

Charity registration number: 1198222

Zalala Foundation

Annual Report and Financial Statements

for the period from 11 March 2022 to 31 December 2022



WESTCOTTS

CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS

Zalala Foundation

Contents (continued)

Reference and Administrative Details	1
Trustees' Report	2 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 to 16

Zalala Foundation

Reference and Administrative Details

Trustees	Angela Hadjipateras (appointed 11.03.2022)
	Aikaterini Hadjipateras (appointed 28.03.2022)
	Dr Alex Shankland (appointed 28.03.2022)
	Dr Patricia Barnett (appointed 28.03.2022)
Charity Registration Number	1198222
Principal Office	29 Barlby Road London W10 6AN
Independent Examiner	Westcotts (SW) LLP 47 Boutport Street Barnstaple Devon EX31 1SQ

Zalala Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the period ended 31 December 2022.

Objectives and activities

Objects and aims

The charity's objective is to alleviate the hardship and poverty of those living in Mozambique by providing practical and financial assistance to partnering organisations in Mozambique.

Objectives, strategies and activities

The Zalala Foundation's activities are aimed at improving local livelihoods of Mozambicans living in the province of Zambezia through training, awareness-raising, income-generating support and the provision of essential infrastructure, including educational, water and health facilities. One of our key priorities is promoting girls' empowerment and education at the primary and secondary level.

The main activities (described in detail in the next section) are:

1. Promoting Girls Empowerment
2. Sponsoring secondary education for Girls
3. Providing health facilities and services to the communities

Girls Empowerment Programme

In 2022 the Zalala Foundation in close collaboration with the Fundacao Zalala, developed a project entitled: "Developing Girl's Independence and Leadership Capacities in Supinho and Idugo Districts, Zambezia Province." This project was the continuation of a project implemented in 2021, which was entitled ; "Giving Girls a Voice". The 2021 project jumpstarted the process of girls' empowerment in the 2 communities, working in close collaboration with youth leaders of the Children's Parliament and the Association of Girl's in Zambezia (ARZ), the new project extended the work to cover all 5 neighbourhoods of Idugo, thereby including girls from some of the more remote areas previously under-represented. Bicycles were provided to the Club Facilitators, the Foundation Coordinator and local community leaders to facilitate access to the more distant communities.

The strategy adopted for promoting increased autonomy was to appoint the most capable girls to take on a frontline role in the facilitation of the sessions under the guidance and supervision of the more experienced partners. In this way, girls from the local communities had the opportunity to develop and strengthen their own skills as trainers and educators for their younger peers.

During the year, there was a refresher training for the membership of AORIS, the girls Association established in 2021. Elections were held for new leaders to replace those who have left to continue their studies outside their villages.

The total project cost was 18,500 euros: 10,000 euros (46%) was covered by the grant from Irish Aid and 8,500 (46%) was covered by the Zalala Foundation.

Life Skills Training

In line with recommendations made at the end of the first year's Girls Empowerment Programme, several components were added to the work with young girls and boys in the two local communities:

Zalala Foundation

Trustees' Report (continued)

Sewing Training: Following on from the success of previous training courses provided, a 3-month training course in basic sewing skills – including use of a sewing machine, was provided for a group of 15 girls and boys in Supinho. The course was a great success and all the graduates received a certificate at the end of the course. As well as learning how to sew shirts, skirts, trousers and bags, the girls also learnt how to sew washable and re-usable sanitary towels. This training was provided by of the trainers of AMME –the Mozambican Association for Girls and Education .

Vegetable Gardening: A group of 10 girls and boys visited a 'model' vegetable garden and were taught basic techniques, such as ploughing the soil, planting seeds in rows and so on. It is planned that some land be allotted to the girl's group in their respective villages, so they can grow fruit and vegetables for consumption.

Reading corners: Reading corners were established in both communities as a way of promoting reading in a relaxed, fun environment out of the school context. Some books were donated by Save the Children and others by one of the Trustees (Alex Shankland), who selected and delivered a range of beautifully illustrated children's stories covering a range of educational and fantastical themes of stories from around the world. Book cases were purchased by the Fundacao. Reading sessions were led by members by the facilitators of the Girls' Clubs.

Secondary school sponsorship for Eight Girls from the Villages.

In 2022, 8 of the best students in the villages (5 from Idugo and 3 from Supinho) were selected to move into Secondary Education. After reviewing the various options, a Catholic Convent in Quelimane (the provincial capital) was selected on the basis of its reputation as one of the best schools in the town. Although Catholic, it is open to all religions and allows Muslim prayer alongside Catholic services.

Adapting to life in a boarding school in the town posed many challenges for these young girls. Most had never before set foot in Quelimane town. Everything was new: sleeping in a bed (as opposed to mats on the ground); using a toilet and sink; eating with cutlery; following a strict daily timetable; all this was very new. The other major challenge they faced was learning to talk, read and write in Portuguese. Although Portuguese is the language used in schools everywhere in Mozambique, the majority of children in the villages speak the local language at home and have a very limited grasp of the official Portuguese language. Extra tuition was provided at the school before the start of term to help them have sufficient mastery of the language before term began.

The Fundacao workers visited the girls weekly throughout the year to follow their progress . They also provided them with a phone so that they could be contacted in case of an emergency. On their own initiative, the girls set up a weekly meeting where they shared issues or difficulties they were experiencing with homework or other aspects of boarding school life. The school allocated a space for these weekly meetings. The Fundacao's Community Coordinator communicated regularly with the parents of the girls in the village to keep them updated on their daughters' progress. In addition to the basic curriculum, girls benefitted from basic computer literacy classes. By the end of the year, all the girls had achieved a basic mastery of the Portuguese language and they all passed their exams with reasonable grades.

Alongside their busy school schedule, the girls were able (with the logistical supported by the Fundacao Zalala team) to continue with some of the girl's empowerment activities initiated the previous year. For example, they spoke on several live radio debates on International Children's Day and the International Day of the Girl Child. They also attended the general annual meeting of the Children's Parliament. In this way, they continued to make their voices heard in defence of the rights of girls and women all over the world.

Zalala Foundation

Trustees' Report (continued)

At the start of the school holidays, a meeting was organised by the Fundacao with community leaders, parents and teachers to assess the girls' progress and outcomes over the year. All parties involved – the teachers, the nuns, the girls and their parents expressed great satisfaction with the results and gave their firm approval for the girls to continue the following year.

The total cost per girls per annum is approximately \$USD 10,000 (\$1,250 per girl). This includes basic tuition and extra tuition, 3 good meals a day, school materials and a small amount of pocket money. Approximately \$7000 was raised by the Zalala Foundation through an Xmas crowdfunding appeal. The balance came from existing funding sources provided by the Zalala Foundation.

Maternity and other health services

A maternity centre, comprising a maternity unit with a capacity for 5 women in labour, a waiting room, a post partum room, and a medicine store was completed during 2021. The complex includes a solar-powered water tower, an incinerating unit (for disposal of placentas, etc) and a 2-bedroomed house for staff. As there is no other medical facility for the 15,000 inhabitants of the island, one small room in the Maternity Centre serves as a general practice room, providing diagnostic tests and treatments for the general public. This service is supported by the two community-based health workers on the island, who also provide talks and door-to-door advice to the islanders.

The total cost of the Maternity Centre came to over \$200,000 – approximately 40% of the funding was provided by a grant from the Embassy of Japan in Mozambique and the rest was raised through the fundraising efforts of the Zalala Foundation. An inauguration ceremony presided over by the Japanese Ambassador and the Governor of Zambezia took place on the 9th December 2021 in Idugo. Before the end of December 2021, a supervision visit identified a few remaining defects (eg problem with solar panel – parts had to be obtained from Quelimane). These were all addressed and in early January 2022, the go-ahead was given to pay the final 10% tranche to the building company. An official 'handover' ceremony took place and celebrations were held attended by government officials and local leaders and the local community.

The Maternity Centre is highly regarded in the district; the facilities are clean and in good order and medicine supplies are better than average. A few interviews were conducted with local women. One said she had 6 previous pregnancies, but her experience at the Maternity was by far the best. Some women from other nearby islands and also from the mainland choose to go there in preference to their local centre.

In line with the Foundation's objective of ensuring the regular and efficient maintenance of the Maternity Centre, a Maintenance Committee was established and maintenance training was provided in March 2022 by the building supervision company for the members of the Health Committee and a team of 10 local carpenters, masons, electricians, to ensure the facilities are well looked after and to provide the capacity for minor repairs to be dealt with quickly and efficiently at the local level.

Zalala Foundation

Trustees' Report (continued)

Services provided by the Maternity Centre in 2022

MATERNITY SERVICES	
Pre-natal consultations	453
Post-natal consultations	107
Deliveries	309
Post-partum consultations	427
Family Planning consultations	542
CHILD HEALTH	
Infant consultations	302
PREVENTION OF HIV TRANSMISSION FROM MOTHER TO CHILD	
Hiv testing of pregnant mothers	202
Tested positive	31
GENERAL HEALTH CONSULTATIONS	
Malaria	7899
Cases of diarrhoea	14
Tuberculosis	12
Measles	6
Hypertension	69
Diabetes	3
HEALTH LECTURES PROVIDED BY COMMUNITY HEALTH WORKERS	
Talks on specific illnesses	42
Number of attendees	521

Of particular note is the dramatic reduction in cases of diarrhoea, which in the past was very high due to the consumption of unclean water. Since the arrival of the Maternity, which provides access to plentiful clean, running water for all, cases of diarrhoea, which can often result in infant deaths, have fallen dramatically.

Participatory service evaluation: During 2022, a proposal for the implementation of a participatory evaluation process, using a point system and the involvement of both service users and providers was developed and submitted for funding from the Commonwealth Foundation. Sadly, the proposal was not successful, but will be re-submitted.

Transport provided for Maternity Centre staff and ambulance services

The Fundacao's boat, which has a 60 horse power engine, provides regular transport to and from Supinho for the staff and director of the Maternity Centre, as well as for teachers and others travelling to the island. The boat is used to transport medicines and other medical supplies needed by the Maternity Centre and it also serves as an Ambulance in cases of emergency. The availability of this facility saved the life of a young boy who fell into the well, was rescued and taken by water ambulance to the mainland where he received treatment.

Zalala Foundation

Trustees' Report (continued)

Trustee visit to the Field (9-17th September, 2022)

Two of the Trustees, Alex Shankland and Tricia Barnett, visited the field projects in Idugo and Supinho and had the chance to see first-hand the work of the Fundacao and to engage in discussion with our partners. In addition to these field trips, they participated in a workshop with the staff of the Fundacao, the purpose of which was to clarify the respective roles of the two organisations and the relationship between the two. At this meeting, the Trustees recommended the appointment of a Board of Trustees/Patrons by the Fundacao Zalala and explained the purpose and benefits of such a Board. They also had meetings with government representatives, including the Quelimane Administrator and with some of the NGO partners in the town and also visited the boarding school where eight young girls are studying (funded by the Foundation) and spoke with the Mother Superior. Finally, prior to their departure, they visited the re-settlement village in Supinho which has been built in preparation for the planned Port project that will be implemented in Supinho.

Raising the profile of the Fundacao Zalala locally

As mentioned above, the support of the Fundacao Zalala was strongly praised at the nationally televised AGM of the Childrens Parliament in Quelimane. The FZ retains a strong presence at the monthly meetings of the Government and NGO Consortium covering COVID and other health issues.

In 2022, an attractive wall calendar was produced with images of the work of the Fundacao and these were sent to NGO and government partners and received positive feedback.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Grant making policies

Grants should be in line with our principles and priorities, which include supporting health improvements, girls empowerment, sustainable livelihoods with priority given to the communities of Idugo and Supinho.

Financial review

During the period to 31 December 2022, the Charity had net receipts of £14,973. Of this surplus, £15,353 related to restricted reserves. There was a deficit of £380 on unrestricted reserves.

As at 31 December 2022, the bank balance totalled £16,353.

Policy on reserves

It was proposed that we should ensure we can cover the costs of the girl's schooling for at least a 6-month period in the event of unplanned circumstances arising necessitating the closure/termination of the Foundation's activities. The cost of the girls is around £1000 per annum and we are supporting 8 girls. On this basis, we should ensure that around £5000 should be held in reserve.

As we are a new Charity, it will take some time to ensure that we meet this reserve level.

Investment policy and objectives

Such a policy would only be needed in the event that we acquired a very large donation that was unlikely to be spent within a year or less. This is fairly unlikely. Thus it was agreed that we do not have an investment policy at present.

Zalala Foundation

Trustees' Report (continued)

Structure, governance and management

Organisational structure

The legal and administrative details are listed on page 1. The trustees who served during the year are listed on page 1.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risk of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

Zalala Foundation

Trustees' Report (continued)

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

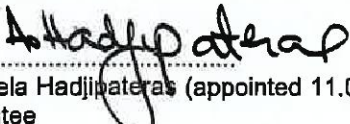
The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 15/1/28 and signed on its behalf by:


Angela Hadjipateras (appointed 11.03.2022)
Trustee

Zalala Foundation

Independent Examiner's Report to the trustees of Zalala Foundation

I report to the trustees on my examination of the accounts of Zalala Foundation for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of Zalala Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Zalala Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Zalala Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts Chartered Accountants
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 22nd January 2024

Zalala Foundation

Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies		<u>1,000</u>	<u>65,100</u>	<u>66,100</u>
Total income		<u>1,000</u>	<u>65,100</u>	<u>66,100</u>
Expenditure on:				
Charitable activities		<u>(1,380)</u>	<u>(49,747)</u>	<u>(51,127)</u>
Total expenditure		<u>(1,380)</u>	<u>(49,747)</u>	<u>(51,127)</u>
Net (expenditure)/income		<u>(380)</u>	<u>15,353</u>	<u>14,973</u>
Net movement in funds		<u>(380)</u>	<u>15,353</u>	<u>14,973</u>
Reconciliation of funds				
Total funds carried forward	12	<u>(380)</u>	<u>15,353</u>	<u>14,973</u>

All of the charity's activities derive from continuing operations during the above period.

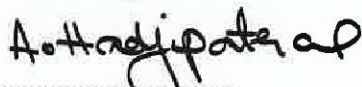
Zalala Foundation

(Registration number: 1198222)

Balance Sheet as at 31 December 2022

	Note	2022 £
Current assets		
Cash at bank and in hand	10	16,353
Creditors: Amounts falling due within one year	11	<u>(1,380)</u>
Net assets		<u>14,973</u>
Funds of the charity:		
Restricted income funds		
Restricted funds		15,353
Unrestricted income funds		
Unrestricted funds		<u>(380)</u>
Total funds	12	<u>14,973</u>

The financial statements on pages 10 to 16 were approved by the trustees, and authorised for issue on ~~15.11.21~~ and signed on their behalf by:



.....
Angela Hadjipateras (appointed 11.03.2022)
Trustee

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Zalala Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations from individuals	1,000	65,100	66,100
	<u>1,000</u>	<u>65,100</u>	<u>66,100</u>

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

3 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £
Grant funding of activities		-	49,747	49,747
Governance costs		1,380	-	1,380
		<u>1,380</u>	<u>49,747</u>	<u>51,127</u>

4 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	720	720
Legal fees	660	660
	<u>1,380</u>	<u>1,380</u>

5 Grant-making

Analysis of grants

	Grants to institutions 2022 £
Analysis	
Fundacao Zalala	<u>49,747</u>

The support costs associated with grant-making are £Nil.

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

7 Staff costs

No salaries or wages have been paid to employees during the year.

8 Independent examiner's remuneration

	2022 £
Examination of the financial statements	<u>720</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Cash and cash equivalents

	2022 £
Cash at bank	<u>16,353</u>

11 Creditors: amounts falling due within one year

	2022 £
Other creditors	660
Accruals	<u>720</u>
	<u>1,380</u>

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

12 Funds

	Incoming resources £	Resources expended £	Balance at 31 December 2022 £
Unrestricted funds			
<i>General</i>			
General Funds	1,000	(1,380)	(380)
Total unrestricted funds	1,000	(1,380)	(380)
Restricted funds			
Fundacao Zalala	65,100	(49,747)	15,353
Total funds	66,100	(51,127)	14,973

The specific purposes for which the funds are to be applied are as follows:

Fundacao Zalala - these donations are used to support a charity in Mozambique.

13 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2022 £
Current assets	15,353	1,000	16,353
Current liabilities	(1,380)	-	(1,380)
Total net assets	13,973	1,000	14,973

14 Related party transactions

During the year a Trustee donated £65,100 to the Charity. There were no other related party transactions.

Zalala Foundation

Detailed Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022

	Total 2022 £
Income and Endowments from:	
Donations and legacies (analysed below)	<u>66,100</u>
Total income	<u>66,100</u>
Expenditure on:	
Charitable activities (analysed below)	<u>(51,127)</u>
Total expenditure	<u>(51,127)</u>
Net income	<u>14,973</u>
Reconciliation of funds	
Total funds carried forward	<u><u>14,973</u></u>

Zalala Foundation

Detailed Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022 (continued)

	Total 11 March 2022 to 31 December 2022 £
<i>Donations and legacies</i>	
Donations	65,100
Appeals and donations	1,000
	<u>66,100</u>
<i>Charitable activities</i>	
Fundacao Zalala	(49,747)
Accountancy fees	(720)
Legal and professional fees	(660)
	<u>(51,127)</u>