision Ltd
32 Castlewood Road
London
N16 6DW
Date:

TEENS TRAILBLAZERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 30 APRIL 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	138,150	20,000	158,150	106,176	9,060	115,236
Total income		<u>138,150</u>	<u>20,000</u>	<u>158,150</u>	<u>106,176</u>	<u>9,060</u>	<u>115,236</u>
Expenditure on:							
Raising funds	4	-	-	-	3,908	-	3,908
Charitable activities	5	137,009	20,000	157,009	102,214	9,060	111,274
Total expenditure		<u>137,009</u>	<u>20,000</u>	<u>157,009</u>	<u>106,122</u>	<u>9,060</u>	<u>115,182</u>
Net income and movement in funds		1,141	-	1,141	54	-	54
Reconciliation of funds:							
Fund balances at 1 April 2024		<u>867</u>	<u>-</u>	<u>867</u>	<u>813</u>	<u>-</u>	<u>813</u>
Fund balances at 30 April 2025		<u>2,008</u>	<u>-</u>	<u>2,008</u>	<u>867</u>	<u>-</u>	<u>867</u>

The statement of financial activities includes all gains and losses recognised in the period. All income and expenditure derive from continuing activities.

TEENS TRAILBLAZERS

BALANCE SHEET

AS AT 30 APRIL 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	12	3,074		-	
Cash at bank and in hand		328		2,187	
		<u>3,402</u>		<u>2,187</u>	
Creditors: amounts falling due within one year	13	(1,394)		(1,320)	
Net current assets			2,008		867
			<u>2,008</u>		<u>867</u>
The funds of the charity					
Unrestricted funds	14		2,008		867
			<u>2,008</u>		<u>867</u>

The financial statements were approved by the trustees on

L Grosz

.....
Mr L Grosz
Trustee

Feb 26, 2026

.....
Mrs H Lebrecht
Trustee

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30 APRIL 2025

1 Accounting policies

Charity information

Teens Trailblazers is a Charitable Incorporated Organisation.

1.1 Reporting period

The charity extended its accounting year end from the 31 March 2025 till the 30 April 2025. The charity extended its year end as they felt it would be more beneficial to report their information till April. Due to the above the comparative amounts presented in the financial statements (including the related notes) are not entirely comparable.

1.2 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.3 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future, based on the continued support from the community. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.5 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 30 APRIL 2025

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 30 APRIL 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	123,040	-	123,040	106,176	-	106,176
Grants	15,110	20,000	35,110	-	9,060	9,060
	<u>138,150</u>	<u>20,000</u>	<u>158,150</u>	<u>106,176</u>	<u>9,060</u>	<u>115,236</u>

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 30 APRIL 2025

4 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Advertising	-	3,908
	<u> </u>	<u> </u>

5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Youth Summer Club	84,624	47,589
Youth Club activities	8,565	12,065
Skills Workshops	8,184	4,705
Trips & Transport	6,298	17,563
Foodbank and Meals Project	30,836	24,238
Wellness Lab	5,451	-
Sports Club	6,870	-
	<u>150,828</u>	<u>106,160</u>
Grant funding of activities (see note 6)	-	36
Share of support and governance costs (see note 7)		
Support	4,801	3,143
Governance	1,380	1,935
	<u>157,009</u>	<u>111,274</u>
Analysis by fund		
Unrestricted funds	137,009	102,214
Restricted funds	20,000	9,060
	<u>157,009</u>	<u>111,274</u>

6 Grants payable

	Charitable activities 2024 £
Grants to institutions:	
Other	36
	<u> </u>

-

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 30 APRIL 2025

7 Support costs allocated to activities

	2025 £	2024 £
Staff costs	4,801	-
	-	3,143
Governance costs	1,380	1,935
	<u>6,181</u>	<u>5,078</u>
Analysed between:		
Charitable activities	<u>6,181</u>	<u>5,078</u>

8 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	<u>1,380</u>	<u>1,920</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period.

10 Employees

The average monthly number of employees during the period was:

	2025 Number	2024 Number
	<u>1</u>	<u>-</u>
Employment costs	2025 £	2024 £
Wages and salaries	<u>4,801</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

TEENS TRAILBLAZERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 30 APRIL 2025

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Other debtors	3,074	-

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	74	-
Accruals and deferred income	1,320	1,320
	1,394	1,320

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 30 April 2025 £
General funds	867	138,150	(137,009)	2,008
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	813	106,176	(106,122)	867

15 Related party transactions

The charity received £11,500 of donations from related parties other than this there were no disclosable related party transactions during the period.