

HELP FOR CHANGE

England & Wales · Charity number 1198655

Details

Status Registered

Legal form CIO

Registered 2022-04-19

Register [View on the Charity Commission register](#)

Contact

Address 124 Whitechapel Road
London
E1 1JE

Phone 07983453688

Email info@helpforchange.co.uk

Website www.helpforchange.co.uk

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY IN THE UK AND BANGLADESH BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Activities: Help for Change is a London based community group that provides support, funding, and education to people of any age who are in need, low income, disable, Alzheimer's, Dementia and of any ethnic background.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bangladesh
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30		£404	£1,169	-
2023-11-30		£483	£1,413	-
2022-11-30		£299	£1,299	-

Trustees

Name	Role	Appointed
Sikder Abdul Quddus	Chair	2022-04-07
Farhana Rahman		2022-04-07
Mohammad Abdul Awal Talukder		2022-04-07

HELP FOR CHANGE

England & Wales - Charity number 1198655

Accounts

**HELP FOR CHANGE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

**HELP FOR CHANGE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
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**HELP FOR CHANGE
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2024**

Trustees

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Company Number

08282946 (England and Wales)

Registered Office

Unit 4
1st Floor, 124 Whitechapel Road
LONDON
E1 1JE

Accountants

MALAZA FEATURES LTD
ALDGATE CORNER, UNIT 104-E
102-105 WHITECHAPEL HIGH STREET
LONDON
E1 7RA

**HELP FOR CHANGE
(COMPANY NO: 08282946 ENGLAND AND WALES)
DIRECTORS' REPORT**

The trustees present their report and accounts for the year ended 30 November 2024.

Trustees

The following Trustees held office during the whole of the period:

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Statement of trustees responsibilities

The trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustess are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of trustees

.....
Md Abdul Awal Talukder
Trustees

Approved by the board on: 22 August 2025

HELP FOR CHANGE ACCOUNTANTS' REPORT

Accountants' report to the board of directors of HELP FOR CHANGE on the preparation of the unaudited statutory accounts for the year ended 30 November 2024

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of HELP FOR CHANGE for the year ended 30 November 2024 as set out on pages 6 - 8 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Trustees of HELP FOR CHANGE, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of HELP FOR CHANGE and state those matters that we have agreed to state to them, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than HELP FOR CHANGE and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that HELP FOR CHANGE has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of HELP FOR CHANGE. You consider that HELP FOR CHANGE is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of HELP FOR CHANGE. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

MALAZA FEATURES LTD

ALDGATE CORNER, UNIT 104-E
102-105 WHITECHAPEL HIGH STREET
LONDON
E1 7RA

22 August 2025

HELP FOR CHANGE
STATEMENT OF INCOME AND RETAINED EARNINGS
FOR THE YEAR ENDED 30 NOVEMBER 2024

	2024	2023
	£	£
Turnover	404	483
Administrative expenses	(1,169)	(1,413)
Operating loss	(765)	(930)
Loss on ordinary activities before taxation	(765)	(930)
Tax on loss on ordinary activities	-	-
Loss for the financial year	(765)	(930)
Retained earnings at the start of the year	(6,050)	(5,120)
Loss for the financial year	(765)	(930)
Dividends	-	-
Retained earnings at the end of the year	(6,815)	(6,050)

HELP FOR CHANGE
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2024

	Notes	2024 £	2023 £
Current assets			
Cash at bank and in hand		1,134	3,059
Creditors: amounts falling due within one year	4	(7,949)	(9,109)
Net current liabilities		(6,815)	(6,050)
Net liabilities		(6,815)	(6,050)
Capital and reserves			
Profit and loss account		(6,815)	(6,050)
Shareholders' funds		(6,815)	(6,050)

For the year ending 30 November 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

The financial statements were approved by the Board of Directors and authorised for issue on 22 August 2025 and were signed on its behalf by

Farhana Rahman
Trustees

Company Registration No. 08282946

**HELP FOR CHANGE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

1 Statutory information

HELP FOR CHANGE is a private company, limited by shares, registered in England and Wales, registration number 08282946. The registered office is Unit 4, 1st Floor, 124 Whitechapel Road, LONDON, E1 1JE.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

	2024	2023
	£	£
Loans from directors	7,849	9,009
Accruals	100	100
	<u>7,949</u>	<u>9,109</u>

5 Average number of employees

During the year the average number of employees was 0 (2023: 0).

**HELP FOR CHANGE
DETAILED PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 NOVEMBER 2024**

This schedule does not form part of the statutory accounts.

	2024	2023
	£	£
Turnover		
Fees	404	483
Administrative expenses		
Stationery and printing	700	-
Bank charges	235	187
Donations	-	1,000
Sundry expenses	34	26
Accountancy fees	200	200
	<u>1,169</u>	<u>1,413</u>
Operating loss	<u>(765)</u>	<u>(930)</u>
Loss on ordinary activities before taxation	<u>(765)</u>	<u>(930)</u>

HELP FOR CHANGE

England & Wales - Charity number 1198655

Accounts

Company Registration No. 08282946 (England and Wales)

**HELP FOR CHANGE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2023**

**HELP FOR CHANGE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
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**HELP FOR CHANGE
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2023**

Trustees

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Company Number

08282946 (England and Wales)

Registered Office

Unit 4
1st Floor, 124 Whitechapel Road
LONDON
E1 1JE

Accountants

MALAZA FEATURES LTD
UNIT 313, EAST LONDON WORKS
75 WHITECHAPEL ROAD
LONDON
E1 1DU

**HELP FOR CHANGE
(COMPANY NO: 08282946 ENGLAND AND WALES)
DIRECTORS' REPORT**

The directors present their report and accounts for the year ended 30 November 2023.

Trustees

The following directors held office during the whole of the period:

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to prepare accounts that comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors

Farhana Rahman
Trustees

Approved by the board on: 28 August 2024

HELP FOR CHANGE ACCOUNTANTS' REPORT

Accountants' report to the board of directors of HELP FOR CHANGE on the preparation of the unaudited statutory accounts for the year ended 30 November 2023

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the account FOR CHANGE for the year ended 30 November 2023 as set out on pages 6 - 8 from the company's accounting records a information and explanations you have given us.

This report is made solely to the Board of Directors of HELP FOR CHANGE, as a body, in accordance with the terms of o engagement. Our work has been undertaken solely to prepare for your approval the accounts of HELP FOR CHANGE an those matters that we have agreed to state to them, as a body, in this report. To the fullest extent permitted by law, we do accept or assume responsibility to anyone other than HELP FOR CHANGE and its Board of Directors as a body for our w this report.

It is your duty to ensure that HELP FOR CHANGE has kept adequate accounting records and to prepare statutory accour give a true and fair view of the assets, liabilities, financial position and loss of HELP FOR CHANGE. You consider that HE CHANGE is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of HELP FOR CHANGE. For this reason, w not verified the accuracy or completeness of the accounting records or information and explanations you have given to us do not, therefore, express any opinion on the statutory accounts.

MALAZA FEATURES LTD

UNIT 313, EAST LONDON WORKS
75 WHITECHAPEL ROAD
LONDON
E1 1DU

28 August 2024

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**HELP FOR CHANGE
STATEMENT OF INCOME AND RETAINED EARNINGS
FOR THE YEAR ENDED 30 NOVEMBER 2023**

	£	2023	2022
Turnover		483	299
Administrative expenses		-1,413	-1,299
Operating loss		-930	-1,000
Loss on ordinary activities before taxation		-930	-1,000
Tax on loss on ordinary activities	-	-	-
Loss for the financial year		-930	-1,000
Retained earnings at the start of the year		-5,120	-4,120
Loss for the financial year		-930	-1,000
Dividends	-	-	-
Retained earnings at the end of the year		-6,050	-5,120

**HELP FOR CHANGE
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2023**

	Notes	2023 £	2022 £
Current assets			
Cash at bank and in hand		3,059	4,189
Creditors: amounts falling due within one year	4	-9,109	-9,309
Net current liabilities		-6,050	-5,120
Net liabilities		-6,050	-5,120
Capital and reserves			
Profit and loss account		-6,050	-5,120
Shareholders' funds		-6,050	-5,120

For the year ending 30 November 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

The financial statements were approved by the Board of Directors and authorised for issue on 28 August 2024 and were signed on its behalf by

Farhana Rahman
Trustees

Company Registration No. 08282946

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**HELP FOR CHANGE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2023**

1. Statutory information

HELP FOR CHANGE is a private company, limited by shares, registered in England and Wales, registration number 08282946. The registered office is Unit 4, 1st Floor, 124 Whitechapel Road, LONDON, E1 1JE.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

	2023	2022
	£	£
4 Creditors: amounts falling due within one		
Loans from directors	9,009	9,009
Accruals	100	300
	9,109	9,309

5 Average number of employees

During the year the average number of employees was 0 (2022: 0).

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HELP FOR CHANGE DETAILED PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 30 NOVEMBER 2023

This schedule does not form part of the statutory accounts.

	2023	2022
	£	£
Turnover		
Fees	483	299
Administrative expenses		
Bank charges	187	99
Donations	1,000	1,000
Sundry expenses	26 -	
Accountancy fees	200	200
	1,413	1,299
Operating loss	-930	-1,000
Loss on ordinary activities before taxation	-930	-1,000

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HELP FOR CHANGE

England & Wales - Charity number 1198655

Accounts

**HELP FOR CHANGE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2022**

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ANNUAL REPORT AND UNAUDITED ACCOUNTS
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**HELP FOR CHANGE
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 20**

Trustees

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Company Number

08282946 (England and Wales)

Registered Office

Unit 4
1st Floor, 124 Whitechapel Road
LONDON
E1 1JE

Accountants

MALAZA FEATURES LTD
UNIT 313, EAST LONDON WORKS
75 WHITECHAPEL ROAD
LONDON
E1 1DU

**HELP FOR CHANGE
(COMPANY NO: 08282946 ENGLAND AND WALES)
TRUSTEES' REPORT**

The directors present their report and accounts for the year ended 30 November 2022.

Trustees

The following directors held office during the whole of the period:

Farhana Rahman
Abdul Quddus Sikder
Md Abdul Awal Talukder

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regi

Company law requires the trustees to prepare accounts for each financial year. Under that law, the trustees ha
prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kin
Standards and applicable law). Under company law the directors must not approve the accounts unless they a
give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that p
these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will c

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain t
transactions and disclose with reasonable accuracy at any time the financial position of the company and enat t
that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets
hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Pa
Companies Act 2006.

Signed on behalf of the board of directors

Farhana Rahman
Trustees

Approved by the board on: 21 August 2023

HELP FOR CHANGE ACCOUNTANTS' REPORT

Accountants' report to the board of trustees of HELP FOR CHANGE on the preparation of the statutory accounts for the year ended 30 November 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the statutory accounts of HELP FOR CHANGE for the year ended 30 November 2022 as set out on pages 6 - 8 from the company's accounting information and explanations you have given us.

This report is made solely to the Board of Trustees of HELP FOR CHANGE, as a body, in accordance with the engagement. Our work has been undertaken solely to prepare for your approval the accounts of HELP FOR CHANGE on those matters that we have agreed to state to them, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than HELP FOR CHANGE and its Board of Directors as a body in connection with this report.

It is your duty to ensure that HELP FOR CHANGE has kept adequate accounting records and to prepare the statutory accounts to give a true and fair view of the assets, liabilities, financial position and loss of HELP FOR CHANGE. You consider whether HELP FOR CHANGE is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of HELP FOR CHANGE. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given us, therefore, we do not express any opinion on the statutory accounts.

MALAZA FEATURES LTD

UNIT 313, EAST LONDON WORKS
75 WHITECHAPEL ROAD
LONDON
E1 1DU

21 August 2023

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HELP FOR CHANGE
STATEMENT OF INCOME AND RETAINED EARNINGS
FOR THE YEAR ENDED 30 NOVEMBER 2022

	2022	2021
	£	£
Turnover	299	160
Administrative expenses	(1,299)	(163)
Operating loss	(1,000)	(3)
Loss on ordinary activities before taxation	(1,000)	(3)
Tax on loss on ordinary activities	-	-
Loss for the financial year	(1,000)	(3)
Retained earnings at the start of the year	(4,120)	(4,117)
Loss for the financial year	(1,000)	(3)
Dividends	-	-
Retained earnings at the end of the year	(5,120)	(4,120)

HELP FOR CHANGE
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2022

	Notes	2022 £	2021 £
Current assets			
Cash at bank and in hand		4,189	5,339
Creditors: amounts falling due within one year	4	(9,309)	(9,459)
Net current liabilities		<u>(5,120)</u>	<u>(4,120)</u>
Net liabilities		<u>(5,120)</u>	<u>(4,120)</u>
Capital and reserves			
Profit and loss account		(5,120)	(4,120)
Shareholders' funds		<u>(5,120)</u>	<u>(4,120)</u>

For the year ending 30 November 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

The financial statements were approved by the Board of Directors and authorised for issue on 21 August 2023 and were signed on its behalf by

Farhana Rahman
Director

Company Registration No. 08282946

**HELP FOR CHANGE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2022**

1 Statutory information

HELP FOR CHANGE is a private company, limited by shares, registered in England and Wales, registration number 08282946. The registered office is Unit 4, 1st Floor, 124 Whitechapel Road, LONDON, E1 1JE.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

	2022	2021
	£	£
Loans from directors	9,009	9,159
Accruals	300	300
	<u>9,309</u>	<u>9,459</u>

5 Average number of employees

During the year the average number of employees was 0 (2021: 0).

**HELP FOR CHANGE
DETAILED PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 NOVEMBER 2022**

This schedule does not form part of the statutory accounts.

	2022	2021
	£	£
Turnover		
Fees	299	160
	<hr/>	<hr/>
Administrative expenses		
Bank charges	99	-
Donations	1,000	-
Sundry expenses	-	13
Accountancy fees	200	150
	<hr/>	<hr/>
	1,299	163
	<hr/>	<hr/>
Operating loss	(1,000)	(3)
	<hr/>	<hr/>
Loss on ordinary activities before taxation	(1,000)	(3)
	<hr/> <hr/>	<hr/> <hr/>