

**Charity Number 1198119**

**HORIZON YOUTH AND ACTION**

**REPORT AND ACCOUNTS**

**For the Period from 1 April 2023 to 31 March 2024**

## **Trustees' Annual Report for the period of 1 April 20223 to 31 March 2024**

**Charity Name:** Horizon Youth and Community Action

**Other Name:** Harrow Young Achievers (HYA).

**Registered as Charitable Incorporated Organisation (CIO)**

**Date of registration:** 3 March 2022. **Registered Number** 1198119

**Charity address:** 7 Carmelite Walk, Harrow, HA3 5NQ

### **Trustees:**

1. Miss Marilyn Frimpong Chairperson
2. Rev Jacob Owusu Kyei-Baffour
3. Mr Nathan Ofori
4. Miss Abigail H Addy
5. Mr Fredrick K Essienyi
6. Dr Sally-Ann Ofori
7. Mr Theophilus Biney

**CEO and Founder:** Samuel Agyeman Botchey

**Email:** [info@horizon-yca.com](mailto:info@horizon-yca.com)

**Web:** <https://www.info@horizon-yca.com>

**Facebook, twitter, Instagram:** @horizonyca

**Mobile:** 07932768224

### **Programmes and Activities**

Our programmes and activities are formed by extensive research, based on the most current Public Health information, facts, and data. We have reached at least 700 black Africans from over 80 homes mostly in Harrow. We also have beneficiaries from Barnet, Hillingdon, and Brent.

Our projects have benefitted the public with many positive outcomes for both our youth and vulnerable adults. We have achieved this through, targeted outreach, home visits, phone calls, focus group meetings, zoom presentations, webinars, cultural and meal events, health walks, and social hubs.

All our programmes are delivered and facilitated by Black African health professionals including doctors, GPs, and nurses, ably supported by trained, experienced and skilled staff and volunteers.

We have achieved a lot this year, but the most outstanding is the Weekly HYCA Social Hub which brings families especially those who are lonely and socially excluded together to enjoy traditional games and hot meals. They also make new friends and receive advice and information on financial help and health education.



The highlight of our youth programme is the BBC Children in Need Youth Social Action project to improve the Cedars Open Park. This is a youth empowerment project which has boosted the young people's confidence and enabled them to work closely with the Local Authority.

**Aims and Objectives:**

1. We plan, organise, and deliver evidence-based health and well-being initiatives, activities and programmes for the Black African community who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances. We work in collaboration with the Local Authorities, Public Health, Community groups and local agencies to provide advice, information, guidance and access to:
  - a) good health services;
  - b) training, apprenticeship and employment;
  - c) legal aid;
  - d) transport services to and from recreational and public services;
  - e) financial aid and grants due to isolation and shielding;
  - f) to information technology at home to enable them to access the internet.
2. We act as a resource for ethnic minority young people up to age of 30 by providing advice and assistance and organise programmes of physical, educational and other activities as a means of:
  - (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
  - (b) advancing education;
  - (c) relieving unemployment;
  - (d) providing recreational and leisure time activity in the activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

**Summary of activities (All our programmes and activities provide public benefit)**

- We have recently completed NHS Cancer Screening campaign and presented our finding to NHS Northwest London
- Through Harrow Giving fund, we have delivered vaccine hesitancy and uptake project, reaching out to at least 100 black African residents.
- We are currently undertaking a project to address health inequalities amongst the black and minority community in Harrow.
- We are providing weekly warm Hub for over 80 residents. They are accessing hot meals, engaged in cultural activities and receive appropriate healthcare education on full vaccinations, medication collection and management. They also receive presentation from council officers on financial help available to them.
- Through our NHS Winter engagements activities and programmes, we have reached at least 200 residents face to face, over 500 on Social Media platforms and shared with them information of Winter wellness, vaccinations and getting help when in need.



- Beneficiaries are eating well using affordable nutritious ingredients.
- Most of beneficiaries have achieved their personal goals of at least 30 minutes daily walk 4/5 times a week. Some have improved their BMI, gained self-confidence, and are socialising and getting out more.
- They have stopped mixing traditional drugs with prescribed medication to avoid drug interaction.
- They have good understanding of early signs of stroke and heart attack and preventative action needed.
- We have successfully completed health checks for our beneficiaries and offered blood sugar and blood pressure monitoring machines; they are now able to monitor blood glucose and blood pressure levels at home.
- More beneficiaries are now able to use online link, PATCHS to book GP appointments, repeat prescriptions and other GP services. (Though some still have difficulties)

**Delivering Quality Services:**

We have well trained skilful, knowledgeable, experienced and dedicated presenters, tutors, staff and volunteers. WE also have the capacity, capabilities, local knowledge, good community reach and collaborative working relationships with local agencies and organisations to ensure we deliver quality service.

**Financial Review:**

The trustees decided to plough back the reserves of the charity to enable the organisation provide more activities to the community and the public in general.

**Chairperson:**

**Name: Miss Marilyn Frimpong**



Signature:

Date



# Horizon Youth and Community Action

## Statement of Financial activities (incorporating the income and expenditure account) year ended 31 March 2024

	RESTRICTED FUNDS 2024	UNRESTRICTED FUNDS 2024	TOTAL FUNDS 2024	TOTAL FUNDS 2023
	£	£	£	£
<b>INCOMING RESOURCES</b>				
Charitable Source		5,911	5,911	5,456
Grants		83,125	83,125	42,492
Other	0	0	0	0
<b>Total Donations</b>		89,036	89,036	47,948
<b>RESOURCES EXPENDED</b>				
Charitable Activity		4,092	4,092	4,182
Venue and Event organising		29,344	29,344	16,091
Wages		5,822	5,822	4,509
Traveling & Subsistence		650	650	773
Legal and Professional Fees		450	450	400
Other Admin Cost		8,125	8,125	5,146
	-----	-----	-----	-----
<b>TOTAL RESOURCES EXPENDED</b>	<u>0</u>	<u>48,483</u>	<u>48,483</u>	<u>31,101</u>
<b>NET RESOURCES INCOMING</b>	0	40,553	40,553	16,847
<b>TOTAL FUNDS BROUGHT FORWARD</b>	0	16,847	16,847	0
	-----	-----	-----	-----
<b>TOTAL FUNDS CARRIED FORWARD</b>	0	57,400	57,400	16,847
	=====	=====	=====	=====



**HORIZON YOUTH AND COMMUNITY ACTION  
BALANCE SHEET AS AT 31 MARCH 2024**

	NOTES	2024	2024	2023	2023
		£	£	£	£
<b>FIXED ASSETS</b>					
Equipment	1		5,930		3,016
<b>CURRENT ASSETS</b>					
Cash at Bank and in hand		51,920		14,231	
<b>CURRENT LIABILITIES</b>					
Accruals	2	(450)		(400)	
		-----	<u>51,470</u>	-----	<u>13,831</u>
<b>NET ASSETS</b>					
			57,400		16,847
			=====		=====
<b>FUNDS</b>					
Unrestricted Funds			57,400		16,847
Restricted Funds			0		0
			-----		-----
<b>TOTAL FUNDS</b>					
			57,400		16,847
			=====		=====

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared. All of the above amounts relate to continuing activities.

## HORIZON YOUTH AND COMMUNITY ACTION

### NOTES TO THE ACCOUNTS

#### 1. FIXED ASSETS

	Equipment	Total
	£	£
Costs 1/4/2023	4,021	4,021
Additions	4,899	4,899
	-----	-----
	8,920	8,920
	-----	-----
Depreciation at 1/4/23	1,005	1,005
For the year	1,980	1,980
	-----	-----
	2,985	2,985
	-----	-----
Net Book Value 31/3/24	5,935	5,935
	=====	=====

#### 2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024
	£
Accrued Expenses	450
	=====

#### 3. ACCOUNTING POLICIES

##### Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2015)-(Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

##### Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised ) from including a cash flow statements on grounds that the company is small.

Fixed Assets. All fixed assets will initially be recorded at cost.

## **HORIZON YOUTH AND COMMUNITY ACTION**

### **Notes (cont.)**

#### **Depreciation**

Depreciation will be calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment	- 25% WDV
Buildings	-25% WDV
Motor Vehicles	- 30% WDV



## **HORIZON YOUTH AND COMMUNITY ACTION**

### **INDEPENDENT EXAMINER'S REPORT**

**To the trustees and members of Horizon Youth and Community Action with Charity number 1198119.**

**I report on the accounts for the year ended 31 March 2024, which are set out on 2 to 7.**

**The charity's trustees are responsible for the preparation of the accounts.**

**The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.**

**It is my responsibility to:**

- a. Examine the accounts under section 145 of the Charities Act,**
- b. To follow the procedures laid down in general directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act, and**
- c. To state whether particular matters have come to my attention.**

#### **Basis of independent examiner's statement**

**My examination was carried out in accordance with general Directions given by Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.**

#### **Independent Examiner's Statement**

**In connection with my examination, no material matters have come to attention which gives me cause to believe that in;**

- 1. accounting records were not in accordance with section 130 of the Charities Act for**
- 2. the accounts do not accord with accounting records.**

**HORIZON YOUTH AND COMMUNITY ACTION**

**INDEPENDENT EXAMINERS REPORT (Cont.)**

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Samuel Asare Akwafo FCCA**

**7 December 2024**

**25 Austen Close**

**LONDON SE28 8AY**