



## Trustees' Annual Report for the period

From

Period start date

01 03 2024

To

Period end date

28 02 2025

### Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anne Reese	Chair		
2	Richard Stanley	Secretary		
3	Michael Farmer	Treasurer		
4	Emily Ryan		to 2 February 2025	
5	Mary Regan			
6	Jacqueline Haskins		to 31 March 2024	
7				
8				

### Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

How the charity is constituted  
(eg. trust, association, company)

Trustee selection methods  
(eg. appointed by, elected by)

## Summary of the objects of the charity set out in its governing document

The objects of the charity are:

*The relief of need among families in Bristol who are socially or economically disadvantaged in such ways as the trustees may in their absolute discretion think fit but particularly through:*

- a) the collection and distribution of food and toiletries via community partners already working with families and children in need,*
- b) promoting and preserving good nutrition through an emphasis on the provision of fresh produce,*
- c) raising awareness of food poverty and promoting public support for the charity's activities,*
- d) encouraging and enabling members of the public to undertake voluntary work.*

## Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Family Food Action provides weekly donations of fresh produce and toiletries to 7 community organisations in North, East and Central Bristol (our partners), for distribution to families in economic and social need via:

- food clubs based in children's centres, a community centre, a church, and a primary school, where families pay a small membership fee and in return receive weekly produce at a substantial discount.
- two adventure playgrounds that provide free meals to children out of school hours.

Unlike Food Banks, families do not require a 3<sup>rd</sup> party referral to join these food centres. All our partners are embedded in their local community with strong relationships with local children and families. Food is never offered in isolation and is just one part of wider family support that each partner offers.

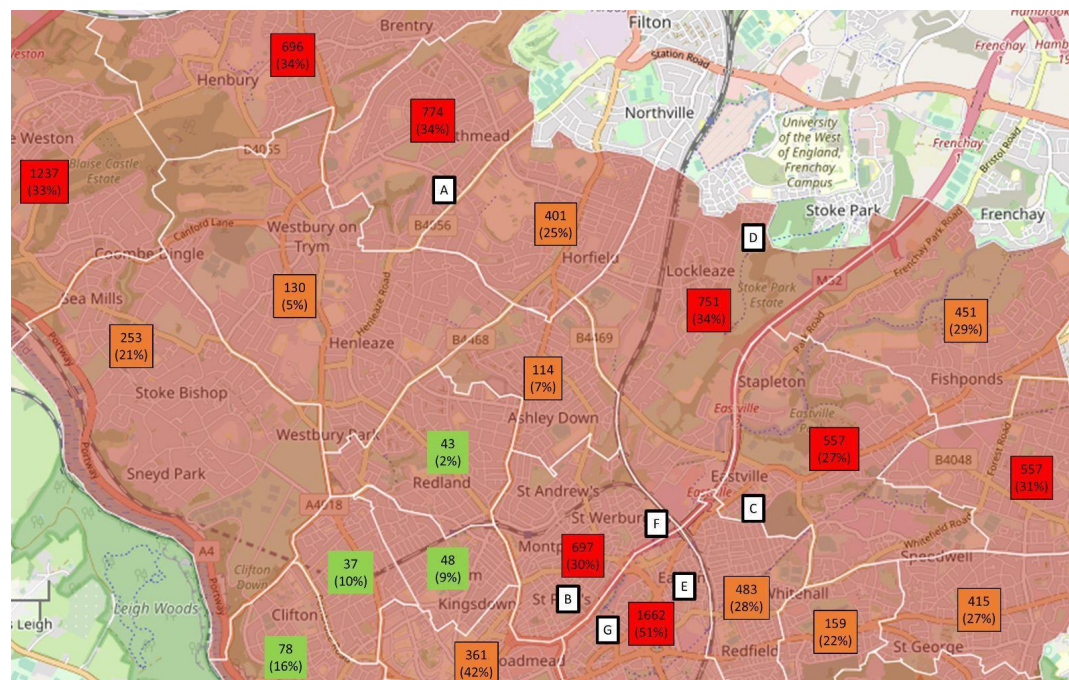
The 7 community organisations are:

- May Park Primary School
- Felix Road Adventure Playground
- The Vench Adventure Playground & Community Centre,
- St Paul's Children's Centre
- Southmead Children's Centre
- St Werburgh's Community Centre, and
- St Nicholas' of Tolentino Church, St Jude's

The charity's donations are sourced via weekly street collections and by purchases of fresh produce made by the charity on behalf of our partners and financed via donations and fundraising activities. The weekly street collections are informed by specific requests for various food types from each community partner, as are the purchases made by the charity on behalf of each partner. This differentiates FFA from other providers in that we are enabling our partners to exercise some control over what they receive, instead of relying on whatever surplus produce is available in any given week from, for example, local supermarkets.

FFA has paid due regard to the Charity Commission guidance on public benefit. Bristol has the highest level of food poverty in the Southwest with 1/3 of Bristol children living in poverty and within North Bristol, FFA's community partners are located in areas of greatest need as illustrated in the following graphic.

In the graphic overleaf: A = Southmead; B = St Pauls; C = May Park; D = The Vench; E = Felix Rd; F = St Werburghs; G = St Nicholas  
Red labels indicate >500 children eligible for Free School Meals; Orange indicate >100 and <=500; Green indicate <=100.



Public benefit is further enhanced by the charity's focus on providing fresh fruit and veg, eggs, dairy and meat, given that such fresh produce is often less available to families living in deprived areas relative, say, to fast food outlets.

### Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

FFA does not employ any staff or contractors, being run entirely by volunteers. These volunteers:

- Led and organised all aspects of the organisation, including finance
- Liaised with each community partner on a regular basis to understand their developing needs
- Organised weekly street by street collections of produce and toiletries
- Transported street collections to a central location for sorting
- Sorted the street collections into loads for each community partner and transported these loads to community partners
- Placed weekly orders with local suppliers of fruit and veg, dairy produce, eggs and halal meat, for delivery to community partners
- Ran an annual Open Day to promote the work of the charity
- Supported the charity's various fundraising activities

Our regular suppliers, with whom we placed weekly orders on behalf of our community partners were:

- Dole PLC (formerly Total Produce) for fresh fruit, vegetables and milk
- PAK Butchers, a halal meat supplier, for fresh chicken portions
- Good Egg Company at Paxcroft Farm, for eggs
- Tesco at Golden Hill for other dairy produce.

We also received donated produce from several other local businesses:

- 10 fresh loaves a week from Hobbs House Bakery on Gloucester Rd.

- Groceries and toiletries from Sainsbury's branches at Union Street, Gloucester Road, Bishopston and Clifton Down, purchased through their 'Helping Everyone Eat Better' scheme and their Christmas charity budgets

Other local business partners with whom we have relationships are:

- Sainsbury's Clifton Down and Sainsbury's Dingles are collection partners and we received food donations from their customers once a fortnight. We also received donations from customers at the Union Street store
- We also organised a collection at Sainsbury's Clifton Down 3 times during the year.
- Co-op Gloucester Road are a collection partner and we received food donations from their customers each week.
- Bristol Brunel Lions donated food to us roughly every 2 months.
- Bishopston and Ashley Down Labour Party organised a street collection on Gloucester Rd once a month and donated to us what they received.
- The Red Monkey Pub in Chandos Rd organised a fortnightly quiz, a Christmas raffle and grand quiz and the proceeds were donated to us.
- The Golden Hill community garden and Ardagh gardening group donated fresh vegetables.
- Tyntesfield National Trust donated pumpkins in October which we redistributed to our partners.

We have cemented our relationship with the Ardagh Community Trust and rent their premises to use on a Tuesday morning for our food sorting and distribution.

## Section D Achievements and performance

### Summary of the main achievements of the charity during the year

The charity's activities have made a real contribution towards our community partners' efforts to alleviate food poverty within their localities:

- **Each week** our donations help to support approximately **>690 families** per week through food clubs across our community partners.
  - May Park Primary School: 20-23 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
  - The Vench Adventure Playground & Community Centre: 50 - 70 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
  - St Paul's Children's Centre: 40-45 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
  - Southmead Children's Centre: FFA food donations are used to support 62 family club members and donated funds support direct delivery of dairy, fruit & vegetables.
  - St Werburgh's Community Centre: We support 20-25 families attending the Foodshare through purchase of a new fridge and weekly delivery of wholesale fresh fruit and vegetables
  - St Nicholas of Tolentino Church: supporting 500 to 600 families per week. FFA support of fresh milk delivery weekly and purchase of a new fridge.
- In addition, in term time, **each week** we contribute towards approximately **60 children** eating after school at the **Vench** activity sessions, and **530-560 children** eating after school at **Felix Road** adventure playground
- whilst in school holidays, **each week** approximately **300 children** eat lunch and **40 children** have an afternoon snack at the **Vench**, and between **560 and 1500 children** eat lunch or supper at **Felix Road**.

In addition to the regular weekly distributions to our 7 community partners, the charity also made small one-off grant awards during the year. We provided £2,000 to Evergreen primary school in the Easton area of Bristol to support their School Fruit and Vegetable Scheme for Key Stage 2 pupils. We also made small one-off grants of less than £1,000 each to St Nicholas and St Werburghs to enable them to purchase fridges.

To meet our objective of raising awareness of food poverty, we publicise and keep in touch with our supporters via monthly newsletters, and maintain an informative website. We have a regular column in the monthly Bishopston Matters publication. In June 2024 we organised our third Open Day. The aim of which was to showcase our and our partners' work and increase awareness within the local community of the work that FFA does and the impact we were having. We were successful in attracting many local people to the day, we recruited some new volunteers and raised funds to support our ongoing work. We have given talks to other local organisations, to explain the work of the charity, which resulted in additional donations. We ran a book stall at the Ardagh Craft Fair in May and a tombola at the Westbury on Trym Village show in September to raise awareness and recruit donors and volunteers as well as to raise funds. We have also supported other volunteers to run their own events in support of FFA with guidance and support and the provision of promotional materials and a new banner. In total FFA-run events raised £965, and other events raised £4057.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The charity extended its support to 2 additional community partners during the year, and in light of this, reviewed its Reserve Policy. The trustees agreed to increase the designated contingency reserve to £18,000, principally against the risk of the charity having to cease its activities. This amount is broadly sufficient to ensure that the charity can continue to support its 7 partners for a period of 3 months, giving the partners some time to source alternative providers.

### Details of any funds materially in deficit

Not applicable

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Total income was £107,338 compared to £74,897 in the prior year.

The charity's principal source of funding remains regular weekly and monthly donations from individuals, local businesses, trusts and other organisations, as well as one-off and irregular donations. Regular donations were broadly stable at £45,803 (prior year £45,771). Irregular and one-off donations were boosted by a single donation of £14,000 from Bristol Barristers Guildhall Chambers who nominated FFA as their charity of the year, and a legacy of £20,660. Income received during the year from fund-raising events either organised by the charity or others on the charity's behalf, amounted to £5,022 (prior year £5,053). Gift aid arising from all donations and fundraisers grew to £9,298 (prior year £8,291).

We estimate that we received around £81,600 worth of produce and toiletries via our weekly street collections over the course of the year.

During the year, we spent £66,958 on weekly deliveries of fresh produce for our partners (fruit and veg, eggs, other dairy produce and halal meat). This represented an increase from £61,743 in the prior year, reflecting the decision to increase the support given to our existing partners, and to take on new partners at St Nicholas and St Werburghs.

In addition, we distributed £3,263 via one-off grants to our partners (prior year £11,400).

Expenditure on overheads and administration was minimal (less than 2% of total income).

Cash reserves at the end of the financial year were £65,726 compared to £31,157 at the end of the prior year. There were no restricted funds.

In view of the increase in support to partners during the year, the Trustees agreed to increase the designated contingency reserve to £18,000 (prior year £15,000). After amounts owed to suppliers, free reserves were thus £43,376 at the year end (prior year £12,501). This increase in free reserves can be ascribed to the two substantial donations noted above, which totalled £34,660.

Despite this one-off boost to free reserves, we continue to spend substantially more each month on fresh produce than we receive in regular income. We monitor this funding gap carefully throughout the year but have decided that we should draw down our free reserves to at least sustain current levels of support, rather than reduce the much needed support that we offer to our partners. At current rates we expect to be able to pursue this policy for 2 further years, during which time we will explore options to ensure that we can sustain current levels of support into the longer term.

**Section F****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A Reese

Mike Farmer

Full name(s)

ANN REESE

MIKE FARMER

Position

CHAIR

TREASURER

Date

9/9/2025

9/9/25



CHARITY COMMISSION  
FOR ENGLAND AND WALES

**Family Food Action**

**1198241**

**Receipts and payments accounts**

**CC16a**

For the period  
from

01/03/2024

To

28/02/2025

**Section A Receipts and payments**



	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations & fundraising	96,479	-	-	96,479	66,267
Gift Aid	9,298	-	-	9,298	8,291
Grants	-	-	-	-	-
Other income	1,561	-	-	1,561	339
Net funds from activities before incorporation	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>107,338</b>	<b>-</b>	<b>-</b>	<b>107,338</b>	<b>74,897</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>107,338</b>	<b>-</b>	<b>-</b>	<b>107,338</b>	<b>74,897</b>
<b>A3 Payments</b>					
Bulk Produce	66,958	-	-	66,958	61,743
Grants made	3,263	-	-	3,263	11,400
Fundraising costs	485	-	-	485	237
Volunteer support costs	133	-	-	133	570
Overheads	1,930	-	-	1,930	677
Other expenditure	-	-	-	-	-
<b>Sub total</b>	<b>72,770</b>	<b>-</b>	<b>-</b>	<b>72,770</b>	<b>74,626</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>72,770</b>	<b>-</b>	<b>-</b>	<b>72,770</b>	<b>74,626</b>
<b>Net of receipts/(payments)</b>	<b>34,569</b>	<b>-</b>	<b>-</b>	<b>34,569</b>	<b>271</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>31,157</b>	<b>-</b>	<b>-</b>	<b>31,157</b>	<b>30,886</b>
<b>Cash funds this year end</b>	<b>65,726</b>	<b>-</b>	<b>-</b>	<b>65,726</b>	<b>31,157</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current bank account	931	-	-
	Savings bank account	64,795	-	-
		-	-	-
	<b>Total cash funds</b>	<b>65,726</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
<b>B3 Investment assets</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Richard Stanley	9.9.25
		Ann Reese	9.9.25



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### **Independent examiner's report to the trustees of Family Food Action**

I report to the trustees on my examination of the accounts of Family Food Action (Registered Charity 1198421, the "Charity") for the year ended 28 February 2025.

### **Responsibilities and basis of report**

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

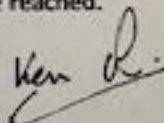
### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Ken Griffin

Address: 12 Downs Cote Park, Bristol BS9 3JT

Date: 4 October 2025