



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01 March 2023 Period start date To 28 February 2024
Period end date

Charity name: YogoJo Foundation

Charity registration number: 1198082

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the advancement of good physical and mental health, in particular but not exclusively for young people and their families who are experiencing the impact of unmanaged chronic stress
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Teaching young people and their families scientifically proven skills by, but not exclusively, the provision of yoga-based, complementary and non-diagnostic programmes and initiatives designed to help better manage their physical and mental health
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The YogoJo Foundation doesn't have a policy on grant making as YogoJo Foundation is not a grant making charity
Policy on social investment including program related investment	Para 1.38	The YogoJo Foundation doesn't have a policy on social investing as YogoJo Foundation is not a social investing charity
Contribution made by volunteers	Para 1.38	This year saw limited activity for the charity due to challenges faced by many small organizations, including limited funding, volunteer availability, and logistical constraints. However, a key highlight was our visit to Parliament to advocate for

		changes in laws around injury mitigation and post-match recovery. Supported by representatives from the Leicester Tigers Academy, we presented our case alongside a group of rugby players. The meeting, attended by Rt Hon Andrew Mitchell MP, underscored the growing recognition of yoga as a vital tool for enhancing player well-being and performance.
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	This year, despite limited activity due to challenges such as funding constraints and logistical difficulties, the charity promoted injury mitigation and post-match recovery. A key achievement was our visit to Parliament, supported by Leicester Tigers Academy representatives, where we raised awareness of yoga's role in improving athletic performance and recovery, benefiting players directly and contributing to a broader societal recognition of holistic approaches to health and fitness.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	See Summary of Achievements and Performance Section above
Performance of fundraising activities against objectives set	Para 1.41	The YogoJo Foundation has some small successes in raising funds through Amazon and Just Giving. Money was raised through purchases of shoppers who decided to buy their goods on Amazon via Smile.Amazon. Amazon donated 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to YogoJo Foundation.
	Para 1.41	The YogoJo Foundation didn't receive any investment funds.

Investment performance against objectives		
Other		See Summary of Achievements and Performance Section above

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the year the charity noted receipts of £50.87
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The YogoJo Foundation doesn't hold substantial reserves as the income was very small during the reporting period. There was £118.90 available on the charity's account.
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	To sustain charity's operation YogoJo relies on the support of its volunteers who help to build initiatives with long-term impact.
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity will continue making their best endeavours to collaborate with other charities in order to secure funds that would support its activities. However as a young charity our avenues are limited and it will take time to build our financial credibility for funds giving organisations

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	n/a
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		The YogoJo Foundation didn't establish any legal entities to advance its charitable purposes and promote the welfare of society in this reporting period.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee is appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees have regard to the skills, knowledge and experience needed for the effective administration of the CIO

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The charity trustees make available to each new charity trustee, on or before his or her first appointment: (a) a copy of the current version of this constitution; and (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The YogoJo Foundation doesn't have a wider organisational structure. The charity works with a network of volunteers who are recruited via the TrustVolunteering portal.
Relationship with any related parties	Para 1.51	The charity has no relationship with any related parties. There are no related parties to the charity.
Other		n/a

Reference and Administrative details

Charity name	YogoJo Foundation
Other name the charity uses	YogoJo Foundation
Registered charity number	1198082
Charity's principal address	184 Walmley Road Sutton Coldfield B76 2PY United Kingdom

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Maureen Ingleby	Chair	Whole year	First Trustee
2	Maureen Thomson	Trustee	Whole year	First Trustee
3	Agata Skowron	Trustee	Whole year	First Trustee
4	Julie Alexander-Cooper	Trustee	Until 07/11/2023	Meeting of Charity Trustees
5	Emmanuel Izulu	Treasurer	09/05/2023 - onwards	Meeting of Charity Trustees
6	Corin Ryalls-Garbett	Trustee	24/11/2023 - onwards	Meeting of Charity Trustees
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a	n/a	n/a

Name of chief executive or names of senior staff members (Optional information)

Joanna Fletcher – CEO (volunteer)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

n/a

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s) Full name(s) Position (eg Secretary, Chair, etc)	M. Ingleby	E.Izulu
	Maureen Ingleby	Emmanuel Izulu
	Chair	Treasurer
Date	18/12/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

YogoJo Foundation

1198082

Receipts and payments accounts

CC16a

For the period
from

01/03/2023

To

28/02/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Amazon.Smile	39	-	-	39	-
Just Giving	12	-	-	12	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	51	-	-	51	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	51	-	-	51	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	51	-	-	51	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	68	-	-	68	-
Cash funds this year end	119	-	-	119	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	119	-	-
	-	-	-	-
	-	-	-	-
	Total cash funds	119	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
	-		-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	- #		-	
	-		-	
	-		-	
	-		-	
	-		-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Emmanuel Izulu	Emmanuel Izulu	18/12/2024	