

# THE GAP PROJECT

England & Wales · Charity number 1198229

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-03-14

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Red Cow Farm  
Dorchester  
DT1 1WT

**Phone** 07880803366

**Email** [claire@meyersestates.com](mailto:claire@meyersestates.com)

## Activities

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**Objects:** TO RELIEVE THE NEEDS OF THOSE SUFFERING FROM STRESS, ANXIETY AND MENTAL HEALTH CONDITIONS FOR THE PUBLIC BENEFIT BY OFFERING SUPPORT THROUGH HOLISTIC, ECOTHERAPY GARDEN BASED AND HORTICULTURAL ACTIVITIES.

**Activities:** The GAP Project stands for Gardens and People. We create therapeutic havens, offering gardens and shared spaces as sanctuaries for various charities and organisations. These serene environments become catalysts for positive change, enhancing mental health for service users. Our collaborative approach cultivates a sense of belonging, fostering growth and healing

## Classification

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- **How:** Provides Services, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Dorset

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£0	£4,350	-	-
2024-01-31	£38,399	£26,995	-	-
2023-01-31	£5,289	£1,795	-	-

## Trustees

Name	Role	Appointed
<b>Claire Selina Meyer</b>	Chair	2022-03-01
David Taylor		2022-03-01
Frances Ponting		2026-01-06

**THE GAP PROJECT**

England & Wales - Charity number 1198229

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# Accounts

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# Trustees' Annual Report for the period

	Period start date			Period end date		
<b>From</b>	01	APRIL	2024	<b>To</b>	31	MARCH 2025

## Section A Reference and administration details

Charity name THE GAP PROJECT

Other names charity is known by

Registered charity number (if any) 1198229

Charity's principal address RED COW FARM  
DORCHESTER  
  
Postcode DT1 1WT

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	C S MEYER			
2	P CRADDOCK		D.O.D 16.06.2025	
3	D TAYLOR			
4	F PONTING		APPT 06.01.2026	
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year


**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document <small>(eg. trust deed, constitution)</small>	CIO FOUNDATION
How the charity is constituted <small>(eg. trust, association, company)</small>	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods <small>(eg. appointed by, elected by)</small>	

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

Summary of the objects of the charity set out in its governing document

The GAP Project stands for Gardens and People. We create therapeutic havens, offering gardens and shared spaces as sanctuaries for various charities and organisations. These serene environments become catalysts for positive change, enhancing mental health for service users. Our collaborative approach cultivates a sense of belonging, fostering growth and healing

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

**Summary of the main activities undertaken for the public benefit in relation to these objects**

In line with our charitable objectives, The GAP Project has continued to provide **inclusive, therapeutic garden spaces** designed to benefit a wide range of individuals through community connection, personal growth, and improved mental wellbeing.

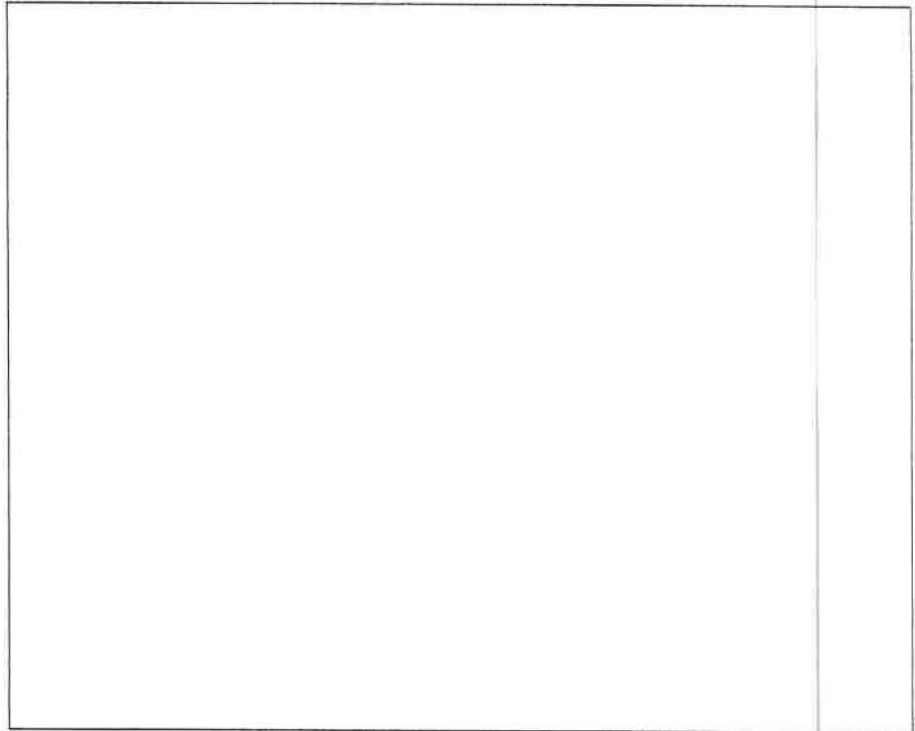
Over the reporting period, The GAP Project has made steady and meaningful progress in developing and maintaining the site as a welcoming and functional community space. Key achievements include the completion of the container unit panelling, installation of the eco toilet, and the successful creation and enhancement of the sensory garden, including wildflower seeding to support biodiversity. Practical infrastructure improvements such as pallet-built tables have increased usability for visiting groups. Regular maintenance, including grass cutting, watering during summer months, and care of the King's Tree, has ensured the site remained safe and accessible throughout the year. Engagement with new groups has continued, supported by improved record-keeping through an up-to-date visitors' book and sound financial management, with accounts maintained accurately and on time. Collectively, these achievements reflect a year focused on consolidation, sustainability, and community benefit.

The trustees confirm that they have had **due regard to the Charity Commission's guidance on public benefit** when reviewing our aims and planning activities for the year.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Section D** Achievements and performance

**Summary of the main achievements of the charity during the year**

Over the reporting period, The GAP Project has made steady and meaningful progress in developing and maintaining the site as a welcoming and functional community space. Key achievements include the completion of the container unit panelling, installation of the eco toilet, and the successful creation and enhancement of the sensory garden, including wildflower seeding to support biodiversity. Practical infrastructure improvements such as pallet-built tables have increased usability for visiting groups. Regular maintenance, including grass cutting, watering during summer months, and care of the King's Tree, has ensured the site remained safe and accessible throughout the year. Engagement with new groups has continued, supported by improved record-keeping through an up-to-date visitors' book and sound financial management, with accounts maintained accurately and on time. Collectively, these achievements reflect a year focused on consolidation, sustainability, and community benefit.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

### Reserves Policy Statement

The GAP Project aims to maintain a modest level of reserves to ensure the ongoing delivery of our services and the sustainability of our site. Our current reserves include funds that are **earmarked for ongoing maintenance and essential improvements** to the garden spaces and facilities, in line with our charitable objectives.

We regularly review our reserves to ensure they are appropriate for the scale and nature of our work. Any surplus is planned to be spent on supporting the continued development and upkeep of the project, to directly benefit the charities and groups we support.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

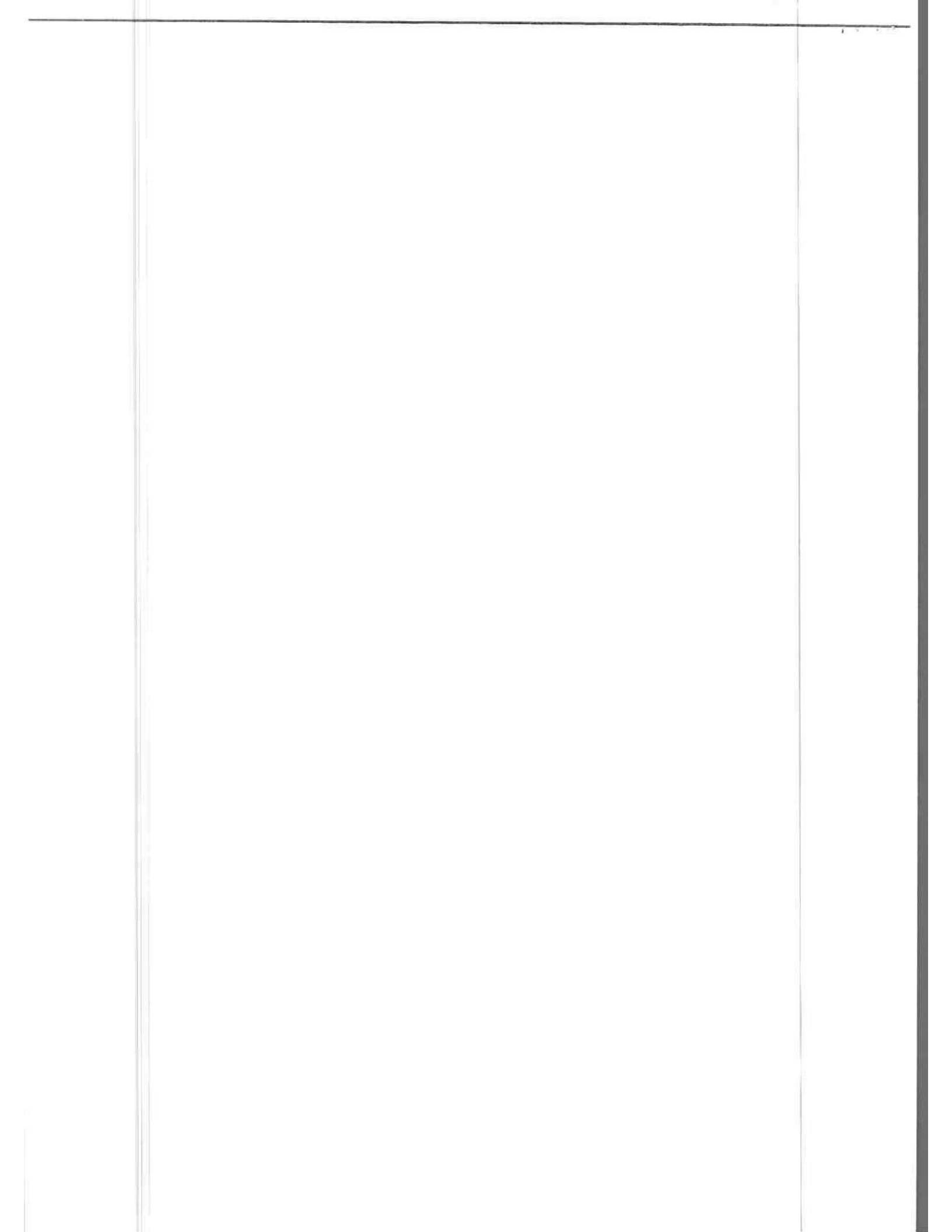
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>C Meyer</i>	
Full name(s)	Claire Meyer	
Position (eg Secretary, Chair, etc)	Chair	
Date	29/01/26	





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
The Gap Project

**On accounts for the year  
ended**

31 March 2025

**Charity no  
(if any)**

1198229

**Set out on pages**

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

29 January 2026

**Name:**

Mrs Sarah Hough

**Relevant professional  
qualification(s) or body  
(if any):**

ICAEW

**Address:**

Unity Chambers, 34 High East Street, Dorchester, Dorset, DT1 1HA

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for the user to provide details as requested in the text to its left.

**THE GAP PROJECT**

England & Wales - Charity number 1198229

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# Accounts

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## Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	APRIL	2023		31	MARCH	2024

### Section A Reference and administration details

**Charity name** THE GAP PROJECT

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**Summary of the main activities undertaken for the public benefit in relation to these objects**

In line with our charitable objectives, The GAP Project has continued to provide **inclusive, therapeutic garden spaces** designed to benefit a wide range of individuals through community connection, personal growth, and improved mental wellbeing.

This year, we have created and maintained a vibrant outdoor environment, which includes:

- A **polytunnel** to support year-round growing and horticultural therapy
- A **sensory herb garden** to encourage mindfulness and sensory engagement
- **12 raised beds** for use by local charities and community groups
- A **compost toilet**, built with sustainability and accessibility in mind
- A secure **tool shed** and dedicated **office space** to support session delivery and volunteer coordination

These facilities are currently used by multiple local charities, organisations, and support groups, offering their service users a **safe, welcoming and calming space**. The gardens provide not only a place to grow food and flowers, but also an opportunity to build confidence, develop new skills, reduce isolation, and improve mental health.

We work collaboratively with each group to ensure the space is used in a way that best supports their individual needs, promoting a strong sense of **belonging and shared purpose**. The ongoing development of our site is guided by regular feedback and active input from the people who use it.

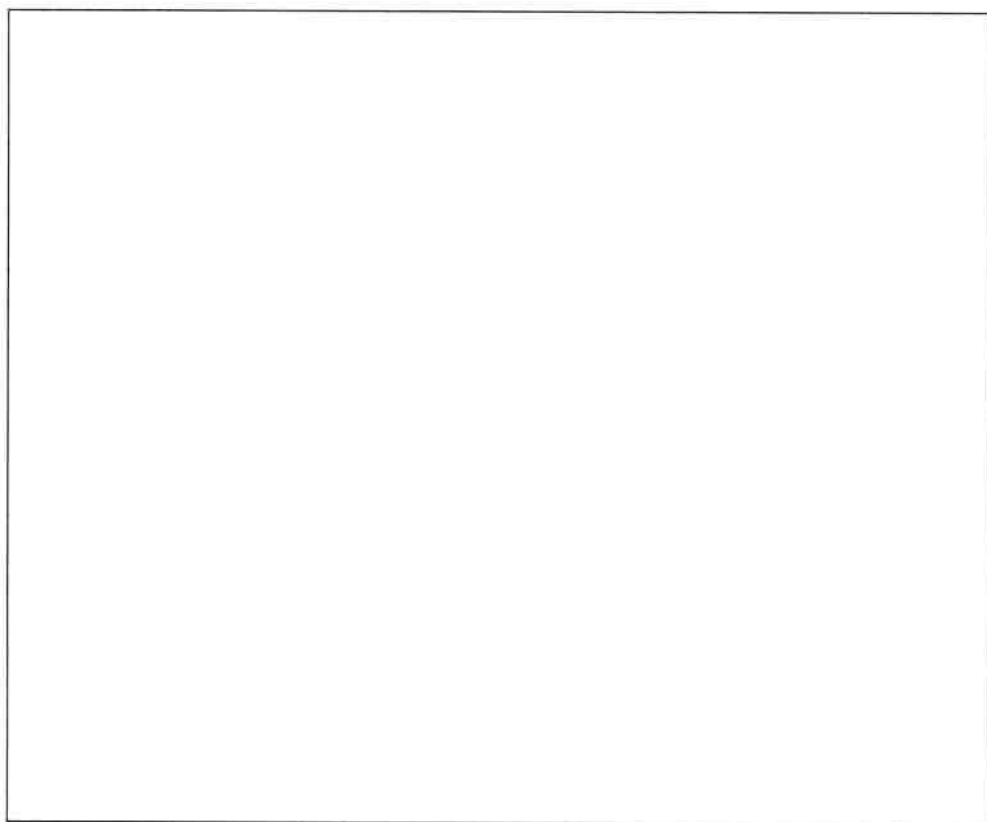
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## Section D

## Achievements and performance

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## Financial review

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## Section F

## Other optional information

## Section G

## Declaration

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)** D Taylor 

**Full name(s)** David Taylor

**Position (eg Secretary, Chair, etc)** FINANCE PARTNER

**Date** 15/04/25

**THE GAP PROJECT**

England & Wales - Charity number 1198229

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

THE GAP PROJECT

1198229

**Receipts and payments accounts**

CC16a

For the period  
from

Period start date  
14 MARCH 2022

To

Period end date  
31 MARCH 2023

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations from individuals	420	-	-	420	-
Donations from companies	3,648	-	-	3,648	-
Donations from other charities and groups	1,221	-	-	1,221	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>5,289</b>	<b>-</b>	<b>-</b>	<b>5,289</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>5,289</b>	<b>-</b>	<b>-</b>	<b>5,289</b>	<b>-</b>
<b>A3 Payments</b>					
Insurance	620	-	-	620	-
Site planning and survey fees	1,174	-	-	1,174	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,795</b>	<b>-</b>	<b>-</b>	<b>1,795</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,795</b>	<b>-</b>	<b>-</b>	<b>1,795</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>3,494</b>	<b>-</b>	<b>-</b>	<b>3,494</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>3,494</b>	<b>-</b>	<b>-</b>	<b>3,494</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	3,494	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3,494</b>	<b>-</b>	<b>-</b>

(agree balances with receipts and payments account(s))


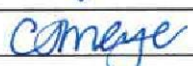
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	D TAYLOR	27/11/23
	C MEYER	27/11/23