

# EAST OF ENGLAND ASBESTOS PATIENT SUPPORT GROUP

England & Wales · Charity number 1198256

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-03-15

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 50 Princes Street  
Ipswich  
Suffolk  
IP1 1RJ

**Phone** 07852217560

**Email** [info@eastofenglandasbestos.co.uk](mailto:info@eastofenglandasbestos.co.uk)

**Website** <https://eastofenglandasbestos.co.uk/>

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE: TO FUND A SPECIALIST MESOTHELIOMA CANCER NURSE SPECIALIST TO WORK IN THE NORFOLK, SUFFOLK REGION. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

**Activities:** To relieve sickness and to preserve and protect good health for the public benefit by supporting Mesothelioma cancer patients through such means as the trustees deem appropriate, in particular but not limited to funding a specialist Mesothelioma Cancer Nurse Specialist to work in the Norfolk and/or Suffolk region

## Classification

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- **How:** Makes Grants To Organisations, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,971	£5,151	-	-
2024-03-31	£13,633	£6,429	-	-
2023-04-30	£10,210	£3,063	-	-

## Trustees

Name	Role	Appointed
<b>Phoebe Osborne Miss</b>	Chair	2022-03-15
Christine Brown		2024-10-10
Claire Bladen		2024-10-10
PATRICK CHUNG		2022-03-15
Peter Roy Layland		2022-03-15
Richard Green Mr		2022-03-15
Stephen Francis Peter Green		2022-03-15
Thomas William Boddy Mr		2022-03-15

**EAST OF ENGLAND ASBESTOS PATIENT SUPPORT GROUP**

England & Wales - Charity number 1198256

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# Accounts

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**East of England Asbestos  
Patient Support Group**

**East of England Asbestos Patient Support Group CIO  
(EEA PSG)**

**Registered Charity Number: 1198256**

**Report of the Trustees and Unaudited Financial Statements  
for the Period 1 April 2023 to 31 March 2024**

# **East of England Asbestos Patient Support Group CIO**

## **Report of the Trustees** **for the Period 1 April 2023 to 31 March 2024**

The trustees present their report with the financial statements of the charity for the period 1 April 2023 to 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The objectives of the CIO are;

- to relieve sickness and to preserve and protect good health for the public benefit, by supporting mesothelioma cancer patients, through such means as the trustees deem appropriate, in particular but not limited to funding a specialist mesothelioma cancer nurse specialist to work in the Norfolk and Suffolk region.
- to campaign for the awareness in respect to the dangers of asbestos exposure, and;
- to promote patient care and signpost to Mesothelioma UK, in order to explore all current medical treatment options and clinical trials available.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including guidance "Public benefit: running a charity (PB2).

#### **Significant activities**

In April 2023 the charity distributed funds to the James Paget Hospital Sandra Chapman Unit in the sum of £2220 donated to the hospital charity for provision of a chemotherapy chair.

In March 2024 the charity donated £2000 to My WiSH based at West Suffolk Hospital for provision of equipment for the respiratory oncology departments. They have purchased fans for managing breathlessness and pedometers for pre-hab for those embarking on treatment.

#### **Public benefit**

The Trustees have given consideration to the question of the Charity's status, with special regard to the benefit of the community beyond its own membership. They have referred to the guidelines on the Charity Commission website and are satisfied that both its activities and its use of funds fully justify its charitable status.

They have also given regard to the Charity Commission Guidelines on public benefit in forming the objectives and activities of the charity.

**East of England Asbestos Patient Support Group CIO**

**Report of the Trustees**

**for the Period 1 April 2023 to 31 March 2024**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

In every area of development, the charity ensures that all activities are aligned with its charitable objectives.

The charity holds regular monthly meetings at the Southgate Centre, Bury St Edmunds, the Costessey Centre, Norwich and at Coastal Wellbeing, Wells next the Sea North Norfolk. The groups focus on providing holistic support to patients and their families. They welcome patients, families and carers affected by asbestos related health conditions.

Mesothelioma UK specialist nurse Kate Slaven of Royal Papworth and Michelle Buono, West Suffolk Palliative Care nurse presented to the groups in 2023.

The charity's team have been very proactive at raising the profile of the charity and mesothelioma / asbestos related health conditions in general using social media and by distributing flyers and printed materials across the GP surgeries in the East of England. The website and social media channels are kept up to date by Phoebe Osborne, including Twitter, Facebook, and LinkedIn with growing numbers and engagement each year.

Awareness stands continued to be held at Duxford Community Centre (Café 19) throughout the summer celebrating the Battle of Britain Memorial airshows.

A successful Action Mesothelioma Day (AMD) was held in July 2023. The events for AMD have resulted in St Edmundsbury Cathedral tower being lit-up in blue in honour of AMD.

In July 2023 the charity organised a summer outing to the Mid-Suffolk Light Railway, Stowmarket for the support group's attendees and the December 2023 Christmas lunch was enjoyed by all at Ravenwood Hall in Bury St Edmunds.

**Fundraising activities**

Usual fundraising activities have resumed following the COVID-19 restrictions however the level of donations from the public has dropped. During this period, fundraising continued at Duxford Battle of Britain Memorial airshows but the charity ceased raising funds at the Bury St Edmunds Christmas market as this was not sustainable for the Trustees to manage during inclement weather when limited funds were raised. A £100 donation was gifted to the Duxford Football club who assisted the setup of the fundraising events at Café 19.

## **East of England Asbestos Patient Support Group CIO**

### **Report of the Trustees**

**for the Period 1 April 2023 to 31 March 2024**

## **FINANCIAL REVIEW**

### **Financial Position**

The period to 31 March 2024 represents the second incorporated period for the charity.

The charity continues to raise funds at awareness events and through the kind donations of the general public.

Hugh James solicitors have kindly continued to sponsor the annual cost of the venue hire, refreshments and all printing costs. The charity received a further corporate donation of £500 from Leigh Day solicitors who made charitable donations to all asbestos support groups operating in the UK.

A £500 donation was also received from the Matthew Good foundation where one of their members put the charity forward to receive a discretionary donation.

At the end of the period, reserves held were £7,204

## **FUTURE PLANS**

Due to an ever-increasing attendance and a demand for more regular meetings at the Southgate Centre, Bury St Edmunds, the support group will now be held there every month rather than every other month. Meetings at Coastal Wellbeing, Wells next the Sea North Norfolk will continue but the meetings at Costessey Centre, Norwich will be placed on hold while The Big C restart their support group for patients with lung cancers at the local hospital.

Fundraising will continue and the charity will look at new ways to support those affected by asbestos related diseases.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an incorporated charity. These accounts present the results for the second year of trading.

The financial statements have been prepared in accordance with the accounting policies set out herein and comply with Accounting and Reporting by Charities Statement of Recommended Practice (SORP 2015).

### **Charity constitution**

East of England Asbestos Patient Support Group became a Charitable Incorporated Organisation (CIO) with a UK registered charity number 1198256 in March 2022. It is governed by its Constitution which was amended 28 February 2022.

**East of England Asbestos Patient Support Group CIO**

**Report of the Trustees**

**for the Period 1 April 2023 to 31 March 2024**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

The initial trustee's were selected to provide a range of expertise to ensure successful establishment of the charity and cover the knowledge needed in the legal and accounting aspects of governance. Appointments were made on an initial two year term, with the exception of those identified below.

Trustees who served during the year were:

P Osborne (four year appointment)

P Chung

S Green

E McConnell

P Layland

R Green (three year appointment)

B Chamen-Wallis (for life or until retirement)

T Boddy

L Dempsey

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

As set out in the Constitution the Board of Trustees must comprise at least three individuals.

**Organisational structure**

The board of trustees consists of nine persons, whom administer the CIO. Volunteers support the board, who number between a single person support or group support, depending on the fundraising, awareness and/or patient support required at a variety of events.

**Decision making**

The board of trustees is the principle decision making body of the charity. Any decisions taken by the trustees in the running of the charity are done so in regular meetings of the trustee board.

**Induction and training of new trustees**

There is an informal induction process for new trustees, each one meeting with the Chair of the Board prior to attending their first full board meeting. Copies of the Constitution, the latest Trustees' Annual Report and statement of accounts are made available to the new Trustee.

**East of England Asbestos Patient Support Group CIO**

**Report of the Trustees**

**for the Period 1 April 2023 to 31 March 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1198256

**Principal address**

15 Granhams Road  
Great Shelford  
Cambridgeshire  
CB225JX

**Trustees**

P Osborne - Chairman  
P Chung - Trustee  
S F P Green - Trustee  
C Bladen - Trustee  
P R Layland - Trustee  
R Green - Trustee  
C Brown - Trustee  
T W Boddy - Trustee

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

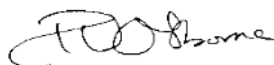
The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26 February 2025 and signed on its behalf by:

**P V Osborne – Trustee**



## **East of England Asbestos Patient Support Group CIO**

### **Unaudited Financial Statements** **for the Period 1 April 2023 to 31 March 2024**

#### **Independent Examination**

In accordance with the Charity SORP, the charity's accounts are not eligible to be independently examined due to its income being less than £25,000.

#### **Changes to Accounting**

In 2022 the charity instructed Knights Lowe Chartered Accounts to manage the charity's accounts and prepare the financial statements to be sent to the Charity Commission for year 1 of trading (15 April 2022 to 31 March 2023). Knights Lowe originally quoted the charity £1200 for completion of these services, this is reflected in their year 1 financial statements as a 'governance cost' and amount owing to 'creditors' within 'Notes to the Financial Statements'. Knights Lowe invoiced for £2106 in June 2024 for these services. This represents 20.6% of the charity's total incoming resources for the year and would be unaffordable for such a small charity year on year going forward. A large amount of the charity's income comes from small donations from the public. The charity is unable to justify such a large outgoing annual cost when these funds should be used for the purpose the donations were intended for and in accordance with the charity's objectives and aims.

The board of trustees' voted unanimously not to reappoint Knights Lowe for future financial services and seek to find alternative options.

Upon further investigation, it has come to the charity's attention that in accordance with the Charity SORP, a charity is only eligible for independent examination if their income is over £25,000.

Knights Lowe also implemented the more complex method of accrual accounting, which is generally reserved for larger charities with larger incomes. In line with the Charity SORP, smaller charities are eligible to use the more simple receipts and payment method of accounting which will now be implemented for all future reporting periods.

#### **The following changes to the charity's accounting have been made:**

- Independent examination will only be sought if income is greater than £25,000
- Moving from accruals to receipts and payment accounting. This will mean the £1200 governance/creditor cost included in the year 1 SoFA will be added back into the opening balance brought forward from year 1 and will only be reflected in the 2024/2025 accounts when payment of £2106 was made to Knights Lowe.
- Year 1 financial statements prepared by Knights Lowe cover the period 15 April 2022 to 31 March 2023 but they wrongly submitted the charity's financial year as 15 April 2022 to 30 April 2023 to the Charity Commission. The Charity Commission has now been informed the charity's financial year will run from 31 March to 1 April each year moving forward but this has resulted in the Charity Commission showing year 2 accounts as being submitted late.
- This format will now be adopted for future reporting periods

The charity's accounts and financial statements have been prepared by

Thomas Boddy – Trustee and acting Treasurer.



**T W Boddy – Trustee**

**East of England Asbestos Patient Support Group CIO**

**Statement of Financial Activities**  
**for the Period 1 April 2023 to 31 March 2024**

	£
<b>BALANCE BROUGHT FORWARD</b>	
Balance brought forward from year 1	7,142
Governance/creditor amount from year 1 to be included	1,200
	<u>8,342</u>
 <i>The balance of the CAF Bank cash account shows £8,342.26 as of 1 April 2023</i>	
<b>INCOME AND ENDOWMENTS</b>	
<b>Donations and Legacies</b>	
Unrestricted	5,275
Restricted	0
<b>Investment income</b>	
Deposit account interest	16
	<u>5,291</u>
<b>Total incoming resources</b>	<u>13,633</u>
 <b>EXPENDITURE</b>	
<b>Direct costs</b>	
Room Hire	105
Charitable activities (project distributions)	4,320
	<u>4,425</u>
<b>Support costs</b>	
<b>Management</b>	
Advertising, postage, stationery, refreshments	1,780
<b>Finance</b>	
Bank charges and Just Giving fee's	224
<b>Governance costs</b>	0
	<u>2,004</u>
<b>Total resources expended</b>	<u>6,429</u>
 <b>Net income</b>	<u>7,204</u> <u>=====</u>

*The balance of the CAF Bank cash account shows £7,203.45 as of 31 March 2024*

**East of England Asbestos Patient Support Group CIO**

**Notes to the Financial Statements**

**for the Period 1 April 2023 to 31 March 2024**

**ACCOUNTING**

The accounts and financial statements have been prepared using receipts and payments method of accounting and in accordance with the Charity SORP (FRS 102)

**DONATIONS AND LEGACIES**

All donations and legacies received constitute unrestricted funds. At present there are no restricted funds.

**CHARITABLE ACTIVITY COSTS**

All charitable activity costs are paid for from unrestricted funds.

**TRUSTEES' REMUNERTION BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 31 March 2024

**Trustees' expenses**

During the year there were no reimbursed expenses paid to trustees

**CREDITORS**

The charity has moved to receipts and payment accounting and therefore there are no outstanding payments to creditors for this period ended 31 March 2024

**MOVEMENT IN FUNDS**

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>13,633</b>	<b>6,429</b>	<b>7,204</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>13,633</b>	<b>6,429</b>	<b>7,204</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**RELATED PARTY DISCLOSURES**

There were no related party disclosures for the period ended 31 March 2024

**EAST OF ENGLAND ASBESTOS PATIENT SUPPORT GROUP**

England & Wales - Charity number 1198256

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# Accounts

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# Knights Lowe

Chartered Accountants & Business Advisers

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Period 15 April 2022 to 31 March 2023**  
**for**  
**East Of England Asbestos Patient**  
**Support Group CIO**

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
Bury St Edmunds  
Suffolk  
IP32 7AR



Eldo House, Kempson Way, Suffolk Business Park  
Bury St Edmunds, Suffolk, IP32 7AR

01284 701300

info@knightslowe.co.uk

knightslowe.co.uk

**East Of England Asbestos Patient  
Support Group CIO**

**Contents of the Financial Statements  
for the Period 15 April 2022 to 31 March 2023**

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**East Of England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

The trustees present their report with the financial statements of the charity for the period 15 April 2022 to 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the CIO are;

- to relieve sickness and to preserve and protect good health for the public benefit, by supporting mesothelioma cancer patients, through such means as the trustees deem appropriate, in particular but not limited to funding a specialist mesothelioma cancer nurse specialist to work in the Norfolk and Suffolk region.
- to campaign for the awareness in respect to the dangers of asbestos exposure, and;
- to promote patient care and signpost to Mesothelioma UK, in order to explore all current medical treatment options and clinical trials available.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including guidance "Public benefit: running a charity (PB2).

**Significant activities**

Since incorporation the charity has gone from strength to strength.

During the year the charity opened a bank account with Charities Aid Foundation (CAF), a non-profit company, to allow efficient telephone and internet banking, as well as allow use of a debit card to make payments where necessary.

A Gift Aid application was made which was subsequently approved by HMRC.

A JustGiving profile was also set up during the period to enable online donations through fundraising. The use of QR codes is being promoted, in order to raise funds in an increasing cashless society, however collection boxes are still available.

**Public benefit**

The Trustees have given consideration to the question of the Charity's status, with special regard to the benefit of the community beyond its own membership. They have referred to the guidelines on the Charity Commission website and are satisfied that both its activities and its use of funds fully justify its charitable status.

They have also given regard to the Charity Commission Guidelines on public benefit in forming the objectives and activities of the charity.

**East Of.England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

In every area of development, the charity ensures that all activities are aligned with its charitable objects.

The team have been very proactive at raising the profile of the charity and mesothelioma/asbestos related conditions in general, through the use of social media and by distributing flyers and printed materials across the GP surgeries in the East of England. Social medial channels include Twitter, Facebook and LinkedIn, all of which have growing numbers of followers; 522, 183 and 296 respectively.

Hugh James solicitors kindly sponsored the annual cost of the charity's subsidised venue hire in Norfolk and Suffolk, as well as all printing costs.

EEA PSG was invited to attend the ESNEFT Ipswich and Colchester Hospital Lung Cancer and Mesothelioma study day at Trinity Park in November 2022. A comprehensive awareness stall encouraged nursing delegates to learn about the dangers of asbestos within the built environment, and the ways in which people can be exposed to asbestos.

The charity took part in Action Mesothelioma Day (AMD) on the first Friday in July. The events for AMD resulted in St Edmundsbury Cathedral tower and St Ives bridge being lit up in blue in honour of AMD.

A meeting was held at the Council Chamber, King's Lynn together with Mesothelioma UK then head of nursing, the charity's trustee and West Suffolk Councillor Mr Patrick Chung and the Lord Mayor of King's Lynn.

Monthly meetings have been held at the Cottesey Centre (Norwich), the Southgate Centre (Bury St Edmunds) and at Coastal Wellbeing (Wells next to the Sea, Norfolk). The group focuses on providing holistic support to patients and their families.

Various outings were held during the year such as; Southwold Beach Hut, historic Mid-Suffolk Light Railway, Stowmarket and Christmas luncheons held at Moreton Hall and Ravenwood Hall in Bury St Edmunds.

During the Autumn of 2022, editorial comments were provided to BBC Radio Norfolk for their show, seeking to raise asbestos awareness.

The charity supports the national campaign 'Don't let the dust settle' and continues to reach out to local MPs to instigate the removal of asbestos in schools, public buildings and military accommodation.

**Fundraising activities**

There has been great success with regards to fundraising and awareness events during the summer, such as at the Norfolk Classic Car Show and Duxford Community Centre (Café 19), celebrating the Battle of Britain Memorial Shows.

**East Of.England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**FINANCIAL REVIEW**

**Financial position**

The period to 31st March 2023 was the first incorporated period for the charity.

The period proved difficult in terms of fundraising, with the aftermath of the Covid pandemic and the difficult financial climate affecting all elements of fundraising activities. In some cases events where EEA-PSG (CIO) would have had a fundraising and/or raising awareness presence; these events were either postponed or cancelled. This applied to both historical events and what would have been new opportunities.

The difficult financial climate, in particular hitting the rural areas of Suffolk and Norfolk within which the charity works and derives a large portion of its income from were particularly affected.

Corporate donors proved a new innovation and whilst only confined to three individual companies, all from the legal profession. These proved valuable sources of income for the charity and resulted in much of the charity's costs, eg; stationery, room hire for patient support group meetings and catering for patient/carer in-house events.

At the end of the period, reserves held were £7,147.

**FUTURE PLANS**

In the spring the charity will attend a chair exercise session with a physiotherapist from St Nicholas Hospice Care.

In April 2023, funds will be distributed to the Sandra Chapman unit at James Padget hospital, donated to the Hospital Charity for the provision of a chemotherapy chair.

Trustee and Chairperson, Phoebe Osborne has been invited to attend the House of Commons in November 2023 to attend Sir Stephen Timms MP Cost-benefit Analysis for Asbestos Removal launch event.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

These accounts present the results for the first year of trading.

The financial statements have been prepared in accordance with the accounting policies set out herein and comply with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2015).

**Charity constitution**

East of England Asbestos Patient Support Group became a Charitable Incorporated Organisation (CIO) with a UK registered charity number 1198256 in March 2022. It is governed by its Constitution which was amended 28 February 2022.

**East Of.England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

The initial trustee's were selected to provide a range of expertise to ensure successful establishment of the charity and cover the knowledge needed in the legal and accounting aspects of governance. Appointments were made on an initial two year term, with the exception of those identified below.

Trustees who served during the year were:

P Osborne (four year appointment)  
P Chung  
S Green  
E McConnell  
P Layland  
R Green (three year appointment)  
B Chamen-Wallis (for life or until retirement)  
T Boddy  
L Dempsey

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

As set out in the Constitution the Board of Trustees must comprise at least three and not more than eight individuals.

**Organisational structure**

The board of trustees consists of nine persons, whom administer the CIO. Volunteers support the board, who number between a single person support or group support, depending on the fundraising, awareness and/or patient support required at a variety of events. Three of the board members reside in the charity's centre of operations.

**Decision making**

The board of trustees is the principle decision making body of the charity. Any decisions taken by the trustees in the running of the charity are done so in regular meetings of the trustee board.

**Induction and training of new trustees**

There is an informal induction process for new trustees, each one meeting with the Chair of the Board prior to attending their first full board meeting. Copies of the Constitution, the latest Trustees' Annual Report and statement of accounts are made available to the new Trustee.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1198256

**Principal address**

4 Cedar Close  
Chestnut Grove  
Southend on Sea  
Essex  
SS2 5HW

**East Of.England Asbestos Patient  
Support Group CIO**

**Report of the Trustees  
for the Period 15 April 2022 to 31 March 2023**

**Trustees**

Miss P Osborne Chairman  
P Chung Trustee  
S F P Green Trustee  
E M McConnell Trustee  
P R Layland Trustee  
R Green Trustee  
B V C Wallis Trustee  
T W Boddy Trustee  
L M Dempsey Trustee

**Independent Examiner**

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
Bury St Edmunds  
Suffolk  
IP32 7AR

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26 April 2024 and signed on its behalf by:

B V C Wallis - Trustee

**Independent Examiner's Report to the Trustees of**  
**East Of.England Asbestos Patient**  
**Support Group CIO**

**Independent examiner's report to the trustees of East Of.England Asbestos Patient Support Group CIO**

I report to the charity trustees on my examination of the accounts of East Of.England Asbestos Patient Support Group CIO (the Trust) for the period 15 April 2022 to 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

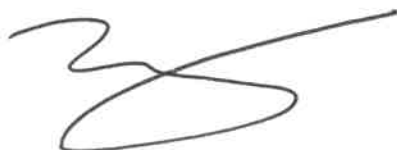
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J Knights ACA, BSc

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
Bury St Edmunds  
Suffolk  
IP32 7AR

26 April 2024

**East Of England Asbestos Patient  
Support Group CIO**

**Statement of Financial Activities  
for the Period 15 April 2022 to 31 March 2023**

	Notes	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>		
Donations and legacies	2	<b>10,205</b>
Investment income	3	<b>5</b>
<b>Total</b>		<b><u>10,210</u></b>
<b>EXPENDITURE ON</b>		
<b>Charitable activities</b>	4	
Support Costs		<b>2,720</b>
Direct Costs		<b>343</b>
<b>Total</b>		<b><u>3,063</u></b>
<b>NET INCOME</b>		<b><u>7,147</u></b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u><u>7,147</u></u></b>

The notes form part of these financial statements

**East Of.England Asbestos Patient  
Support Group CIO**

**Balance Sheet  
31 March 2023**

	Notes	Unrestricted fund £
<b>CURRENT ASSETS</b>		
Cash at bank		<b>8,347</b>
<b>CREDITORS</b>		
Amounts falling due within one year	8	<b>(1,200)</b>
<b>NET CURRENT ASSETS</b>		<b><u>7,147</u></b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b><u>7,147</u></b>
<b>NET ASSETS</b>		<b><u>7,147</u></b>
<b>FUNDS</b>		
Unrestricted funds	9	<b><u>7,147</u></b>
<b>TOTAL FUNDS</b>		<b><u>7,147</u></b>

The financial statements were approved by the Board of Trustees and authorised for issue on 26 April 2024 and were signed on its behalf by:

P Osborne - Trustee

B V C Wallis - Trustee

**East Of.England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements  
for the Period 15 April 2022 to 31 March 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and is classified activity. The costs of each activity are made up of direct costs and shared costs, including support costs involved in undertaking each activity.

Direct costs attributable to a single activity are allocated directly to that activity.

Support costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between activities on a basis consistent with the use of resources.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any support costs.

All expenditure is inclusive of irrecoverable VAT.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**East Of England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements - continued  
for the Period 15 April 2022 to 31 March 2023**

**2. DONATIONS AND LEGACIES**

Donations	£ <b>10,205</b>
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**3. INVESTMENT INCOME**

Deposit account interest	£ <b>5</b>
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**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Support Costs	-	<b>2,720</b>	<b>2,720</b>
Direct Costs	<b>343</b>	-	<b>343</b>
	<b>343</b>	<b>2,720</b>	<b>3,063</b>

**5. DIRECT COSTS OF CHARITABLE ACTIVITIES**

Room hire	£ <b>343</b>
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**6. SUPPORT COSTS**

	Management	Finance	Governance costs	Totals
	£	£	£	£
Support Costs	<b>1,500</b>	<b>20</b>	<b>1,200</b>	<b>2,720</b>

Support costs, included in the above, are as follows:

	Support Costs £
Insurance	180
Postage and stationery	515
Advertising	330
Sundries	475
Bank charges	20
Accountancy and legal fees	1,200
	<b>2,720</b>

**East Of England Asbestos Patient  
Support Group CIO**

**Notes to the Financial Statements - continued  
for the Period 15 April 2022 to 31 March 2023**

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 31 March 2023.

**Trustees' expenses**

During the year a total of £330 of reimbursed expenses were paid to a single trustee.

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Accruals and deferred income	<b>£ 1,200</b>
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**9. MOVEMENT IN FUNDS**

	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>		
General fund	<b>7,147</b>	<b>7,147</b>
	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>7,147</b>	<b>7,147</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>10,210</b>	<b>(3,063)</b>	<b>7,147</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>10,210</b>	<b>(3,063)</b>	<b>7,147</b>

**10. RELATED PARTY DISCLOSURES**

During the year a total of £330 of reimbursed expenses were paid to a single trustee.

Donations totalling £3,708 were received from six trustees throughout the year.

**East Of.England Asbestos Patient**  
**Support Group CIO**

**Detailed Statement of Financial Activities**  
**for the Period 15 April 2022 to 31 March 2023**

£

**INCOME AND ENDOWMENTS**

**Donations and legacies**

Donations 10,205

**Investment income**

Deposit account interest 5

**Total incoming resources** **10,210**

**EXPENDITURE**

**Charitable activities**

Room hire 343

**Support costs**

**Management**

Insurance 180

Postage and stationery 515

Advertising 330

Sundries 475

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1,500

**Finance**

Bank charges 20

**Governance costs**

Accountancy and legal fees 1,200

Total resources expended **3,063**

**Net income** **7,147**

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## Signature 1

Signed by Phoebe Osborne using authentication code dVvXMmdMXDNKeExj at IP address 81.152.149.96, on 2024/05/03 11:17:48 Z.

Phoebe Osborne's e-mail address is: [info@eastofenglandasbestos.co.uk](mailto:info@eastofenglandasbestos.co.uk).