



New Chapters
Annual Report and Accounts to 31st March 2024

Registered Charity 1198531
A Charitable Incorporated Organisation

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Report of the Trustees

In presenting this report the trustees would like to express their sincere thanks to all those whose vision, commitment and hard work have achieved so much in a short time.

Summary of the main purposes of the charity

New Chapters provides much-needed affordable drug and alcohol recovery for people in Coventry, Warwickshire and the surrounding area. The core aims of New Chapters are to:

- Empower clients in achieving and sustaining abstinence from drugs and/or alcohol
- Enable residents to build the foundations of independent living.
- Repair relationships and build stronger family bonds.
- Support vulnerable adults to return to work by developing their employability skills.

Additional benefits to the local community will be to:

- Reduce the number of clients on benefits.
- Reduce the rate of drug-related crime.
- Reduce the number of NHS A&E bed-days used by those with drug and alcohol-related trauma or illness.

Summary of main activities in pursuit of these objects

We aim to provide affordable, long-term residential support for recovery from drug and alcohol addiction. Our three-stage programme will support people to overcome addiction and build a fulfilling life.

Stage 1: becoming substance free

Residents will focus on becoming drug and alcohol-free through a community detox overseen by external medical professionals. They will live in our Stage 1 care facility, supported by trained staff. Through our daily, timetabled programme, residents will explore their addiction and develop tools to guide them in recovery, from managing finances to forming healthy relationships, life skills and social skills. The property will have on-site staff and/or volunteers 24 hours each day.

New Chapters will introduce "The 12 Steps" internally through group work and externally by attending fellowship meetings in the community.

Stage 2: independence and maintenance

When residents are ready they will move into our Stage 2 property where they will gain more responsibility for themselves and others. They will continue to engage in part of the Stage 1 timetable, focusing on becoming more independent. As part of this, residents in the Stage 2 will be encouraged to provide peer support for those in Stage 1.

Stage 3: aftercare and peer support

In Stage 3, residents will move into independent living. New Chapters will work with individuals who have completed Stages 1 and 2 to secure privately rented accommodation or social housing.

New Chapters will provide ongoing support to live in the community and move into training, volunteering and employment. We believe it is crucial for those in recovery to share their experience, and we will provide volunteering opportunities at New Chapters for those entering Stage 3.

As part of our Aftercare Programme, individuals will be invited to engage in a monthly therapeutic group to share their experiences, emotions and any struggles they face in recovery. We believe this connection is vital for their ongoing recovery.

Statement on public benefit

What is the need?

- Over 6,000 people are drug or alcohol dependent in Warwickshire
- The service receives over 2,000 referrals a year across Coventry and Warwickshire.
- Over 200 people in Leamington Spa alone are registered with Council commissioned drug and alcohol services.

Drug and alcohol Addiction destroys families, deprives children of parents and increases crime. One chaotic individual in addiction can cause huge harm in our towns.

Sadly, there is limited public budget for supporting people in addiction. Private beds often cost £ thousands per week for the individual, which is completely out-of-reach for those living in homelessness and poverty.

Our work will save the police, NHS and social services an estimated £5.22 for every £1 spent on addiction rehabilitation and recovery.

Our work will also help rebuild families. We will provide a safe space for individuals to get together with our trained counsellor to talk about the impact addiction has had on them and the family as a whole. We will explore healthy boundaries and help them learn how to rebuild trust again.

Achievements and performance

The year to 31 March 2024 has been primarily fund-raising to accumulate reserves and working capital to enable leasing a property, employing staff and starting to provide services later in 2024. To that extent New Chapters had, as at 31st March 2024 built up £135,728 of unrestricted and available reserves.

Since the financial year end, the charity has leased a property to use as the supported accommodation (stage 1 – the **New Chapters Recovery House**). The property is now being prepared to enable the charity to start accepting its first residents in June 2024.

Whilst finding and preparing a property for the supported accommodation service, the charity also launched the **New Chapters Recovery Hub** in November 2023. The Recovery Hub is a safe and non-judgemental space, offering support to individuals who are interested in becoming drug and/or alcohol free and want to start the journey in finding recovery. Since its launch (as at 29 April 2024) 36 individuals have attended sessions, of whom 14 are now regular attenders. There have also been 2 self-referrals from attendees to become residents in the New Chapters Recovery House.

Financial Review

New Chapters received donations in the year of £67,216 (£97,912 in 2022/23) and had charity expenses of £29,480 (£947 in 2022/23), resulting in net £135,728 (£96,966 in 2022/23) of unrestricted and available reserves. Fund-raising to date has been primarily through donations from individuals and through fund-raising events. New Chapters had generally not been eligible for grants from most funding charities during the year to 31 March 2024 as the Supported Accommodation service had not yet been started.

Reserves Policy

Reserves are needed to:

1. Meet the working capital requirements of the charity in the event of not meeting fund-raising targets over a short- or medium-range period of time, and
2. In the event that the Trustees decide that the Charity needs to close, and therefore to enable the charity to close well and meet its commitments to employees, its vulnerable clients and to its creditors.

New Chapters has established a reserves policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should ideally be 6 months of the expenditure. Budgeted expenditure for the first full year of operation is £250,000 and therefore reserves of £125,000 should be targeted. Current reserves (£135,728 at 31 March 2024) slightly exceed this level, but are projected to fall to about 3 months-equivalent of expenditure during the first four months of operation of the Recovery House. This is due to initial start-up costs and also the anticipated Housing Benefit income being paid in arrears by the local authority. The Trustees will look to increase the level of reserves in the next financial year, once residential care services are being provided and as they start to raise funds from grant-making charities.

Structure, Governance and Management

New Chapters is a Charitable Incorporated Organisation (CIO)

The charity is managed by its Trustees. As at 31st March 2024 there were six trustees. The Trustees meet monthly, or more often if considered appropriate.

New trustees are recruited from people known by the existing trustees or those who have registered their interest and applied through contacting the charity. New trustees are referred to the Charity Commission guidance for their duties as a trustee.

There was one employee during the year to 31st March 2024.

The charity has started to recruit a number of volunteers in various roles to support the charity as it prepares to open its residential care support services.

Reference and Administrative details

Charity name	New Chapters
Registered charity number	1198531
Address	12 The Close Leamington Spa Warwickshire CV31 2BL
Bank	Lloyds Bank

Independent examiners – TC Ollis Limited, 2 Hamilton Terrace, Leamington Spa CV32 4LY

Names of the trustees

The trustees during the year and since the year end were:

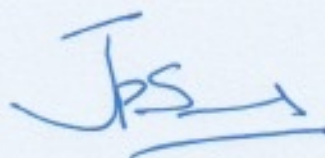
Name	Date Appointed	Date resigned
Susan Rutherford	6 Apr 2022	-
Yvonne McKinnon	6 Apr 2022	-
Emma Fawkes-Underwood	6 Apr 2022	-
Jonathan Chilvers	6 Apr 2022	-
Tom Foulerton	19 Dec 2022	22 May 2024
Jeremy Snoad	19 Dec 2022	-

This annual report is set out in compliance with the requirements of the Charity Commission and the Companies Act.

Declarations



Signed on Behalf of the trustees:
Susan Rutherford



Jeremy Snoad

Independent Examiner's Report to the Trustees of New Chapters

On accounts for the period ended	31 st March 2024	Charity no	1198531
Set out on pages	1 to 13		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/03/2024.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

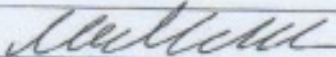
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 7 June 2024

Name: Max Retallack

Relevant professional qualification(s) or body (if any): FCCA

Address: Nelson House, 2 Hamilton Terrace,
Leamington Spa, Warwickshire
CV32 4LY

Statement of Financial Activities

Income & Expenditure

For the period ended 31 March 2024

Account	2024 Total	2023 Total
Income		
Donations - individual	40,217	94,820
Events	4,946	2,322
Regular standing orders	3,182	770
Gift Aid	18,871	0
Interest	1,026	0
Total Income	68,242	97,912
Administrative Costs		
Employee costs & pension	26,696	0
Security, CCTV	482	0
Independent examination fees	1,398	0
Bank Fees	42	47
General office costs	317	167
Insurance	159	160
IT Software and Consumables	213	430
Website costs	173	142
Total expenses	29,480	946
Surplus Income	38,762	96,966
Reserves brought forwards	96,966	0
Reserves carried forwards	135,728	96,966

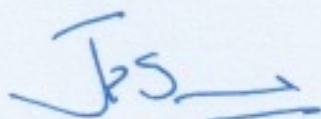
All income received was unrestricted, there was no restricted income.

Balance Sheet

As at 31 March 2024

	2024	2023
Current Assets		
Cash at bank and in hand		
Lloyds bank account & deposit account	134,587	96,966
Cash	69	0
Total Current Assets	134,656	96,966
 Prepayments	 1,800	 0
 Current Liabilities	 (728)	 0
 Total Assets less Current Liabilities	 135,728	 96,966
 Net Assets	 135,728	 96,966
 Reserves		
Unrestricted reserves	135,728	96,966
Restricted reserves	0	0
 Total Reserves	 135,728	 96,966

Approved by the Trustees on Date **7.6.24** and signed on their behalf by:



Trustee

Notes to the accounts for the period ended 31st March 2024**1. Accounting policies****(a) Basis of preparation**

The financial statements have been prepared in accordance with the Charities Act 2011, accounting and reporting by charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st October 2019) (Charity SORP FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

New Chapters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

Last year's accounts were prepared on a cash basis, whereas this years are on an accruals basis.

(b) Preparation of accounts on a going concern basis

The Trustees consider that the principal uncertainty regarding going concern relates to the ability to raise funds. The Trustees monitor fund raising results and expenditure (actual and forecast) to mitigate that risk.

(c) Volunteers

The value of services provided by volunteers has not been included.

(d) Income

Income is included when receivable. Where income has conditions attached to it, that income is recognised when there is certainty of receipt, entitlement and the amount can be measured with sufficient reliability. Income (including grants receivable) is deferred where conditions exist on entitlement such as a specified future time period.

(e) Expenditure

Expenditure is recognised in the period in which it is incurred and includes attributable VAT which cannot be recovered. Expenditure is recognised when a legal or constructive obligation arises. Costs of raising funds are those costs incurred in attracting voluntary income. Governance costs are those costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

(f) Depreciation

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, which in all cases is estimated at 5 years.

(g) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

(h) Funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are where the donor specifies the use to which the funds can be spent. There were no restricted funds as at 31st March 2024.

(i) Employee benefits

There was one employee during the period. There were no employee benefits

2. Salaries and wages

Employee salaries of £26,070 and pension contributions of £626 were paid during the year (2023 - £Nil)

3. Charitable expenditure

Total expenses of £2,784 (2023 £946) related overheads incurred in the running of the charity.

4. Taxation

The charity is exempt from corporation tax on its charitable activities.

5. Tangible fixed assets

New Chapters had £ Nil fixed assets as at 31st March 2024.

6. Debtors

New Chapters had £ Nil debtors as at 31st March 2024.

7. Creditors: amounts falling due within one year

New Chapters had £ 728 creditors as at 31st March 2024.

8. Creditors: amounts falling due over one year

New Chapters had £ Nil creditors as at 31st March 2024.

9. Prepayments

There were £1800 of prepayments as at 31 March 2024 (31 March 2023 £Nil)

10. Analysis of net assets between funds

All Funds were unrestricted and undesignated as at 31st March 2024.

11. Pensions and other post-retirement benefits

Pension contributions to an approved scheme of £626 were made during the period (2023 £Nil)

12. Related party transactions

- a. Yvonne McKinnon is a Trustee and was also employed during the year in order to be able to focus full-time on setting up the charitable services for launch in 2024. Her compensation took into account her skills, experience and market comparative data, it was determined independently and approved by the Board of Trustees with Yvonne McKinnon recusing herself from the process. The amounts paid to Ms McKinnon during the financial year were £26,070 with pension contributions of £626.
- b. During the year the charity received donations from trustees with a total value of £30,240 (2023: £30,610).
- c. £130 expenses were reimbursed to one trustee during the year (2023 £Nil)