

THE DEVON CLINIC

England & Wales · Charity number 1198409

Details

Status Registered

Legal form CIO

Registered 2022-03-28

Register [View on the Charity Commission register](#)

Contact

Address Devon Clinic
30 Hyde Road
Paignton
Devon
TQ4 5BY

Phone 07841595960

Email chris@devonclinic.co.uk

Website <https://www.devonclinic.co.uk>

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT TO SUPPORT INDIVIDUALS AND FAMILIES LIVING WITH ANXIETY, DEPRESSION, STRESS, AND/OR TRAUMA, AND THOSE AFFECTED BY DOMESTIC ABUSE AND VIOLENCE, IN PARTICULAR (BUT NOT EXCLUSIVELY) BY PROVIDING THERAPEUTIC SUPPORT INCLUDING COUNSELLING, PSYCHOTHERAPY AND CLINICAL PSYCHOLOGY.

Activities: Human Health Activities

Classification

- **How:** Provides Services, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

Geography

- Devon
- Torbay

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£51,673	£44,066	-	-
2024-04-05	£14,927	£4,734	-	-
2023-04-05	£2,473	£62	-	-

Trustees

Name	Role	Appointed
Christopher Fleet	Chair	2022-03-28
Esther Gorrodd		2024-10-01
James Twigger		2025-07-09
KEVIN NICHOLSON		2022-03-28

THE DEVON CLINIC

England & Wales - Charity number 1198409

Accounts

THE DEVON CLINIC CIO
Charity No. 1198409
Trustees' Report for the Year Ended 5 April 2025

The trustees present their report and the financial statements for the year ended 5 April 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The Devon Clinic CIO is a registered charity with number 1198409 (England and Wales)

The trustees who served in the year were:

Mr C Fleet
Ms E Gorrod
Mr K Nicholson
Mr J Twigger

The has assessed the major risks to which the is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities

The charity objectives and activities are to support and provide people who are struggling with mental health issues, including stress, anxiety and depression. They have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake.

Achievements and performance

The Devon Clinic CIC is a not for profit local charity that supports the community by offering therapy and support to those with mental health issues with life changing results, not just for the clients but for their wider families too.

Financial review

The CIO has received total grant and donation income of £42,212, alongside income from charitable activities of £9,461.

During the year, a total of £22,864 of grant funded deliveries were expended for the provision of mental health services.

There are unspent unrestricted funds of £20,212 as at 5 April 2025.

It is the policy of the that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of

C Fleet
Trustee

5th February 2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
THE DEVON CLINIC

No (if any)
1198409

CC16a

Receipts and payments accounts

For the period from 06/04/2024 To 05/04/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and legacies	42 212	-	-	42 212	14 927
Charitable Activities	9 461	-	-	9 461	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	51 673	-	-	51 673	14 927
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	51 673	-	-	51 673	14 927
A3 Payments					
Grant Funded Delivery	22 864	-	-	22 864	4 590
Governance Costs	21 202	-	-	21 202	144
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	44 066	-	-	44 066	4 734
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	44 066	-	-	44 066	4 734
Net of receipts/(payments)	7 607	-	-	7 607	10 193
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12 605	-	-	12 605	2 412
Cash funds this year end	20 212	-	-	20 212	12 605

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	20 212	-	-
		-	-	-
		-	-	-
	Total cash funds	20 212	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		James Twigger		05/02/2026

**The Devon Clinic CIO
Independent Examiner's Report
For The Year Ended 5 April 2025**

Independent examiner's report to the trustees of The Devon Clinic CIO

I report on the accounts of the CIO for the year ended 5 April 2025, which are set out in the attached accounts.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



.....
5th February 2026

Twigger Business Solutions
220 Torquay Road
Paignton
Devon
TQ3 2HN

THE DEVON CLINIC

England & Wales - Charity number 1198409

Accounts

Charity Registration No. 1198409

**THE DEVON CLINIC CIO
REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 5 APRIL 2024**

THE DEVON CLINIC CIO

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THE DEVON CLINIC CIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr C Fleet
Ms E Gorrod
N Dennis
Mr K Nicholson
Ms L J Eastwood

Charity number

1198409

Registered office

Wessex House
Teign Road
Newton Abbot
Devon
TQ12 4AA

Accountants

Darnells Chartered Accountants
Quay House
Quay Road
Newton Abbot
Devon
TQ12 2BU

THE DEVON CLINIC CIO

TRUSTEE'S REPORT

FOR THE YEAR ENDED 5 APRIL 2024

The present their report and accounts for the year ended 5 April 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The Devon Clinic CIO is a registered charity with number 1198409 (England and Wales)

The trustees who served in the year were:

Mr C Fleet

Ms E Gorrod

N Dennis

Mr K Nicholson

Ms L J Eastwood

(Appointed 1 October 2024)

(Appointed 5 September 2024)

(Appointed 18 November 2024)

The has assessed the major risks to which the is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities

The charity objectives and activities are to support and provide people who are struggling with mental health issues, including stress, anxiety and depression.

The have paid due regard to guidance issued by the Charity Commission in deciding what activities the should undertake.

Achievements and performance

The Devon Clinic CIC is a not for profit local charity that supports the community by offering therapy and support to those with mental health issues with life changing results, not just for the clients but for their wider families too.

Financial review

The CIO has received total grant and donation income of £14,927. This is comprised of £13,790 from Age UK and £1,137 from donations.

During the year, a total of £4,590 of grant funded deliveries were expended for the provision of mental health services.

There are unspent unrestricted funds of £12,605 as at 5 April 2024.

It is the policy of the that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of



Chris Fleet (Jun 9, 2025 12:08 GMT+1)

Mr C Fleet

09-Jun-2025

Dated:

THE DEVON CLINIC CIO

ACCOUNTANTS' REPORT TO THE ON THE PREPARATION OF THE UNAUDITED ACCOUNTS OF THE DEVON CLINIC CIO FOR THE YEAR ENDED 5 APRIL 2024

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of The Devon Clinic CIO for the year ended 5 April 2024, set out on pages 4 to 6 from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at icaew.com/regulations.

This report is made to the charity's , as a body, in accordance with the terms of our engagement letter . Our work has been undertaken solely to prepare for your approval the accounts of The Devon Clinic CIO and state those matters that we have agreed to state to the charity's , as a body, in this report in accordance with AAF 2/10 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Devon Clinic CIO and the charity's as a body, for our work or for this report.

It is your duty to ensure that the charity has kept adequate accounting records and to prepare statutory accounts that give a true and fair view under the Companies Act 2006. You consider that the charity is exempt from the statutory audit requirement for the year, and is not required to obtain an independent examiner's report.

We have not been instructed to carry out an audit or a review of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



Darnells Chartered Accountants

Accountants
Quay House
Quay Road
Newton Abbot
Devon
TQ12 2BU

10 June 2025

Dated:

THE DEVON CLINIC CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 5 APRIL 2024

	Notes	Unrestricted funds £	Total 2024 £	Total 2023 £
<u>Incoming resources from generated funds</u>				
Donations and legacies	2	14,927	14,927	2,473
		<hr/>	<hr/>	<hr/>
<u>Resources expended</u>	3			
Charitable activities				
Grant-Funded delivery		4,590	4,590	-
		<hr/>	<hr/>	<hr/>
Governance Costs		144	144	62
		<hr/>	<hr/>	<hr/>
Total resources expended		4,734	4,734	62
		<hr/>	<hr/>	<hr/>
Net movement in funds		10,193	10,193	2,411
Fund balances at 6 April 2023		2,412	2,412	-
		<hr/>	<hr/>	<hr/>
Fund balances at 5 April 2024		12,605	12,605	2,411
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

THE DEVON CLINIC CIO

BALANCE SHEET AS AT 5 APRIL 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	6	280		-	
Cash at bank and in hand		<u>12,325</u>		<u>2,411</u>	
Total assets less current liabilities			<u>12,605</u>		<u>2,411</u>
Unrestricted funds			<u>12,605</u>		<u>2,411</u>
			<u>12,605</u>		<u>2,411</u>

09-Jun-2025

The accounts were approved by the trustees on

C. Fleet
Chris Fleet (Jun 9, 2025 12:08 GMT+1)

Mr C Fleet

Company Registration No. 1198409

THE DEVON CLINIC CIO

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 5 APRIL 2024

1 Accounting policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 2006.

2 Donations and legacies

	2024 £	2023 £
Donations and gifts	<u>14,927</u>	<u>2,473</u>

3 Total resources expended

	2024 £	2023 £
Charitable activities		
Grant-Funded delivery	<u>4,590</u>	<u>-</u>
Governance costs	<u>144</u>	<u>62</u>
	<u>4,734</u>	<u>62</u>

Governance costs includes bank charges to the total of £144.

4 Trustee's

None of the trustees received an remuneration during the year.

5 Employees

There were no employees during the year.

6 Debtors

	2024 £	2023 £
Amounts owed by Devon Clinic CIC	<u>280</u>	<u>-</u>

THE DEVON CLINIC

England & Wales - Charity number 1198409

Accounts

THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

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THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

TRUSTEES' ANNUAL REPORT

Full name The Devon Clinic CIO

Organisation type Charitable incorporated organisation

Registered charity number 1198409

Principal address Devon Clinic, 30 Hyde Road, Paignton, Devon, TQ4 5BY

Trustees

Christopher Fleet
Kevin Nicholson
Vanessa Kernick

Governance and management

The charity is operated under the rules of its CIO Association adopted 28 March 2022.

Trustees are voted in at a committee meeting and agree to serve and adopt all Devon Clinic policies.

Objectives and activities

The charity objectives and activities are to support and provide people who are struggling with mental health issues, including stress, anxiety and depression.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main activities undertaken for the public benefit

The Devon Clinic is a not for profit local charity that supports the community by offering therapy and support to those with mental health issues with life changing results, not just for our clients but for their wider families too.

Summary of the main achievements during the period

Providing therapy for those with mental health issues.

Signed on behalf of the charity's trustees:

Signed _____ Date _____

Mr Christopher Fleet

THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

RECIPTS & PAYMENTS ACCOUNT

	2023	
	£	£
RECEIPTS		
Grants		-
Donations		2,473
Memberships		-
Bank interest		-
Other receipts		-
Total receipts		<u>2,473</u>
PAYMENTS		
Bank charges	<u>62</u>	
Total Payments		<u>(62)</u>
Net receipts/(payments)		2,411
Cash funds at start of this period		<u>-</u>
CASH FUNDS AT THE END OF THIS PERIOD		<u><u>2,411</u></u>

THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023
STATEMENT OF ASSETS AND LIABILITIES

	Notes	£
CASH ASSETS		
Bank Accounts		<u>2,411</u>
LIABILITIES		
Creditors		<u>-</u>

These financial statements are accepted on behalf of the organisation by:

Signed _____ Dated _____
Mr Christopher Fleet

THE DEVON CLINIC CIO
(REGISTERED CHARITY, NUMBER 1198409)

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

NOTES TO THE ACCOUNTS

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

		£
14 Dec 22	Rotary Cl. Services	836
20 Dec 22	Barnes Heating	15
28 Dec 22	Essential 6	100
4 Jan 23	Credit	200
1 Mar 23	Credit	1,310
4 Apr 23	Deposit	12
	Total grants and donations	<u>2,473</u>

3. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period