

POSITIVE AIDS FOR KIDS (PAKS)

England & Wales · Charity number 1198821

Details

Status Registered

Legal form CIO

Registered 2022-05-04

Register [View on the Charity Commission register](#)

Contact

Address Haywold House
North Dalton
Driffield
YO25 9EN

Phone 07477573321

Email sarahruane@btinternet.com

Website <https://www.itsapakthing.com>

Activities

Objects: THE OBJECT OF THE CIO IS: FOR THE PUBLIC BENEFIT THE RELIEF OF CHILDREN THROUGHOUT ENGLAND DIAGNOSED WITH CONGENITAL MYOTONIC DYSTROPHY, THEIR FAMILIES AND CARERS BY OPERATING A SUPPORT GROUP, SIGNPOSTING SERVICES AND BY THE AWARD OF GRANTS OF FINANCIAL ASSISTANCE TO FUND THE PROVISION OF ESSENTIAL SPECIALIST EQUIPMENT, OTHER ITEMS AND FUN DAY TRIPS AND EXPERIENCES TO RELIEVE ISOLATION.

Activities: The charity provides support, meetings, family fun days and funding for specialist equipment to families with children that have Myotonic Muscular Dystrophy on an individual case basis.

Classification

- **How:** Makes Grants To Individuals
- **What:** General Charitable Purposes
- **Who:** People With Disabilities

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,219	£830	-	-
2024-03-31	£796	£5,292	-	-
2023-03-31	£14,160	£6,640	-	-

Trustees

Name	Role	Appointed
Sarah sherman	Chair	2022-04-01
Alan Ruane		2022-04-01
Joanne Butterfield		2023-05-28
Linda Atkinson		2022-07-04

POSITIVE AIDS FOR KIDS (PAKS)

England & Wales - Charity number 1198821

Accounts



Trustees' Annual Report for the period

From April 2024 Period start date To April 2025 Period end date

Charity name: Positive Aids for Kids (PAKS)

Charity registration number: 1198821

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document		THE OBJECT OF THE CIO IS: FOR THE PUBLIC BENEFIT THE RELIEF OF CHILDREN THROUGHOUT ENGLAND DIAGNOSED WITH CONGENITAL MYOTONIC DYSTROPHY, THEIR FAMILIES AND CARERS BY OPERATING A SUPPORT GROUP, SIGNPOSTING SERVICES AND BY THE AWARD OF GRANTS OF FINANCIAL ASSISTANCE TO FUND THE PROVISION OF ESSENTIAL SPECIALIST EQUIPMENT, OTHER ITEMS AND FUN DAY TRIPS AND EXPERIENCES TO RELIEVE ISOLATION.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Family Support Group – The charity has organised families to meet up in the last year at various locations to enable the children with the condition to interact in a safe and enjoyable environment. The parents have shared their experiences with each other and been able to share their contact details to relieve the isolation they feel. Specialist orthotics have been funded for 2 families as walking aids.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At the trustee AGM the guidance was reviewed by all trustees.

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main objective of the charity this year was to fund Specialist equipment funded to families requesting assistance.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Cash at bank at 01/04/2025 was £4413 in unrestricted funds.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The funds are held to continue supporting families affected by Congenital Myotonic Muscular Dystrophy.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>£4413.00</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>Nil</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>No concerns, the fund raising will continue and supporting families.</p>

Structure, Governance and Management

<p>Description of charity's trusts:</p>		
<p>Type of governing document (trust deed, royal charter)</p>	<p>Para 1.25</p>	<p>Constitution</p>
<p>How is the charity constituted? (e.g unincorporated association, CIO)</p>	<p>Para 1.25</p>	<p>CIO - Foundation</p>
<p>Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more</p>	<p>Para 1.25</p>	<p>Trustees are appointed at the Trustee AGM.</p>

trustees		
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Reference and Administrative details

Charity name	Positive Aids for Kids
Other name the charity uses	PAKS
Registered charity number	1198821
Charity's principal address	Haywold House North Dalton Driffield East Yorkshire YO25 9EN

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Alan Ruane

Full name(s)

Alan Ruane

Position (eg Secretary,
Chair, etc)

Trustee

Date

14.01.2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Positive Aids for Kids (PAKS)

1198821

Receipts and payments accounts

CC16a

For the period from	Apr-24	To	Apr-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Balance	3,024	-	-	3,024	3,024
Donations & Fundraising	2,219	-	-	2,219	2,219
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	5,243	-	-	5,243	5,243
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,243	-	-	5,243	5,243
A3 Payments					
Specialist Orthotics	830	-	-	830	830
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	830	-	-	830	830
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	830	-	-	830	830
Net of receipts/(payments)	4,413	-	-	4,413	4,413
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,413	-	-	4,413	4,413

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account Balance	4,413	-	-
		-	-	-
		-	-	-
	Total cash funds	4,413	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Sarah Sherman</i>	Sarah Sherman	17.01.2025	
	<i>Alan Ruane</i>	Alan Ruane	14.01.2025	

POSITIVE AIDS FOR KIDS (PAKS)

England & Wales - Charity number 1198821

Accounts



Trustees' Annual Report for the period

From April 2023 Period start date To April 2024 Period end date

Charity name: Positive Aids for Kids (PAKS)

Charity registration number: 1198821

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document		THE OBJECT OF THE CIO IS: FOR THE PUBLIC BENEFIT THE RELIEF OF CHILDREN THROUGHOUT ENGLAND DIAGNOSED WITH CONGENITAL MYOTONIC DYSTROPHY, THEIR FAMILIES AND CARERS BY OPERATING A SUPPORT GROUP, SIGNPOSTING SERVICES AND BY THE AWARD OF GRANTS OF FINANCIAL ASSISTANCE TO FUND THE PROVISION OF ESSENTIAL SPECIALIST EQUIPMENT, OTHER ITEMS AND FUN DAY TRIPS AND EXPERIENCES TO RELIEVE ISOLATION.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Family Support Group – The charity has organised families to meet up in the last year at various locations to enable the children with the condition to interact in a safe and enjoyable environment. The parents have shared their experiences with each other and been able to share their contact details to relieve the isolation they feel. Cough assist vests were purchased to be available for families when required. Specialist footwear has been purchased for 3 families with children wearing AFO walking aids. A replacement tablet has been purchased and donated to a family.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At the trustee AGM the guidance was reviewed by all trustees.

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main objective of the charity this year was to bring the affected families together and allow them to share their experiences with similar families and to remove the isolation that they feel. This was achieved with the organisation of day trips and weekends at theme parks that the children could enjoy, and the parents could attend as a group funded by the charity. Specialist equipment has been purchased and gifted to families requesting assistance.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Cash at bank at 01/04/2024 was £3025 in unrestricted funds.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The funds are held to continue supporting families affected by Congenital Myotonic Muscular Dystrophy.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>£3025.00</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>Nil</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>No concerns, the fund raising will continue and supporting families.</p>

Structure, Governance and Management

<p>Description of charity's trusts:</p>		
<p>Type of governing document (trust deed, royal charter)</p>	<p>Para 1.25</p>	<p>Constitution</p>
<p>How is the charity constituted? (e.g unincorporated association, CIO)</p>	<p>Para 1.25</p>	<p>CIO - Foundation</p>
<p>Trustee selection methods</p>	<p>Para 1.25</p>	

including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		Trustees are appointed at the Trustee AGM.
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Reference and Administrative details

Charity name	Positive Aids for Kids
Other name the charity uses	PAKS
Registered charity number	1198821
Charity's principal address	Haywold House North Dalton Driffield East Yorkshire YO25 9EN

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Alan Ruane

Full name(s)

Alan Ruane

Position (eg Secretary,
Chair, etc)

Trustee

Date

17.09.2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Positive Aids for Kids (PAKS)

1198821

CC16a

Receipts and payments accounts

For the period from	Apr-23	To	Apr-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Balance	7,520	-	-	7,520	7,520
Donations & Fundraising	796	-	-	796	796
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,316	-	-	8,316	8,316
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,316	-	-	8,316	8,316
A3 Payments					
Cough Assist Vest Purchases	2,052	-	-	2,052	2,052
IPAD - AVA	485	-	-	485	485
Travel	1,100	-	-	1,100	1,100
Specialist Footwear	376	-	-	376	376
Family Meetings	1,279	-	-	1,279	1,279
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,292	-	-	5,292	5,292
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,292	-	-	5,292	5,292
Net of receipts/(payments)	3,024	-	-	3,024	3,024
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	3,024	-	-	3,024	3,024

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account Balance	3,025	-	-
		-	-	-
		-	-	-
	Total cash funds	3,025	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Sarah Sherman	Sarah Sherman	17.09.2024
	Alan Ruane	Alan Ruane	10.09.2024

POSITIVE AIDS FOR KIDS (PAKS)

England & Wales - Charity number 1198821

Accounts



Trustees' Annual Report for the period

From April 2022 Period start date To April 2023 Period end date

Charity name: Positive Aids for Kids (PAKS)

Charity registration number: 1198821

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document		THE OBJECT OF THE CIO IS: FOR THE PUBLIC BENEFIT THE RELIEF OF CHILDREN THROUGHOUT ENGLAND DIAGNOSED WITH CONGENITAL MYOTONIC DYSTROPHY, THEIR FAMILIES AND CARERS BY OPERATING A SUPPORT GROUP, SIGNPOSTING SERVICES AND BY THE AWARD OF GRANTS OF FINANCIAL ASSISTANCE TO FUND THE PROVISION OF ESSENTIAL SPECIALIST EQUIPMENT, OTHER ITEMS AND FUN DAY TRIPS AND EXPERIENCES TO RELIEVE ISOLATION.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Family Support Group – The charity has organised families to meet up in the last year at various locations to enable the children with the condition to interact in a safe and enjoyable environment. The parents have shared their experiences with each other and been able to share their contact details to relieve the isolation they feel. The family gatherings took place over 2 separate weekends with the charity assisting the families with the cost of the accommodation and travel expenses.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At the trustee AGM the guidance was reviewed by all trustees.

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main objective of the charity this year was to bring the affected families together and allow them to share their experiences with similar families and to remove the isolation that they feel. This was achieved with the organisation of day trips and weekends at theme parks that the children could enjoy, and the parents could attend as a group funded by the charity.</p> <p>There were 2 separate weekend gatherings, the first at Gulliver's World and the second at a Centre Parc resort with financial assistance given to the attending families for the accommodation and travel expenses.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Cash at bank at 01/04/2023 was £7520 in unrestricted funds.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The funds are held to continue supporting families affected by Congenital Myotonic Muscular Dystrophy.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>£7520.00</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>Nil</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>No concerns, the fund raising will continue and supporting families.</p>

Structure, Governance and Management

<p>Description of charity's trusts:</p>		
<p>Type of governing document (trust deed, royal charter)</p>	<p>Para 1.25</p>	<p>Constitution</p>
<p>How is the charity constituted? (e.g unincorporated association, CIO)</p>	<p>Para 1.25</p>	<p>CIO - Foundation</p>
<p>Trustee selection methods including details of any constitutional provisions e.g.</p>	<p>Para 1.25</p>	<p>Trustees are appointed at the Trustee AGM.</p>

election to post or name of any person or body entitled to appoint one or more trustees		
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Reference and Administrative details

Charity name	Positive Aids for Kids
Other name the charity uses	PAKS
Registered charity number	1198821
Charity's principal address	Haywold House North Dalton Driffield East Yorkshire YO25 9EN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Sherman			
2	Alan Ruane			
3	Linda Atkinson		04.07.22 – 01.04.23	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Alan Ruane

Full name(s)

Alan Ruane

Position (eg Secretary,
Chair, etc)

Trustee

Date

10.06.2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Positive Aids for Kids (PAKS)

1198821

CC16a

Receipts and payments accounts

For the period from	May-22	To	Apr-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	10,000	-	-	10,000	10,000
Donations & Fundraising	4,160	-	-	4,160	4,160
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,160	-	-	14,160	14,160
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,160	-	-	14,160	14,160
A3 Payments					
Family Weekends	6,640	-	-	6,640	6,640
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	6,640	-	-	6,640	6,640
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,640	-	-	6,640	6,640
Net of receipts/(payments)	7,520	-	-	7,520	7,520
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	7,520	-	-	7,520	7,520

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account Balance	7,520	-	-
		-	-	-
		-	-	-
	Total cash funds	7,520	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Sarah Sherman	Sarah Sherman	10.06.2024
	Alan Ruane	Alan Ruane	10.06.2024