

FAMILY FOOD ACTION

England & Wales · Charity number 1198241

Details

Status Registered

Legal form CIO

Registered 2022-03-15

Register [View on the Charity Commission register](#)

Contact

Address 10 Bythesea Avenue
Bristol
BS7 0FN

Phone 07398732447

Email contact@familyfoodaction.org.uk

Website www.familyfoodaction.org.uk

Activities

Objects: 'THE RELIEF OF NEED AMONG FAMILIES IN BRISTOL WHO ARE SOCIALLY OR ECONOMICALLY DISADVANTAGED IN SUCH WAYS AS THE TRUSTEES MAY IN THEIR ABSOLUTE DISCRETION THINK FIT BUT PARTICULARLY THROUGH(A) THE COLLECTION AND DISTRIBUTION OF FOOD AND TOILETRIES VIA COMMUNITY PARTNERS ALREADY WORKING WITH FAMILIES AND CHILDREN IN NEED,(B) PROMOTING AND PRESERVING GOOD NUTRITION THROUGH AN EMPHASIS ON THE PROVISION OF FRESH PRODUCE,(C) RAISING AWARENESS OF FOOD POVERTY AND PROMOTING PUBLIC SUPPORT FOR THE CHARITY'S ACTIVITIES,(D) ENCOURAGING AND ENABLING MEMBERS OF THE PUBLIC TO UNDERTAKE VOLUNTARY WORK.'

Activities: We collect donated food and toiletries from communities in the North Bristol area through a network of neighbourhood volunteers. Donations are allocated to our community partners who work directly with families and children in poverty. We also accept financial donations which are used to source bulk fresh produce from local suppliers for our partners.

Classification

- **How:** Makes Grants To Organisations, Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bristol City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£107,338	£72,770	-	-
2024-03-01	£74,897	£74,626	-	-
2023-03-01	£71,555	£40,668	-	-

Trustees

Name	Role	Appointed
Anne Marie Reese		2022-07-05
Mary Regan		2022-07-05
Michael Alan Farmer		2023-06-13
Richard Stanley		2022-02-02

FAMILY FOOD ACTION

England & Wales - Charity number 1198241

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	03	2024		28	02	2025

Section A Reference and administration details

Charity name

Other names charity is known by



Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anne Reese	Chair		
2	Richard Stanley	Secretary		
3	Michael Farmer	Treasurer		
4	Emily Ryan		to 2 February 2025	
5	Mary Regan			
6	Jacqueline Haskins		to 31 March 2024	
7				
8				

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Model Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

The relief of need among families in Bristol who are socially or economically disadvantaged in such ways as the trustees may in their absolute discretion think fit but particularly through:

a) the collection and distribution of food and toiletries via community partners already working with families and children in need,

b) promoting and preserving good nutrition through an emphasis on the provision of fresh produce,

c) raising awareness of food poverty and promoting public support for the charity's activities,

d) encouraging and enabling members of the public to undertake voluntary work.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Family Food Action provides weekly donations of fresh produce and toiletries to 7 community organisations in North, East and Central Bristol (our partners), for distribution to families in economic and social need via:

- food clubs based in children's centres, a community centre, a church, and a primary school, where families pay a small membership fee and in return receive weekly produce at a substantial discount.
- two adventure playgrounds that provide free meals to children out of school hours.

Unlike Food Banks, families do not require a 3rd party referral to join these food centres. All our partners are embedded in their local community with strong relationships with local children and families. Food is never offered in isolation and is just one part of wider family support that each partner offers.

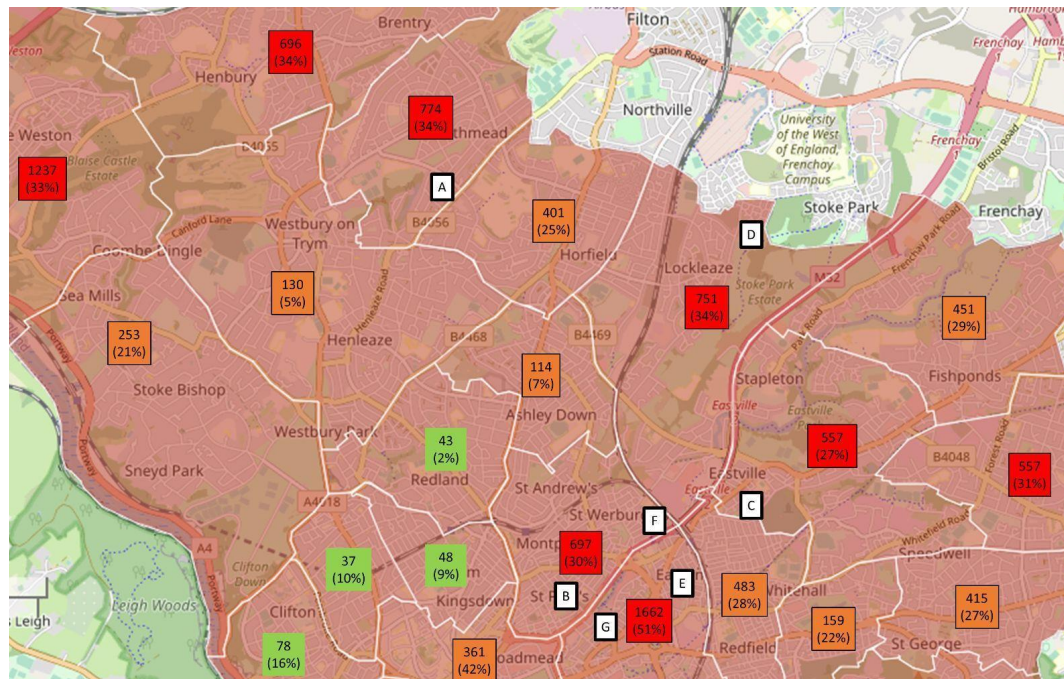
The 7 community organisations are:

- May Park Primary School
- Felix Road Adventure Playground
- The Vench Adventure Playground & Community Centre,
- St Paul's Children's Centre
- Southmead Children's Centre
- St Werburgh's Community Centre, and
- St Nicholas' of Tolentino Church, St Judes

The charity's donations are sourced via weekly street collections and by purchases of fresh produce made by the charity on behalf of our partners and financed via donations and fundraising activities. The weekly street collections are informed by specific requests for various food types from each community partner, as are the purchases made by the charity on behalf of each partner. This differentiates FFA from other providers in that we are enabling our partners to exercise some control over what they receive, instead of relying on whatever surplus produce is available in any given week from, for example, local supermarkets.

FFA has paid due regard to the Charity Commission guidance on public benefit. Bristol has the highest level of food poverty in the Southwest with 1/3 of Bristol children living in poverty and within North Bristol, FFA's community partners are located in areas of greatest need as illustrated in the following graphic.

In the graphic overleaf: A = Southmead; B = St Pauls; C = May Park; D = The Vench; E = Felix Rd; F = St Werburghs; G = St Nicholas
 Red labels indicate >500 children eligible for Free School Meals; Orange indicate >100 and <=500; Green indicate <=100.



Public benefit is further enhanced by the charity's focus on providing fresh fruit and veg, eggs, dairy and meat, given that such fresh produce is often less available to families living in deprived areas relative, say, to fast food outlets.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

FFA does not employ any staff or contractors, being run entirely by volunteers. These volunteers:

- Led and organised all aspects of the organisation, including finance
- Liaised with each community partner on a regular basis to understand their developing needs
- Organised weekly street by street collections of produce and toiletries
- Transported street collections to a central location for sorting
- Sorted the street collections into loads for each community partner and transported these loads to community partners
- Placed weekly orders with local suppliers of fruit and veg, dairy produce, eggs and halal meat, for delivery to community partners
- Ran an annual Open Day to promote the work of the charity
- Supported the charity's various fundraising activities

Our regular suppliers, with whom we placed weekly orders on behalf of our community partners were:

- Dole PLC (formerly Total Produce) for fresh fruit, vegetables and milk
- PAK Butchers, a halal meat supplier, for fresh chicken portions
- Good Egg Company at Paxcroft Farm, for eggs
- Tesco at Golden Hill for other dairy produce.

We also received donated produce from several other local businesses:

- 10 fresh loaves a week from Hobbs House Bakery on Gloucester Rd.

- Groceries and toiletries from Sainsbury's branches at Union Street, Gloucester Road, Bishopston and Clifton Down, purchased through their 'Helping Everyone Eat Better' scheme and their Christmas charity budgets

Other local business partners with whom we have relationships are:

- Sainsbury's Clifton Down and Sainsbury's Dingles are collection partners and we received food donations from their customers once a fortnight. We also received donations from customers at the Union Street store
- We also organised a collection at Sainsbury's Clifton Down 3 times during the year.
- Co-op Gloucester Road are a collection partner and we received food donations from their customers each week.
- Bristol Brunel Lions donated food to us roughly every 2 months.
- Bishopston and Ashley Down Labour Party organised a street collection on Gloucester Rd once a month and donated to us what they received.
- The Red Monkey Pub in Chandos Rd organised a fortnightly quiz, a Christmas raffle and grand quiz and the proceeds were donated to us.
- The Golden Hill community garden and Ardagh gardening group donated fresh vegetables.
- Tyntesfield National Trust donated pumpkins in October which we redistributed to our partners.

We have cemented our relationship with the Ardagh Community Trust and rent their premises to use on a Tuesday morning for our food sorting and distribution.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The charity's activities have made a real contribution towards our community partners' efforts to alleviate food poverty within their localities:

- **Each week** our donations help to support approximately **>690 families** per week through food clubs across our community partners.
 - May Park Primary School: 20-23 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
 - The Vench Adventure Playground & Community Centre: 50 - 70 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
 - St Paul's Children's Centre: 40-45 families through donated food and toiletries and wholesale deliveries of fruit, vegetables and dairy
 - Southmead Children's Centre: FFA food donations are used to support 62 family club members and donated funds support direct delivery of dairy, fruit & vegetables.
 - St Werburgh's Community Centre: We support 20-25 families attending the Foodshare through purchase of a new fridge and weekly delivery of wholesale fresh fruit and vegetables
 - St Nicholas of Tolentino Church: supporting 500 to 600 families per week. FFA support of fresh milk delivery weekly and purchase of a new fridge.
- In addition, in term time, **each week** we contribute towards approximately **60 children** eating after school at the **Vench** activity sessions, and **530-560 children** eating after school at **Felix Road** adventure playground
- whilst in school holidays, **each week** approximately **300 children** eat lunch and **40 children** have an afternoon snack at the **Vench**, and between **560 and 1500 children** eat lunch or supper at **Felix Road**.

In addition to the regular weekly distributions to our 7 community partners, the charity also made small one-off grant awards during the year. We provided £2,000 to Evergreen primary school in the Easton area of Bristol to support their School Fruit and Vegetable Scheme for Key Stage 2 pupils. We also made small one-off grants of less than £1,000 each to St Nicholas and St Werburghs to enable them to purchase fridges.

To meet our objective of raising awareness of food poverty, we publicise and keep in touch with our supporters via monthly newsletters, and maintain an informative website. We have a regular column in the monthly Bishopston Matters publication. In June 2024 we organised our third Open Day. The aim of which was to showcase our and our partners' work and increase awareness within the local community of the work that FFA does and the impact we were having. We were successful in attracting many local people to the day, we recruited some new volunteers and raised funds to support our ongoing work. We have given talks to other local organisations, to explain the work of the charity, which resulted in additional donations. We ran a book stall at the Ardagh Craft Fair in May and a tombola at the Westbury on Trym Village show in September to raise awareness and recruit donors and volunteers as well as to raise funds. We have also supported other volunteers to run their own events in support of FFA with guidance and support and the provision of promotional materials and a new banner. In total FFA-run events raised £965, and other events raised £4057.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity extended its support to 2 additional community partners during the year, and in light of this, reviewed its Reserve Policy. The trustees agreed to increase the designated contingency reserve to £18,000, principally against the risk of the charity having to cease its activities. This amount is broadly sufficient to ensure that the charity can continue to support its 7 partners for a period of 3 months, giving the partners some time to source alternative providers.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Total income was £107,338 compared to £74,897 in the prior year.

The charity's principal source of funding remains regular weekly and monthly donations from individuals, local businesses, trusts and other organisations, as well as one-off and irregular donations. Regular donations were broadly stable at £45,803 (prior year £45,771). Irregular and one-off donations were boosted by a single donation of £14,000 from Bristol Barristers Guildhall Chambers who nominated FFA as their charity of the year, and a legacy of £20,660. Income received during the year from fund-raising events either organised by the charity or others on the charity's behalf, amounted to £5,022 (prior year £5,053). Gift aid arising from all donations and fundraisers grew to £9,298 (prior year £8,291).

We estimate that we received around £81,600 worth of produce and toiletries via our weekly street collections over the course of the year.

During the year, we spent £66,958 on weekly deliveries of fresh produce for our partners (fruit and veg, eggs, other dairy produce and halal meat). This represented an increase from £61,743 in the prior year, reflecting the decision to increase the support given to our existing partners, and to take on new partners at St Nicholas and St Werburghs.

In addition, we distributed £3,263 via one-off grants to our partners (prior year £11,400).

Expenditure on overheads and administration was minimal (less than 2% of total income).

Cash reserves at the end of the financial year were £65,726 compared to £31,157 at the end of the prior year. There were no restricted funds.

In view of the increase in support to partners during the year, the Trustees agreed to increase the designated contingency reserve to £18,000 (prior year £15,000). After amounts owed to suppliers, free reserves were thus £43,376 at the year end (prior year £12,501). This increase in free reserves can be ascribed to the two substantial donations noted above, which totalled £34,660.

Despite this one-off boost to free reserves, we continue to spend substantially more each month on fresh produce than we receive in regular income. We monitor this funding gap carefully throughout the year but have decided that we should draw down our free reserves to at least sustain current levels of support, rather than reduce the much needed support that we offer to our partners. At current rates we expect to be able to pursue this policy for 2 further years, during which time we will explore options to ensure that we can sustain current levels of support into the longer term.

Section F**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A Reese

Mike Farmer

Full name(s)

ANN REESE

MIKE FARMER

Position

CHAIR

TREASURER

Date

9/9/2025

9/9/25



CHARITY COMMISSION
FOR ENGLAND AND WALES

Family Food Action

1198241

Receipts and payments accounts

CC16a

For the period
from

01/03/2024

To

28/02/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & fundraising	96,479	-	-	96,479	66,267
Gift Aid	9,298	-	-	9,298	8,291
Grants	-	-	-	-	-
Other income	1,561	-	-	1,561	339
Net funds from activities before incorporation	-	-	-	-	-
Sub total (Gross income for AR)	107,338	-	-	107,338	74,897
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	107,338	-	-	107,338	74,897
A3 Payments					
Bulk Produce	66,958	-	-	66,958	61,743
Grants made	3,263	-	-	3,263	11,400
Fundraising costs	485	-	-	485	237
Volunteer support costs	133	-	-	133	570
Overheads	1,930	-	-	1,930	677
Other expenditure	-	-	-	-	-
Sub total	72,770	-	-	72,770	74,626
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	72,770	-	-	72,770	74,626
Net of receipts/(payments)	34,569	-	-	34,569	271
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	31,157	-	-	31,157	30,886
Cash funds this year end	65,726	-	-	65,726	31,157

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	931	-	-
	Savings bank account	64,795	-	-
		-	-	-
	Total cash funds	65,726	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Richard Stanley	9.9.25
	Ann Reese	9.9.25

T

Independent examiner's report to the trustees of Family Food Action

I report to the trustees on my examination of the accounts of Family Food Action (Registered Charity 1198421, the "Charity") for the year ended 28 February 2025.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

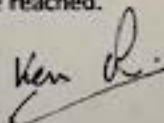
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name:

Ken Griffin

Address:

12 Downs Cote Park, Bristol BS9 3JT

Date:

4 October 2025

FAMILY FOOD ACTION

England & Wales - Charity number 1198241

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Family Food Action		1198241		CC16a	
Receipts and payments accounts					
For the period from	01/03/2023	To	29/02/2024		

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & fundraising	63,138	3,129	-	66,267	58,136
Gift Aid	8,291	-	-	8,291	6,945
Grants	-	-	-	-	2,808
Other income	339	-	-	339	373
Net funds from activities before incorporation	-	-	-	-	3,292
Sub total (Gross income for AR)	71,768	3,129	-	74,897	71,555
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	71,768	3,129	-	74,897	71,555
A3 Payments					
Bulk Produce	61,743	-	-	61,743	37,351
Grants made	7,025	4,375	-	11,400	-
Fundraising costs	237	-	-	237	271
Volunteer support costs	286	285	-	570	2,121
Overheads	677	-	-	677	493
Other expenditure	-	-	-	-	432
Sub total	69,966	4,660	-	74,626	40,668
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	69,966	4,660	-	74,626	40,668
Net of receipts/(payments)	1,802	- 1,531	-	271	30,886
A5 Transfers between funds	23,697	- 23,697	-	-	-
A6 Cash funds last year end	5,659	25,228	-	30,886	-
Cash funds this year end	31,158	-	-	31,158	30,886

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	3,448	-	-
	Savings bank account	27,710	-	-
		-	-	-
	Total cash funds	31,158	-	-

(agree balances with receipts and payments account(s))

OK OK OK

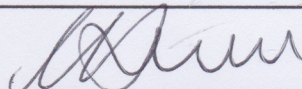
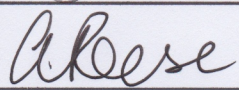
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M. FARMER	11/6/24
	A. REESE	11/6/24



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	03	2023		29	02	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kate Beckett	Chair	Until 15/08/23	
2	Jerzy Wiczorek	Treasurer	Until 10/01/24	
3	Anne Reese	Chair		
4	Richard Stanley	Secretary		
5	Michael Farmer	Treasurer	From 13/06/2023	
6	Emily Ryan			
7	Mary Regan			
8	Jacqueline Haskins		From 13/06/2023	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

The relief of need among families in Bristol who are socially or economically disadvantaged in such ways as the trustees may in their absolute discretion think fit but particularly through:

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- a) *the collection and distribution of food and toiletries via community partners already working with families and children in need,*
- b) *promoting and preserving good nutrition through an emphasis on the provision of fresh produce,*
- c) *raising awareness of food poverty and promoting public support for the charity's activities,*
- d) *encouraging and enabling members of the public to undertake voluntary work.*

Family Food Action provides weekly donations of fresh produce and toiletries to 5 community organisations in North Bristol (our partners), for distribution to families in economic and social need via:

- food clubs, where families pay a small membership fee and in return receive weekly produce at a substantial discount.
- a local Primary School.
- and two adventure playgrounds that provide free meals to children after school.

Unlike Food Banks, families do not require a 3rd party referral to join these food centres. All our partners are embedded in their local community with strong relationships with local children and families. Food is never offered in isolation and is just one part of wider family support that each partner offers.

The 5 community organisations are:

- May Park Primary School
- Felix Road Adventure Playground
- The Vench Adventure Playground & Community Centre,
- St Paul's Children's Centre, and
- Southmead Children's Centre

The charity's donations are sourced via weekly street collections and by purchases of fresh produce made by the charity on behalf of our partners and financed via donations and fundraising activities. The weekly street collections are informed by specific requests for various food types from each community partner, as are the purchases made by the charity on behalf of each partner. This differentiates FFA from other providers in that we are enabling our partners to exercise some control over what they receive, instead of relying on whatever surplus produce is available in any given week from, for example, local supermarkets.

FFA has paid due regard to the Charity Commission guidance on public benefit. Bristol has the highest level of food poverty in the Southwest with 1/3 of Bristol children living in poverty and within North Bristol, FFA's community partners are located in areas of greatest need as illustrated in the following graphic.

In the graphic overleaf: A = Southmead; B = St Pauls; C = May Park; D = The Vench; E = Felix Rd.

Red labels indicate >500 children eligible for FSM; Orange indicate >100 and <=500; Green indicate <=100.

- Sainsbury's at the Triangle have contacted us, wishing to become a partner. All the paperwork is in place and we will start receiving food donations from their customers in March 2024.
- Bristol Brunel Lions donated food to us roughly every 2 months.
- Bishopston and Ashley Down Labour Party organise a street collection on Gloucester Rd once a month and donated to us what they received.
- The Red Monkey Pub in Chandos Rd organises a fortnightly quiz and the proceeds were donated to us.
- Several gardening and allotment groups donated produce to us regularly, including the Golden Hill allotment group.
- Tyntesfield National Trust and the Avon Gleaning Network donated pumpkins in October which we redistributed to our partners.
- Ignite donated their surplus warm homes kits, which we redistributed to our partners and to St Nicolas Church in Easton, to whom we have donated in the past.
- A packaging firm donated over 100 boxes of 10 1kg boxes of rolled oats which we distributed to our partners.

We have cemented our relationship with the Ardagh Community Trust and are grateful to them for giving us rent free premises to use on a Tuesday morning for our sorters, and for putting a new roof on the site. We have also been delighted to receive the produce from their gardens to distribute to our partners.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity's activities have made a real contribution towards our community partners' efforts to alleviate food poverty within their localities:

- **Each week** our donations support approximately **150 families** through food clubs per week across all 5 community partners. In addition,
- in term time, **each week** we contribute towards **40 to 150 children** eating after school at **Vench** activity sessions, and **530-560 children** eating after school at **Felix Road** adventure playground
- whilst in school holidays, **each week** approximately **50 children** eat lunch and **40 children** have an afternoon snack at the **Vench**, and between **560 and 1500 children** eat lunch or supper at **Felix Road**.

In addition to the regular weekly distributions to our 5 community partners, the charity also made a number of small one-off grant awards during the year, ranging from £700 to £3,675, to primary schools and children's centres operating in similar localities in North Bristol. These one-off grants were aimed at supporting new initiatives to improve children's nutrition (e.g. breakfast clubs, healthy snacks) and build skills (e.g. teenage cooking classes).

To meet our objective of raising awareness of food poverty, we publicise and keep in touch with our supporters via monthly newsletters, and maintain an informative website. We have a regular column in the monthly Bishopston Matters publication. In September 2023 we organised our second Open Day. The aim of which was to showcase our and our partners' work and increase awareness within the local community of the work that FFA does and the impact we were having. Despite bad weather, we were successful in attracting many local people to the day, we recruited some new volunteers and raised over £3,000 to support our ongoing work. We have given talks to other local organisations, to explain the work of the charity, which resulted in additional donations. We were also featured in a BBC 2 Gardeners' World programme focussing on the redistribution of surplus allotment produce to communities in need in Bristol.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity reviewed its reserves policy and the trustees agreed to designate a contingency reserve of £15,000, principally against the risk of the charity having to cease its activities. This amount is broadly sufficient to ensure that the charity can continue to support its 5 partners for a period of 3 months, giving the partners some time to source alternative providers.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Total income was £74,897 compared to £71,555 in the prior year.

The charity's principal source of funding remains regular weekly and monthly donations from individuals, local businesses, trusts and other organisations, as well as one-off and irregular donations. These donations range in size from £3 per week, to a single one-off donation of £3,129. Most such donations are made via bank standing orders, but in addition, we receive both regular and one-off donations via our Justgiving pages. Regular and one-off donations from all sources amounted to £58,853 and we were able to claim an additional £8,291 in gift aid.

In addition to these donations, we raised over £7,414 via specific fundraising events, either organised by the charity, or by others who wished to support the charity's activity.

We estimate that we received around £20,000 worth of produce and toiletries via our weekly street collections over the course of the year.

During the year, we spent £61,473 on weekly deliveries of fresh produce for our partners (fruit and veg, eggs, other dairy produce and halal meat).

In addition, we distributed £10,365 via 5 one-off grants to North Bristol organisations aligned with the charity's aims, to enable these organisations to set up new ventures aimed at alleviating food poverty in their locality.

Expenditure on overheads and administration was minimal.



Cash reserves at the end of the financial year were £31,158 compared to £30,886 at the end of the prior year. All restricted funds carried forward were spent during the year, so after the designated reserve of £15,000 and amounts owed to suppliers, free reserves stood at £12,141.

In view of this financial position, the charity is discussing with its partners, limited increases in the value of fresh produce that it procures on their behalf, for the coming year.

Section F**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	EMILY RYAN	ANNE REESE
Position	TRUSTEE	CHAIR OF TRUSTEES
Date	11 June 2024	11 June 2024

Independent examiner's report to the trustees of Family Food Action

I report to the trustees on my examination of the accounts of Family Food Action (Registered Charity 1198421, the "Charity") for the year ended 28 February 2024.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

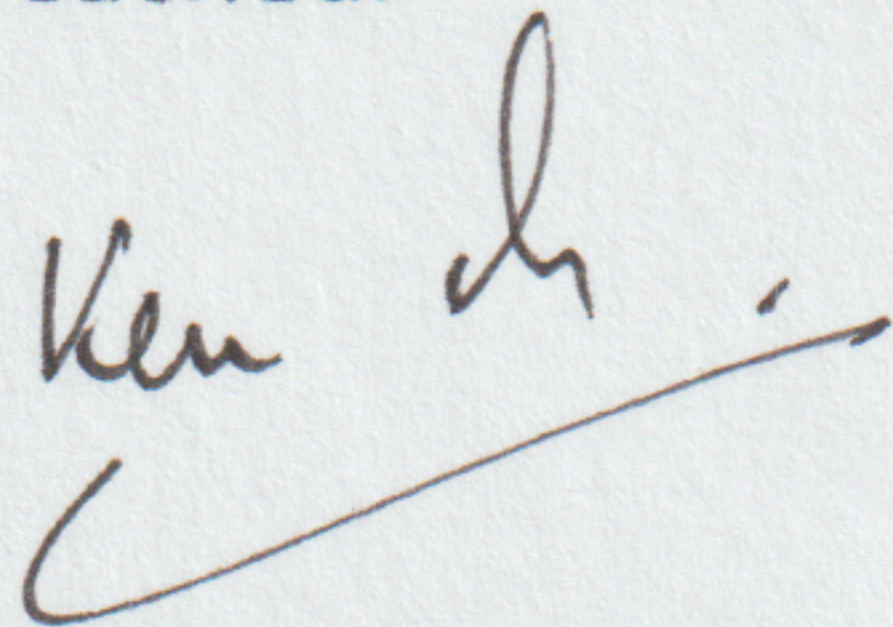
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Ken Griffin

Address: 12 Downs Cote Park, Bristol BS9 3JT

Date: 4 July 2024

FAMILY FOOD ACTION

England & Wales - Charity number 1198241

Accounts



FFA Annual Report April 2023

Summary Report (for volunteers/donors/Quartet/partners)

Annual report: Chair's impact statement

Since becoming a registered charity on 15th March 2022, Family Food Action have had an extremely productive year. This is thanks to our committed volunteers, donors, and sponsors as well as the hard work of the community partner organisations through which we channel family support.

But the issues that gave rise to FFA have not gone away, this year the cost-of living crisis has pushed 4 million children in the UK into food poverty¹ (doubled from last year) and 1:4 UK households with children into food insecurity². Low-income families often support themselves through numerous unpredictable zero hours contracts, face multiple disadvantage and have seen basic benefits fall to £140 pcm short of the minimum cost of living³. In Bristol's most deprived communities, the impact has been profound and has put huge demand on foodbanks and community organisations supporting them, local primary schools report children

arriving at school without breakfast and with empty lunch boxes.

Escalating demand and charity registration has required FFA to adopt more robust working practices and the impact of the current economic climate on our target communities presents additional challenges, but we are pleased that we remain successful at focussing attention and action at tackling food poverty in Bristol and engaging and linking our diverse communities.

We now work with 5 community organisations, e.g., children's centres who provide food in the context of wider support, in deprived areas such as St Paul's, Southmead, Lockleaze, Easton and Eastville. They do this through a variety of activities e.g., providing meals cooked on site or running food clubs where families access food for home cooking. FFA provides supplementary food through 2 means: 1) via donated goods from street collections and other sources, 2) by buying bulk fresh fruit, veg, dairy, egg and meat using donated funds.

¹ <https://www.foodfoundation.org.uk/initiatives/food-insecurity-tracking#tabs/Round-11->

² <https://www.foodfoundation.org.uk/initiatives/food-insecurity-tracking#tabs/Round-11->

³ Joseph Rowntree Foundation and Trussell Trust data as reported in The Guardian newspaper Sunday 26th Feb 2023 (see online at: <https://www.theguardian.com/society/2023/feb/26/uk-benefits-fall-short-of-minimum-living-cost-by-140-a-month-charities-say>)

Local Impact of FFA: our recent community partner survey shows how demand and the impact of FFA has grown; for example, in the last year we have:

- taken on a fifth partner - Southmead children's centre – helping them expand provision by 100%
- supplemented the meals of about 1500 local Bristol children and their parents
- helped our 5 partners support 50% more hungry children/parents (since July 2022)
- contributed to a total of about 155,000 meals annually
- increased the value of donated foods from street donations and other sources to about £1500 per week
- doubled our weekly financial donations (since July 2022)
- received several significant one-off donations - these will enable us to maintain support for existing partners and widen our reach to other families through grants for new initiatives e.g., school breakfast clubs
- contributed to the feeling of community and provided opportunities for engagement and activity for donor communities and volunteers

This has been achieved in an environment where other foodbanks have seen reductions in donations and have struggled to meet rapidly increasing demand

This annual report summarises what we've achieved over the last year, highlights escalating need and thanks all our stakeholders for their ongoing support

Kate Beckett
FFA Chair



Annual report

Partners

- We have continued to supply our 4 original partners, May Park Primary School, Felix Road and the Vench Adventure Playground & Community centre and St Paul's Children's Centre with a range of food and toiletries in accordance with their requests
- We have adopted Southmead Children's Centre as an additional partner
- Our Partner Liaison group maintain an ongoing conversation with their partners to inform our supply of donations to each of them

Donors

- Our original model of collecting food and toiletries donations through street hubs has continued, and we have added a few more collection hubs over the year. The model is very responsive, and we issue special request lists weekly to help our partners plan e.g., cooking activities for children or special menus, which encourages greater levels of support each week.
- We have also received food donations from other organisations e.g., Tyntesfield, Golden Hill Community Garden, Little Stoke Allotment Society, Blaise Plant Nursery, Ardagh gardening club and now also receive

donations from Clifton Down Sainsburys, who have adopted FFA as their charity community partner, from Morrisons, Pieminister, the Bishopston and Ashley Down Labour Party, the Bristol Brunel Lions Club and the 1st Bishopston scouts and 63rd Bristol cubs groups

- Many people and organisations support FFA through regular and one-off financial donations, which enable us to purchase items in bulk at competitive rates
- As a charity, we are now able to claim Gift Aid which has increased our funds

Bulk supplies

- This year we have changed our supplier for bulk fruit and vegetables to Dole PLC (formerly Total Produce), who deliver direct to partners; this has reduced the load for sorting and delivery volunteers
- We have added Pak Butchers, a halal meat supplier, to support one of our partners
- We have continued sourcing eggs from the Good Egg Company

Operations

- Over a year ago, we moved our sorting operation to the garage at the Ardagh; the Ardagh Community Trust gives us free use of their space and we work closely together to achieve our respective aims

- We have seen an increase in the number of volunteers, who help with setting up the room, sorting the donations, and delivering them to partners each week. We now have around 80 active members
- We also have a group of volunteers who collect donations from Sainsbury's Clifton Down and deliver them to the Ardagh
- Dairy products are collected from local Tesco Golden Hill (to ensure that food handling requirements for refrigerated goods are followed) brought to the Ardagh and sorted and taken to our partners
- We carry out regular surveys of needs and requirements of our partners and of the volume and value of food donations to enable better understanding of our operations and impact
- Each week, the sorting hub is set up, including being cleaned, donations brought to our hub are sorted and allocated and our delivery drivers take the donations to our 5 partners
- Our premises and sorting processes have been inspected and approved by Bristol City Council Food Standards Agency and gained a Food Safety rating of 5*
- We have drawn up a Health & Safety policy and checklist and provide manual handling training for volunteers

- We have also drawn up a Safeguarding Policy, and are setting up training for volunteer team leaders, have carried out DBS checks and adopted criminal record checks

Management

- The management of FFA is carried out by a team of 14 volunteers, 7 of whom are the charity trustees. The group meets monthly to agree actions, allocate funds and plan for future activities and projects. The team operates within groups focussing on Communications, Partner liaison, Finances and People and Places, which report back to the Management Group and take forward actions
- In August 2022, FFA successfully applied for and received a grant from Quartet Foundation to cover setting up costs for the new charity including manual handling and safeguarding training, public liability insurance cover and office and cleaning equipment costs

Other events/ activities

- Last September, we held a successful Open Day at the Ardagh, where our partners were invited to talk to visitors to raise awareness of the needs of their communities. Politicians, partners, donors and supporters, representatives from food organisations

and the wider public were invited to find out more about the FFA. Funds were raised through a raffle and a cake stall and additional volunteers were signed up. We propose to organise another Open Day this year

- We offer monthly drop-in sessions so that people wanting to find out more about the organisation or how they can be involved can talk to members of the management group. We also hold volunteer meetings every 2 months, either face-to-face or virtual
- We have set up a stall in Sainsbury's Clifton Down to talk to their customers about FFA in order to widen awareness and increase donations of money, food, and toiletries. Sainsbury's also host a second-hand book stall with the donations going to FFA
- Members of the management team attended and contributed their experience to events in the Community Food Justice week and Feeding Bristol Food Equality Strategy and continue to network with other associated organisations
- Volunteers have collected funds through the Chesterfield Road Carol concert; the Chandos Road Festival; the Effingham Road Street party; Theresa Avenue carol singing; a Bristol Community Choir concert and a Kettlebell instruction session from Peter Webb and we have been chosen as the linked charity

for the Westbury-on-Trym Village Show 2023 in September

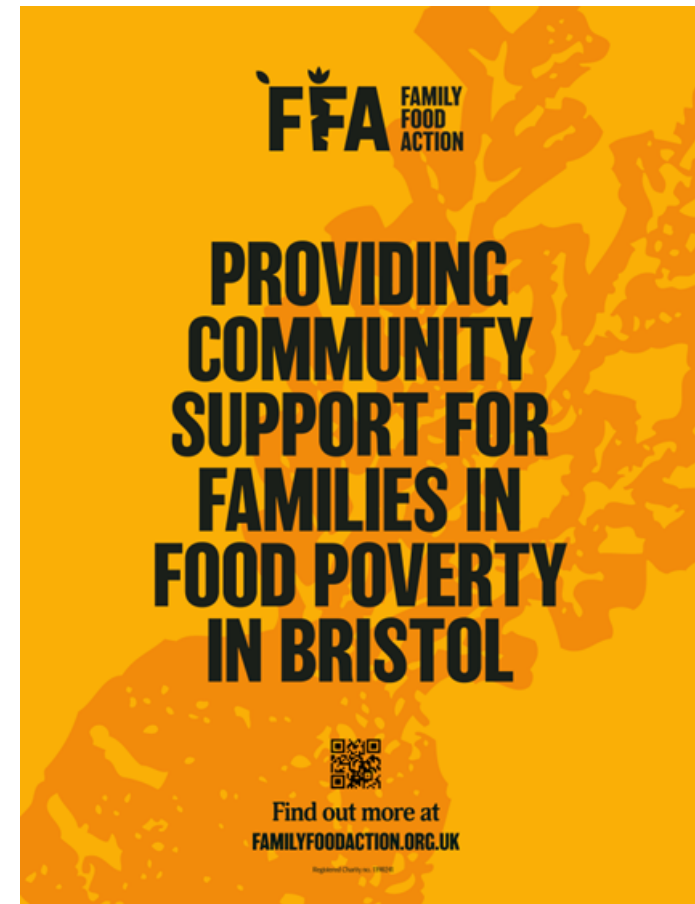
- We circulate a monthly newsletter with information about FFA and about food poverty topics. This supports our campaigning aim and helps to preserve and expand interest and donations
- After submitting a successful proposal, we have begun work with UWE film studies students to develop three short films for social media aiming to raise awareness of food poverty and FFA
- We share information about FFA and other Bristol food organisations, requests for volunteer input, and information about food poverty through our website and WhatsApp groups and through our Facebook and Instagram social media sites. Max Burke of Kiski Studio has developed a new FFA logo and posters to help promote our work



Future plans and developments

- **Sustainability:** as our impact grows so does the number of people and organisations who depend on us. So, we have undertaken longer term financial planning to enable us to maintain our support and reduce our/their vulnerability to the current financial situation.
- **Spring 2023 small grants offer:** As a result of our successful funding operation, we are inviting applications for small grants to enable other community organisations to further our charitable objectives by developing new initiatives that have a demonstrable impact on families experiencing food poverty and are both sustainable and cost effective. We hope to see some creative ideas that will extend the impact to new communities or individuals whose needs are currently unmet.
- **Propagating FFAs model:** We currently lack capacity and space to add more new partners, however we are willing to provide training to help others set up a similar model for collection and distribution of donations.
- **Infrastructure funding:** To ensure that FFA can continue our work, in the future we are proposing to regard all financial donations as 'unrestricted' so they can support FFA's infrastructure too (without which we couldn't run and have the impact we do). This is the

norm among charities and reflects our increasing size and impact. We will always strive to keep our running costs as low as possible and be accountable to both a donors and statutory bodies for reporting infrastructure expenditure and ensuring that our funds are used optimally to meet our charitable aims.





Financial report March 2022 – February 2023 inclusive

The accounts have been prepared on a receipts and payments basis. All amounts are presented to the nearest pound

Notes on income

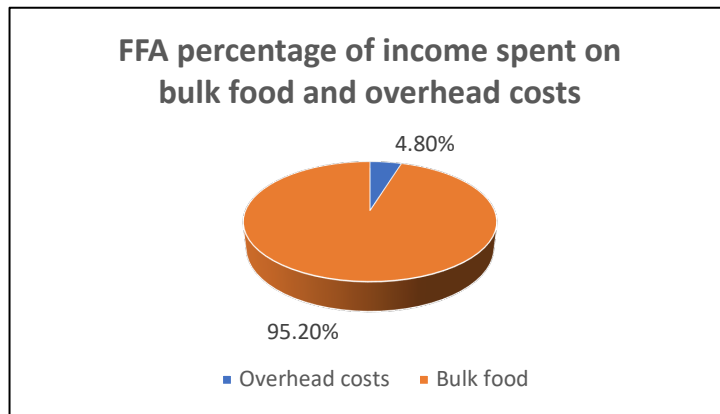
- FFA received a total of £52,570 in direct financial donations (via bank transfers, standing orders and £209 in cash). Of this, regular donations totalled £30,108
- Fundraising (FFA Events) refers to gross receipts from the Open Day on September 13th
- Fundraising (online) is money raised via JustGiving. This includes donations from the Chesterfield Road fundraiser
- Fundraising (other) is money collected at various street parties, fairs and carol singing events
- Gift Aid has been collected on eligible donations (those made since FFA became a registered charity) received before 31st January 2023. In February 2023, 74% of donations by value were Gift Aided
- We received a grant of £2808 from the Quartet Foundation. These funds are regarded as *restricted* to spending on infrastructure and overheads as per the grant application. £1586 (56%) has been spent this financial year

Notes on Expenditure

- £37,351 has been spent on bulk purchases of fruit and vegetables; dairy produce; eggs and meat for our partners. This total also includes a weekly meal grant to Felix Rd Adventure Playground and £130 of seasonal items purchased from unrestricted funds
- Volunteer costs include strategy meeting costs, manual handling training and DBS checks for core volunteers
- Food hygiene represents costs of cleaning materials for the sorting hub
- Publicity: leaflets and posters, open-day items, collection tin stickers for Sainsburys
- Premises costs: donations to the Ardagh Community Trust to assist in path and roof refurbishment
- Admin and Office: Annual Zoom subscription and Voscur membership fee
- Insurance: Public Liability
- Website: registration of *familyfoodaction.org.uk* domain for 3 years
- Bank Charges: The FFA CAF bank account costs £5/month (reduced from £8/month)
- Equipment costs: Trolleys for the sorting hub; padlocks for trolleys and fruit and veg drop-boxes; display boards
- Other/Refunded expenditure. Miscellaneous other items and refunds for faulty items or overpayments

Overhead costs

- FFA’s total spending on all items not classified as bulk food comes to **4.8% of income**.



increase in the volume and value of our street collections. Audits of donations have been made twice this year.

Donations of goods in kind are estimated to be worth approximately £63,000 over the year March 2022 to February 2023

For more information please see:

FFA website: FamilyFoodAction.org.uk

Email: contact@familyfoodaction.org.uk

Facebook: FFA Bristol

Instagram: familyfoodaction

Food and Toiletries donations

- We collected and distributed food for 51 weeks of the year. This involved street collections and one-off donations from special events e.g., the Scouts, Bristol Brunel Lions. Sainsburys adopted FFA as their charity partner in September 2022. The collections at Sainsbury’s significantly increased the volume and value of the donations by roughly £300 a week. Our open day, September 2022, also saw an increase in the number of streets collecting and hence an



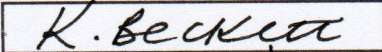
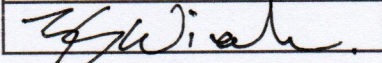
Receipts and payments accounts

For the period from	Period start date 01-Mar-22	To	Period end date 28-Feb-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,769	49,801	-	52,570	-
Fundraising - FFA Events	-	535	-	535	-
Fundraising - online	3,563	-	-	3,563	-
Fundraising - Other events	-	1,469	-	1,469	-
Gift Aid	-	6,945	-	6,945	-
Grants	-	2,808	-	2,808	-
Other Income	345	28	-	373	-
Net funds from activities before incorporation	103	3,189	-	3,292	-
Sub total (Gross income for AR)	6,780	64,775	-	71,555	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,780	64,775	-	71,555	-
A3 Payments					
Bulk food	339	37,012	-	37,351	-
Volunteer costs	-	802	-	802	-
Food Hygiene	-	68	-	68	-
Publicity	-	271	-	271	-
Premises costs	350	-	-	350	-
Admin & Office	-	216	-	216	-
Insurance	-	213	-	213	-
Website	-	22	-	22	-
Bank Charges	-	43	-	43	-
Equipment costs	-	901	-	901	-
Other expenditure	50	-	-	50	-
Refunded Expenditure	382	-	-	382	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,121	39,547	-	40,668	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,121	39,547	-	40,668	-
Net of receipts/(payments)	5,659	25,228	-	30,886	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,659	25,228	-	30,886	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance at end of financial year	5,659	25,228	-
			-	-
		-	-	-
	Total cash funds	5,659	25,228	-
(agree balances with receipts and payments account(s))		OK	OK	OK
B2 Other monetary assets	Details	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Trolleys, tables and display boards	Restricted	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Unpaid supplier invoices	Restricted	2,511	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			K. BECKETT	20/5/23
			J. WIECZOREK	20/5/2023

Independent examiner's report to the trustees of Family Food Action

I report to the trustees on my examination of the accounts of Family Food Action (Registered Charity 1198421, the "Charity") for the year ended 28 February 2023.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Ken Griffin

Address: 12 Downs Cote Park, Bristol BS9 3JT

Date: 30 May 2023