



Trustees' Annual Report for the period

From Period start date 1st Of April 2022

To Period end date 31st of March 2023

Charity name: New Beginnings Foundation CIO

Charity registration number: 1198338

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are to relieve the needs of vulnerable children who are known to Children's Social Care for concerns relating to neglect or emotional, physical or sexual abuse, in particular by providing intensive support to their parents and carers, and providing education in parenting skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Our mission is to provide parents in the child protection system with the reliable support they need to ensure they and their children are safe and secure.</p> <p>At New Beginnings we believe that by building meaningful relationships with parents based on trust, respect and honesty we can support parents to care for their children.</p> <p>We are an independent charity that works in partnership with children's services. We therefore have the independence and flexibility to tailor innovative therapeutic services to meet the needs of our families, whilst maintaining our strong commitment to tackling issues that families in the child protection system face.</p> <p>By working closely with social care professionals, we aim to improve working relationships between parents and their social worker which we recognise can often become polarised due to context of the child protection system.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees are aware of the guidance issued by the Charity Commission with regard to public benefit. It is this guidance that frames our governance structure and board meetings.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We would like to thank all of our volunteers, who are our peer mentors and parents who have been through the trauma informed programme, and work so hard in helping us run groups and the run drop in centre for new parents who join us.
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main activity we delivered this year was a trauma informed programme to adults whose children are in the child protection process. The programme lasts for 24 weeks. Each week parents attend a group session which has been designed to help them recognise who they are, understand why they parent in the way that they do and develop new skills which can help them progress and move forwards.</p> <p>The programme is accompanied by a workbook which has been designed to mirror the content of the group work sessions as well as help parents reflect on their own situations. We have worked with 2 cohorts of 20 parents this year. We have therefore supported 40 parents over the course of the year.</p> <p>When parents complete the trauma informed programme, they have the opportunity to train to become peer mentors and facilitate group work sessions with new parents. This year we have run one peer mentoring course and trained 5 new peer mentors.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our aim is to support families in the child protection process. This year we have received 100 referrals and we accepted 80 families onto the programme as we knew that with our retention rate being 76% we would lose some families at the start of the course. This approach has led to us working with 40 families over the course of the year.
Performance of fundraising activities against objectives set	Para 1.41	<p>In February 2021, we were awarded £260k of Reaching Communities Funding over a period of three years. This was our first large grant and we used it to employ two members of full time staff: an Operation Lead and Post Programme Support Worker as well as funding our volunteers, sessional staff and rent for the drop in centre.</p> <p>In addition to the Reaching Communities Fund, we have applied for and been awarded two further funds to run therapeutic workshops and develop our paper workbook into a digital resource. The first grant was £10k from the National Lottery Community Fund and the second was £30k from Winston Churchill Activate Funding.</p>

		<p>We have also carried out a sponsored walk and we raised £2214.</p> <p>We have met our fundraising objectives for this year.</p>
Investment performance against objectives	Para 1.41	

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Overall, the trustees are satisfied with the performance of the charity. They are happy with the amount of reserves that the charity holds and the progress the charity is making in terms of growth and spending.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustee policy at present is to hold between 3 and 6 months reserves. This equates to between £30k and £60k.
Amount of reserves held	Para 1.22	£33,790
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity is aware that the Reaching Communities fund is due to end in August 2024. Plans are being made to enable the charity to become more financially sustainable. We have contracted in Financial Consultants who have been developing a more robust funding structure for us to operate from. Once this has been completed we will have a better understanding of how we can move forward and grow sustainably.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>The majority of our funds have been received from the National Lottery.</p> <p>We also receive significant in-kind contributions from Stockport Local Authority who second two social workers to our service.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	A current risk is that the CEO is running the project (Project Lead) and also trying to grow the project (Strategic Lead)- these two roles need to be separated so that the

		risk of one person being in charge of the running of the charity is spread over more employees.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The Constitution is based on the charity commission's foundation model
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We recruit by advert. We carry out formal interviews via a panel which consists of CEO, Trustees, Parent from New Beginnings. Once selected, we check references and conduct DBS checks. Existing trustees make the final decision as to whether the new trustee is appointable.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	New Beginnings is a new charity and a new induction and training pathway for trustees is being developed.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Board of Trustees currently meet every two months but this will be extended to quarterly. We intend to meet with the Parents from New Beginnings Advisory Group before each Trustee Meeting. We are also in the process of setting up a Risk and Finance Sub- Committee to help us make better financial assessments for future planning.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	New Beginnings Foundation CIO
Other name the charity uses	New Beginnings
Registered charity number	1198338
Charity's principal address	St Marks Church Hall Redhouse Lane Stockport SK6 1BX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rhoda Peckitt	Treasurer		
2	Ann Potter	Chair	01.02.2023	
3	Lisa Warwick	Secretary		
4	Cordie Gwilym		01.02.2023	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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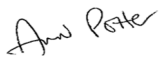
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ann Potter	
Position (eg Secretary, Chair, etc)	Chair	
Date	12/07/23	

Independent Examiner's Report

TO THE TRUSTEES OF NEW BEGINNINGS FOUNDATION CIO

I report on the accounts for the charity for the year ended 31st March 2023 which are set out on pages 11 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedure laid down in the general Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 - 50 Oldham St
Manchester M4 1LE

New Beginnings Foundation CIO

Year ending 31 March 2023

Receipts and Payments Accounts

	2023			2022		
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
Receipts	£	£	£	£	£	£
Sales	2,651	-	2,651	50,843	-	50,843
Donations and legacies	3,661	-	3,661	-	-	-
Judith Foundation	-	12,500	12,500	-	-	-
Training and consultancy	4,224	-	4,224	325	-	325
Grant - Churchill Fellowship	-	15,000	15,000	-	-	-
Grant - Love2support	-	-	-	-	10,000	10,000
BL Reaching Communities	-	88,231	88,231	-	37,705	37,705
BL Awards for All	-	10,000	10,000	-	-	-
Stockport MBC	3,920	-	3,920	-	-	-
Other income	260	-	260	516	-	516
Total receipts	14,716	125,731	140,447	51,684	47,705	99,389
Payments						
Accountancy	-	575	575	565	-	565
Corporation tax	-	-	-	591	-	591
Equipment	126	524	650	1,909	-	1,909
Insurance	-	939	939	619	-	619
IT costs	1,475	4,258	5,733	1,216	-	1,216
Other admin costs	557	470	1,027	1,000	-	1,000
Other project costs	3,370	626	3,996	5,633	-	5,633
Phone/internet	-	251	251	821	-	821
Premises costs	-	1,750	1,750	1,850	-	1,850
Printing postage and stationery	83	508	591	256	-	256
Professional fees	1,677	913	2,590	2,406	-	2,406
Sessional workers	2,234	6,090	8,324	3,109	14,001	17,110
Training and development	20	2,655	2,675	5,823	-	5,823
Travel and accommodation	3,262	651	3,913	2,291	-	2,291
Wages and salaries	-	66,161	66,161	-	33,704	33,704
Total payments	12,804	86,371	99,175	28,089	47,705	75,794
Net of receipts/(payments)	1,912	39,360	41,272	23,595	-	23,595
Transfers			-	-	-	-
Cash funds last year end	31,878	-	31,878	8,283	-	8,283
Cash funds this year end	33,790	39,360	73,150	31,878	-	31,878

New Beginnings Foundation CIO

Year ending 31 March 2023

Statement of assets and liabilities at the end of the year

	Notes	2023			2022		
		Unrestricte d funds £	Restricted funds £	Total funds £	Unrestricted funds £	Restricted funds £	Total funds £
Cash funds	1	33,790	39,360	73,150	31,878	-	31,878
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Liabilities							
relating to before 31 March 2021		600	-	600	900	-	900
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		33,190	39,360	72,550	30,978	-	30,978
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Signed on behalf of the trustees:

Dr Ann Potter

Name

Dr Ann Potter

Signed

14/07/23

Date

New Beginnings Foundation CIO

Year ending 31 March 2023

Notes

1 Cash Reserves Analysis

	b/f	income	expenditure	transfers	c/f
General reserves	31,878	14,716	(12,804)	-	33,790
Activate (Churchill Fellowship)	-	15,000	(6,250)	-	8,750
BL - Reaching Communities	-	88,231	(69,758)	-	18,473
Judith Foundation	-	12,500	(1,040)	-	11,460
BL - Awards for All	-	10,000	(9,323)	-	677
	31,878	140,447	(99,175)	-	73,150

2 This is the first set of accounts for the Charitable Incorporated Organisation New Beginnings Foundation CIO (charity ref. 1198338). The assets and activities of the Community Interest Company STOBBE SOCIAL CARE T/A NEW BEGINNINGS COMMUNITY INTEREST COMPANY (ref 11728548) were transferred on 1 April 2022 into this charity. Comparative figures are have been included and prepared on the same basis.

3 No member of staff earned more than £60,000