

NEW BEGINNINGS PEER SUPPORT  
YEAR END 31 MARCH 2023

Reference and representative information

Charity registration number: 1188478

Charity office address: New Beginnings Peer Support  
c/o Lithgow Perkins LLP  
Crown Chambers  
Princes Street  
Harrogate  
YO1 1PE

Bankers: National Westminster Bank plc  
1 Cambridge Court  
Harrogate  
YO1 1PE

**NEW BEGINNINGS PEER SUPPORT**

**FINANCIAL STATEMENTS**

**31 MARCH 2023**

**LITHGOW PERKINS LLP**  
Crown Chambers  
Princes Street  
Harrogate

**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

Reference and Administrative Information

Charity registration number: 1198378

Principal office address: New Beginnings Peer Support  
c/o Lithgow Perkins LLP  
Crown Chambers  
Princes Street  
Harrogate  
HG1 1NJ

Bankers: National Westminster Bank plc  
3 Cambridge Crescent  
Harrogate  
HG1 1PE

**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**REPORT OF THE TRUSTEES**

The trustees present their report together with the financial statements of the charity for the year ended 31 March 2023. The financial statements have been prepared in accordance with the relevant accounting policies and comply with the Charities SORP and applicable law.

**Structure, Governance and Management**

The Charity was established by Lindsay Oliver due to a lack of long-term specialist support for those subjected to domestic abuse post crisis within the geographical area New Beginnings serves.

New Beginnings Peer Support was registered as a charity on the 25 March 2022 and is a registered charity, number 1198378.

The trustees who have served during the year are:-

A L De Spong	
N P Williams	
S E Little	
H E Richardson	
A M Abdalle	
V A Moody	- appointed 20/10/2022
C D Turner-Fryatt	- appointed 20/10/2022

Appointment of trustees is governed by the existing trustees.

The trustees have considered the induction and training requirements of trustees and ensure ongoing training needs are met.

**Objectives and Activities**

The objectives of the charity are to relieve the needs of women in primarily, but not exclusively, Harrogate & Craven Districts of North Yorkshire who have experienced domestic abuse and their children for the public benefit by providing an after-crisis support service and related practical assistance and by raising awareness of the impact of abuse and educating about healthy relationships.

**Public Benefit**

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims, objectives and activities and this report seeks to comply with that guidance by clearly explaining and illustrating how the charity delivers public benefit.

**Reserves Policy**

The charity keeps its policy as to reserves under regular review. Its policy of maintaining reserves adequate to meet all foreseeable liabilities as they become due is unchanged.



**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**REPORT OF THE TRUSTEES (cont'd)**

**Financial Review**

The Statement of Financial Activities on pages 5 shows a net surplus of £36,169 (2022: £7,858). The charity has increased its level of activity significantly in the current year and the trustees are pleased to report that the charity has also been able to increase its reserves and hence its financial stability in the year.

**Future plans**

The charity enters the following financial year with the intention of recruiting additional staff to better serve an increasing number of clients and with a specific remit of discovering need for domestic abuse peer services in the rural communities of North Yorkshire.

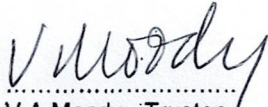
Further development of the charity's strategy, policies and procedures will take place to align more significantly with a trauma-informed and responsive approach with commitment to continual learning and improvement in this arena.

Lived-experience voice will remain central to the charity's growth and development, acknowledging client requests and encompassing within service enhancement where possible, with the support of the Co-Production Board Members. A specific focus over the coming year will be the support of the younger members of our families alongside awareness and prevention through wider community knowledge in an effort to reduce intergenerational trauma.

**Risk Management**

The trustees have examined the major strategic, business and operational risks which the charity faces and confirms that systems have been established so that the necessary steps can be taken to mitigate these risks.

Approved by the trustees on 21 December 2023 and signed on their behalf by:-

  
V A Moody - Trustee

**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**NEW BEGINNINGS PEER SUPPORT**

**CHARTERED ACCOUNTANTS' REPORT TO THE TRUSTEES  
ON THE UNAUDITED ACCOUNTS OF NEW BEGINNINGS PEER SUPPORT**

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In accordance with the engagement letter dated 18 August 2022 we have prepared for your approval the accounts of New Beginnings Peer Support for the year, set out on pages 5 to 9 from the entity's accounting records and from information and explanations you have given to us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at [icaew.com/members/handbook](http://icaew.com/members/handbook).

This report is made solely to you, the Trustees of New Beginnings Peer Support. Our work has been undertaken solely to prepare for your approval the accounts of New Beginnings Peer Support and state those matters that we have agreed to state to you in this report in accordance with ICAEW Technical Release TECH08/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than you, for our work or for this report.

You have approved the accounts for the year and have acknowledged your responsibility for them and for providing all information and explanations necessary for their compilation.

We have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the accounts.



**Lithgow Perkins LLP**

Chartered Accountants  
Crown Chambers  
Princes Street  
HARROGATE

21 December 2023



**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**STATEMENT OF FINANCIAL ACTIVITIES**

	Note	Unrestricted 2023 £	Restricted 2023 £	Total 2023 £	Total 2022 £
<b>Income and endowments from:</b>					
Donations		6,105	-	6,105	1,862
Christmas donations		-	4,351	4,351	1,462
Other restricted donations		-	262	262	-
Local fund		-	-	-	4,680
NYCC locality budget		-	-	-	1,231
TNL Covid-19 response		-	-	-	1,665
Co-op local cause		-	-	-	1,189
PFCC		-	65,139	65,139	17,534
Two Ridings Covid-19 fund		-	-	-	10,000
Two Ridings Community fund		-	27,916	27,916	-
The Shears Foundation		5,000	-	5,000	-
St James' Place		-	2,500	2,500	-
Greatest Hits Radio		-	2,800	2,800	-
<b>Total Income</b>		<b>11,105</b>	<b>102,968</b>	<b>114,073</b>	<b>39,623</b>
<b>Expenditure on:</b>					
Rent and rates		-	8,397	8,397	2,033
Consultancy fees		-	3,033	3,033	350
Utilities		-	-	-	25
Transport		-	518	518	137
Client activities		-	15,978	15,978	2,052
Staff expenses		-	1,786	1,786	-
Volunteer expenses		-	539	539	629
Publicity and marketing		-	249	249	413
Office costs and housekeeping		-	3,469	3,469	1,403
Wages	6	-	20,904	20,904	22,379
Chief executive remuneration	5	5,000	15,489	20,489	-
Insurance		-	709	709	799
Accounting and auditing		582	-	582	1,248
Donations		-	210	210	50
Governance costs		-	-	-	247
Depreciation		-	202	202	-
Sundry expenses		-	839	839	-
<b>Total Expenditure</b>		<b>5,582</b>	<b>72,322</b>	<b>77,904</b>	<b>31,765</b>
<b>Total funds at 31 March 2022</b>		<b>1,707</b>	<b>8,838</b>	<b>10,545</b>	<b>2,687</b>
<b>Net incoming/(outgoing) resources for the year</b>		<b>5,523</b>	<b>30,646</b>	<b>36,169</b>	<b>7,858</b>
<b>Net movement in funds</b>		<b>5,523</b>	<b>30,646</b>	<b>36,169</b>	<b>7,858</b>
<b>Total funds at 31 March 2023</b>		<b>7,230</b>	<b>39,484</b>	<b>46,714</b>	<b>10,545</b>

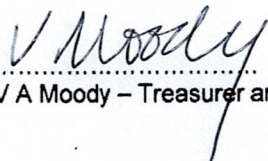
The notes on pages 7 to 9 form part of these financial statements

**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**BALANCE SHEET**

	Note	2023 £	2022 £
<b>Fixed Assets</b>			
Tangible fixed assets	2	1,592	-
<b>Current Assets</b>			
Bank accounts		46,348	12,185
Current assets	8	32	-
Current liabilities	9	(1,258)	(1,640)
<b>Net Current Assets</b>		<u>45,122</u>	<u>10,545</u>
<b>Net assets</b>		<u>46,714</u>	<u>10,545</u>
<b>Reserves</b>			
As at 31 March 2022		10,545	2,687
Surplus/(deficit) for the year		<u>36,169</u>	<u>7,858</u>
<b>As at March 2023</b>		<u>46,714</u>	<u>10,545</u>

The financial statements on pages 5 to 9 were approved by the trustees on 21 December 2023 and signed on their behalf by:-

  
V A Moody – Treasurer and trustee

The notes on pages 7 to 9 form part of these financial statements



**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies**

**1.1 Accounting convention**

These financial statements have been prepared in accordance with Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102").

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

**1.2 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment – 33.33% straight line  
Computer equipment – 15% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is credited or charged to profit or loss.

At each reporting period end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). Where it is not possible to estimate the recoverable amount of an individual asset, the charity estimates the recoverable amount of the cash-generating unit to which the asset belongs.

**1.3 Cash and cash equivalents**

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.4 Financial liabilities**

Financial liabilities including creditors bank loans are initially measured at transaction price. Financial liabilities classified as payable in one year are not amortised.

Trade creditors and accruals are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.



**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (cont'd)**

**2 Fixtures & Fittings**

	Office Equipment £	Computer Equipment £	Total 2023 £	Total 2022 £
<b>COST</b>				
At 1 April 2022	-	-	-	-
Additions	125	1,669	1,794	-
As at 31 March	125	1,669	1,784	-
<b>DEPRECIATION</b>				
At 1 April 2022	-	-	-	-
Charge for the year	19	183	202	-
As at 31 March 2023	19	183	202	-
<b>NET BOOK VALUE</b>				
At 31 March 2022	-	-	-	-
At 31 March 2023	106	1,486	1,592	-

**3 Volunteers**

The charity relies on a number of volunteers with the cohort incorporating both peer volunteers and community volunteers, with the majority of peer volunteers being beneficiaries of the charity having chosen to follow the client to volunteer pathway.

Peer volunteers enhance the support provided through the charity's positive social network activities, disseminating relevant information and signposting and offer an empathetic ear while in themselves and their position being evidence of progression and a sign of hope.

Community volunteers enable the necessary food support and donations of required items to reach the charity's clients who would not otherwise be able to receive the food/items. The charity works with corporate organisations who enable their staff to offer voluntary support and can in turn lead to further donations of items or time.

**4 Apportionment of governance costs**

The charity considers that the vast majority of its costs go towards supporting the charity's objects and that those costs identified for accounting, independent examination and the cost disclosed for the Chief Executive's remuneration represent the only expenditure on governance in the year.

**5 Trustee remuneration and benefits**

Our Chief Executive, Lindsay Oliver, receives a total of £20,489 from the charity. Of this amount, £5,000 is received in her capacity as chief executive and the remainder is paid to her for the provision of peer mentoring services.

**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (cont'd)**

**6 Staff costs**

	2023 £	2022 £
Wages and salaries	20,771	22,345
Pensions	133	34
	<u>20,904</u>	<u>22,379</u>

**7 Staff numbers and remuneration**

The average number of employees during the year was 3 (2022: 2).

No employee received employee benefits of more than £60,000 during the year (2022: nil).

**8 Current assets**

	2023 £	2022 £
Amounts falling due in one year		
Other debtors	<u>32</u>	<u>-</u>

**9 Current Liabilities**

	2023 £	2022 £
Amounts falling due within one year		
Accruals	660	732
Deferred income	-	909
Other	<u>598</u>	<u>-</u>
	<u>1,258</u>	<u>1,641</u>

**10 Going concern**

The trustees consider there are no material uncertainties in respect of the charity's ability to continue as a going concern.



**NEW BEGINNINGS PEER SUPPORT  
YEAR ENDED 31 MARCH 2023**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEW BEGINNINGS PEER  
SUPPORT**

I report to the Trustees on my examination of the accounts of New Beginnings Peer Support for the year ended 31 March 2023.

**Responsibilities and Basis of Report**

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**R J HORNER**  
Crown Chambers, Princes Street  
HARROGATE HG1 1NJ

21 December 2023