

Coastal Family Hub

Charity number: 1198683



Supporting child mental health
In Whitstable, Herne Bay and
Reculver

**Trustees report and financial statements
For the period ended 31 August 2024**

Coastal Family Hub

Table of Contents

Reference and information page	1
Trustees report	2 - 6
Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the accounts	9 - 14

Coastal Family Hub

Reference and administration details of the Charity For the period ended 31 August 2024

Trustees	Rev R C Webbley	Chair	
	Mrs C Fisk	Treasurer	
	Ms L StJohn	Trustee	
	Mrs C Wilkholm	Trustee	(resigned on 5 October 2023)
	Mrs S Crossley	Trustee	(appointed on 5 October 2023, resigned 8 May 2025)
	Dr A Ward	Trustee	(appointed 19 September 2024)

Charity registered number 1198683

Registered office The Vicarage
28A West Cliff
Whitstable
CT5 1DN

Coastal Family Hub

Trustees' report (continued)

For the period ended 31 August 2024

The Trustees present their annual report together with the financial statements of the Charity. The financial statements are prepared for the extended period 1 April 2023 to 31 August 2024.

Objectives and activities

a. Policies and objectives

The object of the Charity is the preservation and protection of mental health among children and young people within the Whitstable, Herne Bay and Reculver area, by A) enabling therapeutic and emotional support to be provided in schools by qualified counsellors and B) providing emotional support to children and their families, including parents and guardians.

In setting the objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a Charity (PB2)'.

Achievements and performance

a. Main achievements of the Charity

i) Progress of the Counselling programme

The Charity has had a successful full second year of counselling, working alongside our counselling partner Spurgeons, and have continued to forge relationships with the Coastal Alliance Co-operative Trust (CACOT) of schools within the Herne Bay, Whitstable and Reculver area.

12 schools from within the Coastal Alliance Co-operative Trust continued to engage with the counselling this year, and as in the previous year the 12 schools were divided into two blocks, with each school then receiving access to a counsellor for two hours per week for their respective block of 18 weeks. It was at the individual school's discretion as to how this was allocated to their respective children in need.

Conclusion of the 2022/2023 school year and report on full school year 2023/2024

Our report covers the final half of the 2022/2023 school year and the full school year 2023/2024. During this period April - July, a further 23 pupils have been seen by the counsellors, giving a total for that academic year (September 2022 - August 2023) of 43 pupils seen. These pupils were seen over a total of 309 sessions, and the sessions had an 88% attendance rate.

During the academic year September 2023 to August 2024, 45 pupils were seen by the counsellors, with a total of 455 sessions being run for the year. These sessions had a 78% attendance rate.

Feedback and outcomes

Feedback has been extremely positive about how The Coastal Family Hub offering has helped children, families and schools.

Coastal Family Hub

Trustees' report (continued)

For the period ended 31 August 2024

"Spurgeons counselling sessions have had a massive impact on the wellbeing and mental health of our children. Our children have had time to talk and process complex feelings with the support of the counsellor. This has enabled them to engage with school, manage feelings and improve relationships." Angie Cox, Assistant Headteacher – Herne CE Infant and Nursery School.

A number of case studies have been collected from children who have been through the counselling process so far by the counsellors. Positive outcomes have been seen of children who have arrived with complex mental health issues and emotional difficulties. They have benefited from the sessions in that they have learnt skills such as coping mechanisms and communication tools, which allow them to speak more openly about their feelings. This in turn has helped them to manage their mental health more effectively, enabling them to engage more with peers and in turn integrate better into school - both from a learning and social perspective.

Beyond the counselling

Our partner Spurgeons, who employ the front-line counsellors, are engaged with the Safeguarding Leads' within Schools, the local authorities and local statutory services such as CAMHS to ensure that any safeguarding concerns or complex needs are then disclosed and addressed by the appropriate services, to ensure the children are able to access any further services required to allow them to thrive. Spurgeons report to Coastal Family Hub annually on the progress of the counselling, as well as to update on safeguarding procedures.

ii) The Parent Support programme

Over the reporting period, the Parent Support programme continued within the CACOT area. The intention of this programme is to provide further support to families, particularly for families whose children may have been identified as needing the counselling service, or for other families who would benefit, who may have been signposted from other providers, GP surgeries etc.

Progress from April 2023 to August 2024

With the Parent Support Worker in position from January 2023, it has been exciting to see how this offering has been able to expand and help parents and families within our local area. The focus for the period to August 2023 was very much bedding in and getting engaged with the local schools and communities. 11 referrals were received in this period.

For the period September 2023 to February 2024, 13 families were seen over a total of 76 sessions. These sessions covered a range of concerns, including managing children's behaviour, neurodiversity and managing school attendance. Unfortunately our first Parent Support Worker moved on in February 2024, however for the period March 2024 to June 2024, Spurgeons ensured no break in service by offering online sessions from their wider Parent Support Team. These online sessions were taken up by 7 families.

Our next Parent Support Worker then joined in June 2024 and has been focussed on undertaking the appropriate training and re-establishing the community links, and already had a caseload of 4 families by the end of August 2024.

Trustees' report (continued)

For the period ended 31 August 2024

Feedback on the Parent Support Programme

"I really needed advice and support techniques to help me provide more effective support to my daughter who is currently awaiting an ADHD assessment, in addition to advice in supporting my family more generally and to see what I thought of as 'challenges' in a more positive light. I learnt techniques and ideas on how to parent more effectively in order to support my daughter's specific needs. The most useful was how to listen more, 1-1 time both on a daily basis and when organising days out. Understanding that in her behaviour my daughter is not trying to be 'difficult' and tuning into her individual feelings and needs. Parent Support was really thoughtful, individualised and considered. The sessions gave me much more confidence in what I achieve every day." Feedback from a Parent

Future plans

With our next Parent Support Worker joining the service late in the 2024 year, they are continuing to develop the service in the area and aiming to reach more parents who would benefit. To expand the offering they can provide, the Parent Support Worker has been actively recruiting and training volunteers, who will then be able to assist running support groups and other group services. The Parent Support Worker has connected with local schools, but also with local doctors surgeries, libraries, churches and other community groups, to ensure that the programme is reaching the widest variety of people.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Trustees have established a policy whereby free reserves (defined as the amount held as current assets less current liabilities in the general fund) of the Charity should be maintained at approximately six months of annual expenditure, equating to approximately £10,000.

As at 31 August 2024, the unrestricted reserves stood at £9,737. The Charity is therefore in line with its reserves policy target.

As at 31 August 2024, the Charity holds restricted reserves of £285.

Coastal Family Hub

Trustees' report (continued)

For the period ended 31 August 2024

c. Results for the period

During the period, the Charity received restricted income of £10,584 and unrestricted income of £4,333. The Charity had restricted expenditure of £15,148 and unrestricted expenditure of £3,468.

The charity transferred £339 to restricted funds to correct the counselling fund, as this balance will be £Nil at 31 August each year.

This gave a restricted deficit of £4,225 (2023: surplus of £4,510) and an unrestricted surplus of £526 (2023: £9,211).

The total deficit for the extended period to 31 August 2024 was £3,699 (2023: surplus of £13,721).

Structure, governance and management

a. Constitution

The Charity registered with the Charity Commission on 21 April 2022, as a charitable incorporated organisation. Its constitution was adopted on 4 April 2022.

b. Method of appointment of election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Constitution.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

Coastal Family Hub

Trustees' report (continued)

For the period ended 31 August 2024

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Rev R Webbley

Chair of Trustees

Date: 30/06/2025

Coastal Family Hub

Statement of Financial Activities For the period ended 31 August 2024

		Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
	Note				
Income from:					
Donations and legacies	3	-	4,333	4,333	11,128
Charitable activities	4	10,584	-	10,584	10,530
Total income		10,584	4,333	14,917	21,658
Expenditure on:					
Charitable activities	5	15,148	3,468	18,616	7,937
Total expenditure		15,148	3,468	18,616	7,937
Net income/(expenditure)		(4,564)	865	(3,699)	13,721
Transfers		339	(339)	-	-
Net movement in funds		(4,225)	526	(3,699)	13,721
Reconciliation of funds:					
Total funds brought forward		4,510	9,211	13,721	-
Net movements in funds		(4,225)	526	(3,699)	13,721
Total funds carried forward		285	9,737	10,022	13,721

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on page 9 to 14 form part of these financial statements.

Coastal Family Hub

Balance Sheet

As at 31 August 2024

		Restricted funds	Unrestricted funds	Total funds	Restricted funds	Unrestricted funds	Total funds
		2024	2024	2024	2023	2023	2023
	Note	£	£	£	£	£	£
Current assets							
Debtors	7	-	-	-	5,670	183	5,853
Cash at bank and in hand		285	10,267	10,552	683	9,218	9,901
		285	10,267	10,552	6,353	9,400	15,754
Creditors: amounts falling due within one year	8	-	(530)	(530)	(1,843)	(190)	(2,033)
Net current assets		285	9,737	10,022	4,510	9,211	13,721
Total net assets		285	9,737	10,022	4,510	9,211	13,721
Charity funds	9	285	9,737	10,022	4,510	9,211	13,721

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

R. Webbley

Rev R Webbley

Chair of Trustees

Date 30/06/25

The notes on page 9 to 14 form part of these financial statements.

Notes to the financial statements
For the period ended 31 August 2024

1 General information

Coastal Family Hub is a registered charitable incorporated organisation with the charity number 1198683, registered with The Charity Commission on 21 April 2022, and is registered in England and Wales. The Charity's registered address is The Vicarage, 28A West Cliff, Whitstable, CT5 1DN.

2 Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Coastal Family Hub meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in British Sterling and are rounded to the nearest Pound.

2.2 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubts on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they have continued to adopt the going concern basis of accounting in preparing the financial statements.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with use of resources.

Expenditure on charitable activities is incurred directly on undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Notes to the financial statements
For the period ended 31 August 2024

2 Accounting policies (continued)

All expenditure is inclusive of irrecoverable VAT.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Debtors

Debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

2.8 Creditors

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount that it has received as advance payments for the goods or services it must provide.

2.9 Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Notes to the financial statements
For the period ended 31 August 2024

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total funds	Total funds
	2024	2024	2024	2023
	£	£	£	£
Donations from individuals	-	1,706	1,706	925
Donations from organisations	-	2,626	2,626	9,020
Grants	-	-	-	1,000
Tax recoveries	-	2	2	183
	<u>-</u>	<u>4,333</u>	<u>4,333</u>	<u>11,128</u>
2023 total	<u>1,000</u>	<u>10,128</u>	<u>11,128</u>	

4 Income from charitable activities

	Restricted funds	Unrestricted funds	Total funds	Total funds
	2024	2024	2024	2023
	£	£	£	£
Contributions from schools	-	-	-	-
Contributions from CACOT	10,584	-	10,584	10,530
	<u>10,584</u>	<u>-</u>	<u>10,584</u>	<u>10,530</u>
2023 total	<u>10,530</u>	<u>-</u>	<u>10,530</u>	

Notes to the financial statements
For the period ended 31 August 2024

5 Analysis of expenditure of activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £	Total funds 2023 £
Charitable activities	17,760	855	18,616	7,937
	<u>17,760</u>	<u>855</u>	<u>18,616</u>	<u>7,937</u>
2023 total	<u>7,728</u>	<u>209</u>	<u>7,937</u>	

Analysis of direct costs

	Activities 2024 £	Total funds 2024 £	Total funds 2023 £
Counselling service costs	14,433	14,433	7,373
Parent support worker costs	3,327	3,327	355
	<u>17,760</u>	<u>17,760</u>	<u>7,728</u>

Analysis of support costs

	Activities 2024 £	Total funds 2024 £	Total funds 2023 £
Advertising	359	359	-
Postage	13	13	51
Printing	200	200	-
Subscriptions	154	154	13
Sundry	59	59	9
Trustees expenses	70	70	136
	<u>855</u>	<u>855</u>	<u>209</u>

Included within support costs is restricted expenditure of £715 (2023: £Nil).

Notes to the financial statements
For the period ended 31 August 2024

6 Trustees' remuneration and expenses

During the period, no Trustees received any remuneration or other benefits. (2023: £Nil).

During the period, 3 Trustees received re-imbursement for expenses totalling £70 (2023: £136). These expenses related to safeguarding training, DBS costs and other sundry expenditure.

7 Debtors

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Due within one year				
Other debtors	-	-	-	5,670
Tax recoverable	-	-	-	183
	-	-	-	5,853
2023 total	5,670	183	5,853	

8 Creditors: Amounts falling due within one year

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Other creditors	-	-	-	2,021
Accruals	-	530	530	12
	-	530	530	2,033
2023 total	1,843	190	2,033	

Notes to the financial statements
For the period ended 31 August 2024

9 Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General funds	9,211	4,333	(3,468)	(339)	9,737
Total Unrestricted funds	9,211	4,333	(3,468)	(339)	9,737
Restricted funds					
Counselling fund	3,510	10,584	(14,433)	339	-
Colyer Ferguson Stabilising fund	1,000	-	(715)	-	285
Total Restricted funds	4,510	10,584	(15,148)	339	285
Total funds	13,721	14,917	(18,616)	-	10,022

Purpose of restricted funds

Counselling fund - represents contributions received from the schools and/or the local schools co-operative trust, in relation to the fee charged to them for the counselling provision. This fund has been transferred to General funds at year end as it forms a key part of the Charity's services and this therefore recognises it appropriately.

Colyer Ferguson Stabilising fund - represents a grant received to assist the Charity with initial set up costs. The balance not spent in the period will be fully utilised in the following year.

10 Statement of funds - prior year

	Income £	Expenditure £	Balance at 31 March 2023 £
Unrestricted funds			
General funds	10,128	(917)	9,211
Total Unrestricted funds	10,128	(917)	9,211
Restricted funds			
Counselling fund	10,530	(7,020)	3,510
Colyer Ferguson Stabilising fund	1,000	-	1,000
Total Restricted funds	11,530	(7,020)	4,510
Total funds	21,658	(7,937)	13,721

11 Related party transactions

During the period, the Charity received income of £10,530 (2023: £10,530) from Coastal Alliance Co-operative Trust (CACOT), of which Ms L StJohn is also a director. This income was in relation to the schools portion of the counselling costs and is therefore deemed to be a market-rate transaction. The amount outstanding from CACOT at the period end was £Nil (2023: £5,670).

The Charity did not enter into any other related party transactions during the current or prior period.