

WOMEN 4 WOMEN EMPOWERMENT

England & Wales · Charity number 1198563

Details

Status Registered

Legal form CIO

Registered 2022-04-08

Register [View on the Charity Commission register](#)

Contact

Address Flat 21 Cranbourn House
Marigold Street
London
SE16 4PF

Phone 07392021643

Email rugiaturanu@gmail.com

Website w4we.co.uk

Activities

Objects: TO ADVANCE EDUCATION AND TO RELIEVE FINANCIAL NEED BY PROVIDING VOCATIONAL TRAINING, FOCUSING ON ENTERPRISE DEVELOPMENT, HEALTH AND SOCIAL CARE AND AGRI-BUSINESS, IN PARTICULAR BUT NOT EXCLUSIVELY TO WOMEN IN SIERRA LEONE, TO ENABLE THEM TO EARN THEIR OWN LIVING.

Activities: Women4Women Empowerment is a UK registered charity seeking to empower women through vocational training and business development activities in Sierra Leone as well in the UK. In the UK, our empowerment work focuses on assisting women from Black and Ethnic Minority Communities overcome cultural and religious barriers and access the support they need to recover and rebuild their lives.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Sierra Leone
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£300	£200	-	-
2024-04-01	£5,750	£650	-	-
2023-04-01	£3,000	£1,500	-	-

Trustees

Name	Role	Appointed
Rugiatu Kanu	Chair	2022-04-08
Amadu Kanu		2022-04-08
Haja Fatima Kanu		2022-04-08
SAFFIATU RAHIM		2025-10-26

WOMEN 4 WOMEN EMPOWERMENT

England & Wales - Charity number 1198563

Accounts



WOMEN 4 WOMEN EMPOWERMENT ANNUAL REPORT (2024/2025).

Introduction

Welcome to Women 4 Women Empowerment (W4WE)'s Annual Report.

Women 4 Women Empowerment (W4WE) is a charity dedicated to improving women's mental wellbeing and actively campaigning against hygiene poverty in Southwark. We believe that access to essential hygiene products is a basic human right, not a luxury. Our charity supports women on low incomes, those who are unemployed, and people experiencing homelessness within the Southwark community, particularly from Black and Ethnic Minority backgrounds.

Statistics show that over nine million people in the UK are currently living in hygiene poverty. The rising cost of living has forced many low-income individuals to neglect their personal hygiene needs. At W4WE, we stand firm in our belief that no one should face stigma, exclusion, or segregation because of poor hygiene. We are committed to restoring dignity, promoting wellbeing, and empowering women to live with confidence and self-respect.

Message from the Chair of Trustees

At W4WE, we believe that collaboration and partnership are key to achieving meaningful impact for our beneficiaries. Building strong partnerships not only sustains our projects but also strengthens our ability to maintain ongoing activities within the community. Our charity secured valuable partnerships with Beauty Banks, Goods for Good, Community Southwark, and Prince of Peace Ministry. The generous donation we received from Beauty Banks during the year 2024 was equivalent to £5,000.00 as reflected in our Receipt and Payment Account under the Donations Section, which was instrumental in supporting our hygiene project. Both Beauty Banks and Goods for Good have been among our strongest supporters, consistently providing products and essential women's items that enable us to freely distribute hygiene supplies to our beneficiaries (see photos at page3).

On behalf of W4WE, I would like to express our sincere appreciation to Beauty Banks and Goods for Good for their continued generosity and partnership. We look forward to building on these relationships for the benefit and well-being of the communities we serve.

Rugiatu Kanu

A handwritten signature in black ink, appearing to read "Rugiatu Kanu".

Chair of Trustees
W4WE

Our Vision

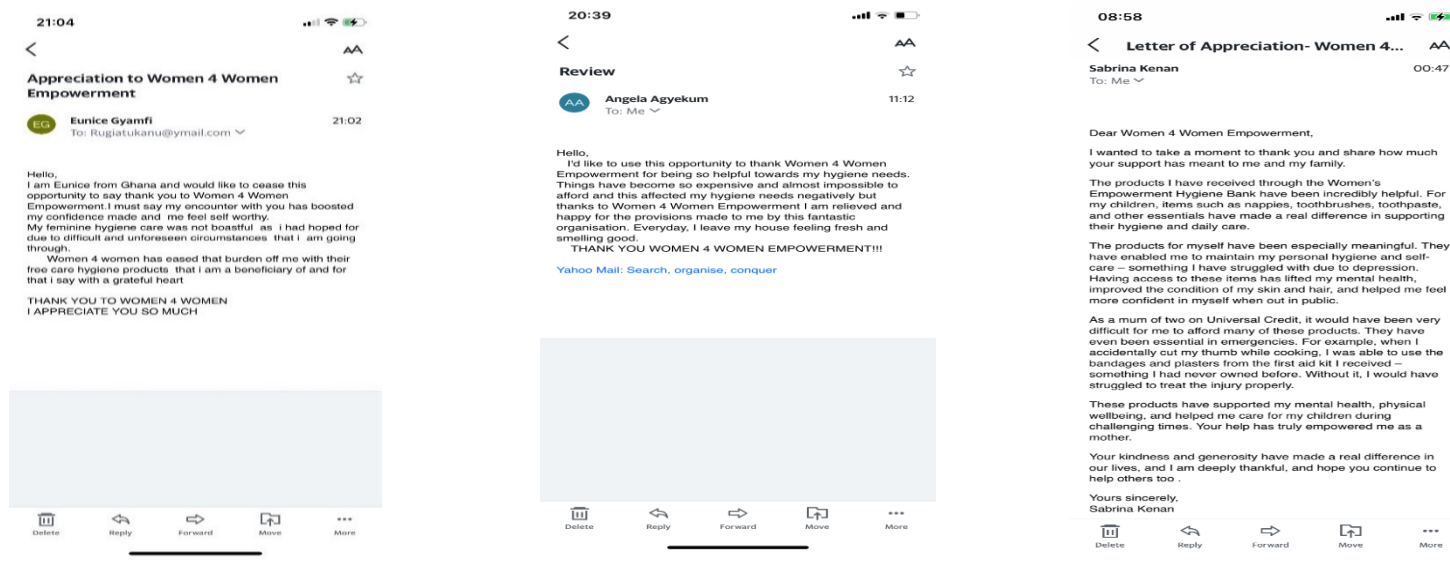
Our vision is a Southwark where every woman lives with dignity and has access to adequate hygiene, and where women are empowered to lead and participate in community development towards social and economic independence.

Our Mission

Our mission is to uplift and empower women in Southwark by providing access to essential hygiene products, clothing, and social support services. We strive to restore dignity, promote well-being, and create pathways toward long-term sustainability.

Our Impact

Through our initiatives, W4WE distributes free toiletries, cosmetics, sanitary towels, and other hygiene essentials to women in need. Since 2024, we have restored dignity to 1,986 women in Southwark. The ongoing cost-of-living crisis makes it increasingly difficult for women on low incomes to afford essential hygiene products. W4WE works closely with our beneficiaries and community partners to ensure women can maintain good hygiene and personal wellbeing. Please see screenshot of selection of appreciation emails from some of our beneficiaries.



Community Engagement

Below are some photos showcasing the distribution of hygiene products within the Southwark community, highlighting our ongoing engagement and support efforts.



Our Future Plan:

- Restore dignity by providing practical and emotional support to women facing hardship.
- Empowering low income and unemployed women to rebuild their confidence, independence, and sense of purpose.
- To expand our impact by seeking more partnerships with like-minded organisations/charities, businesses, and community groups.
- Raise awareness about mental health, helping women understand where to seek help and encouraging open conversations that break stigma.
- Empower women to engage actively in their communities, fostering connection, leadership, and self-reliance.
- Deliver workshops and community initiatives that build resilience, promote wellbeing, and create pathways for growth.

Charity Trustees:

Amadu Kanu
Saffiatu Rahim
Haja Fatima Kanu

Contact Details

See letterhead below:



21 Cranbourne House,
Marigold Street, London,
SE16 4PF,



info@w4we.co.uk



www.w4we.co.uk



+44 7392021643



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name WOMEN 4 WOMEN EMPOWERMENT	No (if any) 1198563
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CC16a

Receipts and payments accounts

For the period from	Period start date 01/11/2024	To	Period end date 01/11/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising	-	100	-	100	-
Donation	200	-	-	200	5,750
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	200	100	-	300	5,750
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	200	100	-	300	5,750
A3 Payments					
Printing	60	-	-	60	-
Stationary	40	-	-	40	-
Transport	100	-	-	100	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	200	-	-	200	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	200	-	-	200	-
Net of receipts/(payments)	-	100	-	100	5,750
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	100	-	100	5,750

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RUGIATU KANU	17/11/2025

WOMEN 4 WOMEN EMPOWERMENT

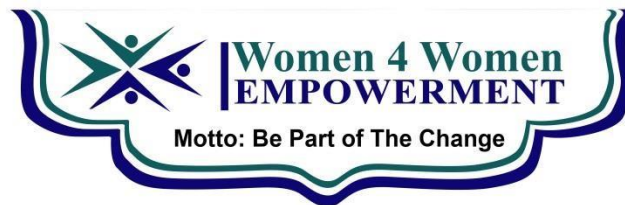
England & Wales - Charity number 1198563

Accounts

WOMEN FOR WOMEN EMPOWERMENT

Annual Report

2023/2024



Women ➡ *Empower* ➡ *Women*

Introduction

Women 4 Women Empowerment (W4WE) is an organization that supports women in Southeast London (Southwark). This organisation was aimed to support women from Black and Ethnic Minority groups experiencing Mental Health problems but owing to cultural and other barriers are reluctant or unwilling to access mainstream support. However, during the interaction that we had with our beneficiaries, we discovered that instead of focusing only on dealing with mental health, we can make deeper and wider impact if we also look at the factors that lead women to having mental health issues in the first place. Our breakthrough came in December 2022 when we partnered with two other voluntary organisations (Active Children Youth Centre and Prince of Peace Ministry), upon which we decided to embark in supporting women through the distribution of Toiletries and Sanitary pads. In 2023, we also partnered with Beauty Banks. This partnership allows us to expand our Hygiene Bank programme called “Women 4 Women Hygiene Bank.” However, Women 4 Women Hygiene Bank supports the homeless and unemployed breastfeeding women who live in Southwark to maintain their dignity and good hygiene.

Message from the Chair of Trustees

Welcome to Women 4 Women Empowerment’s Annual Report 2023-2024. As a registered organisation, we were able to collaborate with other organisations as we saw the importance of working together. This method also provided us the opportunities to enrol on series of training sessions, attend conferences and meetings. The skills that our staff obtained enabled us to provide high standard of services to our beneficiaries within the community. We were also able to join the UN Portal for voluntary organisations, which gave us access to a lot of materials, resources, networking opportunities, and provided us with series of training sessions

and some of these include, 'Understanding Strategic Collaboration, Adding Value through People: Human Resources,' among others.

I am delighted to report that we are also a member of the Community Southwark. Community Southwark has enabled us to discover other organisations that are doing excellent work within the health and wellbeing sector. I am equally delighted to report that we are also partnering with Mentor Net organisation to support women who lack confidence and self-esteem to be able to recover and build them through peer-to-peer mentorship schemes. We aim to maximise and put into good use of these collaborations and partnerships that we have established during our first year of operation in the coming years. Our organisation recognises and appreciates the importance of collaboration for the interest of our beneficiaries. We look forward to be Working closely with other organisations for a better outcome.

Our Vision

Women 4 Women Empowerment's vision is to see that women in deprived communities are socially and economically empowered and active and making valuable contributions within their communities and in the wider society. In the next three years, we want to see an increasing number of women engage in community development work geared towards their social and economic independence.

Our Mission

Women 4 Women Empowerment's mission is to empower women through vocational and skills training programmes and assist them in monetising their domestic skills.

Our Impact

As a newly established organisation designed to support and empower women, our opportunity to make positive impact through the distribution of toiletries and sanitary pads to homeless and unemployed women help to keep their dignity and maintain good hygiene.

Community engagement/Activities:

The high costs of living have put enormous pressure on homeless women and unemployed breastfeeding women to adequately maintain good hygiene. Due to the intervention of W4WE, we were able to help 298 women who are really struggling to keep up with their hygiene from 2023-2024. This has been an ongoing project in ensuring that our beneficiaries continue to adequately maintain their hygiene. We were also able to refer 310 beneficiaries to Southwark Council to help them with the costs of living.



The distribution of hygiene products within our community (Southwark).

Our Future Plans:

1. We would like to expand our hygiene distributions in Southwark and beyond.
2. We intend to do more partnership with another hygiene organisations.
3. Regarding the Mental health section, we would like to deliver some workshops to address the underlining factors that lead to mental health.
4. We would encourage women to speak out if they think that they have been abused and intimidated. Empowering a woman means that we have empowered others.

Charity Trustees:

Amadu Kanu
Haja Fatmata Kanu
Adama Bangura
Abdul Kanu

CONTACT DETAILS

Address:

21 Cranbourne House
Marigold Street
London SE16 4PF

Email:

info@women4womenempowerment.org.uk or Rugiatukanu@ymail.com

Website:

W4WE.org.uk



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Women 4 Women Empowerment	No (if any) 1198563
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CC16a


Receipts and payments accounts

For the period from	01/11/2023	To	01/11/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising	-	-	-	-	2,000
Donation	-	5,750	-	5,750	1,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	5,750	-	5,750	3,000
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	5,750	-	5,750	3,000
A3 Payments					
Printing	-	400	-	400	-
Stationery	-	100	-	100	-
Transport	-	150	-	150	-
Hygiene Support	-	-	-	-	1,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	650	-	650	1,500
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	650	-	650	1,500
Net of receipts/(payments)	-	5,100	-	5,100	1,500
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	5,100	-	5,100	1,500

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	7,500	-
		-	-	-
		-	-	-
	Total cash funds	100	7,500	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		RUGIATU KANU	01/11/2024	

WOMEN 4 WOMEN EMPOWERMENT

England & Wales - Charity number 1198563

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Women 4 Women Empowerment	No (if any) 1198563
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CC16a


Receipts and payments accounts

For the period from	19/11/2023	To	19/11/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising	-	-	-	-	2,000
Donation	-	5,750	-	5,750	1,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	5,750	-	5,750	3,000
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	5,750	-	5,750	3,000
A3 Payments					
Printing	-	400	-	400	-
Stationery	-	100	-	100	-
Transport	-	150	-	150	-
Hygiene Support	-	-	-	-	1,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	650	-	650	1,500
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	650	-	650	1,500
Net of receipts/(payments)	-	5,100	-	5,100	1,500
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	5,100	-	5,100	1,500

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	7,500	-
		-	-	-
		-	-	-
	Total cash funds	100	7,500	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		RUGIATU KANU	19/11/2024	

WOMEN FOR WOMEN EMPOWERMENT

Annual Report

2023/2024



Women ➡ *Empower* ➡ *Women*

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