

REGISTERED COMPANY NUMBER: CE028836 (England and Wales)
REGISTERED CHARITY NUMBER: 1198690

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
22ND APRIL 2022 TO 31ST MARCH 2023

FOR

CHALLENGING PERCEPTIONS CIO

D E Ball & Co Limited
Chartered Accountants
15 Bridge Road
Wellington
Telford
Shropshire
TF1 1EB

CHALLENGING PERCEPTIONS CIO

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for the Period 22nd April 2022 to 31st March 2023

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CHALLENGING PERCEPTIONS CIO
REPORT OF THE TRUSTEES
for the Period 22nd April 2022 to 31st March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 22nd April 2022 to 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

22nd April 2022 saw us convert from a Community Interest Company (Challenging Perceptions CIC) to a Charitable Incorporated Organisation (Challenging Perceptions CIO).

INCORPORATION

The charitable company was incorporated on 22nd April 2022.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To advance in life and relieve the needs of young people living in Telford and Wrekin with particular focus on young people between the ages of 6 - 16 who are experiencing or at risk of poor mental health, primarily through:

- (a) - the provision of recreational and leisure time activities provided in the interests of social welfare, designed to improve their conditions of life,
- (b) - delivering projects, peer led support and practical support / advice to support and promote good health,
- (c) - signposting to appropriate services when required.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During our first year as a charity we provided the following services.

Youth Well-being Group

Our youth well-being group funded by Comic Relief has been very popular. This group continues to run every Tuesday evening for 6 - 16 years old who live in Telford.

The purposes of this weekly meeting are to:

- Reduce isolation, which can cause mental health and well-being issues,
- Improve mental health and well-being,
- Provide peer support,
- Provide information advice and guidance,
- Make new friends in a welcoming environment,
- Encourage peers to share their experiences and support each other.

This is done through a range of activities each week.

SEND Parent and Toddler Group

This year we were able to secure a small amount of funding for Cllr Pride Fund to pilot a SEND parent and toddler group, which runs every 2 weeks on a Friday morning. This is a group for under 5's who are at all stages of diagnosis. We work along side Wooden Tops Day Nursery the onsite nursery to provide this group.

Criminal Justice - Coproduction project

Challenging Perceptions and PODS Parent Charity were commissioned by NHS Shropshire, Telford and Wrekin to develop a "Health and Justice Children & Young People Coproduction Strategy", particularly for children and Young People with complex needs.

Complex needs included such vulnerabilities: mental health, physical health, long term health conditions, severe, framed by family and social contexts (adverse childhood experiences and trauma).

CHALLENGING PERCEPTIONS CIO

REPORT OF THE TRUSTEES **for the Period 22nd April 2022 to 31st March 2023**

Pencil Cases

Each year we have provided local CYP with pencil cases that contain everything they will need to start school in September. This year we were able to give out 57 pencil cases.

World Mental Health Day

Each year on October 10th, World Mental Health Day we organise an event at Park Lane Centre, whereby we have a number of organisations that attend with information stalls to promote local mental health services. This is open to members of the public to attend and gather relevant information.

Christmas well-being packs

Every year we try to provide our CYP with Christmas well-being/ activities packs. This year we were able to provide 15 packs to our youth well-being group CYP.

Cost of Living Project

In January we were successful in securing funding for a 3 month cost of living project. Through this project we provided the following;

- 173 warm packs to children with a total of 1008 items such as hats, gloves, blankets, hot water bottles and socks given out,
- 50 £20 Aldi vouchers helping 104 children,
- 30 Family food parcels helping 50 children.

Easter Packs

Every year we try to provide our CYP with Easter well-being/ activities packs. This year we were able to provide 15 packs to our youth well-being group CYP.

Advocacy

We continued to provide low level advocacy work ensuring CYP were getting to correct support at school and the relevant referrals had been completed.

Strategic Work

Challenging Perceptions attend a number of strategic meetings with the local authority and ICS. We have actively been involved in improving local services for CYP.

This year we were involved in the local Ofsted and CQC inspection in to local SEND provision.

Sensory Room

This year has seen a massive usage increase of the sensory room. We were able to secure a grant to purchase more sensory equipment. The room is used by members of the public, Wooden Tops Day Nursery and out of area social services for parent and child contact sessions.

Sensory Toy Shop

At the end of the financial year we started a mini sensory toy shop. This allows local young people access to purchase sensory toys at a low prices.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

CHALLENGING PERCEPTIONS CIO

REPORT OF THE TRUSTEES
for the Period 22nd April 2022 to 31st March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE028836 (England and Wales)

Registered Charity number

1198690

Registered office

Park Lane

Woodside

Telford

Shropshire

TF7 5QZ

Trustees

Miss F Doran (appointed 22.4.22)

Mrs J S Smith (appointed 22.4.22)

Mrs J D Idiens (appointed 22.4.22)

J A D Gill (appointed 9.3.23)

Independent Examiner

D E Ball & Co Limited

Chartered Accountants

15 Bridge Road

Wellington

Telford

Shropshire

TF1 1EB

Approved by order of the board of trustees on 5th December 2023 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'Fiona H Doran', written in a cursive style.

Miss F Doran - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHALLENGING PERCEPTIONS CIO

Independent examiner's report to the trustees of Challenging Perceptions CIO ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period 22nd April 2022 to 31st March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Russell Ball

D E Ball & Co Limited
Chartered Accountants
15 Bridge Road
Wellington
Telford
Shropshire
TF1 1EB

5th December 2023

CHALLENGING PERCEPTIONS CIO

STATEMENT OF FINANCIAL ACTIVITIES **for the Period 22nd April 2022 to 31st March 2023**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Charitable activities				
Peer support groups for children and young people.		-	162,422	162,422
Investment income	2	67	-	67
Other income		30,756	-	30,756
Total		<u>30,823</u>	<u>162,422</u>	<u>193,245</u>
 EXPENDITURE ON				
Charitable activities				
Peer support groups for children and young people.		<u>9,880</u>	<u>27,194</u>	<u>37,074</u>
 NET INCOME		 20,943	 135,228	 156,171
Transfers between funds	8	<u>10,696</u>	<u>(10,696)</u>	<u>-</u>
Net movement in funds		<u>31,639</u>	<u>124,532</u>	<u>156,171</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>31,639</u></u>	<u><u>124,532</u></u>	<u><u>156,171</u></u>

The notes form part of these financial statements

CHALLENGING PERCEPTIONS CIO

BALANCE SHEET
31st March 2023

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	5	3,672	-	3,672
CURRENT ASSETS				
Debtors	6	72	817	889
Cash at bank		28,675	123,715	152,390
		28,747	124,532	153,279
CREDITORS				
Amounts falling due within one year	7	(780)	-	(780)
NET CURRENT ASSETS		27,967	124,532	152,499
TOTAL ASSETS LESS CURRENT LIABILITIES		31,639	124,532	156,171
NET ASSETS		31,639	124,532	156,171
FUNDS	8			
Unrestricted funds				31,639
Restricted funds				124,532
TOTAL FUNDS				156,171

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th December 2023 and were signed on its behalf by:



F Doran - Trustee

The notes form part of these financial statements

CHALLENGING PERCEPTIONS CIO

NOTES TO THE FINANCIAL STATEMENTS **for the Period 22nd April 2022 to 31st March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	£
Deposit account interest	67
	<hr/>

CHALLENGING PERCEPTIONS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Period 22nd April 2022 to 31st March 2023

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets	£ 795
	<u>795</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31st March 2023.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31st March 2023.

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
Additions	3,868	599	4,467
	<u>3,868</u>	<u>599</u>	<u>4,467</u>
DEPRECIATION			
Charge for year	729	66	795
	<u>729</u>	<u>66</u>	<u>795</u>
NET BOOK VALUE			
At 31st March 2023	3,139	533	3,672
	<u>3,139</u>	<u>533</u>	<u>3,672</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade debtors	849
Prepayments	40
	<u>889</u>
	<u>889</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Accrued expenses	780
	<u>780</u>

CHALLENGING PERCEPTIONS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Period 22nd April 2022 to 31st March 2023**

8. MOVEMENT IN FUNDS

	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds			
General fund	20,943	10,696	31,639
Restricted funds			
Grant - Veolia - Sensory Room	305	-	305
Grant - Comic Relief - Youth Well-being	4,260	-	4,260
Grant - Shropshire, Telford & Wrekin CCG	10,617	(10,617)	-
Grant - Wrekin Housing Trust - SEND			
Group	200	-	200
Grant - T&W Councillors Pride	750	(90)	660
Grant - Comic Relief - Cost of living	(4)	11	7
Grant - NHS	119,100	-	119,100
	<hr/>	<hr/>	<hr/>
	135,228	(10,696)	124,532
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	156,171	-	156,171

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	30,823	(9,880)	20,943
Restricted funds			
Grant - Veolia - Sensory Room	1,000	(695)	305
Grant - Comic Relief - Youth Well-being	8,672	(4,412)	4,260
Grant - Shropshire, Telford & Wrekin CCG	25,000	(14,383)	10,617
Grant - Wrekin Housing Trust - SEND			
Group	1,840	(1,640)	200
Grant - T&W Councillors Pride	1,810	(1,060)	750
Grant - Comic Relief - Cost of living	5,000	(5,004)	(4)
Grant - NHS	119,100	-	119,100
	<hr/>	<hr/>	<hr/>
	162,422	(27,194)	135,228
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	193,245	(37,074)	156,171

CHALLENGING PERCEPTIONS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Period 22nd April 2022 to 31st March 2023

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31st March 2023.

CHALLENGING PERCEPTIONS CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES **for the Period 22nd April 2022 to 31st March 2023**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS			
Investment income			
Deposit account interest	67	-	67
Charitable activities			
Grant income	-	162,422	162,422
Other income			
Donation from Challenging Perceptions CIC	26,366	-	26,366
Sundry receipts	791	-	791
Sensory room	1,884	-	1,884
Project management	1,715	-	1,715
	<hr/>	<hr/>	<hr/>
	30,756	-	30,756
Total incoming resources	<hr/>	<hr/>	<hr/>
	30,823	162,422	193,245
EXPENDITURE			
Charitable activities			
Rent, rates & water	3,125	-	3,125
Insurance	445	-	445
Telephone	51	-	51
Postage and stationery	519	-	519
Sundries	1,538	-	1,538
Computer expenses	555	-	555
Repairs and renewals	935	-	935
Resources	1,021	-	1,021
Grant expenditure	17	27,194	27,211
Consultancy	99	-	99
Depreciation - Fixtures	729	-	729
Depreciation - Computers	200	-	200
Accountancy	780	-	780
	<hr/>	<hr/>	<hr/>
	10,014	27,194	37,208
Support costs			
Management			
Computer equipment	(134)	-	(134)
	<hr/>	<hr/>	<hr/>
Total resources expended	9,880	27,194	37,074
Net income	<hr/>	<hr/>	<hr/>
	20,943	135,228	156,171

This page does not form part of the statutory financial statements