



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 01 April 2023 To 30 April 2024

Charity name: MORECAMBE BAY PULMONARY FIBROSIS SUPPORT GROUP

Charity registration number:1198516

Objectives and Activities

The Objectives of the charity are;

- To provide support to anyone in the Morecambe Bay area that is diagnosed with pulmonary fibrosis and their carers, family and friends;
- To provide a safe place to provide peer support.

The principal activities are aimed to relieve the needs of persons suffering from pulmonary fibrosis, primarily, but not exclusively, in the Morecambe Bay area by raising awareness of the lung disease pulmonary fibrosis and to support group activities

The principal services provided include the following activities

- Network meetings providing mutual support and professional support from experts both from a medical and non-medical background in both in person and virtual meetings
- Website with signposted links for support services
- Facebook page to signpost meetings and other services available.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and are aware of the guidance and take it into account when making decisions.

Achievements and Performance

There are now just over 70 patients and carers registered with us and we have continued to grow attendance. We also have a website and Facebook page to advertise our services and activities.

We now meet every month in person at Burton Memorial Hall and meet every other month in Barrow in Furness. Meetings are generally now all face-to-face as this provides greater interaction and enables mutual support and was requested by most of the attendees. We had a mix of speakers or watched educational webinars in the meeting. Speakers attending included a local member of parliament, respiratory physio and a researcher from Oxford.

We utilised some of the funds to provide free access to the BreathTec App. We have 10 patients using the app which uses cognitive behavioural therapy to help ease breathlessness. The effectiveness and ease of use is constantly being reviewed and we hope to be able to provide this as an ongoing service to all that need going forward and have negotiated a significant reduction cost for us and providing it free to our members.

The group were represented at the Morecambe Bay Respiratory Network to publicise the group amongst local health care professionals

Financial Review

The Charity ended the financial year with a cash balance of £1854. The principal sources of income were a range of small donations and a grant of £800 from The Parish of Torrisholme. The charity is now in its second year and slightly increased its income compared to last year although costs were slightly higher because of the purchase of a number of Christmas Cards for subsequent sale and the licences for the Breathtec App. Revenue and cash reserves held should cover the most likely operating costs for the next financial year and hence the trustees consider the current reserves held to be sufficient. The trustees have not received any remuneration and only the expenses of running the meetings have been charged to the accounts.

The charity has no investments beyond the bank account which is now a free account reducing the costs to the charity.

Structure, Governance and Management

Type of governing document: Constitution

How is the charity constituted: Charitable Incorporated Organisation

Registered 5th April 2022

Trustees are appointed at any meeting of the Trustees and are appointed for a period of three years. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. The trustees meet at least 4 times a year

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wendy Jones	Chair		
2	Dr Patrick Haslam	Trustee		
3	Dr Timothy Gatheral	Trustee		
4	Martin Jones	Treasurer		
5	Natalie Waddington	Trustee		

Reference and Administrative details

Charity name	Morecambe Bay Pulmonary Fibrosis Support Group
Other name the charity uses	Not Applicable
Registered charity number	1198516
Charity's principal address	9 HAZELMOUNT CRESCENT MILLHEAD CARNFORTH LANCASHIRE LA5 9HS

Funds held as custodian trustees on behalf of others

There are no funds held on behalf of others

Exemptions from disclosure

There are no non-disclosures

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Martin Jones</i>	
Full name(s)	Martin Jones	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	4 th July 2024	

Morecambe Bay Pulmonary Fibrosis Support Group Statement of Financial Position For the Year Ended 30 April 2024							
		2023-24				Prior Year	
		Unrestricted Funds	Restricted Funds	Total Funds		Total Funds	
		£	£	£		£	
Receipts & Payments							
Grants & Donations		1492	0	1492		1374	
Sales		190					
Gift Aid Recpts		57	0	57		118	
Total Reipts		1739	0	1549		1492	
Payments							
Room Hire		125		125		34	
Event Costs		149		149		13	
Office / Admin		818		818		144	
Cost of Sales		307					
Bank Charges		0		0		15	
Total Payments		1399	0	1092		206	
Net of reciepts/(Payments)		340	0	457		1286	
Cash funds at prior year		1514	0	1514		228	
Cash funds for this year end		1854	0	1971		1514	
Assets & Liabilities							
Cash funds (Cash at Bank)		1854	0	1854		1514	
Other monetary assets		0	0	0		0	
Investment Assets		0	0	0		0	
Liabilities		0	0	0		0	
Signed (on Behalf of Trustees)		<i>Martin Jones</i>					
		Martin Jones					