



CHARITY COMMISSION
FOR ENGLAND AND WALES

Family Food Action

1198241

Receipts and payments accounts

CC16a

For the period
from

01/03/2023

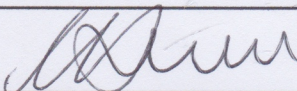
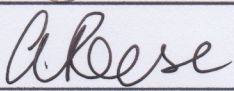
To

29/02/2024

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations & fundraising	63,138	3,129	-	66,267	58,136
Gift Aid	8,291	-	-	8,291	6,945
Grants	-	-	-	-	2,808
Other income	339	-	-	339	373
Net funds from activities before incorporation	-	-	-	-	3,292
Sub total (Gross income for AR)	71,768	3,129	-	74,897	71,555
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	71,768	3,129	-	74,897	71,555
A3 Payments					
Bulk Produce	61,743	-	-	61,743	37,351
Grants made	7,025	4,375	-	11,400	-
Fundraising costs	237	-	-	237	271
Volunteer support costs	286	285	-	570	2,121
Overheads	677	-	-	677	493
Other expenditure	-	-	-	-	432
Sub total	69,966	4,660	-	74,626	40,668
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	69,966	4,660	-	74,626	40,668
Net of receipts/(payments)	1,802	- 1,531	-	271	30,886
A5 Transfers between funds	23,697	- 23,697	-	-	-
A6 Cash funds last year end	5,659	25,228	-	30,886	-
Cash funds this year end	31,158	-	-	31,158	30,886

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	3,448	-	-
	Savings bank account	27,710	-	-
		-	-	-
	Total cash funds	31,158	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			M. FARMER	11/6/24
			A. REESE	11/6/24



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	03	2023		29	02	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kate Beckett	Chair	Until 15/08/23	
2	Jerzy Wieczorek	Treasurer	Until 10/01/24	
3	Anne Reese	Chair		
4	Richard Stanley	Secretary		
5	Michael Farmer	Treasurer	From 13/06/2023	
6	Emily Ryan			
7	Mary Regan			
8	Jacqueline Haskins		From 13/06/2023	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

Section C Objectives and activities

Summary of the
objects of the charity
set out in its
governing document

The objects of the charity are:

The relief of need among families in Bristol who are socially or economically disadvantaged in such ways as the trustees may in their absolute discretion think fit but particularly through:

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- a) the collection and distribution of food and toiletries via community partners already working with families and children in need,
- b) promoting and preserving good nutrition through an emphasis on the provision of fresh produce,
- c) raising awareness of food poverty and promoting public support for the charity's activities,
- d) encouraging and enabling members of the public to undertake voluntary work.

Family Food Action provides weekly donations of fresh produce and toiletries to 5 community organisations in North Bristol (our partners), for distribution to families in economic and social need via:

- food clubs, where families pay a small membership fee and in return receive weekly produce at a substantial discount.
- a local Primary School.
- and two adventure playgrounds that provide free meals to children after school.

Unlike Food Banks, families do not require a 3rd party referral to join these food centres. All our partners are embedded in their local community with strong relationships with local children and families. Food is never offered in isolation and is just one part of wider family support that each partner offers.

The 5 community organisations are:

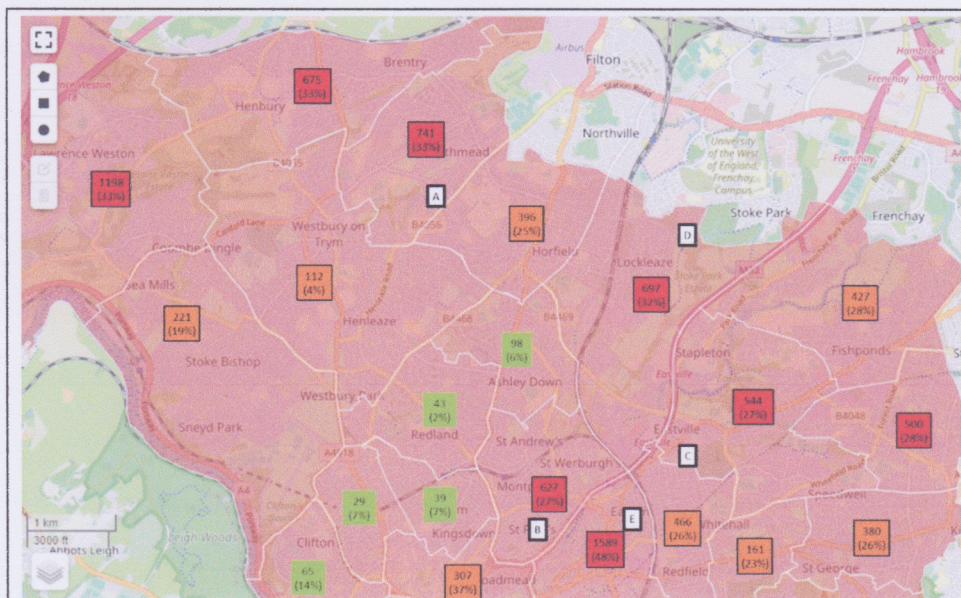
- May Park Primary School
- Felix Road Adventure Playground
- The Vench Adventure Playground & Community Centre,
- St Paul's Children's Centre, and
- Southmead Children's Centre

The charity's donations are sourced via weekly street collections and by purchases of fresh produce made by the charity on behalf of our partners and financed via donations and fundraising activities. The weekly street collections are informed by specific requests for various food types from each community partner, as are the purchases made by the charity on behalf of each partner. This differentiates FFA from other providers in that we are enabling our partners to exercise some control over what they receive, instead of relying on whatever surplus produce is available in any given week from, for example, local supermarkets.

FFA has paid due regard to the Charity Commission guidance on public benefit. Bristol has the highest level of food poverty in the Southwest with 1/3 of Bristol children living in poverty and within North Bristol, FFA's community partners are located in areas of greatest need as illustrated in the following graphic.

In the graphic overleaf: A = Southmead; B = St Pauls; C = May Park; D = The Vench; E = Felix Rd.

Red labels indicate >500 children eligible for FSM; Orange indicate >100 and <=500; Green indicate <=100.



Public benefit is further enhanced by the charity's focus on providing fresh fruit and veg, eggs, dairy and meat, given that such fresh produce is often less available to families living in deprived areas relative, say, to fast food outlets.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

FFA does not employ any staff or contractors, being run entirely by volunteers. These volunteers:

- Lead and organised all aspects of the organisation, including finance.
- Liaised with each community partner on a regular basis to understand their developing needs
- Organised weekly street by street collections of produce and toiletries
- Transported street collections to a central location for sorting
- Sorted the street collections into loads for each community partner and transported these loads to each community partner
- Placed weekly orders with local suppliers of fruit and veg, dairy produce, eggs and halal meat, for delivery to community partners.
- Ran an annual Open Day to promote the work of the charity.
- Supported the charity's various fundraising activities.

Our regular suppliers, with whom we placed weekly orders on behalf of our community partners were:

- Dole PLC (formerly Total Produce) for fresh fruit and veg
- PAK Butchers, a halal meat supplier, for fresh chicken portions
- Good Egg Company at Paxcroft Farm, for eggs
- Tesco at Golden Hill for other dairy produce.

We also received donated produce from several other local businesses:

- 10 fresh loaves a week from Hobbs House Bakery on Gloucester Rd.
- 100 pies roughly every month from Pieminister, which we distributed to our partners at The Vench and Southmead. Pieminister also supported our Open Day by providing employees to help with the stewarding arrangements

Other local business partners with whom we have relationships are:

- Sainsbury's Clifton Down is a collection partner and we received food donations from their customers once a fortnight.
- We also organised a collection at Sainsbury's Clifton Down 3 times during the year.

- Sainsbury's at the Triangle have contacted us, wishing to be come a partner. All the paperwork is in place and we will start receiving food donations from their customers in March 2024.
- Bristol Brunel Lions donated food to us roughly every 2 months.
- Bishopston and Ashley Down Labour Party organise a street collection on Gloucester Rd once a month and donated to us what they received.
- The Red Monkey Pub in Chandos Rd organises a fortnightly quiz and the proceeds were donated to us.
- Several gardening and allotment groups donated produce to us regularly, including the Golden Hill allotment group.
- Tyntesfield National Trust and the Avon Gleaning Network donated pumpkins in October which we redistributed to our partners.
- Ignite donated their surplus warm homes kits, which we redistributed to our partners and to St Nicolas Church in Easton, to whom we have donated in the past.
- A packaging firm donated over 100 boxes of 10 1kg boxes of rolled oats which we distributed to our partners.

We have cemented our relationship with the Ardagh Community Trust and are grateful to them for giving us rent free premises to use on a Tuesday morning for our sorters, and for putting a new roof on the site. We have also been delighted to receive the produce from their gardens to distribute to our partners.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity's activities have made a real contribution towards our community partners' efforts to alleviate food poverty within their localities:

- **Each week** our donations support approximately **150 families** through food clubs per week across all 5 community partners. In addition,
- in term time, **each week** we contribute towards **40 to 150 children** eating after school at **Vench** activity sessions, and **530-560 children** eating after school at **Felix Road** adventure playground
- whilst in school holidays, **each week** approximately **50 children** eat lunch and **40 children** have an afternoon snack at the **Vench**, and between **560 and 1500 children** eat lunch or supper at **Felix Road**.

In addition to the regular weekly distributions to our 5 community partners, the charity also made a number of small one-off grant awards during the year, ranging from £700 to £3,675, to primary schools and children's centres operating in similar localities in North Bristol. These one-off grants were aimed at supporting new initiatives to improve children's nutrition (e.g. breakfast clubs, healthy snacks) and build skills (e.g. teenage cooking classes).

To meet our objective of raising awareness of food poverty, we publicise and keep in touch with our supporters via monthly newsletters, and maintain an informative website. We have a regular column in the monthly Bishopston Matters publication. In September 2023 we organised our second Open Day. The aim of which was to showcase our and our partners' work and increase awareness within the local community of the work that FFA does and the impact we were having. Despite bad weather, we were successful in attracting many local people to the day, we recruited some new volunteers and raised over £3,000 to support our ongoing work. We have given talks to other local organisations, to explain the work of the charity, which resulted in additional donations. We were also featured in a BBC 2 Gardeners' World programme focussing on the redistribution of surplus allotment produce to communities in need in Bristol.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity reviewed its reserves policy and the trustees agreed to designate a contingency reserve of £15,000, principally against the risk of the charity having to cease its activities. This amount is broadly sufficient to ensure that the charity can continue to support its 5 partners for a period of 3 months, giving the partners some time to source alternative providers.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Total income was £74,897 compared to £71,555 in the prior year.

The charity's principal source of funding remains regular weekly and monthly donations from individuals, local businesses, trusts and other organisations, as well as one-off and irregular donations. These donations range in size from £3 per week, to a single one-off donation of £3,129. Most such donations are made via bank standing orders, but in addition, we receive both regular and one-off donations via our Justgiving pages. Regular and one-off donations from all sources amounted to £58,853 and we were able to claim an additional £8,291 in gift aid.

In addition to these donations, we raised over £7,414 via specific fundraising events, either organised by the charity, or by others who wished to support the charity's activity.

We estimate that we received around £20,000 worth of produce and toiletries via our weekly street collections over the course of the year.

During the year, we spent £61,473 on weekly deliveries of fresh produce for our partners (fruit and veg, eggs, other dairy produce and halal meat).

In addition, we distributed £10,365 via 5 one-off grants to North Bristol organisations aligned with the charity's aims, to enable these organisations to set up new ventures aimed at alleviating food poverty in their locality.

Expenditure on overheads and administration was minimal.



Cash reserves at the end of the financial year were £31,158 compared to £30,886 at the end of the prior year. All restricted funds carried forward were spent during the year, so after the designated reserve of £15,000 and amounts owed to suppliers, free reserves stood at £12,141.

In view of this financial position, the charity is discussing with its partners, limited increases in the value of fresh produce that it procures on their behalf, for the coming year.

Section F**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	EMILY RYAN	ANNE REESE
Position	TRUSTEE	CHAIR OF TRUSTEES
Date	11 June 2024	11 June 2024

Independent examiner's report to the trustees of Family Food Action

I report to the trustees on my examination of the accounts of Family Food Action (Registered Charity 1198421, the "Charity") for the year ended 28 February 2024.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

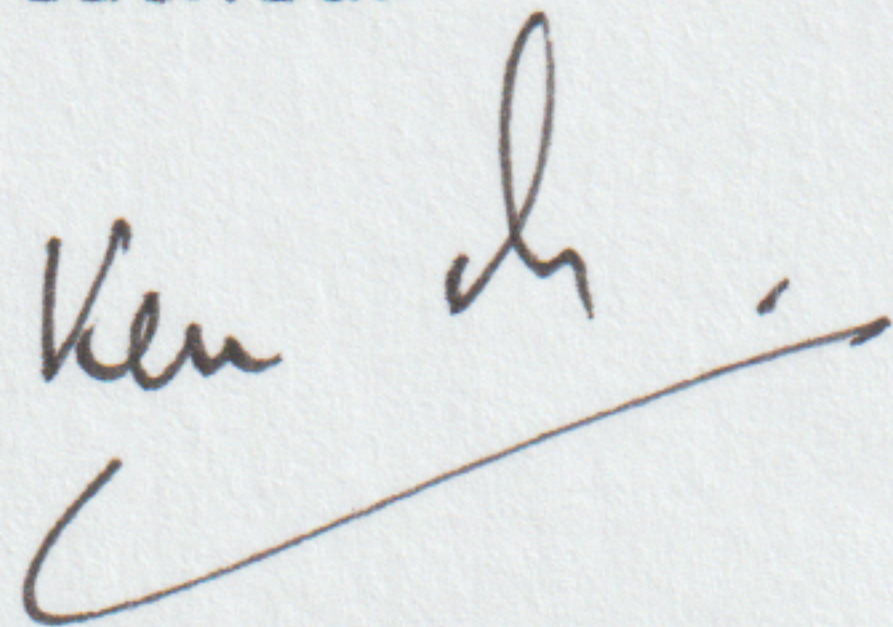
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Ken Griffin

Address: 12 Downs Cote Park, Bristol BS9 3JT

Date: 4 July 2024