

COOKING UP

England & Wales · Charity number 1198664

Details

Status Registered

Legal form CIO

Registered 2022-04-20

Register [View on the Charity Commission register](#)

Contact

Address Capital Office
124-128 City Road
London
EC1V 2NX

Phone 078410 24085

Email info@cookingup.org

Website www.cookingup.org

Activities

Objects: THE OBJECT OF THE CIO IS TO PRESERVE AND PROTECT GOOD HEATH FOR THE PUBLIC BENEFIT OF PEOPLE FACING FOOD POVERTY IN THE LONDON BOROUGH OF RICHMOND AND NEIGHBOURING BOROUGHs, BY TEACHING THEM HOW TO COOK LOW COST HEALTHY MEALS FOR THEMSELVES AND THEIR FAMILIES. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Activities: Cooking Up aims to advance the health and wellbeing of people facing challenging circumstances in the London Borough of Richmond and surrounding boroughs by teaching them to cook health, tasty food for themselves and their families.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** IN THE LONDON BOROUGH OF RICHMOND AND NEIGHBOURING BOROUGHHS
- Hounslow
- Kingston Upon Thames
- Richmond Upon Thames
- Wandsworth

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£77,817	£50,245	-	-
2024-12-31	£43,776	£30,654	-	-
2023-12-31	£32,324	£5,142	-	-
2022-12-31	£17,463	£1,446	-	-

Trustees

Name	Role	Appointed
Janet Hilton	Chair	2022-04-20
Alexia Maycock		2025-03-10
Anne-Mare Botha		2024-07-01
Belinda Marozzi		2022-04-20
John Harrison - Church		2022-04-20

COOKING UP

England & Wales - Charity number 1198664

Accounts



COOKING UP

Registered Charity Number: 1198664

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

For the Year Ended 31 December 2025

TRUSTEES' ANNUAL REPORT

1. Reference and Administrative Details

Charity Name: Cooking Up

Charity Number: 1198664

Principal Address: Capital Office, 124-128 City Road, London, EC1V 2NX

Trustees during the year and to the date of approval:

- Janet Hilton (Chair)
- Belinda Marozzi
- John Harrison-Church
- Anne-Marie Botha
- Alexia Maycock (appointed 10 March 2025)

Structure: Charitable Incorporated Organisation (CIO)

Governing document: Constitution dated 20 April 2022

2. Objectives and Activities

The charity was set up on 20 April 2022.

The charity's objective and its principal activity is that of enhancing the health and wellbeing of people facing challenging circumstances in the London Borough of Richmond and neighbouring boroughs, by enabling them to cook healthy, tasty food for themselves and their families.

We achieve this by teaching cookery classes from our mobile kitchens and working out of fixed hubs in the borough's most deprived wards.

Our objective over the next few years is to

- a. Further expand our reach by offering more classes in more locations through the borough and beyond;
- b. Develop our offer to include more opportunities for learning about food, including healthy vs unhealthy eating, nutrition and budgeting;
- c. Develop our offer to give clients more opportunities for social interaction.

3. Activities, Achievements and Performance

The trustees confirm that the activities of the charity since the start on 20 April 2022 are in accordance with the objectives set out.

Funding was secured from local authorities and local and national grant funding providers (£77,331) in furtherance of these objectives.

Cooking Up continues to support people in challenging circumstances, including families living in food poverty, people with disabilities and poor mental health, people facing social isolation and bereavement, carers, refugees and asylum seekers and care leavers.

During the course of the year, the charity held 92 cookery classes across its hubs in the London Borough of Richmond.

We provided over 1400 portions of food to families in our borough.

Course evaluations indicate an increase of between 31% and 37% in people strongly agreeing that they (1) felt confident cooking from scratch, (2) had a good knowledge of how to eat healthily, (3) know how to cook and shop on a budget and (4) know how to cook without waste after completing a Cooking Up course.

In 2025 the charity ran focus groups with ex-clients to enable it to further understand their needs and to inform the development of the charity for the future.

The charity has the following objectives for 2026-2029:

1. We will build the Charity's capabilities so that there is capacity for growth, with a focus on
 - a. Accelerate fundraising;
 - b. Digitising our finance operations to support growth;
 - c. Technology implementation (CRM) to improve interaction with clients; and
 - d. Recruiting additional operational resource.
2. We will improve and diversify our course offer so that more clients
 - a. Embed healthy cooking and eating habits;
 - b. Receive input tailored to their needs; and
 - c. Feel less isolated .

We will expand the Charity's reach by offering more classes in each hub, exploring a further location in LB Richmond and offering classes in neighbouring boroughs.

4. Financial Review

Total receipts for the year were £77,817 (2024: £43,776).

Total payments were £50,245 (2024: £32,134).

Net movement in funds for the year was £27,572 (2024: £11,642).

Closing cash funds at 31 December 2025 totalled £83,893 (2024: £54,841), comprising:

- £11,969 unrestricted funds
- £71,924 restricted funds

Reserves Policy

The trustees aim to maintain unrestricted reserves equivalent to approximately six months' normal operating expenditure, with a minimum of £15,000 in cash.

5. Structure, Governance and Management

The charity is a Charitable Incorporated Organisation (CIO), governed through its constitution in accordance with the requirements of the Charity Commission.

The trustees are responsible for strategic direction, financial oversight, and ensuring compliance with legal and regulatory requirements.

The trustees have the power to appoint additional trustees as it considers fit.

Risk management

The trustees have approved a risk management policy to assess business risk and implement best practice in risk management and have concluded that adequate systems are in place to manage these risks.

Processes to manage risks include:

- a. Identifying the risks in each activity and attributing responsibility;
- b. Prioritising risks according to their likelihood and impact;
- c. Determining acceptable levels of risk;
- d. Adopting appropriate measures to reduce risk to a minimum; and
- e. Monitor the management of risk.

The risk register is reviewed and approved by the Trustees on a regular basis.

Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are satisfied that the charity is eligible to prepare the financial statements on the receipts and payments basis and that the accounts comply with the requirements of the Charities Act 2011.

Approved by the trustees on: 6th May 2026

Signed on behalf of the trustees:

Janet Hilton

Janet Hilton
Chair of Trustees

ACCOUNTANTS' REPORT TO THE BOARD OF TRUSTEES ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF COOKING UP

Charity Number: 1198664

Responsibilities and Basis of Report

I report to the trustees on my examination of the accounts of Cooking Up ("the charity") for the year ended 31 December 2025.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the South African Institute of Chartered Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *Frederick Rabie*

Name: Frederick Rabie

Relevant professional qualification: Chartered Accountant (South Africa)

Address: 21 Bridgman Road, London, W4 5BA

Date: 6th May 2026

STATEMENT OF RECEIPTS AND PAYMENTS

For the Year Ended 31 December 2025

	Unrestricted (£)	Restricted (£)	Total (£)	Total 2024 (£)
Opening fund balances	15,052	41,269	56,321	43,199
Receipts				
Donations	178	-	178	495
Grants	-	77,331	77,331	43,217
Interest Income	308		308	64
Total Receipts	486	77,331	77,817	43,776
Payments				
Direct Project Cost	388	9,645	10,033	9,616
Indirect Project Cost	-	30,524	30,524	12,080
Fundraising Costs	-	2,874	2,874	-
Infrastructure Cost	3,181	3,633	6,814	10,438
Total Payments	3,569	46,676	50,245	32,134
Net movement for the year	(3,083)	30,655	27,572	11,642
Closing fund balances	11,969	71,924	83,893	54,841

STATEMENT OF ASSETS AND LIABILITIES

As at 31 December 2025

Cash Funds

	2025 (£)	2024 (£)
Bank current account	68,683	54,851
Instant Access Deposit Account	15,210	-
Total cash funds	83,893	54,851

NOTES TO THE ACCOUNTS

1. Basis of Preparation

The accounts for the current year have been prepared on a receipts and payments (cash) basis.

Comparative figures for the prior year have been restated on a cash basis. As a result, amounts previously shown as debtors and creditors have been excluded, and only cash and bank balances are reported.

2. Trustee Remuneration and Expenses

No trustee received remuneration during the year.

Trustees were reimbursed for the following expenditure:

Belinda Marozzi: £883, of which £354 was for general office expenditure and £529 for food and consumables for cooking classes.

John Harrison-Church: £790, of which £129 was for general office expenditure and £661 for food and consumables for cooking classes.

COOKING UP

England & Wales - Charity number 1198664

Accounts

Registered Charity Number: 1198664

COOKING UP
TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS
FOR THE YEAR END
31 December 2024

Quillpoint Accountancy
Ty Menter Navigation Park
Abercynon
Mountain Ash

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**REPORT OF THE TRUSTEES
FOR THE PERIOD ENDED 31 DECEMBER 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS1023) (effective 1 January 2019).

REFERENCE AND ADMINISTRATION

Charity name: Cooking Up

Charity registration number: 1198664

Registered office: Quillpoint Accounting Services, Ty Mentor, Navigation Park, Abercynon, Mountain Ash, CF45 4SN

TRUSTEES

Mr John Harrison-Church

Mrs Janet Hilton

Mrs Belinda Marozzi

Mrs Soumitra Padmanathan (resigned on 1 March 2024)

Mrs Anne-Marie Botha (appointed 1 July 2024)

Mrs Alexia Maycock was appointed after the Financial Statements date, on 10 March 2025

OBJECTIVES AND ACTIVITIES

The charity was set up on 20 April 2022.

The charity's objective and its principal activity is that of enhancing the health and wellbeing of people facing challenging circumstances in the London Borough of Richmond and neighbouring boroughs, by enabling them to cook healthy, tasty food for themselves and their families.

We achieve this by teaching cookery classes from our mobile kitchens, and working out of fixed hubs in the borough's most deprived wards.

Our objective over the next few years is to further expand our reach by offering more classes in more locations through the borough and beyond.

ACHIEVEMENTS AND PERFORMANCE

The trustees confirm that the activities of the charity since the start on 20 April 2022 is in accordance with the objectives set out. Funding was secured from local authorities and local grant funding providers (£43,712) in furtherance of these objectives.

We continue to support people in challenging circumstances, including families living in food poverty, people with disabilities and poor mental health, people facing social isolation and bereavement, carers, refugees and asylum seekers and care leavers.

During the course of the year, the charity held 88 cookery classes across its hubs in the London Borough of Richmond, involving 1,320 volunteer hours and covering 102 clients.

Our classes involved cooking and providing 1,668 portions of food.

Our course evaluations indicate an increase of between 31% and 37% in people strongly agreeing that they (1) felt confident cooking from scratch, (2) had a good knowledge of how to eat healthily, (3) know how to cook and shop on a budget and (4) know how to cook without waste after completing a Cooking Up course.

FINANCIAL REVIEW

The charity's income for the year was £43,776 (2023: £32,369), mostly arising from grant funding from local charitable foundations. Total expenditure was £30,654 (2023: £5,187). Total funds stand at £56,321 (2023: £43,199).

The trustees have reasonable expectation that the charity has adequate resources to continue in operation for the foreseeable future. For this reason, it has adopted the going concern basis for the preparation of its financial statements.

It is the policy of the trustees to maintain reserves of £10,000, to cover essential running costs for a minimum period of six months.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a Charitable Incorporated Organisation (CIO), and governed through its constitution in accordance with the requirements of the Charity Commission.

Recruitment and appointment of new trustees:

The trustees have the power to appoint additional trustees as it considers fit.

Risk management:

The trustees have approved a risk management policy to assess business risk and implement best practice in risk management, and have concluded that adequate systems are in place to manage these risks. The processes to manage risks include:

- Identifying the risks in each activity and attributing responsibility;
- Prioritising risks according to their likelihood and impact; determining acceptable levels of risk;
- Adopting appropriate measures to reduce risk to a minimum; and
- Monitor the management of risk.

The risk register is reviewed and approved by the Trustees on a regular basis.

**Accountants' Report to the Board of Trustees on the Preparation of the Unaudited
Statutory Account of**

Cooking Up

On accounts for the year ended: 31/12/2024

Charity no: 1198664

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of Association of International Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed by

grant Hutton

0b3-a04d-86927cad7d58..

Grant Hutton

Association of International Accountants
37 Oakland Street,
Bedlinog,
CF46 6TE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 December 2024

	Notes	Restricted Funds £	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Income and endowments from:					
Donations and legacies	2	43,217	495	43,712	32,324
Interest Income		-	64	64	45
Total		43,217	559	43,776	32,369
Expenditure on:					
Raising funds	3	160	-	160	1,065
Charitable activities	4	19,872	10,622	30,494	4,122
Total		20,032	10,622	30,654	5,187
Net income/(expenditure)		23,185	(10,063)	13,122	27,182
Reconciliation of funds:					
Total funds brought forward		18,084	25,115	43,199	16,017
Total funds carried forward		41,269	15,052	56,321	43,199

BALANCE SHEET

FOR THE YEAR ENDED 31 December 2024

	Notes	Restricted funds £	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets					
Tangible fixed assets	5	-	1,144	1,144	2,913
Total fixed assets		-	1,144	1,144	2,913
Current assets					
Debtors	6	-	433	433	516
Cash at bank and in hand		41,376	13,475	54,851	39,950
Total current assets		41,376	13,908	55,284	40,466
Creditors: amounts falling due within one year	7	107	-	107	180
Net current assets/(liabilities)		41,269	13,908	55,177	40,286
Total net assets or liabilities		41,269	15,052	56,321	43,199
Funds of the Charity					
Unrestricted funds		-	15,052	15,052	18,084
Restricted income funds		41,269	-	41,269	25,115
Total funds		41,269	15,052	56,321	43,199

The financial statements were approved by the Board on 5 April 2025 and signed on its behalf by:



Anne-Marie Botha

Chartered Accountant (South Africa)

Trustee

1 Accounting Policies

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.2 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the accounts.

2 Income from Donations and Legacies

	31 December 2024	31 December 2024	31 December 2023	31 December 2023
	Restricted £	Unrestricted £	Restricted £	Unrestricted £
Active Richmond	4,349	-	-	-
Richmond Council for Voluntary Service	-	-	1,500	-
Richmond Foundation	20,000	-	18,868	-
Hampton Fund	18,868	-	-	-
Web and other donations	-	495	-	11,938
	43,217	495	20,386	11,938

3 Expenditure on Raising Funds

	31 December 2024	31 December 2024	31 December 2023	31 December 2023
	Restricted £	Unrestricted £	Restricted £	Unrestricted £
Advertising & Marketing	160	-	976	89
	160	-	976	89

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 December 2024

4 Expenditure on Charitable Activities

	31 December 2024	31 December 2024	31 December 2023	31 December 2023
	Restricted £	Unrestricted £	Restricted £	Unrestricted £
Bank Charges	47	24	66	-
Branding & Design	621	310	-	-
Depreciation	-	621	881	80
Fixed Asset Write-off	-	2,913	-	-
Food, Facilitators & Consumables	5,376	4,240	791	277
Insurance	440	220	399	36
IT Cost	654	327	-	-
Legal & Professional Fees	818	409	-	-
Office & General Expenses	649	325	540	-
Printing & Stationary	280	140	-	-
Rent & Storage	173	911	332	-
Salaries & Wages	10,449	-	-	-
Training & Volunteer Expenses	365	182	720	-
	19,872	10,622	3,729	393

5 Tangible Fixed Assets

	Equipment (Unrestricted)	Total
Cost	£	£
At 01 January 2024	3,868	3,868
Additions	1,765	1,765
Write-offs	(3,868)	(3,868)
At 31 December 2024	1,765	1,765
Depreciation		
At 01 January 2024	955	955
Additions	621	621
Write-offs	(955)	(955)
At 31 December 2024	621	621
Carrying Amount – at 31 December 2024	1,144	1,144
Carrying amount – at 1 January 2024	2,913	2,913

6 Debtors: Amounts falling due within one year

	31 December 2024	31 December 2024	31 December 2023	31 December 2023
	Restricted £	Unrestricted £	Restricted £	Unrestricted £
Prepayments	-	433	172	344
	-	433	172	344

7 Creditors: Amounts falling due within one year

	31 December 2024	31 December 2024	31 December 2023	31 December 2023
	Restricted £	Unrestricted £	Restricted £	Unrestricted £
Accruals	107	-	-	180
	107	-	-	180

COOKING UP

England & Wales - Charity number 1198664

Accounts

REGISTERED CHARITY NUMBER: 1198664

COOKING UP

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31ST DECEMBER 2023**

COOKING UP

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COOKING UP

REPORT OF THE TRUSTEES **FOR THE PERIOD ENDED 31ST DECEMBER 2023**

The trustees present their report with the financial statements of the charity for the year ended 31st December 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES - Objectives and aims

The charity was set up on 20 April 2022

The charity's object and its principal activity is that of enhancing the health and wellbeing of people facing challenging circumstances in the London Borough of Richmond and neighbouring boroughs, by enabling them to cook healthy, tasty food for themselves and their families.

We achieve this by teaching cookery classes from our mobile kitchens, and working out of fixed hubs in the borough's most deprived wards.

Our objective over the next few years is further expand our reach by offering more classes in more locations throughout the borough and beyond.

ACHIEVEMENT AND PERFORMANCE - Charitable' activities

The trustees confirm that the activities of the charity since the start up of 20 April 2022 is in accordance with the objectives.

Funding was secured from local authorities (£20,386) and individuals in furtherance of these objectives (£11,938).

The charity has begun work with people facing food poverty in the London Borough of Richmond. A 5 week cookery course ran in November 2022, supporting families whose children were in receipt of Pupil Premium Funding. A new course begins in April 2023, providing cookery lessons to parents and children via a local Children's Centre. In May / June, a 5 week course will run in conjunction with two local disability charities, teaching their clients to cook independently.

The charity has so far taught 64 cookery lessons at the end of February 2024. We aim to teach an additional 40 courses during the remainder of 2024 with an average of 6 attendees per class. Our course evaluations show that people enjoy our classes and our food. They are learning how to cook from scratch, and taking home a nutritious meal for their families.

FINANCIAL REVIEW

The trustees have reasonable expectation that the Charity has adequate resources to continue in operation for the foreseeable future. For this reason it has adopted the going concern basis for the preparation of its financial statements.

It is the policy of the trustees to maintain reserves of £10,000, for essential running costs

STRUCTURE, GOVERNANCE AND MANAGEMENT - Governing document

The charity is a charitable incorporated organisation, and controlled and governed through its constitution according to the Charities Commission.

Recruitment and appointment of new trustees

The trustees have the power to appoint additional trustees as it considers fit.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATION

Registered Charity Number: 1198664

Registered Office: 7 Bell Yard
London
WC2A 2JR

COOKING UP

REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2023

Trustees

Mr John Harrison-Church

Mrs Janet Hilton

Mrs Belinda Marozzi

Mrs Soumitra Padmanathan

Approved by order of the board of trustees on 8 March 2024 and signed on its behalf by:

A handwritten signature in black ink, consisting of a stylized 'JH' followed by a long horizontal line.

John Harrison - Church (Trustee)

COOKING UP
Independent Examiner's Report
FOR THE PERIOD ENDED 31ST DECEMBER 2023

Independent Examiner's Report to the trustees of Cooking Up.

I report to the charity trustees on my examination of the accounts of Cooking Up for the year ended 31 December 2023, which are set out on pages 4 to 7.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) in preference to the Accounting and Reporting by Charities: Statement of Recommended practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.
- 3 the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J R Caladine FCCA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 12 March 2024

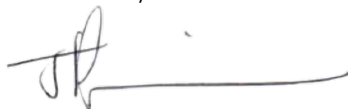
COOKING UP
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD ENDED 31ST DECEMBER 2023

				31 December 2023	20 April 2022 to 31 December 2022
	Notes	Restricted £	Unrestricted £	Total £	Total £
Income from Donations & legacies	2	20,386	11,938	32,324	17,463
Expenditure on raising funds	4	976	89	1,065	268
Expenditure on charitable activities	5	3,684	393	4,077	1,178
Total Expenditure		4,660	482	5,142	1,446
Income less expenses		15,726	11,456	27,182	16,017
Transfers		(1,500)	1,500	-	-
Brought forward 1 January 2023		3,858	12,159	16,017	-
Carried forward 31 December 2023		18,084	25,115	43,199	16,017

COOKING UP
STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2023

		31 December 2023		31 December 2022	
	Notes	Restricted £	Unrestricted £	Total £	Total £
Fixed Assets	6	-	2,913	2,913	-
Total Tangible Assets		-	2,913	2,913	-
Current assets:					
Debtors	7	172	344	516	254
Cash at bank and in hand		17,912	22,038	39,950	15,763
Total Current Assets		18,084	22,382	40,466	16,017
Total Assets		18,084	25,295	43,379	16,017
Creditors: Amounts falling due within one year	8	-	180	180	-
Net current assets		18,084	22,202	40,286	16,017
Total assets less current liabilities		18,084	25,115	43,199	16,017
Creditors: Amounts falling due after more than one year		-	-	-	-
Total net assets		18,084	25,115	43,199	16,017
Total funds of the charity					
Funds		18,084	25,115	43,199	16,017

The financial were approved by the Board of Trustees and authorised for issue 8 March 2024 and were signed on its behalf by:



John Harrison - Church
(Trustee)

COOKING UP

NOTES TO THE FINANCIAL STATEMENT **FOR THE PERIOD ENDED 31ST DECEMBER 2023**

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland Standard applicable in the UK and Republic of Ireland'.

The financial statements have been prepared under the historical cost convention, under the Receipts & Payments methodology.

Taxation

The charity is exempt from Corporation Tax on its charitable activities.

2 INCOME FROM DONATIONS & LEGACIES

	31 December 2023		20 April 2022 to 31 December 2022	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£		
Active Richmond	-	-	5,000	-
Richmond Council for Voluntary Service	1,500	-	-	-
Richmond Parish Land Charity	18,886	-	-	-
Web and other Donations	-	11,938	-	12,463
	20,386	11,938	5,000	12,463

3 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 December 2023 (2022: Nil)

There were no trustees' expenses paid for the period ended 31 December 2023 (2022: Nil)

4 EXPENDITURE ON RAISING FUNDS

	31 December 2023		20 April 2022 to 31 December 2022	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£	£	£
Marketing	976	89	-	268

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	31 December 2023		20 April 2022 to 31 December 2022	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£	£	£
Food and Consumables	791	277	417	-
Training	720	-	225	-
Rent	-	-	360	-
Insurance	399	36	85	-
Storage	332	-	-	-
Depreciation	881	80	-	-
P/L of assets	396	-	-	-
Bank Charges	66	-	-	41
Interest	(45)	-	-	(5)
Other	144	-	55	-
	3,684	393	1,142	36

COOKING UP

NOTES TO THE FINANCIAL STATEMENT **FOR THE PERIOD ENDED 31ST DECEMBER 2023**

6 FIXED ASSETS

	Equipment - unrestricted	
	Other	Total
Cost	£	£
At 1 January 2023	-	-
Additions	4,270	4,270
Disposals	(402)	(402)
At 31 December 2023	<u>3,868</u>	<u>3,868</u>
Depreciation		
At 1 January 2023	-	-
Additions	961	961
Disposals	(6)	(6)
At 31 December 2023	<u>955</u>	<u>955</u>
Carrying amount		
At 31 December 2023	<u>2,913</u>	<u>2,913</u>
At 31 December 2022	<u>-</u>	<u>-</u>

7 DEBTORS

	31 December 2023		20 April 2022 to 31 December 2022	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£		
Prepayments	172	344	254	-

8 CREDITORS: Amounts falling due within one year

	31 December 2023		20 April 2022 to 31 December 2022	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£		
Accruals	-	180	-	-

COOKING UP

England & Wales - Charity number 1198664

Accounts

REGISTERED CHARITY NUMBER: 1198664

COOKING UP

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31ST DECEMBER 2022**

COOKING UP

REPORT OF THE TRUSTEES **FOR THE PERIOD ENDED 31ST DECEMBER 2022**

The trustees present their report with the financial statements of the charity for the year ended 31st December 2022.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES - Objectives and aims

The charity was set up on 20 April 2022

The charity's object and its principal activity is that of advancing the health and wellbeing of people living in poverty.

We aim to achieve this by providing facilities, ingredients and tuition to enable individuals to pull themselves out of poverty by learning to cook healthier and in a more sustainable way.

Our objective over the next few years is to open a community kitchen in an area of high food poverty, staffed by volunteers. Individual will cook their own meals with the utensils, ingredients, recipes that we provide and either take away or eat at our communal table. Volunteers will be present to teach individuals or small group as required.

ACHIEVEMENT AND PERFORMANCE - Charitable' activities

The trustees confirm that the activities of the charity since the start up of 20 April 2022 is in accordance with the objectives.

Funding was secured from local authorities (£5,000) and individuals in furtherance of these objectives (£12,463).

The charity has begun work with people facing food poverty in the London Borough of Richmond. A 5 week cookery course ran in November 2022, supporting families whose children were in receipt of Pupil Premium Funding. A new course begins in April 2023, providing cookery lessons to parents and children via a local Children's Centre. In May / June, a 5 week course will run in conjunction with two local disability charities, teaching their clients to cook independently.

The charity has begun to make a difference locally, providing cooking skills, teaching healthy eating and food budgeting as well as enabling socially isolated people to meet in a relaxed environment.

Cooking Up has made significant links and partnerships with other local charities, enabling us to work together to improve outcomes across the borough.

FINANCIAL REVIEW

The trustees have reasonable expectation that the Charity has adequate resources to continue in operation for the foreseeable future. For this reason it has adopted the going concern basis for the preparation of its financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT - Governing document

The charity is a charitable incorporated organisation, and controlled and governed through its constitution according to the Charities Commission.

Recruitment and appointment of new trustees

The trustees have the power to appoint additional trustees as it considers fit.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATION

Registered Charity Number: 1198664

Registered Office: 10 Beechrow
Church Road
Ham
Richmond TW10 5HE

COOKING UP

REPORT OF THE TRUSTEES **FOR THE PERIOD ENDED 31ST DECEMBER 2022**

Trustees

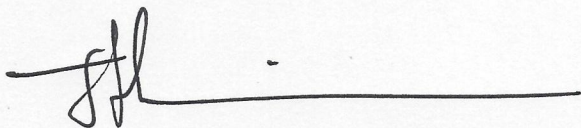
Mr John Harrison-Church

Mrs Janet Hilton

Mrs Belinda Marozzi

Mrs Soumitra Padmanathan

Approved by order of the board of trustees on 18 July 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'JH', followed by a long horizontal line extending to the right.

John Harrison - ChurchTrustee

COOKING UP
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD ENDED 31ST DECEMBER 2022

20 April
2022 to 31
December
2022

	Notes	Restricted £	Unrestricted £	Total £
Income from Donations & legacies	2	5,000	12,463	17,463
Expenditure on raising funds	4	-	268	268
Expenditure on charitable activities	5	1,142	36	1,178
Total Expenditure		1,142	304	1,446
Income less expenses		3,858	12,159	16,017

The notes form part of these financial statements

COOKING UP
STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2022

	Notes	31-Dec-22		
		Restricted	Unrestricted	Total
		£	£	£
Current assets:				
Debtors	6	254	-	254
Cash at bank and in hand		3,604	12,159	15,763
Total Current Assets		3,858	12,159	16,017
Creditors: Amounts falling due within one year		0	0	0
Net current assets		3,858	12,159	16,017
Total assets less current liabilities		3,858	12,159	16,017
Creditors: Amounts falling due after more than one year		0	0	0
Total net assets		3,858	12,159	16,017
Total funds of the charity				
Funds		3,858	12,159	16,017

The financial were approved by the Board of Trustees and authorised for issue 18 July 2023 and were signed on its behalf by:



John Harrison - Church
Trustee

COOKING UP

NOTES TO THE FINANCIAL STATEMENT **FOR THE PERIOD ENDED 31ST DECEMBER 2022**

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention.

Taxation

The charity is exempt from Corporation Tax on its charitable activities.

2 INCOME FROM DONATIONS & LEGACIES

	Restricted £	Unrestricted £
Active Richmond	5,000	-
Web Donation	-	12,463
	<u>5,000</u>	<u>12,463</u>

3 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 December 2022

There were no trustees' expenses paid for the period ended 31 December 2022

4 EXPENDITURE ON RAISING FUNDS

	Restricted £	Unrestricted £
Marketing	-	268

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £
Food and Consumables	417	-
Training	225	-
Rent	360	-
Insurance	85	-
Bank Charges	-	41
Interest	-	(5)
Other	55	-
	<u>1,142</u>	<u>36</u>

6 DEBTORS

	Restricted £	Unrestricted £
Prepayments	254	-