

LITTLE BLEEDERS

England & Wales · Charity number 1198467

Details

Status Registered

Legal form CIO

Registered 2022-03-31

Register [View on the Charity Commission register](#)

Contact

Address 52B Borough High Street
London
SE1 1XN

Phone 07715946607

Email hello@littlebleeders.com

Website www.littlebleeders.com

Activities

Objects: FOR THE PUBLIC BENEFIT TO RELIEVE THE CHALLENGES OF CHILDREN WHO SUFFER AND THE FAMILIES OF CHILDREN WHO SUFFER FROM HAEMOPHILIA AND OTHER BLOOD DISORDERS THROUGH THE PROVISION OF SUPPORT, ADVICE AND GUIDANCE ABOUT HOW TO ENGAGE IN SPORTS WHEN SUFFERING FROM HAEMOPHILIA AND OTHER BLOOD DISORDERS?

Activities: Empowering young haemophiliacs through sport and movement. Little Bleeders is a charity that supports young people with blood disorders to 'move more and be more'. The Little Bleeders Fund provides grants for young haemophiliacs under 18 wanting to participate in sport and mobile activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

Geography

- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-05-31 | £11,617 | £7,100 | - | - |
| 2024-05-31 | £38,777 | £3,039 | - | - |
| 2023-05-31 | £36,872 | £11,864 | - | - |

Trustees

| Name | Role | Appointed |
|---------------------|-------|------------|
| ALEX DOWSETT | Chair | 2021-01-01 |
| DANIEL HART | | 2021-01-01 |
| JAMES MILLARD | | 2021-01-01 |
| Jan Dowsett | | 2021-01-01 |
| John Woyton | | 2021-01-01 |
| Kate Burt | | 2023-01-01 |
| Nicola Hubert | | 2021-01-01 |

LITTLE BLEEDERS

England & Wales - Charity number 1198467

Accounts



Charity registration number 1198467 (England and Wales)

LITTLE BLEEDERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2025



LITTLE BLEEDERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

Charity registration

England and Wales

1198467

Accountants

Ellacotts LLP
Countrywide House
23 West Bar
Banbury
Oxfordshire
England
OX16 9SA



LITTLE BLEEDERS

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LITTLE BLEEDERS

TRUSTEE'S REPORT

FOR THE YEAR ENDED 31 MAY 2025

The trustees present their annual report and financial statements for the year ended 31 May 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

Little Bleeders exists to support children and young people living with bleeding disorders by:

- Promoting participation in sport and physical activity.
- Providing grants to enable access to sports clubs, equipment, and specialist support.
- Raising awareness and tackling misconceptions about physical activity for people with bleeding disorders.

The trustees confirm they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit when planning activities and setting the charity's strategic direction.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Activities

In 2024, Little Bleeders pursued its aims through:

- Operating the **Sports Fund Grant Programme** to provide financial assistance to families.
- Developing updated **guidance materials** on safe sport participation in collaboration with The Haemophilia Society.
- Raising awareness of the benefits of physical activity for young people with bleeding disorders through ambassador stories and founder Alex Dowsett's story.

Through these objectives and activities, Little Bleeders strives to create a positive impact in the lives of young people affected by bleeding disorders, promoting health, confidence, and community engagement.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

Achievements and performance

Significant activities and achievements against objectives

The Sports Fund continued to be the charity's flagship programme. Grants were awarded to families across the UK, supporting children with bleeding disorders to take part in physical activities they would otherwise be unable to access.

Examples of Impact (anonymised)

- Case Study 1 – "Liam" (age 12): Liam received funding towards cricket pads and protective gear to allow him to join his local cricket club. His mother shared: "We were unsure if cricket would be possible, but the grant and advice gave Liam the confidence to try, and now he's thriving."
- Case Study 2 – "Ella" (age 6): Ella's family used the grant to access dance and acrobatic lessons with a suitably trained instructor. Dancing has greatly improved her joint mobility and self-confidence.
- Case Study 3 – "Josh" (age 15): Josh was awarded a grant for gym membership and tailored personal training. This enabled him to maintain strength and fitness safely, supporting his long-term joint health.

Through these interventions, Little Bleeders helped young people develop physical and mental resilience, reduce isolation, and lead healthier lives.

Strategic Focus

The trustees prioritised strengthening partnerships with sports organisations and NHS haemophilia centres to create a supportive network for families. Work was also undertaken to improve digital resources, including an updated website section on "**Sport and Bleeding Disorders.**"

Financial review

During the year the charity received donations of £12k, (2024: £39k), while making grants of £3.5k (2024:£3k) Alongside admin expenses incurred the current free reserves balance stands at £65k (2024: £61k) The trustees believe this is sufficient cover to meet the running expenses of the charity.

All funds held by the charity are unrestricted.

The majority of expenditure was on grant-making activities and programme delivery. The charity maintained a prudent reserves policy, ensuring sufficient unrestricted funds to cover six months' operating cost

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to at least six month's expenditure. As discussed above, the free reserves balance stands at £65k which is currently well in excess of six months operating expenses. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Major risks

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity was established by a charitable trust deed on 31st March 2022 .

The Board of Trustees meets regularly to set strategy, monitor activities, and ensure good governance. Day-to-day operations are managed by a volunteer with support from a small team of volunteers.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

Recruitment and appointment of trustees

The Board regularly reviews its skills mix and provides induction and training for new trustees.

Organisational structure

The charity is successfully managed through a clear and well-structured governance framework, ensuring that all activities are delivered effectively and in line with its charitable objectives. Operating solely within the UK, the charity is dedicated to supporting young people under the age of 18 who are living with bleeding disorders, with a particular focus on encouraging safe participation in sport and movement as a means of managing their condition and enhancing their overall wellbeing.

Oversight is provided by a committed Board of Trustees, made up of seven members with a broad range of skills and professional backgrounds. The current trustee board includes individuals with expertise in haemophilia healthcare, physiotherapy, finance, legal compliance, sport coaching, and charity governance. This diverse blend of knowledge ensures informed decision-making and a strong foundation for sustainable growth.

The trustees meet to review strategic priorities, financial performance, and operational delivery. They are responsible for ensuring that the charity adheres to all relevant regulatory and legal requirements, including those set by the Charity Commission for England and Wales. Risk management, impact measurement, and ongoing evaluation are embedded into the governance process to maintain accountability and transparency.

A key element of the charity's success is its formal partnership with The Haemophilia Society. As a larger, well-established organisation, The Haemophilia Society provides vital support in areas where scale and capacity might otherwise be limiting. This partnership allows the charity to extend its reach and impact while maintaining a clear and independent governance structure. The collaboration has proven to be highly effective, strengthening the delivery of shared objectives and ensuring young people with bleeding disorders receive well-rounded, consistent support across services.

The strength of the charity's leadership, combined with a clear mission, trusted partnerships, and dedicated operational delivery, has enabled it to build a reputation for high-quality support and meaningful impact in the lives of young people with bleeding disorders across the UK.

Plans for the Future

In 2026, Little Bleeders will:

- Continue grants through the Sports Fund programme
- Develop partnerships with aligned pharmaceutical companies to boost fundraising efforts
- Collaborate with The Haemophilia Society for a new online event: Sports Day
- Launch a new digital resource hub for families and professionals.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

The trustee's report was approved by the Board of Trustees.

Alex Dowsett

.....
Mr A Dowsett

Trustee

31/3/2026 | 11:59 BST
Date:



LITTLE BLEEDERS

CHARTERED ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF LITTLE BLEEDERS FOR THE YEAR ENDED 31 MAY 2025

In order to assist you to fulfil your duties under the Charities Act 2011, we have prepared for your approval the financial statements of Little Bleeders for the year ended 31 May 2025, which comprise the statement of financial activities and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at <https://www.icaew.com/regulation>.

This report is made to the charity's trustees, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of Little Bleeders and state those matters that we have agreed to state to the charity's trustees, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Little Bleeders and the charity's trustees as a body, for our work or for this report.

It is your duty to ensure that Little Bleeders has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of Little Bleeders. You consider that Little Bleeders is exempt from the statutory audit requirement for the year, and is not required to obtain an independent examiner's report.

We have not been instructed to carry out an audit or a review of the financial statements of Little Bleeders. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Ellacotts LLP

Ellacotts LLP

Chartered Accountants

Countrywide House

23 West Bar

Banbury

Oxfordshire

OX16 9SA

England

31/3/2026 | 13:23 BST

Date:



LITTLE BLEEDERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2025

| | Notes | Unrestricted funds 2025 £ | Unrestricted funds 2024 £ |
|---|-------|------------------------------------|------------------------------------|
| Income from: | | | |
| Donations and legacies | 2 | 11,617 | 38,777 |
| Total income | | 11,617 | 38,777 |
| Expenditure on: | | | |
| Raising funds | 3 | - | 39 |
| Charitable activities | 4 | 7,100 | 3,000 |
| Total expenditure | | 7,100 | 3,039 |
| Net income and movement in funds | | 4,517 | 35,738 |
| Reconciliation of funds: | | | |
| Fund balances at 1 June 2024 | | 60,746 | 25,008 |
| Fund balances at 31 May 2025 | | 65,263 | 60,746 |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.



LITTLE BLEEDERS

BALANCE SHEET

AS AT 31 MAY 2025

| | Notes | 2025 £ | £ | 2024 £ | £ |
|---------------------------------|-------|-----------|--------|-----------|--------|
| Current assets | | | | | |
| Debtors | 8 | 65,263 | | 60,746 | |
| Net current assets | | | 65,263 | | 60,746 |
| The funds of the charity | | | | | |
| Unrestricted funds | 9 | | 65,263 | | 60,746 |
| | | | 65,263 | | 60,746 |

The financial statements were approved by the trustees on 31/3/2026 | 11:59 BST

Alex Dowsett

Mr A Dowsett
Trustee



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

1 Accounting policies

Charity information

Little Bleeders is an unincorporated charity in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 3 of these financial statements. The nature of the charity's operations and principal activities are to provide support, education, and advocacy for individuals affected by bleeding disorders, raise awareness about these conditions, and fund research into treatments and cures.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The charity has opted to prepare their accounts on a receipts and payments basis.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity has limited overhead expenditure as its key purpose is to issue grants to others. All trustees are volunteers and no payments are made.

The trustees have considered the position of the charity and its requirements for the coming 12 months and believe the charity should be considered a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity receives the income is received.

1.5 Expenditure

Expenditure is recognised once the expenditure has been paid.



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

2 Income from donations and legacies

| | Unrestricted funds 2025 £ | Unrestricted funds 2024 £ |
|---------------------|------------------------------------|------------------------------------|
| Donations and gifts | 11,617 | 38,677 |
| Legacies | - | 100 |
| | <u>11,617</u> | <u>38,777</u> |

3 Expenditure on raising funds

| | Unrestricted funds 2025 £ | Unrestricted funds 2024 £ |
|----------------------------------|------------------------------------|------------------------------------|
| Fundraising and publicity | | |
| Fundraising agents | - | 39 |
| | <u>-</u> | <u>39</u> |

4 Expenditure on charitable activities

| | Unrestricted funds 2025 £ | Unrestricted funds 2024 £ |
|--|------------------------------------|------------------------------------|
| Direct costs | | |
| Grant funding of activities | 3,500 | 3,000 |
| Share of support and governance costs (see note) | | |
| Governance | 3,600 | - |
| | <u>7,100</u> | <u>3,000</u> |
| Analysis by fund | | |
| Unrestricted funds | <u>7,100</u> | <u>3,000</u> |

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

6 Employees

The average monthly number of employees during the year was:

| | 2025 Number | 2024 Number |
|-------|----------------|----------------|
| Total | - | - |

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Debtors

| | 2025 £ | 2024 £ |
|---|-----------|-----------|
| Amounts falling due within one year: | | |
| Other debtors | 65,263 | 60,746 |

9 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

| | At 1 June 2024 £ | Incoming resources £ | Resources expended £ | At 31 May 2025 £ |
|-----------------------|------------------------|----------------------------|----------------------------|------------------------|
| General funds | 60,746 | 11,617 | (7,100) | 65,263 |
| Previous year: | | | | |
| | At 1 June 2023 £ | Incoming resources £ | Resources expended £ | At 31 May 2024 £ |
| General funds | 25,008 | 38,777 | (3,039) | 60,746 |

10 Related party transactions

At the end of the year the charity was owed £65,263 (2024:£60,746) from a charity that a trustee is employed by. This charity operates a strategic partnership with Little Bleeders.

LITTLE BLEEDERS

England & Wales - Charity number 1198467

Accounts



Charity registration number 1198467 (England and Wales)

LITTLE BLEEDERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024



LITTLE BLEEDERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

Charity number (England and Wales)

1198467

Independent examiner

Ellacotts LLP
Countrywide House
23 West Bar
Banbury
Oxfordshire
England
OX16 9SA



LITTLE BLEEDERS

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LITTLE BLEEDERS

TRUSTEE'S REPORT

FOR THE YEAR ENDED 31 MAY 2024

The trustees present their annual report and financial statements for the year ended 31 May 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

Little Bleeders exists to support children and young people living with bleeding disorders by:

- Promoting participation in sport and physical activity.
- Providing grants to enable access to sports clubs, equipment, and specialist support.
- Raising awareness and tackling misconceptions about physical activity for people with bleeding disorders.

The trustees confirm they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit when planning activities and setting the charity's strategic direction.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Activities

In 2024, Little Bleeders pursued its aims through:

- Operating the **Sports Fund Grant Programme** to provide financial assistance to families.
- Developing updated **guidance materials** on safe sport participation in collaboration with The Haemophilia Society.
- Raising awareness of the benefits of physical activity for young people with bleeding disorders through ambassador stories and founder Alex Dowsett's story.

Through these objectives and activities, Little Bleeders strives to create a positive impact in the lives of young people affected by bleeding disorders, promoting health, confidence, and community engagement.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

Achievements and performance

Significant activities and achievements against objectives

The Sports Fund continued to be the charity's flagship programme. Grants were awarded to families across the UK, supporting children with bleeding disorders to take part in physical activities they would otherwise be unable to access.

Examples of Impact (anonymised)

- Case Study 1 – "Liam" (age 12): Liam received funding towards cricket pads and protective gear to allow him to join his local cricket club. His mother shared: "We were unsure if cricket would be possible, but the grant and advice gave Liam the confidence to try, and now he's thriving."
- Case Study 2 – "Ella" (age 6): Ella's family used the grant to access dance and acrobatic lessons with a suitably trained instructor. Dancing has greatly improved her joint mobility and self-confidence.
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Through these interventions, Little Bleeders helped young people develop physical and mental resilience, reduce isolation, and lead healthier lives.

Strategic Focus

The trustees prioritised strengthening partnerships with sports organisations and NHS haemophilia centres to create a supportive network for families. Work was also undertaken to improve digital resources, including an updated website section on "**Sport and Bleeding Disorders.**"

Financial review

During the year the charity received donations of £39k, (2023: £36k), while making grants of £3k (2023:£11k) Alongside admin expenses incurred the current free reserves balance stands at £61k (2023: £25k) The trustees believe this is sufficient cover to meet the running expenses of the charity.

All funds held by the charity are unrestricted.

The majority of expenditure was on grant-making activities and programme delivery. The charity maintained a prudent reserves policy, ensuring sufficient unrestricted funds to cover six months' operating cost

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to at least six month's expenditure. As discussed above, the free reserves balance stands at £61k which is currently well in excess of six months operating expenses. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Major risks

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity was established by a charitable trust deed on 31st March 2022 .

The Board of Trustees meets regularly to set strategy, monitor activities, and ensure good governance. Day-to-day operations are managed by a volunteer with support from a small team of volunteers.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

Recruitment and appointment of trustees

The Board regularly reviews its skills mix and provides induction and training for new trustees.

Organisational structure

The charity is successfully managed through a clear and well-structured governance framework, ensuring that all activities are delivered effectively and in line with its charitable objectives. Operating solely within the UK, the charity is dedicated to supporting young people under the age of 18 who are living with bleeding disorders, with a particular focus on encouraging safe participation in sport and movement as a means of managing their condition and enhancing their overall wellbeing.

Oversight is provided by a committed Board of Trustees, made up of seven members with a broad range of skills and professional backgrounds. The current trustee board includes individuals with expertise in haemophilia healthcare, physiotherapy, finance, legal compliance, sport coaching, and charity governance. This diverse blend of knowledge ensures informed decision-making and a strong foundation for sustainable growth.

The trustees meet to review strategic priorities, financial performance, and operational delivery. They are responsible for ensuring that the charity adheres to all relevant regulatory and legal requirements, including those set by the Charity Commission for England and Wales. Risk management, impact measurement, and ongoing evaluation are embedded into the governance process to maintain accountability and transparency.

A key element of the charity's success is its formal partnership with The Haemophilia Society. As a larger, well-established organisation, The Haemophilia Society provides vital support in areas where scale and capacity might otherwise be limiting. This partnership allows the charity to extend its reach and impact while maintaining a clear and independent governance structure. The collaboration has proven to be highly effective, strengthening the delivery of shared objectives and ensuring young people with bleeding disorders receive well-rounded, consistent support across services.

The strength of the charity's leadership, combined with a clear mission, trusted partnerships, and dedicated operational delivery, has enabled it to build a reputation for high-quality support and meaningful impact in the lives of young people with bleeding disorders across the UK.

Plans for the Future

In 2025, Little Bleeders will:

- Continue grants through the Sports Fund programme
- Develop partnerships with aligned pharmaceutical companies to boost fundraising efforts
- Collaborate with The Haemophilia Society for a new online event: Sports Day
- Launch a new digital resource hub for families and professionals.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

The trustee's report was approved by the Board of Trustees.

..... *Alex Dowsett*

Mr A Dowsett

Trustee

Date: 24/7/2025 | 13:51 BST



LITTLE BLEEDERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LITTLE BLEEDERS

I report to the trustees on my examination of the financial statements of Little Bleeders (the charity) for the year ended 31 May 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Leigh Dudley FCCA

Ellacotts LLP

Countrywide House

23 West Bar

Banbury

Oxfordshire

OX16 9SA

England

Date: 24/7/2025 | 15:47 BST



LITTLE BLEEDERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2024

| | Notes | Unrestricted funds 2024 £ | Unrestricted funds 2023 £ |
|---|-------|------------------------------------|------------------------------------|
| Income from: | | | |
| Donations and legacies | 2 | 38,777 | 36,872 |
| Total income | | 38,777 | 36,872 |
| Expenditure on: | | | |
| Raising funds | 3 | 39 | 1,214 |
| Charitable activities | 4 | 3,000 | 10,650 |
| Total expenditure | | 3,039 | 11,864 |
| Net income and movement in funds | | 35,738 | 25,008 |
| Reconciliation of funds: | | | |
| Fund balances at 1 June 2023 | | 25,008 | - |
| Fund balances at 31 May 2024 | | 60,746 | 25,008 |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.



LITTLE BLEEDERS

BALANCE SHEET

AS AT 31 MAY 2024

| | Notes | 2024 £ | £ | 2023 £ | £ |
|---------------------------------|-------|-----------|--------|-----------|--------|
| Current assets | | | | | |
| Debtors | 9 | 60,746 | | 25,008 | |
| Net current assets | | | 60,746 | | 25,008 |
| The funds of the charity | | | | | |
| Unrestricted funds | 10 | | 60,746 | | 25,008 |
| | | | 60,746 | | 25,008 |

The financial statements were approved by the trustees on 24/7/2025 | 13:51 BST

Alex Dowsett

Mr A Dowsett
Trustee



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies

Charity information

Little Bleeders is an unincorporated charity in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 3 of these financial statements. The nature of the charity's operations and principal activities are to provide support, education, and advocacy for individuals affected by bleeding disorders, raise awareness about these conditions, and fund research into treatments and cures.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The charity has opted to prepare their accounts on a receipts and payments basis.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity has limited overhead expenditure as its key purpose is to issue grants to others. All trustees are volunteers and no payments are made.

The trustees have considered the position of the charity and its requirements for the coming 12 months and believe the charity should be considered a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity receives the income is received.

1.5 Expenditure

Expenditure is recognised once the expenditure has been paid.



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

2 Income from donations and legacies

| | Unrestricted funds 2024 £ | Unrestricted funds 2023 £ |
|---------------------|------------------------------------|------------------------------------|
| Donations and gifts | 38,677 | 36,872 |
| Legacies | 100 | - |
| | <u>38,777</u> | <u>36,872</u> |

3 Expenditure on raising funds

| | Unrestricted funds 2024 £ | Unrestricted funds 2023 £ |
|----------------------------------|------------------------------------|------------------------------------|
| Fundraising and publicity | | |
| Fundraising agents | 39 | 1,214 |
| | <u>39</u> | <u>1,214</u> |

4 Expenditure on charitable activities

| | Unrestricted funds 2024 £ | Unrestricted funds 2023 £ |
|-----------------------------|------------------------------------|------------------------------------|
| Direct costs | | |
| Grant funding of activities | 3,000 | 10,650 |
| | <u>3,000</u> | <u>10,650</u> |
| Analysis by fund | | |
| Unrestricted funds | 3,000 | 10,650 |
| | <u>3,000</u> | <u>10,650</u> |

5 Net movement in funds

| | 2024 £ | 2023 £ |
|--|-----------|-----------|
| The net movement in funds is stated after charging/(crediting): | | |
| Fees payable for the independent examination of the charity's financial statements | - | - |
| | <u>-</u> | <u>-</u> |

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.



LITTLE BLEEDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

7 Employees

The average monthly number of employees during the year was:

| | 2024 Number | 2023 Number |
|-------|----------------|----------------|
| Total | - | - |

There were no employees whose annual remuneration was more than £60,000.

8 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

9 Debtors

| | 2024 £ | 2023 £ |
|---|-----------|-----------|
| Amounts falling due within one year: | | |
| Other debtors | 60,746 | 25,008 |

10 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

| | At 1 June 2023 £ | Incoming resources £ | Resources expended £ | At 31 May 2024 £ |
|-----------------------|------------------------|----------------------------|----------------------------|------------------------|
| General funds | 25,008 | 38,777 | (3,039) | 60,746 |
| Previous year: | | | | |
| | At 1 June 2022 £ | Incoming resources £ | Resources expended £ | At 31 May 2023 £ |
| General funds | - | 36,872 | (11,864) | 25,008 |

11 Related party transactions

At the end of the year the charity was owed £60,746 (2023:£25,008) from a charity that a trustee is employed by. This charity operates a strategic partnership with Little Bleeders.

LITTLE BLEEDERS

England & Wales - Charity number 1198467

Accounts



Charity Registration No. 1198467

LITTLE BLEEDERS
TRUSTEE'S REPORT AND UNAUDITED ACCOUNTS
FOR THE PERIOD ENDED 31 MAY 2023



LITTLE BLEEDERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

Charity number

1198467

Independent examiner

Ellacotts LLP
Countrywide House
23 West Bar
Banbury
Oxfordshire
OX16 9SA
England



LITTLE BLEEDERS

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| Balance sheet | 7 |
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LITTLE BLEEDERS

TRUSTEE'S REPORT FOR THE PERIOD ENDED 31 MAY 2023

The trustees presents it's report and accounts for the Period ended 31 May 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The charity was established by a charitable trust deed on 31st March 2022 .

The members of the trustees who served during the Period were:

Mr A Dowsett
Mrs J Dowsett
Mr D Hart
Mrs N Hubert
Mr J Woyton
Mr J Millard
Ms Kate Burt

(Appointed 1 January 2023)

The charity welcomes expressions of interest from individuals who are passionate about supporting young people with bleeding disorders. While we value a broad range of skills and experiences, our primary focus is on finding trustees who share our commitment to the charity's mission. We are open and inclusive in our recruitment approach, encouraging applications from all backgrounds. New trustees are selected based on their enthusiasm, alignment with our values, and ability to contribute to the charity's ongoing development and governance.

The charity is successfully managed through a clear and well-structured governance framework, ensuring that all activities are delivered effectively and in line with its charitable objectives. Operating solely within the UK, the charity is dedicated to supporting young people under the age of 18 who are living with bleeding disorders, with a particular focus on encouraging safe participation in sport and movement as a means of managing their condition and enhancing their overall wellbeing.

Oversight is provided by a committed Board of Trustees, made up of seven members with a broad range of skills and professional backgrounds. The current trustee board includes individuals with expertise in haemophilia healthcare, physiotherapy, finance, legal compliance, sport coaching, and charity governance. This diverse blend of knowledge ensures informed decision-making and a strong foundation for sustainable growth.

The trustees meet to review strategic priorities, financial performance, and operational delivery. They are responsible for ensuring that the charity adheres to all relevant regulatory and legal requirements, including those set by the Charity Commission for England and Wales. Risk management, impact measurement, and ongoing evaluation are embedded into the governance process to maintain accountability and transparency.

A key element of the charity's success is its formal partnership with The Haemophilia Society. As a larger, well-established organisation, The Haemophilia Society provides vital support in areas where scale and capacity might otherwise be limiting. This partnership allows the charity to extend its reach and impact while maintaining a clear and independent governance structure. The collaboration has proven to be highly effective, strengthening the delivery of shared objectives and ensuring young people with bleeding disorders receive well-rounded, consistent support across services.

The strength of the charity's leadership, combined with a clear mission, trusted partnerships, and dedicated operational delivery, has enabled it to build a reputation for high-quality support and meaningful impact in the lives of young people with bleeding disorders across the UK.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2023

Objectives and activities

Little Bleeders is dedicated to empowering young people with bleeding disorders to live full and active lives. Founded by professional cyclist Alex Dowsett, who himself has severe haemophilia A, the charity focuses on promoting physical activity as a means of managing haemophilia.

Objectives:

- **Empowerment Through Sport:** Encourage and support young individuals with bleeding disorders to participate in sports and physical activities safely, fostering confidence and well-being.
- **Education and Awareness:** Provide resources and information to young people, their families, and the broader community about bleeding disorders and the benefits of an active lifestyle in managing these conditions.
- **Advocacy:** Raise awareness about bleeding disorders and advocate for the inclusion and support of affected individuals in sports and other physical pursuits.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

- **Educational Events:** Alex Dowsett Hour Record successfully showed audiences on a global scale that anything can be possible with the right management and respect for haemophilia.
- **Resource Provision:** Develop and distribute materials that assist young people and their families in navigating the challenges associated with bleeding disorders, emphasizing the role of physical activity in management.
- **Community Building:** Foster a supportive network where young individuals with bleeding disorders can connect, share stories, and motivate each other to lead active lifestyles.

Through these objectives and activities, Little Bleeders strives to create a positive impact in the lives of young people affected by bleeding disorders, promoting health, confidence, and community engagement.

Achievements and performance

Little Bleeders exists to provide meaningful public benefit by supporting the health, wellbeing, and long-term fitness of young people living with bleeding disorders. By promoting and enabling access to sport and physical activity, the charity contributes to key public health outcomes—encouraging children and young people to stay active, manage their condition effectively, and reduce their long-term reliance on NHS services. Physical movement is widely recognised as a critical factor in improving joint health, mobility, mental wellbeing, and overall quality of life, particularly for those living with haemophilia and related conditions.

The charity's grant programme lies at the heart of its impact. To date, Little Bleeders has awarded thousands of pounds in grants to support young people with safe access to sport and movement-based activities. These grants have enabled participation in activities ranging from swimming, tennis, cricket, and archery, to rock climbing, skateboarding, and soft play for infants as young as four months old. By removing financial barriers, the charity empowers families to make movement a part of everyday life for their children, regardless of age or diagnosis. All support is tailored to ensure the activities are appropriate and beneficial in managing bleeding disorders.

Little Bleeders supports young people from infancy through to the age of 18, making a significant contribution to long-term health outcomes. The charity's work helps to instil healthy habits from an early age, reduce isolation, and give young people the tools to take control of their condition in a positive, proactive way.

A major highlight in the charity's fundraising efforts came through founder Alex Dowsett's high-profile cycling Hour Record attempt, which raised over £50,000 to support the charity's mission. This not only provided critical funds for grant-giving and awareness campaigns but also helped raise global visibility for the needs and potential of young people living with bleeding disorders.

Through its grants, advocacy, and engagement with families, clinicians, and partner organisations, Little Bleeders continues to demonstrate strong performance in delivering public benefit and improving lives across the UK.



LITTLE BLEEDERS

TRUSTEE'S REPORT (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2023

Financial review

During the year the charity received donations of £34k, while making grants of £10.6k. Alongside admin expenses incurred the current free reserves balance stands at £22.5k. The trustees believe this is sufficient cover to meet the running expenses of the charity.

All funds held by the charity are unrestricted.

On behalf of the board of trustees

Alex Dowsett

.....
Mr A Dowsett

Trustee
Dated: 28/4/2025 | 12:38 BST



LITTLE BLEEDERS

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

The trustees is responsible for preparing the Trustee's Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that Period.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees is responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. It is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



LITTLE BLEEDERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LITTLE BLEEDERS

I report to the trustees on my examination of the financial statements of Little Bleeders (the charity) for the period ended 31 May 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Ellacotts LLP

Ellacotts LLP

Countrywide House
23 West Bar
Banbury
Oxfordshire
OX16 9SA
England

Date: *30/4/25*



LITTLE BLEEDERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 31 MAY 2023

| | Notes | 2023 |
|---|-------|---------------|
| <u>Incoming resources from generated funds</u> | | |
| Donations and legacies | 2 | 36,872 |
| <u>Resources expended</u> | 3 | |
| Charitable activities | | |
| Raising Funds | | 1,214 |
| Grants | | 10,650 |
| Total resources expended | | 11,864 |
| Net income for the year/ Net movement in funds | | 25,008 |
| Fund balances at 31 March 2022 | | - |
| Fund balances at 31 May 2023 | | 25,008 |



LITTLE BLEEDERS

BALANCE SHEET

AS AT 31 MAY 2023

| | Notes | 2023 £ | £ |
|--|-------|---------------|----------------------|
| Current assets | | | |
| Debtors | 7 | <u>25,008</u> | |
| Total assets less current liabilities | | | <u><u>25,008</u></u> |
| Income funds | | | |
| Unrestricted funds | | | <u>25,008</u> |
| | | | <u><u>25,008</u></u> |

The accounts were approved by the Trustees on 28/4/2025 | 12:38 BST
 on

Alex Dowsett

Mr A Dowsett
 Trustee



LITTLE BLEEDERS

NOTES TO THE ACCOUNTS FOR THE PERIOD ENDED 31 MAY 2023

1 Accounting policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention.
The accounts have been prepared on a receipts and payments basis.

The charity has limited overhead expenditure as it's key purpose is to issue grants to others. All trustees are volunteers and no payments are made.

The trustees have considered the position of the charity and its requirements for the coming 12 months and believe the charity should be considered a going concern.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

2 Donations and legacies

2023

Donations and gifts

36,872

3 Total resources expended

| | Other costs £ | Grant funding £ | Total 2023 £ |
|--------------------------------|---------------------|-----------------------|--------------------|
| Charitable activities | | | |
| <u>Raising Funds</u> | | | |
| Activities undertaken directly | 1,214 | - | 1,214 |
| <u>Grants</u> | | | |
| Grant funding of activities | - | 10,650 | 10,650 |
| | <u>1,214</u> | <u>10,650</u> | <u>11,864</u> |

4 Grants payable

2023
£

Grants

10,650

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the Period.



LITTLE BLEEDERS

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2023

6 Employees

There were no employees during the Period.

7 Debtors

2023

£

Other debtors

25,008

Other debtors consists of the charity funds held on their behalf by The Haemophilia Society, a charity in which a trustee is employed, there is an ongoing strategic partnership between the charities.