

HORIZON YOUTH AND COMMUNITY ACTION

England & Wales · Charity number 1198119

Details

Other names HARROW YOUNG ACHIEVERS

Status Registered

Legal form CIO

Registered 2022-03-03

Register [View on the Charity Commission register](#)

Contact

Address 7 Carmelite Walk
Harrow Weald
Harrow
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HA3 5NQ

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Website <https://www.horizon-yca.com>

Activities

Objects: THE FOLLOWING OBJECTS ARE FOR THE PUBLIC BENEFIT OF PEOPLE LIVING IN HARROW AND OTHER LONDON BOROUGHs"1. TO ACT AS A RESOURCE FOR ETHNIC MINORITY YOUNG PEOPLE UP TO THE AGE OF 30 BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(A)ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B)ADVANCING EDUCATION;(C)RELIEVING UNEMPLOYMENT;(D)PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.2. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY, AS A RESULT OF BEING A MEMBER OF A SOCIALLY AND ECONOMICALLY DEPRIVED COMMUNITY."3. TO RELIEVE THE NEED OF AFRICAN PEOPLE WHO ARE IN NEED, BY REASON OF THEIR AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT, WITH PARTICULAR FOCUS ON PROVIDING ASSISTANCE TO THOSE AFFECTED BY CORONAVIRUS (COVID-19) BY WORKING IN COLLABORATION WITH THE LOCAL AUTHORITIES, PUBLIC HEALTH, COMMUNITY GROUPS AND LOCAL AGENCIES TO PROVIDE ADVICE, INFORMATION, GUIDANCE AND ACCESS TO:A)GOOD HEALTH SERVICES;B)TRAINING, APPRENTICESHIP AND EMPLOYMENT;C)LEGAL AID;D)TRANSPORT SERVICES TO AND FROM RECREATIONAL AND PUBLIC SERVICES;E)FINANCIAL AID AND GRANTS DUE TO ISOLATION AND SHIELDING;F)TO INFORMATION TECHNOLOGY AT HOME TO ENABLE THEM TO ACCESS THE INTERNET.

Activities: We organise and deliver Health and Well-being activities and programmes for the elderly and old people. This includes presentations by health care professionals, organising physical activities, health checks, advice and information sessions as well as promoting and raising health awareness to diseases prevalent in our community.We organise social action activities for children and young people.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£70,603	£63,821	-	-
2024-03-31	£89,036	£48,483	-	-
2023-03-31	£47,948	£31,101	-	-

Trustees

Name	Role	Appointed
MARILYN ENO DUROWA FRIMPONG	Chair	2022-03-02
DR SALLY-ANN OFORI		2022-03-02
FREDRICK KOBINA ESSIENYI		2022-03-02
NATHAN OFORI		2022-03-02
Rev JACOB OWUSU KYEI-BAFFOUR		2022-03-02
THEOPHILUS KOJO BINEY		2022-03-02

HORIZON YOUTH AND COMMUNITY ACTION

England & Wales - Charity number 1198119

Accounts

Charity Number 1198119

HORIZON YOUTH AND ACTION

REPORT AND ACCOUNTS

For the Period from 1 April 2024 to 31 March 2025

Trustees' Annual Report for the period of 1 April 20224 to 31 March 2025

Charity Name: Horizon Youth and Community Action

Other Name: Harrow Young Achievers (HYA).

Registered as Charitable Incorporated Organisation (CIO)

Date of registration: **3 March 2022**. Registered Number **1198119**

Charity address: 7 Carmelite Walk, Harrow, HA3 5NQ

Trustees:

1. Miss Marilyn Frimpong Chairperson
2. Rev Jacob Owusu Kyei-Baffour
3. Mr Nathan Ofori
4. Mr Fredrick K Essienyi
5. Dr Sally-Ann Ofori
6. Mr Theophilus Biney

CEO and Founder: Samuel Agyeman Botchey

Email: info@horizon-yca.com

Web: <https://www.info@horizon-yca.com>

Facebook, twitter, Instagram: @horizonyca

Mobile: 07932768224

Aims and Objectives:

1. We plan, organise, and deliver evidence-based health and well-being initiatives, activities and programmes for the Black African community who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances. We work in collaboration with the Local Authorities, Public Health, Community groups and local agencies to provide advice, information, guidance and access to:
 - a) good health services;
 - b) training, apprenticeship and employment;
 - c) legal aid;
 - d) transport services to and from recreational and public services;
 - e) financial aid and grants due to isolation and shielding;
 - f) information technology at home to enable them to access the internet.
2. We act as a resource for ethnic minority young people up to age of 30 by providing advice and assistance and organise programmes of physical, educational and other activities as a means of:

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Public Benefits:

The Trustees confirm that they have complied with the duty in section of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Our projects have benefited the public with many positive outcomes for both our youth and vulnerable adults. We have achieved this through, targeted street outreach, home visits, phone calls, focus group meetings, zoom presentations, webinars, cultural and meal events, health walks and social hubs.

We have worked with Food bank partners to distribute food to the public, reaching out to at least 200 families.

Our programmes and activities are informed by extensive research, based on the most current Public Health and Local Authority information, facts, and data. We have reached out to at least 1000 black Africans and over 200 people from other ethnic groups. Our public beneficiaries are mostly from Harrow and its surrounding boroughs of Barnet, Hillingdon, Brent and Ealing.

All our programmes are delivered and facilitated by Black African health professional including Doctors, GP and nurses, ably supported by trained, experienced and skilled staff and volunteers.

Summary of activities (All our programmes and activities provide public benefit)

- Supported by Harrow Giving Funding, we provide weekly Warm and Social Hub for at least 150 beneficiaries. Visitors are served hot meals, given warm packs, engaged in cultural activities and receive appropriate healthcare education. They also receive information, advice and guidance on financial help available to them.
- We deliver Food Bank supplies to the public in partnership with The Felix Project. We serve at least 50 families with food supplies every week.
- We have increased our home and hospital visits and delivered food to at least 200 hundred families in Harrow and surrounding boroughs.
- We delivered NHS campaigns to raise awareness of prostate, cervical, breast and bowel cancers.

- We delivered vaccine hesitancy and uptake projects, reaching out to at least 600 black African residents who are hesitant to vaccines.
- We repeated our annual NHS Winter engagement activities and programmes, and reached at least 400 residents face to face, over 1500 on Social Media platforms and shared with them information of Winter wellness, vaccinations and getting help when in need.
- With funding from Harrow Giving, we delivered Intergenerational digital training to help our adults to navigate online links, such as PATCHS, complete online applications, to book GP appointments, order repeat prescriptions and other GP services.
- We delivered Health Walks which encouraged most beneficiaries to achieve their personal goals of at least 30 minutes daily Walk 4/5 times a week. Some have improved their BMI, Gained self-confidence, and socialising and getting out more.
- Through our health education programmes our attendees have gained good understanding of healthy eating which has had great impact on reducing obesity.
- We have successfully completed health checks for our beneficiaries and offered blood sugar and blood pressure monitoring machines; they are now able to monitor blood glucose and blood pressure levels at home.
- Our youth have completed online safety courses as well as photography courses. Through the support from Harrow Foundation Funds, our children and young people have enhanced their self-esteem, reduced truancy, reduced bullying and improved their mental health.

Delivering Quality Services:

We have well trained skilful, knowledgeable, experienced and dedicated presenters, tutors, staff and volunteers. WE also have the capacity, capabilities, local knowledge, good community reach and collaborative working relationships with local agencies and organisations to ensure we deliver quality service.

Financial Review:

The trustees decided to plough back the reserves of the charity to enable the organisation provide more activities to the community and the public in general.

Chairperson:

Name: Miss Marilyn Frimpong

X  X

Signature:

Date

09/01/2026

Horizon Youth and Community Action

Statement of Financial activities (incorporating the income and expenditure account) year ended 31 March 2025

	RESTRICTED FUNDS 2025	UNRESTRICTED FUNDS 2025	TOTAL FUNDS 2025	TOTAL FUNDS 2024
	£	£	£	£
INCOMING RESOURCES				
Charitable Source		1,964	1,964	5,911
Grants		68,639	68,639	83,125
Other	0	0	0	0
Total Donations		70,603	70,603	89,036
RESOURCES EXPENDED				
Charitable Activity		3,260	3,260	4,092
Venue and Event organising		30,815	30,815	29,344
Wages		10,467	10,467	5,822
Traveling & Subsistence		1,172	1,172	650
Legal and Professional Fees		450	450	450
Other Admin Cost		17,657	17,657	8,125
	-----	-----	-----	-----
TOTAL RESOURCES EXPENDED	<u>0</u>	<u>63,821</u>	<u>63,821</u>	<u>48,483</u>
NET RESOURCES INCOMING	0	57,400	57,400	40,553
TOTAL FUNDS BROUGHT FORWARD	0	6,782	6,782	16,847
	-----	-----	-----	-----
TOTAL FUNDS CARRIED FORWARD	0	64,182	64,182	57,400
	=====	=====	=====	=====

**HORIZON YOUTH AND COMMUNITY ACTION
BALANCE SHEET AS AT 31 MARCH 2025**

NOTES	2025	2025	2024	2024
	£	£	£	£
FIXED ASSETS				
Equipment	4,451			5,930
Motor Van	15,750			
	-----	20,201		
CURRENT ASSETS				
Cash at Bank and in hand	44,431		51,920	
CURRENT LIABILITIES				
Accruals	(450)		(450)	
	-----	<u>43,981</u>	-----	<u>51,470</u>
NET ASSETS		64,182		57,400
		=====		=====
FUNDS				
Unrestricted Funds		64,182		57,400
Restricted Funds		0		0
		-----		-----
TOTAL FUNDS		64,182		64,182
		=====		=====

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared. All of the above amounts relate to continuing activities.

HORIZON YOUTH AND COMMUNITY ACTION

NOTES TO THE ACCOUNTS

1. FIXED ASSETS

	Motor Van	Equipment	Total
	£	£	£
Costs 1/4/2024		8,920	8,920
Costs	21,000		
	-----	-----	-----
Depreciation at 1/4/24		2,985	2,985
For the year	5,250	1,484	6,734
	-----	-----	-----
		4,469	9,719
		-----	-----
Net Book Value 31/3/25	15,750	4,451	20,201
	=====	=====	=====

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025
	£
Accrued Expenses	450
	=====

3. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2015)-(Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statements on grounds that the company is small.

Fixed Assets. All fixed assets will initially be recorded at cost.

HORIZON YOUTH AND COMMUNITY ACTION

Notes (cont.)

Depreciation

Depreciation will be calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment - 25% WDV

Buildings - 25% WDV

Motor Vehicles - 30% WDV

HORIZON YOUTH AND COMMUNITY ACTION

INDEPENDENT EXAMINER'S REPORT

To the trustees and members of Horizon Youth and Community Action with Charity number 1198119.

I report on the accounts for the year ended 31 March 2025, which are set out on 2 to 7.

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- a. Examine the accounts under section 145 of the Charities Act,**
- b. To follow the procedures laid down in general directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act, and**
- c. To state whether particular matters have come to my attention.**

Basis of independent examiner's statement.

My examination was carried out in accordance with general Directions given by Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement.

In connection with my examination, no material matters have come to attention which gives me cause to believe that in;

- 1. accounting records were not in accordance with section 130 of the Charities Act for**
- 2. the accounts do not accord with accounting records.**

HORIZON YOUTH AND COMMUNITY ACTION

INDEPENDENT EXAMINERS REPORT (Cont.)

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Samuel Asare Akwafo FCCA

January 2026

25 Austen Close

LONDON SE28 8AY

HORIZON YOUTH AND COMMUNITY ACTION

England & Wales - Charity number 1198119

Accounts

Charity Number 1198119

HORIZON YOUTH AND ACTION

REPORT AND ACCOUNTS

For the Period from 1 April 2023 to 31 March 2024

Trustees' Annual Report for the period of 1 April 2023 to 31 March 2024

Charity Name: Horizon Youth and Community Action

Other Name: Harrow Young Achievers (HYA).

Registered as Charitable Incorporated Organisation (CIO)

Date of registration: **3 March 2022**. Registered Number **1198119**

Charity address: 7 Carmelite Walk, Harrow, HA3 5NQ

Trustees:

1. Miss Marilyn Frimpong Chairperson
2. Rev Jacob Owusu Kyei-Baffour
3. Mr Nathan Ofori
4. Miss Abigail H Addy
5. Mr Fredrick K Essienyi
6. Dr Sally-Ann Ofori
7. Mr Theophilus Biney

CEO and Founder: Samuel Agyeman Botchey

Email: info@horizon-yca.com

Web: <https://www.info@horizon-yca.com>

Facebook, twitter, Instagram: @horizonyca

Mobile: 07932768224

Programmes and Activities

Our programmes and activities are formed by extensive research, based on the most current Public Health information, facts, and data. We have reached at least 700 black Africans from over 80 homes mostly in Harrow. We also have beneficiaries from Barnet, Hillingdon, and Brent.

Our projects have benefitted the public with many positive outcomes for both our youth and vulnerable adults. We have achieved this through, targeted outreach, home visits, phone calls, focus group meetings, zoom presentations, webinars, cultural and meal events, health walks, and social hubs.

All our programmes are delivered and facilitated by Black African health professionals including doctors, GPs, and nurses, ably supported by trained, experienced and skilled staff and volunteers.

We have achieved a lot this year, but the most outstanding is the Weekly HYCA Social Hub which brings families especially those who are lonely and socially excluded together to enjoy traditional games and hot meals. They also make new friends and receive advice and information on financial help and health education.

The highlight of our youth programme is the BBC Children in Need Youth Social Action project to improve the Cedars Open Park. This is a youth empowerment project which has boosted the young people's confidence and enabled them to work closely with the Local Authority.

Aims and Objectives:

1. We plan, organise, and deliver evidence-based health and well-being initiatives, activities and programmes for the Black African community who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances. We work in collaboration with the Local Authorities, Public Health, Community groups and local agencies to provide advice, information, guidance and access to:
 - a) good health services;
 - b) training, apprenticeship and employment;
 - c) legal aid;
 - d) transport services to and from recreational and public services;
 - e) financial aid and grants due to isolation and shielding;
 - f) to information technology at home to enable them to access the internet.
2. We act as a resource for ethnic minority young people up to age of 30 by providing advice and assistance and organise programmes of physical, educational and other activities as a means of:
 - (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - (b) advancing education;
 - (c) relieving unemployment;
 - (d) providing recreational and leisure time activity in the activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Summary of activities (All our programmes and activities provide public benefit)

- We have recently completed NHS Cancer Screening campaign and presented our finding to NHS Northwest London
- Through Harrow Giving fund, we have delivered vaccine hesitancy and uptake project, reaching out to at least 100 black African residents.
- We are currently undertaking a project to address health inequalities amongst the black and minority community in Harrow.
- We are providing weekly warm Hub for over 80 residents. They are accessing hot meals, engaged in cultural activities and receive appropriate healthcare education on full vaccinations, medication collection and management. They also receive presentation from council officers on financial help available to them.
- Through our NHS Winter engagements activities and programmes, we have reached at least 200 residents face to face, over 500 on Social Media platforms and shared with them information of Winter wellness, vaccinations and getting help when in need.

- Beneficiaries are eating well using affordable nutritious ingredients.
- Most of beneficiaries have achieved their personal goals of at least 30 minutes daily walk 4/5 times a week. Some have improved their BMI, gained self-confidence, and are socialising and getting out more.
- They have stopped mixing traditional drugs with prescribed medication to avoid drug interaction.
- They have good understanding of early signs of stroke and heart attack and preventative action needed.
- We have successfully completed health checks for our beneficiaries and offered blood sugar and blood pressure monitoring machines; they are now able to monitor blood glucose and blood pressure levels at home.
- More beneficiaries are now able to use online link, PATCHS to book GP appointments, repeat prescriptions and other GP services. (Though some still have difficulties)

Delivering Quality Services:

We have well trained skilful, knowledgeable, experienced and dedicated presenters, tutors, staff and volunteers. WE also have the capacity, capabilities, local knowledge, good community reach and collaborative working relationships with local agencies and organisations to ensure we deliver quality service.

Financial Review:

The trustees decided to plough back the reserves of the charity to enable the organisation provide more activities to the community and the public in general.

Chairperson:

Name: Miss Marilyn Frimpong



Signature:

Date



Horizon Youth and Community Action

**Statement of Financial activities (incorporating the income and expenditure account) year ended
31 March 2024**

	RESTRICTED FUNDS 2024	UNRESTRICTED FUNDS 2024	TOTAL FUNDS 2024	TOTAL FUNDS 2023
	£	£	£	£
INCOMING RESOURCES				
Charitable Source		5,911	5,911	5,456
Grants		83,125	83,125	42,492
Other	0	0	0	0
Total Donations		89,036	89,036	47,948
RESOURCES EXPENDED				
Charitable Activity		4,092	4,092	4,182
Venue and Event organising		29,344	29,344	16,091
Wages		5,822	5,822	4,509
Traveling & Subsistence		650	650	773
Legal and Professional Fees		450	450	400
Other Admin Cost		8,125	8,125	5,146
	-----	-----	-----	-----
TOTAL RESOURCES EXPENDED	<u>0</u>	<u>48,483</u>	<u>48,483</u>	<u>31,101</u>
NET RESOURCES INCOMING	0	40,553	40,553	16,847
TOTAL FUNDS BROUGHT FORWARD	0	16,847	16,847	0
	-----	-----	-----	-----
TOTAL FUNDS CARRIED FORWARD	0	57,400	57,400	16,847
	=====	=====	=====	=====

**HORIZON YOUTH AND COMMUNITY ACTION
BALANCE SHEET AS AT 31 MARCH 2024**

	NOTES	2024	2024	2023	2023
		£	£	£	£
FIXED ASSETS					
Equipment	1		5,930		3,016
CURRENT ASSETS					
Cash at Bank and in hand		51,920		14,231	
CURRENT LIABILITIES					
Accruals	2	(450)		(400)	
		-----	<u>51,470</u>	-----	<u>13,831</u>
NET ASSETS			57,400		16,847
			=====		=====
FUNDS					
Unrestricted Funds			57,400		16,847
Restricted Funds			0		0
			-----		-----
TOTAL FUNDS			57,400		16,847
			=====		=====

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared. All of the above amounts relate to continuing activities.

HORIZON YOUTH AND COMMUNITY ACTION

NOTES TO THE ACCOUNTS

1. FIXED ASSETS

	Equipment	Total
	£	£
Costs 1/4/2023	4,021	4,021
Additions	4,899	4,899
	-----	-----
	8,920	8,920
	-----	-----
Depreciation at 1/4/23	1,005	1,005
For the year	1,980	1,980
	-----	-----
	2,985	2,985
	-----	-----
Net Book Value 31/3/24	5,935	5,935
	=====	=====

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024
	£
Accrued Expenses	450
	=====

3. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2015)-(Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statements on grounds that the company is small.

Fixed Assets. All fixed assets will initially be recorded at cost.

HORIZON YOUTH AND COMMUNITY ACTION

Notes (cont.)

Depreciation

Depreciation will be calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment	- 25% WDV
Buildings	-25% WDV
Motor Vehicles	- 30% WDV

HORIZON YOUTH AND COMMUNITY ACTION

INDEPENDENT EXAMINER'S REPORT

To the trustees and members of Horizon Youth and Community Action with Charity number 1198119.

I report on the accounts for the year ended 31 March 2024, which are set out on 2 to 7.

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- a. Examine the accounts under section 145 of the Charities Act,**
- b. To follow the procedures laid down in general directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act, and**
- c. To state whether particular matters have come to my attention.**

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to attention which gives me cause to believe that in;

- 1. accounting records were not in accordance with section 130 of the Charities Act for**
- 2. the accounts do not accord with accounting records.**

HORIZON YOUTH AND COMMUNITY ACTION
INDEPENDENT EXAMINERS REPORT (Cont.)

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Samuel Asare Akwafo FCCA

7 December 2024

25 Austen Close

LONDON SE28 8AY

HORIZON YOUTH AND COMMUNITY ACTION

England & Wales - Charity number 1198119

Accounts

Charity Number 1198119

HORIZON YOUTH AND ACTION

REPORT AND ACCOUNTS

For the Period from 1 April 2022 to 31 March 2023

Horizon Youth and Community Action

**Statement of Financial activities (incorporating the income and expenditure account) year ended
31 March 2023**

	RESTRICTED FUNDS 2023	UNRESTRICTED FUNDS 2023	TOTAL FUNDS 2023
	£	£	£
INCOMING RESOURCES			
Charitable Source		5,456	5,456
Grants		42,492	42,492
Other		0	0
Total Donations		47,948	47,948
RESOURCES EXPENDED			
Charitable Activity		4,182	4,182
Venue and Event organising		16,091	16,091
Wages		4,509	4,509
Traveling & Subsistence		773	773
Legal and Professional Fees		400	400
Other Admin Cost		5,146	5,146
	-----	-----	-----
TOTAL RESOURCES EXPENDED	<u>0</u>	<u>31,101</u>	<u>31,101</u>
NET RESOURCES INCOMING	0	16,847	16,847
TOTAL FUNDS BROUGHT FORWARD			
	-----	-----	-----
TOTAL FUNDS CARRIED FORWARD	0	16,847	16,847
	=====	=====	=====

**HORIZON YOUTH AND COMMUNITY ACTION
BALANCE SHEET AS AT 31 MARCH 2023**

	NOTES	2023	2023
		£	£
FIXED ASSETS			
Equipment	1		3,016
 CURRENT ASSETS			
Cash at Bank and in hand		14,231	
 CURRENT LIABILITIES			
Accruals	2	(400)	
		-----	<u>13,831</u>
NET ASSETS			16,847
			=====
 FUNDS			
Unrestricted Funds			16,847
Restricted Funds			0

TOTAL FUNDS			16,847
			=====

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared. All of the above amounts relate to continuing activities.

HORIZON YOUTH AND COMMUNITY ACTION

NOTES TO THE ACCOUNTS

1. FIXED ASSETS

	Equipment	Total
	£	£
Costs 1/4/2022	4,021	4,021
	-----	-----
	4,021	4,021
	-----	-----
Depreciation at 1/4/22	0	0
For the year	1,005	1,005
	-----	-----
	1,005	1,005
	-----	-----
Net Book Value 31/3/23	3,016	3,016
	=====	=====

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023
	£
Accrued Expenses	400
	=====

3. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2015)-(Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statements on grounds that the company is small.

Fixed Assets. All fixed assets will initially be recorded at cost.

HORIZON YOUTH AND COMMUNITY ACTION

Notes (cont.)

Depreciation

Depreciation will be calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment	- 25% WDV
Buildings	-25% WDV
Motor Vehicles	- 30% WDV

Trustees' Annual Report for the period of 1 April 2022 to 31 March 2023

Charity Name: Horizon Youth and Community Action

Other Name: Harrow Young Achievers (HYA).

Registered as Charitable Incorporated Organisation (CIO)

Date of registration: **3 March 2022**. Registered Number **1198119**

Charity address: 7 Carmelite Walk, Harrow, HA3 5NQ

Trustees:

1. Miss Marilyn Frimpong Chairperson
2. Rev Jacob Owusu Kyei-Baffour
3. Mr Nathan Ofori
4. Miss Abigail H Addy
5. Mr Fredrick K Essienyi
6. Dr Sally-Ann Ofori
7. Mr Theophilus Biney

CEO and Founder: Samuel Agyeman Botchey

Email: info@horizon-yca.com

Web: <https://www.info@horizon-yca.com>

Facebook, twitter, Instagram: @horizonyca

Mobile: 07932768224

Programmes and Activities

Our programmes and activities are formed by extensive research, based on the most current Public Health information, facts, and data. We have reached at least 700 black Africans from over 80 homes mostly in Harrow. We also have beneficiaries from Barnet, Hillingdon, and Brent.

Our projects have benefitted the public with many positive outcomes for both our youth and vulnerable adults. We have achieved this through, targeted outreach, home visits, phone calls, focus group meetings, zoom presentations, webinars, cultural and meal events, health walks, and social hubs.

All our programmes are delivered and facilitated by Black African health professionals including doctors, GPs, and nurses, ably supported by trained, experienced and skilled staff and volunteers.

We have achieved a lot this year, but the most outstanding is the Weekly HYCA Social Hub which brings families especially those who are lonely and socially excluded together to enjoy traditional games and hot meals. They also make new friends and receive advice and information on financial help and health education.

The highlight of our youth programme is the BBC Children in Need Youth Social Action project to improve the Cedars Open Park. This is a youth empowerment project which has boosted the young people's confidence and enabled them to work closely with the Local Authority.

Aims and Objectives:

1. We plan, organise, and deliver evidence-based health and well-being initiatives, activities and programmes for the Black African community who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances. We work in collaboration with the Local Authorities, Public Health, Community groups and local agencies to provide advice, information, guidance and access to:
 - a) good health services;
 - b) training, apprenticeship and employment;
 - c) legal aid;
 - d) transport services to and from recreational and public services;
 - e) financial aid and grants due to isolation and shielding;
 - f) to information technology at home to enable them to access the internet.
2. We act as a resource for ethnic minority young people up to age of 30 by providing advice and assistance and organise programmes of physical, educational and other activities as a means of:
 - (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - (b) advancing education;
 - (c) relieving unemployment;
 - (d) providing recreational and leisure time activity in the activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Summary of activities (All our programmes and activities provide public benefit)

- We have recently completed NHS Cancer Screening campaign and presented our finding to NHS Northwest London
- Through Harrow Giving fund, we have delivered vaccine hesitancy and uptake project, reaching out to at least 100 black African residents.
- We are currently undertaking a project to address health inequalities amongst the black and minority community in Harrow.
- We are providing weekly warm Hub for over 80 residents. They are accessing hot meals, engaged in cultural activities and receive appropriate healthcare education on full vaccinations, medication collection and management. They also receive presentation from council officers on financial help available to them.
- Through our NHS Winter engagements activities and programmes, we have reached at least 200 residents face to face, over 500 on Social Media platforms and shared with them information of Winter wellness, vaccinations and getting help when in need.

- Beneficiaries are eating well using affordable nutritious ingredients.
- Most of beneficiaries have achieved their personal goals of at least 30 minutes daily walk 4/5 times a week. Some have improved their BMI, gained self-confidence, and are socialising and getting out more.
- They have stopped mixing traditional drugs with prescribed medication to avoid drug interaction.
- They have good understanding of early signs of stroke and heart attack and preventative action needed.
- We have successfully completed health checks for our beneficiaries and offered blood sugar and blood pressure monitoring machines; they are now able to monitor blood glucose and blood pressure levels at home.
- More beneficiaries are now able to use online link, PATCHS to book GP appointments, repeat prescriptions and other GP services. (Though some still have difficulties)

Delivering Quality Services:


We have well trained skilful, knowledgeable, experienced and dedicated presenters, tutors, staff and volunteers. WE also have the capacity, capabilities, local knowledge, good community reach and collaborative working relationships with local agencies and organisations to ensure we deliver quality service.

Financial Review:

The trustees decided to plough back the reserves of the charity to enable the organisation provide more activities to the community and the public in general.

Chairperson:

Name: **Miss Marilyn Frimpong**

Signature: 
Date 16/11/2023

HORIZON YOUTH AND COMMUNITY ACTION

INDEPENDENT EXAMINER'S REPORT

To the trustees and members of Horizon Youth and Community Action with Charity number 1198119.

I report on the accounts for the year ended 31 March 2023, which are set out on 2 to 7.

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- a. Examine the accounts under section 145 of the Charities Act,**
- b. To follow the procedures laid down in general directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act, and**
- c. To state whether particular matters have come to my attention.**

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to attention which gives me cause to believe that in;

- 1. accounting records were not in accordance with section 130 of the Charities Act for**
- 2. the accounts do not accord with accounting records.**

HORIZON YOUTH AND COMMUNITY ACTION

INDEPENDENT EXAMINERS REPORT (Cont.)

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Samuel Asare Akwafo FCCA

10 November 2023

25 Austen Close

LONDON SE28 8AY