

UNITED HANDS FOODBANK WELLBEING HUB CIO

England & Wales · Charity number 1198596

Details

Other names UNITED HANDS FOODBANK WELLBEING HUB

Status Registered

Legal form CIO

Registered 2022-04-12

Register [View on the Charity Commission register](#)

Contact

Address United Hands Food Bank
SMETHWICK CRICKET & ATHLETIC CLUB
Broomfield
Smethwick
B67 7DH

Phone 01218202764

Email jas@unitedhandsfoodbank.org

Website www.unitedhandsfoodbank.org

Activities

Objects: THE OBJECTS OF THE CIO, TO BE CARRIED OUT IN SANDWELL AND BIRMINGHAM, ARE:A) THE PREVENTION OR RELIEF POVERTY FOR THE PUBLIC BENEFIT THROUGH THE OPERATION OF A FOODBANK OFFERING FOOD AND LINKED SUPPORT, SERVICES AND ADVICE TO INDIVIDUALS AND FAMILIES IN FINANCIAL NEED TOGETHER WITH AN EMERGENCY HOUSEHOLD REPAIR SERVICE;B) THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH AND WELLBEING FOR THE PUBLIC BENEFIT THROUGH THE PROVISION OF FREE HEALTH PROMOTION ADVICE, HEALTH CHECKS, INFORMATION, SUPPORT AND OPPORTUNITIES TO PARTICIPATE IN RECREATIONAL ACTIVITIES WHICH PROMOTE HEALTHY ACTIVE LIFESTYLES;C) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE THROUGH: • THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE; • PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.

Activities: United Hands Food Bank - Well-being Hub ActivitiesOur MissionUnited Hands Food Bank operates as a comprehensive well-being hub, serving vulnerable individuals and families across all communities with dignity and respect. We believe that access to nutritious food and wellness support should be available to everyone, regardless of background or circumstances.Food Bank Services

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Recreation
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Birmingham City
- Sandwell

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,003	£793	-	-
2024-03-31	£1,000	£950	-	-
2023-03-31	£208	£200	-	-

Trustees

Name	Role	Appointed
Jasbir Singh Takhar	Chair	2026-05-04
Alan Malcolm Rudge		2022-04-12
Gian Singh		2025-09-10

UNITED HANDS FOODBANK WELLBEING HUB CIO

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Accounts

UNITED HANDS FOOD BANK

Well-being Hub

Charity Number: 1198596

FINANCIAL ACCOUNTS

For the Year Ended 31 March 2025

INCOME AND EXPENDITURE ACCOUNT

For the year: 31 March 2024 to 31 March 2025

INCOME	£
Donation from Apex Energy Solution Worldwide Ltd	11,000.00
TOTAL INCOME	11,000.00
EXPENDITURE	£
Rent	4,800.00
Accountant Fees	650.00
Utility Bills	1,250.00
BT Bill (Telephone & Internet)	480.00
Insurance	720.00
Food Parcels for Vulnerable People	2,952.00
TOTAL EXPENDITURE	10,852.00
SURPLUS FOR THE YEAR	148.00

BALANCE SHEET

As at 31 March 2025

CURRENT ASSETS	£
Cash at Bank	148.00
TOTAL ASSETS	148.00
REPRESENTED BY:	£
Accumulated Fund	148.00
TOTAL FUNDS	148.00

NOTES TO THE ACCOUNTS

1. Accounting Policies

These accounts have been prepared on a receipts and payments basis in accordance with the Charities Act 2011.

2. Principal Donor

The charity gratefully acknowledges the donation of £11,000 received from Apex Energy Solution Worldwide Ltd during the financial year.

3. Charitable Activities

The charity's primary activity is the provision of food parcels and well-being support to vulnerable people in the community.

Approved by the Trustees on: _____

Signed: _____

Trustee

Date: _____

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Accounts

United Hands Foodbank Wellbeing Hub CIO
 Apex House
 Smethwick Cricket & Athletic
 Smethwick
 B67 7DH

Profit & Loss Account for period		1/04/2023 - 31/03/2024			
		DR			CR
Donations					0
COS			0		
Gross Profit			0		0
<u>Expenditure</u>					
Insurance			330		
Telephone/Broadband			627.6		0
Net Profit					0

UNITED HANDS FOODBANK WELLBEING HUB CIO

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Accounts

Name United Hands Foodbank Wellbeing Hub CIO
Period 12/04/2022 - 31/03/2023
Annual accounts P&L

Income 208

Accountancy 200

Net profit 8