



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Apr 24 To 31 Mar 25

Charity name: Sail2Help

Charity registration number: 1198826

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health by the prevention of suicide and the preservation and protection of mental health; the advancement of the education of the public in relation to suicide and mental health ; and, the relief of need, hardship and distress of young people and adults affected by suicide or mental health issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Supporting suicide prevention and mental health charities, principally Papyrus, registered charity number 1070896 and the International Seafarers' Welfare Assistance Network's ("ISWAN"), registered charity number 1102946, YachtCrew helpline; to advance in life and help young people through the provision of advice and assistance in relation to their developing a career in the marine sector; and the running of respite sailing escape days for families affected by suicide or the poor mental health of their siblings.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have read and paid due regard to the Charity Commission guidance on public benefit in carrying out their activities and are satisfied the charity confers a public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The provision of advice and assistance in relation to the career development of young persons in the marine sector and

		the provision of grants to undertake certain courses; for example: Standard of Training Certification and Watchkeeping ("STCW"), medical screening (ENG 1) and First Aid courses.
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	All work carried out by the trustees is voluntary, and for which they receive no remuneration.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity expended £2517.71 to further its objective of providing respite sailing for families and carers affected by suicide and the poor mental health of siblings.</p> <p>Our work in the Channel Islands, in addition to furthering our purpose, has been enabled by the founder, Tim Davies and his company AVRO Yachting which has borne the lion's share of the costs associated with this activity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have been unable to conduct planned escape days with families in the UK; or take part in Round The Island Race largely owing to the ill health of the founder. However, we continued our presence in the Channel
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		<p>Islands working with the Lieutenant Governor of the Bailiwick, Lieutenant General Richard Cripwell CB, CBE.</p> <p>In addition, AVRO Yachting Ltd conducted a single corporate event which further raised the awareness of mental health issues and a small sum of money for Sail2Help (£273.95).</p> <p>The event also enabled far greater financial support of two other charities: The NOT FORGOTTEN; & The Submarine Family.</p>
Performance of fundraising activities against objectives set	Para 1.41	Owing to the founder's ill-health we were unable to raise a great deal of money ourselves so our ability to donate monies to others was restricted. Although £1435.20 was raised via the website and donated via CAF.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the reporting period there remained a closing balance of £1,359.93
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity has no staff or related costs. Its main costs relate to the respite sailing days. The number of such days that the charity will provide in the future will be determined by the income of the charity for the relevant year.
Amount of reserves held	Para 1.22	The charity reserves consist of the cash funds held and value of charity assets less the liabilities at the year-end of which there are none outstanding.
Reasons for holding zero reserves	Para 1.22	The charity currently has no fixed costs (other than bank charges) and it will adjust its activities (including its grant making activities) as necessary/appropriate in the light of its actual/projected income. The trustees have read and understood the Charity Commission's guidance on reserves.

Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Although the founder, who is now happily back on his feet, he as the principal fund raiser and focal point for respite sailing is evidently key to the charities ongoing activities.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The SuperYacht Charities, Sail2Help's prior principal source of funds withdrew their support this year. In addition to donations via the website the fundraising activities of the founder's own company AVRO Yachting Ltd were restricted owing to his ill health.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Reduced donations from private individuals. Reduced charitable donations from AVRO Yachting Ltd. The continued absence of support from The SuperYacht Charities.
Other		Incapacity of the founder who is the principal fund raiser and driving force behind the charity.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO constitution (Foundation model)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO – registered 4 May 22
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	No new trustees have been appointed since the charity was established. Throughout the registration process the existing trustees were alerted to, and reminded of, their duties and responsibilities as charity trustees. They will, however, be taking steps to introduce procedures whereby existing trustees receive “refreshers” and updates regarding such duties and to ensure that future new trustees are appropriate inducted and trained.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	The founder, Tim Davies, and his own company AVRO Yachting Ltd made limited direct contributions of both his time and material in the early part of the reporting period owing to ill health. The founder has written delegated authority to run the day to operations of the charity (without payment). The position is also recorded in the charity's conflicts of interest policy and register.

Other		
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Reference and Administrative details

Charity name	Sail2Help
Other name the charity uses	
Registered charity number	1198826
Charity's principal address	43 Egbert Road WINCHESTER SO23 7EB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Craig Ballantyne	Chariman		Trustee
2	Chris Andreason			Trustee
3	Charlie Davies			Trustee

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own asset.	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Solicitor	Sarah Chiappini	Heath House, Alldens Lane, Godalming, Surrey GU8 4AP

Name of chief executive or names of senior staff members (Optional information)

The charity has no staff. Please see above re-delegation to the Founder.

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Craig Ballantyne</i>	
Full name(s)	Craig Ballantyne	
Position (eg Secretary, Chair, etc)	Chairman	

Date 9 Feb 26



CHARITY COMMISSION
FOR ENGLAND AND WALES

SAIL2HELP

1198826

Receipts and payments accounts

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For the period
from

01-Apr-23

To

31-Mar-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations:		-	-	-	-
Superyacht charities	25,407	-	-	25,407	20,000
Avro Yachting Ltd	2,150	-	-	2,150	3,301
Henri Coanda Challenge Event	6,352	-	-	6,352	-
Helidecks	2,000	-	-	2,000	2,000
WESCOM	230	-	-	230	507
Donations via Charities Aid Foundation (net of fees)	6,418	-	-	6,418	441
Purcell Club	750	-	-	750	2,224
Other					
Bank charges refund	88	-	-	88	-
Sub total (Gross income for AR)	43,394	-	-	43,394	28,473
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	43,394	-	-	43,394	28,473
A3 Payments					
Charitable donation - Papyrus		-	-	-	5,000
Charitable donation - ISWAN		-	-	-	5,000
Sailing Escape Days - boat and skipper	26,578	-	-	26,578	15,498
Sailing Escape Days - support costs	1,546			1,546	2,513
STCW Training and support costs	3,260			3,260	-
Transport costs	872			872	-
Bank charges	10	-	-	10	69
Marketing and promotion costs	2,349	-	-	2,349	-
Insurance	767	-	-	767	-
Chandlery, bedding, socks etc	592	-	-	592	-
Storage ashore	780	-	-	780	-
				-	
Sub total	36,753	-	-	36,753	28,080
A4 Asset and investment purchases, (see table)					
Forestay Flags	1,041	-	-	1,041	-
Mamba Drive Unit	1,425	-	-	1,425	-
Sub total	2,466	-	-	2,466	-
Total payments	39,219	-	-	39,219	28,080
Net of receipts/(payments)	4,175	-	-	4,175	393
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	393	-	-	393	-
Cash funds this year end	4,568	-	-	4,568	393

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank account	4,568	-	-
		-	-	-
		-	-	-
	Total cash funds	4,568	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Life Jackets (donated)	Unrestricted	-	600
	Forestay flags	Unrestricted	1,041	500
	Mamba Drive Unit	Unrestricted	1,425	700
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examiners fee 2022-23	Unrestricted	960	
	Independent Examiners fee 2023-24	Unrestricted	960	
	Owed to Avro Yachting Ltd	Unrestricted	2,969	
	Professional fees accrual	Unrestricted	740	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Captain C R Ballantyne		