



# KnightsLowe

Chartered Accountants & Business Advisers

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Period 15 April 2022 to 31 March 2023**  
**for**  
**East Of England Asbestos Patient**  
**Support Group CIO**

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**East Of England Asbestos Patient**  
**Support Group CIO**

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**for the Period 15 April 2022 to 31 March 2023**

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**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

The trustees present their report with the financial statements of the charity for the period 15 April 2022 to 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the CIO are;

- to relieve sickness and to preserve and protect good health for the public benefit, by supporting mesothelioma cancer patients, through such means as the trustees deem appropriate, in particular but not limited to funding a specialist mesothelioma cancer nurse specialist to work in the Norfolk and Suffolk region.
- to campaign for the awareness in respect to the dangers of asbestos exposure, and;
- to promote patient care and signpost to Mesothelioma UK, in order to explore all current medical treatment options and clinical trials available.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including guidance "Public benefit: running a charity (PB2).

**Significant activities**

Since incorporation the charity has gone from strength to strength.

During the year the charity opened a bank account with Charities Aid Foundation (CAF), a non-profit company, to allow efficient telephone and internet banking, as well as allow use of a debit card to make payments where necessary.

A Gift Aid application was made which was subsequently approved by HMRC.

A JustGiving profile was also set up during the period to enable online donations through fundraising. The use of QR codes is being promoted, in order to raise funds in an increasing cashless society, however collection boxes are still available.

**Public benefit**

The Trustees have given consideration to the question of the Charity's status, with special regard to the benefit of the community beyond its own membership. They have referred to the guidelines on the Charity Commission website and are satisfied that both its activities and its use of funds fully justify its charitable status.

They have also given regard to the Charity Commission Guidelines on public benefit in forming the objectives and activities of the charity.

**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

In every area of development, the charity ensures that all activities are aligned with its charitable objects.

The team have been very proactive at raising the profile of the charity and mesothelioma/asbestos related conditions in general, through the use of social media and by distributing flyers and printed materials across the GP surgeries in the East of England. Social media channels include Twitter, Facebook and LinkedIn, all of which have growing numbers of followers; 522, 183 and 296 respectively.

Hugh James solicitors kindly sponsored the annual cost of the charity's subsidised venue hire in Norfolk and Suffolk, as well as all printing costs.

EEA PSG was invited to attend the ESNEFT Ipswich and Colchester Hospital Lung Cancer and Mesothelioma study day at Trinity Park in November 2022. A comprehensive awareness stall encouraged nursing delegates to learn about the dangers of asbestos within the built environment, and the ways in which people can be exposed to asbestos.

The charity took part in Action Mesothelioma Day (AMD) on the first Friday in July. The events for AMD resulted in St Edmundsbury Cathedral tower and St Ives bridge being lit up in blue in honour of AMD.

A meeting was held at the Council Chamber, King's Lynn together with Mesothelioma UK then head of nursing, the charity's trustee and West Suffolk Councillor Mr Patrick Chung and the Lord Mayor of King's Lynn.

Monthly meetings have been held at the Cottesey Centre (Norwich), the Southgate Centre (Bury St Edmunds) and at Coastal Wellbeing (Wells next to the Sea, Norfolk). The group focuses on providing holistic support to patients and their families.

Various outings were held during the year such as; Southwold Beach Hut, historic Mid-Suffolk Light Railway, Stowmarket and Christmas luncheons held at Moreton Hall and Ravenwood Hall in Bury St Edmunds.

During the Autumn of 2022, editorial comments were provided to BBC Radio Norfolk for their show, seeking to raise asbestos awareness.

The charity supports the national campaign 'Don't let the dust settle' and continues to reach out to local MPs to instigate the removal of asbestos in schools, public buildings and military accommodation.

**Fundraising activities**

There has been great success with regards to fundraising and awareness events during the summer, such as at the Norfolk Classic Car Show and Duxford Community Centre (Café 19), celebrating the Battle of Britain Memorial Shows.

**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**FINANCIAL REVIEW**

**Financial position**

The period to 31st March 2023 was the first incorporated period for the charity.

The period proved difficult in terms of fundraising, with the aftermath of the Covid pandemic and the difficult financial climate affecting all elements of fundraising activities. In some cases events where EEA-PSG (CIO) would have had a fundraising and/or raising awareness presence; these events were either postponed or cancelled. This applied to both historical events and what would have been new opportunities.

The difficult financial climate, in particular hitting the rural areas of Suffolk and Norfolk within which the charity works and derives a large portion of its income from were particularly affected.

Corporate donors proved a new innovation and whilst only confined to three individual companies, all from the legal profession. These proved valuable sources of income for the charity and resulted in much of the charity's costs, eg; stationery, room hire for patient support group meetings and catering for patient/carer in-house events.

At the end of the period, reserves held were £7,147.

**FUTURE PLANS**

In the spring the charity will attend a chair exercise session with a physiotherapist from St Nicholas Hospice Care.

In April 2023, funds will be distributed to the Sandra Chapman unit at James Paget hospital, donated to the Hospital Charity for the provision of a chemotherapy chair.

Trustee and Chairperson, Phoebe Osborne has been invited to attend the House of Commons in November 2023 to attend Sir Stephen Timms MP Cost-benefit Analysis for Asbestos Removal launch event.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

These accounts present the results for the first year of trading.

The financial statements have been prepared in accordance with the accounting policies set out herein and comply with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2015).

**Charity constitution**

East of England Asbestos Patient Support Group became a Charitable Incorporated Organisation (CIO) with a UK registered charity number 1198256 in March 2022. It is governed by its Constitution which was amended 28 February 2022.

**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

The initial trustee's were selected to provide a range of expertise to ensure successful establishment of the charity and cover the knowledge needed in the legal and accounting aspects of governance. Appointments were made on an initial two year term, with the exception of those identified below.

Trustees who served during the year were:

P Osborne (four year appointment)  
P Chung  
S Green  
E McConnell  
P Layland  
R Green (three year appointment)  
B Chamen-Wallis (for life or until retirement)  
T Boddy  
L Dempsey

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

As set out in the Constitution the Board of Trustees must comprise at least three and not more than eight individuals.

**Organisational structure**

The board of trustees consists of nine persons, whom administer the CIO. Volunteers support the board, who number between a single person support or group support, depending on the fundraising, awareness and/or patient support required at a variety of events. Three of the board members reside in the charity's centre of operations.

**Decision making**

The board of trustees is the principle decision making body of the charity. Any decisions taken by the trustees in the running of the charity are done so in regular meetings of the trustee board.

**Induction and training of new trustees**

There is an informal induction process for new trustees, each one meeting with the Chair of the Board prior to attending their first full board meeting. Copies of the Constitution, the latest Trustees' Annual Report and statement of accounts are made available to the new Trustee.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1198256

**Principal address**

4 Cedar Close  
Chestnut Grove  
Southend on Sea  
Essex  
SS2 5HW

**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**Trustees**

Miss P Osborne Chairman  
P Chung Trustee  
S F P Green Trustee  
E M McConnell Trustee  
P R Layland Trustee  
R Green Trustee  
B V C Wallis Trustee  
T W Boddy Trustee  
L M Dempsey Trustee

**Independent Examiner**

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
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Suffolk  
IP32 7AR

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26 April 2024 and signed on its behalf by:

B V C Wallis - Trustee

**Independent Examiner's Report to the Trustees of**  
**East Of.England Asbestos Patient**  
**Support Group CIO**

**Independent examiner's report to the trustees of East Of.England Asbestos Patient Support Group CIO**

I report to the charity trustees on my examination of the accounts of East Of.England Asbestos Patient Support Group CIO (the Trust) for the period 15 April 2022 to 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J Knights ACA, BSc

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
Bury St Edmunds  
Suffolk  
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26 April 2024



**East Of England Asbestos Patient  
Support Group CIO**

**Statement of Financial Activities  
for the Period 15 April 2022 to 31 March 2023**

	Notes	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>		
Donations and legacies	2	<b>10,205</b>
Investment income	3	<b>5</b>
<b>Total</b>		<b><u>10,210</u></b>
 <b>EXPENDITURE ON</b>		
<b>Charitable activities</b>	4	
Support Costs		<b>2,720</b>
Direct Costs		<b>343</b>
<b>Total</b>		<b><u>3,063</u></b>
 <b>NET INCOME</b>		<b><u>7,147</u></b>
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u><u>7,147</u></u></b>

The notes form part of these financial statements

**East Of England Asbestos Patient  
Support Group CIO**

**Balance Sheet**

**31 March 2023**

	Notes	Unrestricted fund £
<b>CURRENT ASSETS</b>		
Cash at bank		<b>8,347</b>
<b>CREDITORS</b>		
Amounts falling due within one year	8	<b>(1,200)</b>
<b>NET CURRENT ASSETS</b>		<b>7,147</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>7,147</b>
<b>NET ASSETS</b>		<b>7,147</b>
<b>FUNDS</b>		
Unrestricted funds	9	<b>7,147</b>
<b>TOTAL FUNDS</b>		<b>7,147</b>

The financial statements were approved by the Board of Trustees and authorised for issue on 26 April 2024 and were signed on its behalf by:

P Osborne - Trustee

B V C Wallis - Trustee

The notes form part of these financial statements

**East Of England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements  
for the Period 15 April 2022 to 31 March 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and is classified activity. The costs of each activity are made up of direct costs and shared costs, including support costs involved in undertaking each activity.

Direct costs attributable to a single activity are allocated directly to that activity.

Support costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between activities on a basis consistent with the use of resources.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any support costs.

All expenditure is inclusive of irrecoverable VAT.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**East Of England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements - continued  
for the Period 15 April 2022 to 31 March 2023**

**2. DONATIONS AND LEGACIES**

	£
Donations	<u><u>10,205</u></u>

**3. INVESTMENT INCOME**

	£
Deposit account interest	<u><u>5</u></u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Support Costs	-	<b>2,720</b>	<b>2,720</b>
Direct Costs	<b>343</b>	-	<b>343</b>
	<u><u>343</u></u>	<u><u>2,720</u></u>	<u><u>3,063</u></u>

**5. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	£
Room hire	<u><u>343</u></u>

**6. SUPPORT COSTS**

	Management £	Finance £	Governance costs £	Totals £
Support Costs	<u><u>1,500</u></u>	<u><u>20</u></u>	<u><u>1,200</u></u>	<u><u>2,720</u></u>

Support costs, included in the above, are as follows:

	Support Costs £
Insurance	<b>180</b>
Postage and stationery	<b>515</b>
Advertising	<b>330</b>
Sundries	<b>475</b>
Bank charges	<b>20</b>
Accountancy and legal fees	<b>1,200</b>
	<u><u>2,720</u></u>

**East Of England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements - continued  
for the Period 15 April 2022 to 31 March 2023**

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 31 March 2023.

**Trustees' expenses**

During the year a total of £330 of reimbursed expenses were paid to a single trustee.

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Accruals and deferred income	£ <b>1,200</b>
------------------------------	-------------------

**9. MOVEMENT IN FUNDS**

	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>		
General fund	<b>7,147</b>	<b>7,147</b>
<b>TOTAL FUNDS</b>	<b>7,147</b>	<b>7,147</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>10,210</b>	<b>(3,063)</b>	<b>7,147</b>
<b>TOTAL FUNDS</b>	<b>10,210</b>	<b>(3,063)</b>	<b>7,147</b>

**10. RELATED PARTY DISCLOSURES**

During the year a total of £330 of reimbursed expenses were paid to a single trustee.

Donations totalling £3,708 were received from six trustees throughout the year.

**East Of England Asbestos Patient  
Support Group CIO**

**Detailed Statement of Financial Activities  
for the Period 15 April 2022 to 31 March 2023**

£

**INCOME AND ENDOWMENTS**

**Donations and legacies**

Donations	10,205
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**Investment income**

Deposit account interest	5
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<b>Total incoming resources</b>	<b>10,210</b>
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**EXPENDITURE**

**Charitable activities**

Room hire	343
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**Support costs**

**Management**

Insurance	180
-----------	-----

Postage and stationery	515
------------------------	-----

Advertising	330
-------------	-----

Sundries	475
----------	-----

	<hr/> 1,500
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**Finance**

Bank charges	20
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**Governance costs**

Accountancy and legal fees	1,200
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Total resources expended	<hr/> 3,063
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<b>Net income</b>	<b><hr/><hr/>7,147</b>
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## Signature 1

Signed by Phoebe Osborne using authentication code dVvXMmdMXDNKeExj at IP address 81.152.149.96, on 2024/05/03 11:17:48 Z.

Phoebe Osborne 's e-mail address is: [info@eastofenglandasbestos.co.uk](mailto:info@eastofenglandasbestos.co.uk).