

# CHALLENGING PERCEPTIONS

England & Wales · Charity number 1198690

## Details

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**Other names** CHALLENGING PERCEPTIONS CIC

**Status** Registered

**Legal form** CIO

**Registered** 2022-04-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Park Lane Centre  
Park Lane  
Woodside  
Telford

**Phone** 01952897333

**Email** [info@challengingperceptions.co.uk](mailto:info@challengingperceptions.co.uk)

**Website** [www.cptelford.co.uk](http://www.cptelford.co.uk)

## Activities

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**Objects:** TO ADVANCE IN LIFE AND RELIEVE THE NEEDS OF YOUNG PEOPLE LIVING IN TELFORD AND WREKIN, WITH A PARTICULAR FOCUS ON YOUNG PEOPLE BETWEEN THE AGES OF 6-16 WHO ARE EXPERIENCING OR AT RISK OF POOR MENTAL HEALTH, PRIMARILY THROUGH:A) THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTERESTS OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE.B) DELIVERING PROJECTS, PEER LED SUPPORT AND PRACTICAL SUPPORT/ADVICE TO SUPPORT AND PROMOTE GOOD MENTAL HEALTH;C) SIGNPOSTING TO APPROPRIATE SERVICES WHEN REQUIRED.

**Activities:** Peer support groups for Children and Young People

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

## Geography

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- Telford & Wrekin

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£34,196	£51,503	-	-
2024-03-31	£20,657	£43,876	-	-
2023-03-31	£193,245	£37,074	-	-

## Trustees

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Name	Role	Appointed
<b>Fiona Doran</b>	Chair	2022-04-22
David Lister Brown		2023-12-05
Janet Smith		2022-04-22
John Alfred David Gill		2023-03-09

**CHALLENGING PERCEPTIONS**

England & Wales - Charity number 1198690

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# Accounts

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REGISTERED COMPANY NUMBER: CE028836 (England and Wales)  
REGISTERED CHARITY NUMBER: 1198690

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2025**  
**FOR**  
**CHALLENGING PERCEPTIONS CIO**

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

**CHALLENGING PERCEPTIONS CIO**

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**for the Year Ended 31st March 2025**

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## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31st March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

22nd April 2022 saw us convert from a Community Interest Company (Challenging Perceptions CIC) to a Charitable Incorporated Organisation (Challenging Perceptions CIO).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance in life and relieve the needs of young people living in Telford and Wrekin with particular focus on young people between the ages of 6 - 16 who are experiencing or at risk of poor mental health, primarily through:

- (a) - the provision of recreational and leisure time activities provided in the interests of social welfare, designed to improve their conditions of life,
- (b) - delivering projects, peer led support and practical support / advice to support and promote good health,
- (c) - signposting to appropriate services when required.

#### **ACHIEVEMENTS AND PERFORMANCE**

##### **Charitable activities**

##### **Youth Well-being Group & Youth Drop In**

This year we split our youth well-being group into two groups. Youth Drop in for 11-16 year olds and Youth well-being group for 6-11 year olds. Our Youth drop in runs every Monday evening whilst the youth drop in runs every Tuesday evening.

The purposes of these weekly meeting are to:

- Reduce isolation, which can cause mental health and well-being issues,
- Improve mental health and well-being,
- Provide peer support,
- Provide information advice and guidance,
- Make new friends in a welcoming environment,
- Encourage peers to share their experiences and support each other.

This is done through a range of activities each week.

##### **SEND Parent and Toddler Group**

Our SEND parent and toddler group, which runs every 2 weeks on a Friday morning. This is a group for under 5's who are at all stages of diagnosis.

## CHALLENGING PERCEPTIONS CIO

### REPORT OF THE TRUSTEES for the Year Ended 31st March 2025

#### **Advocacy**

We continued to provide low level advocacy work ensuring CYP are getting to correct support at school and the relevant referrals had been completed. A few examples from one quarter

- One child now has his Autism assessment this month. Previously school would not refer so we did.
- One child is now entering the mediation process due to the LA refusal to assess for an EHCP. We will then take the case to tribunal
- One child has gone from middle rate care on DLA to high rate care and high rate mobility. This means weekly rate has increased from £72.65 to £184.30. This came with thousands of pounds in back pay.
- We supported a nursery to support a parent with a tribunal to place their child in a special school. The parents won the tribunal and the child started the school just before Christmas.

#### **Sensory Room**

Our onsite sensory room remains available to members of the public at a low cost. The room is also used by a local nursery for their SEN children and out of area local authority for child contact sessions with parents. The board decided not to increase the £3.00 per child cost.

#### **Sensory Toy Shop**

Our mini sensory toy shop continues to be a hit. We have a cabinet in the community venues our offices are based at and we regular attend community events with our stall. This allows local young people to purchase sensory toys at low prices.

#### **Sensory Garden**

Last year we received funding by Family Hubs to create an onsite sensory garden, we continue to have this provision.

#### **Strategic Work**

- Challenging Perceptions attend several strategic meetings with the local authority and ICS. We have actively been involved in improving local services for CYP. Some examples are
- CYP Mental Health ICB Group
- Best Start in Life Strategic Board
- Chief Officers Group (COG)
- Social Emotional Mental Health Mapping TWC Public Health
- ND Clinical Pathway
- 0-5 ND Pathway
- Autism Partnership Board
- Domestic Abuse Forum
- Domestic Abuse - Equality & Diversity Group CYP Rep
- Association of Chairs
- Suicide Prevention Action Group
- Telford Mental Health Forum
- SaTH Hospital Transformation Program
- 0-5 ND pathway redesign along with flyer, website and process
- BeeU website redesign
- World Mental Health Day CYP event lead by local authority.
- SaTH hospital transformation programme - ensuring our new hospitals have things in place for autistic patients. I have been involved in design meeting with architects.
- SaTH Alerts - we are currently working with SaTH for them to implement reasonable adjustment alerts for LD & A patients.
- Designing along with Shropshire Community Health Trust a flow chart to help parents understand MDA (autism assessments)
- Home Education Strategic Group
- Working with West Mercia Police to create autism cards and awareness for frontline officers.
- Part of the nation SEND change programme.

## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31st March 2025**

#### **Autism Cooking**

Our autism cooking group continues to run every Wednesday evening for children with an autism diagnosis aged 6-16 year old.

#### **SEMH - Test and Learn project**

We were successful in becoming a partner in a local VCSE test and learn project that MPFT we trailing to see how the VCSE sector can support CAMHS. Our project saw 1 new community SEMH drop in and 1 school based drop in for 16 weeks.

#### **CAMHS Engagement**

We were asked by NHS Shropshire, Telford and Wrekin to conduct engagement sessions with children and young people within Telford and Wrekin. We ran 26 engagement sessions with CYP, Parents and Schools. In total we engaged with 118 children and young people. We produced a 14 page report that was presented to commissioner and NHS directors. Our work was welcomed by NHS STW and will be used in the remodelling of the CAMHS tender.

#### **Winter Warm Packs**

We were successful again in securing funding for a 3-month cost of living project. Through this project we provided: 414 warm packs with items such as hats, gloves, blankets, hot water bottles and socks given out, this included working with a local SEND school, local nursery and academy trust.

#### **Holiday Well-being Packs & stationary packs**

Every year we try to provide our CYP with well-being/ activities packs during Christmas and Easter holidays. We also provided a number of stationary packs for students that need basic pencil case and accessories.

#### **World Mental Health Day**

Each year on October 10th, World Mental Health Day we organise an event at HLC secondary school, whereby we have several organisations that attend with information stalls to promote local mental health services. This is open to members of the public, parents and students to attend and gather relevant information. In total we had 76 students engage.

#### **Awards**

This year we maintained our Youth Quality Award from the local council. This shows that have the correct policies and procedures for safeguarding and running youth provision.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE028836 (England and Wales)

#### **Registered Charity number**

1198690

**CHALLENGING PERCEPTIONS CIO**

**REPORT OF THE TRUSTEES**  
**for the Year Ended 31st March 2025**

**Registered office**

Park Lane  
Woodside  
Telford  
Shropshire  
TF7 5QZ

**Trustees**

Miss F Doran  
Mrs J S Smith  
Mrs J D Idiens  
J A D Gill  
D L Brown

**Independent Examiner**

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

Approved by order of the board of trustees on 1st December 2025 and signed on its behalf by:



Miss F Doran - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CHALLENGING PERCEPTIONS CIO**

**Independent examiner's report to the trustees of Challenging Perceptions CIO ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Russell Ball

DE Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

1st December 2025

**CHALLENGING PERCEPTIONS CIO**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31st March 2025**

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Peer support groups for children and young people.		-	29,008	29,008	15,713
Investment income	2	2,539	-	2,539	1,479
Other income		2,649	-	2,649	3,465
<b>Total</b>		<u>5,188</u>	<u>29,008</u>	<u>34,196</u>	<u>20,657</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Peer support groups for children and young people.		<u>18,876</u>	<u>33,641</u>	<u>52,517</u>	<u>43,876</u>
<b>NET INCOME/(EXPENDITURE)</b>					
Transfers between funds	10	<u>(13,688)</u> 548	<u>(4,633)</u> (548)	<u>(18,321)</u> -	<u>(23,219)</u> -
<b>Net movement in funds</b>		<u>(13,140)</u>	<u>(5,181)</u>	<u>(18,321)</u>	<u>(23,219)</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>26,581</u>	<u>106,371</u>	<u>132,952</u>	<u>156,171</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>13,441</u></u>	<u><u>101,190</u></u>	<u><u>114,631</u></u>	<u><u>132,952</u></u>

The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**BALANCE SHEET**

**31st March 2025**

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	1,724	-	1,724	2,698
<b>CURRENT ASSETS</b>					
Debtors	7	21	-	21	20
Cash at bank		12,542	101,209	113,751	131,134
		<u>12,563</u>	<u>101,209</u>	<u>113,772</u>	<u>131,154</u>
<b>CREDITORS</b>					
Amounts falling due within one year	8	(846)	(19)	(865)	(900)
<b>NET CURRENT ASSETS</b>					
		<u>11,717</u>	<u>101,190</u>	<u>112,907</u>	<u>130,254</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		13,441	101,190	114,631	132,952
<b>NET ASSETS</b>					
		<u>13,441</u>	<u>101,190</u>	<u>114,631</u>	<u>132,952</u>
<b>FUNDS</b>					
	10			13,441	26,581
Unrestricted funds				101,190	106,371
Restricted funds				<u>114,631</u>	<u>132,952</u>
<b>TOTAL FUNDS</b>					

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**BALANCE SHEET - continued**  
**31st March 2025**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 1st December 2025 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'Fiona H. Doran'.

F Doran - Trustee

The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS  
for the Year Ended 31st March 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	31.3.25	31.3.24
	£	£
Deposit account interest	2,539	1,479
	<u>          </u>	<u>          </u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2025**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	974	974
	<u>          </u>	<u>          </u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Peer support groups for children and young people.	-	15,713	15,713
Investment income	1,479	-	1,479
Other income	3,465	-	3,465
<b>Total</b>	<u>4,944</u>	<u>15,713</u>	<u>20,657</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Peer support groups for children and young people.	7,360	36,516	43,876
<b>NET INCOME/(EXPENDITURE)</b>	(2,416)	(20,803)	(23,219)
<b>Transfers between funds</b>	(2,642)	2,642	-
<b>Net movement in funds</b>	<u>(5,058)</u>	<u>(18,161)</u>	<u>(23,219)</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	31,639	124,532	156,171
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>26,581</u>	<u>106,371</u>	<u>132,952</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2025**

**6. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1st April 2024 and 31st March 2025	3,868	599	4,467
<b>DEPRECIATION</b>			
At 1st April 2024	1,503	266	1,769
Charge for year	774	200	974
At 31st March 2025	2,277	466	2,743
<b>NET BOOK VALUE</b>			
At 31st March 2025	1,591	133	1,724
At 31st March 2024	2,365	333	2,698

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25 £	31.3.24 £
Trade debtors	21	20

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25 £	31.3.24 £
Bank loans and overdrafts (see note 9)	19	-
Accrued expenses	846	900
	865	900

**9. LOANS**

An analysis of the maturity of loans is given below:

	31.3.25 £	31.3.24 £
Amounts falling due within one year on demand:		
Bank overdrafts	19	-

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31st March 2025**

**10. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	26,581	(13,688)	548	13,441
<b>Restricted funds</b>				
Grant - Veolia - Sensory Room	305	(324)	-	(19)
Grant - Wrekin Housing Trust - SEND Group	200	-	(200)	-
Grant - T&W Councillors Pride	360	(418)	58	-
Grant - NHS	101,680	(14,389)	1,298	88,589
Grant - National Grid, warm packs	-	1,449	(500)	949
Grant - Madeley Town Council - warm packs	631	(631)	-	-
Grant - T&W autism cooking	3,083	(2,352)	-	731
Grant - T&W sensory garden	112	(115)	94	91
Grant - SYA Test and Learn	-	1,298	(1,298)	-
Grant - CO-OP Under 5's	-	500	-	500
Grant - Telford Trust Autism Exercise	-	2,000	-	2,000
Grant - ST Water	-	8,349	-	8,349
	<u>106,371</u>	<u>(4,633)</u>	<u>(548)</u>	<u>101,190</u>
<b>TOTAL FUNDS</b>	<u>132,952</u>	<u>(18,321)</u>	<u>-</u>	<u>114,631</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	5,188	(18,876)	(13,688)
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	-	(324)	(324)
Grant - T&W Councillors Pride	-	(418)	(418)
Grant - NHS	4,000	(18,389)	(14,389)
Grant - National Grid, warm packs	4,980	(3,531)	1,449
Grant - Madeley Town Council - warm packs	-	(631)	(631)
Grant - T&W autism cooking	-	(2,352)	(2,352)
Grant - T&W sensory garden	-	(115)	(115)
Grant - SYA Test and Learn	5,297	(3,999)	1,298
Grant - CO-OP Under 5's	500	-	500
Grant - Telford Trust Autism Exercise	2,000	-	2,000
Grant - ST Water	12,231	(3,882)	8,349
	<u>29,008</u>	<u>(33,641)</u>	<u>(4,633)</u>
<b>TOTAL FUNDS</b>	<u>34,196</u>	<u>(52,517)</u>	<u>(18,321)</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31st March 2025**

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	31,639	(2,416)	(2,642)	26,581
<b>Restricted funds</b>				
Grant - Veolia - Sensory Room	305	-	-	305
Grant - Comic Relief - Youth Well-being	4,260	(4,210)	(50)	-
Grant - Wrekin Housing Trust - SEND Group	200	-	-	200
Grant - T&W Councillors Pride	660	(399)	99	360
Grant - Comic Relief - Cost of living	7	-	(7)	-
Grant - NHS	119,100	(20,597)	3,177	101,680
Grant - National Grid, warm packs	-	577	(577)	-
Grant - Madeley Town Council - warm packs	-	631	-	631
Grant - T&W autism cooking	-	3,083	-	3,083
Grant - T&W sensory garden	-	112	-	112
	<hr/>	<hr/>	<hr/>	<hr/>
	124,532	(20,803)	2,642	106,371
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	156,171	(23,219)	-	132,952
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,944	(7,360)	(2,416)
<b>Restricted funds</b>			
Grant - Comic Relief - Youth Well-being	-	(4,210)	(4,210)
Grant - T&W Councillors Pride	230	(629)	(399)
Grant - NHS	-	(20,597)	(20,597)
Grant - National Grid, warm packs	6,956	(6,379)	577
Grant - Madeley Town Council - warm packs	631	-	631
Grant - T&W autism cooking	3,500	(417)	3,083
Grant - T&W sensory garden	4,396	(4,284)	112
	<hr/>	<hr/>	<hr/>
	15,713	(36,516)	(20,803)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	20,657	(43,876)	(23,219)
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31st March 2025**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	31,639	(16,104)	(2,094)	13,441
<b>Restricted funds</b>				
Grant - Veolia - Sensory Room	305	(324)	-	(19)
Grant - Comic Relief - Youth Well-being	4,260	(4,210)	(50)	-
Grant - Wrekin Housing Trust - SEND Group	200	-	(200)	-
Grant - T&W Councillors Pride	660	(817)	157	-
Grant - Comic Relief - Cost of living	7	-	(7)	-
Grant - NHS	119,100	(34,986)	4,475	88,589
Grant - National Grid, warm packs	-	2,026	(1,077)	949
Grant - T&W autism cooking	-	731	-	731
Grant - T&W sensory garden	-	(3)	94	91
Grant - SYA Test and Learn	-	1,298	(1,298)	-
Grant - CO-OP Under 5's	-	500	-	500
Grant - Telford Trust Autism Exercise	-	2,000	-	2,000
Grant - ST Water	-	8,349	-	8,349
	<hr/>	<hr/>	<hr/>	<hr/>
	124,532	(25,436)	2,094	101,190
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	156,171	(41,540)	-	114,631
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2025**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	10,132	(26,236)	(16,104)
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	-	(324)	(324)
Grant - Comic Relief - Youth Well-being	-	(4,210)	(4,210)
Grant - T&W Councillors Pride	230	(1,047)	(817)
Grant - NHS	4,000	(38,986)	(34,986)
Grant - National Grid, warm packs	11,936	(9,910)	2,026
Grant - Madeley Town Council - warm packs	631	(631)	-
Grant - T&W autism cooking	3,500	(2,769)	731
Grant - T&W sensory garden	4,396	(4,399)	(3)
Grant - SYA Test and Learn	5,297	(3,999)	1,298
Grant - CO-OP Under 5's	500	-	500
Grant - Telford Trust Autism Exercise	2,000	-	2,000
Grant - ST Water	12,231	(3,882)	8,349
	<u>44,721</u>	<u>(70,157)</u>	<u>(25,436)</u>
<b>TOTAL FUNDS</b>	<u>54,853</u>	<u>(96,393)</u>	<u>(41,540)</u>

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2025.

**CHALLENGING PERCEPTIONS CIO**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31st March 2025**

	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS</b>				
<b>Investment income</b>				
Deposit account interest	2,539	-	2,539	1,479
<b>Charitable activities</b>				
Grant income	-	29,008	29,008	15,713
<b>Other income</b>				
Sundry receipts	2,649	-	2,649	3,465
<b>Total incoming resources</b>	5,188	29,008	34,196	20,657
<b>EXPENDITURE</b>				
<b>Charitable activities</b>				
Wages	9,549	19,260	28,809	16,674
Rent, rates & water	2,159	2,644	4,803	4,500
Insurance	599	256	855	881
Postage and stationery	4	-	4	12
Sundries	2,797	630	3,427	3,260
Computer expenses	1,238	102	1,340	1,065
Repairs and renewals	190	89	279	142
Resources	651	844	1,495	1,256
Grant expenditure	583	8,538	9,121	13,671
Consultancy	132	264	396	541
Depreciation - Fixtures	774	-	774	774
Depreciation - Computers	200	-	200	200
	18,876	32,627	51,503	42,976
<b>Support costs</b>				
<b>Governance costs</b>				
Accountancy fees	-	1,014	1,014	900
<b>Total resources expended</b>	18,876	33,641	52,517	43,876
<b>Net (expenditure)/income</b>	(13,688)	(4,633)	(18,321)	(23,219)

This page does not form part of the statutory financial statements

**CHALLENGING PERCEPTIONS**

England & Wales - Charity number 1198690

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# Accounts

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REGISTERED COMPANY NUMBER: CE028836 (England and Wales)  
REGISTERED CHARITY NUMBER: 1198690

REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2024  
FOR  
CHALLENGING PERCEPTIONS CIO

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

**CHALLENGING PERCEPTIONS CIO**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Year Ended 31st March 2024**

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## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31st March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

22nd April 2022 saw us convert from a Community Interest Company (Challenging Perceptions CIC) to a Charitable Incorporated Organisation (Challenging Perceptions CIO).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance in life and relieve the needs of young people living in Telford and Wrekin with particular focus on young people between the ages of 6 - 16 who are experiencing or at risk of poor mental health, primarily through:

- (a) - the provision of recreational and leisure time activities provided in the interests of social welfare, designed to improve their conditions of life,
- (b) - delivering projects, peer led support and practical support / advice to support and promote good health,
- (c) - signposting to appropriate services when required.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

During our second year as a charity, we provided the following services.

##### **Youth well-being Group**

Our youth well-being group runs every Tuesday evening for 6 - 16 years old who live in Telford.

The purposes of these weekly meeting are to:

- Reduce isolation, which can cause mental health and well-being issues,
- Improve mental health and well-being,
- Provide peer support,
- Provide information advice and guidance,
- Make new friends in a welcoming environment,
- Encourage peers to share their experiences and support each other.

This is done through a range of activities each week.

##### **SEND Parent and Toddler Group**

Our SEND parent and toddler group, which runs every 2 weeks on a Friday morning. This is a group for under 5's who are at all stages of diagnosis.

##### **Advocacy**

We continued to provide low level advocacy work ensuring CYP are getting to correct support at school and the relevant referrals had been completed.

##### **Emotional Health and Well-being project**

This year was our first year of the Emotional Health and Well-being pilot project which will see us employee staff to run at least 2 well-being drop ins locally along with a befriending service if needed.

## CHALLENGING PERCEPTIONS CIO

### REPORT OF THE TRUSTEES for the Year Ended 31st March 2024

#### **Sensory Room**

Our onsite sensory room remains available to members of the public at a low cost. The room is also used by a local nursery for their SEN children and out of area local authority for child contact sessions with parents.

#### **Sensory Toy Shop**

At the end of the last financial year, we started a mini sensory toy shop. This allows local young people to purchase sensory toys at low prices.

#### **Sensory Garden**

We were funded by Family Hubs to create an onsite sensory garden. This was opened by a representative of the Department of Education.

#### **Strategic Work**

- Challenging Perceptions attend several strategic meetings with the local authority and ICS. We have actively been involved in improving local services for CYP. Some examples are
- CYP Mental Health ICB Group
- Best Start in Life Strategic Board
- Chief Officers Group (COG)
- Social Emotional Mental Health Mapping TWC Public Health
- ND Clinical Pathway
- 0-5 ND Pathway
- Autism Partnership Board
- Domestic Abuse Forum
- Domestic Abuse - Equality & Diversity Group CYP Rep
- Association of Chairs
- Suicide Prevention Action Group
- Telford Mental Health Forum
- SaTH Hospital Transformation Program
- 0-5 ND pathway redesign along with flyer, website and process
- BeeU website redesign
- World Mental Health Day CYP event lead by local authority.
- SaTH hospital transformation programme - ensuring our new hospitals have things in place for autistic patients. I have been involved in design meeting with architects.
- SaTH Alerts - we are currently working with SaTH for them to implement reasonable adjustment alerts for LD & A patients.
- Designing along with Shropshire Community Health Trust a flow chart to help parents understand MDA (autism assessments)

#### **Autism Cooking**

At the end of last financial year, we secured some funding to start a weekly cooking group for children with Autism. This started in this financial year and will continue into the next.

#### **Winter Warm Packs**

We were successful in securing funding for a 3-month cost of living project. Through this project we provided 371 warm packs to children with a total of 2617 items such as hats, gloves, blankets, hot water bottles and socks given out, this included working with a local SEND school and local nursery.

#### **Holiday Well-being Packs**

## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31st March 2024**

Every year we try to provide our CYP with well-being/ activities packs during Christmas and Easter holidays. This year we were able to provide 23 Christmas and 25 Easter well-being packs to our youth well-being group CYP.

#### **World Mental Health Day**

Each year on October 10th, World Mental Health Day we organise an event at Park Lane Centre, whereby we have several organisations that attend with information stalls to promote local mental health services. This is open to members of the public to attend and gather relevant information.

#### **Awards**

During this year Challenging Perceptions became the first youth provider in Telford and Wrekin to be awarded the councils quality award.

Challenging Perceptions is also now a Disability confident (committed) employer.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

CE028836 (England and Wales)

##### **Registered Charity number**

1198690

##### **Registered office**

Park Lane  
Woodside  
Telford  
Shropshire  
TF7 5QZ

##### **Trustees**

Miss F Doran  
Mrs J S Smith  
Mrs J D Idiens  
J A D Gill  
D L Brown (appointed 5.12.23)

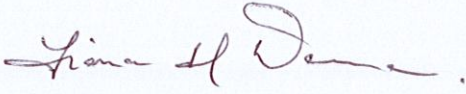
##### **Independent Examiner**

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

Approved by order of the board of trustees on 3rd December 2024 and signed on its behalf by:

**CHALLENGING PERCEPTIONS CIO**

**REPORT OF THE TRUSTEES**  
**for the Year Ended 31st March 2024**

A handwritten signature in cursive script, appearing to read 'Fiona H Doran', followed by a period.

Miss F Doran - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CHALLENGING PERCEPTIONS CIO**

**Independent examiner's report to the trustees of Challenging Perceptions CIO ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Russell Ball

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

3rd December 2024

**CHALLENGING PERCEPTIONS CIO**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31st March 2024**

	Notes	Unrestricted fund £	Restricted funds £	Year Ended 31.3.24 Total funds £	Period 22.4.22 to 31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Peer support groups for children and young people.		-	15,713	15,713	162,422
Investment income	2	1,479	-	1,479	67
Other income		3,465	-	3,465	30,756
<b>Total</b>		<u>4,944</u>	<u>15,713</u>	<u>20,657</u>	<u>193,245</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Peer support groups for children and young people.		7,360	36,516	43,876	37,074
<b>NET INCOME/(EXPENDITURE)</b>					
<b>Transfers between funds</b>	9	(2,416)	(20,803)	(23,219)	156,171
		<u>(2,642)</u>	<u>2,642</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		(5,058)	(18,161)	(23,219)	156,171
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		31,639	124,532	156,171	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>26,581</u>	<u>106,371</u>	<u>132,952</u>	<u>156,171</u>

The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**BALANCE SHEET**  
**31st March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	2,698	-	2,698	3,672
<b>CURRENT ASSETS</b>					
Debtors	7	20	-	20	889
Cash at bank		24,763	106,371	131,134	152,390
		<u>24,783</u>	<u>106,371</u>	<u>131,154</u>	<u>153,279</u>
<b>CREDITORS</b>					
Amounts falling due within one year	8	(900)	-	(900)	(780)
<b>NET CURRENT ASSETS</b>		<u>23,883</u>	<u>106,371</u>	<u>130,254</u>	<u>152,499</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		26,581	106,371	132,952	156,171
<b>NET ASSETS</b>		<u>26,581</u>	<u>106,371</u>	<u>132,952</u>	<u>156,171</u>
<b>FUNDS</b>	9				
Unrestricted funds				26,581	31,639
Restricted funds				106,371	124,532
<b>TOTAL FUNDS</b>				<u>132,952</u>	<u>156,171</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

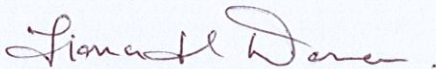
The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**BALANCE SHEET - continued**  
**31st March 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3rd December 2024 and were signed on its behalf by:



F Doran - Trustee

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the Year Ended 31st March 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	Year Ended 31.3.24 £	Period 22.4.22 to 31.3.23 £
Deposit account interest	1,479	67

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2024**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 31.3.24	Period 22.4.22 to 31.3.23
	£	£
Depreciation - owned assets	974	795
	<u>          </u>	<u>          </u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the period ended 31st March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2024 nor for the period ended 31st March 2023.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Peer support groups for children and young people.	-	162,422	162,422
Investment income	67	-	67
Other income	30,756	-	30,756
<b>Total</b>	<u>30,823</u>	<u>162,422</u>	<u>193,245</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Peer support groups for children and young people.	9,880	27,194	37,074
<b>NET INCOME</b>	20,943	135,228	156,171
<b>Transfers between funds</b>	10,696	(10,696)	-
<b>Net movement in funds</b>	<u>31,639</u>	<u>124,532</u>	<u>156,171</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>31,639</u>	<u>124,532</u>	<u>156,171</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2024**

**6. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1st April 2023 and 31st March 2024	3,868	599	4,467
<b>DEPRECIATION</b>			
At 1st April 2023	729	66	795
Charge for year	774	200	974
At 31st March 2024	1,503	266	1,769
<b>NET BOOK VALUE</b>			
At 31st March 2024	2,365	333	2,698
At 31st March 2023	3,139	533	3,672

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24 £	31.3.23 £
Trade debtors	20	849
Prepayments	-	40
	20	889

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24 £	31.3.23 £
Accrued expenses	900	780

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2024**

**9. MOVEMENT IN FUNDS**

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	31,639	(2,416)	(2,642)	26,581
<b>Restricted funds</b>				
Grant - Veolia - Sensory Room	305	-	-	305
Grant - Comic Relief - Youth Well-being	4,260	(4,210)	(50)	-
Grant - Wrekin Housing Trust - SEND Group	200	-	-	200
Grant - T&W Councillors Pride	660	(399)	99	360
Grant - Comic Relief - Cost of living	7	-	(7)	-
Grant - NHS	119,100	(20,597)	3,177	101,680
Grant - National Grid, warm packs	-	577	(577)	-
Grant - Madeley Town Council - warm packs	-	631	-	631
Grant - T&W autism cooking	-	3,083	-	3,083
Grant - T&W sensory garden	-	112	-	112
	<u>124,532</u>	<u>(20,803)</u>	<u>2,642</u>	<u>106,371</u>
<b>TOTAL FUNDS</b>	<u>156,171</u>	<u>(23,219)</u>	<u>-</u>	<u>132,952</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,944	(7,360)	(2,416)
<b>Restricted funds</b>			
Grant - Comic Relief - Youth Well-being	-	(4,210)	(4,210)
Grant - T&W Councillors Pride	230	(629)	(399)
Grant - NHS	-	(20,597)	(20,597)
Grant - National Grid, warm packs	6,956	(6,379)	577
Grant - Madeley Town Council - warm packs	631	-	631
Grant - T&W autism cooking	3,500	(417)	3,083
Grant - T&W sensory garden	4,396	(4,284)	112
	<u>15,713</u>	<u>(36,516)</u>	<u>(20,803)</u>
<b>TOTAL FUNDS</b>	<u>20,657</u>	<u>(43,876)</u>	<u>(23,219)</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2024**

**9. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	20,943	10,696	31,639
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	305	-	305
Grant - Comic Relief - Youth Well-being	4,260	-	4,260
Grant - Shropshire, Telford & Wrekin CCG	10,617	(10,617)	-
Grant - Wrekin Housing Trust - SEND Group	200	-	200
Grant - T&W Councillors Pride	750	(90)	660
Grant - Comic Relief - Cost of living	(4)	11	7
Grant - NHS	119,100	-	119,100
	<u>135,228</u>	<u>(10,696)</u>	<u>124,532</u>
<b>TOTAL FUNDS</b>	<u>156,171</u>	<u>-</u>	<u>156,171</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	30,823	(9,880)	20,943
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	1,000	(695)	305
Grant - Comic Relief - Youth Well-being	8,672	(4,412)	4,260
Grant - Shropshire, Telford & Wrekin CCG	25,000	(14,383)	10,617
Grant - Wrekin Housing Trust - SEND Group	1,840	(1,640)	200
Grant - T&W Councillors Pride	1,810	(1,060)	750
Grant - Comic Relief - Cost of living	5,000	(5,004)	(4)
Grant - NHS	119,100	-	119,100
	<u>162,422</u>	<u>(27,194)</u>	<u>135,228</u>
<b>TOTAL FUNDS</b>	<u>193,245</u>	<u>(37,074)</u>	<u>156,171</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31st March 2024**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2024.

**CHALLENGING PERCEPTIONS CIO**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31st March 2024**

	Unrestricted funds £	Restricted funds £	Year Ended 31.3.24 Total funds £	Period 22.4.22 to 31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS</b>				
<b>Investment income</b>				
Deposit account interest	1,479	-	1,479	67
<b>Charitable activities</b>				
Grant income	-	15,713	15,713	162,422
<b>Other income</b>				
Donation from Challenging Perceptions CIC	-	-	-	26,366
Sundry receipts	3,465	-	3,465	791
Sensory room	-	-	-	1,884
Project management	-	-	-	1,715
	<hr/>	<hr/>	<hr/>	<hr/>
	3,465	-	3,465	30,756
<b>Total incoming resources</b>	<hr/>	<hr/>	<hr/>	<hr/>
	4,944	15,713	20,657	193,245
<b>EXPENDITURE</b>				
<b>Charitable activities</b>				
Wages	-	16,674	16,674	-
Rent, rates & water	2,492	2,008	4,500	3,125
Insurance	40	841	881	445
Telephone	-	-	-	51
Postage and stationery	12	-	12	519
Sundries	1,333	1,927	3,260	1,538
Computer expenses	1,065	-	1,065	555
Repairs and renewals	-	142	142	935
Resources	430	826	1,256	1,021
Grant expenditure	84	13,587	13,671	27,211
Consultancy	145	396	541	99
Depreciation - Fixtures	774	-	774	729
Depreciation - Computers	200	-	200	66
	<hr/>	<hr/>	<hr/>	<hr/>
	6,575	36,401	42,976	36,294
<b>Support costs</b>				
<b>Governance costs</b>				
Accountancy fees	785	115	900	780

This page does not form part of the statutory financial statements

**CHALLENGING PERCEPTIONS CIO**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31st March 2024**

	Unrestricted funds £	Restricted funds £	Year Ended 31.3.24 Total funds £	Period 22.4.22 to 31.3.23 Total funds £
Total resources expended	<u>7,360</u>	<u>36,516</u>	<u>43,876</u>	<u>37,074</u>
<b>Net income</b>	<u><u>(2,416)</u></u>	<u><u>(20,803)</u></u>	<u><u>(23,219)</u></u>	<u><u>156,171</u></u>

This page does not form part of the statutory financial statements

**CHALLENGING PERCEPTIONS**

England & Wales - Charity number 1198690

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# Accounts

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**REGISTERED COMPANY NUMBER: CE028836 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1198690**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD**  
**22ND APRIL 2022 TO 31ST MARCH 2023**

**FOR**  
**CHALLENGING PERCEPTIONS CIO**

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

**CHALLENGING PERCEPTIONS CIO**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Period 22nd April 2022 to 31st March 2023**

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## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Period 22nd April 2022 to 31st March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 22nd April 2022 to 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

22nd April 2022 saw us convert from a Community Interest Company (Challenging Perceptions CIC) to a Charitable Incorporated Organisation (Challenging Perceptions CIO).

#### **INCORPORATION**

The charitable company was incorporated on 22nd April 2022.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance in life and relieve the needs of young people living in Telford and Wrekin with particular focus on young people between the ages of 6 - 16 who are experiencing or at risk of poor mental health, primarily through:

- (a) - the provision of recreational and leisure time activities provided in the interests of social welfare, designed to improve their conditions of life,
- (b) - delivering projects, peer led support and practical support / advice to support and promote good health,
- (c) - signposting to appropriate services when required.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

During our first year as a charity we provided the following services.

##### **Youth Well-being Group**

Our youth well-being group funded by Comic Relief has been very popular. This group continues to run every Tuesday evening for 6 - 16 years old who live in Telford.

The purposes of this weekly meeting are to:

- Reduce isolation, which can cause mental health and well-being issues,
- Improve mental health and well-being,
- Provide peer support,
- Provide information advice and guidance,
- Make new friends in a welcoming environment,
- Encourage peers to share their experiences and support each other.

This is done through a range of activities each week.

##### **SEND Parent and Toddler Group**

This year we were able to secure a small amount of funding for Cllr Pride Fund to pilot a SEND parent and toddler group, which runs every 2 weeks on a Friday morning. This is a group for under 5's who are at all stages of diagnosis. We work along side Wooden Tops Day Nursery the onsite nursery to provide this group.

##### **Criminal Justice - Coproduction project**

Challenging Perceptions and PODS Parent Charity were commissioned by NHS Shropshire, Telford and Wrekin to develop a "Health and Justice Children & Young People Coproduction Strategy", particularly for children and Young People with complex needs.

Complex needs included such vulnerabilities: mental health, physical health, long term health conditions, severe, framed by family and social contexts (adverse childhood experiences and trauma).

## **CHALLENGING PERCEPTIONS CIO**

### **REPORT OF THE TRUSTEES** **for the Period 22nd April 2022 to 31st March 2023**

#### **Pencil Cases**

Each year we have provided local CYP with pencil cases that contain everything they will need to start school in September. This year we were able to give out 57 pencil cases.

#### **World Mental Health Day**

Each year on October 10th, World Mental Health Day we organise an event at Park Lane Centre, whereby we have a number of organisations that attend with information stalls to promote local mental health services. This is open to members of the public to attend and gather relevant information.

#### **Christmas well-being packs**

Every year we try to provide our CYP with Christmas well-being/ activities packs. This year we were able to provide 15 packs to our youth well-being group CYP.

#### **Cost of Living Project**

In January we were successful in securing funding for a 3 month cost of living project. Through this project we provided the following;

- 173 warm packs to children with a total of 1008 items such as hats, gloves, blankets, hot water bottles and socks given out,
- 50 £20 Aldi vouchers helping 104 children,
- 30 Family food parcels helping 50 children.

#### **Easter Packs**

Every year we try to provide our CYP with Easter well-being/ activities packs. This year we were able to provide 15 packs to our youth well-being group CYP.

#### **Advocacy**

We continued to provide low level advocacy work ensuring CYP were getting to correct support at school and the relevant referrals had been completed.

#### **Strategic Work**

Challenging Perceptions attend a number of strategic meetings with the local authority and ICS. We have actively been involved in improving local services for CYP.

This year we were involved in the local Ofsted and CQC inspection in to local SEND provision.

#### **Sensory Room**

This year has seen a massive usage increase of the sensory room. We were able to secure a grant to purchase more sensory equipment. The room is used by members of the public, Wooden Tops Day Nursery and out of area social services for parent and child contact sessions.

#### **Sensory Toy Shop**

At the end of the financial year we started a mini sensory toy shop. This allows local young people access to purchase sensory toys at a low prices.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**CHALLENGING PERCEPTIONS CIO**

**REPORT OF THE TRUSTEES**  
**for the Period 22nd April 2022 to 31st March 2023**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE028836 (England and Wales)

**Registered Charity number**

1198690

**Registered office**

Park Lane

Woodside

Telford

Shropshire

TF7 5QZ

**Trustees**

Miss F Doran (appointed 22.4.22)

Mrs J S Smith (appointed 22.4.22)

Mrs J D Idiens (appointed 22.4.22)

J A D Gill (appointed 9.3.23)

**Independent Examiner**

D E Ball & Co Limited

Chartered Accountants

15 Bridge Road

Wellington

Telford

Shropshire

TF1 1EB

Approved by order of the board of trustees on 5th December 2023 and signed on its behalf by:



Miss F Doran - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CHALLENGING PERCEPTIONS CIO**

**Independent examiner's report to the trustees of Challenging Perceptions CIO ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the period 22nd April 2022 to 31st March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Russell Ball

D E Ball & Co Limited  
Chartered Accountants  
15 Bridge Road  
Wellington  
Telford  
Shropshire  
TF1 1EB

5th December 2023

**CHALLENGING PERCEPTIONS CIO**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Period 22nd April 2022 to 31st March 2023**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
<b>Charitable activities</b>				
Peer support groups for children and young people.		-	162,422	162,422
Investment income	2	67	-	67
Other income		30,756	-	30,756
<b>Total</b>		<u>30,823</u>	<u>162,422</u>	<u>193,245</u>
<b>EXPENDITURE ON</b>				
<b>Charitable activities</b>				
Peer support groups for children and young people.		9,880	27,194	37,074
<b>NET INCOME</b>				
Transfers between funds	8	20,943	135,228	156,171
		10,696	(10,696)	-
<b>Net movement in funds</b>		<u>31,639</u>	<u>124,532</u>	<u>156,171</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>31,639</u></u>	<u><u>124,532</u></u>	<u><u>156,171</u></u>

The notes form part of these financial statements

**CHALLENGING PERCEPTIONS CIO**

**BALANCE SHEET**  
**31st March 2023**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>FIXED ASSETS</b>				
Tangible assets	5	3,672	-	3,672
<b>CURRENT ASSETS</b>				
Debtors	6	72	817	889
Cash at bank		28,675	123,715	152,390
		<u>28,747</u>	<u>124,532</u>	<u>153,279</u>
<b>CREDITORS</b>				
Amounts falling due within one year	7	(780)	-	(780)
<b>NET CURRENT ASSETS</b>		<u>27,967</u>	<u>124,532</u>	<u>152,499</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>31,639</u>	<u>124,532</u>	<u>156,171</u>
<b>NET ASSETS</b>		<u>31,639</u>	<u>124,532</u>	<u>156,171</u>
<b>FUNDS</b>	8			
Unrestricted funds				31,639
Restricted funds				<u>124,532</u>
<b>TOTAL FUNDS</b>				<u>156,171</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th December 2023 and were signed on its behalf by:



F Doran - Trustee

The notes form part of these financial statements

## CHALLENGING PERCEPTIONS CIO

### NOTES TO THE FINANCIAL STATEMENTS for the Period 22nd April 2022 to 31st March 2023

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. INVESTMENT INCOME

Deposit account interest	£
	67
	<hr/> <hr/>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Period 22nd April 2022 to 31st March 2023**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets	£ 795
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**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 31st March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the period ended 31st March 2023.

**5. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
Additions	3,868	599	4,467
<b>DEPRECIATION</b>			
Charge for year	729	66	795
<b>NET BOOK VALUE</b>			
At 31st March 2023	3,139	533	3,672

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Trade debtors	£ 849
Prepayments	40
	889

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Accrued expenses	£ 780
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**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Period 22nd April 2022 to 31st March 2023**

**8. MOVEMENT IN FUNDS**

	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	20,943	10,696	31,639
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	305	-	305
Grant - Comic Relief - Youth Well-being	4,260	-	4,260
Grant - Shropshire, Telford & Wrekin CCG	10,617	(10,617)	-
Grant - Wrekin Housing Trust - SEND Group	200	-	200
Grant - T&W Councillors Pride	750	(90)	660
Grant - Comic Relief - Cost of living	(4)	11	7
Grant - NHS	119,100	-	119,100
	<hr/>	<hr/>	<hr/>
	135,228	(10,696)	124,532
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>156,171</u>	<u>-</u>	<u>156,171</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	30,823	(9,880)	20,943
<b>Restricted funds</b>			
Grant - Veolia - Sensory Room	1,000	(695)	305
Grant - Comic Relief - Youth Well-being	8,672	(4,412)	4,260
Grant - Shropshire, Telford & Wrekin CCG	25,000	(14,383)	10,617
Grant - Wrekin Housing Trust - SEND Group	1,840	(1,640)	200
Grant - T&W Councillors Pride	1,810	(1,060)	750
Grant - Comic Relief - Cost of living	5,000	(5,004)	(4)
Grant - NHS	119,100	-	119,100
	<hr/>	<hr/>	<hr/>
	162,422	(27,194)	135,228
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>193,245</u>	<u>(37,074)</u>	<u>156,171</u>

**CHALLENGING PERCEPTIONS CIO**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Period 22nd April 2022 to 31st March 2023**

**9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the period ended 31st March 2023.

**CHALLENGING PERCEPTIONS CIO**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Period 22nd April 2022 to 31st March 2023**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS</b>			
<b>Investment income</b>			
Deposit account interest	67	-	67
<b>Charitable activities</b>			
Grant income	-	162,422	162,422
<b>Other income</b>			
Donation from Challenging Perceptions CIC	26,366	-	26,366
Sundry receipts	791	-	791
Sensory room	1,884	-	1,884
Project management	1,715	-	1,715
	<hr/>	<hr/>	<hr/>
	30,756	-	30,756
	<hr/>	<hr/>	<hr/>
<b>Total incoming resources</b>	30,823	162,422	193,245
<b>EXPENDITURE</b>			
<b>Charitable activities</b>			
Rent, rates & water	3,125	-	3,125
Insurance	445	-	445
Telephone	51	-	51
Postage and stationery	519	-	519
Sundries	1,538	-	1,538
Computer expenses	555	-	555
Repairs and renewals	935	-	935
Resources	1,021	-	1,021
Grant expenditure	17	27,194	27,211
Consultancy	99	-	99
Depreciation - Fixtures	729	-	729
Depreciation - Computers	200	-	200
Accountancy	780	-	780
	<hr/>	<hr/>	<hr/>
	10,014	27,194	37,208
<b>Support costs</b>			
<b>Management</b>			
Computer equipment	(134)	-	(134)
	<hr/>	<hr/>	<hr/>
Total resources expended	9,880	27,194	37,074
	<hr/>	<hr/>	<hr/>
<b>Net income</b>	20,943	135,228	156,171
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

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