

REGISTERED COMPANY NUMBER: (England and Wales)

REGISTERED CHARITY NUMBER: 1198681

Report of the Trustees and

Unaudited Financial Statements for the Period 1st April 2023 to 31st March 2024

SingersResound

**Harrabeer Country House Hotel
Harrowbeer Lane
Yelverton
Devon
PL20 6EA**

Contents of the Financial Statements
for the period 1st April 2023 to 31st March 2024

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Report of the Trustees

for the period 1st April 2023 to 31st March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 1st April 2023 to 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

(England and Wales)

Registered Charity number

1198681

Registered office

Harrabeer Country House Hotel
Harrowbeer Lane
Yelverton
Devon
PL20 6EA

Trustees

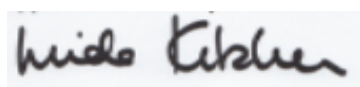
Ms L Kitchen

Ms L Winter

P Savidge

N J Cooper

Approved by order of the board of trustees on 31st January 2025 and signed on its behalf by:



Ms L Kitchen – Trustee

PRINCIPAL ACTIVITY AND CHARITABLE OBJECTIVES

The object of SingersResound is to preserve and protect the physical and mental health of opera and classical singers when they have encountered difficulties which impact their ability to perform. The charity fulfils this objective by providing a mentoring programme offering confidential support and education to help rebuild confidence and skills and to help alleviate isolation.

MISSION STATEMENT

The company's mission is to create a network of peers in which singers can receive support through challenges affecting their ability to work. SingersResound aims to facilitate the physical and mental wellbeing of classical singers through two key pathways; mentoring and workshops. SingersResound offers its service-users 4 hours of free mentoring. There are 15 mentors with a diversity of skills and vast experience in the opera and classical singing world. Much of the company's work takes place online, therefore beneficiaries face no geographic barriers to accessing the service. Beyond these confidential and private sessions SingersResound runs a programme of workshops, the object of which is to enable mentees to maintain contact with empathetic people, and to continue supporting and educating them.

MEMBERS

- Director (and mentor) – Linda Kitchen
- Trustees (and mentors) – Neal Cooper, Peter Savidge, Louise Winter
- Mentors at 31st March 2024 – Maureen Brathwaite, Imelda Drumm, Marta Fontanals- Simmons, John Graham-Hall, Clare McCaldin, Jorge Navarro-Colorado, Paul Nilon, Elin Pritchard, Phillip Rhodes, Kate Royal, John Savournin
- The 15 members of the company are all trained mentors for whom training and supervision was ongoing in the time period. The training and supervision was led by Senior Lecturer in Psychological Interventions at the University of Central Lancashire Lowri Dowthwaite-Walsh.
- Morag McLaren resigned as a mentor in November 2023, and Marta Fontanals-Simmons and John Savournin joined the mentor group in October 2023.

On the 8th November 2023, we were shocked and deeply saddened to learn of the sudden death of founding SingersResound member and mentor, Keel Watson. Led by members of his family, a tribute page for Keel was created, with donations being made to SingersResound in recognition of Keel's work for the charity, and his passion for the opera industry and the wellbeing of its performers. We are immensely grateful to Keel for his remarkable commitment and contribution to SingersResound since its establishment, and to each individual and organisation who made a donation to SingersResound in Keel's name following his death.

PARTNERSHIPS

The charity strengthened its partnership with the National Opera Studio, collaborating on an in-person workshop for its students, run by SingersResound mentor Dr Imelda Drumm.

ACTIVITY – OUTPUT AND IMPACT

- SingersResound continued to provide its service of online mentoring. 30 singers were mentored in the time period, and the beneficiaries ranged from students to early-, mid- and late-career singers.

- Delivery of 14 online workshops reaching over 160 participants. The workshops were hosted by a range of experienced industry professionals, including psychotherapist Phiroze Neemuchwala, opera choreographer Denni Sayers, and Senior Lecturer in Psychological Interventions at the University of Central Lancashire Lowri Dowthwaite-Walsh. The topics covered in the workshops included:

- Pilates; mobility with stability
- Courage: building self-belief and confidence
- Summer Strength and Stretch
- Laryngeal function and anxiety
- Fake it till you be it
- Authenticity in your personal brand
- Thoughts, feelings, emotions, body states and the voice
- Infertility, pregnancy and lactation
- Courage, warmth, and interpersonal behaviours that work

- In May 2023 SingersResound hosted its first in-person workshop for the students of the National Opera Studio in London. Dr Imelda Drumm presented her research on 'Hormones and the voice', raising awareness about the influence of hormones in professional singing with a particular focus on the female voice.

FINANCIAL REVIEW

During the financial year ending 31st March 2024, the charity reported:

Income: £1,994, primarily from donations

Expenditure: £9, 780, including costs related to workshops, training, and administrative expenses.

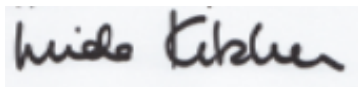
This year, SingersResound benefited from funds raised through MuchLoved.com, where supporters donated in memory of mentor Keel Watson. The platform provided a meaningful way to honour Keel's memory, while contributing to the charity's mission, raising a total of £1,994.

POLICIES

In line with its charitable obligation, the company has established a robust set of policies including; safeguarding; data protection; equal opportunities; health and safety; dignity at work; financial procedures.

DECLARATION

This report was approved by the board of trustees on 31.01.2025 and signed on their behalf by:



Linda Kitchen

Director and Trustee

Statement of Financial Activities
for the period 1st April 2023 to 31st March 2024

Statement of Financial Activities

		To 31 March 2024 £	1 May 2022 to 31 March 2023 £
	Notes		
Income from:			
Grants, donations and legacies		1,994	8,500
Total		<u>1,994</u>	<u>8,500</u>
Expenditure on:			
Charitable activities	1 2	9,780	2,901
Total		<u>9,780</u>	<u>2,901</u>
Net income		(7,786)	5,599
Total funds brought forward		19,909	14,310
Total funds carried forward		<u>12,123</u>	<u>19,909</u>

Balance Sheet

		Mar-24 £	Mar-24 £	Mar-23 £	Mar-23 £
	Notes				
Current assets					
Cash in bank and in hand		<u>12,123</u>		<u>20,209</u>	
		12,123		20,209	
Creditors (due within 1 year)	3	-		(300)	
Net current assets			<u>12,123</u>		<u>19,909</u>
Total assets			<u>12,123</u>		<u>19,909</u>
Funds					
General fund			12,123		19,909
			<u>12,123</u>		<u>19,909</u>

1 NET INCOME/(EXPENDITURE)

	1.4.23	1.5.22
Net income / (expenditure) is	to	to
stated after charging / (crediting):	31.3.24	31.3.23
	£	£
Accountancy	(300)	300

2 TRUSTEES' REMUNERATION AND BENEFITS

There were payments totalling £3,482.88 to one trustee who had incurred costs on behalf of the charity

3 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	-	300

4 Movement in funds

	31-Mar-24 £	Net movement in funds £	31-Mar-23 £
Unrestricted funds			
General fund	12,123	(7,786)	19,909
Total funds	12,123	(7,786)	19,909

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,994	9,780	(7,786)
Total funds	1,994	9,780	(7,786)

5 RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31st March 2024.

Detailed Statement of Financial Activities

	Notes	To 31 March 2024 £	1 May 2022 to 31 March 2023 £
Income from:			
Grants, donations and legacies		1,994	8,500
Total		1,994	8,500
Expenditure on:			
Charitable activities			
Training and mentoring		5,243	558
Support costs			
Management		3,168	1,705
Insurance and other costs		1,369	638
Total		9,780	2,901
Net income		(7,786)	5,599
Total funds brought forward		19,909	14,310
Total funds carried forward		12,123	19,909