

ZALALA FOUNDATION

England & Wales · Charity number 1198222

Details

Status Registered

Legal form CIO

Registered 2022-03-11

Register [View on the Charity Commission register](#)

Contact

Address 29 Barlby Road
London
W10 6AN

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Activities

Objects: TO ALLEVIATE THE HARDSHIP AND POVERTY OF THOSE LIVING IN THE ZAMBEZIA PROVINCE, MOZAMBIQUE BY PROVIDING PRACTICAL AND FINANCIAL ASSISTANCE TO PARTNERING ORGANISATIONS IN MOZAMBIQUE.

Activities: The Zalala Foundation's activities are aimed at improving local livelihoods of Mozambicans living in the province of Zambezia through training, awareness-raising, income-generating support and the provision of essential infrastructure, including educational, water and health facilities. One of our key priorities is promoting girls 'empowerment and education at the primary and secondary level.

Classification

- **How:** Makes Grants To Organisations
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Mozambique

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£90,615	£97,829	-	-
2023-12-31	£92,613	£87,961	-	-
2022-12-31	£66,100	£51,127	-	-

Trustees

Name	Role	Appointed
ANGELA HADJIPATERAS		2022-03-11
Aikaterini - Kathryn Hadjipateras		2022-03-28
Carla Cecilia Robertson dos Santos		2025-05-09
Catherine Ann Mackenzie		2024-01-05
Dr ALEX SHANKLAND		2022-03-28
Dr PATRICIA BARNETT		2022-03-28

ZALALA FOUNDATION

England & Wales - Charity number 1198222

Accounts

Charity registration number: 1198222

Zalala Foundation

Annual Report and Financial Statements
for the Year Ended 31 December 2024



Zalala Foundation

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Zalala Foundation

Reference and Administrative Details

Trustees:	Angela Hadjipateras Aikaterini Hadjipateras Dr Alex Shankland Dr Patricia Barnett Catherine Mackenzie (appointed 5 January 2024) Carla Robertson dos Santos (appointed 9 May 2025)
Charity Registration Number	1198222
Principal Office	29 Barlby Road London W10 6AN
Independent Examiner	Westcotts (SW) LLP 47 Boutport Street Barnstaple Devon EX31 1SQ

Zalala Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 December 2024.

Objectives and activities

Objects and aims

The charity's objective is to alleviate the hardship and poverty of those living in Mozambique by providing practical and financial assistance to partnering organisations in Mozambique.

Objectives, strategies and activities

The Zalala Foundation's activities are aimed at improving local livelihoods of Mozambicans living in the province of Zambezia through training, awareness-raising, income-generating support and the provision of essential infrastructure, including educational, water and health facilities. One of our key priorities is promoting girls' empowerment and education at the primary and secondary level.

The main activities (described in detail in the next section) are:

1. Supporting literacy and empowerment initiatives for young girls and boys in local communities
2. Sponsoring secondary and vocational education for girls and boys
3. Providing health facilities and services to the communities
4. Providing access to clean water
5. Supporting savings and income-generation activities
6. Deepening the Zalala Foundation's understanding of livelihood strategies for local communities
7. Go-Fund me campaign to raise money for girl's education

1. READING CORNERS: Supporting literacy and empowerment initiatives for young girls and boys in local communities.

The Reading Corners - are spaces where girls and boys in the local communities can meet on the weekends to read books together under the facilitation and guidance of the trained staff of the Fundacao Zalala. The aim of these sessions is to develop in children the love of reading in a relaxed and stimulating environment outside the school setting. These sessions are favourably viewed and supported by the school Directors in both communities as an effective way of encouraging children to develop the love of reading through guided sessions, games and discussion. The sessions are very well attended and are strongly welcomed by young girls and boys, as well as by teachers, parents and local community leaders. One of our trustees, Dr Alex Shankland, has donated many of the books and others have been donated by Save the Children and other local voluntary organisations. Attendance levels are very high - on average 30/40 kids per session and school teachers have noted a marked impact on reading performance among school kids. Based on the positive impact and strong local interest among children, schools and parents, these sessions will be continued for as long as resources are available.

2. Sponsoring secondary and vocational education for Girls:

In 2024, the Zalala Foundation continued sponsoring the secondary education of 7 girls from the local communities (one sadly dropped out for health reasons). Throughout the school year, they studied very hard and achieved notable improvements in their grades. Of the four girls who have completed the 11th grade, three decided to take up nurse training and the fourth has decided to complete the 12th grade in order to embark on a teacher training course at the beginning of next year. Sadly one of the eight girls had to pull out of the school on account of serious health problems, which persisted even after receiving medical attention supported by the Foundation.

Zalala Foundation

Trustees' Report (continued)

3. Girls Activism and Empowerment

In July 2024, the group of secondary girls supported by the Foundation, took part in an all-day event at the Zambezia VIP Hotel in Quelimane. The main aims of the event were to inspire young people to reflect and act to promote social justice in their communities. The event was attended by NGO representatives, university academics and professors, members of AMME (the Association of Women in Education), ARZ (the Association of Girls' Groups in Zambezia) and others. Each of the girls sponsored by the Foundation spoke on a different topic and their contributions were commented on and appreciated by attendees.

In November 2024, these schoolgirls also took part in a women's conference marking the International Fortnight Against Violence Against Girls. Each spoke about different forms of violence - physical, psychological, economic that girls and women are subjected to and they spoke about the importance of speaking up and resisting all these forms of violence and working together in solidarity.

4. Water for Idugo Community.

In March, the Fundacao Zalala facilitated a project implemented by a group of parents and children from Dubai who came to participate in the building of a solar-powered borehole and water tank providing clean water for school children and others in one of the most densely inhabited neighbourhoods of Idugo island. The Fundacao helped to identify the project and provided logistical and technical support for the implementation of the project. In addition, Fundacao Zalala funded the training of a Maintenance Committee responsible for the ongoing management and maintenance of the water tower and taps. The availability of clean water for farming, drinking, cooking and other uses has had been hugely welcomed and has made a very positive contribution to the health and welfare of local communities.

5. Field-based livelihoods research

In March 2024, Catherine Mackenzie, a Trustee of the Zalala Foundation spent several weeks in Quelimane in order to familiarise herself with the Foundation's projects and contribute her expertise in field research. Over a 3-day period, she undertook first-hand research in Idugo, accompanied by the Fundacao team and Angela (the Foundation Director) talking to men and women salt-pan owners and workers to gain a more in-depth understanding of this livelihood activity and how it has changed over time. Upon returning to the UK, she produced a detailed document of the findings which has provided invaluable insights, both for the Foundation and other organisations currently exploring ways of supporting the livelihoods of saltpan owner in Idugo.

6. Water Ambulance and other transportation services

Throughout 2024, the Fundacao's motor-powered boat provided transport services for the Fundacao staff, school teachers, health workers, as well as serving as an ambulance in cases of health emergencies. The boat also facilitated visits from the health ministry and other government departments in relation to specific missions of benefit to the local communities.

7. Ongoing support for Credit and Savings Groups in Idugo and Supinho

Throughout 2024, the Fundacao Zalala provided ongoing supervision and support for credit and savings groups in Idugo and Supinho aimed at supporting small business initiatives and providing loans and credit on a rotating basis, thereby helping individuals to fund small scale investments.

Zalala Foundation

Trustees' Report (continued)

8. Advocacy with district and provincial leaders and fundraising for a hospital for the island of Idugo.

Due to the lack of a general medical centre on the island of Idugo, the Maternity Centre, which was built with funds raised by the Zalala Foundation, has become increasingly over-used to the point of undermining the existing maternity services. Thus, in 2024, the Foundation launched a major fundraising appeal for the building of a general hospital to be built alongside the maternity centre on the Island. The Foundation hosted a visit from the Embassy of Japan to see the pressures on the maternity centre first-hand and to assess the need for a general health centre. Following on from this visit, a funding proposal was submitted to the Embassy of Japan and funding for the construction of hospital in 2025 was approved.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Grant making policies

Grants should be in line with our principles and priorities, which include supporting health improvements, girls empowerment, sustainable livelihoods with priority given to the communities of Idugo and Supinho.

Financial review

Policy on reserves

It was agreed that 50% of the annual cost of the educational subsidies for girls and boys should be kept in reserve to ensure their education continues for a period of 6 months during which time alternative sources of funding can be sought. This is equivalent to £11,600 in 2025.

Investment policy and objectives

Such a policy would only be needed in the event that we acquired a very large donation that was unlikely to be spent within a year or less. This is fairly unlikely. Thus it was agreed that we do not an investment policy at present.

Structure, governance and management

Recruitment and appointment of trustees

The Charity identifies the need for new Trustees, this may be due to vacancies arising due to resignations or due to a need for trustees with a specific skill set.

Induction and training of trustees

New Trustees are issued a role profit along with the Charity Commission Essential Trustee Guide and Trustee Code of Conduct.

Organisational structure

The legal and administrative details are listed on page 1. The trustees who served during the year are listed on page 1.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risk of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

Zalala Foundation

Trustees' Report (continued)

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 30/10/25 and signed on its behalf by:


.....
Angela Hadjipateras
Trustee

Zalala Foundation

Independent Examiner's Report to the trustees of Zalala Foundation

I report to the trustees on my examination of the accounts of Zalala Foundation for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of Zalala Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Zalala Foundation 's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Zalala Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Independent Examiner
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 31st October 2025

Zalala Foundation

Statement of Financial Activities for the Year Ended 31 December 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	90,615	-	90,615	92,613
Total income		90,615	-	90,615	92,613
Expenditure on:					
Charitable activities	3	(94,017)	(3,812)	(97,829)	(87,961)
Total expenditure		(94,017)	(3,812)	(97,829)	(87,961)
Net (expenditure)/income		(3,402)	(3,812)	(7,214)	4,652
Net movement in funds		(3,402)	(3,812)	(7,214)	4,652
Reconciliation of funds					
Total funds brought forward		15,813	3,812	19,625	14,973
Total funds carried forward	11	12,411	-	12,411	19,625

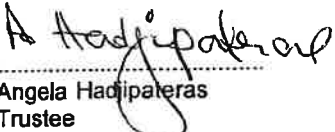
All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 11.

Zalala Foundation

(Registration number: 1198222)
Balance Sheet as at 31 December 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand		13,231	26,518
Creditors: Amounts falling due within one year	10	<u>(820)</u>	<u>(6,893)</u>
Net assets		<u>12,411</u>	<u>19,625</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		-	3,812
Unrestricted income funds			
Unrestricted funds		<u>12,411</u>	<u>15,813</u>
Total funds	11	<u>12,411</u>	<u>19,625</u>

The financial statements on pages 7 to 14 were approved by the trustees, and authorised for issue on 30.10.25... and signed on their behalf by:


.....
Angela Hadjipateras
Trustee

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Zalala Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in sterling which is the functional currency of the charity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £
Donations and legacies;		
Donations from individuals	70,911	70,911
Gift aid reclaimed	19,704	19,704
	<u>90,615</u>	<u>90,615</u>

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

	Unrestricted funds General £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations from individuals	22,366	53,972	76,338
Gift aid reclaimed	-	16,275	16,275
	<u>22,366</u>	<u>70,247</u>	<u>92,613</u>

3 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2024 £
Charitable activities		(934)	-	(934)
Grant funding of activities	5	93,024	3,812	96,836
Allocated support costs	4	1,927	-	1,927
		<u>94,017</u>	<u>3,812</u>	<u>97,829</u>

	Note	Unrestricted funds General £	Restricted funds £	Total 2023 £
Charitable activities		5,393	-	5,393
Grant funding of activities	5	-	81,788	81,788
Allocated support costs	4	780	-	780
		<u>6,173</u>	<u>81,788</u>	<u>87,961</u>

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

4 Analysis of support costs

Support costs allocated to charitable activities

	Total 2024 £	Total 2023 £
Accountancy fees	814	780
Book Keeper fees	1,002	-
Legal and professional fees	100	-
Bank charges	11	-
	<u>1,927</u>	<u>780</u>

5 Grant-making

Analysis of grants

	Grants to institutions	
	2024 £	2023 £
Analysis		
Fundacao Zalala	<u>96,836</u>	<u>81,788</u>

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

During the year Trustees were reimbursed out of pocket expenses.

7 Staff costs

No salaries or wages have been paid to employees during the year.

8 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>814</u>	<u>780</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

10 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors	-	5,393
Accruals	820	1,500
	<u>820</u>	<u>6,893</u>

11 Funds

	Balance at 1 January 2024 £	Incoming resources £	Resources expended £	Balance at 31 December 2024 £
Unrestricted funds				
<i>General</i>				
General Funds	15,813	90,615	(94,017)	12,411
Total unrestricted funds	<u>15,813</u>	<u>90,615</u>	<u>(94,017)</u>	<u>12,411</u>
Restricted funds				
Fundacao Zalala	3,812	-	(3,812)	-
Total funds	<u>19,625</u>	<u>90,615</u>	<u>(97,829)</u>	<u>12,411</u>
	Balance at 1 January 2023 £	Incoming resources £	Resources expended £	Balance at 31 December 2023 £
Unrestricted funds				
<i>General</i>				
General Funds	(380)	22,366	(6,173)	15,813
Restricted funds				
Fundacao Zalala	15,353	70,247	(81,788)	3,812
Total funds	<u>14,973</u>	<u>92,613</u>	<u>(87,961)</u>	<u>19,625</u>

The specific purposes for which the funds are to be applied are as follows:

Fundacao Zalala - these donations are used to support a charity in Mozambique.

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

12 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 December 2024 £
Current assets	13,231	13,231
Current liabilities	<u>(820)</u>	<u>(820)</u>
Total net assets	<u>12,411</u>	<u>12,411</u>

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2023 £
Current assets	22,706	3,812	26,518
Current liabilities	<u>(6,893)</u>	<u>-</u>	<u>(6,893)</u>
Total net assets	<u>15,813</u>	<u>3,812</u>	<u>19,625</u>

13 Related party transactions

During the year Trustees donated £70,811 (2023: £57,000) to the Charity.

As at 31 December 2024 £Nil (2023: £5,393) was owed to a Trustee in respect of the reimbursement of expenses.

ZALALA FOUNDATION

England & Wales - Charity number 1198222

Accounts

Charity registration number: 1198222

Zalala Foundation

Annual Report and Financial Statements
for the Year Ended 31 December 2023



WESTCOTTS

CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS

Zalala Foundation

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Zalala Foundation

Reference and Administrative Details

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Charity Registration Number	1198222
Principal Office	29 Barlby Road London W10 6AN
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Zalala Foundation

Trustees' Report

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Objects and aims

The charity's objective is to alleviate the hardship and poverty of those living in Mozambique by providing practical and financial assistance to partnering organisations in Mozambique.

Objectives, strategies and activities

The Zalala Foundation's activities are aimed at improving local livelihoods of Mozambicans living in the province of Zambezia through training, awareness-raising, income-generating support and the provision of essential infrastructure, including educational, water and health facilities. One of our key priorities is promoting girls' empowerment and education at the primary and secondary level.

The main activities (described in detail in the next section) are:

1. Integrating a gender and empowerment focus in schools
2. Ongoing support for 8 girls in secondary school
3. Cyclone Freddy Relief for schools and schoolchildren
4. Support for community health services
5. Support for community credit and savings schemes
6. Trustee visits to the field
7. Institutional strengthening of the Fundacao Zalala

Integrating a gender and empowerment focus in schools:

In 2023, the work aimed at promoting girl's education and empowerment, which the Fundacao Zalala has been implementing since 2020 was further consolidated. This was achieved through the integration of the Girls' Clubs in the schools in the 2 villages - Supinho and Idugo - where the Fundacao Zalala works. The strategy of inclusion of Girls' Clubs within the schools was developed in response to strong interest expressed by the school heads in both communities. This approach is also in line in with the official educational guidance of the Mozambican government which favours the establishment of clubs in schools in order to provide a space for girls to develop their skills, knowledge and abilities with a view to enhancing school outcomes and reducing the rate of early marriage among girls in the country.

In 2023, the following objectives were identified:

- Increased and sustained school attendance at all ages (averaging 50-75%)
- Enhancing girls' knowledge and understanding of their rights in Mozambique and internationally
- Increased awareness and understanding of menstrual hygiene, sexual and reproductive health, HIV/AIDS prevention and family planning among girls in the local communities
- Enhancement of young people's capacity to express themselves and formulate demands within their communities, on the radio and in other public fora
- Encouraging an interest in reading and improving levels of literacy among school children.
- Providing skills in horticultural production and simultaneously encouraging a healthier diet among young girls and boys

Zalala Foundation

Trustees' Report (continued)

The impact of Cyclone Freddy

In March 2023, a powerful cyclone tore through both communities and caused significant damage to all three schools, thereby seriously undermining the implementation of the project activities. For several months after the Cyclone, it was almost impossible to access the communities. Quelimane itself was without water and electricity for two months. Furthermore, the road from Zalala to Supinho was completely flooded making it virtually impossible to access and/or communicate with the communities. Even after the schools re-opened at the end of June 2023, the conditions for learning were far from ideal. In the case of Supinho, school sessions took place under 3 trees owing to the severe damage to the main school building and annexe. Similarly, both schools in Idugo were severely damaged resulting in a steep decline in school attendance. Despite these serious disruptions, the following activities were implemented:

• **School Clubs.**

98 meetings of the Clubs took place (60% of the target). The topics covered include: the rights of the child, right to education, issue of school absenteeism; violence in school; risks of drugs and alcohol; issue of child labour; laws against child marriage; sexual and reproductive health and rights; gender violence; colon, uterine and breast cancer; menstrual hygiene. Some of these topics were not discussed with the younger children. Instead, they had sessions on relations with parents; helping with household tasks and other age-related topics. As planned, girls and boys who took part in the project in previous years took on the role of 'mentors' sharing their experiences and knowledge in these sessions, thereby building their confidence and inspiring their peers.

• **Reading Sessions**

As in the previous year, reading sessions (9 in each of the 2 communities) aimed at developing children's interest in and enjoyment of reading, were held in the respective community centres on most Saturdays during the project period. The average number of participants in the two communities was 93 - with, on average, 62 girls and 31 boys aged between 10-18 years.

• **Advocacy and Message Dissemination**

Members of the Girls' Clubs participated in live radio debates and a song written by members of the girls' clubs was broadcast live in October, the Day of the Mozambican Girl Child. In addition, open community debates on the rights of girls took place, both in Supinho and in Idugo and were well attended by leaders, parents, educators and others.

• **Celebration of special days**

Christmas Day was celebrated with games and treats in both communities. These occasions provide an opportunity for girls and boys to express themselves openly and freely and celebrate their accomplishments during the course of the year.

Ongoing support for the secondary education of 8 girls from the 2 local villages

In 2023, the Zalala Foundation continued its support for the secondary education of 8 girls: 5 from Idugo village and 3 from Supinho. This included paying for extra tutorial support for girls in Mathematics and Science. The Foundation also covered the cost of extra-curricular courses selected by the girls in Cooking and Computer Literacy. In addition, the Foundation provided the girls with pocket money to enable them to buy school materials and sanitary products. Throughout the year, the Fundacao Community worker maintained regular contact with the girls, including weekly meetings in town to discuss any issues/problems arising. A meeting was also arranged with parents and school teachers to discuss any concerns or issues for the girls, in particular any issues relating to the communication between girls and their families arising from the distance between the school and their homes. In terms of their academic achievements, there was a marked improvement in their exam results, which reflects the satisfactory advances as girls have settled into their new environment and their mastery of the Portuguese languages continues to grow and facilitate their learning.

Zalala Foundation

Trustees' Report (continued)

Alongside their busy school schedule, the girls were able (with the logistical supported by the Fundacao Zalala team) to continue with some of the girl's empowerment activities initiated the previous year, including a live radio debate on the International Day of the Girl Child. They also attended the general annual meeting of the Children's Parliament. In this way, they continued to make their voices heard in defence of the rights of girls and women all over the world.

At the start of the school holidays, a meeting was organised by the Fundacao with community leaders, parents and teachers to assess the girls' progress and outcomes over the year. All parties involved - the teachers, the nuns, the girls and their parents expressed great satisfaction with the results and gave their firm approval for the girls to continue the following year.

The total cost per girls per annum is approximately \$USD 10,000 (\$1,250 per girl). This includes basic tuition and extra tuition, 3 good meals a day, school materials and a small amount of pocket money. Approximately \$7000 (£6,245) was raised by the Zalala Foundation through an Xmas crowdfunding appeal. The balance came from existing funding sources provided by the Zalala Foundation.

Cyclone Freddy Relief for schools and schoolchildren

As previously noted, Cyclone Freddy - one of the most powerful cyclones to hit the area in recent years, struck the local region resulting in extensive damage to homes and crops in both the local villages. For some weeks, access to the villages was impossible as the roads were flooded. Once the Fundacao team were able to access the local villages, they met with local leaders to discuss how to respond. The general consensus in both communities was to rehabilitate the schools so that the children could resume their education. The Zalala Foundation launched a fundraising appeal via GoFundMe and was able to raise over £16,000. In the immediate short term, the Fundacao distributed basic school materials (exercise books, pens, pencils, rubbers and a school bag) to all the schoolchildren in both villages. Subsequently, the bulk of these funds were used to rehabilitate both schools in Idugo. The Foundation Director also travelled to Mozambique, first stopping in the capital city, Maputo to meeting with Embassies and international NGOs in an effort to raise humanitarian relief funds for the villages. As a result, Care International provided emergency hygiene kits for the people of Idugo. In addition, as a result of her lobbying efforts at the provincial level, she secured a donation of roofing sheets for the school in Supinho. Some of the funds raised through crowdfunding were used to fund the transport and other costs incurred for providing a new roof for the Supinho school, thereby enabling classes to resume for all 400 school pupils in the village.

Support for community health services

During 2023, as noted in the Table below, there was a significant increase in the level of services provided by the maternity centre. This is mainly attributable to the increasing awareness and favourable experiences of service users.

Zalala Foundation

Trustees' Report (continued)

Maternal Health and Infant Health

	2022	2023
Pre-natal consultations	453	681
Pre-natal consultations after 3 months	0	93
Pre-natal consultations after 6 months	107	387
Deliveries	309	438
Post-partum consultations	427	842
Family planning consultations	542	717
Infant health checks (under one year)	302	368
HIV transmission prevention – TARV testing	202	633
Women hiv positive	31	58

General Health

	2022	2023
Malaria	7899	9923
Diarrhoeia	14	27
TB	12	49
Measles	6	2
Hypertension	69	43
Diabetes	3	1
General talks given by APEs	42	78
Numbers attending talks at Maternity Centre	521	1245

While these figures are encouraging, they also reveal the need for additional facilities to cater to the general health needs of the local population, beyond the maternity health requirements. The increasing demand for such services has been expressed by local communities and their leaders. In response to this situation, the Zalala Foundation submitted an application for funding of a General Health Centre on the island to the Embassy of Japan. This funding application was favourably received and we are currently awaiting final confirmation.

Throughout 2023, the Fundacao continued to make its engine-powered boat available for the transport of medical personnel to and from the island and also for use as an ambulance in emergencies. A small stipend was also paid to one of the community-based health workers for their support to the Maternity Centre.

During 2023, the Foundation also paid for a 10-week course in Sexual and Reproductive Health attended by the Community Coordinator of the Fundacao. This is in anticipation of funding sought to extend the provision of sexual and reproductive health services in Idugo, in particular for youth.

Zalala Foundation

Trustees' Report (continued)

Support for community credit and savings schemes

Ongoing support and supervision of the local credit and savings groups in both local communities is provided by a local Animator in each village who monitors the work of the local groups and provides trouble-shooting advice and guidance as needed. Their work is monitored and supervised by the Fundacao' Community Co-ordinator

Trustee visits to the Field

As previously noted, the Director of the Foundation travelled to the region in May 2023 in an effort to raise relief funds for the rehabilitation of the schools in the two communities and as a show of solidarity for the local communities and the staff of the Fundacao.

She returned to the region in November and was also joined by Alex Shankland Trustee who attended the meeting of the Patrons of the Fundacao Zalala, where he discussed the relationship between the Foundation and the Fundacao.

Institutional strengthening of the Fundacao Zalala

In line with recommendations made by representatives of the Irish Embassy during their site visit in 2022, the Fundacao commissioned an audit of the 2022 accounts. This revealed a number of shortcomings in the accounting procedures and these have been addressed and will be monitored over the next 12 months to ensure that the improved procedures are being effectively implemented.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Grant making policies

Grants should be in line with our principles and priorities, which include supporting health improvements, girls empowerment, sustainable livelihoods with priority given to the communities of Idugo and Supinho.

Financial review

During the year to 31 December 2023, the Charity had net receipts of £4,652 (2022: net receipts £14,973).

At the year end, closing reserves stood at £19,625, of which £15,813 was unrestricted and £3,812 was restricted reserves.

As at 31 December 2023, the bank balance was £26,518.

Policy on reserves

It was proposed that we should ensure we can cover the costs of the girl's schooling for at least a 6-month period in the event of unplanned circumstances arising necessitating the closure/termination of the Foundation's activities. The cost of the girls is around £1000 per annum and we are supporting 8 girls. On this basis, we should ensure that around £5000 should be held in reserve.

As we are a new Charity, it will take some time to ensure that we meet this reserve level.

Zalala Foundation

Trustees' Report (continued)

Investment policy and objectives

Such a policy would only be needed in the event that we acquired a very large donation that was unlikely to be spent within a year or less. This is fairly unlikely. Thus it was agreed that we do not have an investment policy at present.

Structure, governance and management

Recruitment and appointment of trustees

The Charity identifies the need for new Trustees, this may be due to vacancies arising due to resignations or due to a need for trustees with a specific skill set.

Induction and training of trustees

New Trustees are issued a role profile along with the Charity Commission Essential Trustee Guide and Trustee Code of Conduct.

Organisational structure

The legal and administrative details are listed on page 1. The trustees who served during the year are listed on page 1.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risk of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Zalala Foundation

Trustees' Report (continued)

The annual report was approved by the trustees of the charity on 10/11/24 and signed on its behalf by:


.....
Angela Hadjipateras
Trustee

Zalala Foundation

Independent Examiner's Report to the trustees of Zalala Foundation

I report to the trustees on my examination of the accounts of Zalala Foundation for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of Zalala Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Zalala Foundation 's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Zalala Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Catherine Williams FCA DChA
Independent Examiner
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 16th October 2024

Zalala Foundation

Statement of Financial Activities for the Year Ended 31 December 2023

Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:				
Donations and legacies	<u>22,366</u>	<u>70,247</u>	<u>92,613</u>	<u>66,100</u>
Total income	<u>22,366</u>	<u>70,247</u>	<u>92,613</u>	<u>66,100</u>
Expenditure on:				
Charitable activities	<u>(6,173)</u>	<u>(81,788)</u>	<u>(87,961)</u>	<u>(51,127)</u>
Total expenditure	<u>(6,173)</u>	<u>(81,788)</u>	<u>(87,961)</u>	<u>(51,127)</u>
Net income/(expenditure)	<u>16,193</u>	<u>(11,541)</u>	<u>4,652</u>	<u>14,973</u>
Net movement in funds	16,193	(11,541)	4,652	14,973
Reconciliation of funds				
Total funds brought forward	<u>(380)</u>	<u>15,353</u>	<u>14,973</u>	<u>-</u>
Total funds carried forward 12	<u>15,813</u>	<u>3,812</u>	<u>19,625</u>	<u>14,973</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2022 is shown in note 12.

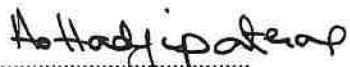
Zalala Foundation

(Registration number: 1198222)

Balance Sheet as at 31 December 2023

	Note	2023 £	2022 £
Current assets			
Cash at bank and in hand	10	26,518	16,353
Creditors: Amounts falling due within one year	11	<u>(6,893)</u>	<u>(1,380)</u>
Net assets		<u>19,625</u>	<u>14,973</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		3,812	15,353
Unrestricted income funds			
Unrestricted funds		<u>15,813</u>	<u>(380)</u>
Total funds	12	<u>19,625</u>	<u>14,973</u>

The financial statements on pages 10 to 17 were approved by the trustees, and authorised for issue on 10/10/24 and signed on their behalf by:


.....
Angela Hadjipateras
Trustee

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Zalala Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in sterling which is the functional currency of the charity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023 (continued)

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations from individuals	22,366	70,247	92,613
	<u>22,366</u>	<u>70,247</u>	<u>92,613</u>

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023 (continued)

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies; Donations from individuals	1,000	65,100	66,100
	<u>1,000</u>	<u>65,100</u>	<u>66,100</u>

3 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2023 £
Charitable activities		5,393	-	5,393
Grant funding of activities	5	-	81,788	81,788
Governance costs	4	780	-	780
		<u>6,173</u>	<u>81,788</u>	<u>87,961</u>

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £
Grant funding of activities	5	-	49,747	49,747
Governance costs	4	1,380	-	1,380
		<u>1,380</u>	<u>49,747</u>	<u>51,127</u>

4 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2023 £
Independent examiner fees Examination of the financial statements	780	780
	<u>780</u>	<u>780</u>

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023 (continued)

	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	720	720
Legal fees	660	660
	<u>1,380</u>	<u>1,380</u>

5 Grant-making

Analysis of grants

	Grants to institutions	
	2023 £	2022 £
Analysis		
Fundacao Zalala	<u>81,788</u>	<u>49,747</u>

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

During the year Trustees were reimbursed out of pocket expenses.

7 Staff costs

No salaries or wages have been paid to employees during the year.

8 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>780</u>	<u>720</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>26,518</u>	<u>16,353</u>

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023 (continued)

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors	5,393	660
Accruals	<u>1,500</u>	<u>720</u>
	<u>6,893</u>	<u>1,380</u>

12 Funds

	Balance at 1 January 2023 £	Incoming resources £	Resources expended £	Balance at 31 December 2023 £
Unrestricted funds				
<i>General</i>				
General Funds	<u>(380)</u>	<u>22,366</u>	<u>(6,173)</u>	<u>15,813</u>
Total unrestricted funds	(380)	22,366	(6,173)	15,813
Restricted funds				
Fundacao Zalala	<u>15,353</u>	<u>70,247</u>	<u>(81,788)</u>	<u>3,812</u>
Total funds	<u>14,973</u>	<u>92,613</u>	<u>(87,961)</u>	<u>19,625</u>
		Incoming resources £	Resources expended £	Balance at 31 December 2022 £
Unrestricted funds				
<i>General</i>				
General Funds		1,000	(1,380)	(380)
Restricted funds				
Fundacao Zalala		<u>65,100</u>	<u>(49,747)</u>	<u>15,353</u>
Total funds		<u>66,100</u>	<u>(51,127)</u>	<u>14,973</u>

The specific purposes for which the funds are to be applied are as follows:

Fundacao Zalala - these donations are used to support a charity in Mozambique.

Zalala Foundation

Notes to the Financial Statements for the Year Ended 31 December 2023 (continued)

13 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2023 £
Current assets	22,706	3,812	26,518
Current liabilities	(6,893)	-	(6,893)
Total net assets	<u>15,813</u>	<u>3,812</u>	<u>19,625</u>

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2022 £
Current assets	1,000	15,353	16,353
Current liabilities	(1,380)	-	(1,380)
Total net assets	<u>(380)</u>	<u>15,353</u>	<u>14,973</u>

14 Related party transactions

During the year a Trustee donated £20,000 (2022: £65,100) to the Charity. There were no other related party transactions.

ZALALA FOUNDATION

England & Wales - Charity number 1198222

Accounts

Charity registration number: 1198222

Zalala Foundation

Annual Report and Financial Statements

for the period from 11 March 2022 to 31 December 2022



WESTCOTTS

CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS

Zalala Foundation

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Zalala Foundation

Reference and Administrative Details

Trustees	Angela Hadjipateras (appointed 11.03.2022) Aikaterini Hadjipateras (appointed 28.03.2022) Dr Alex Shankland (appointed 28.03.2022) Dr Patricia Barnett (appointed 28.03.2022)
Charity Registration Number	1198222
Principal Office	29 Barlby Road London W10 6AN
Independent Examiner	Westcotts (SW) LLP 47 Boutport Street Barnstaple Devon EX31 1SQ

Zalala Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the period ended 31 December 2022.

Objectives and activities

Objects and aims

The charity's objective is to alleviate the hardship and poverty of those living in Mozambique by providing practical and financial assistance to partnering organisations in Mozambique.

Objectives, strategies and activities

The Zalala Foundation's activities are aimed at improving local livelihoods of Mozambicans living in the province of Zambezia through training, awareness-raising, income-generating support and the provision of essential infrastructure, including educational, water and health facilities. One of our key priorities is promoting girls' empowerment and education at the primary and secondary level.

The main activities (described in detail in the next section) are:

1. Promoting Girls Empowerment
2. Sponsoring secondary education for Girls
3. Providing health facilities and services to the communities

Girls Empowerment Programme

In 2022 the Zalala Foundation in close collaboration with the Fundacao Zalala, developed a project entitled: "Developing Girl's Independence and Leadership Capacities in Supinho and Idugo Districts, Zambezia Province." This project was the continuation of a project implemented in 2021, which was entitled ; "Giving Girls a Voice". The 2021 project jumpstarted the process of girls' empowerment in the 2 communities, working in close collaboration with youth leaders of the Children's Parliament and the Association of Girl's in Zambezia (ARZ), the new project extended the work to cover all 5 neighbourhoods of Idugo, thereby including girls from some of the more remote areas previously under-represented. Bicycles were provided to the Club Facilitators, the Foundation Coordinator and local community leaders to facilitate access to the more distant communities.

The strategy adopted for promoting increased autonomy was to appoint the most capable girls to take on a frontline role in the facilitation of the sessions under the guidance and supervision of the more experienced partners. In this way, girls from the local communities had the opportunity to develop and strengthen their own skills as trainers and educators for their younger peers.

During the year, there was a refresher training for the membership of AORIS, the girls Association established in 2021. Elections were held for new leaders to replace those who have left to continue their studies outside their villages.

The total project cost was 18,500 euros: 10,000 euros (46%) was covered by the grant from Irish Aid and 8,500 (46%) was covered by the Zalala Foundation.

Life Skills Training

In line with recommendations made at the end of the first year's Girls Empowerment Programme, several components were added to the work with young girls and boys in the two local communities:

Zalala Foundation

Trustees' Report (continued)

Sewing Training: Following on from the success of previous training courses provided, a 3-month training course in basic sewing skills – including use of a sewing machine, was provided for a group of 15 girls and boys in Supinho. The course was a great success and all the graduates received a certificate at the end of the course. As well as learning how to sew shirts, skirts, trousers and bags, the girls also learnt how to sew washable and re-usable sanitary towels. This training was provided by of the trainers of AMME –the Mozambican Association for Girls and Education .

Vegetable Gardening: A group of 10 girls and boys visited a 'model' vegetable garden and were taught basic techniques, such as ploughing the soil, planting seeds in rows and so on. It is planned that some land be allotted to the girl's group in their respective villages, so they can grow fruit and vegetables for consumption.

Reading corners: Reading corners were established in both communities as a way of promoting reading in a relaxed, fun environment out of the school context. Some books were donated by Save the Children and others by one of the Trustees (Alex Shankland), who selected and delivered a range of beautifully illustrated children's stories covering a range of educational and fantastical themes of stories from around the world. Book cases were purchased by the Fundacao. Reading sessions were led by members by the facilitators of the Girls' Clubs.

Secondary school sponsorship for Eight Girls from the Villages.

In 2022, 8 of the best students in the villages (5 from Idugo and 3 from Supinho) were selected to move into Secondary Education. After reviewing the various options, a Catholic Convent in Quelimane (the provincial capital) was selected on the basis of its reputation as one of the best schools in the town. Although Catholic, it is open to all religions and allows Muslim prayer alongside Catholic services.

Adapting to life in a boarding school in the town posed many challenges for these young girls. Most had never before set foot in Quelimane town. Everything was new: sleeping in a bed (as opposed to mats on the ground); using a toilet and sink; eating with cutlery; following a strict daily timetable; all this was very new. The other major challenge they faced was learning to talk, read and write in Portuguese. Although Portuguese is the language used in schools everywhere in Mozambique, the majority of children in the villages speak the local language at home and have a very limited grasp of the official Portuguese language. Extra tuition was provided at the school before the start of term to help them have sufficient mastery of the language before term began.

The Fundacao workers visited the girls weekly throughout the year to follow their progress . They also provided them with a phone so that they could be contacted in case of an emergency. On their own initiative, the girls set up a weekly meeting where they shared issues or difficulties they were experiencing with homework or other aspects of boarding school life. The school allocated a space for these weekly meetings. The Fundacao's Community Coordinator communicated regularly with the parents of the girls in the village to keep them updated on their daughters' progress. In addition to the basic curriculum, girls benefitted from basic computer literacy classes. By the end of the year, all the girls had achieved a basic mastery of the Portuguese language and they all passed their exams with reasonable grades.

Alongside their busy school schedule, the girls were able (with the logistical supported by the Fundacao Zalala team) to continue with some of the girl's empowerment activities initiated the previous year. For example, they spoke on several live radio debates on International Children's Day and the International Day of the Girl Child. They also attended the general annual meeting of the Children's Parliament. In this way, they continued to make their voices heard in defence of the rights of girls and women all over the world.

Zalala Foundation

Trustees' Report (continued)

At the start of the school holidays, a meeting was organised by the Fundacao with community leaders, parents and teachers to assess the girls' progress and outcomes over the year. All parties involved – the teachers, the nuns, the girls and their parents expressed great satisfaction with the results and gave their firm approval for the girls to continue the following year.

The total cost per girls per annum is approximately \$USD 10,000 (\$1,250 per girl). This includes basic tuition and extra tuition, 3 good meals a day, school materials and a small amount of pocket money. Approximately \$7000 was raised by the Zalala Foundation through an Xmas crowdfunding appeal. The balance came from existing funding sources provided by the Zalala Foundation.

Maternity and other health services

A maternity centre, comprising a maternity unit with a capacity for 5 women in labour, a waiting room, a post partum room, and a medicine store was completed during 2021. The complex includes a solar-powered water tower, an incinerating unit (for disposal of placentas, etc) and a 2-bedroomed house for staff. As there is no other medical facility for the 15,000 inhabitants of the island, one small room in the Maternity Centre serves as a general practice room, providing diagnostic tests and treatments for the general public. This service is supported by the two community-based health workers on the island, who also provide talks and door-to-door advice to the islanders.

The total cost of the Maternity Centre came to over \$200,000 – approximately 40% of the funding was provided by a grant from the Embassy of Japan in Mozambique and the rest was raised through the fundraising efforts of the Zalala Foundation. An inauguration ceremony presided over by the Japanese Ambassador and the Governor of Zambezia took place on the 9th December 2021 in Idugo. Before the end of December 2021, a supervision visit identified a few remaining defects (eg problem with solar panel – parts had to be obtained from Quelimane). These were all addressed and in early January 2022, the go-ahead was given to pay the final 10% tranche to the building company. An official 'handover' ceremony took place and celebrations were held attended by government officials and local leaders and the local community.

The Maternity Centre is highly regarded in the district; the facilities are clean and in good order and medicine supplies are better than average. A few interviews were conducted with local women. One said she had 6 previous pregnancies, but her experience at the Maternity was by far the best. Some women from other nearby islands and also from the mainland choose to go there in preference to their local centre.

In line with the Foundation's objective of ensuring the regular and efficient maintenance of the Maternity Centre, a Maintenance Committee was established and maintenance training was provided in March 2022 by the building supervision company for the members of the Health Committee and a team of 10 local carpenters, masons, electricians, to ensure the facilities are well looked after and to provide the capacity for minor repairs to be dealt with quickly and efficiently at the local level.

Zalala Foundation

Trustees' Report (continued)

Services provided by the Maternity Centre in 2022

MATERNITY SERVICES	
Pre-natal consultations	453
Post-natal consultations	107
Deliveries	309
Post-partum consultations	427
Family Planning consultations	542
CHILD HEALTH	
Infant consultations	302
PREVENTION OF HIV TRANSMISSION FROM MOTHER TO CHILD	
Hiv testing of pregnant mothers	202
Tested positive	31
GENERAL HEALTH CONSULTATIONS	
Malaria	7899
Cases of diarrhoea	14
Tuberculosis	12
Measles	6
Hypertension	69
Diabetes	3
HEALTH LECTURES PROVIDED BY COMMUNITY HEALTH WORKERS	
Talks on specific illnesses	42
Number of attendees	521

Of particular note is the dramatic reduction in cases of diarrhoea, which in the past was very high due to the consumption of unclean water. Since the arrival of the Maternity, which provides access to plentiful clean, running water for all, cases of diarrhoea, which can often result in infant deaths, have fallen dramatically.

Participatory service evaluation: During 2022, a proposal for the implementation of a participatory evaluation process, using a point system and the involvement of both service users and providers was developed and submitted for funding from the Commonwealth Foundation. Sadly, the proposal was not successful, but will be re-submitted.

Transport provided for Maternity Centre staff and ambulance services

The Fundacao's boat, which has a 60 horse power engine, provides regular transport to and from Supinho for the staff and director of the Maternity Centre, as well as for teachers and others travelling to the island. The boat is used to transport medicines and other medical supplies needed by the Maternity Centre and it also serves as an Ambulance in cases of emergency. The availability of this facility saved the life of a young boy who fell into the well, was rescued and taken by water ambulance to the mainland where he received treatment.

Zalala Foundation

Trustees' Report (continued)

Trustee visit to the Field (9-17th September, 2022)

Two of the Trustees, Alex Shankland and Tricia Barnett, visited the field projects in Idugo and Supinho and had the chance to see first-hand the work of the Fundacao and to engage in discussion with our partners. In addition to these field trips, they participated in a workshop with the staff of the Fundacao, the purpose of which was to clarify the respective roles of the two organisations and the relationship between the two. At this meeting, the Trustees recommended the appointment of a Board of Trustees/Patrons by the Fundacao Zalala and explained the purpose and benefits of such a Board. They also had meetings with government representatives, including the Quelimane Administrator and with some of the NGO partners in the town and also visited the boarding school where eight young girls are studying (funded by the Foundation) and spoke with the Mother Superior. Finally, prior to their departure, they visited the re-settlement village in Supinho which has been built in preparation for the planned Port project that will be implemented in Supinho.

Raising the profile of the Fundacao Zalala locally

As mentioned above, the support of the Fundacao Zalala was strongly praised at the nationally televised AGM of the Childrens Parliament in Quelimane. The FZ retains a strong presence at the monthly meetings of the Government and NGO Consortium covering COVID and other health issues.

In 2022, an attractive wall calendar was produced with images of the work of the Fundacao and these were sent to NGO and government partners and received positive feedback.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Grant making policies

Grants should be in line with our principles and priorities, which include supporting health improvements, girls empowerment, sustainable livelihoods with priority given to the communities of Idugo and Supinho.

Financial review

During the period to 31 December 2022, the Charity had net receipts of £14,973. Of this surplus, £15,353 related to restricted reserves. There was a deficit of £380 on unrestricted reserves.

As at 31 December 2022, the bank balance totalled £16,353.

Policy on reserves

It was proposed that we should ensure we can cover the costs of the girl's schooling for at least a 6-month period in the event of unplanned circumstances arising necessitating the closure/termination of the Foundation's activities. The cost of the girls is around £1000 per annum and we are supporting 8 girls. On this basis, we should ensure that around £5000 should be held in reserve.

As we are a new Charity, it will take some time to ensure that we meet this reserve level.

Investment policy and objectives

Such a policy would only be needed in the event that we acquired a very large donation that was unlikely to be spent within a year or less. This is fairly unlikely. Thus it was agreed that we do not have an investment policy at present.

Zalala Foundation

Trustees' Report (continued)

Structure, governance and management

Organisational structure

The legal and administrative details are listed on page 1. The trustees who served during the year are listed on page 1.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risk of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

Zalala Foundation

Trustees' Report (continued)

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

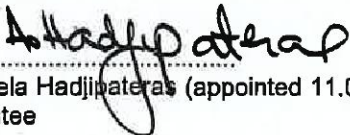
The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on ~~15.1.20~~ 15.1.22 and signed on its behalf by:


.....
Angela Hadjipateras (appointed 11.03.2022)
Trustee

Zalala Foundation

Independent Examiner's Report to the trustees of Zalala Foundation

I report to the trustees on my examination of the accounts of Zalala Foundation for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of Zalala Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Zalala Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Zalala Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts Chartered Accountants
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 22nd January 2024

Zalala Foundation

Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies		<u>1,000</u>	<u>65,100</u>	<u>66,100</u>
Total income		<u>1,000</u>	<u>65,100</u>	<u>66,100</u>
Expenditure on:				
Charitable activities		<u>(1,380)</u>	<u>(49,747)</u>	<u>(51,127)</u>
Total expenditure		<u>(1,380)</u>	<u>(49,747)</u>	<u>(51,127)</u>
Net (expenditure)/income		<u>(380)</u>	<u>15,353</u>	<u>14,973</u>
Net movement in funds		<u>(380)</u>	<u>15,353</u>	<u>14,973</u>
Reconciliation of funds				
Total funds carried forward	12	<u>(380)</u>	<u>15,353</u>	<u>14,973</u>

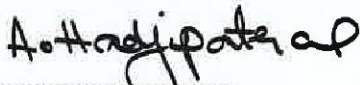
All of the charity's activities derive from continuing operations during the above period.

Zalala Foundation

**(Registration number: 1198222)
Balance Sheet as at 31 December 2022**

	Note	2022 £
Current assets		
Cash at bank and in hand	10	16,353
Creditors: Amounts falling due within one year	11	<u>(1,380)</u>
Net assets		<u>14,973</u>
Funds of the charity:		
Restricted income funds		
Restricted funds		15,353
Unrestricted income funds		
Unrestricted funds		<u>(380)</u>
Total funds	12	<u>14,973</u>

The financial statements on pages 10 to 16 were approved by the trustees, and authorised for issue on ~~15.11.21~~ and signed on their behalf by:



.....
Angela Hadjipateras (appointed 11.03.2022)
Trustee

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Zalala Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations from individuals	1,000	65,100	66,100
	<u>1,000</u>	<u>65,100</u>	<u>66,100</u>

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

3 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £
Grant funding of activities		-	49,747	49,747
Governance costs		1,380	-	1,380
		<u>1,380</u>	<u>49,747</u>	<u>51,127</u>

4 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	720	720
Legal fees	660	660
	<u>1,380</u>	<u>1,380</u>

5 Grant-making

Analysis of grants

	Grants to institutions 2022 £
Analysis	
Fundacao Zalala	<u>49,747</u>

The support costs associated with grant-making are £Nil.

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

7 Staff costs

No salaries or wages have been paid to employees during the year.

8 Independent examiner's remuneration

	2022 £
Examination of the financial statements	<u>720</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Cash and cash equivalents

	2022 £
Cash at bank	<u>16,353</u>

11 Creditors: amounts falling due within one year

	2022 £
Other creditors	660
Accruals	<u>720</u>
	<u>1,380</u>

Zalala Foundation

Notes to the Financial Statements for the Period from 11 March 2022 to 31 December 2022 (continued)

12 Funds

	Incoming resources £	Resources expended £	Balance at 31 December 2022 £
Unrestricted funds			
<i>General</i>			
General Funds	1,000	(1,380)	(380)
Total unrestricted funds	1,000	(1,380)	(380)
Restricted funds			
Fundacao Zalala	65,100	(49,747)	15,353
Total funds	<u>66,100</u>	<u>(51,127)</u>	<u>14,973</u>

The specific purposes for which the funds are to be applied are as follows:

Fundacao Zalala - these donations are used to support a charity in Mozambique.

13 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2022 £
Current assets	15,353	1,000	16,353
Current liabilities	(1,380)	-	(1,380)
Total net assets	<u>13,973</u>	<u>1,000</u>	<u>14,973</u>

14 Related party transactions

During the year a Trustee donated £65,100 to the Charity. There were no other related party transactions.

Zalala Foundation

Detailed Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022

	Total 2022 £
Income and Endowments from:	
Donations and legacies (analysed below)	<u>66,100</u>
Total income	<u>66,100</u>
Expenditure on:	
Charitable activities (analysed below)	<u>(51,127)</u>
Total expenditure	<u>(51,127)</u>
Net income	<u>14,973</u>
Reconciliation of funds	
Total funds carried forward	<u><u>14,973</u></u>

Zalala Foundation

Detailed Statement of Financial Activities for the Period from 11 March 2022 to 31 December 2022 (continued)

	Total 11 March 2022 to 31 December 2022 £
<i>Donations and legacies</i>	
Donations	65,100
Appeals and donations	<u>1,000</u>
	<u><u>66,100</u></u>
<i>Charitable activities</i>	
Fundacao Zalala	(49,747)
Accountancy fees	(720)
Legal and professional fees	<u>(660)</u>
	<u><u>(51,127)</u></u>