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## YEAR END REPORT 2022/2023

CEO Report - Alix Coleby

This documents intended purpose is to capture the overview of finances for the previous year. Highlighting points of note for the board before submitting the end of year accounts.

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### Financial Summary March 2023

- Grants
- Pilots
- Risks

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#### Grants

In July & August of 2022 we received grants from the following organisations:

- Exeter City Council - Amount £1500
- Devon County Council - Amount £2000

We also secured a Designated Charity Status in August 2022 with the Exeter Chiefs Foundation and in August 2023 we were awarded £1420.87. Please note however this amount will form part of the accounts for 2023/2024.

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#### Pilots

The funding helped support 2 of our pilots with Devon & Cornwall Police and Devon & Somerset Fire & Rescue Service. This also covered some of the core costs needed in the first year.

Research and conversations has showed us that we should consider widening our front line remit to military, Adult & Child Social Care and Teachers.

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## Risks

We have had some good early interest and small funding wins but struggled to find larger funding pots which will be important to the long term running of the charity.

We need to focus on building community awareness by creating a teacher pool and funding classes within the community and focus efforts on securing interest in a study of the benefits for the blue light community to adopt programs.

Some funders believe this should be solely supported by the organisations themselves as there is little empathy for depth of the mental health issues with blue light organisations.

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Date signed off by the board



## Receipts and payments accounts

CC16a

For the period  
from

3/9/2022

To

3/31/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
General donations	175	-	-	175	-
Grants	-	3,500	-	3,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	175	3,500	-	3,675	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	175	3,500	-	3,675	-
<b>A3 Payments</b>					
Insurance		168	-	168	-
Travel & Accommodation	-	526	-	526	-
Teacher salary	-	800	-	800	-
Website costs	65	-	-	65	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	65	1,494	-	1,559	-
<b>A4 Asset and investment purchases, (see table)</b>					
Yoga equipment	-	100	-	100	-
	-	-	-	-	-
<b>Sub total</b>	-	100	-	100	-
<b>Total payments</b>	65	1,594	-	1,659	-
<b>Net of receipts/(payments)</b>	110	1,906	-	2,016	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	110	1,906	-	2,016	-

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Natwest	110	1,906	-

	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Yoga equipment	Restricted	100	100
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	