



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1/12/23**
Period end date

Period start date To **2/12/24**

Charity name: **Cmist**
Charity registration number: **1198052**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support those who suffer from depression and loniles
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Various art and crafts, DIY, community projects
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Train, support, join together in Community projects. Making environmentally friendly products.

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Planters for Wiveliscombe Town Council. Planters for Taunton Station. Hedgehog boxes for Watchet Hedgehogs. Bug hotels for Watchet Splashpoint. Bat boxes for Watchet Conservation. Hedgehog boxes for Taunton station.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	3 grants received. Lottery Fund, Morrisons, Taunton Town Council
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In profit
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held as we are on a 6 month rolling lease which will enable us to rent new premises if required
Amount of reserves held	Para 1.22	£6000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership and attendance, donations and sales
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Closure of the Shed. Lack of volunteers
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Annual vote, with 1 Trustee stepping down per year

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	CMIST – Community Men in Sheds Taunton
Other name the charity uses	
Registered charity number	1198052
Charity's principal address	Unit 1, Engineering Workshop Station Approach Taunton TA1 1QP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	J Thwaites	Chairman		
2	R Williamson	Treasurer		
3	V Roach			
4	P Buttle			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

John Thwaites	
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Position (eg Secretary,
Chair, etc)

Chairman	
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Date

14-1-2025

CMIST
Unit 1 Engineers Workshop
Taunton
Somerset
TA1 1QP

Your Account

Sort Code 30-90-89
Account Number 26508063

TREASURERS ACCOUNT

01 December 2024 to 31 December 2024

Money In	£702.18	Balance on 01 December 2024	£3,575.37
Money Out	£2,548.92	Balance on 31 December 2024	£1,728.63

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
02 Dec 24	P.O. 15 PRIORSWOOD	DEP	300.00		3,875.37
03 Dec 24	NETWORK RAIL 5757723	DD		280.74	3,594.63
03 Dec 24	SOMERSET AND WEST 100000001459152922 21890	FPO		1,320.00	2,274.63
04 Dec 24	SEDGMOOR FIRE PREV 400000001473708644 23049	FPO		107.10	2,167.53
04 Dec 24	ALIEXPRESS.COM CD 4613	DEB		82.18	2,085.35
04 Dec 24	EDF UK CARD PAYMEN CD 4613	DEB		150.00	1,935.35
06 Dec 24	The Merry Monk CD 4613	DEB		24.00	1,911.35
06 Dec 24	The Merry Monk CD 4613	DEB		488.90	1,422.45
18 Dec 24	SP LIGHTBURN SOFTW CD 4613	DEB		96.00	1,326.45
20 Dec 24	ALIEXPRESS.COM CD 4613	DEB	82.18		1,408.63
24 Dec 24	P.O. 15 PRIORSWOOD	DEP	320.00		1,728.63

Transaction types

BGC Bank Giro Credit	BP Bill Payments	CHG Charge	CHQ Cheque
COR Correction	CPT Cashpoint	DD Direct Debit	DEB Debit Card
DEP Deposit	FEE Fixed Service	FPI Faster Payment In	FPO Faster Payment Out
MPI Mobile Payment In	MPO Mobile Payment Out	PAY Payment	SO Standing Order
TFR Transfer			